

PUBLIC AFFAIRS  
1ST QUARTER 2024  
JANUARY - MARCH  
WTUK FM/WFSR AM/WHLN AM

JANUARY

THE BEGINNING OF A NEW YEAR AND A DAY TO MAKE OUR NEW YEAR RESOLUTIONS. WE CAN ALL WISH FOR HEALTH, HAPPINESS AND WEALTH, BUT FIRST OF ALL THE START OF THE REST OF OUR LIFE AND TRYING TO BE A BETTER PERSON, THINKING OF OTHERS AND WISHING FOR PEACE THROUGHOUT THE WORLD. THE MANAGEMENT AND STAFF OF WTUK FM, WFSR AM AND WHLN AM WISH FOR EACH OF YOU THE BEST OF 2024.

WTUK FM, WHLN AND WFSR AM WORK WITH ALL SCHOOL SYSTEMS IN HARLAN, BELL, LESLIE, LEE AND SURROUNDING AREAS TO UPDATE THE PUBLIC ON ANY CANCELLATIONS FOR SCHOOLS. ALSO WITH BUSINESSES, CHURCHES AND OTHER OUTLETS THAT WILL HAVE CANCELLATIONS DURING THE WINTER MONTHS, WHETHER IT IS SNOW, ICE, FLOODING OR OTHER REASONS. WTUK FM, WHLN AND WFSR AM ARE HERE TO WORK WITH EVERYONE DURING ANY BAD WEATHER SO OUR LISTENING AUDIENCE CAN STAY INFORMED AT ALL TIMES. IF YOU NEED ANY TYPE OF ANNOUNCEMENT, PLEASE CALL US AT 606-573-1470 AND WE WILL BE HAPPY TO WORK WITH YOU. THANKS FOR BEING PART OF OUR FAMILY.

THE HARLAN CENTER WILL BE THE LOCATION FOR THE 3RD ANNUAL HARLAN COUNTY DRUG SUMMIT, A DAY OF PROGRAMS AND ACTIVITIES CENTERED ON THE DRUG CRISIS AND RECOVERY OPTIONS IN HARLAN COUNTY. ACCORDING TO HARLAN COUNTY JUDGE-EXECUTIVE DAN MOSLEY'S SOCIAL MEDIA OUTLET, THE EVENT IS SCHEDULED FOR THURSDAY, JANUARY 11, AT THE HARLAN CENTER. THE EVENT OPENS AT 8 AM, WITH REGISTRATION AND EXHIBITOR SET UP STARTING AT 9 AM. MOSLEY WILL GIVE A WELCOME AT 10 AM, WITH AN OVERVIEW PROVIDED BY VAN INGRAM, EXECUTIVE DIRECTOR, KENTUCKY OFFICE OF DRUG CONTROL POLICY CONCERNING OPIOID, METH, HEROIN AND FENTANYL ISSUES. THE EVENT WILL COVER A VARIETY OF SUBJECTS RELEVANT TO THE DRUG CRISIS IN HARLAN COUNTY, INCLUDING PREVENTION STRATEGIES AND NEW PROGRAMS AVAILABLE THROUGH OPERATION UNITE, THE IMPORTANCE AND USE OF NARCAN, FAITH BASED INVOLVEMENT IN THE DRUG CRISIS, CASEY'S LAW, AND INPATIENT AND OUTPATIENT SERVICES AVAILABLE LOCALLY. CLOSING COMMENTS ARE SCHEDULED FOR 4:30 PM, WITH THE EXHIBITOR BOOTHS CLOSING AT 5 PM. ANY INDIVIDUAL WHO IS CONCERNED ABOUT THE DRUG PROBLEM IN HARLAN COUNTY AND WOULD LIKE TO BE PART OF THE SOLUTION IS ENCOURAGED TO ATTEND. FOR MORE INFORMATION, CONTACT THE HARLAN COUNTY JUDGE-EXECUTIVE'S OFFICE AT 606-573-2600. THE HARLAN CENTER IS LOCATED 201 SOUTH MAIN STREET IN DOWNTOWN HARLAN.

DURING A RECENT MEETING, THE HARLAN FISCAL COURT APPROVED MULTIPLE ITEMS REFERRING TO WORK ON THE BRIDGE KY 72 NEAR THE HARLAN COUNTY RECYCLING CENTER. HARLAN COUNTY JUDGE-EXECUTIVE

DAN MOSLEY SAID THE NEXT ITEM IS TO APPROVE A MEMORANDUM OF UNDERSTANDING BETWEEN THE KENTUCKY TRANSPORTATION CABINET AND THE HARLAN FISCAL COURT FOR THE KY 72 BRIDGING PROJECT. MOSLEY EXPLAINED WHY THE COURT NEEDED TO TAKE ACTION STATING THERE IS ABOUT A TENTH OF AN ACRE OF PROPERTY THAT THE TRANSPORTATION CABINET NEEDS TO BE ABLE TO RECONSTRUCT ON THE BRIDGE BETWEEN DAIRY QUEEN AND THE RECYCLING CENTER. MOSLEY ALSO POINTED OUT THAT THE PROPERTY IN QUESTION IS COUNTY-OWNED. THE COURT PASSED A MEMORANDUM OF UNDERSTANDING AND A DEED OF CONVEYANCE BETWEEN THE HARLAN COUNTY FISCAL COURT AND THE KENTUCKY TRANSPORTATION CABINET RELATED TO THE PROJECT. THE BRIDGE NEEDS REPLACED BECAUSE A LOT OF PEOPLE CROSS THE BRIDGE DAILY, MOSLEY STATED, SAYING IT WILL BE A GOOD PROJECT.

START YOUR NEW YEAR OFF AS A HERO BY DONATING BLOOD. JANUARY IS NATIONAL BLOOD DONOR MONTH. IN LESS THAN AN HOUR, YOU CAN SAVE UP TO 3 LIVES. CONTACT YOUR LOCAL DOCTOR OR HOSPITAL TO SEE WHEN YOU CAN COME AND GIVE BLOOD. WOMEN WITH COMPLICATIONS OF PREGNANCY, PEOPLE WITH SEVERE TRAUMA AND CANCER AND CHRONIC ILLNESS NEEDS EVERYONES HELP. BE A HERO...DONATE BLOOD.

JANUARY 11, 18 AND 25TH THE HARLAN COUNTY PUBLIC LIBRARY HAS STORY HOUR FROM 1-2 PM AND 3:30-4:30 PM. EVERYONE IS INVITED TO JOIN IN THE STORY HOUR FREE. THE LIBRARY IS LOCATED AT 107 NORTH 3RD STREET OR GO TO [www.harlancountylibraries.org](http://www.harlancountylibraries.org) FOR MORE INFORMATION.

