



January 2, 2019

The following is a report on Public Affairs Programming for the Fourth Quarter of 2018 during which time the top issues of community interest and concern in New Port Richey, Florida and the surrounding area were found to be:

Health
Economy
Public Safety
Education
Community Relations

In order to meet these issues, WDUV-FM airs a series of public affairs programs on Sunday mornings as well as weekday news updates.

“Radio Health Journal” airs Sunday mornings at 6:30 a.m. “Spectrum” airs Sunday mornings at 7:00 a.m. “Sunday Morning” airs Sunday mornings at 7:30 a.m.

WDUV-FM also helps meet community issues through daily programming. As traffic and transportation are often major issues for residents of Tampa Bay, WDUV-FM airs traffic reports four times hourly on weekdays from 6:00 to 9:00 a.m. and twice hourly from 4:00 to 6:00 p.m.

WDUV-FM also runs a heavy schedule of :60 second Public Service Announcements produced by the Florida Association of Broadcasters throughout all hours of the day.

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Respectfully submitted,

A handwritten signature in black ink, appearing to read "Keith Lawless".

Keith Lawless
Vice President and Market Manager
Cox Media Group Tampa

KL/mlm

Health

Sunday, October 7, 2018 – Radio Health Journal 6:30 a.m.

15:00

Host: Nancy Benson. Guests: Rick Bendera, President and Chief Executive Officer, Nokomis Research; and Dr. Brazos Minshew, Naturopath, Austin, Texas.

Researchers have discovered a variety of components in foods that are essential to health but are low in quantity in most diets. One of these is a set of compounds called polyamines. Mr. Bendera and Dr. Minshew explained what they are, how they work, and how people can replace those that are needed in the diet.

Sunday, October 14, 2018 – Radio Health Journal 6:30 a.m.

30:00

Host: Reed Pence. Guests: Dr. Rachel Whitmer, Professor of Epidemiology, University of California-Davis; Dr. Heather Snyder, Senior Director, Medical and Scientific Operations, Alzheimer's Association; and Dr. Pauline Maki, Professor of Psychiatry and Psychology, University of Illinois-Chicago.

About two-thirds of the people with dementia in the United States are women, and researchers are discovering it's not just because they live longer. Reproductive history also plays a role. Scientists are focusing on the role of estrogen as a potential protective factor against Alzheimer's disease. Dr. Whitmer, Dr. Snyder and Dr. Maki explained the research that is currently being conducted.

2nd Segment

Host: Nancy Benson. Guests: Dr. Susan Matt, Professor of History, Weber State University; and Dr. Chris Willard, Lecturer in Psychology, Harvard Medical School.

What we now call "homesickness" used to be a medical diagnosis called "nostalgia", and it was considered life-threatening. Today, many people consider homesickness to be a childish emotion, but an expert says it's nothing to be ashamed of. We all suffer from it sometime and need to know how to cope.

Sunday, October 21, 2018 – Radio Health Journal 6:30 a.m.

30:00

Host: Reed Pence. Guests: Dr. Rebecca Puhl, Professor of Human Development and Family Studies, University of Connecticut, and Deputy Director, Rudd Center for Food Policy and Obesity; Dr. David Katz, Director, Yale-Griffin Prevention Research Center, Yale University, and Founder, True Health Initiative; and Kathy Kater, Psychotherapist specializing in body image, eating, and weight issues.

Studies show that medical professionals are as biased as the rest of us against people who are overweight, resulting in lectures, misdiagnoses, and patients who start avoiding the doctor. Dr. Puhl, Dr. Katz, and Ms. Kater explained the problem, results, and what might be done about it.

2nd Segment

Host: Nancy Benson. Guests: Chat Razdan, Co-Founder and Chief Executive Officer, Care+Wear garment maker; and Dr. Deborah Mullen, Associate Professor of Health Care Administration, University of Tennessee-Chattanooga, and Consultant, Health Partners-Park Nicollet Health System.

