

**WIHS-FM**  
**Middletown, Connecticut**  
**Quarterly Issues/Program List**  
**Fourth Quarter, 2020**

**10 Minute Programs Airing at 3:15am, 12:13 & 5:49pm Monday through Friday**

**15 Minute Programs Airing at 3:15am, 12:15 & 5:10pm Saturday**

**November 2-7, 2020**

**Monday:** On Mondays WIHS Journal, Anissa Porticelli will be talking to Walter Santos. His amazing story of redemption was featured on the 700 Club, as he travels the world singing and preaching and his favorite kind of singing is doing doo-wop music. He will also be featured at the Jacobs Well Coffee House on November 6th. You can hear his story and some of his music on the WIHS Journal at 3:15 AM, 12:30 PM, at 5:49 PM right here at your station for hope and encouragement

**Tuesday & Wednesday:** Join Gerry Williams for a re-airing of his interview with Connecticut's own Christian music artist Michael Kelly Blanchard. That's today at 3:15 a.m., 12:13 p.m. and 5:49 a.m. on the WIHS Journal on your station for hope & encouragement—WIHS!

**Thursday & Friday:** On today's WIHS Journal with Paul Kretschmer, the issue is rescuing dogs from South Korea. Why, you ask? In South Korea, dogs are used as a source of meat at least once a year during a festival. Fleur Dawes represents an organization based on the west coast that brings dogs to the United States so households looking to giving their new four legged friends a loving home can adopt them. The WIHS Journal airs today at 3:15am; also at 12:13 & 5:49pm here on WIHS Middletown!

**Saturday:** On this month's WIHS Healthline with Lou Carta, the issue is flexibility. Many of us don't move as often as we should. We spend days at the office, or in a job not requiring much movement. Then we come home and park on the couch for the evening, and get stiff. A chiropractor named Michael Vjady explains what it takes to remain flexible and in better health. Hear The WIHS Healthline is hosted by Middletown Health Department educator Lou Carta and airs at 3:15am; also at 12:15 & 5:10pm the first Monday of the month here on your station for hope & encouragement—WIHS!

