

ISSUES AND ANSWERS WZFC (AM) WINCHESTER, VA

FIRST QUARTER 2022

VARIOUS CATEGORIES

Public Affairs Program

WZFC aired "InfoTrak." This is a weekly half hour public affairs program that aired every Sunday morning between 5:00am and 5:30am. Three different issues are dealt with each week. Among the topics typically covered are: consumer matters, parenting issues, seniors and retirement, police and crime, women's issues, aging, poverty, and minority concerns. A complete listing of the topics covered in each InfoTrak program that aired during first quarter 2022 is included at the back of this report.

VARIOUS CATEGORIES

Public Affairs Program

WZFC aired "Radio Health Journal" every Sunday morning between 5:30am and 6:00am. Hosted by Reed Pence, Nancy Benson and Shel Lustig, Radio Health Journal is an award-winning, contemporary radio magazine focusing on the latest in health, science, and technology. RHJ, features interviews with renowned medical experts, doctors, scientists, and professors.

Public Affairs Program

WZFC aired "Frontlines of Freedom" every Saturday morning between 7:00am and 8:00am focusing on Military news and veterans affairs. The show is hosted by retired U.S. Army, Lt. Col. Denny Gillem. Denny graduated from the US Military Academy at West Point in June 1964 and was commissioned in the infantry. After military schooling he was assigned to Fort Carson, Colorado Springs, CO, where he served with the 5th Infantry Division, met and proposed to his wife, Marilyn, and volunteered for duty in Vietnam.

GOVERNMENT

PUBLIC SAFETY, HEALTH, AND WELFARE

Local Weather Coverage— Winchester's Official Forecast

WZFC aired a thirty second weather report twice hourly (24 hours a day) every day in first quarter 2022.

PUBLIC SAFETY, HEALTH, WELFARE AND RECREATION

Local News Coverage

WZFC aired a one minute newscast twice an hour from 6 a.m. – 6 p.m. every weekday in during first quarter 2022. These local newscasts were written, produced, and anchored by the WZFC news staff covering news of interest to Winchester residents.

Public Service Announcements

WZFC provided numerous PSA's during first quarter 2022 to local non-profit organizations in the Winchester region.

Todd Bartley

April 4, 2022



Frontlines of Freedom
Military Talk Radio

P.O. Box 88272
Grand Rapids, MI 49518
(616) 813-8436

denny@frontlinesoffreedom.com

Frontlines of Freedom

Denny Gillem

HOST

Lt. Col., US Army, Ret.

Show Guests/Subjects, 1st Quarter 2022

Date	Guest	The total content time is: 39:50 per show hour
1 Jan	Host comment: Interview with and about WWII vet Virgil Westdale Congressman and ret Gen Jack Bergman on 2022 Gold Star dad Charles Strange on the Michael Strange Foundation Diane Raver with the Dec Movie of the Month Quinton Roberts on Air Force at the First Responders Bowl.	
8 Jan	Host comment: Our nation's response to covid Army vet Brian Fay, Concerned Veterans for America, on nation's challenges Former Col Matt Lohmeier, on his book: Irresistible Revolution, part 1 Capt Sam Brown who wants to continue to serve our nation	
15 Jan	Host comment: China Army vet Marjojrrie Eastman plans to keep serving our nation Former Col Matt Lohmeier, on his book: Irresistible Revolution, part 2 AF vet Jose Amoros spoke of his service.	
22 Jan	Host comment: The Pentagon's zero religious exemptions granted for Covid shots Adam Lalone from Patriot Foods on making America food independent Dr. Roger Canfield on China Marine vet Ivan Ingram on leadership Vet Dr. Paul Broun on serving and serving again	
29 Jan	Host comment: The evil of Communism Gen Michael Flynn on our nation's challenges Phillip Goodrich, book: Summerset, about Ben Franklin and founding our nation. Diane Raver reviewing the Movie of the Month	
5 Feb	Host comment: China's influence in our nation's education system Gen Arnold Punaro on our nation's challenges Army vets Gary & Larry Alverson on their dad's military service and funeral. Gen Jim Demarist, book: Five Nickles - on the Gulf War	
12 Feb	Host comment: Dealing with China and Russia Col Vic Kuchar on helping people	

Tom Homan, former director of ICE, on our borders
Capt Marc Liebman, book: Failure to Fire

- 19 Feb Host comment: The peaceful movement for freedom in the US and Canada
Maija Hahn, attacking the lies behind the Covid restrictions
Maj Jamie Coller, USAR, on finding truth
Army vet Erik Aadland on his goals for serving
- 26 Feb Host comment: The fight for freedom in the US & the world
Canadian Army vet and trucker leader Tom Marazzo on freedom
Vet Orrie Kyzer on helping the families of deployed troops
Diane Raver on the Movie of the Month
- 5 Mar Host comment: The Russian invasion of Ukraine
Navy vet Zuhdi Jasser on Muslims in America and China
Shagman Connors on being left to die
Veteran Joshua Parish on VetLife
Author Allen Winger, book on WWII: Sins of the Father
- 12 Mar Host comment: Americans must pull together
Congressman & ret Marine Gen Jack Bergman on Ukraine
Prof Nicholas Giordano on our nation's challenges
Marine vet Ivan Ingraham on leadership
- 19 Mar Host comment: Hosted by cohost Skip Coryell
Author Scott Powell, book: Rediscovering America
Members of Concerned Veterans for America, John Byrnes & Roseanne Rodriguez
on helping America.
VA member Vanessa Voetberg on the VA helping vets.
- 26 Mar Host comment: The evolution of Putin
Adam Lalone and Jeanette Lambardo on America being food independent
Chaplain Gordon Klingenschmidt on the Pentagon's war on religion
Skip Coryell on the Movie of the Month



Weekly Public Affairs Program

Call Letters: WZFC

QUARTERLY ISSUES REPORT, JANUARY-MARCH, 2022

Show # 2022-01

Date aired: 1-2-22 Time Aired: 5 AM

Ashley Kendall, PhD, postdoctoral fellow in the University of Illinois at Chicago School of Public Health

Dr. Kendall led a study that examined ways to prevent juvenile delinquents from returning to the criminal justice system. She found that clinically aggressive juvenile offenders on probation, who participated in a two-week intervention program designed to reduce risky behavior, were four times less likely to be incarcerated in the following 12 months. She also discussed the variety of costs incurred by communities as a result of youth crime.

Issues covered:
Youth at Risk
Juvenile Crime

Length: 8:46

Martin Gibala, PhD, Professor and Chair of the Department of Kinesiology, McMaster University in Ontario, author of *"The One-Minute Workout: Science Shows a Way to Get Fit That's Smarter, Faster, Shorter"*

Dr. Gibala discussed the value of high intensity workouts. He led a study that found that bursts of short but very intense exercise appear to be just as beneficial as traditional endurance training. He explained why this type of exercise works, and how it can be a good occasional substitute for a conventional workout.