Surveys show that hospital gowns are one of the things that many people feel makes a hospital stay unpleasant. Finally, hospitals may be moving to get rid of the old-style gowns toward a less revealing, more dignified design that is still functional for healthcare workers. Mr. Razdan and Dr. Mullen discussed the issue with Ms. Benson.

Sunday, October 21, 2018 – Sunday Morning 7:30 a.m.

30:00

Host: Jeff Slater. Guest: Dr. Carey August, College of American Pathologists and the CAP Foundation.

Cancer is the leading cause of death for American women. Many of those women live in underserved communities and have no access to life-saving screenings, and most can't afford medical treatment. The CAP Foundation is the philanthropic arm of the College of American Pathologists. It is a nationwide group that offers free screenings, mammograms, and pap tests to all women. The screenings are free, and they will even provide transportation if needed. If a patient's test comes back positive, they will be offered free follow up care and treatment. All of this is done by doctors volunteering their time and services. Currently, the program is not offered in the Tampa Bay area. However, the CAP Foundation is currently in the discussion process with the University of South Florida School of Medicine and Tampa General Hospital to activate the program in our area. Mr. Slater and Dr. August discussed the overall goals of the program, how it is facilitated, and how soon the program may be available in the Tampa Bay area. Dr. August told the listeners that they are already getting positive responses from many doctors and supporting medical staffs in the Tampa Bay area and are hopeful that the service may become available during 2019.

Sunday, October 28, 2018 – Radio Health Journal 6:30 a.m.

15:00

Host: Nancy Benson. Guest: Henry Nicholls, author of Sleepyhead: The Neuroscience of a Good Night's Sleep.

Sleep disorders can be difficult to diagnose and treat. Mr. Nicholls related his efforts to overcome narcolepsy, which produces extreme daytime sleepiness, and cataplexy which produces instant sleep-like paralysis, as well as the science behind sleep disorders.

Sunday, October 28, 2018 – Sunday Morning 7:30 a.m.

30:00

Host: Amy Cardy. Guest: Patty O'Leary, Chief Executive Officer of the Children's Cancer Center in Tampa.

This interview was conducted in order to raise awareness for an upcoming fundraiser event for the Center which is scheduled to take place on Thursday, November 8th. Ms. Cardy and Ms. O'Leary discussed in detail the support the Children's Cancer Center provides to children and their parents in our community. Among the services provided

are educational, emotional, and financial relief necessary to cope with the illness which threatens to tear lives apart. They have 24 programs and services currently helping over 1,000 families across the Tampa Bay area. The upcoming fundraising event is entitled "Wine, Women, and Shoes" and is their biggest fund-raising event of the entire year. Listeners are encouraged to log on to the Center's website for any information that is needed in regards to the event itself as well as other services they may need if they are dealing with a child who has cancer.

Sunday, November 4, 2018 – Radio Health Journal 6:30 a.m.

30:00

Host: Reed Pence. Guests: Dr. Stephen Betchen, Clinical Assistant Professor of Psychology, Thomas Jefferson University, Senior Supervisor, Council for Relationships, and author of Magnetic Partners; and Dr. Joyce Maguire Pavao, Consultant and Lecturer in Psychiatry, Harvard Medical School.

People who are adopted have more psychological problems than others. Yet, they also tend to have other psychological strengths. Dr. Betchen and Dr. Pavao, both adoptees themselves, discussed the roots and outcomes of these issues as adopted children grow up.

2nd Segment

Host: Nancy Benson. Guests: Dr. David Linden, Professor of Neuroscience, Johns Hopkins University School of Medicine, and author of Touch: The Science of Hand, Heart and Mind; and Dr. Robert Provine, Professor of Psychology and Neuroscience, University of Maryland, Baltimore County, and author of Curious Behavior: Yawning, Laughing, Hiccapping, and Beyond.

