# PUBLIC AFFAIRS REPORT FOR KPXD-TV ARLINGTON, TEXAS FOR

FIRST QUARTER ENDING: 3/31/2016

In accordance with section 73.3526(e)(11)(i) of the Federal Communications Commission rules, the following, in the opinion of KPXD TV, are the problems and needs of the community for the period noted above. They are not necessarily listed in order of importance. Each is identified by significant Public Affairs and/or Public Service programing in response to these needs.

#### **ISSUES:**

- 1. Education
- 2. Healthcare
- Charities
- 4. Nutrition Advice
- 5. Home Improvement Ideas
- 6. Entrepreneurship
- 7. Storage & Organizational Tips
- 8. Public Transportation
- 9. Public Utilities
- 10. Healthy Organic Cooking

A detailed summary of each program's content, including guests, affiliations and date of broadcast is included in this report.

"Living Well" is a one hour community affairs program that is dedicated to active lifestyles, wellness & helpful information that leads to a more empowered life. The featured shows in "Living Well" are "Home to Go" and "Anna & Kristina's Grocery Bag".

The Ester Davis Wake-Up Show is a one-half hour community affairs program covering issues and affairs that are important to the Dallas-Ft. Worth Metroplex. In reaching out to interview non-profit organizations, corporate, community and individuals alike, topical issues, presented in an interview format the Ester Davis Wake-Up Show takes on real-life experience. Common concerns and relevant issues in the area are addressed to bring a sense of awareness, educate and enlarge the viewing public's understanding of current issues relevant to the community.

Program: Living Well Episode #319

Air Date: Tuesday, January 5, 2016 5:00am

Topic/Title: Home to Go

Anna & Kristina's Grocery Bag

Duration: 58:30 minutes
Style/Type: Human Interest

Source: ION Life

Issue(s) Addressed: Home Improvement, Nutrition and Fitness.

Host: Peter Fallico

Guests: Larissa Giroux, Mimi Pineau Hosts: Anna Wallner & Kristina Matisic

Guests: Neil Ingram, Michaela Morris, Ingo Grady

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#### Description:

"Home to Go" is an innovative do-it yourself design series that presents original, easy-to-execute, and inexpensive décor ideas and solutions for people living in temporary spaces. Each week, Peter works with roommates, singles, and young couples to help them make over their spaces into beautiful and functional homes that can be packed up and move on when it's time to pick up sticks. In this episode Larissa has lived in Paris, travelled in Thailand, and likes to keep a global sense of style in her home. Imagine a combination of contemporary sensibilities, touches of faded luxury, new Asian influences, and unexpected color combinations. The makeover includes a facelift for the kitchen, a new unifying look for the furniture, and a TV console built by Peter.

In "Anna & Kristina's Grocery Bag" hosts Anna Wallner & Kristina Matisic put popular cookbooks to the test. In each episode, they try out and review recipes, ingredients, appliances and food preparation techniques to see if the average cook can re-create the beautifully photographed meals. Anna & Kristina have been known to enjoy a glass of wine from time to time, but cooking a meal where every recipe contains alcohol might be too much even for them especially when they have two wine experts over for dinner. The two hosts also test different preservation methods finds out the best way to store leftover wine.

Program: Ester Davis Wake Up Show

Air Date: Thursday, January 7, 2016 5:00AM

Topic/Title: Bowling for Babies II

Duration: 30 minutes

Style/Type: Interview Format

Source: Ester Davis Productions

Issue(s) Addressed: Charities
Host: Ester Davis
Guests: Jim Hoffpauir

This is a continuation and part two of the Bowling for Babies episode. This is a favorite of everybody involved in the community. A community event for children. The entire bowling alley holds all the areas of the community organizations, public servants, and educators for a happy, successful fundraiser.

Program: Ester Davis Wake Up Show

Air Date: Thursday, January 7, 2016 5:30AM

Topic/Title: The High Rise Of Heart Attacks

Duration: 30 minutes

Style/Type: Interview Format

Source: Ester Davis Productions

Issue(s) Addressed: Health

Host: Ester Davis

Guests: Dr. Wayland Drummond

AARP Texas explores the highly rising dilemma of heart attacks. With Vioxx now off the market, and an estimated 100,000 people still having heart attacks nationally due to this drug, what now? Before drugs are marketed there are theoretical concerns that may cause heart problems in some cases. In this case these concerns were not properly evaluated. The public conversation about heart drugs is still a growing concern. AARP Texas is committed to follow up and follow thru during this election year.

