

PUBLIC AFFAIRS REPORT  
FOR KPXD-TV  
ARLINGTON, TEXAS  
FOR  
FOURTH QUARTER ENDING: 12/31/2015

In accordance with section 73.3526(e)(11)(i) of the Federal Communications Commission rules, the following, in the opinion of KPXD TV, are the problems and needs of the community for the period noted above. They are not necessarily listed in order of importance. Each is identified by significant Public Affairs and/or Public Service programming in response to these needs.

ISSUES:

1. Healthcare Costs
2. The Economy
3. The Cost of Living for the elderly
4. Education
5. Charities
6. Crime in the Community
7. Nutrition Advice
8. Home Improvement Ideas
9. Mediators and the role they play in the court system
10. Storage & Organizational Tips

A detailed summary of each program's content, including guests, affiliations and date of broadcast is included in this report.

"Living Well" is a one hour community affairs program that is dedicated to active lifestyles, wellness & helpful information that leads to a more empowered life. The featured shows in "Living Well" are "Home to Go" and "Anna & Kristina's Grocery Bag".

The Ester Davis Wake-Up Show is a one-half hour community affairs program covering issues and affairs that are important to the Dallas-Ft. Worth Metroplex. In reaching out to interview non-profit organizations, corporate, community and individuals alike, topical issues, presented in an interview format the Ester Davis Wake-Up Show takes on real-life experience. Common concerns and relevant issues in the area are addressed to bring a sense of awareness, educate and enlarge the viewing public's understanding of current issues relevant to the community.

KPXD TV, ARLINGTON, TEXAS  
PUBLIC AFFAIRS REPORT  
FOURTH QUARTER, 2015

Program: Ester Davis Wake Up Show  
Topic/Title: Alzheimer's  
Air Date: Thursday, October 1, 2015 5:00AM  
Duration: 30 minutes  
Style/Type: Interview Format  
Source: Ester Davis Productions  
Issue(s) Addressed: Health  
Guest(s): Dr. Johnston

The central message is to dispel any myths that may exist about Alzheimer. Alzheimer's is not caused by pots, pans, or aluminum cans. It is not caused by a curse or hex. Nor is it caused by too much worrying and thinking. Change your diet, exercise, and discuss your concerns with family members. Every heartbeat pumps about one fifth of your blood to your brain. Billions of brain cells need the food and oxygen carried by your blood to think, solve problems, and remember. Enhance your enthusiasm for living, enjoy some of the things to use to and eliminate those risk factors that threaten brain health.

Program: Ester Davis Wake Up Show  
Topic/Title: Police Horse Farm – I-20 Cowboy  
Air Date: Thursday, October 1, 2015 5:30AM  
Duration: 30 minutes  
Style/Type: Interview Format  
Source: Ester Davis Productions  
Issue(s) Addressed: Police Involvement in the Community  
Guest(s): Mark Byrd

The Dallas Police Department now has a 300 acre horse farm along with sight seeing hours for children and veterans. The horse farm is a place for the community to connect with the police. Our mounted police team is very visible in and around the city, especially at large festivals, parades and routine schedules. The mounted police can be seen in communities, on the streets, and are a major attraction for pictures, conversation and stories. The Cowboys of Color, Fort Worth; Crossroads, McKinney; and the Stuntsman Texas Association have all volunteered to partner with the Dallas Police Department Horse Farm. Other activities are being planned with signage off of Interstate 20 for visitors into the city. We look forward to upcoming events at the horse farm that does engage the community in a very positive light.

KPXD TV, ARLINGTON, TEXAS  
PUBLIC AFFAIRS REPORT  
FOURTH QUARTER, 2015

Program: Living Well  
Title/Topic: Home to Go  
Anna & Kristina's Grocery Bag  
Show #: 306  
Air Date: Tuesday, October 6, 2015 5:00am  
Duration: 58:30 minutes  
Style/Type: Human Interest  
Source: ION Life  
Issue(s) Addressed: Home Improvement, Nutrition and Fitness.  
Guests: Home To Go  
Host: Peter Fallico  
Guests: Mark Riedl, Maria Ricardo, Mark Ferra, Mimi Pineau  
Anna & Kristina's Grocery Bag  
Hosts: Anna Wallner & Kristina Matisic  
Guests: Chef Stephan MacIntyre

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Description:

*"Home to Go" is an innovative do-it yourself design series that presents original, easy-to-execute, and inexpensive décor ideas and solutions for people living in temporary spaces. Each week, Peter works with roommates, singles, and young couples to help them make over their spaces into beautiful and functional homes that can be packed up and move on when it's time to pick up sticks. In this episode Peter visits a family that has outgrown their house and needs more storage space that can be moved into a bigger home in the future. They also create an organized play area for their children.*

*In "Anna & Kristina's Grocery Bag" hosts Anna Wallner & Kristina Matisic put popular cookbooks to the test. In each episode, they try out and review recipes, ingredients, appliances and food preparation techniques to see if the average cook can re-create the beautifully photographed meals. In this episode Anna and Kristina tackle making comfort food that can be made fast and test out the cookbook "Nigella Express" by Nigella Lawson. Guest chef Stephan MacIntyre from Burgoo Bistro samples and critiques the recipes they make. Anna and Christina also show a taste test of four brands of granola bars and test out brands of kitchen scales.*

KPXD TV, ARLINGTON, TEXAS  
PUBLIC AFFAIRS REPORT  
FOURTH QUARTER, 2015

Program: Ester Davis Wake Up Show  
Topic/Title: Police Horse Farm – I-20 Cowboy  
Air Date: Thursday, October 8, 2015 5:00AM  
Duration: 30 minutes  
Style/Type: Interview Format  
Source: Ester Davis Productions  
Issue(s) Addressed: Police Involvement in the Community  
Guest(s): Mark Byrd