Issues covered:
Physical Fitness
Personal Health

Length: 8:29

Daniel McGuinn, editor at Harvard Business Review, author of *"Psyched Up: How the Science of Mental Preparation Can Help You Succeed"*

Of the 2,000 hours we work every year, our success or failure is often determined in the couple of dozen crucial hours when we need to bring our absolute best in a meeting or presentation. Mr. McGuinn discussed the importance of mental preparation in the last few minutes before a major challenge, and offered tips on how to channel nervous jitters into useful emotions.

Issues covered:
Career
Mental Health

Length: 4:59

Show # 2022-02

Date aired: 1-9-22 Time Aired: 5AM

Alessandra Cassar, PhD, Professor of Economics at the University of San Francisco

As researchers investigate reasons for America's persistent gender wage gap, one possible explanation that has emerged over the last decade or so is that women may be less competitive than men. Prof. Cassar was the co-author of a study that examined whether women are less competitive and less willing to take risks than men.

Issues covered:

**Women's Issues
Gender Equality
Career**

Length: 8:23

Joe Saul-Sehy, former financial advisor, host of "The Stacking Benjamins Podcast," author of "*Stacked: Your Super-Serious Guide to Modern Money Management*"

Mr. Saul-Sehy explained that many Americans feel too much pressure to be perfect and as a result make unnecessary errors in handling their money. He talked about the urgency of getting out of debt, and the best ways to accomplish it. He also explained the importance of setting timelines for financial goals.

Issues covered:

Personal Finance

Length: 8:57

Marie-Josée Harbec, PhD, psycho educator at CHU Ste-Justine Children's Hospital in Montreal

Dr. Harbec led a study that found that boys who participate in sports in early childhood are less likely to experience depression and anxiety symptoms in middle childhood. She said 5-year-old boys who participated in any sport were more likely to be physically active at age 12. She also explained the differences the study found between boys and girls.

Issues covered:

**Mental Health
Child Development
Physical Fitness**

Length: 5:06

Show # 2022-03

Date aired: 1-16-22 Time Aired: 5AM

Carol Matthews, PhD, Professor of Psychiatry, University of Florida

Symptoms of depression, anxiety, and obsessive-compulsive disorders have emerged or worsened for many during the pandemic. Dr. Matthews discussed what effect the lockdowns and subsequent supply chain disruptions have had on another common but often misunderstood problem—hoarding. She explained how to distinguish between hoarding, stockpiling and panic buying, and what constitutes normal behavior in an abnormal time.

Issues covered:

**Mental Health
Supply Chain Concerns
Consumer Matters**

Length: 8:26

Dan O'Neill, MD, EdD, author of *"Survival of the Fit: How Physical Education Ensures Academic Achievement and a Healthy Life"*

For more than a century, team sports have been a mainstay of American childhood, but the number of kids involved had been falling even before the pandemic. Dr. O'Neill said fear of COVID-19 and much-reduced access to organized sports has caused the drop to accelerate dramatically. He talked about the potential health effects of inactivity and childhood obesity. He said physical fitness levels also have a significant impact on academic performance.

Issues covered:

Length: 8:55

Youth Sports
Mental Health
Education

Dr. Christopher M. Smith, PhD Student in Health Sciences, Warwick Medical School, Coventry, England

Automated external defibrillators might be increasingly available for use in the event of a cardiac arrest, but Dr. Smith led a study that found that they aren't being used nearly as much as they should be. He talked about the reasons that bystanders are reluctant to use AEDs and what government officials can do to help.

Issues covered:

Length: 5:04

First Aid
Emergency Preparedness
Personal Health

Show # 2022-04

Date aired: 1-23-22 Time Aired: 5AM

Julia Brewer Daily, MS, former educator, author of *"No Names to Be Given,"* a novel based on her real-life story of adoption

Technological advances in home DNA tests and online genealogy have led to a remarkable wave of adoptees locating long-lost parents and siblings. Ms. Daily shared her own story of adoption and locating her biological parents, and discussed the emotional landmines that sometimes accompany attempted reunions.

Issues covered:

Length: 8:17

Adoption
Technology

Lisa Hinkelman, PhD, counselor, founder and CEO of Ruling Our eXperiences, Inc., author of *"Girls Without Limits: Helping Girls Succeed in Relationships, Academics, Careers and Life"*

Dr. Hinkelman said teenage girls today face a plethora of major challenges, including more stress and pressure than ever before. She said eight hours per day of social media exposure has had a profound effect on girls, one that parents can scarcely relate to. She explained why girls are experiencing a significant drop in confidence between grades 5 and 9.

Issues covered:

Length: 9:00

Girls Issues
Parenting

David C. Mair, MD, Medical Director, American Red Cross

The American Red Cross has declared a national blood crisis for the first time in its history. Dr. Mair outlined the reasons behind this urgent problem. He said doctors have been forced to make difficult decisions about who receives blood transfusions and who will need to wait until more products become available. He explained how listeners can sign up to make a blood donation.

Issues covered:

**Blood Donation
Personal Health
COVID 19**

Length: 5:02

Show # 2022-05

Date aired: 1-30-22 **Time Aired:** 5AM

Sean Covey, author of "The 6 Most Important Decisions You'll Ever Make: A Guide for Teens: Updated for the Digital Age"

Mr. Covey outlined what he believes are the six largest challenges faced by today's teens. He said the top challenge is dealing with the pressures of school. He also said parents have a far greater impact on their teens than they realize, much more than friends or others. He also explained why it is important for teens to learn to serve others, and to be willing to accept help from others, as well.

Issues covered:

**Teenage Concerns
Parenting
Education
Volunteerism**

Length: 8:51

Carol Janney, PhD, Assistant Professor of Epidemiology, Michigan State University

Dr. Janney led a study that suggested that it may be wise for mental health providers to add exercise to their patients' treatment plans. In her survey, a large majority of mental health patients said they wanted to exercise more and believed exercise helped improve their moods and anxiety much of the time. She said psychiatrists and other providers may discuss exercise with patients in generalities, but rarely create a comprehensive exercise plan for them or regularly make sure they are adhering to a specific goal.

Issues covered:

**Mental Health
Physical Fitness**

Length: 8:21

Adam Barry, PhD, Assistant Professor of Health Education, University of Florida

Dr. Barry conducted a study that found that two in five designated drivers had been drinking before getting behind the wheel and that 18% had blood-alcohol levels high enough to impair their driving skills. He outlined the potential reasons that designated driver education campaigns have been less than successful.

