

## Quarterly Issues Report for station WRUL for the 2nd Quarter of 2020

Description of Issue	Date	Time Aired	Duration	Description of program/Subject of program
Local State Representative Issues Statement Openly Criticizing IL Governor	April 1st	6a, 7a, 8a, noon, 4p, 5p	2 minutes each report	State Representative Darren Bailey say they've heard from dozens of constituents who were unable to access the state's overwhelmed unemployment services website and phone help line. Bailey says, "The Governor routinely criticizes the federal government over how it's functioning. The Governor deserves the same level of scrutiny and questions. Governor, what is your solution to getting assistance to those out of work?"
New programs available to help Illinois small businesses impacted by COVID-19	April 2nd	6a, 7a, 8a, noon, 4p, 5p	3 minutes each report	Program details for Payroll Protection Program, 7(a) Borrower Relief, Economic Injury Disaster Loan Advance, and SBA Express Bridge Loans, along with experts weighing in on the pros and cons of each, potential issues with each program, and how to avoid pitfalls.
Pritzker Administration Announces Third Month Sales Totals for Adult Use Cannabis	April 3rd	6a, 7a, 8a, noon, 4p, 5p	2 minutes each report	Illinois Department of Financial and Professional Regulation announced preliminary numbers show statewide adult-use cannabis sales in March totaled \$35,902,543.22. Additional discussion surrounding dispensaries being allowed to stay open amid COVID pandemic and labeled as essential businesses.

<p>Local Health Department Public Health Administrator Gives Frank Update on CoVID-19</p>	<p>April 3rd</p>	<p>10am &amp; online on demand</p>	<p>20 minutes</p>	<p>Jamie Byrd, Public Health Administrator provides update on testing, results, what the public can expect in the coming weeks and months as the pandemic begins to impact the local, rural area. Byrd also tries to dispel rumors, provide guidance and advise the public with accurate information.</p>
<p>Norris City Village Board Meets via Conference Call</p>	<p>April 7th</p>	<p>6a, 7a, 8a, noon, 4p, 5p</p>	<p>5 minutes</p>	<p>First local municipal meeting since Illinois Shelter in Place held via conference call. Discussions included village employee health insurance costs, road work in conjunction with IDOT, purchase of a high pressure jet system to clean out sewer pipes, awarding of a new liquor license, postponement of village wide rummage sale, and encouragement of citizens to fill out their census forms.</p>
<p>Illinois State Police Director Files Emergency Rules Regarding FOID and CCL Renewals</p>	<p>April 10th</p>	<p>6a, 7a, 8a, noon, 4p, 5p</p>	<p>3 minutes each report</p>	<p>The Illinois State Police filed emergency rules this week to address renewals of Firearm Owner Identification and Concealed Carry Licenses during the COVID-19 epidemic. These rules are designed to provide FOID card holders and CCL relief from the renewal requirements during the effects of COVID-19 pandemic. ISP will continue to enforce both FOID and CCL prohibitors. FOID card holders who receive revocation notices shall return their FOID and Firearm Disposition Record form to the Illinois State Police. CCL holders who receive revocation notices shall return their CCL license to the Illinois State Police.</p>

**IL Department on Aging  
Provides \$7 Million in Meal  
Assistance for Older Illinoisans**

The Illinois Department on Aging (IDoA) announces it's distributing \$7 million across the state to meet the growing demand for meal assistance by older Illinoisans impacted by the coronavirus (COVID-19) public health emergency. Last year, more than 85,000 seniors were provided meals at congregate meal sites and an additional 43,000 seniors received meals delivered to their homes. In a one-week period between March 30th and April 3rd, a total of 178,599 meals were home delivered reflecting an average of 35,000 meals per day. In that same week, a total of 4,907 new referrals for home delivered meals were processed – that's on average close to 1,000 new referrals per day.

<p>April 13th</p>	<p>6a, 7a, 8a, noon, 4p, 5p</p>	<p>3 minutes each report</p>
<p>April 13th</p>	<p>6a, 7a, 8a, noon, 4p, 5p</p>	<p>2 minutes each report</p>

**Illinois Considering  
Postponement of Property Tax  
Payments**

A new bill would require the June property tax bill to be pushed back 90 days and comes as several Illinois counties look at ways to give taxpayers additional time. Property tax bills are due in June and September in Illinois. Seeing the economic fallout from business shutdowns and layoffs from COVID-19 measures, there's a new push to waive any penalties for taxpayers not paying their summer property tax bills as long as the payments are made before the September bill comes due. Some are concerned that the loss of expected late fees and interest would put a strain on local budgets, according to a report from Patch, because local officials have come to consistently count on a certain number of taxpayers to incur the penalties.