The Dallas Police Department now has a 300 acre horse farm along with sight seeing hours for children and veterans. The horse farm is a place for the community to connect with the police. Our mounted police team is very visible in and around the city, especially at large festivals, parades and routine schedules. The mounted police can be seen in communities, on the streets, and are a major attraction for pictures, conversation and stories. The Cowboys of Color, Fort Worth; Crossroads, McKinney; and the Stuntsman Texas Association have all volunteered to partner with the Dallas Police Department Horse Farm. Other activities are being planned with signage off of Interstate 20 for visitors into the city. We look forward to upcoming events at the horse farm that does engage the community in a very positive light.

Program: Ester Davis Wake Up Show  
Topic/Title: Alzheimer In the News – AARP  
Air Date: Thursday, October 8, 2015 5:30AM  
Duration: 30 minutes  
Style/Type: Interview Format  
Source: Ester Davis Productions  
Issue(s) Addressed: Health  
Guest(s): Jim Hoffpauir

About 40 million Americans take care of loved ones. The art of caregiving has changed and Texas has taken an active role in telling the stories to the public. For Alzheimer patients, the signs are very evident. i.e., memory loss, confusing about time and place, misplacing things, loss of motivation, problems with talking or writing. Emphasis is being placed on the upcoming holidays when families and friends are together. The plan is to notice changes and be open about discussion of same. Example of what's normal and what's not normal.

KPXD TV, ARLINGTON, TEXAS  
PUBLIC AFFAIRS REPORT  
FOURTH QUARTER, 2015

Program: Living Well  
Title/Topic: Home to Go  
Anna & Kristina's Grocery Bag  
Show #: 307  
Air Date: Tuesday, October 13, 2015 5:00am  
Duration: 58:30 minutes  
Style/Type: Human Interest  
Source: ION Life  
Issue(s) Addressed: Home Improvement, Nutrition and Fitness.  
Guests: Home To Go  
Hosts: Peter Fallico  
Guests: Margot Hines, Virginie Martocq, Michelle Stonkus  
Anna & Kristina's Grocery Bag  
Hosts: Anna Wallner & Kristina Maticic  
Guests: Chef Mary Macintyre, 14<sup>th</sup> Vancouver Girl Guides Unit

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Description:

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Anyone who's accumulated too much stuff over the years understands the desire to downsize the clutter and build storage. Peter's got practical solutions for renters including removable shelves with molding for an upscale library look.

*In "Anna & Kristina's Grocery Bag" hosts Anna Wallner & Kristina Maticic put popular cookbooks to the test. In each episode, they try out and review recipes, ingredients, appliances and food preparation techniques to see if the average cook can re-create the beautifully photographed meals.*

Anna and Kristina will find out if they can trick children into eating their greens as they test out recipes from Jessica Seinfeld's *Deceptively Delicious* cookbook that advocates hiding vegetables in food.

KPXD TV, ARLINGTON, TEXAS  
PUBLIC AFFAIRS REPORT  
FOURTH QUARTER, 2015

Program: Ester Davis Wake Up Show  
Topic/Title: Alzheimer In the News – AARP  
Air Date: Thursday, October 15, 2015 5:00AM  
Duration: 30 minutes  
Style/Type: Interview Format  
Source: Ester Davis Productions  
Issue(s) Addressed: Health  
Guest(s): Jim Hoffpauir

About 40 million Americans take care of loved ones. The art of caregiving has changed and Texas has taken an active role in telling the stories to the public. For Alzheimer patients, the signs are very evident. i.e., memory loss, confusing about time and place, misplacing things, loss of motivation, problems with talking or writing. Emphasis is being placed on the upcoming holidays when families and friends are together. The plan is to notice changes and be open about discussion of same. Example of what's normal and what's not normal.

Program: Ester Davis Wake Up Show  
Topic/Title: Alzheimer In the News II – AARP  
Air Date: Thursday, October 15, 2015 5:30AM  
Duration: 30 minutes  
Style/Type: Interview Format  
Source: Ester Davis Productions  
Issue(s) Addressed: Health  
Guest(s): Jim Hoffpauir and Paula Ogden

Whenever we air a show on Alzheimer's, the community response is overwhelming. Our call base is from mostly smaller towns in the metroplex, because there is not much news dissimulated in these areas. The response from our viewers is about more information and we have concluded that it is the relationship the viewers have with ION Community Affairs. We are called from all interests on the subject from politicians, advocates, doctors and seniors affairs agencies. On the medical side, there is more need for public policy change and research dollars. Finding doctors/health professionals, experienced with dementia is a serious issue. We are committed in sharing experiences in Alzheimer through more support groups, which is the advice issued by the Alzheimer's Association.

