Health Public File September 2014

Date=9/1/2014 Time=4:30 Slug=GIRLY GIRL PARTS

OVARIAN CANCER IS ONE OF THE MOST DEADLY CANCERS, IN PART BECAUSE THE SYMPTOMS ARE SO VAGUE. BECAUSE OF THIS, TWO FRIENDS ARE MAKING IT THEIR MISSION TO TEACH ALL WOMEN WHAT TO LISTEN FOR AND HOW TO LISTEN WHEN IT COMES TO EARLY DETECTION OF OVARIAN CANCER. THEIR ORGANIZATION, GIRLY-GIRL P.A.R.T.S, HAS RAISED OVER 200 THOUSAND DOLLARS FOR RESEARCH OF A PRESCREENING TOOL AT THE DANA-FARBER CANCER INSTITUTE. JOINING ME NOW ARE THE CO-FOUNDERS OF GIRLY-GIRL PARTS, JILL DI-TOMMASO AND LAURA SMITH.

Date=9/2/2014 Time=4:00 Slug=FOX MEDICAL

THE NEW SCHOOL YEAR COMES WITH A VERY PESKY REALITY. WE'RE TALKING ABOUT LICE THIS MORNING. IT'S A TOP BACK-TO-SCHOOL MENACE, BUT IT DOESN'T HAVE TO BE. JOINING US WITH MORE IS FOX MEDICAL TEAM'S DR. JO.

Date=9/2/2014 Time=4:30 Slug=DOUBLE MASTECTOMY TALKBACK

THERE'S IMPORTANT NEW INFORMATION FOR WOMEN BATTLING BREAST CANCER. A NEW STUDY IN JAMA COMPARES THE OPTIONS WOMEN HAVE FOR TREATMENT AND SURVIVAL RATES. IT LOOKED AT MORE THAN 189-WOMEN FOR AT LEAST SEVEN YEARS EACH. THESE WOMEN HAS EARLY STAGE CANCER IN ONE BREAST. DOCTORS FOUND WOMEN WHO HAD DOUBLE MASTECTOMY DID \*NOT\* SEEM TO HAVE ANY BETTER SURVIVAL THAN WOMEN WHO HAD SINGLE MASTECTOMY OR BREAST CONSERVING SURGERY PLUS RADITION. HERE TO TALK MORE ABOUT THIS IS BOSTON PHYSICIAN DR. NATALIE STAVAS.

Date=9/2/2014 Time=3:50 Slug=TRAIN YOUR BRAIN

THIS IS YOUR BRAIN. THIS IS YOUR BRAIN ON HEALTHY FOOD. A NEW STUDY OUT OF BOSTON SUGGESTS IT MAY POSSIBLE TO RETRAIN YOUR BRAIN TO STOP CRAVING JUNK FOOD. OUR MARK OCKERBLOOM SAT DOWN WITH ONE RESEARCHER FOR THE DETAILS.

Date=9/3/2014 Time=4:00 Slug=CARB OR NO CARB

IT'S A GREAT DEBATE IN THE BATTLE OVER THE BULGE. IS A LOW-FAT OR LOW-CARB DIET BETTER FOR US? THERE'S A NEW STUDY ON THE ISSUE. HERE TO BREAK IT

DOWN FOR US IS REGISTERED DIETITIAN LIZ WEISS - CO AUTHOR OF NO WHITE WITH DINNER AND THE MOMS' GUIDE TO MEAL MAKEOVER DOT COM.

Date=9/8/2014 Time=4:00 Slug=BIONIC PANCREAS

IT'S BEEN CALLED A MAJOR BREAKTHROUGH IN RESEARCH AROUND TYPE 1 DIABETES. LOCAL RESEARCHERS HAVE DEVELOPED THE FIRST BIONIC PANCREAS THAT HELPS PATIENTS LEAD A NEAR-NORMAL LIFE. AND THIS SUMMER - IT WAS TESTED IN THE REAL WORD - ON YOUNG KIDS. WE'RE EXCITED TO HAVE ONE OF THE DOCTORS WHO HELPED CREATE THE TECHNOLOGY HERE IN OUR STUDIO THIS MORNING. DR. STEVEN RUSSELL IS AN ENDOCRINOLOGIST WITH MASS. GENERAL HOSPITAL.

