

Health Public File August 2014

Date=8/4/2014
Time=3:30
Slug=EBOLA LATEST

ONE AMERICAN IS FIGHTING TO SURVIVE A DEADLY CASE OF EBOLA AND IS NOW BACK IN THE COUNTRY FOR TREATMENT. A SECOND INFECTED AMERICAN IS EXPECTED TO RETURN TO THE U-S TOMORROW. IS THIS THE RIGHT MOVE AND WHAT ARE THE CONCERNS? DR. NAHID BHADLIA IS HERE IN OUR STUDIO THIS MORNING. SHE IS AN ASSOCIATE HOSPITAL EPIDEMIOLOGIST, BOSTON MEDICAL CENTER.

Date=8/4/2014
Time=4:00
Slug=WHERE'S FOOD COMING FROM

THE MARKET BASKET STANDOFF HAS US ALL THINKING ABOUT WHERE WE BUY OUR FOOD. AND MORE AND MORE PEOPLE ARE GETTING THEIR FOOD AT FARMER'S MARKETS. IN 2005, FARMER'S MARKETS REPORTED ONE-BILLION DOLLARS IN SALES. IN 2013, THAT NUMBER BALLOONED TO SEVEN-BILLION DOLLARS. JOAN SALGE BLAKE IS A REGISTERED DIETITIAN AND ASSOCIATE PROFESSOR AT BOSTON UNIVERSITY LIVE AT OUR BEACON HILL STUDIO.

Date=8/5/2014
Time=4:30
Slug=BLOOD CLOTS SCARE

TWO YOUNG PEOPLE, ONE JUST 17 THE OTHER 35, DYING WITH LITTLE WARNING AFTER SUFFERING BLOOD CLOTS. BOSTON PHYSICIAN DR. NATALIE STAVAS IS LIVE AT OUR BEACON HILL STUDIO.

Date=8/6/2014
Time=4:00
Slug=GLUTEN FREE

GLUTEN FREE FOODS - THEY ARE SOLD EVERYWHERE - BUT UP UNTIL THIS WEEK - THE TERM GLUTEN FREE HAD NOT BEEN REGULATED -- WHY NOW? WHY IS THIS IMPORTANT TO PEOPLE? REGISTERED DIETITIAN AND BOSTON UNIVERSITY NUTRITION PROFESSOR, JOAN SALGE BLAKE IS LIVE AT OUR BEACON HILL STUDIO THIS MORNING TO TALK ABOUT THE RULES.

Date=8/7/2014
Time=4:00
Slug=KIDS DEPRESSION

SHOCKING NEW RESEARCH ON DEPRESSION IN KIDS, VERY YOUNG KIDS. A STUDY FOUND THAT DEPRESSION CAN START AT THE AGE OF 2. AND IF IT DOES, THE ODDS IT WILL LAST THROUGHOUT THEIR CHILDHOOD AND BEYOND ARE VERY HIGH. JOINING ME NOW TO TALK MORE ABOUT THIS RESEARCH IS DR. NADJA REILLY FROM THE MASSACHUSETTS SCHOOL OF PROFESSIONAL PSYCHOLOGY.

Date=8/7/2014
Time=4:00
Slug=ORGAN TRANSPLANT

BELIEVE IT OR NOT, OUR CURRENT METHOD OF PRESERVING ORGANS IS ANTIQUATED. IN THE NEXT YEAR, THE U-S WILL LIKELY SEE NEW TECHNOLOGY FROM A LOCAL COMPANY THAT WILL KEEP ORGANS ALIVE LONGER, LEADING TO HEALTHIER AND MORE SUCCESSFUL TRANSPLANTS. IT'S THE HIGHLIGHT OF A NEW ARTICLE IN THE BOSTON GLOBE MAGAZINE. EDITOR SUSANNE ALTHOFF IS JOINING US FROM OUR BEACON HILL STUDIO.

Date=8/11/2014
Time=2:15
Slug=LOCAL EBOLA VICTIM

A RANDOLPH NURSE ON A MISSION TO HELP EBOLA PATIENTS DIES IN LIBERIA. NOW INVESTIGATORS ARE TRYING TO DETERMINE IF THE DISEASE IS WHAT KILLED HER. SHE GAVE UP HER LIFE IN THE U-S TO HELP THOSE IN THE MIDDLE OF THE WORLD HEALTH EMERGENCY. FOX 25'S TED DANIEL HAS HER STORY.