KPXD TV, ARLINGTON, TEXAS  
PUBLIC AFFAIRS REPORT  
FOURTH QUARTER, 2015

Program: Living Well  
Title/Topic: Home to Go  
Anna & Kristina's Grocery Bag  
Show #: 308  
Air Date: Tuesday, October 20, 2015 5:00am  
Duration: 58:30 minutes  
Style/Type: Human Interest  
Source: ION Life  
Issue(s) Addressed: Home Improvement, Nutrition and Fitness.  
Guests: Home To Go  
Hosts: Peter Fallico  
Guests: Shawn Labron, Christina Song, Tracy Foster, Lee Buchanan  
Anna & Kristina's Grocery Bag  
Hosts: Anna Wallner & Kristina Maticic  
Guests: Chef Melissa Craig

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Description:

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*In "Anna & Kristina's Grocery Bag" hosts Anna Wallner & Kristina Maticic put popular cookbooks to the test. In each episode, they try out and review recipes, ingredients, appliances and food preparation techniques to see if the average cook can re-create the beautifully photographed meals.*

Will recipes from the most powerful woman in show biz's magazine meet Anna and Kristina's high expectations or will the recipes from *O, The Oprah Magazine Cookbook* leave them stranded at a few culinary roadblocks? In this episode internationally versed, Chef Melissa Craig is there to test out their diverse menu.

KFXD TV, ARLINGTON, TEXAS  
PUBLIC AFFAIRS REPORT  
FOURTH QUARTER, 2015

Program: Ester Davis Wake Up Show  
Topic/Title: Alzheimer In the News II – AARP  
Air Date: Thursday, October 22, 2015 5:00AM  
Duration: 30 minutes  
Style/Type: Interview Format  
Source: Ester Davis Productions  
Issue(s) Addressed: Health  
Guest(s): Jim Hoffpauir and Paula Ogden

Whenever we air a show on Alzheimer's, the community response is overwhelming. Our call base is from mostly smaller towns in the metroplex, because there is not much news dissimulated in these areas. The response from our viewers is about more information and we have concluded that it is the relationship the viewers have with ION Community Affairs. We are called from all interests on the subject from politicians, advocates, doctors and seniors affairs agencies. On the medical side, there is more need for public policy change and research dollars. Finding doctors/health professionals, experienced with dementia is a serious issue. We are committed in sharing experiences in Alzheimer through more support groups, which is the advice issued by the Alzheimer's Association.

Program: Ester Davis Wake Up Show  
Topic/Title: Drop Out Rate  
Air Date: Thursday, October 22, 2015 5:30AM  
Duration: 30 minutes  
Style/Type: Interview Format  
Source: Ester Davis Productions  
Issue(s) Addressed: Education  
Guest(s): Trini Garza

In partnership with Mountain View College and Cedar Valley College, efforts are continuing in Middle College High School promoting staying in school. The success rate is encouraging, only not over-the-top. More community affairs is needed. This community has reached out to gang members, police associations and truancy officers to encourage school drop outs. The Yvonne Ewell school and DISD, now maintains a list of students with so many missed absences. What is the solution? This advocacy group feels that access is one answer. Revise the security/privacy concerns and focus on what is best for the student.



KPXD TV, ARLINGTON, TEXAS  
PUBLIC AFFAIRS REPORT  
FOURTH QUARTER, 2015

Program: Living Well  
Title/Topic: Home to Go  
Anna & Kristina's Grocery Bag  
Show #: 309  
Air Date: Tuesday, October 27, 2015 5:00am  
Duration: 58:30 minutes  
Style/Type: Human Interest  
Source: ION Life  
Issue(s) Addressed: Home Improvement, Nutrition and Fitness.  
Guests: Home To Go  
Hosts: Peter Fallico  
Guests: Kirsty, John, Kabeer, Sabrina Linn  
Anna & Kristina's Grocery Bag  
Hosts: Anna Wallner & Kristina Maticic  
Guests: Chef Tom Douglas, Linda Meinhardt

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Description:

*"Home to Go" is an innovative do-it yourself design series that presents original, easy-to-execute, and inexpensive décor ideas and solutions for people living in temporary spaces. Each week, Peter works with roommates, singles, and young couples to help them make over their spaces into beautiful and functional homes that can be packed up and move on when it's time to pick up sticks. In this episode we meet three university graduates sharing a large apartment that is a mixture of furniture and lacking style.*

*In "Anna & Kristina's Grocery Bag" hosts Anna Wallner & Kristina Maticic put popular cookbooks to the test. In each episode, they try out and review recipes, ingredients, appliances and food preparation techniques to see if the average cook can re-create the beautifully photographed meals. In this episode Anna and Kristina test out "The Joy Of Cooking- 75<sup>th</sup> Anniversary Edition" by Ethan Becker. Chef Tom Douglas will taste test their dishes. The girls will also test out four different brands of potato peelers and taste test different types of salt.*

KPXD TV, ARLINGTON, TEXAS  
PUBLIC AFFAIRS REPORT  
FOURTH QUARTER, 2015

Program: Ester Davis Wake Up Show  
Topic/Title: Drop Out Rate  
Air Date: Thursday, October 29, 2015 5:00AM  
Duration: 30 minutes  
Style/Type: Interview Format  
Source: Ester Davis Productions  
Issue(s) Addressed: Education  
Guest(s): Trini Garza

Did not air due to technical difficulties.

Program: Ester Davis Wake Up Show  
Topic/Title: Say "No" to Renting  
Air Date: Thursday, October 29, 2015 5:30AM  
Duration: 30 minutes  
Style/Type: Interview Format  
Source: Ester Davis Productions  
Issue(s) Addressed: Home Ownership  
Guest(s): Al Herron & Galloway Herron

Did not air due to technical difficulties.