THE SOUTHEAST COMMUNITY CHOIR WILL BEGIN REHEARSALS TONIGHT, JANUARY 30, AT CHRIST EPISCOPAL CHURCH, IN HARLAN AT 7PM. REHEARSAL WILL BE NEXT TUESDAY, FEBRUARY 6, IN CUMBERLAND, ON THE COLLEGE CAMPUS, IN THE CHOIR ROOM OF THE APPALACHIAN CENTER. ALL LOVERS OF SINGING ARE INVITED TO JOIN US. THE CHOIR IS DIRECTED BY RYLAND POPE AND ACCOMPANIST CLARA POPE ATKINS-POPE. FOR MORE INFORMATION, CONTACT THE DIRECTOR AT [tpope0008@kctcs.edu](mailto:tpope0008@kctcs.edu).

ADDICTION IS A TRAP..DON'T FALL FOR IT! BE SMART - DON'T START. FOR MORE INFORMATION CALL SIGCO AT 1-423-300-1302. NICOTINE, ALCOHOL, THC/CBD ARE ILLEGAL DRUGS THAT CAN CAUSE ADDICTION. YOU CAN ALSO CALL TOLL FREE 1-800-889-9789.

DURING THE SNOW AND ICE STORM, WTUK FM, WHLN AM AND WFSR AM, ANNOUNCED UPDATES EVERY 15 MINUTES TO LET THE LISTENING AUDIENCE KNOW ROAD CONDITIONS, OUTINGS OF ELECTRICITY AND WATER. WITH THE TEMPERATURE FALLING TO ZERO AND WINDCHILL BELOW ZERO, ANYONE WITH A PROBLEM COULD CONTACT THE STATION AND BE GIVEN A NUMBER TO CALL FOR ASSISTANCE.

THE HARLAN CITY COUNCIL DISCUSSED SEVERAL TOPICS DURING THEIR REGULAR MEETING IN JANUARY. MAYOR JOE MEADORS ADVISED THE COUNCIL OF CURRENT VACANCIES ON THE CITY OF HARLAN TOURISM

COMMISSION. ANNIE FOX WAS APPOINTED AS THE HOTEL AND MOTEL ASSOCIATION REPRESENTATIVE AND ANNA HENSLEY AGREED TO SERVICE AGAIN AS THE COUNCIL REPRESENTATIVE. THE MAYOR UPDATED THE COUNCIL ON THE CITY'S TAX COLLECTION EFFORTS STATING AS OF THE CLOSE OF BUSINESS, WE'VE COLLECTED 92.90 PERCENT OF OUR TAXES.

THE HARLAN COUNTY FISCAL COURT WAS UPDATED ON THE RECENT 3RD ANNUAL HARLAN COUNTY DRUG SUMMIT DURING THE COURT'S JANUARY MEETING. THE MEETING WAS RESCHEDULED DUE TO THE SEVERE WINTER WEATHER. JUDGE-EXECUTIVE DAN MOSLEY TALKED ABOUT THE EVENT SHORTLY AFTER CALLING THE MEETING TO ORDER STATING IT WAS A GREAT EVENT. MOSLEY THANKED HARLAN COUNTY CASEY'S LAW ADVOCATE, MANDY GOODEN, FOR HER PARTICIPATION IN THE EVENT BEFORE PROVIDING A RECAP OF THE ACTIVITIES. ABOUT 190 ATTENDEES AND 37 EXHIBITORS ATTENDED, MOSLEY SAID, WHICH WAS THE MOST SINCE BEGINNING THE DRUG SUMMIT. MOSLEY SAID ONE PERSON IN THE U.S. DIES OF A DRUG OVERDOSE EVERY FIVE MINUTES. HE EXPLAINED THE FOCUS AT THIS YEAR'S DRUG SUMMIT WAS PREVENTION, EXPLAINING THE DANGERS OF TAKING ANY PILL WITHOUT BEING CERTAIN OF ITS ORIGIN. IN OTHER COURT ACTIVITIES, THE COURT APPROVED THE HARLAN COUNTY SHERIFF'S OFFICE STATEMENT OF RECEIPTS, DISBURSEMENTS, AND EXCESS FEES TO 2023 SUBJECT TO AUDIT.

THE HARLAN COUNTY BOARD OF EDUCATION IS ACCEPTING SEALED BIDS FOR GRASS CUTTING SERVICES WITHIN THE SCHOOL DISTRICT. PACKETS TO COMPLETE BID CAN BE OBTAINED AT THE HARLAN COUNTY BOARD OF EDUCATION'S CENTRAL ADMINISTRATIVE OFFICE BUILDING, 251 BALL PARK ROAD, HARLAN, KENTUCKY 40831. A TOUR FOR POTENTIAL BIDDERS OF THE SITES WILL BE HELD ON FEBRUARY 15, 2024, AT THE CENTRAL OFFICE. ANYONE WISHING TO BID CAN MEET AT THE CENTRAL OFFICE ON THIS DATE.

YOU CAN MAKE A TAX-SAVING MOVE BY DONATING YOUR CAR, TRUCK, BOAT, TV, AND MORE TO CHAMPION OUR VETERANS. YOU CAN ARRANGE A SWIFT, NO-COST VEHICLE PICKUP AND SECURE A GENEROUS TAX DEDUCTION. CALL VETERAN CAR DONATIONS AT 1-833-984-2146 TODAY.

HARLAN COUNTY JUDGE-EXECUTIVE DAN MOSLEY HAD A LIVE NEWS UPDATE TODAY, MONDAY JANUARY 29, ON WTUK FM. DAN ADDRESSED THE STATE OF EMERGENCY DURING THE PRESS CONFERENCE RELATED TO HARLAN COUNTY AND THE CLOVERFORK WATER OUTAGE SITUATION. MOSLEY MENTIONED MULTIPLE WATER OUTAGES HAVE OCCURRED ACROSS THE COUNTY IN THE LAST COUPLE OF WEEKS, MANY DUE TO RECENT SUB-ZERO TEMPERATURES. THE COMMUNITIES OF WALLINS, BLEDSOE, BAXTER, BIG LAUREL AND ROSSPOINT WERE ALL IMPACTED. FORTUNATELY, REPAIRS HAVE BEEN MADE TO THE BREAKS THAT OCCURRED THAT IMPACTED THESE COMMUNITIES, MOSLEY STATED. DAVIS MCGILL, HARLAN COUNTY EMERGENCY MANAGEMENT DIRECTOR, TOOK THE PODIUM TO PROVIDE INFORMATION ON AVAILABLE WATER FOR RESIDENTS OF THE CLOVERFORK AREA IMPACTED BY THE OUTAGE. THE THREE LOCATIONS, WITHIN THE AREA ARE CLOVERFORK FIRE

DEPARTMENT, THE EVARTS FIRE DEPARTMENT HAVING WATER AVAILABLE FROM 10 AM TO 6 PM AND YOCUM CREEK FIRE DEPARTMENT FROM 11 AM UNTIL PEOPLE STOP COMING. FOR UPDATES AND WATER DISTRIBUTION LOCATIONS, GO TO THE HARLAN COUNTY EMERGENCY MANAGEMENT FACEBOOK PAGE.