Issues covered:

Drunk Driving

Length: 4:56

Show # 2022-06

Date aired: 2-4-22 Time Aired: 5AM

Dale Clark Farran, PhD, Emerita Professor, Research Professor in Early Childhood Education at Vanderbilt University's Peabody College of Education and Human Development

Prof. Farran was the lead author of the first statewide randomized controlled trial that followed low-income students from pre-kindergarten through sixth grade, to determine the value of pre-K programs. She was shocked at the results, which found that by third and sixth grade, poor children who attended pre-K scored lower on math, reading and science achievement tests, and were more likely to have been expelled or suspended for disciplinary infractions.

Issues covered:

Length: 8:49

**Early Childhood Education
Poverty**

Creek Stewart, preparedness expert, Weather Channel host, author of "*The Disaster-Ready Home: A Step-by-Step Emergency Preparedness Manual for Sheltering in Place*"

The federal government urges Americans to have a sufficient supply of emergency food and water for at least three days. Mr. Stewart outlined simple and relatively inexpensive steps anyone can take to set up an emergency food and water supply. He also discussed plans to deal with the loss of power and heat. He also explained what should be in a 72-hour survival kit, for use if someone must leave their home in an emergency.

Issues covered:

Length: 8:33

**Disaster Preparedness
Consumer Matters**

Aaron Packman, PhD, Professor, Civil and Environmental Engineering, Northwestern University, Director of the Northwestern Center for Water Research

Prof. Packman led a study that found that microplastics can deposit and linger within riverbeds for as long as seven years before washing into the ocean. He outlined the sources of microplastics and explained the effect that this form of pollution has on wildlife, humans and the environment.

Issues covered:

Length: 4:58

**Pollution
Environment**

Show # 2022-07

Date aired: 2-13-22 Time Aired: 5AM

Dakota Witzel, doctoral candidate in Oregon State University's College of Public Health and Human Sciences

Ms. Witzel was the lead author of a paper that found that dwelling on negative aspects of aging can have a measurable negative impact on a person's physical health and ability to respond to stress. She suggested ways to change thought patterns relating to getting older, to reduce stress.

Issues covered:

Length: 8:17

**Aging
Personal Health**

Carl Erik Fisher, MD, addiction physician, bioethicist, and Assistant Professor of Clinical Psychiatry in the Division of Law, Ethics, and Psychiatry at Columbia University, author of "*The Urge: Our History of Addiction*"

An estimated 20 million Americans with substance abuse problems go without treatment. Dr. Fisher shared his assessment of the ongoing overdose crisis that claimed more than 100,000 American lives last year. He explained why he believes that calling addiction a disease is not helpful for recovery, and why he thinks the division between "good" drugs and "bad" drugs is overemphasized. He also said complete abstinence may not be the best treatment goal for many with drug or alcohol abuse problems.

Issues covered:

Length: 8:58

**Drug Addiction
Government Policies**

Madeleine Dore, author of "*I Didn't Do the Thing Today: Letting Go of Productivity Guilt*"

Any given day brings a never-ending list of things to do, and even on productive days, the thing left undone can leave us feeling guilty, anxious, or disappointed. Ms. Dore outlined ways to avoid overly ambitious to-do lists and how to stop comparing ourselves to others.

Issues covered:

Length: 5:03

**Career
Mental Health**

Show # 2022-08

Date aired: 2-20-22 **Time Aired:** 5AM

Sarah Y. Tse, author of "*7 Years on the Front Line: True Stories and Tough Lessons about a Small Business that You Won't Learn in a Classroom*"

Ms. Tse offered advice to anyone who dreams of starting a small business. She explained how she learned to maintain a work/life balance when faced with the stresses of owning a business. She also talked about the importance of education in being prepared for entrepreneurship, and how she deals with racism in business, as an immigrant and Asian-American.

Issues covered:

Length: 8:17

**Entrepreneurship
Career
Racism**

Ellen Voie, CEO & President of Women in Trucking, a non-profit organization that encourages women to join the trucking industry.

The recent supply chain problems have been a reminder that US has a huge and long-term shortage of truck drivers. Ms. Voie said women comprise 10% of truck drivers today. She explained why she believes women are often better suited to the job than men, what is attractive about it and what needs to change to encourage women of all ages to seek a career in trucking.

Issues covered:

Length: 8:58

**Supply Chain
Women's Issues
Employment**

Wendy M. Troxel, PhD, Senior Behavioral and Social Scientist at the RAND Corporation, Adjunct Professor of Psychiatry and Psychology at the University of Pittsburgh

Dr. Troxel led a state-by-state analysis of the economic implications of a shift in school start times in the US. She found that a nationwide move to 8.30 a.m. could contribute \$83 billion to the U.S. economy within a decade. She said the economic gains would be realized through higher academic and professional performance of students, and reduced car crash rates among adolescents.

Issues covered:

Length: 5:00

Education
Economy
Youth at Risk

Show # 2022-09

Date aired: 2-27-22 Time Aired: 5AM

Chuck Bell, Programs Director, Advocacy, Consumer Reports

Buy now, pay later schemes are catching the eye of consumers, and, to a lesser extent, of federal regulators. The multi-billion-dollar industry says no-interest BNPL loans are more equitable than credit cards, but Mr. Bell explained how lenders still make money when a buyer theoretically pays no interest, and why these loans can be a spending trap. He said Consumer Reports believes that there is not enough government oversight of these loans.

Issues covered:

Length: 8:43

Consumer Matters
Government Regulation

Gary Sirak, retirement planner, author of *"How to Retire and Not Die: The Three Ps That Will Keep You Young"*

When most Americans ponder retirement planning, they typically think of accumulating money. But Mr. Sirak said clear planning about what to do with one's time after retirement is equally important. He said not retiring at all may be the best option for some, while part time work is another good option for a happy retirement.

Issues covered:

Length: 8:40

Retirement Planning

Kendall Smith, author of *"Rookie Father: A Playbook for Men Experiencing Fatherhood for the First Time"*

According to the U.S. Census, 1 in 4 men who are becoming a parent didn't have a father figure themselves growing up. Mr. Smith shared his own story as the son of a single mom, and the struggles he faced in learning the role of being a father. He offered advice for men entering the new "Dad" stage of their lives.

Issues covered:

Length: 5:07

Parenting

Show # 2022-10

Date aired: 3-6-22 Time Aired: 5AM

Roni Cohen-Sandler, PhD, licensed clinical psychologist, author of *"Anything But My Phone, Mom! Raising Emotionally Resilient Daughters in the Digital Age"*

Technology is transforming the way girls think of themselves, learn, develop social skills, and communicate with the people around them. Dr. Cohen-Sandler talked about the unprecedented changes faced by teens and their parents today. She offered suggestions to improve communication, particularly for a mother-daughter relationship. She said the current generation of teens is more sensitive and vulnerable than ever, about political and cultural trends such as the Me Too movement, Black Lives Matter and climate change.

