

KWHB-TV47

2019 4th Quarter

October/November/December

Issues/Program List

KWHB TV47 presents these issues and ideas as a service to the Tulsa, Oklahoma community. We endeavor to bring insight, awareness and solutions to problems through the various public service oriented programs we air.

Prepared by:

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Programming Department

In addition to specific programs, the following Public Service Announcements aired during the Second Quarter of 2019:

PUBLIC SERVICE ANNOUNCEMENTS

Making Healthy Choices

Health Insurance Marketplace – Insure Kids Now

Ad Council – Autism Awareness

Ad Council – Adoption From Foster Care

Ad Council – Bullying Prevention

Ad Council – Child Passenger Safety

Ad Council - Children’s Oral Health

Ad Council – College Access

Ad Council – Emergency Preparedness

Ad Council – Fatherhood Involvement

Ad Council – Foreclosure Prevention Assistance

Ad Council – Learning and Attention Issues

Ad Council – Pathways to Employment

Ad Council – Recycling

Ad Council – Seatbelt Safety

Ad Council – Teacher Recruitment

PROGRAMS:

YOUR HEALTH

Your Health

Friday, October 4, 2019 58:30 10-11AM

Dr. Richard Becker M.D./Naturopath and Cindy Becker present a naturopathic approach to be used in addition to traditional mainstream medical procedures and treatment plans. This approach combines diet, nutrition, vitamin and mineral supplementation for disease prevention as well as the enhancement of prescription drug use and chemotherapy treatment. All discussion provides viewers with practical ways to achieve their optimal health.

Today's Subject: Medications that could cause vulnerability to Heat Exhaustion/Heat Stroke/Hydration. Signs/symptoms/hydration requirements.

Your Health

Friday, October 11, 2019 58:30 10-11AM

Dr. Richard Becker M.D./Naturopath and Cindy Becker present a naturopathic approach to be used in addition to traditional mainstream medical procedures and treatment plans. This approach combines diet, nutrition, vitamin and mineral supplementation for disease prevention as well as the enhancement of prescription drug use and chemotherapy treatment. All discussion provides viewers with practical ways to achieve their optimal health.

Today's Subject: The effects of Resveratrol.....anti -aging, dementia prevention, vascular benefits.

Your Health

Friday, October 18, 2019 58:30 10-11AM

Dr. Richard Becker M.D./Naturopath and Cindy Becker present a naturopathic approach to be used in addition to traditional mainstream medical procedures

and treatment plans. This approach combines diet, nutrition, vitamin and mineral supplementation for disease prevention as well as the enhancement of prescription drug use and chemotherapy treatment. All discussion provides viewers with practical ways to achieve their optimal health.

Today's Subject: Explanation and discussion of liver disease, nutrition, and general diet instructions as well as use (or misuse) of various vitamin and mineral supplements.

Your Health

Friday, October 25, 2019 58:30 10-11AM

Dr. Richard Becker M.D./Naturopath and Cindy Becker present a naturopathic approach to be used in addition to traditional mainstream medical procedures and treatment plans. This approach combines diet, nutrition, vitamin and mineral supplementation for disease prevention as well as the enhancement of prescription drug use and chemotherapy treatment. All discussion provides viewers with practical ways to achieve their optimal health.

Today's Subject: Discussion of Vitamin E and heart disease (usefulness in prevention).

Your Health

Friday, November 1, 2019 58:30 10-11AM

Dr. Richard Becker M.D./Naturopath and Cindy Becker present a naturopathic approach to be used in addition to traditional mainstream medical procedures and treatment plans. This approach combines diet, nutrition, vitamin and mineral supplementation for disease prevention as well as the enhancement of prescription drug use and chemotherapy treatment. All discussion provides viewers with practical ways to achieve their optimal health.

Today's Subject: Heart Attack

Your Health

Friday, November 8, 2019 58:30 10-11AM

Dr. Richard Becker M.D./Naturopath and Cindy Becker present a naturopathic approach to be used in addition to traditional mainstream medical procedures and treatment plans. This approach combines diet, nutrition, vitamin and mineral supplementation for disease prevention as well as the enhancement of prescription drug use and chemotherapy treatment. All discussion provides viewers with practical ways to achieve their optimal health.

