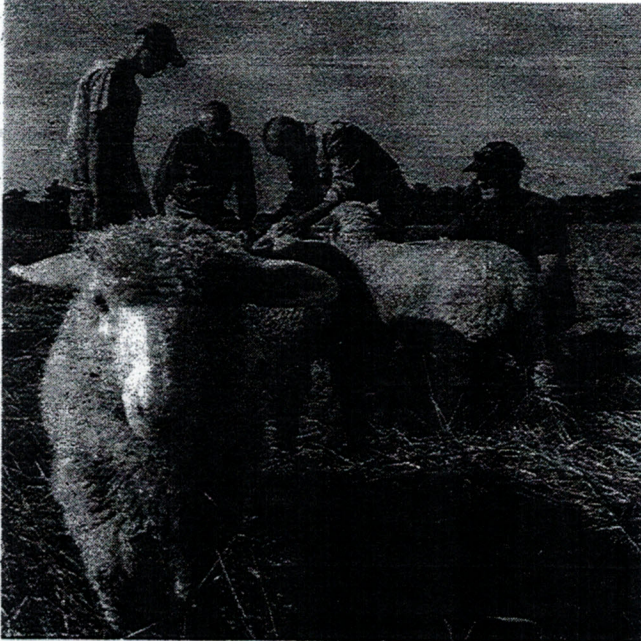


1. DATE: APRIL 5, 2015
2. 7:00-8:00 A.M.
3. TITLE: Dr. Lisa Belisle Radio Hour
4. ISSUES COVERED:
 1. Maine Agriculture
 2. Wolfe's Neck Farm, Freeport
 3. David Herring, supporter of Organic Dairy in Maine and New England



Farm Fresh Maine #186

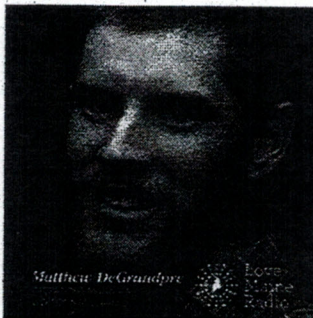
Friday, April 3, 2015

Maine has a rich agricultural heritage—it was considered the 'breadbasket of the Northeast' during Civil War times, when it provided much of the wheat for the Union Army. Today we are experiencing a resurgence of interest in farming, as a new generation takes to the fields to provide us with local nourishment. This week we speak with David Herring and Matthew DeGrandpre of Wolfe's Neck Farm about the transformations they have witnessed, and why they are passionate about Maine agriculture.

Farm Fresh Maine #186

Transcription

Guests



Matthew DeGrandpre

Matthew DeGrandpre is the farm operations manager at Wolfe's Neck Farm. Born and raised in Freeport, Maine, Wolfe's Neck Farm has always been a part of Matthew's life. His grandfather moved the family up to Maine in the late 1960s, from a dairy farm in Massachusetts, and immediately began transforming and managing the farm.

Matthew DeGrandpre
Interview

Transcription

More Information

David Herring

David Herring has been in management and leadership roles for nonprofit organizations for the last 15 years. He became executive

David Herring Interview

DATE: April 12, 2015 Sunday

TIME: 7:00-8:00 A.M.

TITLE: DR. LISA BELISLE RADIO HOUR

GUEST: BOB LUDWIG, MASTERING ENGINEER

ISSUES COVERED: 1. Radio studying of music and musicians in Maine.



Music Mastery #187

Friday, April 10, 2015

Music in Maine is alive and well—on many levels. We have long had talented musicians, but we also have those whose work involves fine-tuning the music once it has been recorded. Today we speak with preeminent mastering engineer, Bob Ludwig, whose Grammy-winning work is recognized the world over. We also speak with musician and award-winning singer-songwriter Sam Chase, who is making his mark on the Maine music scene.

Music Mastery #187

Transcription

Guests



Bob Ludwig

Bob Ludwig is a Grammy winning Mastering engineer, whose been in the music business for over 40 years and has mastered countless gold and platinum records. He's worked on records for Neil Diamond, Janice Joplin, Jimmy Hendrix, Led Zeppelin, The Rolling Stones, Bruce Springsteen, Eric Clapton, Pearl Jam, and many more.

