

**WIHS-FM  
Middletown, Connecticut  
Quarterly Issues/Program List  
Second Quarter, 2019**

**10 Minute Programs Airing at 3:15am, 12:13 & 5:49pm Monday through Friday**

**15 Minute Programs Airing at 3:15am, 12:15 & 5:10pm Saturday**

**May 27-June 1, 2019**

**Monday:** On Mondays WIHS journal Anissa Porticelli, will be speaking to Jackie Ford, from the Department of Children and Families and highlight that May is National Foster Care awareness month. You can hear this interview at 3:15am, 12:13pm and 5:49pm right here on WIHS!

**Tuesday:** On Tuesdays WIHS Journal, Anissa Porticelli will be speaking to Vivian Campel, about a conference for singles and married couples combined. This event will have workshops and speaks for each group to be encouraged. It's being hosted by the Family Worship Center in Hartford. You can hear this interview at 3:15am, 12:13pm and 5:49pm right here on WIHS!

**Wednesday:** On today's WIHS Journal, Paul Kretschmer will be discussing lighter meals during the upcoming summer with Ben Gullet. It's National Salad month and you may be thinking of looking for different meals that will bring your appetite up in the face of hot summer days, or merely a difference in something you haven't had before. The WIHS Journal airs today at 3:15am; also at 12:13 & 5:49pm here on WIHS Middletown—Good News 4 Connecticut!

**Thursday:** On today's WIHS Journal, you'll hear some advice from a security expert concerned about client experiences on Facebook and other social media platforms. Tom Kelly works for a firm who advises business customers on how to keep their systems safe and whose advice can also apply to private citizens. The WIHS Journal airs today at 3:15am; also at 12:13 & 5:49pm here at WIHS Middletown—Good News 4 Connecticut!

**Friday:** Chris Clark is a Christian stand-up comedian out of New Jersey. Gerry Williams was Out And About and spoke with Chris after a podcast in Portland Connecticut. Hear his conversation today at 3:15 a.m.; 12:13 p.m. and 5:49 p.m. on the WIHS Journal it's News & Public Affairs!

**Saturday:** Dr. Mulukutla Raji, an ophthalmologist with Middlesex Eye Physicians, is the guest on the next edition of the health information radio program "Healthline." Dr. Raji as she is commonly known, will discuss the different types of cataracts, how they develop, how they may be prevented and how they are treated. Join Middletown Health Department community educator Lou Carta for the WIHS Healthline today at 3:15am; also at 12:15 & 5:10pm here on WIHS Middletown—Good News 4 Connecticut

