KWHB-TV47

2019 1st Quarter

October/November/December

Issues/Program List

KWHB TV47 presents these issues and ideas as a service to the Tulsa, Oklahoma community. We endeavor to bring insight, awareness and solutions to problems through the various public service oriented programs we air.

Prepared by:

Susan Smith

Programming Department

In addition to specific programs, the following Public Service Announcements aired during the Third Quarter of 2018:

PUBLIC SERVICE ANNOUNCEMENTS

- **Making Healthy Choices**
- Health Insurance Marketplace Insure Kids Now
- Ad Council Autism Awareness
- Ad Council Adoption From Foster Care
- Ad Council Bullying Prevention
- Ad Council Child Passenger Safety
- Ad Council Children's Oral Health
- Ad Council College Access
- Ad Council Emergency Preparedness
- Ad Council Fatherhood Involvement
- Ad Council Foreclosure Prevention Assistance
- Ad Council Learning and Attention Issues
- Ad Council Pathways to Employment
- Ad Council Recycling
- Ad Council Seatbelt Safety
- Ad Council Teacher Recruitment

PROGRAMS:

YOUR HEALTH

Your Health

Friday, January 4, 2019 58:30 10-11AM

Dr. Richard Becker M.D./Naturopath and Cindy Becker present a naturopathic approach to be used in addition to traditional mainstream medical procedures and treatment plans. This approach combines diet, nutrition, vitamin and mineral supplementation for disease prevention as well as the enhancement of prescription drug use and chemotherapy treatment. All discussion provides viewers with practical ways to achieve their optimal health.

Today's Subject: Medications that could cause vulnerability to Heat Exhaustion/Heat Stroke/Hydration. Signs/symptoms/hydration requirements.

Your Health

Friday, January 11, 2019 58:30 10-11AM

Dr. Richard Becker M.D./Naturopath and Cindy Becker present a naturopathic approach to be used in addition to traditional mainstream medical procedures and treatment plans. This approach combines diet, nutrition, vitamin and mineral supplementation for disease prevention as well as the enhancement of prescription drug use and chemotherapy treatment. All discussion provides viewers with practical ways to achieve their optimal health.

Today's Subject: The effects of Resveratrol.....anti -aging, dementia prevention, vascular benefits.

Your Health

Friday, January 18, 2019 58:30 10-11AM

Dr. Richard Becker M.D./Naturopath and Cindy Becker present a naturopathic approach to be used in addition to traditional mainstream medical procedures

and treatment plans. This approach combines diet, nutrition, vitamin and mineral supplementation for disease prevention as well as the enhancement of prescription drug use and chemotherapy treatment. All discussion provides viewers with practical ways to achieve their optimal health.

Today's Subject: Explanation and discussion of liver disease, nutrition, and general diet instructions as well as use (or misuse) of various vitamin and mineral supplements.

Your Health

Friday, January 25, 2019 58:30 10-11AM

Dr. Richard Becker M.D./Naturopath and Cindy Becker present a naturopathic approach to be used in addition to traditional mainstream medical procedures and treatment plans. This approach combines diet, nutrition, vitamin and mineral supplementation for disease prevention as well as the enhancement of prescription drug use and chemotherapy treatment. All discussion provides viewers with practical ways to achieve their optimal health.

Today's Subject: Discussion of Vitamin E and heart disease (usefulness in prevention).

Your Health

Friday, February 1, 2019 58:30 10-11AM

Dr. Richard Becker M.D./Naturopath and Cindy Becker present a naturopathic approach to be used in addition to traditional mainstream medical procedures and treatment plans. This approach combines diet, nutrition, vitamin and mineral supplementation for disease prevention as well as the enhancement of prescription drug use and chemotherapy treatment. All discussion provides viewers with practical ways to achieve their optimal health.

Today's Subject: Heart Attack

Your Health

Friday, February 8, 2019 58:30 10-11AM

Dr. Richard Becker M.D./Naturopath and Cindy Becker present a naturopathic approach to be used in addition to traditional mainstream medical procedures and treatment plans. This approach combines diet, nutrition, vitamin and mineral supplementation for disease prevention as well as the enhancement of prescription drug use and chemotherapy treatment. All discussion provides viewers with practical ways to achieve their optimal health.

Today's Subject: Stroke

Your Health

Friday, February 15, 2019 58:30 10-11AM

Dr. Richard Becker M.D./Naturopath and Cindy Becker present a naturopathic approach to be used in addition to traditional mainstream medical procedures and treatment plans. This approach combines diet, nutrition, vitamin and mineral supplementation for disease prevention as well as the enhancement of prescription drug use and chemotherapy treatment. All discussion provides viewers with practical ways to achieve their optimal health.

Today's Subject: Bone Health

Your Health

Friday, February 22, 2019 58:30 10-11AM

Dr. Richard Becker M.D./Naturopath and Cindy Becker present a naturopathic approach to be used in addition to traditional mainstream medical procedures and treatment plans. This approach combines diet, nutrition, vitamin and mineral supplementation for disease prevention as well as the enhancement of prescription drug use and chemotherapy treatment. All discussion provides viewers with practical ways to achieve their optimal health.

