

WIHS-FM
Middletown, Connecticut
Quarterly Issues/Program List
Second Quarter, 2020

10 Minute Programs Airing at 3:15am, 12:13 & 5:49pm Monday through Friday

15 Minute Programs Airing at 3:15am, 12:15 & 5:10pm Saturday

June 29-July 4, 2020

Monday: On Mondays WIHS Journal, Anissa Porticelli will be speaking to a singles director, Mary Haji (Hodge) about that singles groups and how they are doing zoom meetings and Bible Studies to keep active. You can hear this interview at 3:15am, 12:13pm and 5:49PM. Right here on live and local WIHS.

Tuesday: On today's WIHS Journal with Paul Kretschmer, a discussion of law enforcement reform, and how it may be difficult to obtain it in Connecticut. From the Yankee Institute, investigative reporter Marc Fitch will explain how, in his view, public service workers through their bargaining units control reform or stifle it. Fitch makes the point that legislators at the state level think they make the rules and laws, but how union leaders turn down pay & benefit givebacks with impunity. Hear the WIHS Journal today at 3:15am; also at 12:13 & 5:49pm here on WIHS Middletown!

Wednesday & Thursday: Most people will tell you they don't know how they keep up with all the competing demands they believe they need to fulfill. Judy Gaman doesn't follow that rule, though. She told Paul Kretschmer on the WIHS Journal that you could actually have a more fulfilling life by doing less. By deciding on the truly most significant things in your life, you can focus on those items like family & faith and dropping the time and energy consuming items. Hear Judy Gaman on the WIHS Journal today at 3:15am, also at 12:13 & 5:49pm here on WIHS Middletown!

Friday: On today's WIHS Journal, hear the testimony from a pastor in Minneapolis about the life of minorities in that city and how law enforcement goes too far in enforcing the law. Faith Radio interviewed the Reverend Billy Russell back in 2009 and again in the last two weeks, following the death of George Floyd. This compelling interview will be heard on the WIHS Journal today at 3:15am; also at 12:13 & 5:49pm here on WIHS Middletown!

Saturday: On this month's WIHS Healthline, the subject is fatty liver disease. The liver is a very important organ in the human body. It helps to digest our food and contributes to a number of other processes. But over the course of time, fatty deposits can build up in the liver that impairs its proper functioning. Middletown Health Department community educator Lou Carta interviews Donna Sciacca, the Community Outreach and Education Manager for the American Liver Foundation in Connecticut. You can hear today's WIHS Healthline at 3:15am; also at 12:15 & 5:10pm here on WIHS Middletown!