Tickling is a unique application of the sense of touch that surprisingly has developmental and cultural importance. Ms. Benson, Dr. Linden, and Dr. Provine discussed the science and sociology of tickling.

Sunday, November 11, 2018 – Radio Health Journal 6:30 a.m.

30:00

Host: Reed Pence. Guests: Dr. Michael Mithoefer, Clinical Assistant Professor of Psychiatry, Medical University of South Carolina, and Medical Director, MAPS Public Benefit Corporation Clinical Trials; and Charlotte Harrison, Senior Clinical Research Associate, MAPS Public Benefit Corporation.

People suffering from post-traumatic stress disorder often can't face their trauma which is necessary for psychotherapy to work. It is one of the biggest reasons PTSD is so difficult to treat. Scientists are leading clinical trials into the use of the banned drug MDMA in connection with therapy to help break this hurdle, and the results so far have been outstanding in curing PTSD.

2nd Segment

Host: Nancy Benson. Guest: Dr. David Scollard, Director, National Hansen's Disease Program.

Thanks in part to its Biblical past, the disfiguring disease leprosy carries more stigma than most diseases. We hear little about it today, but it still exists. Because it's now treatable, the stigma is often worse than the disease. Ms. Benson and Dr. Scollard discussed how victims of the disease cope with it.

Sunday, November 18, 2018 – Radio Health Journal 6:30 a.m.

15:00

Host: Nancy Benson. Guests: Julie Barton, author of *Dog Medicine: The Unbreakable Bond Between One Woman and the Dog That Saved Her Life*; and Vinh Nguyen, Project Director, Southwest Americans with Disabilities Act Center at TIRR Memorial Hermann, Houston, Texas.

Ms. Barton, who suffered abuse as a child, described the mental health benefits of owning an emotional support dog. Vinh Nguyen discussed the requirements for qualifying to receive an emotional support animal.

Sunday, November 25, 2018 – Radio Health Journal 6:30 a.m.

30:00

Host: Reed Pence. Guests: Dr. Kimberly Kendziora, Managing Researcher, American Institutes for Research; and Dr. Michael Murphy, Psychologist, Massachusetts General Hospital, and Associate Professor of Psychology, Harvard Medical School.

Schools could be a good place for programs to screen for mental health issues in students and to educate about mental health to lessen the pervasive stigma. However, while some progressive states are making mental health programs mandatory, elsewhere schools and educational personnel are resisting the concept by considering it outside the normal role of teachers. Mr. Pence, Dr. Kendziora, and Dr. Murphy discussed how inventive programs are overcoming obstacles.

2nd Segment

Host: Nancy Benson. Guests: Dr. Ethan Bernstein, Associate Professor of Leadership and Organizational Behavior, Harvard Business School; and Ashley Dunn, Director of Workplace, Dyer Brown Architects, Boston.

Companies instituting open offices without walls often claim they improve collaboration and interaction. Studies now show that the opposite is true – that workers put on headphones and interact via E-mail rather than in person in order to shut out distractions and stress. Ms. Benson, Dr. Bernstein, and Ms. Dunn discussed the situation.

Sunday, December 2, 2018 – Radio Health Journal 6:30 a.m.

30:00

Host: Reed Pence. Guests: Erin Porter, a fungal sinusitis patient, and the Founder of EatPrayGetWell.com; Dr. Donald Dennis, Ear, Nose, and Throat Surgeon, Atlanta; and Dr. Joseph Han, Professor of Otolaryngology, Head, and Neck Surgery, Eastern Virginia Medical School.

Many people who have chronic recurrent sinusitis may have an allergic reaction to fungi rather than a bacterial infection. Treatments for the two are completely different, and in some cases fungal sinusitis can be life threatening. Ms. Porter, Dr. Dennis, and Dr. Han explained the difference between the two medical problems.

