

KPXD TV 68  
ARLINGTON, TEXAS

QUARTERLY LIST OF PROGRAMMING PROVIDING THE MOST  
SIGNIFICANT TREATMENT OF COMMUNITY ISSUES

FOURTH QUARTER 2014

QUARTERLY ISSUES AND PROGRAMS REPORT  
FOURTH QUARTER 2014

PUBLIC AFFAIRS REPORT  
FOR  
KPXD-TV  
ARLINGTON, TEXAS  
FOR  
QUARTER ENDING: 12/31/2014

IN ACCORDANCE WITH SECTION 73.3526(e)(11)(i) OF THE FEDERAL COMMUNICATIONS COMMISSION'S RULES, THE FOLLOWING, IN THE OPINION OF KPXD TV, ARE THE PROBLEMS AND NEEDS OF THE COMMUNITY FOR THE PERIOD NOTED ABOVE. THEY ARE NOT NECESSARILY LISTED IN ORDER OF IMPORTANCE. EACH IS IDENTIFIED BY SIGNIFICANT PUBLIC AFFAIRS AND/OR PUBLIC SERVICE PROGRAMMING IN RESPONSE TO THESE NEEDS.

ISSUES:

1. ILLEGAL IMMIGRATION
2. BANKRUPTCY'S
3. HOME FORECLOSURES
4. ECONOMY
5. UNEMPLOYMENT
6. HEALTH CARE COSTS
7. COST OF FUEL
8. UTILITY COSTS
9. GANG ACTIVITY
10. PUBLIC HEALTH CARE

A DETAILED SUMMARY OF EACH PROGRAM'S CONTENT, INCLUDING GUESTS, AFFILIATIONS AND DATE OF BROADCAST IS INCLUDED IN THIS REPORT.

Living Well is a one hour public affairs program covering human interest related issues and affairs that are important to the community. Living Well provides programming that is dedicated to active lifestyles, wellness & helpful information that leads to a more empowered life.

Ester Davis Wake Up Show is a one-half hour public affairs show that deals with the issues identified within the Dallas-Ft.Worth, TX area. Shows are usually interviews and a public forum style.

KPXD TV LOCAL PUBLIC AFFAIRS  
PUBLIC AFFAIRS REPORT  
QUARTER ENDING: 12/31/2014

Program: Ester Davis Wake Up Show  
Topic/Title: NORTH TEXAS AREA FOOD BANK OUT OF FOOD  
DATE: THURSDAY, 10/2/2014 5:00AM  
Duration: 30 min.  
Style/Type: Interviews  
Source: Ester Davis Productions

AS WE COME UP ON THE HOLIDAYS, AN AREA HELP SOURCE IS PUTTING OUT THE WORD FOR NEEDED DONATIONS. THE NORTH TEXAS AREA FOOD BANK ASSISTS MANY FAMILIES ON A WEEKLY BASIS MEET THE DIET AND NUTRITIONAL NEEDS OF THEIR FAMILIES. IN HARD ECONOMIC TIMES, THE NEED INCREASES BUT THE DONATIONS DROP. THIS YEAR AREA SUPER MARKET CHAINS ARE STEPING UP AND AIDING THE LESS FORTUNATE TO HAVE A GOOD HOLIDAY SEASON.

Program: Ester Davis Wake Up Show  
Topic/Title: Affordable Health Care. Guest: Mick McGee, Reporter  
DATE: THURSDAY, 10/2/2014 5:30AM  
Duration: 30 min.  
Style/Type: Interviews  
Source: Ester Davis Productions

Dallas County has one of the highest rates of uninsured residents in the country. Mayor Rawlings is publicly encouraging citizens to enroll in the program by phone, online at [www.healthcare.cov](http://www.healthcare.cov) or through an enrollment center. Enrollment began in November, 2014, but a massive campaign to educate is underway around the country making citizens aware of the need to enroll.

Last year in the DFW area over 200,000 people signed up. Dallas also needs more quality health care workers, healthier people and conversation about health care over the upcoming holidays.

KPXD TV LOCAL PUBLIC AFFAIRS  
PUBLIC AFFAIRS REPORT  
QUARTER ENDING: 12/31/2014

Program: Living Well  
Title/Topic: Your House & Home-Southern Fried Fitness  
Show #: 206  
Air Date: Week of 10/7/14  
Duration: 58:30 minutes  
Style/Type: Human Interest  
Source: ION Life  
Issue(s) Addressed: Home Improvement, Nutrition and Fitness.  
Guests: Your House & Home Hosts: Jeff Schmidt and Teresa Garrett  
Guests: Howard Garrett, Joe Sherinski, Stephanie Young, Andrew Mitchel, Gregg Watling,  
Dennis Rhodes, Casey Arnold, Terry Ray, D.J. Mills, Bill Taylor, Daniel Wasson, Robert Goegel

Southern Fried Fitness Host: Robin Shea

“Living Well” is a one hour community affairs program that is dedicated to active lifestyles, wellness & helpful information that leads to a more empowered life. The featured shows in “Living Well” are “Your House & Home” and “Southern Fried Fitness”.

Description:

*“Your House & Home” is a home improvement show that offers straightforward information, inspires new ideas, and empowers knowledge to make your home a better place to live.* In this episode flooring experts show us how to put in a distressed wood floor that adds an elegant touch to any room. Jeff visits a home and garden show where he shares some great ideas on how you can spruce up your home. Joe Sherinski shows us how to build an outdoor staircase of natural stone.