Date=9/9/2014 Time=4:30 Slug=FOX MEDICAL

MORE THAN A THOUSAND CHILDREN IN TEN STATES HAVE BEEN IMPACTED BY A FAST-MOVING VIRUS, AND DOCTORS BELIEVE THIS IS LIKELY TO BECOME A NATIONWIDE PROBLEM. JOINING US WITH MORE IS FOX MEDICAL TEAM'S DR. MIKE CIRIGLIANO.

Date=9/9/2014 Time=4:00 Slug=LYNN TUBERCULOSIS CASE

CONCERN ABOUT TUBERCULOSIS IN LYNN. A CASE CONFIRMED IN THAT CITY. THE PATIENT? IS A HEALTH CARE WORKER NOW SICK. ACCORDING TO THE LYNN COMMUNITY HEALTH CENTER, THE WORKER WAS AT HIGHER RISK OF EXPOSURE BECAUSE OF THEIR POSITION. RIGHT NOW CITY HEALTH OFFICIALS ARE CONTACTING ANYONE WHO MAY HAVE COME INTO CLOSE CONTACT WITH THAT PERSON. AND THAT NUMBER STRETCHES INTO THE HUNDREDS. JOINING US NOW TO TALK MORE ABOUT THIS IS DR. EDWARD NARDELL, DIRECTOR OF THE T-B CLINIC AT BRIGHAM AND WOMEN'S HOSPITAL.

Date=9/11/2014 Time=4:00 Slug=BOOTS & STRINGS

ONE IN THREE AMERICAN TROOPS WHO SERVE IN IRAQ OR AFGHANISTAN WILL SUFFER FROM POST TRAUMATIC STRESS DISORDER OR P-T-S-D. A MAJOR EVENT TO HELP BENEFIT SERVICE MEMBERS SUFFERING FROM MENTAL HEALTH ISSUES IS BEING HELD THIS SUNDAY IN WRENTHAM. HERE TO EXPLAIN MORE ABOUT IT IS LAUREN ELIOPOULOS - FOUNDER OF HERO HELPERS.

Date=9/12/2014 Time=4:00 Slug=NE WALK 4 HEARING 36 MILLION AMERICANS DEAL WITH SOME DEGREE OF HEARING LOSS AND IT'S IMPORTANT TO POINT OUT, IT'S NOT JUST A GOLDEN YEARS PROBLEM. THERE ARE MANY FACTORS THAT CAN LEAD TO HEARING LOSS. HERE TO TALK ABOUT THIS AND AN UPCOMING CHARITY WALK, IS NEW ENGLAND WALK4HEARING CHAIR KIM LEBRECQUE & HER 5-YEAR OLD DAUGHTER TIA SHAY WHO SUFFERS FROM HEARING LOSS.

Date=9/12/2014 Time=4:00 Slug=TOO MUCH SALT

A NEW REPORT OUT IS TELLING MOST PARENTS WHAT THEY ALREADY KNOW. THEIR KIDS FAVORITE FOODS - LIKE PIZZA, CHIPS AND CHICKEN NUGGETS ARE LOADED WITH TOO MUCH SALT. BUT THIS LATEST GOVERNMENT STUDY IS PUTTING SOME PRESSURE ON PARENTS TO BE CAREFUL ABOUT ALL THAT SALT CONTENT. WHY? JOAN SALGE BLAKE IS A DIETITIAN AND ASSOCIATE PROFESSOR OF NUTRITION AT BOSTON UNIVERSITY. SHE'S LIVE AT OUR BEACON HILL STUDIO TO BREAK IT ALL DOWN.