2nd Segment

Host: Nancy Benson. Guests: Dr. Hannah Valentine, Chief Officer for Scientific Workforce Diversity, National Institutes of Health, and Senior Investigator, National Heart, Blood, and Lung Institute; and Dr. Nancy Hopkins, Professor of Biology Emeritus, Massachusetts Institute of Technology.

Most people think of science as fact-based and not as a subject of bias as the rest of the world. However, studies show that gender bias is rampant in science and that women are not taken as seriously as men even with identical qualifications. Dr. Valentine and Dr. Hopkins discussed the problem and some of the possible solutions.

Sunday, December 9, 2018 – Radio Health Journal 6:30 a.m.

30:00

Host: Reed Pence. Guests: Dr. Peter Pronovost, Senior Vice President for Patient Safety and Quality, Johns Hopkins Medicine, and Director, Armstrong Institute for Patient Safety and Quality; and Dr. Brian Pickering, Intensive Care Anesthesiologist, Mayo Clinic, Rochester, Minnesota.

With monitors surveying every part of a patient's body, hospital Intensive Care Units appear to be a model of high tech. However, systems engineers say ICU's are actually models of inefficiency because few of those high-tech devices talk to each other. Mr. Pence, Dr. Pronovost, and Dr. Pickering discussed how ICU's could be improved in order to save lives.

2nd Segment

Host: Nancy Benson. Guests: Dr. Brian Sheldon, Professor Emeritus of Food Microbiology, North Carolina State University, and co-author of Did You Just Eat That?; and Dr. Paul Dawson, Professor of Food, Nutrition, and Packaging Sciences, Clemson University and co-author of Did You Just Eat That?

During the holidays, party foods are a prime source of food-borne illness. Dr. Sheldon and Dr. Dawson discussed common ways that foods can become contaminated, some of the myths of food contamination, and ways to keep foods safe when you have guests to protect.

Sunday, December 9, 2018 – Spectrum 7:00 a.m.

30:00

Host: Tiffany Greene. Guest: Dr. Marketa Wills, a Board Certified Psychiatrist with a medical degree from the University of Pennsylvania School of Medicine and a Master's Degree in Business Administration from the Wharton School of Business. She completed her residency in Adult Psychiatry at Harvard's Massachusetts General Hospital.

Ms. Greene and Dr. Wills discussed the "holiday blues". Dr. Wills explained how to identify them and what people can do to overcome them and become more emotionally healthy in order to live fuller, richer lives.

Sunday, December 9, 2018 – Sunday Morning 7:30 a.m.

30:00

Host: Jeff Slater. Guest: Rebecca Nellis, Executive Director of Cancer and Careers. According to the CDC, the number of cancer patients and survivors will reach almost 18 million in the next decade, and almost half will be diagnosed at a working age. That means patients with cancer will have to juggle work and treatment at the same time. Often, people in the workplace walk on egg shells or even avoid someone who's fighting a disease. Sometimes, a patient is afraid to tell their boss or Human Resources about their disease for fear of being fired. Ms. Nellis joined us to explain how we can deal with cancer in the workplace. She elaborated on how we should approach and begin the conversation with someone at work who's been diagnosed with cancer, how we can help them at work and at home if needed, why sometimes the patient may have to work from home and how we can help set that up. Many people in the workplace create "a care team" to help their coworker. Employees should never be afraid of losing their job due to a cancer diagnosis because there are labor laws that protect them. Ms. Nellis said that it's always a good idea to let HR know when you have a serious health problem because they would have information about the company's health plan and paid time off options that might be beneficial to the employee.

Sunday, December 16, 2018 – Radio Health Journal 6:30 a.m.

30:00

Host: Reed Pence. Guests: Dr. Jeremy Snyder, Professor of Health Sciences, Simon Fraser University; Dr. Art Caplan, Division Head of Medical Ethics, New York University School of Medicine; and Dr. Nora Kenworthy, Assistant Professor of Nursing and Health Studies, University of Washington-Bothell.

