

		Reporter/Interviewer	Significant Guest(s)	Guest Position	Story Location	Topic	Source	Airdate	Length	Program Title	Web	Air Time
Modular Program	October is National Breast Cancer Awareness Month. According to the U.S. Department of Health and Human Services, about 1 in 8 women born today in the United States will get breast cancer at some point. The good news is many women can survive breast cancer if it's found and treated early. A mammogram – the screening test for breast cancer – can help find the disease early when it's easier to treat.	Brooke Hildebrand Clubbs	N/A	N/A	Cape Girardeau	Health Care	KRCU	10/5/2023	0:02:00	To Your Health	Yes	7:42:30, 17:18
Modular Program	BBB has received reports after past storms about "fly-by-night" contractors who went door-to-door after storms, offering to help victims clear debris or patch up homes — and then left with the customer's deposit after doing little or no work. Some couldn't be reached when consumers wanted refunds or were dissatisfied with the repairs.	Sydney Waters	N/A	N/A	Cape Girardeau	Business	KRCU	10/5/2023	0:02:00	Consumer Handbook	Yes	6:42:30, 8:42:30
Two-Way	Southeast Missouri Symphony's Gala Season Opening concert is set for Tuesday, October 10th at 7:30 p.m., in the Bedell Performance Hall on SEMO's River Campus.											
Two-Way	In celebration of Southeast Missouri's 150th anniversary, this All-American concert will present works such as William Grant Still's Afro-American Symphony and Charles Ives' The Unanswered Question.	Ashton Randolph	Dr. Sara Edgerton	Conductor of Southeast Missouri Symphony	Cape Girardeau	Colleges & Universities	KRCU	10/6/2023	0:05:00	Exposition: An Arts + Culture Podcast	Yes	7:45:35
Two-Way	In celebration of Southeast Missouri State University's Sesquicentennial Year, Homecoming will look a little different and include a Homecoming Kickoff Block Party.	Dan Woods	George Gasser	Director of Alumni Services at SEMO	Cape Girardeau	Colleges & Universities	KRCU	10/10/2023	0:05:29	Going Public	Yes	7:45:35, 16:44
Two-Way	On this episode of 'Exposition', Lindsay McLaughlin, a senior BFA Acting Major at Southeast Missouri State University, shared her experience in the Lanford Wilson play 'Fifth of July', which will open on October 12, 2023 at 7:30 p.m.											
Two-Way	Fifth of July is set in 1977 in rural Missouri and explores themes of complex familial relationships, identity, and acceptance. Set after the Vietnam War, the play centers around paraplegic Vietnam War veteran Kenneth Talley.	Isabelle Murphy	Lindsay McLaughlin	senior BFA Acting Major at SEMO	Cape Girardeau	Colleges & Universities	KRCU	10/11/2023	0:05:00	Exposition: An Arts + Culture Podcast	Yes	7:45:35
Modular Program	During July 1946, "Operation Crossroads" – a series of atmospheric nuclear tests in the central Pacific – blew the tiny island of Bikini - by all firsthand accounts - to hell.											
Modular Program	Just days after, French engineer and fashion designer Louis Réard unveiled his modern two-piece swimsuit – likewise an exciting, explosive, and potentially dangerous development – the name stuck.	Joel Rhodes	N/A	N/A	Cape Girardeau	History	KRCU	10/10/2023	0:04:00	Telling History	Yes	7:45:35, 16:44
Modular Program	Consuming energy drinks does come with some risks. In 2017, a South Carolina student died from a caffeine-induced cardiac event after chugging an energy drink that had been preceded by a Mountain Dew and coffee.											