Program: Living Well Episode #320

Air Date: Tuesday, January 12, 2016 5:00am

Topic/Title: Home to Go

Anna & Kristina's Grocery Bag

Duration: 58:30 minutes
Style/Type: Human Interest

Source: ION Life

Issue(s) Addressed: Home Improvement, Nutrition and Fitness

Hosts: Peter Fallico

Guests: David & Alexandra Altrow, Beth Halstead

Hosts: Anna Wallner & Kristina Matisic

Guests: Chef Jonathan Chovancek, John van der Lieck

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#### Description:

"Home to Go" is an innovative do-it yourself design series that presents original, easy-to-execute, and inexpensive décor ideas and solutions for people living in temporary spaces. Each week, Peter works with roommates, singles, and young couples to help them make over their spaces into beautiful and functional homes that can be packed up and move on when it's time to pick up sticks.

Peter designs a tray to convert an ottoman into a coffee table, a dining room is given a dramatic look and is reorganized for both entertaining and working, and the entire house gets baby-proofed for a child on the verge of toddling.

In "Anna & Kristina's Grocery Bag" hosts Anna Wallner & Kristina Matisic put popular cookbooks to the test. In each episode, they try out and review recipes, ingredients, appliances and food preparation techniques to see if the average cook can re-create the beautifully photographed meals.

Tapa style dining is all the rage, but will recipes from a cookbook full of Small Bites be able to substitute a full course meal? Better yet, will it impress Chef Jonathan who happens to be a master of hors d'oeuvres?

Program: Ester Davis Wake Up Show

Air Date: Thursday, January 14, 2016 5:00AM

Topic/Title: The High Rise Of Heart Attacks

Duration: 30 minutes

Style/Type: Interview Format

Source: Ester Davis Productions

Issue(s) Addressed: Health

Host: Ester Davis

Guests: Dr. Wayland Drummond

AARP Texas explores the highly rising dilemma of heart attacks. With Vioxx now off the market, and an estimated 100,000 people still having heart attacks nationally due to this drug, what now? Before drugs are marketed there are theoretical concerns that may cause heart problems in some cases. In this case these concerns were not properly evaluated. The public conversation about heart drugs is still a growing concern. AARP Texas is committed to follow up and follow thru during this election year.

Program: Ester Davis Wake Up Show

Air Date: Thursday, January 14, 2016 5:30AM

Topic/Title: Dallas Water Utilities

Duration: 30 minutes

Style/Type: Interview Format

Source: Ester Davis Productions

Issue(s) Addressed: Recycling and the Environment

Host: Ester Davis

Guests: Kenneth Aces, Code Supervisor

City facilities are bombarded with phone calls on how to unstop my sink. A skit of was produced in 2013 and the demand for the televised skit has surfaced again. Grease and oil should not go down the drain. It can cause a sewer overflow. Homeowners can pick up a sealed container at Recreation Centers. The sealed container can be returned to a recycling station and turned in. The recycling plants in the DFW are being published and mailed to citizens in the Dallas Water bills.

Program: Living Well Episode #321

Air Date: Tuesday, January 19, 2016 5:00am

Topic/Title: Home to Go

Anna & Kristina's Grocery Bag

Duration: 58:30 minutes
Style/Type: Human Interest

Source: ION Life

Issue(s) Addressed: Home Improvement, Nutrition and Fitness.

Hosts: Peter Fallico

Guests: Renters Julie & T.J., Designer Teresa MacDonell

Hosts: Anna Wallner & Kristina Matisic

Guests: Chef Martin Yan

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#### Description:

"Home to Go" is an innovative do-it yourself design series that presents original, easy-toexecute, and inexpensive décor ideas and solutions for people living in temporary spaces. Each week, Peter works with roommates, singles, and young couples to help them make over their spaces into beautiful and functional homes that can be packed up and move on when it's time to pick up sticks.

Roommates Julie and T.J. entertain out of town guests on a regular basis in their small two bedroom apartment. Peter Fallico and Designer Teresa MacDonnel along with Julie's brother Mark work together as team to rearrange and update Julie's and T.J.'s apartment so they and their guests can enjoy the space much more.

In "Anna & Kristina's Grocery Bag" hosts Anna Wallner & Kristina Matisic put popular cookbooks to the test. In each episode, they try out and review recipes, ingredients, appliances and food preparation techniques to see if the average cook can re-create the beautifully photographed meals.

In this episode Anna and Kristina learn about traditional Chinese cooking and test the cookbook "The Chinese Kitchen" by Eileen Yin-Fei Lo. They also visit a Chinese tea shop and learn about the best way to brew and serve Chinese tea.

Program: Ester Davis Wake Up Show

Air Date: Thursday, January 21, 2016 5:00AM

Topic/Title: Dallas Water Utilities

Duration: 30 minutes

Style/Type: Interview Format

Source: Ester Davis Productions

Issue(s) Addressed: Recycling and the Environment

Host: Ester Davis

Guests: Kenneth Aces, Code Supervisor

City facilities are bombarded with phone calls on how to unstop my sink. A skit of was produced in 2013 and the demand for the televised skit has surfaced again. Grease and oil should not go down the drain. It can cause a sewer overflow. Homeowners can pick up a sealed container at Recreation Centers. The sealed container can be returned to a recycling station and turned in. The recycling plants in the DFW are being published and mailed to citizens in the Dallas Water bills.