Issues covered:

Length: 8:54

**Parenting
Teenager Concerns**

Annabel Streets, author of *"52 Ways To Walk: The Surprising Science of Walking for Wellness and Joy"*

Everyone knows that walking is a very healthy activity. Ms. Streets shared cutting-edge research and advice on how to maximize the physical and psychological benefits of walking, whether it's in an urban area or through the woods. She explained why walking within an hour of waking increases the metabolic benefits, why humming as you walk boosts natural immunity and how owning a dog can make walking far less of a chore.

Issues covered:

Length: 8:23

**Exercise
Personal Health**

Cassandra Herring, Technical Advisor at Safe Kids Worldwide

In the wake of the pandemic, poison control centers across the country have been flooded with calls relating to children ingesting cleaning products and hand sanitizers. Ms. Herring explained the factors that have caused this disturbing trend, and outlined three tips to help parents keep kids safe from these products. She also recommended that parents save the National Poison Help number (1-800-222-1222) in their phones and post it visibly at home.

Issues covered:

Length: 5:00

**Child Poisoning
Consumer Matters**

Show # 2022-11

Date aired: 3-13-22 Time Aired: 5AM

Lila Rabinovich, qualitative social science analyst, Director of Policy and Development at Center for Economic and Social Research at the University of Southern California

Fewer than 1 in 5 Americans have created an online "my SocialSecurity" account to get a personalized estimate of their future retirement benefits. Ms. Rabinovich said most of the Social Security Administration's website users are older. She explained why it is important for younger workers get a good understanding now of their future retirement benefits. She said one of the primary reasons that workers haven't looked up their personal accounts is a lack of awareness the feature exists.

Issues covered:
Social Security
Retirement Planning

Length: 8:59

Bonnie J. Kaplan PhD, co-author of *The Better Brain: How to Overcome Anxiety, Combat Depression, and Reduce ADHD and Stress with Nutrition*

From violent meltdowns on airliners, to abusive tweets aimed at someone with different political beliefs, signs of a meaner, angrier, and more violent America are everywhere. Dr. Kaplan said part of the answer lies in today's typical American diet. She said more than half of Americans' food intake consists of ultra-processed 'products' with virtually no micronutrient content, creating a lack of nourishment in our brains.

Issues covered:
Nutrition
Mental Health

Length: 8:16

Priscila Dib Gonçalves, PhD, post-doctoral research fellow in the Department of Epidemiology at Columbia University's Mailman School of Public Health

Dr. Gonçalves led a study that found that two in five Americans who said they used alcohol and cannabis in the past year drove under the influence of one or both of the intoxicants. She said she hopes that identifying demographics that are at high risk for DUIs could assist in the development of better prevention strategies, and to make people more aware of the dangers.

Issues covered:
Drunk/Impaired Driving

Length: 5:05

Show # 2022-12

Date aired: 3-20-22 **Time Aired:** 5AM

Amy Morin, PhD, licensed clinical social worker, college psychology instructor and psychotherapist, author of *13 Things Mentally Strong Parents Don't Do: Raising Self-Assured Children and Training Their Brains for a Life of Happiness, Meaning, and Success*

With safe spaces and trigger warnings designed to "protect" kids, many adults worry that today's kids don't have the resilience to reach their greatest potential. Dr. Morin explained why she believes parents must strive to raise mentally strong and resilient children, and offered suggestions to do it.

Issues covered:
Parenting
Mental Health

Length: 7:31

Marion McGovern, founder and CEO of M Squared Consulting, one of the first gig-economy talent intermediaries, author of *Thriving in the Gig Economy*

The world of work has changed dramatically in the past few years, as evidenced by tech companies such as Uber and Airbnb. Ms. McGovern noted that while most media attention is on the low end of the skill and income spectrum, little attention is being paid to the best-in-class professionals who have chosen an independent path. She discussed the biggest misconceptions regarding the gig economy and explained the reasons behind its rapid growth.

Issues covered:
Career
Economy

Length: 9:38

Nadia Lopez, founding principal of Mott Hall Bridges Academy in Brooklyn, NY, author of *"The Bridge to Brilliance: How One Woman and One Community Are Inspiring the World"*

As part of a pilot program in New York City, Ms. Lopez started a middle-grade public school in one of America's poorest communities. She talked about the risks and challenges faced by students in a high crime, low-income neighborhood, and how she devised programs to address them.

Issues covered:

Education
Poverty
Government Policies

Length: 4:54

Show # 2022-13

Date aired: 3-27-22 **Time Aired:** 5AM

Mark Harmon, PhD, Professor Emeritus in the Oregon State University College of Forestry

Prof. Harmon recently led a study that showed the vast majority of carbon stored in trees before large wildfires was still there after the fires. He said the findings are an important step toward understanding the connection between wildfires and climate-change-inducing carbon emissions, and making wiser decisions about the carbon storage and emissions implications of forest management.

Issues covered:

Climate Change
Wildfires
Forest Management

Length: 8:09

Anna Lembke, MD, psychiatrist, Medical Director of Stanford University Addiction Medicine, Chief of the Stanford Addiction Medicine Dual Diagnosis Clinic, author of *"Dopamine Nation: Finding Balance in The Age of Indulgence"*

Americans are living in a time of unprecedented access to high-reward, high-dopamine stimuli: drugs, food, news, gambling, shopping, gaming, texting, sexting, Facebooking, tweeting and more. Dr. Lembke outlined new scientific discoveries that explain why the relentless pursuit of pleasure leads to pain, and what to do about it.

Issues covered:

Addiction
Mental Health

Length: 8:55

Andrew Gray, PhD, Assistant Professor of Watershed Hydrology in the Department of Environmental Sciences at the University of California, Riverside

Prof. Gray led a recent study that found that most items in roadside litter typically originate less than two miles from where they're found, and unless humans remove them, most of these items will never leave the environment. He hopes the research will help cities to develop strategies to prevent plastic litter that eventually taints water and air.

Issues covered:

Pollution
Environment

Length: 5:10

Quarterly Report of Compliancy Issues & Programs List 2022-Q1 (January - March) Radio Health Journal

- 911
- Agriculture
- Air Pollution
- Animal Health
- Auto/Traffic Safety
- Automated Vehicles
- Charitable Organizations
- Child Development
- Children & Youth at Risk
- Climate Change
- Clinical Research
- Consumerism
- Covid-19 Pandemic
- Criminal Justice System
- Depression
- Diamond Industry
- Diversity
- Eating Disorders
- Economic Sanctions
- Economics
- Education
- Emergency & First Responders
- Environment & Environmental Impact
- Ethics
- Family & Parenting
- Federal Government, Policy & Regulations
- Fitness Apps
- Fitness Industry
- Food, Diet & Nutrition
- Free Speech
- Global Politics
- Gun Legislation
- Gun Violence
- Hazardous Materials
- Health & Fitness
- Health & Wellness
- Health Care
- Human Rights
- Infectious Disease
- Invasive Species
- Jails & Prisons
- Kidney Disease
- Local Government
- Manufacturing & Industry
- Mass Shooting
- Mental Health
- Mental Illness
- Military & War
- National Security
- Natural Disasters
- Organ Donors & Transplants
- Organ Shortage Crisis
- Patient Safety
- Pets & People
- Physical Health
- Police & Law Enforcement
- Political Strategy
- Pollution
- Ponds & Lakes
- Pregnancy & Expecting Mothers
- Prevention
- Prosecution
- Public Health
- Public Safety
- Recycling
- Rehabilitation
- Research & Research Funding
- School Shooting
- Social Media
- Sociology
- Sports & Safety
- State Government
- Technology
- Vaccination
- Vulnerable Populations
- Waste Disposal & Landfills
- Xenotransplantation

