WIHS Journal Promos for the Week of April 25-30, 2016

Monday: Dr. Ted Watkins specializes in Diseases Of Lifestyle Prevention And Reversal. His practice is in Washington DC and he's coming to Hartford to kick off an event entitled "Wholeness Is What I Long For". Hear Gerry Williams conversation With Dr Watkins on The Journal at 3:15 am; 12:13 pm and 5:49 pm at 104.9 FM WIHS in Middletown Connecticut—Live and Local!

Tuesday & Wednesday: On today's WIHS Journal with Paul Kretschmer, hear advice and understanding about those times when family crisis or even tragedy strike. From Colorado Springs, Colorado you'll hear from David and Beth Weikel (WY-cull.) They're a husband and wife team struck by several deaths in family in a short time who went looking for advice and consolation, and finding none, created a ministry to help themselves and others. Hear about "The Way of Hope" from David and Beth Weikel on the WIHS Journal today. It airs at 3:15am; also at 12:13 & 5:49pm here on WIHS Middletown—Live and Local 24/7!

Thursday & Friday: On today's WIHS Journal with Paul Kretschmer, you'll hear a discussion about the last days, from Doctor Richard Ruhling. He has been studying scriptures for over 20 years, first beginning his readings when looking into one particular church group had members who lived longer with less stress with others. From there, Doctor Ruhling went on to study how signs of the times may portend earth-shaking changes. Hear this conversation today's WIHS Journal, airing at 3:15am; also at 12:13 & 5:49pm here on WIHS Middletown—Live and Local 24/7!

Saturday: On today's WIHS Journal, hear about a ministry that seeks to help veterans overcome survivor guilt after service in the military overseas. From Mission Network News, Katey Hearth gets the story from Steve Prince from "Set Free Ministries." The service of this ministry for veterans is known as "Warriors Set Free." It's one ministry among others from Set Free Ministries. Hear about this vital service to those who protect us all on today's WIHS Journal. The broadcast airs at 3:15am; also at 12:15 & 5:10pm on WIHS Middletown—Live and Local 24/7!