Medical campaigns account for a third of the monies raised on crowdfunding sites like GoFundMe, and many people who've fallen through the holes of the safety net have been helped this way. However, new studies show that fraud is rampant in crowdfunding, with fake patients and medical providers who are all too eager to take money for worthless treatment. Mr. Pence, Dr. Snyder, Dr. Caplan, and Dr. Kenworthy discussed the issues and the need for regulation.

2nd Segment

Host: Nancy Benson. Guest: Karen Bakies, Registered Dietitian, and Vice President of Nutrition Affairs, American Dairy Association Mideast.

During the holidays, leftovers from gatherings and parties may threaten to take over the refrigerator. Ms. Bakies discussed consumer-friendly how-to's, including how to read labels that can lengthen food life and help avoid food waste.

Sunday, December 23, 2018 – Radio Health Journal 6:30 a.m.

30:00

Host: Reed Pence. Guests: Dr. Jason Brandt, Professor of Psychiatry and Neurology, Johns Hopkins University of Medicine; and Naomi Jacobs, an amnesia victim and author of Forgotten Girl.

It's a rare thing for people to lose their memory of past events. Dr. Brandt explained why doctors believe it may occur, and Ms. Jacobs recounted her experience with amnesia.

2nd Segment

Host: Nancy Benson. Guests: Dr. Jennifer Arnold, co-star of TLC's "The Little Couple" and co-author of Think Big; Ericka Okenfuss, Licensed Genetic Counselor, Kaiser Permanente, Sacramento, California; and Gary Arnold, President, Little People of America and Public Affairs Manager, Access Living, Chicago, Illinois.

Many people with dwarfism also face skeletal abnormalities which can lead to disability. Ms. Benson and her guests discussed the major causes of dwarfism, the hurdles they create, the struggle for respect, and the prospect of treatments that could one day make little people much more rare.

Sunday, December 30, 2018 – Radio Health Journal 6:30 a.m.

15:00

Host: Nancy Benson. Guest: Kurt Eichenwald, author of A Mind Unraveled.

Epilepsy affects 3.5 million Americans, yet stigma prevents many from speaking out which in turn prolongs the stigma. Mr. Eichenwald, an award-winning writer who has epilepsy, described the discrimination faced by people with seizure disorders and dispelled many of the myths that many people hold about them.

Economy

Sunday, October 7, 2018 – Radio Health Journal 6:45 a.m.

15:00

Host: Reed Pence. Guests: Dr. David Himmelstein, Distinguished Professor of Public Health, City University of New York at Hunter College; and Dr. Matthew Notowidigdo, Associate Professor of Economics and Strategy, Northwestern University.

Medical bills have long been labeled the number one cause of bankruptcy in the United States. A recent study has examined how medical crises produce personal financial disaster. Researchers say for the uninsured, medical bills are, indeed, a heavy burden. But for both insured and uninsured, illness or injury can cause disruption of employment that may linger for years and from which family finances may never recover. Mr. Pence, Dr. Himmelstein, and Dr. Notowidigdo discussed causes and possible solutions to the problem.

Sunday, October 14, 2018 – Spectrum 7:00 a.m.

30:00

Host: Tiffany Greene. Guest: David J. Bailey, III, a licensed real estate property broker with Real Property Experts, Inc.

Mr. Bailey works with clients who are looking to expand or buy a retail property. He helps them evaluate their situation to ensure that they get a deal that is in their best interest. Mr. Bailey broke down the current real estate trends in the Tampa Bay area with Ms. Greene.

Sunday, November 4, 2018 – Spectrum 7:00 a.m.

30:00

Host: Tiffany Greene. Guest: LaChina Robinson, a former Wake Forest women's basketball standout who is now a basketball analyst for ESPN, Fox Sports South, and NBA TV. Ms. Greene and Ms. Robinson sat down this morning to discuss the fact that women are finally getting a chance to move up in the sports media business. Ms. Robinson founded a non-profit called Stretch Beyond that is geared towards helping women brand themselves. She also co-founded Rising Media Stars which helps young women journalists of color build their resume reel and hone their broadcast skills.