Program 22-01	Executive Producer:	Reed Pence
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Air Week:
1/2/22

Production Manager: Jason Dickey

SEGMENT 1:	HOARDING DISORDER: MORE THAN JUST TOO MUCH JUNK	Time	Duration
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Synopsis:	Hoarding disorder affects at least five percent of Americans, and despite TV programs showing its effects, it is still widely misunderstood. Experts discuss the danger hoarding poses to others, including neighbors, children, and first responders; why those with the disorder are so attached to things; and the right and wrong ways to address the problem.	1:50	12:20
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Host & Producer: Reed Pence

Guests: Dr. Carolyn Rodriguez, Associate Professor of Psychiatry and Behavioral Sciences, and Associate Dean for Academic Affairs, Stanford University School of Medicine; Elaine Birchall, social worker specializing in hoarding disorder and co-author of *Conquer the Clutter: Strategies to Identify, Manage and Overcome Hoarding*

Compliancy issues: Children and Youth at Risk, Mental Health, First Responders, Family Issues, Public Safety

Links: [Carolyn Rodriguez – Stanford University profile](#)
[Birchall Consulting](#)

SEGMENT 2:	DEALING WITH LIFELONG DISEASE	Time	Duration
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Synopsis:	Life-threatening, lifelong chronic diseases from infancy are at the top of the list of medical challenges. A woman who has dealt with cystic fibrosis her entire life discusses how mindset is often the biggest factor in living a full life with such a disease, and sets out her recipe for shoring up one's approach. Developing a chronic disease in your 30s or 40s strikes a lot of people as unfair. The deck seems stacked against someone like that. But what happens when you're diagnosed with a lifelong chronic disease almost at birth? That's what happened to Mary Elizabeth Peters, a theater artist and patient advocate in Boston.	15:12	7:43
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Host: Nancy Benson

Producer: Bridget Killian

Guests: Mary Elizabeth Peters, author of *Don't Let Them Kill You: 10 Rules for Navigating Chronic Illness In the Age of Infinite Intervention*

Compliancy issues: Mental Health, Consumerism, Health Care, Children and Youth at Risk, Public Health

Links: maryelizabethpeters.com

Program 22-02	Executive Producer:	Reed Pence
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Air Week:
1/9/22

Production Manager: Jason Dickey

SEGMENT 1:	SEGMENT 1: CAN 911 RESPOND TO MENTAL HEALTH CRISES?	Time	Duration
Synopsis:	Up to 15% of calls to 911 involve people having a mental health breakdown, yet many call centers, especially in rural areas, have no one with any training on what to do or who to dispatch in those cases. Typically they send police, who may also have no training on how to handle mental health crises and may inflame the situation. Experts discuss why this happens and how communities can respond better.	1:50	12:15
Host & Producer:	Reed Pence		
Guests:	Dr. Adam Vaughan, Assistant Professor of Criminal Justice and Criminology at Texas State University; Tracy Velazquez, Manager, Public Safety Research, Pew Charitable Trusts		
Compliance issues:	Police, Criminal Justice System, Mental Illness, Emergency and First Responders, Economics, 911, Mental Health, Local Government, Public Safety, Jails and Prisons		
Links:	Dr. Adam David Vaughan – Texas State University Faculty Profile Dr. Vaughan on Twitter Tracy Velazquez, MS, MPA – Women’s Media Center		

SEGMENT 2:	CHILDREN'S "PSYCHOTIC-LIKE EXPERIENCES"	Time	Duration
Synopsis:	Children and young adolescents may experience perceptual distortions or strange thoughts, but if they become frequent and disruptive, they can be an early tip-off to serious future mental health distress. An expert discusses this new field of mental health research in adolescents.	15:07	7:53
Host:	Nancy Benson		
Producer:	Polly Hansen		
Guests:	Dr. Nicole Karcher, Instructor, Department of Psychology, Washington University, St. Louis		
Compliance issues:	Education, Public Health, Mental Health, Children and Youth at Risk		
Links:	Nicole Karcher – Psychiatry		

Program 22-03 **Executive Producer:** Reed Pence

Air Week:
1/16/22

Production Manager: Jason Dickey

SEGMENT 1: WEATHER DISASTER CLEANUP: COSTLY & INEFFICIENT, BUT NECESSARY **Time** **Duration**

Synopsis: Severe life-threatening weather, such as the rare December tornadoes that tore through Kentucky and other states in December 2021, will likely become more frequent with climate change. Experts discuss the difficulties in cleaning up large scale disasters and how planning could improve the results cheaply. 1:50 12:05

Host & Producer: Reed Pence

Guests: Dr. Sybil Derrible, Professor of Urban Engineering, University of Illinois at Chicago; Dr. Nazli Yesiller, Director, Global Waste Research Institute, California Polytechnic State University

Compliance issues: Waste Disposal and Landfills, Natural Disasters, Pollution, Hazardous Materials, Climate Change, Local and State Government, Environment, Recycling

Links: [Sybil Derrible](#)

[Director - Global Waste Research Institute - Cal Poly, San Luis Obispo](#)

SEGMENT 2: THE LINK BETWEEN OBESITY AND CANCER **Time** **Duration**

Synopsis: Studies are finding that obesity significantly increases a person's risk for a variety of cancers. However, not all forms of fat carry equal risk. An expert discusses who is more at risk and why. 14:55 7:26

Host: Nancy Benson

Producer: Reed Pence

Guests: Dr. Anthony Perre, Chief, Department of Outpatient Medicine, Cancer Treatment Centers of America

Compliance issues: Health Care, Public Health, Consumerism

Links: [Anthony Perre, MD | Internal Medicine | Atlanta, Ga | CTCA](#)

Program 22-04 **Executive Producer:** Reed Pence

Air Week:
1/23/22

Production Manager: Jason Dickey

SEGMENT 1: THE SLEEPIEST WORKERS? YOUR LOCAL POLICE **Time** **Duration**

Synopsis: Studies show that law enforcement is the most sleep deprived of all professions, with potentially damaging and even fatal consequences for decision-making and reaction time, as well as long-term health damage. Experts discuss the unique challenges in having a poorly rested police force and in fixing it. 1:50 12:54

