

Mental Illness Caregivers - 1

DM/MEH 3/11 (Mon PM/Tue AM)

Providing support and education for family members of those with mental illness is the aim of the Arkansas chapter of the National Alliance on Mental Illness. Marquitta (mar-KEY-tuh) Magnini (Mag-nee-nee), the statewide trainer, says mothers were the most common participants when she began training over a decade ago.

News15 0:18 “...in spouses coming.”

(CUT NEXT LINE FOR TUESDAY MORNING – BUT CUT IS STILL GOOD!)

The second session of the 12-week program is tonight (Monday) in Little Rock. The classes are designed for family members of older teenagers, and adults. New participants will be able to join the free program until March 18. For more information on registering, visit KUAR-dot-ORG.

Mental Illness Caregivers - 2

CA/DM/MEH 3/11 (Mon PM/Tues AM)

The Arkansas chapter of the National Alliance on Mental Illness is proving a free, 12-session program for family, friends, and others with mental issues. The class was designed to help maintain their personal well being. Marquitta (mar-KEY-tuh) Magnini(Mag-nee-nee), an Arkansas trainer, says the program has been very beneficial for her family.

News 16 0:13 “advocate for my love ones.”

The sessions will provide content about mental illness, bipolar disorder, major depression, and more. The classes will be held on Monday evenings at 6:30 in Little Rock. You can learn more at KUAR-dot-org.