Bob Ludwig Interview

Transcription

More Information

Sam Chase

Sam Chase is a guitarist, drummer, singer/songwriter, and private music instructor originally from the South Shore of Massachusetts

Sam Chase Interview

DATE: APRIL 19, 2015
TIME: 7:00-8:00 A.M.

TITLE: DR. LISA RADIO HOUR

GUESTS: Dr. Thomas Courtney and Smith Galtney

ISSUES COVERED: 1. Evolution of AIDS and HIV in Maine. 2. Infectious diseases can be managed with long-term medications. 3. Galtney, Frankie Peabody House, Portland
4. Courtney is chief of infectious disease at Southern Maine Healthcare and resides in Saco.



Profiles of Resilience #188

Friday, April 17, 2015

AIDS and HIV are very different entities than they once were. No longer an infection that leads inevitably to death, the human immunodeficiency virus and acquired immunodeficiency syndrome can be managed with long-term medications. Today we speak with infectious disease specialist, Dr. Thomas Courtney, about the evolution of AIDS and HIV in Maine. We also speak with Smith Galtney, who created Seeing ME: Profiles of Resilience, a collaborative photography project with the Frankie Peabody House.

Profiles of Resilience #188

Transcription

Guests



Smith Galtney

Smith Galtney who I have known for a few years off and on. He is a recent graduate of the General Studies Program at the International Center for Photography. He also studied photography at the Salt Institute for Documentary Studies in Portland. His recent exhibition Seeing ME: Profiles of Resilience is on display at Maine Magazine's offices in Portland through the end of April 2015.

Smith Galtney Interview

Transcription

More Information

Dr. Thomas Courtney

Here on Love Maine Radio we like to think about the impact of illness on community wellness. This is a subject that I know that our next

Dr. Thomas Courtney Interview

DATE: APRIL 26, 2015 Sunday

TIME: 7:00-8:00 A.M.

TITLE: DR. LISA BELISLE RADIO HOUR

- ISSUES COVERED:
1. PROFESSOR SCHINDLER DISCUSSES WHAT IT TAKES TO EDUCATE TOMORROW'S LEADERS. (Education)
 2. GUEST FRIEDLANDER TELLS HOW HE HAS DEVELOPED A SUSTAINABLE BUSINESS CURRICULUM AT COLLEGE OF THE ATLANTIC IN BAR HARBOR.



Sustainability Ed #189

Friday, April 24, 2015

We've all heard the word sustainability, and become familiar with the concept. But what does it mean to put sustainability into practice—and how do we educate tomorrow's leaders? Today we address these questions with College of the Atlantic professor Jay Friedlander and University of Maine School of Law professor, Sarah Schindler.

Sustainability Ed #189

Transcription

Guests



Sarah Schindler

Sarah Schindler is a professor at Maine Law who is quickly earning a national reputation for her scholarship, which focuses on the intersection of sustainable development and land use. At Maine Law, Sarah teaches property, land use, local government, real estate transactions, and animal law. She is also a musician skilled at playing multiple instruments and an avid urban cyclist.

[Sarah Schindler Interview](#)

[Transcription](#)

[More Information](#)

Jay Friedlander

Jay Friedlander is the founder of the Sustainable Business Program and the inaugural Sharpe-McNally Chair of Green and Socially

[Jay Friedlander Interview](#)

DATE: Sunday May 3, 2015

TIME: 7:00-8:00 A.M.

TITLE: DR. LISA BELISLE RADIO HOUR

- ISSUES COVERED: (Education)
1. Guest Weil talks about aspects of education, today and the future.
 2. Guest DeAngelis discusses his work as ski coach and science teacher at Maranacook in Readfield, Me.



Rethinking Education #190

Friday, May 1, 2015

Education is a multi-faceted process, and one that we Mainers feel strongly about. It is also an integral aspect of well-being, both present and future. Today we speak with Zoe Weil, founder of the Institute for Humane Education, and longtime Maranacook teacher, nordic ski coach and dean of students, Steve DeAngelis, about their perspectives on education.