Modular Program	Harvard School of Public Health reports that many energy drinks pack about 200 mg of caffeine, the amount in two cups of brewed coffee.	Brooke Hildebrand Clubbs	N/A	N/A	Cape Girardeau	Health Care	KRCU	10/12/2023	0:02:00	To Your Health	Yes	7:42:30, 17:18
Modular Program	Logging in the Bootheel began in earnest in the late 1800s. Several timber companies operated in the area, exemplified by the Wisconsin Lumber Company. The company operated on 60,000 acres initially purchased and leased starting in 1898 for logging by William Deering, founder of the Deering Harvester Company.	Bill Eddleman	N/A	N/A	Cape Girardeau, MO	History	KRCU	10/12/2023	0:04:00	Tales from Days Gone By	Yes	7:45:35, 16:44
Modular Program	People struggling with debt or seeking to fix their credit score often turn to credit relief companies. And some of these companies make big promises, but then don't deliver, leaving people further in debt.											
Modular Program	Debt is not inherently bad, but many people find themselves underwater as monthly payments and interest stack up, leading them to seek help from a credit repair company.	Sydney Waters	N/A	N/A	Cape Girardeau	Business	KRCU	10/12/2023	0:04:00	Consumer Handbook	Yes	6:42:30, 8:42:30
Two-Way	Leslie Washington, with 'Moms Demand Action for Gun Sense' and 'Everytown For Gun Safety' spoke with KRCU Public Radio shortly after gun violence was reported in the early morning hours in the downtown Cape Girardeau area on a busy weekend around Sept. 22 - 23rd, 2023.											
Two-Way	She discussed the frequent issue of solving gun crimes, especially in domestic violence cases, as well as witnesses willing to talk to and cooperate with police. Washington stated that victims often fear retaliation from those in the community for reporting other individuals who may have been responsible.	John Moore	Leslie Washington	Member of Mom's Demand Action	Cape Girardeau	Crime	KRCU	10/17/2023	0:05:00	All Things Considered	Yes	17:44
Modular Program	Scary tales of people having their blood sucked by vampires or their heads sought by decapitated horsemen give us chills on All Hollows Eve. Urban legends warn us of those who tamper with trick or treat candy. However, research tells us the real danger on Halloween is: creating a jack o' lantern.	Brooke Hildebrand Clubbs	N/A	N/A	Cape Girardeau	Health Care	KRCU	10/19/2023	0:02:00	To Your Health	Yes	7:42:30, 17:18
Modular Program	Young adults are often less experienced with credit and finances, and are navigating financial life events like loans, scholarships or budgeting for the first time – making them a popular target for fraudsters. And identity theft can affect students as much as (or more than) their parents, as scammers can exploit their clean credit record. According to the FTC's Consumer Sentinel Network Data Book, 11,904 cases of federal student loan fraud were reported in 2022.	Sydney Waters	N/A	N/A	Cape Girardeau	Business	KRCU	10/19/2023	0:02:00	Consumer Handbook	Yes	6:42:30, 8:42:30
Modular Program	NASA's ambitious Project Mercury – America's first manned space flight program – took those first fateful steps in what turned out to be our eight-year rocket ride to the moon, an epic adventure narrated by Walter Cronkite.	Joel Rhodes	N/A	N/A	Cape Girardeau	Culture	KRCU	10/24/2023	0:04:00	Telling History	Yes	7:45:35, 16:44
Two-Way	During our interview, Leslie Washington recapped the recent 'VintageNOW' Fashion Show fundraising event held Sat. Oct. 21, 2023, and talked about the various services offered at the local Safe House of Southeast Missouri for those experiencing domestic abuse and violence. She also discussed the upcoming Domestic Violence Awareness Month Candlelight Vigil at Southeast Missouri State University, which will be held outside of Kent Library Wed. Oct. 25 from 7 to 8:30 p.m.	John Moore	Leslie Washington	Member of Mom's Demand Action	Cape Girardeau	Domestic Violence Awareness	KRCU	10/25/2023	0:05:30	Going Public	Yes	16:44