Sunday, November 4, 2018 – Sunday Morning 7:30 a.m.

30:00

Host: Jeff Slater. Guest: Thomas Stewart, Executive Director, the National Center for the Middle Market, a non-profit, small business watch dog group.

Holiday shopping will soon be under way with Black Friday and Cyber Monday. How can Florida businesses take advantage of holiday spending and try to be different than the big box retailers and Amazon.com? Mr. Stewart summarized how small companies did last year during holiday shopping and how much revenue they failed to make on Cyber Monday. Our small businesses are still failing to take advantage of Cyber Monday. Last year, Americans spent two billion dollars shopping online, and our local companies only got about 3% of that money. Our small business owners need to remember that more and more people are shopping on their mobile phones. Mr. Stewart described an easy business model that small business owners can use to help boost traffic to their websites and how to set up special offers and sales for mobile phone users.

Sunday, December 16, 2018 – Spectrum 7:00 a.m.

15:00

Host: Dayle Greene. Guest: Katie McGill, Executive Director of Dress for Success Tampa Bay.

Dress for Success is a non-profit that has been helping low-income women in the Tampa Bay area since 1998. Many women are unemployed or underemployed because they don't have the proper clothing or the confidence for job interviews. Through workshops, training seminars specializing in workforce development, and professional-looking, donated clothing, disadvantaged women are given a chance at successful employment.

Public Safety

Sunday, October 7, 2018 – Spectrum 7:00 a.m.

30:00

Host: Tiffany Greene. Guest: Princess Ousley, M.B.A., President and Chief Executive Officer, Elite Business Strategies, a Woman-Owned SBA 8(a) Certified Management Consulting Firm.

Elite Business Strategies is company which deals with all aspects of Emergency Management. Their portfolio ranges from government agencies to local small businesses to blue

chip multi-site national organizations. Ms. Greene and Ms. Ousley discussed the various response procedures that take place after a hurricane, tornado, or other natural disaster.

Sunday, October 14, 2018 – Sunday Morning 7:30 a.m.

30:00

Host: Jeff Slater. Guest: Russell Schrader, Esq., Executive Director, National Cyber Alliance.

October is National Cyber Security Awareness Month. Mr. Schrader explained why it's so important for all employees to protect their employers by practicing safe habits when they're using company computers online. He described some of the most dangerous viruses the National Security Agency is currently tracking, how infecting our computers at work could affect the company's critical financial infrastructure, the different safeguards the government is putting into place to protect American businesses, how using private accounts on work computers could infect the company's network, why it's important to follow security practices on home computers if we log into our work computers from home, and how our smart phones could be used by hackers to infect our work place. Mr. Slater and Mr. Schrader also discussed how a company's WiFi system can get hacked into.

Sunday, November 18, 2018 – Radio Health Journal 6:45 a.m.

15:00

Host: Reed Pence. Guests: Corey Widen, a mother who was reported to a Child Abuse Hotline; and Rachel Ruttenberg, Executive Director, Family Defense Center, Chicago.

Just about anyone can report a parent to a child abuse hotline. Child abuse hotlines are meant to protect children. However, all too often, parents are reported when no abuse or neglect exists in order to retaliate for a divorce or some other grievance. Though the world is actually safer for children than it used to be, some parents are reported for merely letting children play outside or walk to school without an adult in attendance. What was once thought of as normal, some now view as dangerous. Some activists say this robs children of independence. Mr. Pence, Ms. Widen, and Ms. Ruttenberg discussed the unjustified child abuse investigation that Ms. Widen ultimately survived.

Sunday, November 18, 2018 – Spectrum 7:00 a.m.

30:00

Host: Tiffany Greene. Guest: Jennifer Ross, Director of the Children's Nest Day School of Temple Terrace.