Today's Subject: Stroke

Your Health

Friday, November 15, 2019 58:30 10-11AM

Dr. Richard Becker M.D./Naturopath and Cindy Becker present a naturopathic approach to be used in addition to traditional mainstream medical procedures and treatment plans. This approach combines diet, nutrition, vitamin and mineral supplementation for disease prevention as well as the enhancement of prescription drug use and chemotherapy treatment. All discussion provides viewers with practical ways to achieve their optimal health.

Today's Subject: Bone Health

Your Health

Friday, November 22, 2019 58:30 10-11AM

Dr. Richard Becker M.D./Naturopath and Cindy Becker present a naturopathic approach to be used in addition to traditional mainstream medical procedures and treatment plans. This approach combines diet, nutrition, vitamin and mineral supplementation for disease prevention as well as the enhancement of prescription drug use and chemotherapy treatment. All discussion provides viewers with practical ways to achieve their optimal health.

Today's Subject: General Body Inflammation

Your Health

Friday, November 29, 2019 58:30 10-11AM

Dr. Richard Becker M.D./Naturopath and Cindy Becker present a naturopathic approach to be used in addition to traditional mainstream medical procedures and treatment plans. This approach combines diet, nutrition, vitamin and mineral supplementation for disease prevention as well as the enhancement of prescription drug use and chemotherapy treatment. All discussion provides viewers with practical ways to achieve their optimal health.

Today's Subject: Arthritis

Your Health

Friday, December 6, 2019 58:30 10-11AM

Dr. Richard Becker M.D./Naturopath and Cindy Becker present a naturopathic approach to be used in addition to traditional mainstream medical procedures and treatment plans. This approach combines diet, nutrition, vitamin and mineral supplementation for disease prevention as well as the enhancement of prescription drug use and chemotherapy treatment. All discussion provides viewers with practical ways to achieve their optimal health.

Today's Subject: Inflammatory Bowel Syndrome

Your Health

Friday, December 13, 2019 58:30 10-11AM

Dr. Richard Becker M.D./Naturopath and Cindy Becker present a naturopathic approach to be used in addition to traditional mainstream medical procedures and treatment plans. This approach combines diet, nutrition, vitamin and mineral supplementation for disease prevention as well as the enhancement of prescription drug use and chemotherapy treatment. All discussion provides viewers with practical ways to achieve their optimal health.

Today's Subject: Auto-immune Disease

Your Health

Friday, December 20, 2019 58:30 10-11AM

Dr. Richard Becker M.D./Naturopath and Cindy Becker present a naturopathic approach to be used in addition to traditional mainstream medical procedures and treatment plans. This approach combines diet, nutrition, vitamin and mineral supplementation for disease prevention as well as the enhancement of prescription drug use and chemotherapy treatment. All discussion provides viewers with practical ways to achieve their optimal health.

Today's Subject: Natural (minerals and herbs) Pain Relief

Your Health

Friday, December 27, 2019 58:30 10-11AM

Dr. Richard Becker M.D./Naturopath and Cindy Becker present a naturopathic approach to be used in addition to traditional mainstream medical procedures and treatment plans. This approach combines diet, nutrition, vitamin and mineral supplementation for disease prevention as well as the enhancement of prescription drug use and chemotherapy treatment. All discussion provides viewers with practical ways to achieve their optimal health.

Today's Subject: Vitamin D/Calcium/Magnesium as treatment for Bone Disease

LIFE TODAY

Life Today

Monday, October 7, 2019 28:30 7:30-8:00AM

Life Today, hosted by James and Betty Robison, explores political/social/religious/economical current affairs and provides news/commentary/cultural analysis/inspiration. Life Today encourages viewers in their civic, social and faith response to the issues presented and discussed.

Today's Subject: Human Rights – World Hunger

Life Today

Monday, October 14, 2019 28:30 7:30-8:00AM

Life Today, hosted by James and Betty Robison, explores political/social/religious/economical current affairs and provides news/commentary/cultural analysis/inspiration. Life Today encourages viewers in their civic, social and faith response to the issues presented and discussed.