Modular Program	While many pandemic-era adjustments to high school athletic events have vanished, live streaming has stuck around. Live streams can be a great way for fans to join in on the fun, even if they can't attend every game. Unfortunately, scammers have also stuck around. One common scam is to post links to fake streams on social media to capture personal information or money as fans log in to watch their team play.	Sydney Waters	N/A	N/A	Cape Girardeau	Business	KRCU	10/26/2023	0:02:00	Consumer Handbook	Yes	6:42:30, 8:42:30

		Reporter/Interviewer	Significant Guest(s)	Guest Position	Story Location	Topic	Source	Airdate	Length	Program Title	Web	Air Time
Modular Program	The U.S. Census Bureau estimates that 40 million kids aged 5 to 14 will be keeping up the tradition of knocking on doors this Halloween. Urban legends about poisoned candy or razor blades stuck in taffy apples have made parents vigilant through the decades; however, no recorded incident of a random Halloween poisoning or razor blade incident exists. The biggest threat to trick or treaters, according to the American College of Emergency Physicians, is actually cars.	Brooke Hildebrand Clubbs	N/A	N/A	Cape Girardeau	Children & Youth	KRCU	10/26/2023	0:02:00	To Your Health	Yes	7:42:30, 17:18
Modular Program	Logging in the Bootheel began in earnest in the late 1800s. Several timber companies operated in the area, exemplified by the Wisconsin Lumber Company. The company operated on 60,000 acres initially purchased and leased starting in 1898 for logging by William Deering, founder of the Deering Harvester Company.	Bill Eddleman	N/A	N/A	Deering, MO	History	KRCU	10/26/2023	0:04:00	Tales from Days Gone By	Yes	7:45:35, 16:44
Feature	Kaitlyn Venta is the Director of Affordability for the Missouri College and Career Attainment Network—or MOCAN. She was one of the many representatives at the Cape Regional College Fair which was held Thursday, October 26th at the Student Recreation Center at Southeast Missouri State University. While crowds of high school students, counselors, advisors, and parents all filtered through the over 60 booths, there is likely one concern that was top-of-mind—how to pay for college. After recent legislation, known as the FAFSA Simplification Act, the answer to that question may have changed.	John Moore	Kaitlyn Venta, Brooke Lockhart	Dir of Affordability for MOCAN, Assoc Dir. of Transfer Center at SEMO	Cape Girardeau	Colleges & Universities	KRCU	10/26/2023	0:05:00	All Things Considered	Yes	17:44
Modular Program	On October 7, 2023, Hamas militants from Gaza launched a surprise attack against towns in southern Israel. In response, Israel declared war on Hamas and sent airstrikes into Gaza on October 8. Thousands of people have been killed, wounded, or displaced in Israel and Gaza. Better Business Bureau® offers tips for people wishing to donate to relief efforts in Israel and Gaza.	Sydney Waters	N/A	N/A	Cape Girardeau	Business	KRCU	11/2/2023	0:02:00	Consumer Handbook	Yes	6:42:30, 8:42:30
Modular Program	Research shows that gratitude should be something we cultivate all year long rather than a quality we only celebrate on the fourth Thursday of November. Two psychologists, Dr. Emmons and Dr. McCullough, did a study on gratitude in which one group of participants wrote about things they were grateful for that had occurred during the week. A second group wrote about daily irritations or things that had displeased them. After 10 weeks, those who wrote about gratitude were more optimistic and felt better about their lives.	Brooke Hildebrand Clubbs	N/A	N/A	Cape Girardeau	Health Care	KRCU	11/2/2023	0:02:00	To Your Health	Yes	7:42:30, 17:18
Two-Way	Kent Library will host a film screening of Faulkner: The Past Is Never Dead in November on the campus of Southeast Missouri State University. The 2023 documentary is the first-ever about William Faulkner created with the authorization and cooperation of his estate and offers insights into Faulkner's life, struggles, and literary works.	Dan Woods	Tyson Koenig	Special Collections and Archives Librarian at Kent Library	Cape Girardeau	Education	KRCU	11/6/2023	0:05:30	Going Public	Yes	7:45:35, 16:44