REPRESENTATIVES WITH THE KENTUCKY TRANSPORTATION CABINET HELD A PUBLIC MEETING IN HARLAN COUNTY TO UPDATE RESIDENTS ON THE LONG-AWAITED U.S. 421 RECONSTRUCTION PROJECT THAT IS ANTICIPATED TO START BY FALL. THE PROJECT INCLUDES A NEW ALIGNMENT FROM THE VIRGINIA LINE TO MILE POINT 1.5 SOUTH OF CRANKS. GOVERNOR BESHEAR STATED COMPLETION OF THIS 1.5 MILE-LONG STRETCH WILL BRING HARLAN VERY NEAR TO COMPLETING THE LARGER AND LONG-AWAITED U.S. 421 EXPANSION PROJECT FROM GRAYS KNOB TO THE VIRGINIA LINE.

IN ADDITION TO THESE ANNOUNCEMENTS, COMMUNITY CALENDAR IS ANNOUNCED THREE TIMES PER DAY. ALL ANNOUNCEMENTS OF EVENTS FOR HARLAN, BELL, LESLIE, LEE AND SURROUNDING COUNTIES ARE UPDATED DAILY. OBITUARIES ARE ANNOUNCED DAILY, AS RECEIVED, FOR ALL COUNTIES.

#### FEBRUARY

THURSDAY, FEBRUARY 1, 8, 15, 22 AND 29, STORY HOUR FROM 1-2 PM AND 3:30-4:30 PM AT THE HARLAN PUBLIC LIBRARY, 107 NORTH 3RD STREET IN HARLAN. THIS IS FREE FOR EVERYONE. FOR MORE INFORMATION, GO TO, [www.harlandcountylibraryies.org](http://www.harlandcountylibraryies.org)

THURSDAY, FEBRUARY 8, WILL BE THE MOTHER SON DINNER AND DANCE FROM 6:30-10 PM AT THE BENHAM SCHOOLHOUSE INN, 100 CENTRAL AVENUE. FOR MORE INFORMATION, GO TO: [www.harlandcountytrails.com](http://www.harlandcountytrails.com)

FRIDAY, FEBRUARY 9, WILL BE THE DADDY DAUGHTER DINNER AND DANCE FROM 7-10 PM AT THE BENHAM SCHOOLHOUSE INN, 100 CENTRAL AVENUE. FOR MORE INFORMATION, GO TO: [www.harlandcountytrails.com](http://www.harlandcountytrails.com)

SATURDAY, FEBRUARY 10, WILL BE VALENTINE'S DINNER AND DANCE FROM 7-11 PM AT THE BENHAM SCHOOLHOUSE INN, 100 CENTRAL AVENUE. FOR MORE INFORMATION, GO TO: [www.harlandcountytrails.com](http://www.harlandcountytrails.com)

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LEARN ABOUT ADOPTING A TEEN AT [ADPOSTU.SKIDS.ORG](http://ADPOSTU.SKIDS.ORG)

THE AMERICAN COLLEGE OF RADIOLOGY WANTS YOU TO KNOW THE FACTS ABOUT LUNG CANCER AND WHERE YOU CAN FIND A LUNG CANCER SCREENING CENTER NEAR YOU. LUNG CANCER KILLS MORE PEOPLE

THAN BREAST, COLON OR PROSTATE CANCER COMBINED. ASK YOUR LOCAL CARE PROVIDER WHERE THE LUNG CANCER SCREENING IS LOCATED NEAR YOU AND ASK TO BE REFERRED FOR SCREENING. FOR MORE INFORMATION YOU MAY CALL 703-648-2931 OR GO TO [www.acr.org](http://www.acr.org)

WHEELCHAIRS FOR WARRIORS, A 501(c)3, ENVISIONS A WORLD WHERE EVERY WOUNDED VETERANS AND FIRST RESPONDER CAN CONFIDENTLY AND INDEPENDENTLY PURSUE THEIR DREAMS WITH THE SUPPORT OF CUSTOM-FIT, COMPLEX-REHAB MOBILITY SOLUTIONS (WHEELCHAIRS). WITH YOUR SUPPORT, THOSE WHO SERVED US, WARRIORS CRITICALLY INJURED IN THE LINE OF DUTY, CAN HAVE THE FREEDOM, INDEPENDENCE AND ENHANCED QUALITY OF LIFE. FOR MORE INFORMATION, ON HOW YOU CAN HELP, CONTACT CRYSTAL LEE LARAMORE AT [Crystal@WheelchairsForWarriors.org](mailto:Crystal@WheelchairsForWarriors.org) OR CALL 936-777-4500.

THE CITY OF EVARTS HAS RECENTLY SUFFERED ISSUES WITH THE CITY'S WATER SYSTEM WHICH HAS RESULTED IN NUMEROUS OUTAGES. WOODROW FIELDS, CHIEF WATER PLANT OPERATOR FOR THE CITY OF EVARTS, DISCUSSED THE CURRENT STATE OF THE CITY'S WATER SYSTEM, STATING THE CITY HAS GONE FROM NEEDING OVER 700 GALLONS OF WATER A MINUTE COMING INTO THE PLANT TO NEEDING JUST BARELY OVER 400, FIELDS SAYING THAT'S THE LEVEL OF LEAKS THAT HAVE BEEN FOUND AND THINGS ARE LOOKING MUCH BETTER THAN THEY HAVE BEEN FOR QUITE SOME TIME. THE MAIN THING IS TO KEEP THE PLAN IN PLACE THAT HAS BEEN IMPLEMENTED SO THIS DOES NOT HAPPEN AGAIN.

THE HARLAN COUNTY COOPERATIVE EXTENSION OFFICE IS OFFERING A WAY FOR THOSE HOLDING A MASTER LOGGER CERTIFICATION TO COMPLETE THEIR REQUIREMENT FOR CONTINUING EDUCATION WITH THE LOGGER WEBTV CLASS ON FEBRUARY 27. ACCORDING TO THE UNIVERSITY OF KENTUCKY'S WEBSITE THE KENTUCKY FOREST CONSERVATION ACT THE LOGGER MUST OBTAIN SIX HOURS OF CONTINUING EDUCATION EVERY THREE YEARS FROM THE DATE THEIR MASTER LOGGER CARD IS ISSUED TO MAINTAIN A MASTER LOGGER STATUS. TO REGISTER OR FOR MORE INFORMATION, GO TO <https://masterloggers.ca.uky.edu> OR CALL 859-257-6230.