Today's Subject: Human Rights – Drought/Water Well Projects

Life Today

Monday, October 21, 2019

28:30

7:30-8:00AM

Life Today, hosted by James and Betty Robison, explores political/social/religious/economical current affairs and provides news/commentary/cultural analysis/inspiration. Life Today encourages viewers in their civic, social and faith response to the issues presented and discussed.

Today's Subject: Human Rights – Child Abduction

Life Today

Monday, October 28, 2019

28:30

7:30-8:00AM

Life Today, hosted by James and Betty Robison, explores political/social/religious/economical current affairs and provides news/commentary/cultural analysis/inspiration. Life Today encourages viewers in their civic, social and faith response to the issues presented and discussed.

Today's Subject: Human Rights – Human Trafficking (how, why, and how to report and the rescue/rehabilitation processes)

Life Today

Monday, November 4, 2019

28:30

7:30-8:00AM

Life Today, hosted by James and Betty Robison, explores political/social/religious/economical current affairs and provides news/commentary/cultural analysis/inspiration. Life Today encourages viewers in their civic, social and faith response to the issues presented and discussed.

Today's Subject: Human Rights – Child Prostitution (rescue and rehabilitation projects)

Life Today

Monday, November 11, 2019

28:30

7:30-8:00AM

Life Today, hosted by James and Betty Robison, explores political/social/religious/economical current affairs and provides news/commentary/cultural analysis/inspiration. Life Today encourages viewers in their civic, social and faith response to the issues presented and discussed.

Today's Subject: Human Rights – World Hunger (relief and agricultural training projects)

Life Today

Monday, November 18, 2019 28:30 7:30-8:00AM

Life Today, hosted by James and Betty Robison, explores political/social/religious/economical current affairs and provides news/commentary/cultural analysis/inspiration. Life Today encourages viewers in their civic, social and faith response to the issues presented and discussed.

Today's Subject: Political dissension, division, and what is required for restoration

Monday, November 25, 2019 28:30 7:30-8:00AM

Life Today, hosted by James and Betty Robison, explores political/social/religious/economical current affairs and provides news/commentary/cultural analysis/inspiration. Life Today encourages viewers in their civic, social and faith response to the issues presented and discussed.

Today's Subject: Water shortage and the social, agricultural, economic impact on the population

Life Today

Monday, December 2, 2019 28:30 7:30-8:00AM

Life Today, hosted by James and Betty Robison, explores political/social/religious/economical current affairs and provides

news/commentary/cultural analysis/inspiration. Life Today encourages viewers in their civic, social and faith response to the issues presented and discussed.

Today's Subject: Human Rights – World Hunger

Life Today

Monday, December 9, 2019 28:30 7:30-8:00AM

Life Today, hosted by James and Betty Robison, explores political/social/religious/economical current affairs and provides news/commentary/cultural analysis/inspiration. Life Today encourages viewers in their civic, social and faith response to the issues presented and discussed.

Today's Subject: Human Rights – Drought/Water Well Projects

Life Today

Monday, December 16, 2019 28:30 7:30-8:00AM

Life Today, hosted by James and Betty Robison, explores political/social/religious/economical current affairs and provides news/commentary/cultural analysis/inspiration. Life Today encourages viewers in their civic, social and faith response to the issues presented and discussed.

Today's Subject: Political dissension, division, and what is required for restoration

Life Today

Monday, December 23, 2019

28:30

7:30-8:00AM

Life Today, hosted by James and Betty Robison, explores political/social/religious/economical current affairs and provides news/commentary/cultural analysis/inspiration. Life Today encourages viewers in their civic, social and faith response to the issues presented and discussed.

Today's Subject: Human Rights – World Hunger (relief and agricultural training projects)

Life Today

Monday, December 30, 2019

28:30

7:30-8:00AM

Life Today, hosted by James and Betty Robison, explores political/social/religious/economical current affairs and provides news/commentary/cultural analysis/inspiration. Life Today encourages viewers in their civic, social and faith response to the issues presented and discussed.

Today's Subject: Human Rights – World Hunger