KPXD TV LOCAL PUBLIC AFFAIRS  
PUBLIC AFFAIRS REPORT  
QUARTER ENDING: 12/31/2014

Program: Ester Davis Wake Up Show  
Topic/Title: Affordable Health Care. Guest: Mick McGee, Reporter  
DATE: THURSDAY, 10/9/2014 5:00AM  
Duration: 30 min.  
Style/Type: Interviews  
Source: Ester Davis Productions

Part 1 - Dallas County has one of the highest rates of uninsured residents in the country. Mayor Rawlings is publicly encouraging citizens to enroll in the program by phone, online at [www.healthcare.cov](http://www.healthcare.cov) or through an enrollment center. Enrollment begins in November, 2014, but a massive campaign to educate is underway around the country making citizens aware of the need to enroll.

Last year in the DFW area over 200,000 people signed up. Dallas also needs more quality health care workers, healthier people and conversation about health care over the upcoming holidays.

Program: Ester Davis Wake Up Show  
Topic/Title: Affordable Health Care. (AHA). Guest: Reporters Roundtable's, Cheryl Smith  
DATE: THURSDAY, 10/9/2014 5:30AM  
Duration: 30 min.  
Style/Type: Interviews  
Source: Ester Davis Productions

Part 2: Dallas County has one of the highest rates of uninsured residents in the country. Mayor Rawlings is publicly encouraging citizens to enroll in the program by phone, online at [www.healthcare.cov](http://www.healthcare.cov) or through an enrollment center. Enrollment begins in November, 2014, but a massive campaign to educate is underway around the country making citizens aware of the need to enroll.

Last year in the DFW area over 200,000 people signed up. Dallas also needs more quality health care workers, healthier people and conversation about health care over the upcoming holidays.

KPXD TV LOCAL PUBLIC AFFAIRS  
PUBLIC AFFAIRS REPORT  
QUARTER ENDING: 12/31/2014

Program: Living Well  
Title/Topic: Your House & Home - Southern Fried Fitness  
Show #: 207  
Air Date: Week of 10/14/14  
Duration: 58:30 minutes  
Style/Type: Human Interest  
Source: ION Life  
Issue(s) Addressed: Home Improvement, Nutrition and Fitness.  
Guests: Your House & Home Hosts: Jeff Schmidt and Teresa Garrett  
Guests: Howard Garrett, Joe Sherinski, Stephanie Young, Robert Goegel

Southern Fried Fitness Host: Robin Shea

“Living Well” is a one hour community affairs program that is dedicated to active lifestyles, wellness & helpful information that leads to a more empowered life. The featured shows in “Living Well” are “Your House & Home” and “Southern Fried Fitness”.

Description:

*“Your House & Home” is a home improvement show that offers straightforward information, inspires new ideas, and empowers knowledge to make your home a better place to live.* In this episode learn how to make a workbench that can fold out of the way when you need the space. We will also learn how to bring natural light into almost any room. Joe Sherinski shows us a birdfeeder project that is fun to do with the whole family. Dirt Doctor Howard Garrett teaches us how to organically plant a tree and Teresa will also show us tips on oven maintenance.

PUBLIC AFFAIRS REPORT  
QUARTER ENDING: 12/31/2014

Program: Ester Davis Wake Up Show  
Topic/Title: Affordable Health Care. (AHA). Guest: Reporters Roundtable's, Cheryl Smith  
DATE: THURSDAY, 10/16/2014 5:00AM  
Duration: 30 min.  
Style/Type: Interviews  
Source: Ester Davis Productions

Part 2: Dallas County has one of the highest rates of uninsured residents in the country. Mayor Rawlings is publicly encouraging citizens to enroll in the program by phone, online at [www.healthcare.gov](http://www.healthcare.gov) or through an enrollment center. Enrollment begins in November, 2014, but a massive campaign to educate is underway around the country making citizens aware of the need to enroll.

Last year in the DFW area over 200,000 people signed up. Dallas also needs more quality health care workers, healthier people and conversation about health care over the upcoming holidays.

Program: Ester Davis Wake Up Show  
Topic/Title: Affordable Health Care. (AHA). Guest: Reporters Roundtable's, Cheryl Smith  
DATE: THURSDAY, 10/16/2014 5:30AM  
Duration: 30 min.  
Style/Type: Interviews  
Source: Ester Davis Productions

Part 3-

Press Conference about the visit from the Department of Health and Human Services Secretary Sylvia M. Burwell on the number of people in Dallas, 600,000, uninsured living in and around the county.

Parkland Hospital is home to an enrollment center for the uninsurance marketplace established by the Affordable Care Act. The sheer focus is on citizen awareness and information and having the public understand the importance of simply getting the facts. Parkland Hospital serves the entire community. People who live outside the county still impact the city. Citizens in Kaufman County, Collin County who do not have health insurance find themselves coming to Dallas County. Their causes place a disproportionately burden on Parkland Hospital that could be prevented or mitigated if more patients were insured. ACA enrollment will assist the hospital in continuing to provide quality medical services.

Congress Woman Eddie B. Johnson had glowing accolades for Parkland Hospital. Parkland renders so much in uncompensated care that enrollment could help. Looking at the households across the area, more than two billion dollars a year is given out in health care, paid out now by county citizens. By putting more patients on the ACA rolls, the costs are spread more evenly at the national level.

The ACA is really about three fundamental things, i.e., quality, affordability and access. More testimonies were given, emotionally by citizens who lost loved ones due to medical care not being available and affordable. For convenient enrollment, Dallas will have ten (10) area enrollment centers at libraries. The centers will be run on a first-come, first serve basis and most of the staff is bilingual.

PUBLIC AFFAIRS REPORT  
QUARTER ENDING: 12/31/2014

Program: Living Well  
Title/Topic: Your House & Home - Southern Fried Fitness  
Show #: 208  
Air Date: Week of 10/21/14  
Duration: 58:30 minutes  
Style/Type: Human Interest  
Source: ION Life  
Issue(s) Addressed: Home Improvement, Nutrition and Fitness.  
Guests: Your House & Home Hosts: Jeff Schmidt and Teresa Garrett  
Guests: Howard Garrett, Joe Sherinski, Stephanie Young, Steve Wilson, Stanley Quist

Southern Fried Fitness Host: Robin Shea

“Living Well” is a one hour community affairs program that is dedicated to active lifestyles, wellness & helpful information that leads to a more empowered life. The featured shows in “Living Well” are “Your House & Home” and “Southern Fried Fitness”.

