

Issues : Humidity balance for home & health

PROGRAM INFORMATION REPORT

Name of Program: Your Life With Dr. Anna Marie

Date: 10/26/06 Time: 10am Length: 30 minutes

Regularly Scheduled Program? Yes or No (circle one)

Locally Produced Network Syndicated

(circle one)

Guest and Title

Organization City, State

Dr. Marie as host. _____

Brief Description

Northeastern Colorado is extremely arid and this episode resonates
as an in depth review was taken to determine how too much or too
little humidity can destroy your home and health. Advice on
finding the right balance was presented.

Issues : Battling Diabeties

PROGRAM INFORMATION REPORT

Name of Program: Your Life With Dr. Anna Marie

Date: 11/9/06 Time: 10am Length: 30 minutes

Regularly Scheduled Program? Yes or No (circle one)

Locally Produced Network Syndicated

(circle one)

Guest and Title

Organization City, State

Dr. Marie interviews a young diabetic woman.

Brief Description

How a young diabetic woman's passion for life is helping children
battling this chronic disease.

Issues : Avoiding heel pain
 Avoiding workout mistakes

PROGRAM INFORMATION REPORT

Name of Program: Your Life With Dr. Anna Marie

Date: 11/23/06 Time: 10am Length: 30 minutes

Regularly Scheduled Program? Yes or No (circle one)

Locally Produced Network Syndicated

(circle one)

Guest and Title

Organization City, State

Dr. Anna Marie and Fitness Expert Kevin Makely

Brief Description

There are two and a half million Americans dealing with heel pain.

Detailed the latestFDA approved procedure to relive the pain. Expert

shows the most common workout mistakes and how to avoid them.

Issues : Controlling chronic pain
Cholesterol cleaner

PROGRAM INFORMATION REPORT

Name of Program: Your Life With Dr. Anna Marie

Date: 11/30/06 Time: 10am Length: 30 minutes

Regularly Scheduled Program? Yes or No (circle one)

Locally Produced Network Syndicated

(circle one)

Guest and Title

Organization City, State

Dr. Marie and actor/comedian Jerry Lewis

Brief Description

Jerry Lewis tells how he finally took control of chronic pain
that plagued him for almost 40 years and shares his treatments.

A cholesteral cleaner technique is demonstrated that helps
people deal with extremely high cholesterol levels.

Issues : Qi Gong for Arthritis
Challenges with regaining hearing

PROGRAM INFORMATION REPORT

Name of Program: Your Life With Dr. Anna Marie

Date: 12/7/06 Time: 10am Length: 30 minutes

Regularly Scheduled Program? Yes or No (circle one)

Locally Produced Network Syndicated

(circle one)

Guest and Title

Organization City, State

Dr. Anna Marie and former Miss America Heather Whitestone

Brief Description

Qi Gongis demonstrated as an exercise recommended by the Arthritis
Foundation for people suffering from arthritis. Additionally, Heather
Whitestone shares her story of the challenges of entering the world
of sound when her hearing is restored.

Issues : Organ Donation

PROGRAM INFORMATION REPORT

Name of Program: Your Life with Dr. Anna Marie

Date: 12/14/06 Time: 10am Length: 30 Minutes

Regularly Scheduled Program? Yes or No (circle one)

Locally Produced Network Syndicated
(circle one)

Guest and Title Organization City, State
Boehme Family on "Your Life Story" with the Children's Center
team at Hopkins in Baltimore that has performed more than 200
heart transplants over the last two decades.

Brief Description

A family shares their inspirational story on how the gift of life,
a heart donation, saved their three month old daughter Hannah.

Issues :

Reading Program with Horses

Cattle Rancher Health Program

PROGRAM INFORMATION REPORT

Name of Program: Your Life with Dr. Anna Marie

Date: 12/21/06 Time: 10am Length: 30 minutes

Regularly Scheduled Program? Yes or No (circle one)

Locally Produced Network Syndicated

(circle one)

Guest and Title

Organization City, State

Dr. Marie presents a reading program that uses classic literature and the magic of live horses to inspire kids to learn to read and develop passion for literature. Additionally, Cattle Rancher Lionel Coffey shares his story of overcoming a blood disorder by taking control of his health and getting back to work on the ranch.

Brief Description

See above

Issues : Exercise defeats Alzheimers

PROGRAM INFORMATION REPORT

Name of Program: Your Life with Dr. Anna Marie

Date: 12/28/06 Time: 10am Length: 30 minutes

Regularly Scheduled Program? Yes or No (circle one)

Locally Produced Network Syndicated

(circle one)

Guest and Title

Organization City, State

Dr. Marie with episode #603

Brief Description

New research shows exercise is not only good for your physical
health but also your mental health. See how regular exercise
is helping ward off dementia and Alzheimers disease.