Rethinking Education #190

Transcription

Guests



Zoe Weil

Zoe Weil Many years ago I picked up a book called, 'Above All Be Kind'. This was during a time when I was raising my children. I'm still raising my children, they're older now. This book is raising a humane child in challenging times and it's by Zoe Weil. Today, I have across the microphone from me, Zoe Weil, so it's pretty great that I've actually been able to make this loop come full circle.

Zoe Weil Interview

Transcription

More Information

Steve DeAngelis

Steve DeAngelis Interview

DATE: MAY 10, 2015 Sunday

TIME: 7:00-8:00 A.M.

TITLE: Dr. Lisa Belisle Radio Hour

ISSUES COVERED: 1. ENVIRONMENTAL 2. Guest Franklin talks about his work as director of the Cape Elizabeth Land Trust.
3. Guest Eason gives his views of horticulture in Maine.



Maine Lands #191

Friday, May 8, 2015

Whether we are traversing our native soil, or sinking our fingers in it, we Mainers are in love with the land. Today we speak with Chris Franklin, executive director of the Cape Elizabeth Land Trust, and Rodney Eason, director of horticulture at the Coastal Maine Botanical Gardens. Each of these individuals brings a unique perspective on what the Earth has to offer—and what we, in turn, have to offer the Earth.

Maine Lands #191

Transcription

Guests



Christopher Franklin

It's my great pleasure to have in the studio today with me Chris Franklin. Chris Franklin has been the Executive Director of the Cape Elizabeth Land Trust since 2003. He oversees all aspects of the organization, including marketing development, land stewardship and land acquisition. He lives in Cumberland with his wife, Julie, and their three children. Thanks so much for coming in today.

Christopher Franklin Interview

Transcription

More Information

Rodney Eason

Today I'm speaking with Rodney Eason, who is the Director of Horticulture at the Coastal Maine Botanical Gardens. He lives in East

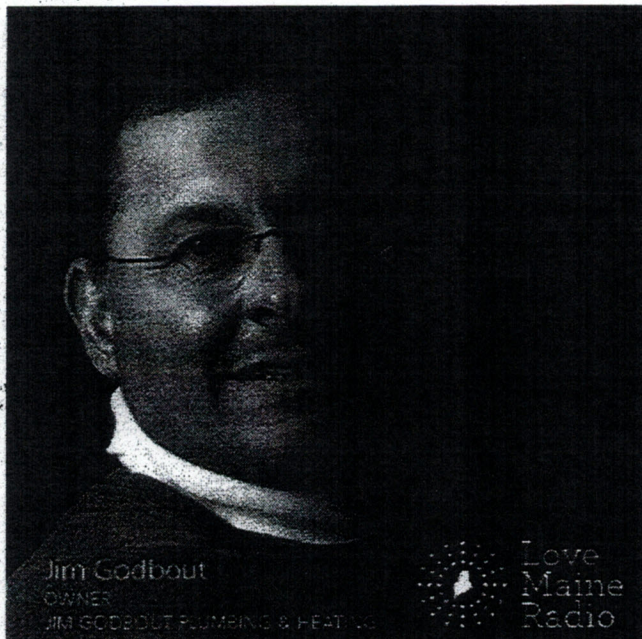
Transcription

DATE: May 17, 2015 Sunday

TIME: 7:00-8:00 A.M.

TITLE: DR. LISA BELISLE RADIO HOUR

ISSUES COVERED: 1. Health 2: GUEST GODBOUT, OF BIDDEFORD-SACO, TELLS ABOUT HOW A HEALTHY, REGIMENTED LIFE-STYLE HELPED HIM RISE ABOVE ENCEPHALITIS AND EPILEPSY WHICH HAS AFFECTED HIM MUCH OF HIS LIFE.



Resilient Life #192

Friday, May 15, 2015

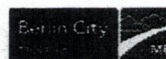
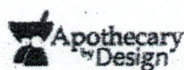
We never know what silent battles those among us might be engaged in. Local businessman Jim Godbout faced a series of losses—physical, emotional and social—as a child. Through self-care and healing techniques like yoga, acupuncture and healthy eating, Jim has created a full and happy life, rising above problems like epilepsy, encephalitis and the loss of his twin brother at the age of five. Jim embodies the quality of resilience to which most of us aspire.