Description:

*“Your House & Home” is a home improvement show that offers straightforward information, inspires new ideas, and empowers knowledge to make your home a better place to live.* In this episode learn how to update the style and feel of your kitchen. We will also take a look at the latest developments in dishwasher technology. Joe Sherinski shows us how to create an indoor garden for cats. Organic gardner Howard Garrett will show us creative uses for orange oil. We will also learn tips on keeping your clothes dryer running safely and efficiently.

*“Southern Fried Fitness” is about blending Old South Tradition with the New South Lifestyle by living clean and healthy 80% of the time, but always saving 20% for guilt free Southern Indulgence.* In this episode Robin makes healthy versions of dishes. She also talks about different types of body images and realistic expectations to have for each body type.



QUARTER ENDING: 12/31/2014

Program: Ester Davis Wake Up Show  
Topic/Title: Affordable Health Care. (AHA). Guest: Reporters Roundtable's, Cheryl Smith  
DATE: THURSDAY, 10/23/2014 5:00AM  
Duration: 30 min.  
Style/Type: Interviews  
Source: Ester Davis Productions

Part 3

Press Conference about the visit from the Department of Health and Human Services Secretary Sylvia M. Burwell on the number of people in Dallas, 600,000, uninsured living in and around the county. Parkland Hospital is home to an enrollment center for the uninsurance marketplace established by the Affordable Care Act. The sheer focus is on citizen awareness and information and having the public understand the importance of simply getting the facts. Parkland Hospital serves the entire community. People who live outside the county still impact the city. Citizens in Kaufman County, Collin County who do not have health insurance find themselves coming to Dallas County. Their causes place a disproportionately burden on Parkland Hospital that could be prevented or mitigated if more patients were insured. ACA enrollment will assist the hospital in continuing to provide quality medical services. Congress Woman Eddie B. Johnson had glowing accolades for Parkland Hospital. Parkland renders so much in uncompensated care that enrollment could help. Looking at the households across the area, more than two billion dollars a year is given out in health care, paid out now by county citizens. By putting more patients on the ACA rolls, the costs are spread more evenly at the national level. The ACA is really about three fundamental things, i.e., quality, affordability and access. More testimonies were given, emotionally by citizens who lost loved ones due to medical care not being available and affordable. For convenient enrollment, Dallas will have ten (10) area enrollment centers at libraries. The centers will be run on a first-come, first serve basis and most of the staff is bilingual.

Program: Ester Davis Wake Up Show  
Topic/Title: Online Fundraising Campaign. Global Generosity Movement. Giving Tuesday.  
DATE: October 23, 2014 5:30AM  
Duration: 30 min.  
Style/Type: Interviews

Source: Ester Davis Productions

Pro Players Association. Guest: Bernard Cummings, from the Sleep Apnea program earlier this year. A unique formula for our technological world. In partnership with Spirit of the Cowboy, a part of Giving Tuesday takes place early with the Jovante Foundation who will join hundreds of other non-profits in the largest generosity movement in the world. Other charities are resorting to innovative ways to raise money and increase awareness to communities for their worthwhile causes. For instance, the Ice Bucket Challenge is a fantastic and very successful campaign that has involved celebrities, politicians and CEO's who has written checks for the cause.

QUARTER ENDING: 12/31/2014

Program: Living Well  
Title/Topic: Your House & Home - Southern Fried Fitness  
Show #: 209  
Air Date: Week of 10/28/14  
Duration: 58:30 minutes  
Style/Type: Human Interest  
Source: ION Life  
Issue(s) Addressed: Home Improvement, Nutrition and Fitness.  
Guests: Your House & Home Hosts: Jeff Schmidt and Teresa Garrett  
Guests: Steve Wilson Joe Sherinski, Howard Garrett "The Dirt Doctor", John Brown,

Southern Fried Fitness Host: Robin Shea

"Living Well" is a one hour community affairs program that is dedicated to active lifestyles, wellness & helpful information that leads to a more empowered life. The featured shows in "Living Well" are "Your House & Home" and "Southern Fried Fitness".

Description:

*"Your House & Home" is a home improvement show that offers straightforward information, inspires new ideas, and empowers knowledge to make your home a better place to live.* In this episode Teresa installs a screen door with a retractable screen. Jeff creates a perfect perch for trophies and collectables. Joe Sherinski shows how to make an old fashioned plant press that is perfect for kids of all ages. "The Dirt Doctor" Howard Garrett shows us how to brew and use compost tea for the garden and learn an easier way to maintain your fireplace.

*"Southern Fried Fitness" is about blending Old South Tradition with the New South Lifestyle by living clean and healthy 80% of the time, but always saving 20% for guilt free Southern Indulgence.* In this episode of Southern Fried Fitness, Robin recreates and cleans up two classic Southern dishes.

Program: Ester Davis Wake Up Show  
Topic/Title: Online Fundraising Campaign. Global Generosity Movement. Giving Tuesday.  
DATE: October 30, 2014 5:00AM  
Duration: 30 min.  
Style/Type: Interviews

Source: Ester Davis Productions  
Pro Players Association. Guest: Bernard Cummings, from the Sleep Apnea program earlier this year. A unique formula for our technological world. In partnership with Spirit of the Cowboy, a part of Giving Tuesday takes place early with the Jovante Foundation who will join hundreds of other non-profits in the largest generosity movement in the world. Other charities are resorting to innovative ways to raise money and increase awareness to communities for their worthwhile causes. For instance, the Ice Bucket Challenge is a fantastic and very successful campaign that has involved celebrities, politicians and CEO's who has written checks for the cause.

