

Issues : Restless leg syndrome
Living well with Chronic Fatigue
Simple weight loss routine

PROGRAM INFORMATION REPORT

Name of Program: Your Life with Dr. Anna Marie #620

Date: 7/31/08 Time: 10am Length: 30 minutes

Regularly Scheduled Program? Yes or No (circle one)

Locally Produced Network Syndicated

(circle one)

Guest and Title

Organization City, State

Dr. Anna Marie as host

Brief Description

Though not familiar, Restless Leg Syndrome affects many and this show demonstrates how one woman took control of this life disturbing condition.
Also covered were tips and examples of living with chronic fatigue and fibromyalgia and then viewers were instructed as to starting a simple weight loss workout routine.

Issues : Travel RX
Top Ten Fitness Fumbles
Life After a Heart Attack

PROGRAM INFORMATION REPORT

Name of Program: Your Life with Dr. Anna Marie #621

Date: 8/7/08 Time: 10am Length: 30 minutes

Regularly Scheduled Program? Yes or No (circle one)

Locally Produced Network Syndicated

(circle one)

Guest and Title

Organization City, State

Dr. Anna Marie and Fitness Expert Kevin Makely

Brief Description

Whether traveling by plane, train or auto viewers are instructed in
ways to avoid a blood clot in the legs. Then a fitness expert shares
the top ten fitness fumbles and then this episode concludes with
educational tips on life after a heart attack.

Issues : Kate Jackson heart disease
Cancer fighting vegetables
Chemotherapy

PROGRAM INFORMATION REPORT

Name of Program: Your Life with Dr. Anna Marie #623

Date: 8/21/08 Time: 10am Length: 30 minutes

Regularly Scheduled Program? Yes or No (circle one)

Locally Produced Network Syndicated

(circle one)

Guest and Title

Organization City, State

Kate Jackson Los Angeles, CA

Dr. Anna Marie as host

Brief Description

Actress Kate Jackson share information on her battle with heart disease
and provides heart healthy tips. Then the latest research is presented
on the science behind powerful cancer fighting vegetables and then the episode
concludes with new medical data and testing that predicts a patient's
response to chemotherapy.

Issues : New Ankle Replacement Procedure
Osteoporosis and Men

PROGRAM INFORMATION REPORT

Name of Program: Your Life with Dr. Anna Marie #624

Date: 8/28/08 Time: 10am Length: 30 minutes

Regularly Scheduled Program? Yes or No (circle one)

Locally Produced Network Syndicated

(circle one)

Guest and Title

Organization City, State

Dr. Anna Marie as host

Brief Description

Everyone is familiar with knee replacement, but now surgery is
available for ankle replacement which allows people to be active
again. Also covered in this episode are the steps needed to prevent
Osteoporosis in men.

Issues : New Treatment for Brain Tumor
Cardio & Strength Training
Improve Your Daily Diet

PROGRAM INFORMATION REPORT

Name of Program: Your Life with Dr. Anna Marie #625

Date: 9/4/08 Time: 10am Length: 30 minutes

Regularly Scheduled Program? (Yes) or No (circle one)

Locally Produced Network (Syndicated)

(circle one)

Guest and Title

Organization City, State

Dr. Anna Marie as host

Brief Description

This episode demonstrates a new treatment option for patients battling
a brain tumor. another segment illustrates the perfect 18 minute
cardio and strength training program and finally viewers learn a simple
technique to get those five veggies into their daily diet to promote
good health.

Issues : Hope for Chronic Pain
 New Hearing loss technology
Johns Hopkins Family Health Book

PROGRAM INFORMATION REPORT

Name of Program: Your Life with Dr. Anna Marie #626

Date: 9/11/08 Time: 10am Length: 30 minutes

Regularly Scheduled Program? (Yes) or No (circle one)

Locally Produced Network (Syndicated)

(circle one)

Guest and Title

Organization City, State

Dr. Anna Marie as host

Brief Description

A new device is offering hope to the 100-million Americans suffering
from Chronic Pain---a Pacemaker for pain! One in ten people suffer
from hearing loss and this segment explores new technologies that
help. The Johns Hopkins Family Health Book is profiled as an excellent
reference source for family health.

Issues : Organ Donation

PROGRAM INFORMATION REPORT

Name of Program: Your Life with Dr. Anna Marie #601

Date: 9/18/08 Time: 10am Length: 30 Minutes

Regularly Scheduled Program? Yes or No (circle one)

Locally Produced Network Syndicated

(circle one)

Guest and Title

Organization City, State

Boehme Family on "Your Life Story" with the Children's Center
team at Hopkins in Baltimore that has performed more than 200
heart transplants over the last two decades.

Brief Description

A family shares their inspirational story on how the gift of life,
a heart donation, saved their three month old daughter Hannah.

Issues :

Reading Program with Horses

Cattle Rancher Health Program

PROGRAM INFORMATION REPORT

Name of Program: Your Life with Dr. Anna Marie #602

Date: 9/25/08 Time: 10am Length: 30 minutes

Regularly Scheduled Program? Yes or No (circle one)

Locally Produced Network Syndicated

(circle one)

Guest and Title

Organization City, State

Dr. Marie presents a reading program that uses classic literature and the magic of live horses to inspire kids to learn to read and develop passion

for literature. Additionally, Cattle Rancher Lionel Coffey shares his story of overcoming a blood disorder by taking control of his health and getting back to work on the ranch.

Brief Description

See above