Date=8/12/2014
Time=3:30
Slug=FOX MEDICAL TEAM

A NEW STUDY HAS SOBERING RESULTS FOR GUYS. IT SHOWS MEN DIE YOUNGER THAN WOMEN. SO WHY IS THE LIFE EXPECTANCY OF MEN SHORTER THAN THAT OF WOMEN? I HAVE A FEW IDEAS, BUT INSTEAD, LETS GO TO THE EXPERT. DR MIKE OF THE FOX MEDICAL TEAM JOIN US LIVE.

Date=8/12/2014
Time=4:00
Slug=HEALTHY EATING

IN A NEW STUDY OUT OF TUFTS, RESEARCHERS ARE POINTING FINGERS AT THE HOME MADE LUNCHES YOU PACK FOR THE KIDS. IT'S A TOPIC WE TALKED ABOUT A LOT YESTERDAY. WE WANTED TO KNOW WHAT YOU PACK IN YOUR CHILD'S LUNCH? A LITTLE MORE THAN HALF WHO VOTED SAID THEY PACKED WHAT THEIR KIDS WILL EAT. THERE WAS A NEAR EVEN SPLIT BETWEEN PACKING HEALTHY OPTIONS AND WHAT A FAMILY CAN AFFORD. ONE LOCAL PROGRAM UNDERWAY IN BOSTON IS HOPING TO SHARPEN KIDS COOKING SKILLS AND TEACH THEM HOW TO GET INVOLVED AND MAKE CHOICES. RENOWNED COOKBOOK AUTHOR SALLY SAMPSON IS HERE ALONG WITH HARVARD PILGRIM HEALTH CARE FOUNDATION PRESIDENT, KAREN VOGL.

Date=8/12/2014
Time=4:30
Slug=DEPRESSION ROBIN WILLIAMS

A SAD ENDING TO THE LIFE OF COMEDIAN AND ACTOR, ROBIN WILLIAMS. HE TOOK HIS OWN LIFE YESTERDAY, AT AGE 63, AFTER YEARS OF BATTLING DEPRESSION AND ADDICTION. AND WHILE THE WORLD IS MOURNING HIS LIFE AS THE ON-SCREEN

FUNNY MAN, HIS DEATH HAS REALLY BROUGHT SUICIDE PREVENTION AND MENTAL HEALTH TO THE FORE FRONT. JOINING ME NOW, DR. ELLEN BRAATEN, HARVARD AND MASS GENERAL HOSPITAL PSYCHOLOGIST.

Date=8/15/2014

Time=4:30

Slug=PARKINSON'S/DEPRESSION

WE WERE ALL SURPRISED TO LEARN THAT ROBIN WILLIAMS WAS IN THE EARLY STAGES OF PARKINSON'S DISEASE WHEN HE TOOK HIS LIFE EARLIER THIS WEEK. THE ACTOR ALSO SAID TO BE BATTLING DEPRESSION. AS IT TURNS OUT, BOTH OF THESE CONDITIONS ARE OFTEN FOUND TOGETHER. LET'S TALK ABOUT THIS WITH DR. JOHN SULLIVAN A NEUROPSYCHIATRIST FROM BRIGHAM AND WOMEN'S HOSPITAL.

Date=8/18/2014

Time=3:59

Slug=DENTAL CARE TALKBACK

IT'S THE TREND TO TRY AND GET THE BEST SMILE POSSIBLE. PROMISES OF WHITENING, TARTAR CONTROL, CAVITY CONTROL CAN BE ENTICING. BUT SOME OF THOSE PRODUCTS HAVE INGREDIENTS THAT COULD DO MORE HARM THAN GOOD. HERE'S FOX 25'S CATHERINE PARROTTA.

Date=8/19/2014

Time=4:00

Slug=FOX MEDICAL

FROM TRAGEDY TO INSPIRATION. WE'RE GETTING A LOOK AT SOME NEW ADVANCES IN THE FIGHT AGAINST PARKINSON'S DISEASE. THERE ARE SO MANY QUESTIONS ABOUT THAT CONDITION-- ESPECIALLY AFTER WE LEARNED DOCTORS DIAGNOSED ROBIN WILLIAMS, BEFORE HE TOOK HIS OWN LIFE. THE FOX MEDICAL TEAM'S DOCTOR JO JOINS US LIVE FROM TAMPA.