Program: Ester Davis Wake Up Show  
Topic/Title: Back to JOBS - U. S. Department of Commerce Census Bureau is Hiring  
Guest - V. F. Dunn  
DATE: October 30, 2014 5:30AM  
Duration: 30 min.  
Style/Type: Interviews

Source: Ester Davis Productions  
More and more about jobs. The Census Bureau is hiring Field Leaders and Field Supervisors in the DFW Arlington areas to support the 2015 American Housing Survey. Conversation consisted of the number of jobs, the high employment rate now being witnesses by American citizens and the Texas growth pattern. These jobs consist primarily of field representatives who collect data for the American Housing Survey. Specific job duties are outlines upfront. Most importantly, these positions have the potential to become permanent jobs without additional competition.

Program: Living Well  
Title/Topic: Your House & Home - Southern Fried Fitness  
Show #: 210  
Air Date: Week of 11/4/14  
Duration: 58:30 minutes  
Style/Type: Human Interest  
Source: ION Life  
Issue(s) Addressed: Home Improvement, Nutrition and Fitness.  
Guests: Your House & Home Hosts: Jeff Schmidt and Teresa Garrett  
Guests: Diane Watts, Steve Wilson, Joe Sherinski, Howard Garrett and Stephanie Young  
Southern Fried Fitness Host: Robin Shea

“Living Well” is a one hour community affairs program that is dedicated to active lifestyles, wellness & helpful information that leads to a more empowered life. The featured shows in “Living Well” are “Your House & Home” and “Southern Fried Fitness”.

Description:

*“Your House & Home” is a home improvement show that offers straightforward information, inspires new ideas, and empowers knowledge to make your home a better place to live.* In this episode hosts Jeff and Teresa go through a kitchen remodel by showing how to install new countertops and a backsplash. Joe Sherinski shows how you can preserve and update your lawn chairs and Stephanie Young gives quick and easy steps to help maintain the range hood in your kitchen. Also, the Dirt Doctor shows the equipment and techniques you can use to grow bulbs inside and without soil.

*“Southern Fried Fitness” is about blending Old South Tradition with the New South Lifestyle by living clean and healthy 80% of the time, but always saving 20% for guilt free Southern Indulgence.* This episode is all about Robin’s favorite 20% recipes and she shows two classic southern recipes; Fried Green Tomatoes and Fried Catfish as well as a dessert recipe for your ice cream.

Program: Ester Davis Wake Up Show  
Topic/Title: Back to JOBS - U. S. Department of Commerce Census Bureau is Hiring  
Guest - V. F. Dunn  
DATE: November 6, 2014 5:00AM  
Duration: 30 min.  
Style/Type: Interviews

Source: Ester Davis Productions  
More and more about jobs. The Census Bureau is hiring Field Leaders and Field Supervisors in the DFW Arlington areas to support the 2015 American Housing Survey. Conversation consisted of the number of jobs, the high employment rate now being witnessed by American citizens and the Texas growth pattern. These jobs consist primarily of field representatives who collect data for the American Housing Survey. Specific job duties are outlined upfront. Most importantly, these positions have the potential to become permanent jobs without additional competition.

Program: Ester Davis Wake Up Show  
Topic/Title: Making a Difference in the Lives of the Disadvantaged  
DATE: THURSDAY, November 6, 2014 5:30AM  
Duration: 30 min.  
Style/Type: Interviews

Source: Ester Davis Productions

Making a Difference in the Lives of the Disadvantaged.  
Mrs. Alex Cord. Spirit of the Cowboy, Jim Hoffpauir, Guest Host.  
Discussing kindness leading into the holidays. Acts of kindness are like using a muscle. Each act strengthens the capacity for others. With so much attention on violence and neglect, it is refreshing to find an uplifting conversation via book on how to make a difference to the lives of people trapped in misery. Technology has allowed charities and social enterprise to become subject to sophisticated evaluation of the world's needs and the best way to participate. Kindness is the best way to safeguard the needy and disadvantaged.

Program: Living Well  
Title/Topic: Your House & Home - Southern Fried Fitness  
Show #: 211  
Air Date: Week of 11/11/14  
Duration: 58:30 minutes  
Style/Type: Human Interest  
Source: ION Life  
Issue(s) Addressed: Home Improvement, Nutrition and Fitness.  
Guests: Your House & Home Hosts: Jeff Schmidt and Teresa Garrett  
Guests: Diane Watts, Steve Wilson, Joe Sherinski, Howard Garrett and Stephanie Young  
Southern Fried Fitness Host: Robin Shea

“Living Well” is a one hour community affairs program that is dedicated to active lifestyles, wellness & helpful information that leads to a more empowered life. The featured shows in “Living Well” are “Your House & Home” and “Southern Fried Fitness”.

Description:

*“Your House & Home” is a home improvement show that offers straightforward information, inspires new ideas, and empowers knowledge to make your home a better place to live.* In this episode host Jeff walks you through a bathroom remodel featuring new sinks and countertops. Teresa along with Steve Wilson install brick veneers to make a textured accent wall. This episode also features how to install a doggie door in your wall, how to make herbal tea with your own home grown herbs and tips for maintaining a clean and efficient washer.

*“Southern Fried Fitness” is about blending Old South Tradition with the New South Lifestyle by living clean and healthy 80% of the time, but always saving 20% for guilt free Southern Indulgence.* This episode features more of Robin’s 20% recipes including the one that started it all for her and Southern Fried Fitness. We’re introduced to her double duty recipes that can carry over from an appetizer dish to a delicious soup using the same ingredients.

