WIHS-FM Middletown, Connecticut Quarterly Issues/Program List Third Quarter, 2018 10 Minute Programs Airing at 3:15am, 12:13 & 5:49pm Monday through Friday 15 Minute Programs Airing at 3:15am, 12:15 & 5:10pm Saturday

August 27-September 1, 2018

Monday: Former Governor John G Rowland stopped by the WIHS studios recently. Hear what's going on in his life after prison with Gerry Williams at 3:15 am, 12:13 pm and 5:49 pm on the WIHS Journal its News & Public Affairs!

Tuesday: Hear part 2 of Gerry Williams conversation with former Governor John G Rowland at 3:15 am, 12:13 pm and 5:49 pm on the WIHS Journal-- Its News & Public Affairs!

Wednesday: On Wednesday's WIHS Journal Anissa Porticelli will be speaking to Kim O' Rourke, the recycling coordinator of the city of Middletown. Today's conversation Kim will talk in great detail the importance of recycling and how it affects our environment, nature and the animals.

Thursday: On today's WIHS Journal you'll hear follow up coverage on the wake of synthetic marijuana overdoses at the New Haven Green in downtown New Haven. An organized rescue effort treated those who overdosed on a dangerous substance and no one died, the results of which caught the attention of the drug czar's office in the white House. Hear Jim Carroll and Governor Dannel Malloy on today's WIHS Journal—airing at 3:15am; also at 12:13 & 5:49pm here on WIHS Middletown—Good News 4 Connecticut!

Friday: On today's WIHS Journal you'll hear some advice on packing and moving your college student from home to the place they'll be living in for the next school year, whether it be a dorm room or an apartment off campus. Katie Stevens represents the U-Haul Company and has tips for packing and moving household goods to school. Katie Stevens is responsible for speaking on behalf of U-Haul in northeastern Connecticut. The WIHS Journal with Paul Kretschmer airs today at 3:15am; also at 12:13 & 5:49pm here on WIHS Middletown—Good News 4 Connecticut!

Saturday: On the WIHS Healthline this month the subject is that wintertime disease called influenza, commonly known as the flu. It's caused by a virus, but can be avoided if you get a flu shot and the formulation is effective against the most common form of the flu this season. Hear Middletown Health Department educator Lou Carta with Karen Pagliaro from Hartford healthcare on today's broadcast. It airs at 3:15am; also at 12:15 & 5:10pm here on WIHS Middletown—Good News 4 Connecticut!