Resilient Life #192

Transcription

More from the Show

Jim Godbout owns Jim Godbout Plumbing in Biddeford. Jim was diagnosed with encephalitis at a young age. The condition is made worse by stress, so for his own well-being, Jim created a healthy and regimented lifestyle, which includes daily meditation, yoga, exercise, and healthy eating as well as regular acupuncture, chiropractic, and massage treatments.



Thank you to our Sponsors

DATE: MAY 24, 2015 Sunday

TIME: 7:00-8:00 A.M.

TITLE: DR. LISA BELISLE RADIO HOUR

ISSUES COVERED: 1. Youth 2. Organized sports 3. Guest Green talks about how we enjoy organized sports and how we enjoy the great outdoors. 4. Guest Corcoran talks about his duties as founder and president of Shamrock Sports and Entertainment.



The Sporting Life #193

Friday, May 22, 2015

The sporting life is alive and well in Maine. Some of us enjoy organized sports, at the youth, school and professional levels, while others of us are passionate about the great outdoors. Today we speak with longtime Maine sportscaster, Bill Green, who now hosts a weekly show called "Bill Green's Maine," and with Brian Corcoran of Shamrock Sports.

The Sporting Life #193

Transcription

Guests



Bill Green

Bill Green is an anchor and reporter for WCSH6 – Portland and WLBZ2 – Bangor and has a series "Bill Green's Maine," which airs Saturdays at 7 p.m.

Bill Green Interview

Transcription

More Information

Brian Corcoran

Brian Corcoran is the founder and president of Shamrock Sports and Entertainment.

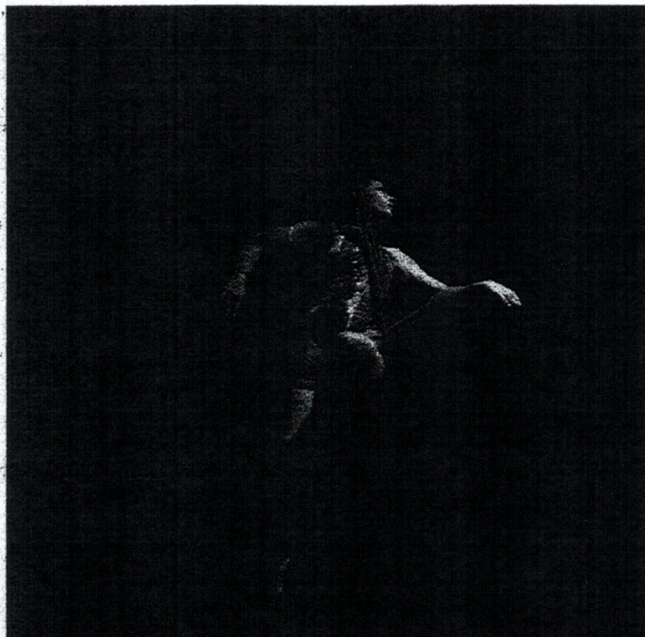
Transcription

DATE: May 31, 2015 Sunday

TIME: 7:00-8:00 A.M.

TITLE: DR. LISA BELISLE RADIO HOUR

- ISSUES COVERED:
1. Business
 2. Economy
 3. Growth of Thompson's Point, Portland. \$.
 4. Guest Thompson discusses the multi-million dollar project in Portland.
 5. Guest Neilsen discusses his work at the Circus Conservatory.



Under the Big Top #194

Thursday, May 28, 2015

Maine is known for constantly reinventing itself—often in fun and interesting ways. Recently a group of developers has been making significant changes to Thompson's Point in Portland. They will be offering space to businesses, artists and a variety of creative folk, including a new circus group. Today we speak with Chris Thompson of Thompson's Point, and with Peter Nielsen of the Circus Conservatory of America, about their exciting new ventures.

Under the Big Top #194

Transcription

Guests



Chris Thompson

Chris Thompson has developed several hotel and mixed-use projects in New England. Current projects in Maine include Thompson's Point in Portland, Maine and a 93-room Hampton Inn hotel in Lewiston. He is an Associate Professor at the Maine College of Art, and author of *Felt: Fluxus, Joseph Beuys, and the Dalai Lama*.