Program: Ester Davis Wake Up Show  
Topic/Title: Making a Difference in the Lives of the Disadvantaged  
DATE: THURSDAY, November 13, 2014 5:00AM  
Duration: 30 min.  
Style/Type: Interviews  
Source: Ester Davis Productions

November 6, 2014 – Book Review. Making a Difference in the Lives of the Disadvantaged.  
Mrs. Alex Cord. Spirit of the Cowboy, Jim Hoffpauir, Guest Host.  
Discussing kindness leading into the holidays. Acts of kindness are like using a muscle. Each act strengthens the capacity for others. With so much attention on violence and neglect, it is refreshing To find an uplifting conversation via book on how to make a difference to the lives of people trapped in misery. Technology has allowed charities and social enterprise to become subject to sophisticated evaluation of the world's needs and the best way to participate. Kindness is the best way to safeguard the needy and disadvantaged.

Program: Ester Davis Wake Up Show  
Topic/Title: National Adoption Day and Foster Care Crisis. Guest: Lee Green  
DATE: THURSDAY, November 13, 2014 5:30AM  
Duration: 30 min.  
Style/Type: Interviews  
Source: Ester Davis Productions

National Adoption Day and Foster Care Crisis. Guest: Lee Green  
A popular show with lots of questions. In an earlier show, we discussed need for the Foster Care System to have more foster parents. Enters the National Adoption Day, which is a day when all courtrooms all over the country open their doors to celebrate the adoption of children who are leaving foster care for safe and permanent homes. It is truly a day of Thanksgiving and tears are found in all who participate. This day provides families with a very friendly, fun and live music atmosphere to celebrate their adoptions. Courtrooms are not the friendliest nor the happiest places to be, but national adoption of children is more than a celebration. The Dallas Fort Worth people join forces with Child Protective Services, Dallas County Sheriff's Department, Dallas County District Clerk, Juvenile District Courts and Dallas County Commissioners Court to speed up the adoption process and escort the children to their new safe and permanent home.

Program: Living Well  
Title/Topic: Your House & Home - Southern Fried Fitness  
Show #: 212  
Air Date: Week of 11/18/14  
Duration: 58:30 minutes  
Style/Type: Human Interest  
Source: ION Life  
Issue(s) Addressed: Home Improvement, Nutrition and Fitness.  
Guests: Your House & Home Hosts: Jeff Schmidt and Teresa Garrett  
Guests: Steve Greenberg, Reed Granger, Nikki Krueger, Pat Lynch, Scott Schmid, David Mansberry, Tim Kelley, and Howard Garrett.  
Southern Fried Fitness Host: Robin Shea

“Living Well” is a one hour community affairs program that is dedicated to active lifestyles, wellness & helpful information that leads to a more empowered life. The featured shows in “Living Well” are “Your House & Home” and “Southern Fried Fitness”.

Description:

*“Your House & Home” is a home improvement show that offers straightforward information, inspires new ideas, and empowers knowledge to make your home a better place to live.* In this episode, Steve Greenberg takes us to the Worlds Largest Home Builder Convention. Reed Granger shows us the latest energy efficient washers & dryers. Pat Lynch describes how the “Radiant Barrier Sheathing” can save money on energy bills. Scott Schmid shares his engineered custom made doors. David Mansberry introduces us to the World’s Most Intelligent Oven. Paint expert Tim Kelley shows us the latest styles and techniques of indoor paint colors and textures. The Dirt Doctor shows us how to make our trees healthier. Host Jeff Schmidt gives tips and ideas for the basic proper maintenance of Spas and Hot tubs.

*“Southern Fried Fitness” is about blending Old South Tradition with the New South Lifestyle by living clean and healthy 80% of the time, but always saving 20% for guilt free Southern Indulgence.* In this episode Robin celebrates her early “Eat-Clean” victories by preparing one of her most memorable clean dishes, “Herb Stuffed Pork Tenderloin” and also a delicious “Romesco Sauce.” For a special treat, Robin prepares a “Rum Raisin Bread Pudding” covered with a sweet warm vanilla sauce!



Program: Ester Davis Wake Up Show  
Topic/Title: National Adoption Day and Foster Care Crisis. Guest: Lee Green  
DATE: THURSDAY, November 20, 2014 5:00AM  
Duration: 30 min.  
Style/Type: Interviews  
Source: Ester Davis Productions

National Adoption Day and Foster Care Crisis. Guest: Lee Green  
A popular show with lots of questions. In an earlier show, we discussed need for the Foster Care System to have more foster parents. Enters the National Adoption Day, which is a day when all courtrooms all over the country open their doors to celebrate the adoption of children who are leaving foster care for safe and permanent homes. It is truly a day of Thanksgiving and tears are found in all who participate. This day provides families with a very friendly, fun and live music atmosphere to celebrate their adoptions. Courtrooms are not the friendliest nor the happiest places to be, but national adoption of children is more than a celebration. The Dallas Fort Worth people join forces with Child Protective Services, Dallas County Sheriff's Department, Dallas County District Clerk, Juvenile District Courts and Dallas County Commissioners Court to speed up the adoption process and escort the children to their new safe and permanent home.

Program: Ester Davis Wake Up Show  
Topic/Title: PART 2 -National Adoption Day and Foster Care Crisis. Guest: Lee Green  
DATE: THURSDAY, November 20, 2014 5:30AM  
Duration: 30 min.  
Style/Type: Interviews  
Source: Ester Davis Productions

November 20, 2014 - National Adoption Day and Foster Care Crisis. Guest: Lee Green  
PART 2 -In an earlier show, we discussed need for the Foster Care System to have more foster parents. Enters the National Adoption Day, which is a day when all courtrooms all over the country open their doors to celebrate the adoption of children who are leaving foster care for safe and permanent homes. It is truly a day of Thanksgiving and tears are found in all who participate. This day provides families with a very friendly, fun and live music atmosphere to celebrate their adoptions. Courtrooms are not the friendliest nor the happiest places to be, but national adoption of children is more than a celebration. The Dallas Fort Worth people join forces with Child Protective Services, Dallas County Sheriff's Department, Dallas County District Clerk, Juvenile District Courts and Dallas County Commissioners Court to speed up the adoption process and escort the children to their new safe and permanent home.