Modular Program	Recent studies published in the journal Circulation: Cardiovascular Quality and Outcomes, suggest that dog ownership is linked to a 21% reduction in the risk of death for people with heart disease. Those studies complement a body of literature linking dogs to good health, which is something all pet owners can be thankful for.	Brooke Hildebrand Clubbs	N/A	N/A	Cape Girardeau	Health Care	KRCU	11/9/2023	0:02:00	To Your Health	Yes	7:42:30, 17:18
Modular Program	TikTok recently launched a new online store, TikTok Shop. Before you shop, check out these smart online shopping tips to avoid scams on the new platform. TikTok is a social media app with a reputation for trendsetting, and many small businesses already use the platform to advertise their products. More than half of TikTok users have bought something after seeing it on the app.	Sydney Waters	N/A	N/A	Cape Girardeau	Business	KRCU	11/9/2023	0:02:00	Consumer Handbook	Yes	6:42:30, 8:42:30
Modular Program	At the outbreak of the Civil War, the choice of which side to join in the conflict was obvious for many young Missouri men. One stuck with family, or tradition, or with their convictions. For one young Cape Girardeau County teenager, though, the choice was not obvious. Eighteen-year-old William R. Whittaker was a resident of the Pocahontas area in Cape Girardeau County when he decided to join in the fray in 1863.	Bill Eddleman	N/A	N/A	Cape Girardeau	History	KRCU	11/9/2023	0:04:00	Tales from Days Gone By	Yes	7:45:35, 16:44
Two-Way	Before the most popular part of deer hunting season—the firearms portion— begins in Missouri, Nov. 11th - 21st, we spoke with Russell Duckworth, the SE Region Protection Branch Captain with the Missouri Dept. of Conservation, about what hunters need to know about Chronic Wasting Disease (CWD), testing during opening weekend (Nov. 11-12), and how to prevent its spread among the deer population and other cervids.	John Moore	Russell Duckworth	SE Region Protection Branch Captain with MDC	Cape Girardeau	Education	KRCU	11/10/2023	0:05:30	Going Public	Yes	7:45:35
Modular Program	A study published in The Journal of Positive Psychology found that individuals who engaged in a creative hobby had an increase in well being that continued into the next day, contributing to an overall upward spiral of increased well being and creativity. Another study found that playing team sports can contribute greatly to mental, as well as physical health.	Brooke Hildebrand Clubbs	N/A	N/A	Cape Girardeau	Health Care	KRCU	11/16/2023	0:02:00	To Your Health	Yes	7:42:30, 17:18
Modular Program	Buy now, pay later is a service that many retailers offer to allow shoppers to space out smaller payments on an item over time, rather than paying the full cost up front. You should read the fine print before agreeing to one of these services. Buy now, pay later plans are often run by third-party financing companies, and buyers usually must be approved by the financing company. While many of these services involve just a few small payments and zero percent interest, some charge interest rates as high as 30%. You may also be charged fees for late or rescheduled payments.	Sydney Waters	N/A	N/A	Cape Girardeau	Business	KRCU	11/16/2023	0:02:00	Consumer Handbook	Yes	6:42:30, 8:42:30
Two-Way	During International Education Week, which runs from Nov. 13 to Nov. 17, we spoke with Hailey Leonard, who is the International Student Counselor with International Education and Services at SEMO. She talks about the unique cultural influences and diverse perspectives that are presented to the public, through various interactive events and activities with this community of students at Southeast Missouri State, and the International Village.	Ashton Randolph	Hailey Leonard	International Student Counselor at SEMO	Cape Girardeau	Education	KRCU	11/17/2023	0:05:00	Exposition: An Arts + Culture Podcast	Yes	7:45:35