[Chris Thompson Interview](#)

[Transcription](#)

[More Information](#)

Peter Nielsen

Peter Nielsen is the president of the Circus Conservatory of America headquartered in Portland.

[Peter Nielsen Interview](#)

DATE: June 7, 2015

TIME: 7:00-8:00 A.M.

TITLE: DR. LISA BELISLE RADIO HOUR

ISSUES COVERED: 1. Environment 2. Women's 3. Business 4. Recreation-
Guest Fisher discusses her adventures on the Maine waters
while boating. 5. Guest Frederick talks about his work at
the island school.



Wellness on the Water #195

Friday, June 5, 2015

In each issue of Old Port Magazine, our "Active Life" piece features people who are successfully integrating wellness activities into their busy lives. Many Mainers find their wellness, and simultaneously make a living from, the water. Today we speak with two such Mainers: Aaron Frederick, former director of Rippleffect, and Brianne O'Donnell Fisher, a realtor with the Swan Agency and avid boater.

Wellness on the Water #195

Transcription

Guests



Brianne Fisher

Brianne Fisher is a realtor with the Swan Agency and avid boater.

Transcription

[More Information](#)

Aaron Frederick

Aaron is cofounder and former director of Rippleffect Inc., and spent 10 years establishing a 26-acre campus and island school promoting

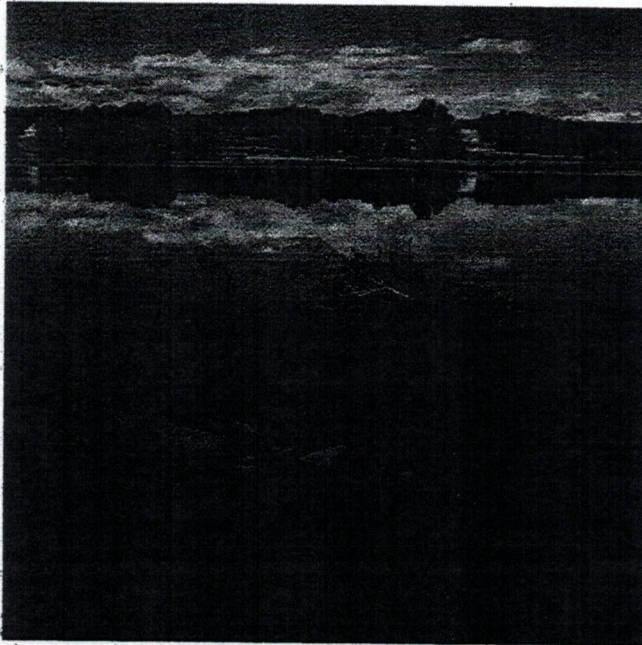
Transcription

DATE: JUNE 21, 2015

TIME: 7:00-8:00 A.M.

TITLE: DR. LISA BELISLE RADIO HOUR

ISSUES COVERED: 1. CULTURE 2. Youth 3. GUEST DEQA DHALAC TELLS DR LISA ABOUT WORK WITH HUMAN SERVICES COUNCIL GIVING ASYLUM SEEKERS HOME IN MAINE. 4. GUEST VIRGINIA DEARANI DISCUSSES HER WORK IN HER PRE-SCHOOL/CHILDCARE CENTER WITH CHILDREN AGES 3-5.



Roots of Humanity #197

Friday, June 19, 2015

Maine has always welcomed individuals of diverse backgrounds. Whether we are offering a home to those seeking asylum from oppressive regimes in their countries of origin, or those who simply want to experience "the way life should be," our openness becomes a gift to all involved—most especially ourselves. Today we speak with Deqa Dhalac, Human Services Counselor for the City of Portland, and Virginia Dearani, founder and director of the Roots and Fruits Program in South Portland, about the work they are doing to further cultural understanding in our state.

Roots of Humanity #197

Transcription

Guests



Deqa Dhalac

Deqa Dhalac is Human Service Counselor for the City of Portland Social Services Division and works closely with Survivor of Torture clients, including refugees and asylum seekers that are seeking assistance from the City of Portland's Refugees Services Program.