Children's Nest Day Schools operates seven child care centers in the Greater Tampa Bay area. Their purpose is to provide the highest quality, safest learning environment for the children and families they serve. They provide a stimulating, developmentally-appropriate curriculum for all preschool children along with fun, exciting activities. They supply the tools and materials that stimulate self-confidence, a positive self-image, and a life-long desire for learning. Ms. Greene and Ms. Ross discussed some of the disturbing safety issues that have occurred in the last few weeks at other child care centers in the Tampa Bay area. They also broke down the necessary steps that should be followed when a parent is searching for a day care center for their child. A vigilant eye should constantly be kept on the atmosphere of any day care center to make sure that the staff maintains the highest standards and that your child is safe.

Sunday, December 30, 2018 – Radio Health Journal 6:45 a.m.

15:00

Host: Reed Pence. Guests: Andrew Bremer, Managing Director of Local Affairs, Drive Ohio; and Tim Sylvester, Founder and Chief Executive Officer of Integrated Roadways Company.

In the near future, cars will be able to provide data as well as receive it, and a variety of methods are being researched to tap into this. Mr. Bremer and Mr. Sylvester explained how cars can communicate with roads, traffic signals and central computers, and how roads themselves may collect data on the cars they carry. In the future, autonomous cars may use these links to greatly speed travel and make it much safer.

Education

Sunday, October 28, 2018 – Radio Health Journal 6:45 a.m.

15:00

Host: Reed Pence. Guests: Dr. William Schaffner, Professor of Preventive Medicine and Infectious Diseases, Vanderbilt University School of Medicine; Dr. Jean Moorjani, Pediatric Hospitalist, Arnold Palmer Children's Hospital, Orlando, Florida; and Dr. Michael Deem, Professor of Bioengineering, Physics and Astronomy, Rice University.

About 40% of eligible people have been vaccinated against the flu in recent years, but many more might do so were it not for persistent myths about the disease and its vaccine. For example, a new survey shows that more than half of parents believe the flu shot can cause the flu. Mr. Pence, Dr. Schaffner, Dr. Moorjani, and Dr. Deem discussed why those myths aren't true and set the record straight.

Sunday, November 11, 2018 – Sunday Morning 7:30 a.m.

30:00

Host: Jeff Slater. Guest: U.S. Army Brigadier General Evelyn Patricia Foote (Retired). Today is Veteran's Day. Mr. Slater and General Foote talked about women in the military. First, they talked about the General's service to our country and how she became the first female Brigadier General in the U.S. Army's history. She explained why the Pentagon announced in 2016 that they had changed the rules to allow women to fight in combat. She also touched on the various struggles that a woman goes through to gain rank in the military and how it's easier for women today than it was twenty years ago. The needs of women differ from men in the military. However, they both deal with loss and injury in the same way. As we celebrate Veteran's Day, General Foote reminded the listeners to remember our women veterans as well as the men.

Sunday, December 2, 2018 – Spectrum 7:00 a.m.

30:00

Host: Dayle Greene. Guest: Horace Drew, Founder and President of Rays of Hope Outreach.

Founded in 2012, the nonprofit Rays of Hope provides mentoring for children aged 8 through 19 to motivate them to excel as they reach their educational goals. Mr. Drew started this effort in order to give disadvantaged children educational and cultural

exposure by taking them on college tours to show them what the benefits of higher education can mean to their futures. Many of the children he mentors have never been out of the City of Tampa. He believes the more exposure to the outside world the children receive, the better the chance they will strive to be independent, successful adults. A recent fundraiser enabled 40 mentees to take a trip to Atlanta to tour the city's colleges as well as the city itself. Mr. Drew has also partnered with several Church-sponsored humanitarian campaigns – The Way to Happiness Association of Tampa and the Drug-Free World Foundation Florida.

Sunday, December 16, 2018 – Sunday Morning 7:30 a.m.

