

# **KWHB-TV47**

**2018 4th Quarter**

**October/November/December**

**Issues/Program List**

KWHB TV47 presents these issues and ideas as a service to the Tulsa, Oklahoma community. We endeavor to bring insight, awareness and solutions to problems through the various public service oriented programs we air.

Prepared by:

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Programming Department

In addition to specific programs, the following Public Service Announcements aired during the Third Quarter of 2018:

**PUBLIC SERVICE ANNOUNCEMENTS**

Making Healthy Choices

Health Insurance Marketplace – Insure Kids Now

Ad Council – Autism Awareness

Ad Council – Adoption From Foster Care

Ad Council – Bullying Prevention

Ad Council – Child Passenger Safety

Ad Council - Children’s Oral Health

Ad Council – College Access

Ad Council – Emergency Preparedness

Ad Council – Fatherhood Involvement

Ad Council – Foreclosure Prevention Assistance

Ad Council – Learning and Attention Issues

Ad Council – Pathways to Employment

Ad Council – Recycling

Ad Council – Seatbelt Safety

Ad Council – Teacher Recruitment

## PROGRAMS:

### *YOUR HEALTH*

#### Your Health

**Friday,      October 5, 2018                      58:30                      10-11AM**

Dr. Richard Becker M.D./Naturopath and Cindy Becker present a naturopathic approach to be used in addition to traditional mainstream medical procedures and treatment plans. This approach combines diet, nutrition, vitamin and mineral supplementation for disease prevention as well as the enhancement of prescription drug use and chemotherapy treatment. All discussion provides viewers with practical ways to achieve their optimal health.

**Today's Subject: Medications that could cause vulnerability to Heat Exhaustion/Heat Stroke/Hydration. Signs/symptoms/hydration requirements.**

#### Your Health

**Friday,      October 12, 2018                      58:30                      10-11AM**

Dr. Richard Becker M.D./Naturopath and Cindy Becker present a naturopathic approach to be used in addition to traditional mainstream medical procedures and treatment plans. This approach combines diet, nutrition, vitamin and mineral supplementation for disease prevention as well as the enhancement of prescription drug use and chemotherapy treatment. All discussion provides viewers with practical ways to achieve their optimal health.

**Today's Subject: The effects of Resveratrol.....anti -aging, dementia prevention, vascular benefits.**

#### Your Health

**Friday,      October 19, 2018                      58:30                      10-11AM**

Dr. Richard Becker M.D./Naturopath and Cindy Becker present a naturopathic approach to be used in addition to traditional mainstream medical procedures

and treatment plans. This approach combines diet, nutrition, vitamin and mineral supplementation for disease prevention as well as the enhancement of prescription drug use and chemotherapy treatment. All discussion provides viewers with practical ways to achieve their optimal health.

**Today's Subject: Explanation and discussion of liver disease, nutrition, and general diet instructions as well as use (or misuse) of various vitamin and mineral supplements.**

### **Your Health**

**Friday,          October 26, 2018                                  58:30                  10-11AM**

Dr. Richard Becker M.D./Naturopath and Cindy Becker present a naturopathic approach to be used in addition to traditional mainstream medical procedures and treatment plans. This approach combines diet, nutrition, vitamin and mineral supplementation for disease prevention as well as the enhancement of prescription drug use and chemotherapy treatment. All discussion provides viewers with practical ways to achieve their optimal health.

**Today's Subject: Discussion of Vitamin E and heart disease (usefulness in prevention).**

### **Your Health**

**Friday,          November 2, 2018                                  58:30                  10-11AM**

Dr. Richard Becker M.D./Naturopath and Cindy Becker present a naturopathic approach to be used in addition to traditional mainstream medical procedures and treatment plans. This approach combines diet, nutrition, vitamin and mineral supplementation for disease prevention as well as the enhancement of prescription drug use and chemotherapy treatment. All discussion provides viewers with practical ways to achieve their optimal health.

**Today's Subject: Heart Attack**

## **Your Health**

**Friday, November 9, 2018 58:30 10-11AM**

Dr. Richard Becker M.D./Naturopath and Cindy Becker present a naturopathic approach to be used in addition to traditional mainstream medical procedures and treatment plans. This approach combines diet, nutrition, vitamin and mineral supplementation for disease prevention as well as the enhancement of prescription drug use and chemotherapy treatment. All discussion provides viewers with practical ways to achieve their optimal health.