Program: Ester Davis Wake Up Show

Air Date: Thursday, January 21, 2016 5:30AM

Topic/Title: Alzheimer's disease

Duration: 30 minutes

Style/Type: Interview Format

Source: Ester Davis Productions

Issue(s) Addressed:Health

Host: Ester Davis
Guest: Shannon Leath

Added to the agenda this year from the American Heart Association is awareness on preventing heart attacks in women and men. The other most popular event was recognition to care-givers of Alzheimer's disease. People tend to joke about senior moments, but often the humor masks an underlying fear of Alzheimer's disease.

Program: Living Well Episode #322

Air Date: Tuesday, January 26, 2016 5:00am

Title/Topic: Home to Go

Anna & Kristina's Grocery Bag

Duration: 58:30 minutes
Style/Type: Human Interest

Source: ION Life

Issue(s) Addressed: Home Improvement, Nutrition and Fitness.

Hosts: Peter Fallico

Guests: Renter Heather Libby, Designer Virginie Martocq.

Hosts: Anna Wallner & Kristina Matisic

Guests: Chef Warren Geraghty, Executive Chef Grant Achatz

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#### Description:

"Home to Go" is an innovative do-it yourself design series that presents original, easy-to-execute, and inexpensive décor ideas and solutions for people living in temporary spaces. Each week, Peter works with roommates, singles, and young couples to help them make over their spaces into beautiful and functional homes that can be packed up and move on when it's time to pick up sticks. In this episode Peter Fallico and Designer Virginie Martocq will show how simple projects, a change of colors and rearrangement of furniture can give Heather's apartment the desired Cape Cod cottage feel.

In "Anna & Kristina's Grocery Bag" hosts Anna Wallner & Kristina Matisic put popular cookbooks to the test. In each episode, they try out and review recipes, ingredients, appliances and food preparation techniques to see if the average cook can re-create the beautifully photographed meals. In this episode Anna and Kristina take on the cookbook ALINEA by Grant Achatz, which is based on the recipes of the ALINEA Restaurant in Chicago. The ALINEA restaurant is famous for food that is a total sensory experience. They fly to Chicago and visit the ALINEA Restaurant to learn more about the preparation involved in recreating such complex food.

Program: Ester Davis Wake Up Show

Air Date: Thursday, January 28, 2016 5:00AM

Topic/Title: Alzheimer's Disease

Duration: 30 minutes

Style/Type: Interview Format

Source: Ester Davis Productions

Issue(s) Addressed: Health

Host: Ester Davis
Guest: Shannon Leath

Added to the agenda this year from the American Heart Association is awareness on preventing heart attacks in women and men. The other most popular event was recognition to care-givers of Altzheimer's disease. People tend to joke about senior moments, but often the humor masks an underlying fear of Alzheimer's disease.

Program: Ester Davis Wake Up Show

Air Date: Thursday, January 28, 2016 5:30AM

Topic/Title: Spirit of the Cowboy

Duration: 30 minutes

Style/Type: Interview Format

Source: Ester Davis Productions

Issue(s) Addressed: Education
Host: Ester Davis
Guest: Jim Hoffpauir

The Aha moment is a series by the Stuntmen Association to combat memory loss. What often leads to these lapses are brain busters such as fatigue, depression, poor physical health, and medication. The stock show is a generational month long legacy. It's members are growing older and the farming and ranch life is slowly drying up. The new agenda focus on health and education.

Program: Living Well Episode #323

Air Date: Tuesday, February 2, 2016 5:00am

Topic/Title: Home to Go

Anna & Kristina's Grocery Bag

Duration: 58:30 minutes
Style/Type: Human Interest

Source: ION Life

Issue(s) Addressed: Home Improvement, Nutrition and Fitness.

Hosts: Peter Fallico

Guests: Glenn McCoy and Chantel deRaucourt

Hosts: Anna Wallner & Kristina Matisic Guests: Chef Pino Posteraro, Ingo Grady

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#### Description:

"Home to Go" is an innovative do-it yourself design series that presents original, easy-to-execute, and inexpensive décor ideas and solutions for people living in temporary spaces. Each week, Peter works with roommates, singles, and young couples to help them make over their spaces into beautiful and functional homes that can be packed up and move on when it's time to pick up sticks. For these out-doorsy types, living indoors in a one-bedroom can be a tight squeeze, but great ideas for storage and function have to be portable and inexpensive. Solutions include making room for a home office, building secret nooks for storage and even re-inventing a kitchen.