Modular Program	Facebook Marketplace can be a great resource for buying and selling, especially within your local community. However, scams are nothing new on this platform, since it can be difficult to vet sellers and buyers. Last year, 18.7% of people who reported to BBB that they lost money in a scam said it took place on social media.	Sydney Waters	N/A	N/A	Cape Girardeau	Business	KRCU	11/23/2023	0:02:00	Consumer Handbook	Yes	6:42:30, 8:42:30
Modular Program	Social support was first described by G.E. Moss in his 1973 publication Illness, Immunity, and Social Interaction. In the last four decades, the definition of social support has evolved. You could call it the exchange of resources with the intent to enhance well-being or just people helping people.	Brooke Hildebrand Clubbs	N/A	N/A	Cape Girardeau	Health Care	KRCU	11/23/2023	0:02:00	To Your Health	Yes	7:42:30, 17:18
Modular Program	An often-overlooked journal by a British immigrant provides details of the eastern Ozarks of Missouri in 1834. George W. Featherstonhaugh's training and connections in government earned him an appointment as U. S. Geologist, assigned to reconnoiter the region between the Missouri and Red Rivers.	Bill Eddleman	N/A	N/A	Cape Girardeau	History	KRCU	11/23/2023	0:04:00	Tales from Days Gone By	Yes	7:45:35, 16:44

		Reporter/Interviewer	Significant Guest(s)	Guest Position	Story Location	Topic	Source	Airdate	Length	Program Title	Web	Air Time
Modular Program	Mindfulness can be achieved by focusing one's awareness on the present moment. The Mayo Clinic states that when you are mindful, you focus on being intensely aware of what you're sensing and feeling in the moment, without interpretation or judgment. Mindfulness can involve breathing methods, guided imagery, and other meditation practices.	Brooke Hildebrand Clubbs	N/A	N/A	Cape Girardeau	Health Care	KRCU	11/30/2023	0:02:00	To Your Health	Yes	7:42:30, 17:18
Modular Program	Holiday spending is expected to surpass pre-pandemic figures for the first time this year, and shoppers are starting earlier than ever, especially younger ones. The chaos of the holiday season usually means emotions are running high. Scammers often try to manipulate people by taking advantage of those strong emotions, like gift shopping stress or holiday generosity.	Sydney Waters	N/A	N/A	Cape Girardeau	Business	KRCU	11/30/2023	0:02:00	Consumer Handbook	Yes	6:42:30, 8:42:30
Modular Program	Retailers and shippers traditionally hire seasonal workers to fulfill holiday shoppers' demands, whether online or in person. These jobs are a great way to make extra money, sometimes with the possibility of turning into a long-term employment opportunity. However, they are sometimes not all that they seem.	Sydney Waters	N/A	N/A	Cape Girardeau	Business	KRCU	12/7/2023	0:02:00	Consumer Handbook	Yes	6:42:30, 8:42:30
Modular Program	When we first think of holiday conflict, we may picture Black Friday shoppers duking it out over big screen TVs; however, the holidays can be fraught with many potential conflicts with family. In the interest of your mental and social well being, here are some suggestions for avoiding the big three conflicts: money, politics, and personal life.	Brooke Hildebrand Clubbs	N/A	N/A	Cape Girardeau	Health Care	KRCU	12/7/2023	0:02:00	To Your Health	Yes	7:42:30, 17:18
Two-Way	The Importance of Being Earnest, is written by Oscar Wilde, which was first performed in 1895. SEMO's River Campus Holland College of Arts and Media students offer their production of the play in the Rust Flexible Theater on December 6th - 10th. In this episode of 'Exposition', learn more about what went into preparing for this period-piece play, with the director Roxanne Wellington, and her student Abby Naden, who plays the character 'Governess Miss Prism'.	Ashton Randolph	Roxanne Wellington and Abby Naden	Director and student actor	Cape Girardeau	Culture	KRCU	12/8/2023	0:05:15	Exposition: An Arts + Culture Podcast	Yes	7:45:35
Two-Way	The first-ever 'Take Back the Night' event held in Cape Girardeau, was organized for Thur. Dec. 7th, as part of the Zonta Club of Cape Girardeau's observation of the UN's '16 Days of Activism Against Gender-Based Violence'.											