THE HARLAN CHAMBER OF COMMERCE HEARD A PRESENTATION CONCERNING THE INS AND OUTS OF STARTING A NEW BUSINESS DURING THEIR REGULAR MEETING IN FEBRUARY. KENTUCKY SMALL BUSINESS DEVELOPMENT CENTER (SBDC) DIRECTOR AND BUSINESS COACH RODNEY KUHL PROVIDED A SMART START PRESENTATION AIMED AT HOW TO START A BUSINESS. THERE ARE 12 LOCATIONS OF SBDC ACROSS THE STATE OF KENTUCKY. KUHL EXPLAINED THE MISSION FOR SBDC IS TO ASSIST ENTREPRENEURS AND SMALL BUSINESS OWNERS. FOR MORE INFORMATION ON THE KENTUCKY SMALL BUSINESS DEVELOPMENT CENTER GO TO THEIR WEBSITE AT <https://kentuckysbdc.com/southeasternky> OR CONTACT THEIR LONDON OFFICE AT 606-401-0777.

THE HARLAN CITY COUNCIL HEARD AN UPDATE DURING A MEETING ON

THURSDAY, CONCERNING RECENT EMERGENCY REPAIRS OF ONE OF THE CITY'S SEWER PUMP STATIONS. HARLAN MAYOR JOE MEADORS BROUGHT THE COUNCIL UP TO SPEED ON THE SITUATION. MEADORS STATED THEY HAD STARTED THE EMERGENCY REPAIRS ON THE PUMP STATION AT FOUR MILE ON MONDAY. THIS IS 22 FEET DEEP, AND IT GOES DOWN TO WHERE THE SEWER LINES ARE, AND IS STAINLESS STEEL ENCLOSED WITH CONCRETE AND REINFORCING WIRE. ALL THE PUMPS ARE ON TOP OF THE SURFACE. THEY HAVE HAD CONSIDERABLE PROGRESS, AS A MATTER OF FACT THEY'VE DONE GREAT, MEADORS STATED. MEADOWS, THOUGHT, THEY STARTED THIS AFTERNOON, THURSDAY, FEBRUARY 15, APPLYING THE SECOND COAT OF CONCRETE. ON TOP OF THIS NEW CONCRETE, THEY WILL PUT THE MATERIAL THAT IS SIMILAR TO A BED LINING LIKE YOU GET FOR THE BEST OF A PICKUP TRUCK. MEADORS SAID EVERYONE HAS THIS PROBLEM AND THIS METHOD HAS BEEN SUCCESSFULLY USED THROUGHOUT THE UNITED STATES. WITH GOOD LUCK, THEY HOPE TO HAVE EVERYTHING COMPLETED BY SATURDAY, FEBRUARY 17TH.

MARK YOUR CALENDAR NOW FOR THE 69TH ANNUAL POKE SALLET FESTIVAL IN DOWNTOWN HARLAN. THE FESTIVAL WILL BEGIN THURSDAY, MAY 30TH THROUGH SATURDAY, JUNE 1ST.

REMEMBER, BLACK HISTORY MONTH. THIS IS A TIME TO CELEBRATE AND HONOR THE RICH CONTRIBUTIONS OF BLACK INDIVIDUALS THROUGHOUT HISTORY, RECOGNIZING THEIR RESILIENCE, ACHIEVEMENTS, AND IMPACT ON SHAPING OUR SOCIETY. IT SERVES AS A REMINDER TO EMBRACE DIVERSITY, PROMOTE EQUALITY, AND CONTINUE THE ONGOING JOURNEY TOWARD A MORE INCLUSIVE AND EQUITABLE FUTURE FOR ALL.

GOVERNOR ANDY BESHEAR IS REMINDING KENTUCKIANS THAT THE SPRING WILDFIRE HAZARD SEASON, WHICH BEGINS FEBRUARY 15, IS IN EFFECT FOR EVERY KENTUCKY COUNTY UNTIL APRIL 30. DURING THIS SEASON, STATE LAW PROHIBITS BURNING BETWEEN THE HOURS OF 6A AND 6P IN OR WITHIN 150 FEET OF ANY WOODLAND OR BRUSHLAND. IN ADDITION TO BEING AWARE OF WILDFIRE HAZARD SEASON, KENTUCKIANS ARE URGED TO FOLLOW ALL AIR POLLUTION REGULATIONS, STATE WASTE MANAGEMENT REGULATIONS, RESTRICTIONS IMPOSED BY LOCAL ORDINANCES, AND COUNTY BURN BANS. THE DIVISION FOR AIR QUALITY HAS MANY OUTDOOR BURNING RESTRICTIONS. FOR MORE INFORMATION, GO TO: <https://eec.ky.gov/Environmental-Protection/Air/Pages/Open-Burning.aspx>. YOU CAN REPORT SUSPICIOUS ACTS OF ARSON TO LOCAL LAW ENFORCEMENT OR THE NEAREST KENTUCKY STATE POLICE POST OR CALL: The Target Arson Hotline at 1-800-27-ARSON.

COLORECTAL CANCER IS NOW THE LEADING CANCER KILLER IN MEN UNDER 50 AND THE SECOND LEADING CAUSE OF CANCER DEATH FOR WOMEN UNDER 50. COLORECTAL CANCER IS NEARLY ALWAYS TREATABLE IF CAUGHT EARLY AND CAN EVEN BE PREVENTED THROUGH TIMELY SCREENING. FEDERAL LAW REQUIRES PRIVATE INSURERS TO COVER NOT ONLY COLONOSCOPY - BUT ALSO VIRTUAL COLONOSCOPY AND OTHER LESS-INVASIVE SCREENING OPTIONS AT NO COST OF PATIENT.

VIRTUAL COLONOSCOPY IS AN AMERICAN CANCER SOCIETY-RECOMMENDED SCREENING EXAM TO BE DONE EVERY FIVE YEARS FOR THOSE AT AVERAGE RISK. THE MORE PEOPLE ARE AWARE OF VIRTUAL COLONOSCOPY, THE MORE PEOPLE CHOOSE TO BE SCREENED, AND THE MORE LIVES WILL BE SAVED. ASK YOUR HEALTH CARE PROVIDER IF THIS TEST IS NEEDED. DON'T PUT OFF WHAT YOU CAN TAKE CARE OF TODAY.

ON MARCH 1ST, FROM 9:30AM TO 2:30PM, THE NON-PROFIT LIKEN KNOWLEDGE IS CO-HOSTING A NO-COST LAST WILL AND TESTAMENT CLINIC AT THE HARLAN COUNTY COOPERATIVE EXTENSION DEPOT. COME IN, SIT DOWN WITH A LAWYER, AND WRITE A WILL FOR FREE. IF YOU HAVE ANY QUESTIONS ABOUT THE EVENT, CALL OR TEXT 859-279-2152 OR FIND THE EVENT ON THE COOPERATIVE EXTENSION'S FACEBOOK PAGE.