30:00

Host: Jeff Slater. Guest: Alice C. Santana, Community Outreach Programs Manager, Patel Conservatory, The Straz Center.

Next year, over 51 organizations in the Tampa Bay area will benefit from free programs with the Patel Conservatory. Most of these programs are after school programs which deal with continuing arts education. Ms. Santana explained how the programs are funded and what classes are being offered. Service organizations and schools are able to take advantage of the free programs. Some of the 51 groups that will benefit are Metropolitan Ministries, Pepin Academy, the Boys and Girls Clubs of Tampa Bay, Big Brothers/Big Sisters of Tampa Bay, and the Hillsborough County Department of Aging Services. Ms. Santana discussed how an organization or school can apply to become a community partner and how teachers, students, and the general public can help by volunteering.

Community Relations

Sunday, October 21, 2018 – Spectrum 7:00 a.m.

30:00

Host: Tiffany Greene. Guest: Estrellita “Lo” Berry, MA, President and Chief Executive Officer of REACHUP, Inc. She is an Affiliate Faculty, University of South Florida, College of Public Health, and the Immediate Past President of the National Healthy Start Association Board of Directors.

Reducing infant mortality across Hillsborough County is a major goal for REACHUP, Inc. Ms. Greene and Ms. Berry discussed some of the many ways that they are trying to accomplish this:

- 1) Social support and early parenting,
- 2) Male involvement,
- 3) Nurse-Family Partnership Program,
- 4) Maternal Medical Home Network,
- 5) Central Hillsborough Healthy Start,
- 6) Family Resource Center, and
- 7) Kinship Care

Sunday, November 11, 2018 – Spectrum 7:00 a.m.

30:00

Host: Tiffany Greene. Guest: Pastor Moses Brown, Founder of Feed our Children Ministries.

The vision of Feed Our Children Ministries is to equip each individual they contact with the tools necessary in realizing their unlimited potentials – to leave no one hungry, physically or spiritually, and to enable each one they serve with the ability to serve someone else in need. Ms. Greene and Pastor Brown discussed fighting childhood hunger during the holidays. Each year, Pastor Brown goes into impoverished communities and gives out free food boxes which normally contain between 30-50 pounds of healthy food. The boxes include a turkey, fresh produce, cereal, breads, packaged goods, juices, canned goods, and an assortment of treats for the children.

Sunday, December 2, 2018 – Sunday Morning 7:30 a.m.

30:00

Host: Amy Cardy. Guests: Jim Rudolph, Director of Veterans Funeral Care; and Nancy Wile, Director of the “Operation Toy Soldier” Program.

Operation Toy Soldier is a non-profit, administered by Veterans Funeral Care. The program delivers toy donation boxes to Tampa Bay area businesses. The public can then purchase gifts and drop them into the designated toy boxes. With many more veterans’ families in need this year, the push has been even greater to get the public to donate toys. Ms. Cardy, Mr. Rudolph, and Ms. Wile told the listeners which websites they can utilize in order to get a list of all of the businesses involved, ways they can volunteer with the program, ways to donate money, and other ways to help this organization throughout the year. The listeners were also informed on the proper channels and contacts they need in order to receive help if they belong to the family of a veteran.

Sunday, December 16, 2018 – Spectrum 7:15 a.m.

15:00

Host: Tiffany Greene. Guest: Michelle Walker, Founder and Executive Director of Miracles Outreach, a non-profit which has provided foster care and other services for more than 3,000 youth and families in Florida since 2000.

Miracles Outreach focuses on children between the ages of twelve and seventeen who are homeless, have been abused, or have been victims of human trafficking. They provide a caring, nurturing, safe home to children that come to them from child welfare agencies throughout Florida and often arrive severely troubled because of the situations that caused them to enter foster care. Every dollar donated goes to help children who are currently in their group housing facilities or expanding Miracles Outreach to help rescue even more children.