KPXD TV LOCAL PUBLIC AFFAIRS  
PUBLIC AFFAIRS REPORT  
QUARTER ENDING: 12/31/2014

Program: Living Well

Title/Topic: Your House & Home - Southern Fried Fitness  
Show #: 213  
Air Date: Week of 11/25/14  
Duration: 58:30 minutes  
Style/Type: Human Interest  
Source: ION Life  
Issue(s) Addressed: Home Improvement, Nutrition and Fitness.  
Guests: Your House & Home Hosts: Jeff Schmidt and Teresa Garrett  
Guests: Steve Greenberg, Gary Brown, Marianne Cusato, Tim Kelley, and Howard Garrett.  
Southern Fried Fitness Host: Robin Shea

“Living Well” is a one hour community affairs program that is dedicated to active lifestyles, wellness & helpful information that leads to a more empowered life. The featured shows in “Living Well” are “Your House & Home” and “Southern Fried Fitness”.

Description:

*“Your House & Home” is a home improvement show that offers straightforward information, inspires new ideas, and empowers knowledge to make your home a better place to live.* In this episode, Steve Greenberg takes us to the World’s Largest Home Builder Convention normally closed to the public to show new home products. Here he also showcases Cusato Cottages which could change how we view emergency shelters after natural disasters strike. Teresa gets a demonstration from Gary Brown about Insulated Concrete Forms being used in new homes making them sturdy and energy efficient. Howard Garrett shows tips on how to upgrade your fence and Jeff repairs a ceiling after a leak has done its damage.

*“Southern Fried Fitness” is about blending Old South Tradition with the New South Lifestyle by living clean and healthy 80% of the time, but always saving 20% for guilt free Southern Indulgence.* Our habits are passed down through generations, both good and bad and passing on a “clean” and “fit” lifestyle to our children is a beautiful legacy. On this episode Robin prepares two classic Southern recipes with a clean twist and gives us the scoop on good and bad types of fat we encounter. As always Robin also shares her recipe for an indulgent dessert.

KPXD TV LOCAL PUBLIC AFFAIRS  
PUBLIC AFFAIRS REPORT  
QUARTER ENDING: 12/31/2014

Program: Ester Davis Wake Up Show

Topic/Title: PART 2 -National Adoption Day and Foster Care Crisis. Guest: Lee Green

DATE: THURSDAY, November 27, 2014 5:00AM

Duration: 30 min.

Style/Type: Interviews

Source: Ester Davis Productions

National Adoption Day and Foster Care Crisis. Guest: Lee Green  
PART 2 -In an earlier show, we discussed need for the Foster Care System to have more foster parents. Enters the National Adoption Day, which is a day when all courtrooms all over the country open their doors to celebrate the adoption of children who are leaving foster care for safe and permanent homes. It is truly a day of Thanksgiving and tears are found in all who participate. This day provides families with a very friendly, fun and live music atmosphere to celebrate their adoptions. Courtrooms are not the friendliest nor the happiest places to be, but national adoption of children is more than a celebration. The Dallas Fort Worth people join forces with Child Protective Services, Dallas County Sheriff's Department, Dallas County District Clerk, Juvenile District Courts and Dallas County Commissioners Court to speed up the adoption process and escort the children to their new safe and permanent home.

Program: Ester Davis Wake Up Show

Topic/Title: Thanksgiving Is.....

DATE: THURSDAY, 11/27/2014 5:30AM

Duration: 30 min.

Style/Type: Interviews

Source: Ester Davis Productions

A day at the union gospel homeless mission. When one sets alongside of area homeless people .AND HEAR their story, it makes one grateful for what we have. One interview is with a man who was a stock broker but he allowed his love for drugs to outweigh his love for family, the result is loneliness.

Program: Living Well  
Title/Topic: Your House & Home - Southern Fried Fitness  
Show #: 214  
Air Date: Week of 12/2/2014  
Duration: 58:30 minutes  
Style/Type: Human Interest  
Source: ION Life  
Issue(s) Addressed: Home Improvement, Nutrition and Fitness.  
Guests: Your House & Home Hosts: Jeff Schmidt and Teresa Garrett  
Guests: Sam Carreon, Tony Pratt, Ryan Garbett, Steve Greenberg, Jon Bittenbender, Joe Sherinski, Mike Seasmans, Bob Rodenbeck, Stephanie Young, Steve Wilson

Southern Fried Fitness Host: Robin Shea

“Living Well” is a one hour community affairs program that is dedicated to active lifestyles, wellness & helpful information that leads to a more empowered life. The featured shows in “Living Well” are “Your House & Home” and “Southern Fried Fitness”.

Description: *“Your House & Home” is a home improvement show that offers straightforward information, inspires new ideas, and empowers knowledge to make your home a better place to live.* In this episode learn how to update a living room by making a switch in the flooring plan from carpet to beautifully laminated wood and we’ll travel to Orlando, FL for the International Builders Show where Steve Greenberg takes a look at the next generation in radiant heating and fire sprinkler systems for your house and home. Joe Sherinski has some great tips on getting your outdoor power equipment ready for this year’s action. Plus Steve Greenberg heads to Las Vegas for The Consumer Electronics Show where he’ll show us some amazing products he found in The Next Gen Project House.

*“Southern Fried Fitness” is about blending Old South Tradition with the New South Lifestyle by living clean and healthy 80% of the time, but always saving 20% for guilt free Southern Indulgence.* In this episode of Southern Fried Fitness, Robin shows us how to make healthy snacks to keep ready in the fridge. Robin will also share a life changing gift that you can give and receive.