IN ADDITION TO THESE ANNOUNCEMENTS, COMMUNITY CALENDAR IS ANNOUNCED THREE TIMES PER DAY. ALL ANNOUNCEMENTS OF EVENTS FOR HARLAN, BELL, LESLIE, LEE AND SURROUNDING COUNTIES ARE UPDATED DAILY. OBITUARIES ARE ANNOUNCED DAILY, AS RECEIVED, FOR ALL COUNTIES.

#### MARCH

MARCH IS AN EXCITING MONTH. TIME CHANGE, SPRING BEGINS AND EASTER. TIME CHANGE, MARCH 10. DON'T FORGET - SPRING FORWARD - SET YOUR CLOCK ONE HOUR AHEAD. SPRING BEGINS MARCH 19 AND EASTER SUNDAY, MARCH 31ST. SOON IT WILL GARDEN AND FLOWER PLANTING TIME. HOWEVER, DON'T FORGET, BURNING IS STILL IN EFFECT FROM 6 AM TO 6 P. THE BURNING SEASON WILL CONTINUE THROUGH APRIL 30.

WOMEN HAVE MADE INCREDIBLE STRIDES, SHATTERING BARRIERS AND BREAKING NEW GROUND IN WAYS THAT HAVE TRANSFORMED THE WORLD. FROM PROPELLING ADVANCEMENTS IN MEDICINE, SPACE EXPLORATION, AND INFORMATION TECHNOLOGY TO ORGANIZING LOCAL SCHOOLS, FARMS, AND FAMILIES, WOMEN HAVE LED COUNTRIES AND COMMUNITIES TOWARD PROGRESS AND EQUALITY. JOIN CARE AND THE COUNTRY IN CELEBRATING WOMEN EVERYWHERE DURING WOMEN'S HISTORY MONTH AND INTERNATIONAL WOMEN'S DAY DURING THE MONTH OF MARCH. FOR MORE INFORMATION GO TO [brandie.feuer@care.org](mailto:brandie.feuer@care.org)

SHAPING OUR APPALACHIAN REGION, INC. (SOAR) IS PROUD TO ANNOUNCE ITS ELECTION AS A RECIPIENT OF THE USDA BROADBAND TECHNICAL ASSISTANCE GRANT. THE GRANT, AIMED AT SUPPORTING THE DEVELOPMENT AND EXPANSION OF BROADBAND, UNDERScores SOAR'S COMMITMENT TO ENSURING UNIVERSAL BROADBAND ACCESS IN EASTERN KENTUCKY. WITH NEARLY 20% OF RURAL PIKE COUNTY LACKING BASIC CONNECTIVITY AND SIX UNINCORPORATED COMMUNITIES FACING THIS CHALLENGE, THE NEED FOR ACTION IS CLEAR PIKE COUNTY, WITH ITS POPULATION OF 65,024 SPREAD ACROSS 787 SQUARE MILES, EXEMPLIFIES THE DIGITAL DIVIDE PREVALENT ACROSS KENTUCKY'S APPALACHIAN REGION. SOAR'S MISSION IS SIMPLE: NO HOLLER LEFT BEHIND. THE ORGANIZATION IS DEDICATED TO

BRIDGING THIS GAP AND PROVIDING TRUE UNIVERSAL BROADBAND ACCESS TO EVERY EASTERN KENTUCKIAN. TO ACHIEVE THIS GOAL, SOAR IS TAKING A HOLISTIC APPROACH, AIMING TO SERVE AS MANY UNSERVED HOUSEHOLDS IN UNINCORPORATED PIKE COUNTY AS POSSIBLE. TO LEARN MORE ABOUT SOAR, YOU MAY CONTACT KRISTIN NORMAN AT 606-316-4141 OR VISIT HER AT [kristin@soar-ky.org](mailto:kristin@soar-ky.org)

THE HARLAN COUNTY FISCAL COURT, ON BEHALF OF HARLAN LITTLE LEAGUE, IS ACCEPTING SEALED BIDS FOR FACILITY UPGRADES AT HARLAN LITTLE LEAGUE IN HARLAN, KENTUCKY. THE SCOPE OF WORK WILL INCLUDE: REPLACING VINYL SIDING (INCLUDING WRAP), SOFFIT REPLACEMENT, WINDOW REPLACEMENT, PAINT ON FACILITIES (INSIDE AND OUT), PUBLIC ADDRESS SYSTEM, PICNIC TABLES, REFRIGERATOR 33" (QTY.2), SLIDE IN ELECTRIC STOVE (WHITE), BATTING CAGE, 10'HX12'WX30-15"LONG, AND METAL ROOF REPLACEMENT. INTERESTED PARTIES MAY BID FOR EITHER MATERIALS OR LABOR FOR EACH OF THE BID ITEMS. IF A BIDDER CHOOSES TO BID BOTH LABOR AND MATERIALS, THE BIDS MUST INCLUDE SEPARATE LINES DENOTING LABOR PRICE AND MATERIAL PRICE. BIDDERS MAY CHOOSE TO BID ON ONE OR ALL OF THE LINE ITEMS ON THIS INVITATION FOR BIDS. FOR QUESTIONS REGARDING PROJECT SPECIFICATIONS, PLEASE CONTACT HARLAN LITTLE LEAGUE AT 606-273-4875. SEALED BIDS MUST BE RECEIVED BY FRIDAY, MARCH 8, 2024 AT 12:00 PM, AT WHICH TIME BIDS WILL BE OPENED AND READ ALOUD. SEALED BIDS MUST BE CLEARLY MARKED "HARLAN LITTLE LEAGUE FACILITY UPGRADES". SEALED BID MAY BE MAILED TO: HARLAN COUNTY JUDGE-EXECUTIVE, P.O. BOX 956, HARLAN COUNTY, KENTUCKY 40831. SEALED BID MAY BE HAND-DELIVERED TO THE FOLLOWING ADDRESS: OFFICE OF THE HARLAN COUNTY JUDGE-EXECUTIVE, 210 EAST CENTRAL STREET, SUITE 300, HARLAN, KENTUCKY 40831. NO LATE BIDS WILL BE ACCEPTED. THE HARLAN COUNTY FISCAL COURT RESERVED THE RIGHT TO REJECT ANY AND ALL BIDS.