[Deqa Dhalac Interview](#)

[Transcription](#)

[More Information](#)

Virginia Dearani

Virginia Dearani is the founder and director of the Roots and Fruits Program in South Portland. The preschool/childcare program serves

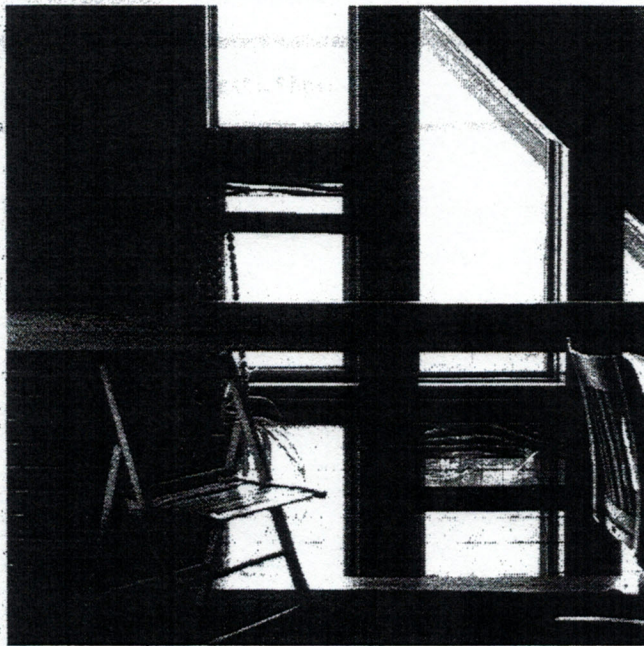
[Virginia Dearani Interview](#)

DATE: JUNE 14, 2015

TIME: 7:00-8:00 A.M.

TITLE: DR. LISA BELISLE RADIO HOUR

ISSUES COVERED: 1. Humans impacted by space. 2. Guest Richmond talks about his duties/work at SpaceTherapy. 3. Guest Stark tells us about his work at the University College Center in Saco.



Designing Space #196

Friday, June 12, 2015

We may be more impacted by the spaces we inhabit than we realize. Everything from our access to light, to how we experience acoustics, has the potential to contribute to our well-being, and our relationships. Today we speak with architecture professors Roger Richmond and Eric Stark about the work they are doing in this area, and how they are educating the next generation of Maine architects about these important concepts.

Designing Space #196

Transcription

Guests



Roger Richmond

Roger Richmond is a professor in the University of Maine at Augusta's architecture program, a program he founded in the 1980s. He is a design consultant and partner in SpaceTherapy, a design and behavior post-occupancy analysis firm. Currently Mr. Richmond lives in South Freeport, Maine with his wife Beverly, and their cat, Nora.

[Roger Richmond Interview](#)

[Transcription](#)

[More Information](#)

Eric Stark

Professor Eric Stark is an associate professor of architect and the architecture program coordinator at University of Maine. Professor

[Eric Stark Interview](#)

DATE: JUNE 28, 2015

TIME: 7:00-8:00 A.M.

TITLE: DR LISA BELISLE RADIO HOUR

ISSUES COVERED: 1. WORKING ON MAINE WATERS (JOBS) 2. ENVIRONMENT. 3. PROFESSIONAL
4. WOMEN'S 5. GUEST GARROLL CONVERSES WITH BELISLE ABOUT HER FARM-
ING DUTIES ON HER OYSTER FARM IN SCARBORO.



Making a Living on Maine Waters #198

Friday, June 26, 2015

Many Mainers make their living on the water. Today we speak with two individuals who are doing so in very unique ways. Abigail Carroll is the founding farmer of Nonesuch Oysters, which is located in a nature conservancy in Scarborough; Jon Keller is a writer whose latest book, *Of Sea and Cloud*, was inspired by years of experience working in the secluded lobstering culture of rural Maine.

[Making a Living on Maine Waters #198](#)

[Transcription](#)

Guests



Abigail Carroll

Abigail Carroll is the founding farmer of Nonesuch Oysters, which is located in a nature conservancy in Scarborough.

[Abigail Carroll Interview](#)

[Transcription](#)

[More Information](#)

Jon Keller

Jon Keller's latest book *Of Sea and Cloud* was inspired by years of experience working in the secluded lobstering culture of rural Maine.

[Jon Keller Interview](#)