Two-Way	Guest, Leslie Washington—a speaker at the event and local volunteer—spoke about her experience at the event, shared her personal experiences with domestic violence, and provided resources for those experiencing domestic or gender-based violence, especially during the the winter holidays and months.	John Moore	Leslie Washington	a speaker at the event and local volunteer	Cape Girardeau	Domestic Violence Awareness	KRCU	12/11/2023	0:05:44	Going Public	Yes	16:44
Modular Program	Peak shipping season is here, and con artists are capitalizing on it. In a new scam reported to BBB Scam Tracker, phony e-commerce websites hit shoppers with a bill for "discreet shipping." This extra fee allegedly pays for special packaging or stamps, but it's a trick to get online shopping scam victims to hand over more money. Here's how to recognize the signs of this scam.	Sydney Waters	N/A	N/A	Cape Girardeau	Business	KRCU	12/14/2023	0:02:00	Consumer Handbook	Yes	6:42:30, 8:42:30
Modular Program	The Centers for Disease Control and Prevention reports that over half a million Missourians are living with diabetes. Diabetes educators work hard to help individuals manage their diabetes throughout the year, but the holiday season has the potential to throw people off. Travel, parties, big meals, snack foods at the office and drinking all create a challenging environment for eating healthy.	Brooke Hildebrand Clubbs	N/A	N/A	Cape Girardeau	Health Care	KRCU	12/14/2023	0:02:00	To Your Health	Yes	7:42:30, 17:18
Modular Program	Residents of Charleston, Missouri observed the holiday season on January 2, 1860 with a grand Christmas ball at the Charleston Hotel, hosted by Mr. Bob Holeman. This event followed another grand soiree held at the County Courthouse on Christmas Eve. The editor of the Charleston Courier , George Whitcomb, described the muddy streets and roads as barely passable. Nonetheless, he noted "a more brilliant assemblage has seldom been seen in Charleston."	Bill Eddleman	N/A	N/A	Charleston, Mo.	History	KRCU	12/14/2023	0:04:00	Tales from Days Gone By	Yes	7:45:35, 16:44
Modular Program	Several rescue animals could use a little time out from the shelter and a new home, and maybe you have a little extra time or space. Many shelters may be at capacity with dogs, cats, or rabbits in need of a home, and this is putting a strain on the staff and the animals. Because of this, area shelters are asking pet lovers for some help. Fostering a pet may be the ideal stress reliever for both you and the shelter.	Sydney Waters	N/A	N/A	Cape Girardeau	Business	KRCU	12/21/2023	0:02:00	Consumer Handbook	Yes	6:42:30, 8:42:30
Modular Program	Often times we think of the havoc our pets wreak on our holiday decorations. However, we also need to consider the health risks decking the halls can cause for our pets. We hear about poinsettias being poisonous, but mistletoe and holly are even more toxic for pets. They can cause gastrointestinal illness, as well as cardiovascular problems, according to the ASPCA. If you have a live tree, make sure your pet can't access the water, as it is a breeding ground for bacteria.	Brooke Hildebrand Clubbs	N/A	N/A	Cape Girardeau	Health Care	KRCU	12/21/2023	0:02:00	To Your Health	Yes	7:42:30, 17:18
Modular Program	During the holiday or any time of year, find ways to travel safely and avoid scams. If you plan to travel to or from Canada, check for travel advisories. Remember to report any suspicious activities to BBB Scam Tracker and sign up for Scam Alerts.	Sydney Waters	N/A	N/A	Cape Girardeau	Business	KRCU	12/28/2023	0:02:00	Consumer Handbook	Yes	6:42:30, 8:42:30
Modular Program	Emergency rooms see an uptick in patients on New Years Eve. Celebrations can turn deadly when too much alcohol is consumed, people use opioids, or there is celebratory gunfire to ring in the new year. If you are going out and plan to drink, make sure you have a plan for how to get home safely.	Brooke Hildebrand Clubbs	N/A	N/A	Cape Girardeau	Health Care	KRCU	12/28/2023	0:02:00	To Your Health	Yes	7:42:30, 17:18
Modular Program	The demand for higher education in Missouri increased after the Civil War. Children of families from an expanding middle class aspired to prepare for better careers, but many could not afford the costs of university education.											
Modular Program	One response to this need came from Protestant religious denominations. An early effort resulted in establishment of a Methodist academy in the Arcadia Valley in 1846, led by Rev. Jerome C. Berryman. This school closed due to financial problems before the Civil War and an order of Catholic nuns purchased the building.	Bill Eddleman	N/A	N/A	Caledonia, Mo.	History	KRCU	12/28/2023	0:04:00	Tales from Days Gone By	Yes	7:45:35, 16:44