In "Anna & Kristina's Grocery Bag" hosts Anna Wallner & Kristina Matisic put popular cookbooks to the test. In each episode, they try out and review recipes, ingredients, appliances and food preparation techniques to see if the average cook can re-create the beautifully photographed meals. Anna and Kristina put Gourmet Magazine to the test in this episode. While the magazine features intricate dishes the hosts will also see if the quickie meals hold up. Not only are they making mozzarella from scratch, but they are looking to impress high maintenance Chef Pino Posteraro.

Program: Ester Davis Wake Up Show

Air Date: Thursday, February 4, 2016 5:00AM

Topic/Title: Spirit of the Cowboy

Duration: 30 minutes

Style/Type: Interview Format

Source: Ester Davis Productions

Issue(s) Addressed: Education
Host: Ester Davis
Guest: Jim Hoffpauir

The Aha moment is a series by the Stuntmen Association to combat memory loss. What often leads to these lapses are brain busters such as fatigue, depression, poor physical health, and medication. The stock show is a generational month long legacy. It's members are growing older and the farming and ranch life is slowly drying up. The new agenda focus on health and education.

Program: Ester Davis Wake Up Show

Air Date: Thursday, February 4, 2016 5:30AM

Topic/Title: Diet Plans
Duration: 30 minutes

Style/Type: Interview Format

Source: Ester Davis Productions

Issue(s) Addressed: Nutrition Host: Ester Davis

Guest: Cheryl Smith & Holly Hayes

It's that time of the year for New Year's resolutions and losing holiday pounds. Nearly half of 160 overweight participants in a study dropped out early. The nursing industry has formed a coalition with the media print people to see how much attention they can muster to keep people committed. Nutrition writers are growing in large cities and walking is now the exercise of choice.

Program: Living Well Episode #324

Air Date: Tuesday, February 9, 2016 5:00am

Topic/Title: Home to Go

Anna & Kristina's Grocery Bag

Duration: 58:30 minutes
Style/Type: Human Interest

Source: ION Life

Issue(s) Addressed: Home Improvement, Nutrition and Fitness.

Host: Peter Fallico

Guests: Marcus & Michelle Tateishi, Sabrina Linn

Hosts: Anna Wallner & Kristina Matisic

Guests: Chef Terry Chandler

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#### Description:

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Michelle and Marcus, are our HGTV winners of a makeover for their charming house that's only got one problem: the charmless kitchen. Since they plan to move to a bigger home soon, affordable and portable solutions are the order of the day. This episode provides fantastic tips on how to add charm through architectural details and a select few personality pieces.

In "Anna & Kristina's Grocery Bag" hosts Anna Wallner & Kristina Matisic put popular cookbooks to the test. In each episode, they try out and review recipes, ingredients, appliances and food preparation techniques to see if the average cook can re-create the beautifully photographed meals.

Anna and Kristina mosey on down to the ranch to cook up some cowboy cuisine for a real Texas chuck wagon chef. With the help from some cowboys they figure out which grade of beef is best. They also take on a pecan pie recipe, but can it hold up to Chef Terry's beloved grandma's recipe?

Program: Ester Davis Wake Up Show

Air Date: Thursday, February 11, 2016 5:00AM

Topic/Title: Diet Plans
Duration: 30 minutes

Style/Type: Interview Format

Source: Ester Davis Productions

Issue(s) Addressed: Nutrition
Host: Ester Davis

Guest: Cheryl Smith & Holly Hayes

It's that time of the year for New Year's resolutions and losing holiday pounds. Nearly half of 160 overweight participants in a study dropped out early. The nursing industry has formed a coalition with the media print people to see how much attention they can muster to keep people committed. Nutrition writers are growing in large cities and walking is now the exercise of choice.

Program: Ester Davis Wake Up Show

Air Date: Thursday, February 11, 2016 5:30AM

Topic/Title: Dallas Dart Streetcar

Duration: 30 minutes

Style/Type: Interview Format

Source: Ester Davis Productions Issue(s) Addressed: Public Transportation

Host: Ester Davis
Guest: Gary C. Thomas

The Dallas Streetcar is getting later hours and daily service. It's in anticipation of the expansion to the Bishop Arts District later this year. The excitement is centered around the Dallas Area Rapid Transit (DART) in partnership with the City of Dallas starting a seven day a week streetcar service. The car will run until midnight making connections with the final Dart Rail trains at Union Station.

Program: Living Well Epidode #325

Air Date: Tuesday, February 16, 2016 5:00am

Topic/Title: Home to Go

Anna & Kristina's Grocery Bag

Duration: 58:30 minutes
Style/Type: Human Interest

Source: ION Life

Issue(s) Addressed: Home Improvement, Nutrition and Fitness.