Don Baldwin gave an update on the gas line re-locate project. Commissioner David Jordan also had a couple notes, first reminding folks of the budget hearing set for next meeting on April 27th if the state didn't give any further directives on cancelling that. Hand in hand with that, Jordan says, "We have still not established rates to go into effect first of May, I know it's not a good time, but water, sewer and trash rates have still not been set for this particular fiscal year. So we're going to need to find a way to discuss that or bring it up at the next meeting." Additionally, Jordan says there are signs of a potential squatter at the old library. Also, Commissioners agreed to release the lien of Gillard's True Value. The motion was needed so that owner Jeff Gillard would be able to access a Small Business Stabilization Loan due to the CoViD-19 pandemic. The group agreed to the request with the mayor recommending they do so while forming a new agreement that would establish Gillards using their TIF funds to pay off their revolving loan fund.

			6a, 7a, 8a, noon, 4p, 5p	4 minutes each report
City of Grayville Council Meeting April 14th				

**CWC Unit 5 Administrators Give  
Inside Look at Shelter in Place  
Schooling**

Candid discussion with School District Superintendent, principals and other building administrators on the status, struggles and just how educators and students both are handling e-learning during the CoVID-19 pandemic. Superintendent Lee said it seems like only a handful of students have had trouble accessing the internet for their studies... not a bad number when you consider about 14% of White County lives at or below (about 1,900 of the county's approximate 13,500 residents) the poverty line. When asked if those students without internet access are at a disadvantage, Lee says, "It's not the same as if you're online, but we're doing our best to make sure that they still have the opportunities to get the work done. We did put out surveys to our families and we don't have all the results, but it looks like somewhere between 85 to 88% of our families do have access to some form of being able to get on the internet."

<p>April 14th</p>	<p>6a, 7a, 8a, noon, 4p, 5p</p>	<p>6 minutes each report</p>
-------------------	-------------------------------------	----------------------------------

<p>Carmi City Council Meeting</p>	<p>April 15th</p>	<p>6a, 7a, 8a, noon, 4p, 5p</p>	<p>3 minutes each report</p>	<p>At the 25 minute Carmi City Council meeting, which was conducted by conference call due to the coronavirus outbreak, the members approved the reappointment of Nancy J Winter as Trustee on the Police Pension Fund Board for a two year term effective May First of this year until April 30th 2022. They also approved a resolution renewing the employee's safety incentive program for April First of this year until March 31st 2021. Additionally, council accepted the lowest bid for a tractor for the City of Carmi Parks Department from Case IH in Mcleansboro at a cost of \$64,759.97. Pollard said he accepted an offer by Premier Soft Wash to donate their time and their chemicals and clean up all of the park's playground equipment for the children to use when things get somewhat back to normal. Council members also discussed camping at Burrell's Woods.</p>
<p>Blood Drive Scheduled for Today Cancelled Due to Staff Members with Elevated Temperatures</p>	<p>April 15th</p>	<p>6a, 7a, 8a, noon, 4p, 5p</p>	<p>2 minutes each report</p>	<p>The planned American Red Cross Blood Drive that was scheduled to happen Wednesday afternoon at the Indian Creek Community Center had to be cancelled. Organizer Kimberly Fuqua says she received notice from the American Red Cross District Manager that three of their staff members showed up for work and presented with elevated temperatures. Those workers were sent home as companies across the world are taking every precaution to keep employees and the public healthy. Therefore, the Red Cross didn't have enough staff for the blood drive.</p>
<p>Interview with Kelsey Bentlage</p>	<p>April 17th</p>	<p>10am &amp; online on demand</p>	<p>12:30 minutes</p>	<p>Registered Dietician Kelsey Bentlage talks with us about how to eat well and affordably during the CoVID-19 pandemic. Foods to stock up on, foods to avoid and how eating well builds your body's immunity and defense systems.</p>

**Downstate Business Owners  
Among Those Who Say They've  
Had It with Sheltering In Place**

A southern Illinois lodge owner is fed up with Gov. J.B. Pritzker's stay-at-home order. Numerous businesses have been closed since the order was put in place on March 21. Tab Walker, who owns a fishing lodge near a state-run lake in Newton, said March and April were supposed to be the busiest months for his business. Walker said the situation in southern Illinois is different than in Chicago and the decision-makers don't seem to understand that. Locally, some businesses continue to operate outside of the order. Many individuals have been spotted at the golf course as well as a handful of hair stylists and nail salons that continue to operate on some level in spite of the executive order forbidding it. Some law enforcement officials say they're not set up to deliver consequences to rule breakers. At least one law enforcement officer allegedly took advantage of a haircut recently, as did admittedly the Chicago mayor.