HARLAN COUNTY VETERANS SUICIDE AWARENESS WILL HAVE A WALK/MARCH TO ACKNOWLEDGE OUR VETERANS THAT HAVE LOST THEIR LIVES TO SUICIDE AS WELL AS DONATION DRIVE TO SUPPORT THE WOUNDED WARRIOR PROJECT. THE MARCH WILL BE MARCH 19. A SEVENTEEN MILE MARCH ON THE GROUNDS OF HARLAN COUNTY HIGH SCHOOL, BEGINNING AT OUR COAL MINERS MEMORIAL STADIUM ARCHWAY AT 8:30 AM AND ENDING AT 2:30 PM. THE MARCH IS TO BRING AWARENESS TO THE SEVENTEEN VETERANS WHO HAVE LOST THEIR LIVES EVERY DAY TO SUICIDE. THE HARLAN COUNTY JROTC, THE KENTUCKY ARMY NATIONAL GUARD, AND THE APPALACHIAN CHALLENGE ACADEMY ARE PARTICIPATING IN THE MARCH. IF ANY OTHER GROUPS OR CLASSES WOULD LIKE TO PARTICIPATE, PLEASE CONTACT MAJOR MCELVEA AT [tim.mcelvea@harlan.kyschools.us](mailto:tim.mcelvea@harlan.kyschools.us) IF YOU WISH TO MAKE A DONATION, CONTACT JEFF PHILLIPS AT 606-573-4330, EXT. 2046

THE NATIONAL FEDERATION OF THE BLIND, THE TRANSFORMATIVE MEMBERSHIP ORGANIZATION OF BLIND AMERICANS, IS PROUD TO PRESENT HOW PEOPLE WHOSE EYESIGHT IS CHANGING DUE TO AGING OR

OTHER HEALTH FACTORS CAN BENEFIT FROM SOLUTIONS THAT BLIND PEOPLE HAVE FOUND THROUGH THEIR LIVED EXPERIENCE. THESE INDIVIDUALS DO NOT CONSIDER THEMSELVES BLIND AND SIMPLY DON'T REACH OUT FOR HELP. THIS IS BECAUSE BLINDNESS STILL CARRIES A STIGMA AND IS VIEWED AS A TRAGEDY BY THE GENERAL PUBLIC. THOSE WITH CHANGING EYESIGHT ARE ENCOURAGED TO REACH OUT TO THE NATIONAL FEDERATION OF THE BLIND TO LEARN HOW THEY CAN CONTINUE TO WORK, PARENT, AND MORE BY GAINING SUPPORT AND LEARNING FROM OTHERS WHO HAVE BEEN WHERE THEY ARE. IF YOU ARE EXPERIENCING CHANGES IN EYESIGHT, CONTACT YOUR OPTOMETRISTS FOR AN APPOINTMENT.

AN UPCOMING EVENT AIMED AT RECOGNIZING THE GUARDIANS OF CHILDREN WHO HAVE BEEN IMPACTED BY A PARENT'S DRUG ISSUES WAS DISCUSSED DURING THE HARLAN COUNTY FISCAL COURT'S MEETING. HARLAN COUNTY JUDGE-EXECUTIVE DAN MOSLEY CALLED ON HARLAN COUNTY CASEY'S LAW ADVOCATE MANDY GOODIN TO BRING THE MAGISTRATES UP TO DATE ON THE PLANNING STAGES OF THE EVENT. OUR ULTIMATE GOAL IS TO PROVIDE RESOURCES (TO GUARDIANS) THAT GO BEYOND JUST ONE DAY. WE ARE GOING TO CATER TO THESE INDIVIDUALS, PROVIDE THEM WITH A NICE MEAL, AND WE ARE GOING TO HELP THEM TO FEEL SPECIAL. SHE ALSO HOPES TO AID GUARDIANS WITH THINGS SUCH AS FOOD BOXES AND HEALTH CARE OPTIONS FOR THE CHILDREN IN THEIR CARE. GOODIN, SAID, CHARLOTTE WETHINGTON, THE MOTHER OF CASEY WETHINGTON, WHO CASEY'S LAW IS NAMED AFTER, IS TENTATIVELY SCHEDULED TO SPEAK AT THE EVENT.

THE LOSS OF COUNTRY MUSIC LEGEND TOBY KEITH TO STOMACH CANCER SHOCKED MUCH OF AMERICA. PART OF HIS LEGACY IS THE NOW HEIGHTENED AWARENESS OF STOMACH CANCER AND THE TRAGIC EFFECT IT CAN HAVE ON PEOPLE. THE MISSION FOR "NO STOMACH FOR CANCER" IS TO SUPPORT RESEARCH AND UNITE THE CARING POWER OF PEOPLE AFFECTED BY STOMACH CANCER WORLDWIDE. THE ORGANIZATION FOCUSES ON ADVANCING AWARENESS AND EDUCATION ABOUT THE STOMACH CANCER AND SUPPORTING RESEARCH EFFORTS FOR SCREENING, EARLY DETECTION, TREATMENT AND PREVENTION. TALK TO YOUR HEALTH CARE PROVIDER IF YOU ARE EXPERIENCING ANY STOMACH DISORDERS.

AS WE GET INTO THE SWING OF SPRING, THE CROHN'S & COLITIS FOUNDATION IS COMMITTED TO RAISE AWARENESS ABOUT INFLAMMATORY BOWEL DISEASE. NEARLY 1 IN 100 AMERICANS HAS IBD, WHICH INCLUDES CROHN'S DISEASE AND ULCERATIVE COLITIS. IBD CAN POSE SIGNIFICANT LONG-TERM HEALTH RISKS AND REQUIRES CAREFUL, ONGOING MEDICAL ATTENTION. SOMETIMES MISDIAGNOSED, AND EVEN THOSE WITH ACCURATE DIAGNOSES MAY NOT EVEN BE FULLY AWARE OF NEWER TREATMENT OPTIONS. SPEAK TO AN IBD SPECIALIST OR YOUR HEALTH CARE PROVIDER ABOUT WHAT TEST ARE AVAILABLE.

MANY PEOPLE WHOSE EYESIGHT IS CHANGING DUE TO AGING OR OTHER HEALTH FACTORS CAN BENEFIT FROM SOLUTIONS THAT BLIND PEOPLE HAVE FOUND THROUGH LIFE EXPERIENCE, BUT THESE INDIVIDUALS DO NOT CONSIDER THEMSELVES BLIND AND SIMPLY DON'T REACH OUT FOR

HELP. BLINDNESS STILL CARRIES A STIGMA AND POSITIVE IMAGE OF BLIND AND LOW-VISION PEOPLE. THE NATIONAL FEDERATION OF THE BLIND, ENCOURAGES THOSE WITH CHANGING EYESIGHT TO LEARN HOW THEY CAN CONTINUE TO WORK, PARENT, AND MORE BY GAINING SUPPORT AND LEARNING FROM OTHERS WHO HAVE BEEN WHERE THEY ARE. IF YOU ARE EXPERIENCING CHANGES IN YOUR EYESIGHT, CALL YOUR OPTOMETRISTS FOR AN APPOINTMENT.

DON'T FORGET TO SET YOUR CLOCKS FOR DAYLIGHT SAVINGS TIME, WHICH BEGINS SUNDAY, MARCH 10. REMEMBER, SPRING FORWARD ONE HOUR. ENJOY MORE EVENING DAYTIME LIGHT FOR SPRING AND SUMMER RECREATION.