Host: Peter Fallico

Guests: Michelle Leduc & Beth Halstead Hosts: Anna Wallner & Kristina Matisic

Guests: Executive Chef Robert Clark, Brian Yip

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#### Description:

"Home to Go" is an innovative do-it yourself design series that presents original, easy-to-execute, and inexpensive décor ideas and solutions for people living in temporary spaces. Each week, Peter works with roommates, singles, and young couples to help them make over their spaces into beautiful and functional homes that can be packed up and move on when it's time to pick up sticks.

One space that must act as living area, dining area and home office can be challenging but not impossible. In this episode we meet Michelle, a young aspiring actor who has a great sense of style but the house she is about to rent is quite the opposite. Can low and modest be turned into upscale and eclectic?

In "Anna & Kristina's Grocery Bag" hosts Anna Wallner & Kristina Matisic put popular cookbooks to the test. In each episode, they try out and review recipes, ingredients, appliances and food preparation techniques to see if the average cook can re-create the beautifully photographed meals.

In this episode Anna and Kristina take on the challenge of cooking with sustainable seafood by testing out recipes in the book "A Good Catch" by Jill Lambert. They also visit an oyster farm where they learn about picking out oysters. They also show us how to pick out salmon and go out on a boat to try to catch their own.

Program: Ester Davis Wake Up Show

Air Date: Thursday, February 18, 2016 5:00AM

Topic/Title: Dallas Dart Streetcar

Duration: 30 minutes

Style/Type: Interview Format

Source: Ester Davis Productions Issue(s) Addressed: Public Transportation

Host: Ester Davis
Guests: Gary C. Thomas

The Dallas Streetcar is getting later hours and daily service. It's in anticipation of the expansion to the Bishop Arts District later this year. The excitement is centered around the Dallas Area Rapid Transit (DART) in partnership with the City of Dallas starting a seven day a week streetcar service. The car will run until midnight making connections with the final Dart Rail trains at Union Station.

Program: Ester Davis Wake Up Show

Air Date: Thursday, February 18, 2016 5:30AM

Topic/Title: Let's Take Uber

Duration: 30 minutes

Style/Type: Interview Format

Source: Ester Davis Productions Issue(s) Addressed: Public Transportation

Host: Ester Davis
Guest: Debra Jones

A taxi cab driver and a full time Uber driver. The art of the driver's license is losing ground. So many people moving to Texas are not buying cars, they are using Uber, Zipcar, or other car for hire services now in our midst. For Uber and Taxi drivers this is a good move, because of all the everlasting construction all over the Dallas Fort Worh area. But the reality is that people do not want to own an automobile any more. There are more options to not owning a car.

Program: Living Well Episode #326

Air Date: Tuesday, February 23, 2016 5:00am

Topic/Title: Home to Go

Anna & Kristina's Grocery Bag

Duration: 58:30 minutes
Style/Type: Human Interest

Source: ION Life

Issue(s) Addressed: Home Improvement, Nutrition and Fitness

Host: Peter Fallico

Guests: Clare Preuss, Stuart Swing
Hosts: Anna Wallner & Kristina Matisic

Guests: Chef Daniel Boulud, Chef Stephane Istel

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#### Description:

"Home to Go" is an innovative do-it yourself design series that presents original, easy-to-execute, and inexpensive décor ideas and solutions for people living in temporary spaces. Each week, Peter works with roommates, singles, and young couples to help them make over their spaces into beautiful and functional homes that can be packed up and move on when it's time to pick up sticks. In this episode Peter takes on the ultimate "Home To Go" challenge of a small attic apartment in a very old house. Renter Clare is looking to be more organized as well as have a sense of more spaciousness and light. We will learn simple tricks that will add charm and character to this small apartment.

In "Anna & Kristina's Grocery Bag" hosts Anna Wallner & Kristina Matisic put popular cookbooks to the test. In each episode, they try out and review recipes, ingredients, appliances and food preparation techniques to see if the average cook can re-create the beautifully photographed meals. In this episode Anna and Kristina test out the cookbook "Chef Daniel Boulud Cooking In New York City" by Triple Michelin Chef Daniel Boulud, who will also be their guest chef tasting their re-creations from the book along with two other chefs. They will also learn about which hobby greenhouse is the best to grow vegetables in and they test four brands of Dijon mustard. Will Anna and Kristina be able to impress these chefs and successfully make "Warm White Asparagus with Poached Egg Dressing", "Open Lobster Ravioli and Pea Puree" and "Coconut Rocher.