KPXD TV, ARLINGTON, TEXAS  
PUBLIC AFFAIRS REPORT  
FOURTH QUARTER, 2015

Program: Living Well  
Title/Topic: Home to Go  
Anna & Kristina's Grocery Bag  
Show #: 310  
Air Date: Tuesday, November 3, 2015 5:00am  
Duration: 58:30 minutes  
Style/Type: Human Interest  
Source: ION Life  
Issue(s) Addressed: Home Improvement, Nutrition and Fitness.  
Guests: Home To Go  
Hosts: Peter Fallico  
Guests: Scott Temblay, Dylan Roberts, Virginie Martocq  
Anna & Kristina's Grocery Bag  
Hosts: Anna Wallner & Kristina Matisic  
Guests: Chef Brian Marchesi

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Description:

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*In "Anna & Kristina's Grocery Bag" hosts Anna Wallner & Kristina Matisic put popular cookbooks to the test. In each episode, they try out and review recipes, ingredients, appliances and food preparation techniques to see if the average cook can re-create the beautifully photographed meals. In this episode Anna and Kristina test out the cookbook "Thai Food" by David Thompson and cook an entire Thai meal for Chef Brian Marchesi to taste. The girls also taste test four brands of coconut milk and test four different brands of pineapple slicers.*

KPXD TV, ARLINGTON, TEXAS  
PUBLIC AFFAIRS REPORT  
FOURTH QUARTER, 2015

Program: Ester Davis Wake Up Show  
Topic/Title: Say "No" to Renting  
Air Date: Thursday, November 5, 2015 5:00AM  
Duration: 30 minutes  
Style/Type: Interview Format  
Source: Ester Davis Productions  
Issue(s) Addressed: Home Ownership  
Guest(s): Al Herron & Galloway Herron

"I believe home ownership is essential", says Al Herron. In further conversation, he believes that it is possible for any individual or family not living in an apartment to own a home. Texas is in a boom era, one of the largest in history. Money is available. Being a homeowner means further that you have learned to manage your finances. And you have made a sound and sensible investment, history has proven this fact. The population of the United States will continue to grow, adequate housing will continue to grow and affordable housing will also grow. The fair housing laws will continue to improve. Ownership will create increased demand on our fixed supply of land. Compare the rent paying process to buying a home. Compare monthly rental payments that will increase and continue until death to one day a home that is paid in full. It is a rental certainty that increase will take place along with equity for the landlord. Just say no to renting. Now is the time to enter into homeownership.

Program: Ester Davis Wake Up Show  
Topic/Title: Texas Wine Vineyards  
Air Date: Thursday, November 5, 2015 5:30AM  
Duration: 30 minutes  
Style/Type: Interview Format  
Source: Ester Davis Productions  
Issue(s) Addressed: The Economy  
Guest(s): Grace Muroa

North Texas is open for business in the world wide wine business. Over 50% of wine sold in America is made by just five giant companies. A rapidly growing number of wine growers are on the inside track of smart smaller wine stakeholders in Grapevine, Texas and beyond. These stakeholders are marketing to communities for a sheer 2% of the massive wine business. There are 8,000 wineries in the US, classic regions like California, Tuscany and Bordeaux are 'hot spots', but Texas in its diversity-wisdom is open to capture their boom share alone with the oil. What a combination! The wines in North Texas range from fine favorites to rare specials.

KPXD TV, ARLINGTON, TEXAS  
PUBLIC AFFAIRS REPORT  
FOURTH QUARTER, 2015

Program: Living Well  
Title/Topic: Home to Go  
Anna & Kristina's Grocery Bag  
Show #: 311  
Air Date: Tuesday, November 10, 2015 5:00am  
Duration: 58:30 minutes  
Style/Type: Human Interest  
Source: ION Life  
Issue(s) Addressed: Home Improvement, Nutrition and Fitness.  
Guests: Home To Go  
Host: Peter Fallico  
Guests: Kendra Hawke, Pat Travers, Christina Song,  
Barbara Barrett  
Anna & Kristina's Grocery Bag  
Hosts: Anna Wallner & Kristina Maticic  
Guests: Chef Andrea Froncillo

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Description:

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A young couple who doesn't want to put down roots still wants a comfortable home with room to put up out-of-town guests. Peter takes advantage of different spaces to double the function of a room as well as creating a hideaway workspace. With help from Barbara Barrett the design team puts a modern twist on antique inspirations.

*In "Anna & Kristina's Grocery Bag" hosts Anna Wallner & Kristina Maticic put popular cookbooks to the test. In each episode, they try out and review recipes, ingredients, appliances and food preparation techniques to see if the average cook can re-create the beautifully photographed meals.*

Vampires beware! Anna and Kristina are testing a cookbook where every recipe – yes, even dessert – contains garlic. While they're at it, they'll find out if any modern mincing gadget is better for garlic than your standard chef's knife and which type of garlic you should use for your dishes.

KPXD TV, ARLINGTON, TEXAS  
PUBLIC AFFAIRS REPORT  
FOURTH QUARTER, 2015

Program: Ester Davis Wake Up Show  
Topic/Title: Texas Wine Vineyards  
Air Date: Thursday, November 12, 2015 5:00AM  
Duration: 30 minutes  
Style/Type: Interview Format  
Source: Ester Davis Productions  
Issue(s) Addressed: The Economy  
Guest(s): Grace Muroa

North Texas is open for business in the world wide wine business. Over 50% of wine sold in America is made by just five giant companies. A rapidly growing number of wine growers are on the inside track of smart smaller wine stakeholders in Grapevine, Texas and beyond. These stakeholders are marketing to communities for a sheer 2% of the massive wine business. There are 8,000 wineries in the US, classic regions like California, Tuscany and Bordeaux are 'hot spots' , but Texas in its diversity-wisdom is open to capture their boom share alone with the oil. What a combination! The wines in North Texas range from fine favorites to rare specials.