RENTAL CABINS ARE COMING SOON TO KENTUCKY'S HIGHEST STATE PARK. WITH SPRING AND SUMMER RAPIDLY APPROACHING, AND WITH IT, A LOT OF FOLKS ARE BEGINNING TO LOOK FORWARD TO GETTING OUT OF THE HOUSE AND TAKING IN THE SIGHTS OF THE OUTDOORS. KINGDOM COME STATE PARK, IN HARLAN COUNTY, IS EXPECTING TO HAVE A NEW FEATURE WITH THE PARK'S FIRST RENTAL CABIN NEARING COMPLETION AND MORE ON THE WAY. PARK MANAGER, SHERRY CORNETT PROVIDED SOME DETAILS ON THE PARK'S RENTAL CABIN STATUS DURING A RECENT INTERVIEW. THE PARK IS RENOVATING A PARK RESIDENCE INTO A COTTAGE RENTAL PROPERTY AT THE VERY TOP OF THE PARK. CORNETT POINTED OUT KINGDOM COME STATE PARK HAS THE HIGHEST ELEVATION OF ANY STATE PARK IN KENTUCKY. WHEN COMPLETED YOU WILL BE ABLE TO SIT ON THE PORCH AND WATCH THE SUNSET FROM THE HIGHEST ELEVATION. THE CABIN IS EXPECTED TO BE AVAILABLE IN TIME FOR MANY UPCOMING ACTIVITIES. THE BLACK LIGHT MINI GOLF, THE HIPPIITY HOP EASTER, EASTER SCAVENGER HUNT, THE RAVEN ROCK 5K AND SEVERAL BICYCLE EVENTS ALL DURING THE MONTHS OF MARCH AND APRIL. FOR MORE INFORMATION, GO TO <https://park.ky.gov> OR THE KINGDOM COME STATE PARK FACEBOOK PAGE.

THE HARLAN COUNTY HONOR GUARD WAS CREATED TO PROVIDE FUNERAL SERVICES TO THOSE THAT HAVE SERVED THIS GREAT NATION. PRESIDENT DUSTIN MINIARD SAID "IT'S A PRIVILEGE TO SUPPORT THE HONOR GUARD AND AID THEM IN THEIR MISSION." HARLAN COUNTY FARM BUREAU MADE A DONATION TO THE HONOR GUARD FOR THEIR SERVICE. ANYONE THAT WOULD LIKE THEIR HELP WITH FUNERAL SERVICE FOR A LOVE ONE THAT HAS SERVED THEIR COUNTRY, CONTACT THE GUARDS. THEY HELP WITH SERVICES IN HARLAN COUNTY AND SURROUNDING COUNTIES.

DON'T FORGET TO MARK YOUR CALENDAR FOR THE 69TH ANNUAL POKE SALLET FESTIVAL IN DOWNTOWN HARLAN. THE FESTIVAL WILL BE THURSDAY, MAY 30TH-SATURDAY, JUNE 1ST.

MCHC WILL BE HOSTING A FREE WOMEN'S HEALTH FAIR ON APRIL 3, 2024 AT THE HARLAN CLINIC. IF YOU WOULD LIKE TO SET UP AT AN INFORMATIONAL, EDUCATIONAL OR RESOURCE TABLE PLEASE LET JOHNNY NANIZ, KRISTINA MOORE OR SOMELIN CHEEK KNOW BY MARCH 25, 2024. BY SUBMITTING THE PARTICIPANT RESPONSE FORM. SET UP IS FREE,

BUT REGISTRATION IS REQUIRED AS TO MAKE SURE THAT THERE WILL BE AMPLY SPACE FOR EVERYONE INVOLVED. YOU WILL BE REQUIRED TO PROVIDE YOUR OWN TENT, TABLE AND CHAIRS. SIGN-UPS FOR BLACK LUNG WILL BE AVAILABLE THAT DAY AS WELL. IF YOU HAVE ANY QUESTIONS, PLEASE CONTACT JOHNNY NANTZ, KRISTINA MOORE SOMERLIN CHEEK AT 606-573-7771 OR EMAIL AT: johnny.nantz@mtncomp.org or kristina.more@mtncomop.org or someline.cheek@mtncomp.org

KINGDOM COME STATE PARK WILL BE HOSTING THE FIRST ANNUAL MASTER OF THE MOUNTAIN ON MARCH 23. THE RUN IS DESIGNED TO BE THE TOUGHEST EVENT OF ITS KIND WHICH HAS BEEN HELD AT THE PARK. SHERRY CORNETT, KINGDOM COME STATE PARK MANAGER, SAID IT WILL DEFINITELY BE OUR HARDEST RUN. IT WILL GO FROM THE SIGN AT THE BOTTOM OF THE PARK ENTRANCE ROAD TO THE VERY TOP OF THE PARK AT BULLOCK OVERLOOK. PARTICIPANTS MAY EITHER RUN OR WALK THE COURSE. SPECTATORS ARE ENCOURAGED TO WATCH FROM ANY SPOT ON THE COURSE. FOR MORE INFORMATION, VISIT THE KINGDOM COME STATE PARK FACEBOOK PAGE.

THE CENTER FOR RURAL DEVELOPMENT, IN PARTNERSHIP WITH THE KENTUCKY OFFICE OF BROADBAND DEVELOPMENT, MET WITH COUNTY OFFICIAL, BUSINESS OWNERS, AND COMMUNITY LEADERS TO GIVE AN UPDATE ON BROADBAND EFFECT IN HARLAN COUNTY. FOR MORE INFORMATION ON HOW THE CENTER CAN HELP WITH FEASIBILITY STUDIES, PLANNING AND CONNECTIVITY SOLUTIONS FOR BROADBAND EXPANSION PROJECT TO YOUR COMMUNITY, VISIT [www.centertech.com](http://www.centertech.com) OR CONTACT SCOTT SUBER AT 606-677-6000, OR EMAIL [ssuber@centertech.com](mailto:ssuber@centertech.com)

EASTER EGG HUNT, MARCH 23, FROM 10 AM TO 12 PM AT THE LEEMAN FIELD IN LEE COUNTY. FOR MORE INFORMATION GO TO: [www.cumberlandgapregion.com](http://www.cumberlandgapregion.com)

SUNDAY, MARCH 24, WILL BE THE TOUGH MAN GOLF SCRAMBLE AT SLEEPY HOLLOW COUNTY CLUB, 325 GOLF COURSE ROAD, FROM 1-5 PM. FOR MORE INFORMATION GO TO: [www.harlancountytrails.com](http://www.harlancountytrails.com)