State Rep. Darren Bailey says he's confident the law is on his side in regard to his lawsuit opposing Governor J. B. Pritzker's continuous 'stay at home' order, which the Governor announced April 23 saying he would extend for another 30 days past the current April 30 deadline established in his previous Executive Order (EO). Bailey's lawsuit asks the court to find that Gov. Pritzker overextended his delegated power by issuing additional 'stay at home' orders after his 30-days of emergency powers expired on April 8th, 2020.

	<p>April 23rd</p> <p>6a, 7a, 8a, noon, 4p, 5p</p> <p>5 minutes each report</p>	
<p><b>Local State Representative Sues Governor for Overreach of Shelter in Place Order</b></p>	<p>April 27th</p> <p>6a, 7a, 8a, noon, 4p, 5p</p> <p>4 minutes each report</p>	

People of Illinois vs. J.B. Pritzker  
Gaining Steam

A local woman has launched what is turning into a large movement online. The private group "People of Illinois Vs. J.B. Pritzker" has since it's launch Monday, has now more than 18,500 members. WROYWRUL reached out to founder Kelli Leavens Wednesday evening to learn more about the goals and plans involved in the group. She responded but wasn't willing to go on record with us yet instead saying she was overwhelmed by the amount of people that have joined and adding she's not a fan of the spotlight. It's grown over just a few days into something that has required she bring on nearly a dozen additional administrators for the private group. Members are currently gathering signatures at <http://www.illinoisfreedom.org> declaring that the governor has overstepped the authority granted him by section 7 of the Illinois Constitution and by doing so has caused irreparable harm to livelihoods and/or property. Filling out the form allows the admins of the group to share contact information with Thomas DeVore, the attorney who assisted State Representative Darren Bailey in his successful suit against the governor. Those who sign up will be added to a list for a potential Class Action Lawsuit.

April 30th	6a, 7a, 8a, noon, 4p, 5p	3 minutes each report
------------	-----------------------------	--------------------------



		<p>White County States Attorney Denton Aud issued a press release late Wednesday afternoon specifically taking on Governor Pritzker's Stay at Home Executive Order. In the nearly two page piece, Aud, spoke on behalf of White County Sheriff Doug Maier and county police chiefs Jason Carter, Diana Tharp, David Burrows and also Enfield police officer Mark Worlds, saying while they don't doubt the sincerity of the governor and believe his administration is well intentioned that they will not arrest or prosecute anyone for conduct that would simply be in violation of the stay at home order. Aud says arrests and prosecutions arise from the violation of laws enacted by legislation and not executive edicts and good intentions are not a valid basis for overriding the rule of law. Aud drew from legal cases and opinions in the release and also says he and law enforcement do believe that Pritzker's order exceed statutory authority and that the exercise cannot exceed 30 days. With that, he says he's not advising businesses to violate the order as those with licenses could be putting it at risk and could also face civil liability.</p>
--	--	--

White County States Attorney  
 Issues Release Regarding IL Stay  
 At Home Executive Order

April 30th  
 6a, 7a, 8a,  
 noon, 4p, 5p  
 4 minutes  
 each report

In an interview exclusive with WROY/WRUL News Tuesday afternoon, Mayor Jeff Pollard said while there were some topics that probably needed to be discussed, he would continue to put them on hold as long as possible in the hopes that regular in person meetings could resume. With that, there were no items on last night's agenda and with only a few reports on the docket, dialing in, roll call and exchanging pleasantries ended up taking longer than the meeting itself. Alderman Steve Winkleman said he'd been at a Library meeting earlier in the day and it's been discovered that there's a leak permeating through the library ceiling which would require immediate attention. Beyond that, Pollard is reminding constituents that there is an ordinance banning "farm animals" from being kept in city limits. And again, the mayor reminded citizens that building permits were required prior to beginning construction. The permits are available at no cost.

<p>Coronavirus, a Leaky Library, Chickens and Building Permits          Highlight Carmi Council Meeting          Tuesday</p>	<p>May 6th</p>	<p>6a, 7a, 8a,          noon, 4p, 5p</p>	<p>5 minutes          each report</p>
--	----------------	--	---

Hamilton/Wayne County Health  
 Department Administrator  
 Weighs In on Fairfield  
 Restaurant's Decision to Open

A Fairfield restaurant has allegedly opened against Governor Pritzker's orders and while the Hamilton/Wayne County Bi-County Health Department administrator acknowledges it's happened, he says he in no way "cleared them to operate" as some have suggested. He says the feeling was that there would be no legal grounds to stand on if called upon to testify in front of a judge to request an order to close. While Griffith says he's certainly not encouraging it, "if they decide to open, I'm trying to work with them and I'm providing them with some guidance documents and a copy of the Executive Order so they understand what the order is and I'm just trying to work with them to help protect their staff and workers as well as their customers. Right now, like I said we have no local cases or an outbreak but if next week if we have an outbreak or an outbreak from one of these facilities that are allowing congregate setting, that would change everything."