Date=9/15/2014 Time=6:30 Slug=ENTEROVIRUS

THE RESPIRATORY VIRUS SENDING DOZENS OF CHILDREN TO THE HOSPITAL AROUND THE COUNRY IS MAKING ITS WAY CLOSER TO MASSACHUSETTS. CONNECTICUT AND NEW YORK ARE THE TWO LATEST STATES TO REPORT POSSIBLE CASES OF ENTEROVIRUS D-68, THE RESPIRATORY ILLNESS SUSPECTED OF HOSPITALIZING HUNDREDS OF CHILDREN IN 21 STATES IN THE SOUTH, MIDWEST AND NOW NORTHEAST. SEVERAL KIDS ARE NOW BEING TESTED FOR THIS RHODE ISLAND AND ONE CASE POSSIBLE CASE IN MAINE. HERE WITH US IS BOSTON PEDIATRIC PHYSICIAN, DOCTOR NATALIE STAVAS.

Date=9/16/2014 Time=4:00 Slug=FOX MEDICAL

WE HATE TO SEE OUR LITTLE ONES SICK. THE QUESTION FOR MANY PARENTS: WHEN DO YOU BRING YOUR KIDS TO THE DOCTOR. AND BETTER YET, IS IT WORTH THE TRIP, ESPECIALLY IF YOU DON'T GET A PRESCRIPTION. FOR ANSWERS, WE TURN TO THE FOX MEDICAL TEAM'S DOCTOR JO.

Date=9/17/2014 Time=3:30 Slug=HEART DISEASE

WE'RE LEARNING MORE THAT YOUNG PEOPLE WHO DO NOT TAKE PART IN SPORTING ACTIVITIES HAVE THE SAME RISK OF SUDDEN CARDIAC DEATH AS YOUNG ATHLETES. AND BECAUSE OF THIS, NEW SCREENING RECOMMENDATIONS HAVE COME OUT FOR EVALUATING PATIENTS AGED TWELVE TO TWENTY-FIVE. JOINING ME FROM OUR BEACON HILL STUDIO IS DR. AMI BHATT (BAHT), CO-DIRECTOR OF THE ADULT CONGENITAL HEART DISEASE PROGRAM AT MASS. GENERAL HOSPITAL.

Date=9/19/2014 Time=5:00 Slug=BREAST CANCER TALK

HEARING THE WORDS "YOU HAVE BREAST CANCER" IS DIFFICULT AT ANY AGE. BUT IMAGINE SITLL BEING IN YOUR 20'S AND GETTING THIS FRIGHTENING DIAGNOSIS.

Date=9/23/2014 Time=4:00 Slug=BC MENTAL HEALTH

THOSE ARE THE WORDS OF A BOSTON COLLEGE STUDENT WHO STRUGGLED WITH DEPRESSION. HE SHARED HIS STORY AS PART OF A PROJECT TO CHANGE THE WAY STUDENTS ON CAMPUS TALK ABOUT MENTAL HEALTH ISSUES. BEHIND THIS PROJECT IS CASSIDY GALLEGOS. SHE'S CO-PRESIDENT OF "TO WRITE LOVE ON HER ARMS-BC CHAPTER".

Date=9/23/2014 Time=4:00 Slug=FOX MEDICAL TEAM

FLU SEASON IS RIGHT AROUND THE CORNER. LAST FLU SEASON, THE CDC SAYS JUST UNDER HALF OF AMERICANS GOT VACCINATED. THIS YEAR YOU HAVE SEVERAL OPTIONS - AND THERE'S A WEBSITE TO HELP YOU FIND THE VACCINE RIGHT IN YOUR AREA. THE FOX MEDICAL TEAM'S BETH GALVIN JOINS US LIVE WITH MORE.

Date=9/23/2014 Time=3:30 Slug=DIABETES STUDY

FOR THE FIRST TIME IN MORE THAN 20 YEARS THE NUMBER OF ADULTS IN THE UNITED STATES WITH DIABETES IS NOT GOING UP. A NEW STUDY FROM THE CENTERS FOR DISEASE CONTROL FINDS THE RATE HAS LEVELED OFF A BIT. RESEARCHERS SAY THE INCIDENTS AND PREVALENCE OF DIABETES AMONG AMERICAN ADULTS ROSE CONSISTENTLY BETWEEN 1990 AND 2008, BUT STARTED LEVELING-OFF BETWEEN 2008 AND 2012. THIS IS ALL BEING CREDITED DUE TO A SLOWING RATE OF OBESITY, WHICH IS A MAJOR RISK FACTOR FOR TYPE-2 DIABETES. JOINING US WITH SOME INSIGHT IS BOSTON UNIVERSITY ASSOCIATE PROFESSOR AND REGISTERED DIETICIAN, JOAN SALGE BLAKE.