Program: Ester Davis Wake Up Show  
Topic/Title: Mediating Disputes  
Air Date: Thursday, November 12, 2015 5:30AM  
Duration: 30 minutes  
Style/Type: Interview Format  
Source: Ester Davis Productions  
Issue(s) Addressed: The Court System  
Guest(s): Linda O. Smith

Mediating disputes is a growing business and mediators are in strict demand. Mediators are divided into industry segments, i.e., post office disputes, common law disputes, child custody cases without court intervention. The book can help the average person reach a more precise and practical approach to a reasonable close without the mounting cost. Ms. Smith was a guest several years ago, and now offer services to major and minor corporations.

KPXD TV, ARLINGTON, TEXAS  
PUBLIC AFFAIRS REPORT  
FOURTH QUARTER, 2015

Program: Living Well  
Title/Topic: Home to Go  
Anna & Kristina's Grocery Bag  
Show #: 312  
Air Date: Tuesday, November 17, 2015 5:00am  
Duration: 58:30 minutes  
Style/Type: Human Interest  
Source: ION Life  
Issue(s) Addressed: Home Improvement, Nutrition and Fitness.  
Guests: Home To Go  
Host: Peter Fallico  
Guests: Jeanine Noyes, Beth Halstead  
Anna & Kristina's Grocery Bag  
Hosts: Anna Wallner & Kristina Matisic  
Guests: Chef Jeff Nathan

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Description:

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A musician and composer has squeezed a home office into her tiny apartment and needs to find a way to divide the space and make for a homier feel. Peter helps create more space in the home by using simple decorating tricks.

*In "Anna & Kristina's Grocery Bag" hosts Anna Wallner & Kristina Matisic put popular cookbooks to the test. In each episode, they try out and review recipes, ingredients, appliances and food preparation techniques to see if the average cook can re-create the beautifully photographed meals.*

Anna and Kristina take on recipes from the *Jewish Home Cooking* cookbook as they try to impress a famed New York Kosher chef. The author's philosophy is that Yiddish cooking can be modernized and made in a healthful manner. And a pickle test finds out which grocery store brand produces the perfect kosher pucker.

KPXD TV, ARLINGTON, TEXAS  
PUBLIC AFFAIRS REPORT  
FOURTH QUARTER, 2015

Program: Ester Davis Wake Up Show  
Topic/Title: Mediating Disputes  
Air Date: Thursday, November 19, 2015 5:00AM  
Duration: 30 minutes  
Style/Type: Interview Format  
Source: Ester Davis Productions  
Issue(s) Addressed: The Court System  
Guest(s): Linda O. Smith

Mediating disputes is a growing business and mediators are in strict demand. Mediators are divided into industry segments, i.e., post office disputes, common law disputes, child custody cases without court intervention. The book can help the average person reach a more precise and practical approach to a reasonable close without the mounting cost. Ms. Smith was a guest several years ago, and now offer services to major and minor corporations.

Program: Ester Davis Wake Up Show  
Topic/Title: Fairview Police Department  
Air Date: Thursday, November 19, 2015 5:30AM  
Duration: 30 minutes  
Style/Type: Interview Format  
Source: Ester Davis Productions  
Issue(s) Addressed: Crime in the Community  
Guest(s): Female Police on the Force

The North Texas Police Women Conference was held at the City Hall in Fairview Texas. Female officers from Wiley, Marissa, Forney, Anna, Frisco, Waco, Prosper, Mesquite, DeSoto, and Royce City were all in attendance.



KPXD TV, ARLINGTON, TEXAS  
PUBLIC AFFAIRS REPORT  
FOURTH QUARTER, 2015

Program: Living Well  
Title/Topic: Home to Go  
Anna & Kristina's Grocery Bag  
Show #: 313  
Air Date: Tuesday, November 24, 2015 5:00am  
Duration: 58:30 minutes  
Style/Type: Human Interest  
Source: ION Life  
Issue(s) Addressed: Home Improvement, Nutrition and Fitness.  
Guests: Home To Go  
Host: Peter Fallico  
Guests: Derek Hooper, Brenda Irving, Virginie Martocq,  
Anna & Kristina's Grocery Bag  
Hosts: Anna Wallner & Kristina Matisic  
Guests: Chef Yves Potuin, Nilmini Wijewickereme

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Description:

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*In "Anna & Kristina's Grocery Bag" hosts Anna Wallner & Kristina Matisic put popular cookbooks to the test. In each episode, they try out and review recipes, ingredients, appliances and food preparation techniques to see if the average cook can re-create the beautifully photographed meals.* In this episode Anna and Kristina test out the cookbook "Good House Keeping's Vegetarian Meals". Chef Yves Potuin will taste their creations from the cookbook. They also test different types of produce wash and different types of goat cheese.

KPXD TV, ARLINGTON, TEXAS  
PUBLIC AFFAIRS REPORT  
FOURTH QUARTER, 2015

Program: Ester Davis Wake Up Show  
Topic/Title: Fairview Police Department  
Air Date: Thursday, November 26, 2015 5:00AM  
Duration: 30 minutes  
Style/Type: Interview Format  
Source: Ester Davis Productions  
Issue(s) Addressed: Crime in the Community  
Guest(s): Female Police on the Force

The North Texas Police Women Conference was held at the City Hall in Fairview Texas. Female officers from Wiley, Marissa, Forney, Anna, Frisco, Waco, Prosper, Mesquite, DeSoto, and Royce City were all in attendance.