Host & Producer: Reed Pence

Guests: Dr. Jagdish Khubchandani, Professor of Health Science, Ball State University; Dr. John Violanti, Research Professor Of Epidemiology and Environmental Health, University at Buffalo

Compliance issues: Police and Law Enforcement, Local Government, Public Safety, Police, Public Health

Links: [Dr. Jagdish Khubchandani | New Mexico State University](#)
[John Violanti: Faculty Expert on Police Stress - University at Buffalo](#)

SEGMENT 2: PET FOOD: NOT AS SIMPLE AS MOST PEOPLE THINK **Time** **Duration**

Synopsis: A growing number of pet owners are tempted to put their dog or cat on vegan, gluten-free or raw diets. An expert pet nutritionist and veterinarian discusses what pets should and shouldn't eat to be healthy. 15:46 6:28

Host: Nancy Benson

Producer: Reed Pence

Guests: Dr. Valerie Parker, Associate Professor of Veterinary Clinical Sciences, The Ohio State University Veterinary Medical Center

Compliance issues: Diet and Nutrition, Pets and People, Food and Nutrition

Links: [Valerie Parker | College of Veterinary Medicine](#)

Program 22-05	Executive Producer:	Reed Pence
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Air Week:
1/30/22

Production Manager: Jason Dickey

SEGMENT 1:	KIDS WHO'VE LOST PARENTS TO COVID	Time	Duration
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Synopsis:	New estimates show that more than 167,000 children under 18 (a number growing rapidly) have lost a parent or major caregiver to Covid-19. Psychologists say deaths under such circumstances are also much more difficult for survivors to adjust to and will have a major impact on the US. Experts discuss how these "forgotten griever" are coping and what actions might help ease the impact on them and to the nation.	1:50	11:23
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Host & Producer: Reed Pence

Guests: John Bridgeland, co-founder and CEO, Covid Collaborative; Dr. Dan Treglia, Associate Professor of Practice, University of Pennsylvania School of Social Policy and Practice

Compliance issues: Charitable Organizations, Health Care, Diversity, Federal Government, Children and Youth at Risk, Federal Government and Policy, Education, Family and Parenting, Economics

Links: [Dan Treglia, PhD, MPP - School of Social Policy & Practice](#)

[Our Staff | Civic](#)

SEGMENT 2:	HOW WARFARE DESTROYS HEALTHCARE	Time	Duration
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Synopsis:	According to the Geneva Convention and other agreements, health facilities and workers are supposed to be protected from the violence of war. However, they're targeted much more often than most people know. A noted expert in the field discusses how this violence happens, its consequences, and how international organizations may be able to turn this trend around.	14:15	8:12
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Host: Nancy Benson

Producer: Reed Pence

Guests: Leonard Rubenstein, Professor of the Practice, Johns Hopkins Bloomberg School of Public Health and author of *Perilous Medicine: The Struggle to Protect Health Care From the Violence of War*

Compliance issues: Charitable Organizations, Military and War, Health Care

Links: [Perilous Medicine](#)

[Leonard Rubenstein, JD, LL.M - Johns Hopkins Berman Institute of Bioethics](#)

Program 22-06 **Executive Producer:** Reed Pence

Air Week:
2/6/22

Production Manager: Jason Dickey

SEGMENT 1:	PUNISHING COVID-LYING DOCTORS	Time	Duration
Synopsis:	There's a growing number of complaints to state medical boards regarding doctors lying about Covid-19 and vaccines. The doctors spreading misinformation are not always reprimanded by state medical boards and are allowed to continue voicing the misinformation. They cite freedom of speech as a defense, but other doctors say licensed professionals have an obligation to the truth. Experts explain the controversy.	1:50	13:17
Host & Producer:	Reed Pence		
Guests:	Dr. Brian Castrucci, President and CEO, De Beaumont Foundation; Dr. Humayun Chaudhry, President and CEO, Federation of State Medical Boards		
Compliance issues:	Charitable Organizations, Children and Youth at Risk, Education, Public Health, Free Speech, Health Care, Federal Government and Policy		
Links:	Brian C. Castrucci - de Beaumont Foundation Humayun J. Chaudhry DO, MACP, President and Chief Executive Officer Federation of State Medical Boards		

SEGMENT 2:	NEEDLE PHOBIA	Time	Duration
Synopsis:	Some people who have not yet gotten the Covid vaccine are simply afraid of the needle. Bad childhood experience can keep people from receiving necessary medical treatments. A needle-phobic and a physician explain how parents should discuss injections with their children from a young age.	16:08	6:47
Host:	Nancy Benson		
Producer:	Reed Pence		
Guests:	Dr. Gary LeRoy, family physician and former president of the American Academy of Family Physicians; Laura Munoz, needle phobic		
Compliance issues:	Public Health, Mental Health, Consumerism, Health Care, Children and Youth at Risk, Family and Parenting		
Links:	Gary LeRoy, M.D. - Community Health Centers of Greater Dayton profile		

Program 22-07	Executive Producer:	Reed Pence
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Air Week:
2/13/22

Production Manager: Jason Dickey

SEGMENT 1:	CLIMATE CHANGE & NATIONAL SECURITY	Time	Duration
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Synopsis:	The future of climate change impacts a lot more than our crops. Natural disasters and mass migrations of people threaten the health and safety of populations and governments around the world. Experts discuss how climate change creates economic, sociological, political, and military issues.	1:51	13:26
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Host & Producer: Reed Pence

Guests: Sherri Goodman, Senior Strategist, Center for Climate and Security and former First Deputy Undersecretary of Defense for Environmental Security; Dr. Teevrat Garg, Assistant Professor of Economics, School of Global Policy and Strategy, University of California, San Diego

Compliance issues: Children and Youth at Risk, Political Strategy, Public Health, Sociology, Economics, National Security, Federal Government and Policy, Military, Climate Change

Links: [Sherri Goodman](#)
[Teevrat Garg](#)

SEGMENT 2:	THE VEGAN FUTURE	Time	Duration
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Synopsis:	Some experts believe that the future of food is vegan. With the increasing effects of global warming, changes to farms are inevitable. Experts talk about why eating animals is inefficient, and why our planet won't be able to support it in the future.	16:19	6:09
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Host: Nancy Benson

Producer: Reed Pence

Guests: Dr. Roanne van Voorst, President, Dutch Futures Society and author of *Once Upon A Time We Ate Animals*

Compliance issues: Agriculture, Climate Change, Children and Youth at Risk, Public Health, Health and Wellness, Consumerism, Environmental Impact

Links: [Roanne van Voorst](#)
[Once Upon a Time We Ate Animals: The Future of Food Hardcover](#)
[Shifting Diets for a Sustainable Food Future | World Resources Institute](#)

