WIHS-FM Middletown, Connecticut Quarterly Issues/Program List Third Quarter, 2018 10 Minute Programs Airing at 3:15am, 12:13 & 5:49pm Monday through Friday 15 Minute Programs Airing at 3:15am, 12:15 & 5:10pm Saturday

August 20-25, 2018

Monday: Monday's WIHS Journal Anissa Porticelli will be speaking to one of the managers Chris Mack from Worldwide Lighthouse Missions in Manchester Connecticut. The ministry not only touches the hearts and in less fortunate here in Connecticut, they reach areas in other countries throughout the world. You could hear more about this interview at 3:15 AM, 12:13 PM, and 5:49 PM right here I WIHS live in local 24 hours a day seven days a week!

Tuesday & Wednesday: On today's WIHS Journal, learn how to pack lunches that can be a whole lot more nutritious than school lunches. Dr. David Erb maintains the belief that while school lunch programs are important in areas where the alternative is no lunch at all in school, those who are able can make lunches more appealing and healthy, while also being economical. Dr. Erb's advice is being used with his own children in his own home. Hear about it on the WIHS Journal today with Paul Kretschmer. The program airs at 3:15am; also at 12:13 & 5:49pm here on WIHS Middletown—Good News 4 Connecticut!

Thursday: On today's WIHS Journal you'll hear about a program operated by the Connecticut Public Affairs Network for young people called, "Kid Governor." proposed young people all over Connecticut, and through judging rounds submit platforms, one young person gets chosen to be Kid Governor for a calendar year. Hear Paul Kretschmer speak with Kid Governor Megan Kasperowski and her platform to help children with cancer. The WIHS Journal airs today at 3:15am; also at 12:13 & 5:49pm here on WIHS Middletown—Good News 4 Connecticut!

Friday: On today's WIHS Journal you'll hear about a program to contribute crowdfunding dollars to schools for supplies being sponsored by the Bic pen people. Bic is headquartered in Connecticut and has contributed school supplies for a number of years now. Parents and friends purchase Bic products and in return, Bic contributes dollars to help teachers equip their classrooms for the school year. Hear the story of teacher Donna Pitts with Paul Kretschmer on today's WIHS Journal. It airs at 3:15am; also at 12:13 & 5:49pm here on WIHS Middletown—Good News 4 Connecticut!

Saturday: Streetfire Ministries takes the Gospel and the love of God to the streets and the homeless every Saturday afternoon in downtown Middletown. Hear Gerry Williams conversation with the two Visionaries of this unique Ministry. That's happening today at 3:15 am, 12:15 pm and 5:10 pm on the WIHS Journal it's News & Public Affairs!