Program: Ester Davis Wake Up Show  
Topic/Title: Top 10 Scams  
Air Date: Thursday, November 26, 2015 5:30AM  
Duration: 30 minutes  
Style/Type: Interview Format  
Source: Ester Davis Productions  
Issue(s) Addressed: Crime in the Community  
Guest(s): Linda Ender & Mrs. Arnold

Holiday time breeds more and more believable scams directed on cell phones and seniors with established land lines. The most common are sweepstakes and lottery scams. With the onset of storms, roofing scams have taken the lead. The Better Business Bureau works in concert with The Senior Source and people being released from hospitals, young mothers with babies and obituaries in the newspaper.

KPXD TV, ARLINGTON, TEXAS  
PUBLIC AFFAIRS REPORT  
FOURTH QUARTER, 2015

Program: Living Well  
Title/Topic: Home to Go  
Anna & Kristina's Grocery Bag  
Show #: 314  
Air Date: Tuesday, December 1, 2015 5:00am  
Duration: 58:30 minutes  
Style/Type: Human Interest  
Source: ION Life  
Issue(s) Addressed: Home Improvement, Nutrition and Fitness.  
Guests: Home To Go  
Host: Peter Fallico  
Guests: Gallant Law, Stuart Swing  
Anna & Kristina's Grocery Bag  
Hosts: Anna Wallner & Kristina Matisic  
Guests: Chef Andrey Durbach

"Living Well" is a one hour community affairs program that is dedicated to active lifestyles, wellness & helpful information that leads to a more empowered life. The featured shows in "Living Well" are "Home to Go" and "Anna & Kristina's Grocery Bag".

Description:

*"Home to Go" is an innovative do-it yourself design series that presents original, easy-to-execute, and inexpensive décor ideas and solutions for people living in temporary spaces. Each week, Peter works with roommates, singles, and young couples to help them make over their spaces into beautiful and functional homes that can be packed up and move on when it's time to pick up sticks. In this episode renter Gallant Law is waiting to be able to move into a condo. In the meantime he would like to update his current living space to have the look of a luxury hotel.*

*In "Anna & Kristina's Grocery Bag" hosts Anna Wallner & Kristina Matisic put popular cookbooks to the test. In each episode, they try out and review recipes, ingredients, appliances and food preparation techniques to see if the average cook can re-create the beautifully photographed meals. In this episode Anna and Kristina test out the cookbook "Fat" By Jennifer McLagen. Chef Andrey Durbach tastes the recipes they make from this cookbook. They also test out different types of butters and thermometers.*

KPXD TV, ARLINGTON, TEXAS  
PUBLIC AFFAIRS REPORT  
FOURTH QUARTER, 2015

Program: Ester Davis Wake Up Show  
Topic/Title: Top 10 Scams  
Air Date: Thursday, December 3, 2015 5:00AM  
Duration: 30 minutes  
Style/Type: Interview Format  
Source: Ester Davis Productions  
Issue(s) Addressed: Crime in the Community  
Guest(s): Linda Ender & Mrs. Arnold

Holiday time breeds more and more believable scams directed on cell phones and seniors with established land lines. The most common are sweepstakes and lottery scams. With the onset of storms, roofing scams have taken the lead. The Better Business Bureau works in concert with The Senior Source and people being released from hospitals, young mothers with babies and obituaries in the newspaper.

Program: Ester Davis Wake Up Show  
Topic/Title: Crossroads Guitar Benefit  
Air Date: Thursday, December 3, 2015 5:30AM  
Duration: 30 minutes  
Style/Type: Interview Format  
Source: Ester Davis Productions  
Issue(s) Addressed: Charities  
Guest(s): Jim Hoffpauir

A resounding favorite. We receive calls for free guitars, which we in turn pass on to the cowboys of color. This is awfully rewarding. This benefit from the cowboys and the guitar people, work the rural communities looking at young musicians. Music is the universal language even today. The international community has a bounty of their music, but the guitar is speaking the universal language. Cowboys donate music, time, great stories to wide-eyed children and a visit to the horses.

KPXD TV, ARLINGTON, TEXAS  
PUBLIC AFFAIRS REPORT  
FOURTH QUARTER, 2015

Program: Living Well  
Title/Topic: Home to Go  
Anna & Kristina's Grocery Bag  
Show #: 315  
Air Date: Tuesday, December 8, 2015 5:00am  
Duration: 58:30 minutes  
Style/Type: Human Interest  
Source: ION Life  
Issue(s) Addressed: Home Improvement, Nutrition and Fitness.  
Guests: Home To Go  
Host: Peter Fallico  
Guests: Jelena Mihajlovic, Jennifer Leonard, Virginie Martocq  
Anna & Kristina's Grocery Bag  
Hosts: Anna Wallner & Kristina Maticic  
Guests: Vicky Gabereau

"Living Well" is a one hour community affairs program that is dedicated to active lifestyles, wellness & helpful information that leads to a more empowered life. The featured shows in "Living Well" are "Home to Go" and "Anna & Kristina's Grocery Bag".

Description:

*"Home to Go" is an innovative do-it yourself design series that presents original, easy-to-execute, and inexpensive décor ideas and solutions for people living in temporary spaces. Each week, Peter works with roommates, singles, and young couples to help them make over their spaces into beautiful and functional homes that can be packed up and move on when it's time to pick up sticks.*

How do you turn a wonky attic space into a calming meditation zone for two young roommates? All kinds of tricks are pulled out, from storage ideas to padded walls and even help from the crafty tenants. With help from Virginie Martocq the creative team puts together a warm and reflective space that's ready to move anytime.