Program 22-08 **Executive Producer:** Amirah Zaveri

Air Week:
2/20/22

Production Manager: Jason Dickey

SEGMENT 1: CHILD DEVELOPMENT IN PANDEMIC **Time** **Duration**

Synopsis: New research suggests the pandemic negatively affects child development. Many children born after the start of the pandemic score lower in child development than children born before. Researchers explain possible theories for these children's slower development scores. 1:50 12:07

Host: Reed Pence

Producer: Kristen Farrah

Guests: Dr. Rebecca Jackson, Vice President of Programs and Outcomes for Brain Balance, Board Certified Cognitive Specialist; Dr. Morgan Firestein, Postdoctoral Research Fellow, Department of Psychology at Columbia University Medical Center; Kasey Baiter, mother

Compliance issues: Public Health, Pregnancy and Expecting Mothers, Health Care, Family and Parenting, Charitable Organizations, Children and Youth at Risk, Education, Child Development

Links: [Morgan Firestein | Department of Psychology](#)
[About Dr. Rebecca Jackson | Brain Balance Achievement Centers](#)

SEGMENT 2: SEASONAL AFFECTIVE DISORDER **Time** **Duration**

Synopsis: Seasonal Affective Disorder can occur any time of year but is most prevalent during the winter months. SAD can develop into non-seasonal major depression if left untreated. An expert gives advice on how to combat SAD and reduce the risk of getting it next year. 14:59 8:06

Host: Nancy Benson

Producer: Kristen Farrah

Guests: Dr. Elias Shaya, Regional Medical Director for Behavioral Health Services, MedStar Health Kaelyn Adams, suffers with Seasonal Affective Disorder, Owner, Barre Evolution Fitness

Compliance issues: Public Health, Mental Health, Depression, Consumerism, Physical Health, Health Care, Health and Fitness, Children and Youth at Risk

Links: [Implementing prevention of seasonal affective disorder from patients' and physicians' perspectives | BMC Psychiatry](#)
[Elias K. Shaya, MD | Psychiatry | MedStar Health](#)
[Barre Evolution Fitness](#)

Program 22-09

Executive Producer: Amirah Zaveri

Air Week:

Production Manager: Jason Dickey

2/27/22

SEGMENT 1: WHY OMICRON COULD END THE PANDEMIC **Time** **Duration**

Synopsis: Although the Omicron variant accounts for 99% of Covid cases in the U.S., it's far less lethal. Experts say this is the perfect combination that could bring us back to normalcy. It's likely that life with Covid will start to resemble how we handle the flu. 1:50 13:55

Host: Reed Pence

Producer: Kristen Farrah

Guests: Dr. William Schaffner, Professor of Infectious Diseases and Preventative Medicine, Vanderbilt University Medical School; Dr. Iahn Gonsenhauser, Chief Quality and Patient Safety Officer, Ohio State University Wexner Medical Center

Compliance issues: Covid-19 Pandemic, Children and Youth at Risk, Public Health, Infectious Disease, Consumerism, Vaccination, Patient Safety, Prevention

Links: [William Schaffner, MD | Department of Health Policy](#)
[William Schaffner, M.D. - vanderbilt.edu](#)
[Iahn Gonsenhauser | The Ohio State University Wexner Medical Center](#)
[Dr Iahn Gonsenhauser \(@DrGTheMD\) / Twitter](#)

SEGMENT 2: HOW LATER SCHOOL START TIMES AFFECT PARENTS AND STUDENTS **Time** **Duration**

Synopsis: Sleep deprivation affects about three out of four teenagers in America. Inadequate sleep has been linked to depression, anxiety, weight gain, and worsened heart functioning. An expert shows through a case study how implementing later school start times allows students and parents to get more sleep. 16:47 6:23

Host: Nancy Benson

Producer: Kristen Farrah

Guests: Dr. Lisa Meltzer, Pediatric Psychologist, National Jewish Health

Compliance issues: Family Issues, Prevention, Children and Youth at Risk, Public Health, Mental Health, Physical Health, Schools and Education

Links: [Lisa J. Meltzer, PhD](#)
[Amazon.com: Lisa J. Meltzer: Books, Biography, Blog, Audiobooks, Kindle](#)
[Impact of changing school start times on parent sleep - ScienceDirect](#)

Program 22-10	Executive Producer: Amirah Zaveri
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Air Week: 3/6/22
Production Manager: Jason Dickey

SEGMENT 1:	PIG ORGANS COULD SOLVE THE ORGAN SHORTAGE CRISIS	Time	Duration
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Synopsis: Thousands of people die each year due to the organ shortage crisis. Recently, doctors successfully transplanted pig kidneys into a brain-dead human for the first time in history. An expert discusses how pigs could be the future of human organ transplants. **Time:** 1:50 **Duration:** 13:03

Host: Reed Pence

Producer: Kristen Farrah

Guests: Dr. Jayme Locke, Abdominal Transplant Surgeon and Director of the Comprehensive Transplant Institute, University of Alabama at Birmingham

Compliance issues: Organ Transplants, Organ Donors, Vulnerable populations, Kidney Disease, Patient Safety, Xenotransplantation, Public Health, Ethics, Organ Shortage Crisis, Consumerism

Links: [Jayme Locke - UAB Professor](#)
[Dr. Jayme Locke, MD, MPH - UAB Medicine - Kidney Transplant Surgery](#)
[UAB TEAM \(@UAB_TEAM\) on Twitter](#)
[UAB announces first clinical-grade transplant of gene-edited pig kidneys into brain-dead human - UAB News](#)

SEGMENT 2:	CAN WE TRUST COMPUTERS TO DRIVE OUR CARS?	Time	Duration
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Synopsis: Self-driving cars seem to be our future, but how safe are they? Researchers have identified 32 major impacts automated cars could have on public health, and 17 of them are negative. Experts discuss what a possible future of self-driving cars will look like. **Time:** 15:56 **Duration:** 7:04

Host: Nancy Benson

Producer: Kristen Farrah

Guests: Dr. Soheil Sohrabi, Post-Doctoral Researcher, Texas A&M Transportation Institute; Dr. Dominique Lord, Professor of Civil and Environmental Engineering, Texas A&M

Compliance issues: Automated Vehicles, Public Health, Physical Health, Traffic Safety, Air Pollution, Auto Safety, Public Safety

Links: [Soheil Sohrabi - personal website](#)
[Soheil Sohrabi on Twitter \(@sohrabisoheil\)](#)
[Soheil Sohrabi, Ph.D. - Texas A&M Transportation Institute resume](#)
[Dominique Lord - Texas A&M Engineering biography](#)
[Soheil Sohrabi's Google Scholar page](#)
[Dominique Lord's Google Scholar page](#)

Program 22-11 **Executive Producer:** Amirah Zaveri

Air Week:
3/13/22

Production Manager: Jason Dickey

SEGMENT 1: HOW FITNESS APPS CONTRIBUTE TO EATING DISORDERS **Time** **Duration**

Synopsis: Fitness apps can be helpful, but for some people, obsessive meal tracking helped them develop an eating disorder. Experts talk about the slippery slope of the fitness industry and discuss proper recovery methods. 1:50 12:12

