

WIHS Journal Promos for the Week of March 27-April 1, 2017

Monday: On Mondays WIHS Journal Anissa Porticelli will be speaking to Alison Demeres from the First Assembly of God in Waterbury. The topic will be about the conference "the love of a lifetime marriage conference. The event is full of practical and compelling biblically based marriage teachings for married couples and singles. You can hear this interview at 3:15am; 12:13PM and 5:49PM right here on your live and local station WIHS.

Tuesday: On today's WIHS Journal you'll hear a conversation with one of the participants in the upcoming "Call to Destiny" conference being presented by Princess Bola Adelani. Our guest today is Vanessa Adjiduah, a business professional who teaches others how to manage themselves in the business world. Vanessa holds a masters degree and has practical work experience with several world-class employers at a relatively young age. Hear her on today's WIHS Journal broadcast at 3:15am; also at 12:13 & 5:49pm here on WIHS Middletown—Live and Local 24/7!

Wednesday: On Wednesdays WIHS Journal Anissa Porticelli, will be speaking to Rommona Hylton, from Hylton Designs. Today she will talk about her work in design and how she uses her gifts and talents for churches and not profit organizations. You can hear this interview at 3:15am; 12:13PM and 5:49PM right here on your live and local station WIHS.

Thursday: Iron Sharpens Iron Men's Conference took place recently at The First Cathedral in Bloomfield. Men from multiple states converge to be encouraged, strengthen and sharpened at this annual event. Today you'll hear comments from various attendees, as Gerry Williams was Out And About at this year's installment of Iron Sharpens Iron. That's happening today at 3:15 am, 12:13 pm and 5:49 pm on the WIHS Journal NEWS AND PUBLIC AFFAIRS!!!

Friday: Today you'll hear comments from various exhibitors that were in the hallways of the First Cathedral for the Iron Sharpens Iron Men's conference recently. It's Gerry Williams Out And About pt 2 and final segment of his coverage of this annual event. That's happening today at 3:15 am, 12:13 pm and 5:49 pm on the WIHS Journal, NEWS AND PUBLIC AFFAIRS!

Saturday: On today's WIHS Healthline on the first Saturday of the month, you'll hear about healthy eating from Mary Beth Abrams. The Healthline series most often talks about particular medical conditions and how to deal or live with them. This program actually speaks about nutrition and what anyone can do to leave a healthier life, fueled by the right kinds of food to provide that energy. Hear Middletown Department of Health community educator Lou Carta discuss healthy eating with Mary Beth Abrams. The WIHS Healthline broadcast can be heard today at 3:15am; also at 12:15 & 5:10pm here on WIHS Middletown—Live and Local 24/7!