Date=8/19/2014

Time=4:00

Slug=TANNING STUDY

SKIN CANCER RATES ARE SOARING. EARLIER THIS SUMMER THE SURGEON GENERAL ISSUED A CALL TO ACTION, CALLING IT A MAJOR PUBLIC HEALTH PROBLEM THAT REQUIRES IMMEDIATE ACTION. NOW LOCAL RESEARCHERS ARE TRYING TO FIGURE OUT HOW TO LURE PEOPLE AWAY FROM TOO MUCH SUN. HERE TO TALK ABOUT THIS IS SHERRY PAGOTO, A CLINICAL PSYCHOLOGIST AT UMASS MEDICAL SCHOOL.

Date=8/21/2014

Time=3:30

Slug=ORAL CANCER

SHINING A SPOTLIGHT ON CANCER. FORMER RED SOX PITCHER CURT SCHILLING SAYS HIS CANCER WAS CAUSED BY CHEWING TOBACCO. DR. LORI WIRTH IS THE MEDICAL DIR. CENTER FOR HEAD AND NECK CANCERS AT MASS GENERAL CANCER CENTER.

Date=8/25/2014
Time=6:40
Slug=PROGERIA INTV.

IT IS AN EXTREMELY RARE, PROGRESSIVE GENETIC DISORDER THAT CAUSES CHILDREN TO AGE RAPIDLY. PROGERIA IS ALSO KNOWN AS HUTCHINSON-GILFORD SYNDROME, AND WHILE THERE IS NO CURE, ONGOING RESEARCH SHOWS SOME PROMISE FOR TREATMENT. SHARMAN SACCHETTI RECENTLY HAD SOME VERY SPECIAL GUESTS IN STUDIO TO SHARE MORE.

Date=8/26/2014
Time=4:30
Slug=FOX MEDICAL

TIME NOW TO CHECK IN WITH THE FOX MEDICAL TEAM THIS MORNING FOR THE LATEST HEALTH HEADLINES. TODAY IT'S DR. MIKE. THANKS FOR JOINING US THIS MORNING. OKAY DR. MIKE WE ALWAYS TALK ABOUT THE FACT THAT WE DON'T GET ENOUGH SLEEP AND THAT CAN CAUSE HEALTH PROBLEMS. BUT THERE'S A NEW STUDY OUT THIS MORNING THAT REFERS TO SOMETHING CALLED "SLEEP DRUNKENNESS" A CONDITION CAUSED BY "TOO MUCH" SLEEP. IS THIS A REAL PROBLEM FOR PEOPLE?

Date=8/26/2014
Time=3:30
Slug=IMPORTANCE OF NUTRITION

YOU KNOW THE OLD SAYING -- BREAKFAST IS THE MOST IMPORTANT MEAL OF THE DAY. IS IT TRUE? SCIENTISTS ARE NOW SAYING, MAYBE NOT. A NEW STUDY FINDS BREAKFAST DOESN'T SPEED UP METABOLISM OR PROMOTE WEIGHT LOSS. THE STUDY FOUND PEOPLE WHO EAT BREAKFAST MAY BE HEALTHIER IN GENERAL, BUT IT'S NOT SOLELY THE BREAKFAST THAT GETS THEM THERE. THE MAJOR FINDINGS SHOWED PEOPLE WHO SKIPPED BREAKFAST ATE FEWER CALORIES OVER THE WHOLE DAY. BUT PEOPLE WHO ATE IT WERE MORE ACTIVE AND HAD MORE STABLE BLOOD SUGAR LEVELS. JOAN SALGE BLAKE IS A REGISTERED DIETICIAN AND AN ASSOCIATE PRODUCER AT BOSTON UNIVERSITY.

Date=8/27/2014
Time=4:00
Slug=NICKEL ALLERGY

MORE OF US ARE USING WEARABLE DEVICES FOR THINGS LIKE EXERCISE THAT LINK TO OUR SMARTPHONES. BUT THAT'S ALSO LEADING TO MORE NICKEL ALLERGIES. DERMATOLOGIST, DR. JOSEPH MEROLA, CO-DIRECTOR OF THE CENTER FOR SKIN AND RELATED DISEASES AT BRIGHAM AND WOMEN'S HOSPITAL IS HERE.