Host: Reed Pence

Producer: Kristin Farrah

Guests: Dr. Kimberly O'Brien, Licensed Independent Clinical Social Worker, Boston Children's Hospital Female Athlete Program, Assistant Professor, Harvard Medical School; Dr. Miriam Rowan, Clinical Psychologist, Boston Children's Hospital Female Athlete Program, Instructor in Psychology, Harvard Medical School; Julia Maple, Fitness Influencer

Compliance issues: Mental Health, Social Media, Consumerism, Rehabilitation, Sports and Safety, Patient Safety, Fitness Industry, Diet and Nutrition, Fitness Apps, Public Health, Technology, Eating Disorders

Links: [Kimberly O'Brien, PhD, LICSW | Researcher | Boston Children's Hospital](#)
[Kimberly O'Brien \(@khmobrien\) on Twitter](#)
[About Dr. Rowan](#)
[Miriam Rowan, PsyD | Boston Children's Hospital](#)
[@drmiriamrowan | Instagram photos and videos](#)
[Watch juliam_fit's Newest TikTok Videos](#)
[@juliam_fit on Instagram](#)

SEGMENT 2: WHY YOU SHOULD FLUSH YOUR GOLDFISH DOWN THE TOILET **Time** **Duration**

Synopsis: Spring is a popular time for fish owners to get rid of their goldfish. Most people think that letting them loose in a pond is the best option, but you may want to rethink that. Experts discuss why goldfish should be flushed down the toilet instead of thrown into a neighborhood pond. 15:04 7:27

Host: Nancy Benson

Producer: Kristin Farrah

Guests: Randy Anhorn, District Administrator for the Nine Mile Creek Watershed District, Minnesota; Jordan Wein, Environmental Scientist, WSB; Julie, former goldfish owner

Compliance issues: Environment, Consumerism, Ponds and Lakes, Invasive Species, Animal Health, Ethics

Links: [Our Staff - Nine Mile Creek Watershed District](#)
[Randy Anhorn on LinkedIn](#)
[Jordan Wein on LinkedIn](#)

Program 22-12	Executive Producer:	Amirah Zaveri
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Air Week:
3/20/22

Production Manager: Jason Dickey

SEGMENT 1:	A LOOK AT THE BLOOD DIAMONDS HELPING FUND RUSSIA'S INVASION OF UKRAINE	Time	Duration
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Synopsis:	Russia produces one-third of the world's rough diamonds. The Russian government owns 33% of Alrosa, a Russian company that owns 90% of Russia's diamonds. An expert discusses how a global embargo of Russian diamonds would send a strong economic message to its leaders.	1:50	11:05
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Host: Reed Pence

Producer: Kristin Farrah

Guests: Ian Smillie, Conflict Diamonds Expert, International Development Consultant, and author

Compliance issues: Political Strategy, Manufacturing and Industry, Human Rights, Federal Government and Regulation, Global Politics, Children and Youth at Risk, Economic Sanction, Consumerism, Diamond Industry

Links: [Ian Smillie | OpenGlobalRights](#)
[Ian Smillie books and biography | Waterstones](#)
[Kimberley Process](#)

SEGMENT 2:	WHY ASPD IS STILL A MYSTERY: THE DISORDER FORMERLY KNOWN AS SOCIOPATHY	Time	Duration
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Synopsis:	Antisocial personality disorder (ASPD) is a disorder where those affected don't feel empathy. Many serial killers and rapists have ASPD, so why haven't we been looking for a cure? An expert talks about the challenges facing ASPD research.	13:56	9:15
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Host: Nancy Benson

Producer: Kristin Farrah

Guests: Dr. Donald W. Black, Associate Chief of Staff for Mental Health, Iowa City Veterans Hospital, Professor Emeritus of Psychiatry, University of Iowa, and author; Sarah Morris, Director of Adult Psychopathology and Psychosocial Treatment Development Research, National Institute of Mental Health (NIMH)

Compliance issues: Public Health, Clinical Research, Mental Health, Research, Public Safety, Children and Youth at Risk, Mental Illness, Research Funding

Links: [Donald W. Black, MD | CP/AACP Psychiatry Update | Global Academy for Medical Education](#)
[Amazon.com: Donald W. Black: Books, Biography, Blog, Audiobooks, Kindle](#)
[Donald W. Black - Wikipedia](#)
[NIMH » Adult Psychopathology and Psychosocial Interventions Research Branch](#)

Program 22-13

Executive Producer: Amirah Zaveri

Air Week:

Production Manager: Jason Dickey

3/27/22

SEGMENT 1: WHO'S RESPONSIBLE FOR A MASS SHOOTING?

Time Duration

Synopsis: Even as many students switched to virtual learning, school shootings didn't stop. One recent school shooter used his parents' gun, and now they are facing charges for their role in the incident. Experts discuss how the accountability of mass shootings doesn't always just fall on the shooter. **1:50 12:18**

Host: Reed Pence

Producer: Kristin Farrah

Guests: Shavaun Scott, psychotherapist, author; Dr. Joyce White Vance, Professor, University of Alabama School of Law, Former U.S. Attorney, Northern District of Alabama

Compliance issues: Ethics, Gun Legislation, Mass Shooting, Gun Violence, Criminal Justice System, Children & Youth at Risk, Prosecution, Prevention, Public Safety

Links: [Joyce Vance | University of Alabama School of Law](#)

[Joyce Alene \(@JoyceWhiteVance\) / Twitter](#)

[#SistersInLaw](#)

[P. Shavaun Scott](#)

[Shavaun Scott \(@shavaunscott\) / Twitter](#)

[P. Shavaun Scott - Home | Facebook](#)

SEGMENT 2: THE PROBLEM WITH A NEW ROAD PHENOMENON CALLED 'SUPER SPEEDING'

Time Duration

Synopsis: Less congested roads during the pandemic gave room for drivers to increase their speed, creating a whole new type of driving called 'super speeding'. The issue is that there's also been the largest number of car crash deaths since 2006. Experts talk about the dangers of speeding and how we can slow drivers down. **15:10 7:55**

Host: Nancy Benson

Producer: Kristin Farrah

Guests: Dr. Nichole Morris, Director, Human-First Research Lab, University of Minnesota; Dr. Colleen Peterson, Assistant Research Scientist, University of Michigan Transportation Research Institute

Compliance issues: Public Safety, Speeding, Consumerism, Auto Safety and Highways, Prevention, Road Design, Public Health, Car Crash, Traffic Safety

Links: [Nichole Morris, PhD \(@NicholeLMorris\) / Twitter](#)

[HumanFIRST Laboratory](#)

[Colleen M. Peterson](#)