May 6th	6a, 7a, 8a, noon, 4p, 5p	4 minutes each report
---------	-----------------------------	--------------------------

Phase One of the New Harmony Bridge Authority's study is set to move forward. That confirmed after late last week's meetings of both the White and Posey County factions of the bi-state bridge partnership. At Thursday's White County meeting, it was announced that 6 qualified vendors submitted bids for the Phase One Bridge Study. Wes Jennings won the contract with a max price of \$150,000. The next day, the Indiana group convened and agreed, along with stepping up to pay the cost of that study. The state of Indiana pledged \$350,000 of "seed funding" back in January. The temporary fencing was also signed off on with O'Daniel's winning the contract at a price of \$4,885. Funding from Illinois has yet to come through and the White County Bridge Commission has about \$8,000 left before it's coffers run dry. Ellen Schanzle-Haskins, who has worked on other bridge projects throughout the state of Illinois explains the first phase and what comes next.

New Harmony Bridge Authority to Move Forward with Phase One Study	May 13th	6a, 7a, 8a, noon, 4p, 5p	5 minutes each report
---	----------	--------------------------	-----------------------

<p>White County Board Hears from Egyptian Health Department CEO at Latest Meeting; Public Joins via Zoom</p>	<p>May 14th</p>	<p>6a, 7a, 8a, noon, 4p, 5p</p>	<p>6 minutes each report</p>	<p>Hampton Tuesday night. Hampton, the CEO at Egyptian Health Department, detailed the current "phase" of Restore Illinois and also provided information on a regional "Return to Business" plan that's been forwarded to the governor in the hopes of fast tracking the opening of the region. She says local health departments and other officials from throughout the south central region of Illinois worked on the regional plan. It has not been approved at this time. Currently, we're in Phase 2 of the 5 part plan to reopen Illinois. The concerns for business owners that are thinking about defying the state order and moving forward to open up mainly surround state licensing and opening themselves to insurance issues. Cease and desist orders have been issued in neighboring Hamilton County after businesses including a barbershop opened up and were reported by citizens. That prompted the Hamilton County Sheriff Tracy Lakin to issue a statement urging citizens to NOT report their fellow businesses. Business owners that operate with licensures to operate are concerned that they could face retaliation in the form of having their licenses taken away or not renewed. Even business owners that don't need those types of licenses aren't in the clear however. The fly in the ointment for them shows those businesses could face devastating insurance issues including being dropped by their liability providers and/or opening themselves up to law suits in the event someone contracted COVID-19 and</p>
--	-----------------	---------------------------------	------------------------------	--

<p>Carmi City Council Signs off on Carmi Rec Summer League to Practice; Other Details from June 2nd Meeting</p>	<p>June 3rd</p>	<p>6a, 7a, 8a, noon, 4p, 5p</p>	<p>4 minutes each report</p>	<p>The board agreed to allow the Carmi Rec Summer League to open practices. Mayor Pollard began with "First of all, I'm gonna say I'm kinda disappointed in some people because basically this is only on the agenda for the fact the summer rec league was advised by their attorney to get permission from the City of Carmi and from Egyptian Health to allow them to not play ball, but to practice. There are some state guidelines that I have sent out to all of the alderman and now for some reason, this has gotten blown up on facebook." Also at Tuesday night's meeting, council passed ordinance #1565 to vacate a part of roadway in the Carmi Industrial Park. Southeastern Illinois College is attempting to gain a Fast Track Rebuild Illinois grant, the same type of grant that will help the City of Carmi with it's water project in the Hillisdale area, and therefore needed the ordinance passed to help qualify for the grant. The mayor also reported the dog park is getting closer to being done, saying the shelter is complete. Up next is the fence and the dog exercise equipment which has been delivered. Pollard also says the electronic recycling event was a great success and the city is looking to host another in September. Once again, Pollard says citizens are leaving the yard waste site gate open and dumping yard waste anywhere they want. He says if this practice continues, they'll only open the site on Saturdays. To help downtown businesses with social distancing, Pollard says the city has</p>
---	-----------------	---------------------------------	------------------------------	---

Above is a list of the significant issues responded to by station WRUL with the most significant programming

treatment of those issues for the period of April 1, 2020 to June 30, 2020.