ALL FISHING ENTHUSIASTS ARE INVITED TO CAST YOUR LINES FOR A CAUSE AT THE HARLAN COUNTY SENIOR CENTER'S 1ST ANNUAL FUNDRAISING FISHING TOURNAMENT. EVERYONE IS INVITED TO JOIN IN THE FUN AT MARTINS FORK LAKE ON SATURDAY, APRIL 6TH FROM 12 PM TO 4 PM AND REEL IN THE BIG ONES. COMPETITION IS OPEN TO ALL, WHETHER YOU PREFER TO FISH FROM THE SHORE OR ABOARD YOUR BOAT AND ALL TYPES OF BAIT ARE WELCOME. ANY FISH CAUGHT WITHIN LEGAL SIZE AND LIMIT IS ELIGIBLE, WITH THE WINNER DETERMINED BY THE HEAVIEST HAUL. REGISTRATION KICKS OFF AT 11 AM. NOT ONLY WILL YOU BE ANGLING FOR THE GRAND PRIZE OF \$100, BUT YOU'LL ALSO BE SUPPORTING HARLAN COUNTY'S CHERISHED SENIOR CITIZENS. ENJOY HOTDOGS AND REFRESHMENT AVAILABLE FOR PURCHASE, AND FEEL FREE TO CONTRIBUTE WITH A DONATION. REMEMBER, IT'S NOT JUST ABOUT THE FISH; IT'S ABOUT THE COMMUNITY. COME OUT AND SHOW YOUR SUPPORT. FOR MORE

INFORMATION, CALL 606-573-3496. DON'T MISS OUT..HOOK, LINE AND SINKER!

ASHLEY SULLIVAN, HARLAN COUNTY CLERK, SPOKE TO THE HARLAN CHAMBER OF COMMERCE AT THEIR MARCH MEETING, TO PROVIDE MEMBERS WITH INFORMATION ON STANDARD AND SOME NEW SERVICES PROVIDED BY THE HARLAN COUNTY CLERK'S OFFICE. ASHLEY STATED HOW IMPORTANT ELECTIONS ARE AND HOW THE VOTING CENTERS ALLOW YOU TO VOTE AT ANY OF THE LOCATIONS. ACCORDING TO SULLIVAN, NOT RESTRICTING VOTERS TO THEIR OWN PRECINCT TO CAST A VOTE MAKES IT EASIER FOR PEOPLE WHO HAVE A LONG WORK COMMUTE TO VOTE. FOR MORE INFORMATION ON THE SERVICES PROVIDED BY THE HARLAN COUNTY CLERK'S OFFICE, GO TO <https://harlancountyclerk.us/>

THE CITY OF HARLAN TOURIST AND CONVENTION COMMISSION IS SEEKING TO HIRE A DIRECTOR FOR THE HISTORIC HARLAN MUSEUM. FOR A FULL JOB DESCRIPTION CONTACT THE EXECUTIVE DIRECTOR OF HARLAN TOURISM AT [harlantourism@gmail.com](mailto:harlantourism@gmail.com) TO APPLY, PLEASE SEND A COVER LETTER AND RESUME TO HISTORIC HARLAN MUSEUM DIRECTOR POSITION, 201 S. MAIN STREET, HARLAN, KY 40831

EASTERN BROADCASTING, WTUK FM, WHLN AND WFRS AM, WISH THE BEST OF LUCK TO THE HARLAN COUNTY BLACK BEARS. WISHING YOU SAVE TRAVEL TO RUPP ARENA, FOR THE MARCH 21, GAME AND A VICTORY.

THE CROHN'S & COLITIS FOUNDATION REMAINS COMMITTED TO RAISE AWARENESS ABOUT INFLAMMATORY BOWEL DISEASE (IBD). NEARLY 1 IN 100 AMERICANS HAS IBD, WHICH INCLUDES CROHN'S DISEASE AND ULCERATIVE COLITIS. IBD CAN POSE SIGNIFICANT LONG-TERM HEALTH RISKS AND REQUIRES CAREFUL ONGOING MEDICAL ATTENTION. COUNTLESS PATIENTS EXPERIENCING MYSTERIOUS GUT ISSUES, DELAY BEING DIAGNOSED BECAUSE THEY ARE UNAWARE OF WHAT IBD SYMPTOMS CAN LOOK LIKE AND DO NOT TAKE ACTION AND SEEK A HELP. CONTACT YOUR PRIMARY CARE DOCTOR FOR INFORMATION AND SEEKING HELP.

KENNEL TO COUCH (K2C) IS A NONPROFIT ORGANIZATION COMMITTED TO HELPING LONG-TERM SHELTER RESIDENTS GET ADOPTED FASTER AND STAY IN THEIR HOMES PERMANENTLY. OUT OF KENNELS, ONTO COUCHES ENCOURAGE PEOPLE TO VISIT [kenneltocouch.org](http://kenneltocouch.org), WHERE THEY CAN SEE THE SPONSORED DOGS AND GET INVOLVED. TO SPEAK TO SOMEONE ABOUT THE ORGANIZATION, PLEASE CALL 720-560-5467 OR EMAIL [tom@kenneltocouch.org](mailto:tom@kenneltocouch.org)

EASTER SUNDAY IS MARCH 31. THE ENTIRE STAFF OF WTUK FM, WFSR AND WHLN AM WISH TO EVERYONE A BLESSED EASTER. HAVE A GOOD DAY AND SAFE TRAVELING WHEREVER YOU GO TO CELEBRATE THE MEANING OF EASTER WITH FRIENDS AND FAMILY.

SPRING CLEAN UP WILL BE STARTING APRIL 8, FOR THE CITY OF HARLAN. THE HARLAN STREET DEPARTMENT IS OFFERING A BIG

OPPORTUNITY TO ASSIST IN SPRING CLEANING IN EACH NEIGHBORHOOD. EACH WEEK, THE STREET DEPARTMENT WILL VISIT A DIFFERENT NEIGHBORHOOD AND WILL HAUL OFF LARGER ITEMS THAT USUALLY REQUIRED MORE WORK. THIS WILL BE THE BEST TIME TO CLEAN OUT OLD APPLIANCES, REFRIGERATORS, COUCHES, AND MORE. INSTEAD OF YOU HAVING TO HAUL OFF THESE LARGE ITEMS, THE DEPARTMENT WILL DO IT FOR YOU. PAINT, BATTERIES, AND TIRES MUST BE GROUPED SEPARATE FROM ALL OTHER ITEMS AND BAGS. MOTOR OIL MUST BE IN A SEPARATE CONTAINER FROM ALL BAGS, DEBRIS, ETC. FOR MORE INFORMATION, CALL HARLAN CITY HALL AT 606-573-2602 OR 606-573-4495. YOU CAN ALSO CALL EITHER NUMBER TO ARRANGE PICK UP IF YOU MISSED YOUR WEEK/DAY.

IN ADDITION TO THESE ANNOUNCEMENTS, COMMUNITY CALENDAR IS ANNOUNCED THREE TIMES PER DAY. ALL ANNOUNCEMENTS OF EVENTS FOR HARLAN, BELL, LESLIE, LEE AND SURROUNDING COUNTIES ARE UPDATED DAILY. OBITUARIES ARE ANNOUNCED DAILY, AS RECEIVED, FOR ALL COUNTIES.