KPXD TV LOCAL PUBLIC AFFAIRS  
PUBLIC AFFAIRS REPORT  
QUARTER ENDING: 12/31/2014

Program: Ester Davis Wake Up Show

Topic/Title: Thanksgiving Is.....  
DATE: THURSDAY, 12/4/2014 5:00AM  
Duration: 30 min.  
Style/Type: Interviews

Source: Ester Davis Productions

A day at the union gospel homeless mission. when one sets alongside of area homeless people .AND HEAR their story, it makes one greatful for what we have. one interviw is with a man who was a stock broker but he allowed his love for drugs to outweigh his love for family, the result is lonliness.

Program: Ester Davis Wake Up Show  
Topic/Title: Open Enrollment Must Know FACTS  
DATE: THURSDAY, 12/4/2014 5:30AM  
Duration: 30 min.  
Style/Type: Interviews

Source: Ester Davis Productions

December 4, 2014 – Guest: Alan Alderman. So much confusion. So little time. Last year's health insurance enrollment process lasted six months. This year, its only from November 15 to February 15. There is no guarantee that your monthly premium will stay the same. Premiums might go up or down. Ask about grandfathering your coverage. The largest problem is that your doctor or hospital may change. Please be vigilant with a mile care of patience. Letters and comments to our public affairs shows were about the website and keeping their present doctors. If in doubt about your doctor, just pick up the phone.

KPXD TV LOCAL PUBLIC AFFAIRS  
PUBLIC AFFAIRS REPORT  
QUARTER ENDING: 12/31/2014

Program: Living Well

Title/Topic: Your House & Home - Southern Fried Fitness  
Show #: 215  
Air Date: Week of 12/9/2014  
Duration: 58:30 minutes  
Style/Type: Human Interest  
Source: ION Life  
Issue(s) Addressed: Home Improvement, Nutrition and Fitness.  
Guests: Your House & Home Hosts: Jeff Schmidt and Teresa Garrett  
Guests: Duane Putz, Mike Brewer, Steve Greenberg, Farrell Beddome, Frank Daly, Joe Sherinski,

Southern Fried Fitness Host: Robin Shea

“Living Well” is a one hour community affairs program that is dedicated to active lifestyles, wellness & helpful information that leads to a more empowered life. The featured shows in “Living Well” are “Your House & Home” and “Southern Fried Fitness”.

Description: *“Your House & Home” is a home improvement show that offers straightforward information, inspires new ideas, and empowers knowledge to make your home a better place to live.* In this episode we’ll learn how new windows all around your house and home can be one of the best investments. Steve Greenberg clears the air on the latest developments in bathroom fan technology. Joe Sherinski has a drain system guaranteed to keep water from your foundation and a visit to the International Builder’s Show in Orlando, FL.

*“Southern Fried Fitness” is about blending Old South Tradition with the New South Lifestyle by living clean and healthy 80% of the time, but always saving 20% for guilt free Southern Indulgence.* In this episode of Southern Fried Fitness, Robin takes us on a culinary journey of the sense and she talks about how real success can be found when you look at life through the eyes of a child.

Program: Ester Davis Wake Up Show  
Topic/Title: Open Enrollment Must Know FACTS  
DATE: THURSDAY, 12/11/2014 5:00AM  
Duration: 30 min.  
Style/Type: Interviews

Source: Ester Davis Productions

Guest: Alan Alderman. So much confusion. So little time. Last year's health insurance enrollment process lasted six months. This year, its only from November 15 to February 15. There is no guarantee that your monthly premium will stay the same. Premiums might go up or down. Ask about grandfathering your coverage. The largest problem is that your doctor or hospital may change. Please be vigilant with a mile care of patience. Letters and comments to our public affairs shows were about the website and keeping their present doctors. If in doubt about your doctor, just pick up the phone.

Program: Ester Davis Wake Up Show  
Topic/Title: Aging Information Office and 211. Guests  
DATE: THURSDAY, 12/11/2014 5:30AM  
Duration: 30 min.  
Style/Type: Interviews

Source: Ester Davis Productions

Valencia Bullock and Nelvin Murphy. A requested favorite and still the most watched public affairs segment. The monthly meetings are still held. The Dallas Police Department sends a representative with a report of the requested crime areas -- And the percentage for the month. Texas 211, is a growing comprehensive and informational referral service. Other cities in the metroplex are emulating this Dallas service for their senior populations. More non-profit agencies are joining the program and the 211 Directory will soon be online and accessible in large print.

Program: Living Well  
Title/Topic: Your House & Home - Southern Fried Fitness  
Show #: 216  
Air Date: Week of 12/16/2014  
Duration: 58:30 minutes  
Style/Type: Human Interest  
Source: ION Life  
Issue(s) Addressed: Home Improvement, Nutrition and Fitness.  
Guests: Your House & Home Hosts: Jeff Schmidt and Teresa Garrett  
Guests: Larry Atkins, Jesus Escumilla, Joe Sherinski, Steve Wilson Stephanie Young

Southern Fried Fitness Host: Robin Shea

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Description:

*“Your House & Home” is a home improvement show that offers straightforward information, inspires new ideas, and empowers knowledge to make your home a better place to live.* In this episode Teresa transforms a family room and kitchen with beautiful porcelain tile. Jeff gives a shower a bold new look with updated fixtures and a bright touch of tile. Joe Sherinski has great tips for attracting beautiful birds to your house and home, then Stephanie replaces an old patio sliding door with a new energy efficient door that will last a lifetime.

*“Southern Fried Fitness” is about blending Old South Tradition with the New South Lifestyle by living clean and healthy 80% of the time, but always saving 20% for guilt free Southern Indulgence.* In this episode of Southern Fried Fitness, Robin will address America’s #1 killer and she will create a bountiful salad and make an amazing maple frosted carrot cake.