Today's Subject: General Body Inflammation

Your Health

Friday, March 1, 2019 58:30 10-11A

Dr. Richard Becker M.D./Naturopath and Cindy Becker present a naturopathic approach to be used in addition to traditional mainstream medical procedures and treatment plans. This approach combines diet, nutrition, vitamin and mineral supplementation for disease prevention as well as the enhancement of prescription drug use and chemotherapy treatment. All discussion provides viewers with practical ways to achieve their optimal health.

Today's Subject: Arthritis

Your Health

Friday,	March 8, 2019	58:30	10-11AM

Dr. Richard Becker M.D./Naturopath and Cindy Becker present a naturopathic approach to be used in addition to traditional mainstream medical procedures and treatment plans. This approach combines diet, nutrition, vitamin and mineral supplementation for disease prevention as well as the enhancement of prescription drug use and chemotherapy treatment. All discussion provides viewers with practical ways to achieve their optimal health.

Today's Subject: Inflammatory Bowel Syndrome

Your Health

Friday, March 15, 2019 58:30 10-11AM

Dr. Richard Becker M.D./Naturopath and Cindy Becker present a naturopathic approach to be used in addition to traditional mainstream medical procedures and treatment plans. This approach combines diet, nutrition, vitamin and mineral supplementation for disease prevention as well as the enhancement of prescription drug use and chemotherapy treatment. All discussion provides viewers with practical ways to achieve their optimal health. Today's Subject: Auto-immune Disease

Your Health

Friday, March 22, 2019 58:30 10-11AM

Dr. Richard Becker M.D./Naturopath and Cindy Becker present a naturopathic approach to be used in addition to traditional mainstream medical procedures and treatment plans. This approach combines diet, nutrition, vitamin and mineral supplementation for disease prevention as well as the enhancement of prescription drug use and chemotherapy treatment. All discussion provides viewers with practical ways to achieve their optimal health.

Today's Subject: Natural (minerals and herbs) Pain Relief

Your Health

Friday, March 29, 2019 58:30 10-11AM

Dr. Richard Becker M.D./Naturopath and Cindy Becker present a naturopathic approach to be used in addition to traditional mainstream medical procedures and treatment plans. This approach combines diet, nutrition, vitamin and mineral supplementation for disease prevention as well as the enhancement of prescription drug use and chemotherapy treatment. All discussion provides viewers with practical ways to achieve their optimal health.

Today's Subject: Vitamin D/Calcium/Magnesium as treatment for Bone Disease

LIFE TODAY

Life Today

Monday, January 7, 2019 28:30 7:30-8:00AM

Life Today, hosted by James and Betty Robison, explores political/social/religious/economical current affairs and provides news/commentary/cultural analysis/inspiration. Life Today encourages viewers in their civic, social and faith response to the issues presented and discussed.

Today's Subject: Human Rights – World Hunger

Life Today

Monday, January 14, 2019 28:30 7:30-8:00AM

Life Today, hosted by James and Betty Robison, explores political/social/religious/economical current affairs and provides news/commentary/cultural analysis/inspiration. Life Today encourages viewers in their civic, social and faith response to the issues presented and discussed.

Today's Subject: Human Rights – Drought/Water Well Projects

Monday, January 21, 2019 28:30 7:30-8:00AM

Life Today, hosted by James and Betty Robison, explores political/social/religious/economical current affairs and provides news/commentary/cultural analysis/inspiration. Life Today encourages viewers in their civic, social and faith response to the issues presented and discussed.

Today's Subject: Human Rights – Child Abduction

Life Today

Monday, January 28, 2019 28:30 7:30-8:00AM

Life Today, hosted by James and Betty Robison, explores political/social/religious/economical current affairs and provides news/commentary/cultural analysis/inspiration. Life Today encourages viewers in their civic, social and faith response to the issues presented and discussed.

Today's Subject: Human Rights – Human Trafficking (how, why, and how to report and the rescue/rehabilitation processes)

Monday, February 4, 2019 28:30 7:30-8:00AM

Life Today, hosted by James and Betty Robison, explores political/social/religious/economical current affairs and provides news/commentary/cultural analysis/inspiration. Life Today encourages viewers in their civic, social and faith response to the issues presented and discussed.

Today's Subject: Human Rights – Child Prostitution (rescue and rehabilitation projects)

Life Today

Monday, February 11, 2019 28:30 7:30-8:00AM

Life Today, hosted by James and Betty Robison, explores political/social/religious/economical current affairs and provides news/commentary/cultural analysis/inspiration. Life Today encourages viewers in their civic, social and faith response to the issues presented and discussed.

Today's Subject: Human Rights – World Hunger (relief and agricultural training projects)

Monday, February 18, 2019 28:30 7:30-8:00AM

Life Today, hosted by James and Betty Robison, explores political/social/religious/economical current affairs and provides news/commentary/cultural analysis/inspiration. Life Today encourages viewers in their civic, social and faith response to the issues presented and discussed.

Today's Subject: Political dissension, division, and what is required for restoration

Monday, February 25, 2019 28:30 7:30-8:00AM

Life Today, hosted by James and Betty Robison, explores political/social/religious/economical current affairs and provides news/commentary/cultural analysis/inspiration. Life Today encourages viewers in their civic, social and faith response to the issues presented and discussed.

Today's Subject: Water shortage and the social, agricultural, economic impact on the population

Life Today

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news/commentary/cultural analysis/inspiration. Life Today encourages viewers in their civic, social and faith response to the issues presented and discussed.

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