Program: Ester Davis Wake Up Show

Air Date: Thursday, February 25, 2016 5:00AM

Topic/Title: Let's Take Uber Duration: 30 minutes

Style/Type: Interview Format

Source: Ester Davis Productions Issue(s) Addressed: Public Transportation

Host: Ester Davis
Guests: Debra Jones

A taxi cab driver and a full time Uber driver. The art of the driver's license is losing ground. So many people moving to Texas are not buying cars, they are using Uber, Zipcar, or other car for hire services now in our midst. For Uber and Taxi drivers this is a good move, because of all the everlasting construction all over the Dallas Fort Worh area. But the reality is that people do not want to own an automobile any more. There are more options to not owning a car.

Program: Ester Davis Wake Up Show

Air Date: Thursday, February 25, 2016 5:30AM

Topic/Title: DART Duration: 30 minutes

Style/Type: Interview Format

Source: Ester Davis Productions Issue(s) Addressed: Public Transportation

Host: Ester Davis Guests: Gary Thomas

Mass transportation is very necessary in all American cities. DART and their 3300 employees have been recognized for connecting people in 13 Dallas area cities. The American Public Transportation Association recognized DART for its innovative and efficient practices in public transit service. Communities are encouraged to ride the rail and park your cars.

Program: Living Well Episode #401

Air Date: Tuesday March 1<sup>st</sup>, 2016 5:00am

Topic/Title: Fresh with Anna Olson

Loving Spoonfuls

Duration: 58:30 minutes
Style/Type: Human Interest

Source: ION Life

Issue(s) Addressed: Organic, healthy and local food cooking. Culturally diverse

cooking.

Host: Anna Olson
Guests: Juanita Berry
Host: David Gale
Guests: Juanita Berry

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#### **Description:**

This inspirational series takes viewers inside Anna's world – a chef who truly lives food around the clock. Learn how you too can become inspired by fresh foods in your area, and watch as her enthusiasm motivates you to try new culinary creations of your own.

Cooking for a crowd can be a fun and gratifying task, it just takes a little planning, choosing your menu, and organizing tasks ahead of time. Watch as Anna takes us through the essentials of throwing a great dinner party. For her guests, Anna prepares a Mediterranean Potato Salad, juicy BBQ Back Ribs, and tops tender greens and grilled apricots with her Marinated Flank Steak. The table is set, the company is great and the food is delicious.

This delightful cooking series is devoted to characters, cultures and food. Each week, host David Gale visits a different grandmother to cook, laugh and learn about her life.

Juanita Berry, a "Grandma from Alabama" cooks up Sweet Potato Pie, Southern Fried Rabbit and teaches David how to play 'ball and jacks'.

Program: Ester Davis Wake Up Show

Air Date: Thursday, March 3, 2016 5:00AM

Topic/Title: DART Duration: 30 minutes

Style/Type: Interview Format

Source: Ester Davis Productions Issue(s) Addressed: Public Transportation

Host: Ester Davis Guests: Gary Thomas

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Program: Ester Davis Wake Up Show

Air Date: Thursday, March 3, 2016 5:30AM

Topic/Title: Major Expansion of School Choice

Duration: 30 minutes

Style/Type: Interview Format

Source: Ester Davis Productions Issue(s) Addressed:Children's Education

Host: Ester Davis
Guests: Joyce Foreman

In an effort not to engage in a full debate on how many charter schools are in the southern section of Dallas, we attempted to engage in conversation about the strength of each groups, while maintaining the best interest of the child in mind. The other issue is single gender schools offering instruction in environments that research shows improve achievement levels as compared to co-ed schools.

Program: Living Well Episode #402

Air Date: Tuesday, March 8, 2016 5:00am

Topic/Title: Fresh With Anna Olson

Loving Spoonfuls

Duration: 58:30 minutes
Style/Type: Human Interest

Source: ION Life

Issue(s) Addressed: Organic, healthy, local and culturally diverse cooking.

Host: Anna Olson

Guests: Karen Whitty of Whitty Farms, Welland Fire Dept.

Host: David Gale Guests: Sylvia Evans

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#### **Description:**

This inspirational series takes viewers inside Anna's world – a chef who truly lives food around the clock. Learn how you too can become inspired by fresh foods in your area, and watch as her enthusiasm motivates you to try new culinary creations of your own.

In this episode Anna makes a healthy meal for a group of firefighters that tastes great served warm or cold. Anna makes Salmon Chickpea Toss, Sweet Potato Soup and Peach Oatmeal Griddle Cookies.

This delightful cooking series is devoted to characters, cultures and food. Each week, host David Gale visits a different grandmother to cook, laugh and learn about her life. In this episode David visits the home of Sylvia Evans who is an English grandmother. Sylvia teaches David how to prepare a proper English tea and they make English Sherry Trifle and Scones.