**Today's Subject: Stroke**

## **Your Health**

**Friday, November 16, 2018 58:30 10-11AM**

Dr. Richard Becker M.D./Naturopath and Cindy Becker present a naturopathic approach to be used in addition to traditional mainstream medical procedures and treatment plans. This approach combines diet, nutrition, vitamin and mineral supplementation for disease prevention as well as the enhancement of prescription drug use and chemotherapy treatment. All discussion provides viewers with practical ways to achieve their optimal health.

**Today's Subject: Bone Health**

## **Your Health**

**Friday, November 23, 2018 58:30 10-11AM**

Dr. Richard Becker M.D./Naturopath and Cindy Becker present a naturopathic approach to be used in addition to traditional mainstream medical procedures and treatment plans. This approach combines diet, nutrition, vitamin and mineral supplementation for disease prevention as well as the enhancement of prescription drug use and chemotherapy treatment. All discussion provides viewers with practical ways to achieve their optimal health.

**Today's Subject: General Body Inflammation**

## **Your Health**

**Friday, November 30, 2018 58:30 10-11AM**

Dr. Richard Becker M.D./Naturopath and Cindy Becker present a naturopathic approach to be used in addition to traditional mainstream medical procedures and treatment plans. This approach combines diet, nutrition, vitamin and mineral supplementation for disease prevention as well as the enhancement of prescription drug use and chemotherapy treatment. All discussion provides viewers with practical ways to achieve their optimal health.

**Today's Subject: Arthritis**

## **Your Health**

**Friday, December 7, 2018 58:30 10-11AM**

Dr. Richard Becker M.D./Naturopath and Cindy Becker present a naturopathic approach to be used in addition to traditional mainstream medical procedures and treatment plans. This approach combines diet, nutrition, vitamin and mineral supplementation for disease prevention as well as the enhancement of prescription drug use and chemotherapy treatment. All discussion provides viewers with practical ways to achieve their optimal health.

**Today's Subject: Inflammatory Bowel Syndrome**

## **Your Health**

**Friday, December 14, 2018 58:30 10-11AM**

Dr. Richard Becker M.D./Naturopath and Cindy Becker present a naturopathic approach to be used in addition to traditional mainstream medical procedures and treatment plans. This approach combines diet, nutrition, vitamin and mineral supplementation for disease prevention as well as the enhancement of prescription drug use and chemotherapy treatment. All discussion provides viewers with practical ways to achieve their optimal health.

**Today's Subject: Auto-immune Disease**

## **Your Health**

**Friday, December 21, 2018 58:30 10-11AM**

Dr. Richard Becker M.D./Naturopath and Cindy Becker present a naturopathic approach to be used in addition to traditional mainstream medical procedures and treatment plans. This approach combines diet, nutrition, vitamin and mineral supplementation for disease prevention as well as the enhancement of prescription drug use and chemotherapy treatment. All discussion provides viewers with practical ways to achieve their optimal health.

**Today's Subject: Natural (minerals and herbs) Pain Relief**

## **Your Health**

**Friday, December 28, 2018 58:30 10-11AM**

Dr. Richard Becker M.D./Naturopath and Cindy Becker present a naturopathic approach to be used in addition to traditional mainstream medical procedures and treatment plans. This approach combines diet, nutrition, vitamin and mineral supplementation for disease prevention as well as the enhancement of prescription drug use and chemotherapy treatment. All discussion provides viewers with practical ways to achieve their optimal health.

**Today's Subject: Vitamin D/Calcium/Magnesium as treatment for Bone Disease**

## ***LIFE TODAY***

### **Life Today**

**Monday, October 1, 2018      28:30      7:30-8:00AM**

Life Today, hosted by James and Betty Robison, explores political/social/religious/economical current affairs and provides news/commentary/cultural analysis/inspiration. Life Today encourages viewers in their civic, social and faith response to the issues presented and discussed.

**Today's Subject: Human Rights – World Hunger**

### **Life Today**

**Monday, October 8, 2018      28:30      7:30-8:00AM**

Life Today, hosted by James and Betty Robison, explores political/social/religious/economical current affairs and provides news/commentary/cultural analysis/inspiration. Life Today encourages viewers in their civic, social and faith response to the issues presented and discussed.