Date=9/23/2014 Time=2:13 Slug=ENTEROVIRUS D68 IN MASS

ENTEROVIRUS D-68 CONFIRMED IN MASSACHUSETTS IN A YOUNG CHILD. FOX 25'S JARROD HOLBROOK IS LIVE AT BOSTON CHILDREN'S WITH THE UPDATE.

Date=9/26/2014 Time=3:30 Slug=MANDATED FLU SHOTS THE MASSACHUESTTS NURSES ASSOCIATION IS SUING BRIGHAM AND WOMEN'S HOSPITAL OVER A POLICY NOT YET IN EFFECT, MANDATING NURSES TO GET FLU SHOTS IF THEY WANT TO KEEP WORKING THERE. JOINING ME IS MASSACHUSETTS BAR ASSOCIATION PRESIDENT MARSHA KAZAROSIAN.

Date=9/29/2014 Time=4:00 Slug=SPORTS DRINKS

AFTER A LONG RUN ON A HOT SUMMER DAY, IT'S NOT UNCOMMON TO GRAB A SPORTS DRINK LIKE GATORADE TO REHYDRATE. BUT RESEARCHERS ARE SAYING WAIT A MINUTE, THERE ARE NO PROVEN HEALTH BENEFITS TO THESE REFRESHING DRINKS. HERE TO TALK MORE ABOUT THIS IS JOAN SALGE BLAKE, REGISTERED DIETITIAN AND PROFESSOR OF NUTRITION AT BOSTON UNIVERSITY.

Date=9/30/2014 Time=4:00 Slug=FOX MEDICAL

A LOT OF US GET NERVOUS AROUND NEEDLES. BUT A SIMPLE BLOOD TEST IS GIVING DOCTORS A GLIMPSE AT SOMETHING BRAND NEW AND IT PROMISES TO HELP MILLIONS OF PATIENTS. FOR MORE, WE WANT TO BRING IN THE FOX MEDICAL TEAM'S DOCTOR JO.

Date=9/30/2014 Time=4:00 Slug=DR. NATALIE

CONTROVERSY CONTINUES OVER NEW RECOMMENDATIONS ABOUT A BIRTH CONTROL FOR TEENS. BUT FIRST, THE MEDICAL COMMUNITY IS ON ALERT AFTER WE'RE LEARNING ABOUT NEW POSSIBLE COMPLICATIONS ASSOCIATED WITH ENTEROVIRUS-68. TO BREAK IT DOWN FOR US, DR. NATALIE STAVAS IS JOINING US LIVE FROM OUR BEACON HILL STUDIO THIS MORNING.

Date=9/30/2014 Time=4:00 Slug=CONVERSATION PROJECT

IT'S NOT A CONVERSATION WE LIKE HAVING. END-OF-LIFE ISSUES DON'T EXACTLY CONJUR UP THE IMAGE OF A FAMILY TALK AROUND THE KITCHEN TABLE. BUT MAYBE THAT'S EXACTLY WHAT THE SUBJECT SHOULD BE, LONG BEFORE THE END IS NEAR. PULITZER PRIZE-WINNING JOURNALIST AND FOUNDER OF "THE CONVERSATION PROJECT", ELLEN GOODMAN HAS CREATED A PUBLIC HEALTH CAMPAIGN AND A MOVEMENT THAT AIMS TO CHANGE THE WAY PEOPLE TALK ABOUT, AND PREPARE FOR, DEATH ACROSS THE NATION AND BEYOND.

Date=9/30/2014 Time=2:15 Slug=ENTEROVIRUS PARALYSIS THEY'RE DANGEROUSLY SIMILAR TO THE SYMPTOMS OF POLIO. POSSIBLE NEW SIDE EFFECTS OF THE ENTEROVIRUS. AND IT'S NOW A CONCERN FOR KIDS BEING TREATED IN BOSTON. FOX 25'S JARROD HOLBROOK IS LIVE OUTSIDE BOSTON CHILDREN'S HOSPITAL WITH THE STORY.