Program: Ester Davis Wake Up Show

Air Date: Thursday, March 10, 2016 5:00AM

Topic/Title: Major Expansion of School Choice

Duration: 30 minutes

Style/Type: Interview Format

Source: Ester Davis Productions Issue(s) Addressed:Children's Education

Host: Ester Davis
Guests: Joyce Foreman

In an effort not to engage in a full debate on how many charter schools are in the southern section of Dallas, we attempted to engage in conversation about the strength of each groups, while maintaining the best interest of the child in mind. The other issue is single gender schools offering instruction in environments that research shows improve achievement levels as compared to co-ed schools.

Program: Ester Davis Wake Up Show

Air Date: Thursday, March 10, 2016 5:30AM

Topic/Title: Film Festival Duration: 30 minutes

Style/Type: Interview Format

Source: Ester Davis Productions

Issue(s) Addressed:Charities
Host: Ester Davis
Guests: Dean Reading

This film festival exist to preserve their diverse movie heritage and western film making. The preservation of their legacy is about lending a hand to disabled ranchers who still live on their land, and visiting schools with footage of their movie days.

Program: Living Well Episode #403

Air Date: Tuesday March 15, 2016 5:00am

Topic/Title: Fresh with Anna Olson

Loving Spoonfuls

Duration: 58:30 minutes
Style/Type: Human Interest

Source: ION Life

Issue(s) Addressed: Organic, healthy and local food cooking. Culturally diverse

cooking.

Host: Anna Olson

Guests: Mary Finson, Rose Reisman

Host: David Gale Guests: Mary Finson

"Living Well" is a one hour community affairs program that is dedicated to active lifestyles, wellness & helpful information that leads to a more empowered life. The featured shows in "Living Well" are "Fresh with Anna Olson" and "Loving Spoonfuls".

#### **Description:**

This inspirational series takes viewers inside Anna's world – a chef who truly lives food around the clock. Learn how you too can become inspired by fresh foods in your area, and watch as her enthusiasm motivates you to try new culinary creations of your own.

Anna's good friend Jennifer is getting married and Anna's gift is a wedding cake, not just a wedding cake, but a fabulous 4 tier White Chocolate Wedding Cake filled with local fresh berries and topped with green fondant. In this episode Anna also makes time to deliver three hors d'oeuvres to the bridal party before the event: Artichoke Asiago Squares, Devilled Eggs, and Champagne Shrimp on Endive.

This delightful cooking series is devoted to characters, cultures and food. Each week, host David Gale visits a different grandmother to cook, laugh and learn about her life.

In this episode we meet Jewish grandmother Mary Finson and her daughter, cookbook author Rose Reisman. They go head to head in a low-fat vs. high-fat mother/daughter cookie war!

Program: Ester Davis Wake Up Show

Air Date: Thursday, March 17, 2016 5:00AM

Topic/Title: Film Festival Duration: 30 minutes

Style/Type: Interview Format

Source: Ester Davis Productions

Issue(s) Addressed:Charities
Host: Ester Davis
Guests: Dean Reading

This film festival exist to preserve their diverse movie heritage and western film making. The preservation of their legacy is about lending a hand to disabled ranchers who still live on their land, and visiting schools with footage of their movie days.

Program: Ester Davis Wake Up Show

Air Date: Thursday, March 17, 2016 5:30AM

Topic/Title: SBA Free Session Series

Duration: 30 minutes

Style/Type: Interview Format

Source: Ester Davis Productions

Issue(s) Addressed: Entrepreneurship

Host: Ester Davis Guests: Tim Austin

Discussions on the number of new businesses across the state of Texas. The Small Business Association (SBA) is leading in an effort to get the new businesses off to a great jump start by addressing their most elementary needs in free joint sessions. The SCORE Counseling leads with the sound solid experience of former business owners who have been there and lived to talk about it.

Program: Living Well Episode #404

Air Date: Tuesday March 22, 2016 5:00am

Topic/Title: Fresh with Anna Olson

Loving Spoonfuls

Duration: 58:30 minutes
Style/Type: Human Interest

Source: ION Life

Issue(s) Addressed: Organic, healthy and local food cooking. Culturally diverse

cooking.

Host: Anna Olson

Guests: N/A

Host: David Gale

Guests: Charlotte de Neve

"Living Well" is a one hour community affairs program that is dedicated to active lifestyles, wellness & helpful information that leads to a more empowered life. The featured shows in "Living Well" are "Fresh with Anna Olson" and "Loving Spoonfuls".

#### **Description:**

This inspirational series takes viewers inside Anna's world – a chef who truly lives food around the clock. Learn how you too can become inspired by fresh foods in your area, and watch as her enthusiasm motivates you to try new culinary creations of your own.

It's beautiful outside, so why not join Anna and her friends for an impromptu beach party. Anna prepares Roasted Pepper and Eggplant Salad and Three-Bean Salad before heading over to Minors Fisheries to pick up fresh local fish for her pièce de résistance: Lakeside Paella. Her friends enjoy helping her cook on the beach- roasting their Potato Prosciutto Kebabs in an open fire and stirring the slow cooking Lakeside Paella to perfection right on the beach.