**Today's Subject: Human Rights – Drought/Water Well Projects**



## Life Today

**Monday, October 15, 2018**

**28:30**

**7:30-8:00AM**

Life Today, hosted by James and Betty Robison, explores political/social/religious/economical current affairs and provides news/commentary/cultural analysis/inspiration. Life Today encourages viewers in their civic, social and faith response to the issues presented and discussed.

**Today's Subject: Human Rights – Child Abduction**

## Life Today

**Monday, October 22, 2018**

**28:30**

**7:30-8:00AM**

Life Today, hosted by James and Betty Robison, explores political/social/religious/economical current affairs and provides news/commentary/cultural analysis/inspiration. Life Today encourages viewers in their civic, social and faith response to the issues presented and discussed.

**Today's Subject: Human Rights – Human Trafficking (how, why, and how to report and the rescue/rehabilitation processes)**

## Life Today

**Monday, October 29, 2018**

**28:30**

**7:30-8:00AM**

Life Today, hosted by James and Betty Robison, explores political/social/religious/economical current affairs and provides news/commentary/cultural analysis/inspiration. Life Today encourages viewers in their civic, social and faith response to the issues presented and discussed.

**Today's Subject: Human Rights – Child Prostitution (rescue and rehabilitation projects)**

## Life Today

**Monday, November 5, 2018**

**28:30**

**7:30-8:00AM**

Life Today, hosted by James and Betty Robison, explores political/social/religious/economical current affairs and provides news/commentary/cultural analysis/inspiration. Life Today encourages viewers in their civic, social and faith response to the issues presented and discussed.

**Today's Subject: Human Rights – World Hunger (relief and agricultural training projects)**

## Life Today

**Monday, November 12, 2018                      28:30                      7:30-8:00AM**

Life Today, hosted by James and Betty Robison, explores political/social/religious/economical current affairs and provides news/commentary/cultural analysis/inspiration. Life Today encourages viewers in their civic, social and faith response to the issues presented and discussed.

**Today's Subject: Political dissension, division, and what is required for restoration**

**Monday, November 19, 2018                      28:30                      7:30-8:00AM**

Life Today, hosted by James and Betty Robison, explores political/social/religious/economical current affairs and provides news/commentary/cultural analysis/inspiration. Life Today encourages viewers in their civic, social and faith response to the issues presented and discussed.

**Today's Subject: Water shortage and the social, agricultural, economic impact on the population**

## Life Today

**Monday, November 26, 2018                      28:30                      7:30-8:00AM**

Life Today, hosted by James and Betty Robison, explores political/social/religious/economical current affairs and provides

news/commentary/cultural analysis/inspiration. Life Today encourages viewers in their civic, social and faith response to the issues presented and discussed.

**Today's Subject: Human Rights – World Hunger**

**Life Today**

**Monday, December 3, 2018                      28:30                      7:30-8:00AM**

Life Today, hosted by James and Betty Robison, explores political/social/religious/economical current affairs and provides news/commentary/cultural analysis/inspiration. Life Today encourages viewers in their civic, social and faith response to the issues presented and discussed.

**Today's Subject: Human Rights – Drought/Water Well Projects**

**Life Today**

**Monday, December 10, 2018                      28:30                      7:30-8:00AM**

Life Today, hosted by James and Betty Robison, explores political/social/religious/economical current affairs and provides news/commentary/cultural analysis/inspiration. Life Today encourages viewers in their civic, social and faith response to the issues presented and discussed.

**Today's Subject: Political dissension, division, and what is required for restoration**

## Life Today

**Monday, December 24, 2018**

**28:30**

**7:30-8:00AM**

Life Today, hosted by James and Betty Robison, explores political/social/religious/economical current affairs and provides news/commentary/cultural analysis/inspiration. Life Today encourages viewers in their civic, social and faith response to the issues presented and discussed.

**Today's Subject: Human Rights – World Hunger (relief and agricultural training projects)**

## Life Today

**Monday, December 31, 2018**

**28:30**

**7:30-8:00AM**

Life Today, hosted by James and Betty Robison, explores political/social/religious/economical current affairs and provides news/commentary/cultural analysis/inspiration. Life Today encourages viewers in their civic, social and faith response to the issues presented and discussed.

**Today's Subject: Human Rights – Human Trafficking (how, why, and how to report and the rescue/rehabilitation processes)**