

**WIHS-FM
Middletown, Connecticut
Quarterly Issues/Program List
Second Quarter, 2019**

**10 Minute Programs Airing at 3:15am, 12:13 & 5:49pm Monday through Friday 15
Minute Programs Airing at 3:15am, 12:15 & 5:10pm Saturday**

April 29-May 4, 2019

Monday: On Mondays WIHS Journal, Anissa Porticelli will speak to Marc Carrier, a missionary in Africa, who is visiting CT. Marc will teach on being equipped by the Holy Spirit to preach the gospel, heal the sick, and make disciples as Jesus did and commanded us to do. The conference is free, handicapped accessible, and includes lunch. You can hear this interview at 3:15am, 12:13PM and 5:49PM right here on live and local WIHS!

Tuesday: Christian Health Ministries is a unique Christ Centered health insurance. Gerry Williams was out and about and caught up with Mark Russell, one of Christian Health Ministry's Representatives. Here this conversation today at 3:15 am, 12:13 p.m. and 5:49 p.m. on the WIHS Journal it's News & Public Affairs!

Wednesday: On today's WIHS Journal with Paul Kretschmer, hear about the Innocence Project, a non-profit seeking to help those wrongly convicted of crimes they didn't commit. Michelle Feldman spoke to the WIHS Journal about a bill in the Connecticut General Assembly to wipe the records on some former inmates. The WIHS Journal airs today at 3:15am; also at 12:13 & 5:49pm here on WIHS Middletown—Live and Local!

Thursday: On today's WIHS Journal with Paul Kretschmer, hear from a personal development writer about re-building men. Stefan Aarnio has written a book entitled, "Turning Men from Bulls to Oxen." The WIHS Journal airs at 3:15am; also at 12:13 & 5:49pm here on WIHS Middletown—Good News 4 Connecticut!

Friday: On today's WIHS Journal with Paul Kretschmer, hear about the work of Easter Seals, now 100 years old. From the Capitol Region & Eastern Connecticut, Allen Gouse will tell us where Easter Seals has been and where it's changing to provide relief to new challenges. The WIHS Journal airs today at 3:15am; also at 12:13 & 5:49pm here on WIHS Middletown—Live and Local 24/7!

Saturday: Today is the WIHS Healthline for May and it focuses on cosmetic surgery. That phrase describes ways to freshen your appearance and gain self-confidence that doesn't require going under the knife. Middletown Health educator Lou Carta talks with Middlesex Dermatology staffer Kimberly Boldon. Today's WIHS Journal airs at 3:15am; also at 12:15 & 5:10pm here on WIHS Middletown—Good News 4 Connecticut!