*In "Anna & Kristina's Grocery Bag" hosts Anna Wallner & Kristina Maticic put popular cookbooks to the test. In each episode, they try out and review recipes, ingredients, appliances and food preparation techniques to see if the average cook can re-create the beautifully photographed meals.*

Anna and Kristina review classic recipes from the 1975 cookbook, *The Best of the Best and more*. The book has been updated since to include fresher ingredients, but will recipes like "Hamburger Soup" and "Classy Chicken" be enough to impress celebrity guest judge Vicky Gabereau?

KPXD TV, ARLINGTON, TEXAS  
PUBLIC AFFAIRS REPORT  
FOURTH QUARTER, 2015

Program: Ester Davis Wake Up Show  
Topic/Title: Crossroads Guitar Benefit  
Air Date: Thursday, December 10, 2015 5:00AM  
Duration: 30 minutes  
Style/Type: Interview Format  
Source: Ester Davis Productions  
Issue(s) Addressed: Charities  
Guest(s): Jim Hoffpauir

A resounding favorite. We receive calls for free guitars, which we in turn pass on to the cowboys of color. This is awfully rewarding. This benefit from the cowboys and the guitar people, work the rural communities looking at young musicians. Music is the universal language even today. The international community has a bounty of their music, but the guitar is speaking the universal language. Cowboys donate music, time, great stories to wide-eyed children and a visit to the horses.

Program: Ester Davis Wake Up Show  
Topic/Title: The Age Office  
Air Date: Thursday, Decmeber 10, 2015 5:30AM  
Duration: 30 minutes  
Style/Type: Interview Format  
Source: Ester Davis Productions  
Issue(s) Addressed: Help and Support for the Elderly  
Guest(s): Clair Turner

The 211 Texas Directory is a powerful tool for connecting people of age and their families. The directory is free, red in color and list all the agencies, support groups and advocates.

KPXD TV, ARLINGTON, TEXAS  
PUBLIC AFFAIRS REPORT  
FOURTH QUARTER, 2015

Program: Living Well  
Title/Topic: Home to Go  
Anna & Kristina's Grocery Bag  
Show #: 316  
Air Date: Tuesday, December 15, 2015 5:00am  
Duration: 58:30 minutes  
Style/Type: Human Interest  
Source: ION Life  
Issue(s) Addressed: Home Improvement, Nutrition and Fitness.  
Guests: Home To Go  
Host: Peter Fallico  
Guests: Carole Mackereth and Christina Song  
Anna & Kristina's Grocery Bag  
Hosts: Anna Wallner & Kristina Maticic  
Guests: Jamie Maw and Shaun Layton

"Living Well" is a one hour community affairs program that is dedicated to active lifestyles, wellness & helpful information that leads to a more empowered life. The featured shows in "Living Well" are "Home to Go" and "Anna & Kristina's Grocery Bag".

Description:

*"Home to Go" is an innovative do-it yourself design series that presents original, easy-to-execute, and inexpensive décor ideas and solutions for people living in temporary spaces. Each week, Peter works with roommates, singles, and young couples to help them make over their spaces into beautiful and functional homes that can be packed up and move on when it's time to pick up sticks.*

A dancer on the move wants to personalize her apartment in a more feminine style but definitely wants it portable. Learn how to create French chic style with fabric, color and simple touches. Great storage that looks good is the goal, and Peter demonstrates how to build decorative aesthetics hidden storage using bookcases.

*In "Anna & Kristina's Grocery Bag" hosts Anna Wallner & Kristina Maticic put popular cookbooks to the test. In each episode, they try out and review recipes, ingredients, appliances and food preparation techniques to see if the average cook can re-create the beautifully photographed meals.*

Entertaining dinner guests can be stressful, but the Barefoot Contessa, Ina Garten believes you can still get maximum flavor without too much. Anna and Kristina take a cue and some recipes from her cookbook *Back to Basics* to present to food critic, Jamie Maw. The hosts also taste test some bacon, pumpkin and try out some cocktail shakers to put together a dinner party worthy of a great review.

KPXD TV, ARLINGTON, TEXAS  
PUBLIC AFFAIRS REPORT  
FOURTH QUARTER, 2015

Program: Ester Davis Wake Up Show  
Topic/Title: The Age Office  
Air Date: Thursday, December 17, 2015 5:00AM  
Duration: 30 minutes  
Style/Type: Interview Format  
Source: Ester Davis Productions  
Issue(s) Addressed: Help and Support for the Elderly  
Guest(s): Clair Turner

The 211 Texas Directory is a powerful tool for connecting people of age and their families. The directory is free, red in color and list all the agencies, support groups and advocates.

Program: Ester Davis Wake Up Show  
Topic/Title: "Buzz Driving is Drunk Driving"  
Air Date: Thursday, December 17, 2015 5:30AM  
Duration: 30 minutes  
Style/Type: Interview Format  
Source: Ester Davis Productions  
Issue(s) Addressed: Crime in the Community  
Guest(s): Ret. Sgt. Washington

Must be holiday time! The police department calls. The fraternal order of police calls us for public information on drinking and driving. Dr. Watkins gave us the hazards of alcohol on the body last year, reiterating the law enforcement position on drinking and the effect on the brain.