This delightful cooking series is devoted to characters, cultures and food. Each week, host David Gale visits a different grandmother to cook, laugh and learn about her life.

Indo-Dutch grandmother Charlotte de Neve makes Gado-Gado Salad and tells stories of her Grandfather, the former Governor of Borneo.

Program: Ester Davis Wake Up Show

Air Date: Thursday, March 24, 2016 5:00AM

Topic/Title: SBA Free Session Series

Duration: 30 minutes

Style/Type: Interview Format

Source: Ester Davis Productions

Issue(s) Addressed: Entrepreneurship

Host: Ester Davis
Guest: Tim Austin

Discussions on the number of new businesses across the state of Texas. The Small Business Association (SBA) is leading in an effort to get the new businesses off to a great jump start by addressing their most elementary needs in free joint sessions. The SCORE Counseling leads with the sound solid experience of former business owners who have been there and lived to talk about it.

Program: Ester Davis Wake Up Show

Air Date: Thursday, March 24, 2016 5:30AM Topic/Title: Consumer Credit Counseling Service

Duration: 30 minutes

Style/Type: Interview Format

Source: Ester Davis Productions

Issue(s) Addressed: Entrepreneurship

Host: Ester Davis

Guests: N/A

Everyday someone has lost their home due to foreclosure. Someone takes their life because they can't handle the pressure of bill collectors and the assuredness of living on the street, homeless. Consumer Credit Counseling Service helps people everyday to overcome their debt situation, save homes and save families. This show outlines the various programs and ways CCCS can assist and bring relief. They sometimes make part of the debt go away and they can give people tools to overcome the loss of jobs, homes and self-esteem.

Program: Living Well Episode #405

Air Date: Tuesday, March 29, 2016 5:00am

Topic/Title: Fresh With Anna Olson

Loving Spoonfuls

Duration: 58:30 minutes
Style/Type: Human Interest

Source: ION Life

Issue(s) Addressed: Organic, healthy, local and culturally diverse cooking.

Host: Anna Olson

Guests: N/A

Host: David Gale

Guests: Eva and Peter Ouzas'

"Living Well" is a one hour community affairs program that is dedicated to active lifestyles, wellness & helpful information that leads to a more empowered life. The featured shows in "Living Well" are "Fresh With Anna Olson" and "Loving Spoonfuls".

#### **Description:**

This inspirational series takes viewers inside Anna's world – a chef who truly lives food around the clock. Learn how you too can become inspired by fresh foods in your area, and watch as her enthusiasm motivates you to try new culinary creations of your own.

In this episode Anna prepares a relaxed lunch for friends at home before heading off to the racetrack. Her casual menu includes triple chocolate brownies, pea meal sandwiches with red cabbage slaw, slow roasted BBQ pea meal pork loin and frenchfries with ceasar dressing.

This delightful cooking series is devoted to characters, cultures and food. Each week, host David Gale visits a different grandmother to cook, laugh and learn about her life. In this episode David visits the home of Eva Ouzas' who along with her husband shows David how to make Greek cuisine. They make spanakopita, lamb and stuffed grape leaves.

Program: Ester Davis Wake Up Show

Air Date: Thursday, March 31, 2016 5:00AM

Topic/Title: Consumer Credit Counseling Service

Duration: 30 minutes

Style/Type: Interview Format

Source: Ester Davis Productions

Issue(s) Addressed: Entrepreneurship

Host: Ester Davis

Guests: N/A

Everyday someone has lost their home due to foreclosure. Someone takes their life because they can't handle the pressure of bill collectors and the assuredness of living on the street, homeless. Consumer Credit Counseling Service helps people everyday to overcome their debt situation, save homes and save families. This show outlines the various programs and ways CCCS can assist and bring relief. They sometimes make part of the debt go away and they can give people tools to overcome the loss of jobs, homes and self-esteem.

Program: Ester Davis Wake Up Show

Air Date: Thursday, March 31, 2016 5:30AM

Topic/Title: Giving a hand to the homeless

Duration: 30 minutes

Style/Type: Interview Format

Source: Ester Davis Productions

Issue(s) Addressed: Homelessness Host: Ester Davis

Guests: N/A

If someone is homeless, they carry a stigma with them. Not all homeless persons are panhandling drug addicts and alcoholics. This is the stigma that follows them. Some have lost everything due to loss of job, family break-up, returning from war stresses and just not being able to cope. This show takes a look at various agencies that reach out to the homeless and try to give them hope and a place to live. Focus is on the Salvation Army and other parachurch organizations that work with local government agencies to extend a hand to those on the street. Many of our homeless are veterans that just can't cope with life in the real world once they return from active duty. The local veteran's hospital is overwhelmed daily with cries for help.