KPXD TV LOCAL PUBLIC AFFAIRS  
PUBLIC AFFAIRS REPORT  
QUARTER ENDING: 12/31/2014

Program: Ester Davis Wake Up Show



Topic/Title: Aging Information Office and 211. Guests  
DATE: THURSDAY, 12/18/2014 5:00AM  
Duration: 30 min.  
Style/Type: Interviews

Source: Ester Davis Productions

Valencia Bullock and Nelvin Murphy. A requested favorite and still the most watched public affairs segment. The monthly meetings are still held. The Dallas Police Department sends a representative with a report of the requested crime areas -- And the percentage for the month. Texas 211, is a growing comprehensive and informational referral service. Other cities in the metroplex are emulating this Dallas service for their senior populations. More non-profit agencies are joining the program and the 211 Directory will soon be online and accessible in large print.

Program: Ester Davis Wake Up Show  
Topic/Title: Ervay Cedar Male Chorus Christmas Program. Dr. T. L. Brown, presiding  
DATE: THURSDAY, 12/18/2014 5:30AM  
Duration: 30 min.  
Style/Type: Interviews

Source: Ester Davis Productions

A local coral group performs at veteran's center/hospital. The group is very popular with the patients and families this time of year. They spread hope and cheer to veterans who may be bed bound.

Program: Living Well  
Title/Topic: Your House & Home - Southern Fried Fitness  
Show #: 217  
Air Date: Week of 12/23/2014  
Duration: 58:30 minutes  
Style/Type: Human Interest  
Source: ION Life  
Issue(s) Addressed: Home Improvement, Nutrition and Fitness.  
Guests: Your House & Home Hosts: Jeff Schmidt and Teresa Garrett  
Guests: Steve Wilson Joe Sherinski, Davis Rowe, Steve Wilson, Kyle & Calli Thoma, Randy Ogle, Stephanie Young

Southern Fried Fitness Host: Robin Shea  
Guest: Doris Burr (Robin's Mother)

"Living Well" is a one hour community affairs program that is dedicated to active lifestyles, wellness & helpful information that leads to a more empowered life. The featured shows in "Living Well" are "Your House & Home" and "Southern Fried Fitness".

Description:

*"Your House & Home" is a home improvement show that offers straightforward information, inspires new ideas, and empowers knowledge to make your home a better place to live.* In this episode Jeff will give a house a fresh approach by installing a new front door that combines the rich look of wood with the durability of fiberglass. Teresa shows you how to get a cool breeze going in your house and home by changing a lighting fixture and putting in a ceiling fan. Joe Sherinski has some tips you won't want to miss on easy inexpensive ways to upgrade your landscape. Then it's a high tech toilet that's build for comfort.

*"Southern Fried Fitness" is about blending Old South Tradition with the New South Lifestyle by living clean and healthy 80% of the time, but always saving 20% for guilt free Southern Indulgence* Robin's is a guest in this episode of Southern Fried Fitness. Learn how to prepare a cleaned up version of a hamburger and French fries. They will also show you how to make a chocolate malt.

KPXD TV LOCAL PUBLIC AFFAIRS  
PUBLIC AFFAIRS REPORT  
QUARTER ENDING: 12/31/2014

Program: Ester Davis Wake Up Show

Topic/Title: Ervay Cedar Male Chorus Christmas Program. Dr. T. L. Brown, presiding

DATE: THURSDAY, 12/25/2014 5:00AM

Duration: 30 min.

Style/Type: Interviews

Source: Ester Davis Productions

A local coral group performs at veteran's center/hospital. The group is very popular with the patients and families this time of year. They spread hope and cheer to veterans who may be bed bound.

Program: Ester Davis Wake Up Show

Topic/Title: Spirit of the Cowboy. Guest Host: Jim Hoffpaur. Repeat Christmas Show

DATE: THURSDAY, 12/25/2014 5:30AM

Duration: 30 min.

Style/Type: Interviews

Source: Ester Davis Productions

At Christmas time, it is tradition to open the Gene Autry home for holiday get together and family fun. Also it is time for campfire sing along and a chance to see what a Christmas was like for the cowboys of old.

Program: Living Well  
Title/Topic: Your House & Home - Southern Fried Fitness  
Show #: 218  
Air Date: Week of 12/30/2014  
Duration: 58:30 minutes  
Style/Type: Human Interest  
Source: ION Life  
Issue(s) Addressed: Home Improvement, Nutrition and Fitness.  
Guests: Your House & Home Hosts: Jeff Schmidt and Teresa Garrett  
Guests: Phillipe Mergaux, Casey Arnold, Rick & Lisa Shaw, Joe Sherinski, Steve Greenberg, Stephanie Young, Barbara Hearne & Pat Murphy.  
Southern Fried Fitness Host: Robin Shea

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Description:

*“Your House & Home” is a home improvement show that offers straightforward information, inspires new ideas, and empowers knowledge to make your home a better place to live.* In this episode, Teresa meets with Phillipe Mergaux and together they show us how a European technique called, “decopierre” can make any wall look like natural stone. Rick & Lisa Shaw from Beaver Pool Services demonstrates how you can turn your pool from fowl friendly to family friendly. Joe Sherinski shares two “kid friendly” planting projects, a hanging basket tomato & herb garden. Steve Greenberg shows how drilling a hole in your wall can give you & your cat more living space. Stephanie Young explains how door & window weather stripping basics can help make your heat and air conditioning more efficient.

*“Southern Fried Fitness” is about blending Old South Tradition with the New South Lifestyle by living clean and healthy 80% of the time, but always saving 20% for guilt free Southern Indulgence.* In this episode, Robin shares two delicious and healthy Breakfast recipes. Maple Nut Granola and Wildflower Granola. . Robin also shares the importance of “Blazing your own Trail” by building a strong and solid self-reliant system. Plus Robin’s 20% Indulgent recipe, Stuffed Brioche French Toast w/Peach, Pecan and Vanilla honey syrup.