KPXD TV, ARLINGTON, TEXAS  
PUBLIC AFFAIRS REPORT  
FOURTH QUARTER, 2015

Program: Living Well  
Title/Topic: Home to Go  
Anna & Kristina's Grocery Bag  
Show #: 317  
Air Date: Tuesday, December 22, 2015 5:00am  
Duration: 58:30 minutes  
Style/Type: Human Interest  
Source: ION Life  
Issue(s) Addressed: Home Improvement, Nutrition and Fitness.  
Guests: Home To Go  
Host: Peter Fallico  
Guests: Sarah Harrison, Tonya Coyle, Teresa Macdonnell  
Anna & Kristina's Grocery Bag  
Hosts: Anna Wallner & Kristina Maticic  
Guests: Sylvia Weinstock

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Description:

*"Home to Go" is an innovative do-it yourself design series that presents original, easy-to-execute, and inexpensive décor ideas and solutions for people living in temporary spaces. Each week, Peter works with roommates, singles, and young couples to help them make over their spaces into beautiful and functional homes that can be packed up and move on when it's time to pick up sticks.*

*Longtime friends and roommates Sarah and Tonya are living in their first apartment together with a mishmash of furniture. Teresa Macdonnell shows ways to use metafoil, assorted fabrics and picture frames to add a dramatic splash; as well as ways to turn trash into treasure.*

*In "Anna & Kristina's Grocery Bag" hosts Anna Wallner & Kristina Maticic put popular cookbooks to the test. In each episode, they try out and review recipes, ingredients, appliances and food preparation techniques to see if the average cook can re-create the beautifully photographed meals.*

Anna and Kristina take on the challenge of making a 3 tiered wedding cake for a wedding. They test the cookbook "The Cake Bible" by Rose Levy Berenbaum. They create all the components of the wedding cake from scratch. They make a visit to New York City to visit cake maker Sylvia Weinstock to learn how to make marzipan roses and who will critique their finished cake later on.

KPXD TV, ARLINGTON, TEXAS  
PUBLIC AFFAIRS REPORT  
FOURTH QUARTER, 2015

Program: Ester Davis Wake Up Show  
Topic/Title: "Buzz Driving is Drunk Driving"  
Air Date: Thursday, December 24, 2015 5:00AM  
Duration: 30 minutes  
Style/Type: Interview Format  
Source: Ester Davis Productions  
Issue(s) Addressed: Crime in the Community  
Guest(s): Ret. Sgt. Washington

Must be holiday time! The police department calls. The fraternal order of police calls us for public information on drinking and driving. Dr. Watkins gave us the hazards of alcohol on the body last year, reiterating the law enforcement position on drinking and the effect on the brain.

Program: Ester Davis Wake Up Show  
Topic/Title: Bowling for Babies  
Air Date: Thursday, December 24, 2015 5:30AM  
Duration: 30 minutes  
Style/Type: Interview Format  
Source: Ester Davis Productions  
Issue(s) Addressed: Charities  
Guest(s): Jim Hoffpauir

This is a favorite of everybody involved in the community. A community event for children. The entire bowling alley holds all the areas of the community organizations, public servants, and educators for a happy, successful fundraiser.

KPXD TV, ARLINGTON, TEXAS  
PUBLIC AFFAIRS REPORT  
FOURTH QUARTER, 2015

Program: Living Well  
Title/Topic: Home to Go  
Anna & Kristina's Grocery Bag  
Show #: 318  
Air Date: Tuesday, December 29, 2015 5:00am  
Duration: 58:30 minutes  
Style/Type: Human Interest  
Source: ION Life  
Issue(s) Addressed: Home Improvement, Nutrition and Fitness.  
Guests: Home To Go  
Host: Peter Fallico  
Guests: Doug Bryce, Aurelie Hatch, Sabrina Linn  
Anna & Kristina's Grocery Bag  
Hosts: Anna Wallner & Kristina Matisic  
Guests: Nico Schuermans

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Description:

*"Home to Go" is an innovative do-it yourself design series that presents original, easy-to-execute, and inexpensive décor ideas and solutions for people living in temporary spaces. Each week, Peter works with roommates, singles, and young couples to help them make over their spaces into beautiful and functional homes that can be packed up and move on when it's time to pick up sticks.*

*Peter Falico and Sabrina Linn show creative ways to bring existing pieces together that aren't hard or expensive. Also learn how to make a kitchen island out of book shelves as well as other simple storage solutions for the kitchen.*

*In "Anna & Kristina's Grocery Bag" hosts Anna Wallner & Kristina Matisic put popular cookbooks to the test. In each episode, they try out and review recipes, ingredients, appliances and food preparation techniques to see if the average cook can re-create the beautifully photographed meals.*

*Anna and Kristina test out the book "The Flexitarian Table" by Peter Berley. They test out recipes such as "Crispy pressed chicken and need to impress Chef Nico Schuermans, a high profile chef who has worked in restaurants all over the word. They will also visit a culinary school to test out four different types of Dutch Ovens.*

KPXD TV, ARLINGTON, TEXAS  
PUBLIC AFFAIRS REPORT  
FOURTH QUARTER, 2015

Program: Ester Davis Wake Up Show  
Topic/Title: Bowling for Babies  
Air Date: Thursday, December 31, 2015 5:00AM  
Duration: 30 minutes  
Style/Type: Interview Format  
Source: Ester Davis Productions  
Issue(s) Addressed: Charities  
Guest(s): Jim Hoffpauir

This is a favorite of everybody involved in the community. A community event for children. The entire bowling alley holds all the areas of the community organizations, public servants, and educators for a happy, successful fundraiser.

Program: Ester Davis Wake Up Show  
Topic/Title: Bowling for Babies II  
Air Date: Thursday, December 31, 2015 5:30AM  
Duration: 30 minutes  
Style/Type: Interview Format  
Source: Ester Davis Productions  
Issue(s) Addressed: Charities  
Guest(s): Jim Hoffpauir

This is a continuation and part two of the Bowling for Babies episode. This is a favorite of everybody involved in the community. A community event for children. The entire bowling alley holds all the areas of the community organizations, public servants, and educators for a happy, successful fundraiser.