

## WIHS Journal Promos for the Week of May 9-14, 2016

**Monday:** On Monday's WIHS Journal, Anissa Porticelli, will speak to Pastor Jessie White, from the Church of the living God in Hartford. He will talk about their annual conference called the "Kingdom Release". The theme is "Still Seeking A Nation". Pastor White wants the church, pastors, and individuals to get a fresh touch from God. You can hear more about this interview at 3:15am; 12:13PM and 5:49PM right here on your live and local station WIHS!

**Tuesday & Wednesday:** On today's WIHS Journal hear about the necessity for trust in relationships, whether on the job or in your personal life, in marriage, in anything. Lea Brovedani (Lee Bro-vah-dan-ee) talks about what trust is, where it comes from, how to earn it and what happens in any relationship when trust is lost. Lea Brovedani works with people in business and trade on trust issues and discusses with Paul Kretschmer how what she's learned in that setting applies to trust generally. The WIHS Journal airs today at 3:15am; also at 12:13 & 5:49pm here on WIHS Middletown—Live and Local 24/7!

**Thursday:** Every second Thursday of the month throughout 2016 the journal will feature a beneficiary from the Salvation Armies Adult Rehabilitation Center sharing their stories. Today you'll hear from Samuel Martinez. That's at 3:15 am, 12:13 pm, and 5:49 pm on the WIHS Journal at 104.9 FM –Live And Local!

**Friday:** Today on the WIHS Journal you'll hear part 2 of Gerry Williams conversation with Samuel Martinez. Samuel is presently a resident of The Salvation Armies ARC program. Today Samuel explains what a typical day is like as a beneficiary. He also explains work therapy and more. That's happening today on the Journal at 3:15 am, 12:13 pm and 5:49 pm on 104.9 FM WIHS in Middletown—Live and Local!

**Saturday:** On today's WIHS Journal with Paul Kretschmer, hear about living with, and coming to terms with chronic illness. The name of the subject today is "Dancing at the Water's Edge," the story of Alida Brill. You'll hear a working definition of chronic illness and one person's long-term life experience with such a disorder. You'll also be encouraged by what Alida Brill does to keep life moving forward and tips along the way she has collected through hard experience. The WIHS Journal airs today at 3:15am; also at 12:15 & 5:10pm here on WIHS Middletown—Live and Local 24/7!