

WIHS Journal Promos for the Week of November 2-7, 2015

Monday: On Monday's WIHS Journal Anissa Porticelli, will speak to Tawana Bourne, and Gregory Windborne from the AME Zion Church in Middletown. Today's topic is the 12 step Bible Recovery Program. It is program that deals with any kind of addiction. They use the Bible as the main premise, and real life experiences of struggles, and deliverance. You can hear this WIHS Journal at 3:15am; 12:13PM and 5:49PM right here on your live and local station WIHS!

Tuesday: The Spiritualsouls is a female Gospel Quartet group out of Waterbury, CT that's been singing for over 30 years. They've received multiple awards over the years for their excellence, and the key to the city of Waterbury in 2011. Gerry Williams caught up with the Spiritualsouls at a recent concert. Find out more about this veteran Quartet group on the Journal. At 3:15 am, 12:13 pm and 5:49 pm on 104.9 FM WIHS, Your Station For Inspiration And Information!

Wednesday: On today's WIHS Journal, hear the advice of Eversource in avoiding scams revolving around your electric or natural gas bill. Scams have existed for a long time, but they tend to be seasonal or cyclical, hitting people by surprise from time to time. Today, Tricia Modifica from Eversource will describe the way con artists approach utility customers, what will tip you off that the caller is not who they say they are, and the appropriate response to the caller. The WIHS Journal with Paul Kretschmer airs today at 3:15am; also at 12:13 & 5:49pm here on WIHS Middletown—Live and Local 24/7!

Thursday: On today's WIHS Journal, hear a Mission Network News report from Perry Lahaie from Frontiers USA. He speaks with Katie Hearth about the challenges of aiding and assisting Christian mission works in Africa, where are a range of dangers and obstacles exist. The Frontier's ministry exists to help those on the frontlines of ministry in hostile territory succeed by backstopping those ministries and helping them find additional resources to do the work. Hear this conversation on today's WIHS Journal hosted by Paul Kretschmer. The program airs at 3:15am; also at 12:13 & 5:49pm here on WIHS Middletown—Live and Local 24/7!

Friday: On today's WIHS Journal, hear about the work performed by a human rights and information organization that was recognized by the Thomas J. Dodd Center at the University of Connecticut in October. The Dodd Center presents awards to individuals and organizations fighting for human rights around the globe. Today, you'll hear remarks from Molly Melching, founder of Tostan. Tostan works in Africa among people where human rights are often violated—frequently through the ignorance of the victims. Hear this broadcast hosted by Paul Kretschmer, produced through the cooperation of the Connecticut Network today at 3:15; also at 12:13 & 5:49pm here on WIHS Middletown—Live and Local 24/7!

Saturday: On today's WIHS Healthline, hear about the characteristics and treatment of diabetes, a health condition where the body has lost, or lacks the full ability to process sugar. From the Middletown Public Health Department, Community Educator Lou Carta discusses diabetes with Kit McKinnon, on the staff of Middlesex Hospital in Middletown. The chief cause of diabetes is the failure of the pancreas to work properly, not over consumption of sugar. The WIHS Healthline airs monthly on WIHS in cooperation with the Middletown Public Health Department. It airs today at 3:15am; also at 12:15 & 5:10pm here on WIHS Middletown—Live and Local 24/7!