The listing is by no means exhaustive. The order in which the issues appear does not reflect any priority or significance.



Call Letters: \_\_\_\_\_

Weekly Public Affairs Program

### QUARTERLY ISSUES REPORT, APRIL-JUNE, 2020

Show # 2020-14

Date aired: 4-5-20 Time Aired: 5:00 AM

Gregory A. Poland, MD, Mary Lowell Leary Professor of Medicine at the Mayo Clinic in Rochester, MN, Director of the Mayo Clinic's Vaccine Research Group, Editor-in-Chief of the medical journal Vaccine

Dr. Poland discussed the status of the coronavirus pandemic and what must happen before lockdowns and physical distancing can be eased. He offered recommendations on what to disinfect in homes, and whether surgical masks are useful for the general public, what to do about summer vacation plans, and other steps to take to avoid the virus.

Length: 8:59

Issues covered:  
Coronavirus

Personal Health

Government Regulations

Dan Stockdale, Licensed Healthcare Executive in seven states, Certified Nursing Home Administrator, explained what families and others can do to help during this time

Nursing homes and retirement communities have been an intense focal point for the coronavirus pandemic. Mr. Stockdale outlined the steps that nursing homes across the country have taken to protect their residents and staff. He explained what families and others can do to help during this time of social isolation.

Length: 8:13

Issues covered:  
Coronavirus

Senior Citizens

Chris Robinson, Board Member of the National Funeral Directors Association, Managing Owner of Robinson Funeral Home in Easley, SC

The coronavirus lockdowns have had a dramatic effect on the way today's funerals and memorial services can be conducted. Mr. Robinson said live streaming of funeral services, small graveside services, and online guest books have become the temporary replacements for traditional rituals. He also discussed the shortage of personal protection equipment for workers in the funeral industry.

Length: 5:09

Issues covered:  
End of Life

Coronavirus



Show # 2020-15

Date aired: 4-12-20 Time Aired: 5:00 AM

Ken Johnson, PhD, Senior Demographer at the Carsey School of Public Policy and Professor of Sociology at the University of New Hampshire

As the coronavirus pandemic spreads across the country, those living in rural areas, are increasingly threatened. Prof. Johnson said that people in rural areas are often more reliant on their neighbors that those who live in urban areas, via through such things as volunteer fire departments and shared educational resources. He said hospitals and doctors are almost always further away in rural areas. He also discussed the potential impact to agriculture and other areas of the rural economy.

Issues covered: Coronavirus Rural Concerns Agriculture

Length: 8:59

Ellie Hollander, President and Chief Executive Officer of Meals on Wheels America

Ms. Hollander talked about the effect the coronavirus pandemic on Meals on Wheels and the elderly citizens they serve. She said for many elderly clients, Meals on Wheels volunteers are the only people a senior may see in a given day, so families often depend on them to monitor their loved one's day to day welfare. She explained how someone can volunteer or make a cash donation to help.

Issues covered: Coronavirus Senior Citizens Volunteerism

Length: 8:13

Ten Secret, certified health & wellness coach, natural health educator, CEO of Joy of Living

As many Americans are stuck at home, Ms. Secret said it is important to make wise health choices. She offered suggestions to avoid eating or drinking out of boredom, and to incorporate exercise into a daily routine. She also offered ideas to deal with stress and anxiety.

Issues covered: Coronavirus Personal Health Mental Health

Length: 5:09

Show # 2020-16

Date aired: 4-19-20 Time Aired: 5:00 AM

David Spiegel, MD, Willison Professor and Associate Chair of Psychiatry & Behavioral Sciences at Stanford University, Director of the Stanford Center on Stress and Health.

A recent poll found that half of Americans are now suffering mental health issues as a result of the economic shutdown and coronavirus pandemic. Dr. Spiegel outlined the multiple challenges faced by every American during the crisis. He said he expects the mental health effects to be a long-term issue, including increased rates of suicide. He offered tips for coping.

Issues covered: Mental Health Suicide Coronavirus

Length: 10:14

Maureen Mahoney, Policy Analyst, Consumer Reports

From fake cures for coronavirus to phishing emails and phony websites, scammers are taking advantage of consumers' fear as the virus spreads. Ms. Mahoney talked about the way authorities have handled a recent wave of robocalls. She explained how consumers can recognize the signs of a spoofed phone number, or a text or social media message sent by a scammer.

**Issues covered:**

Crime

Consumer Matters

Coronavirus

**Length: 7:00**

Jean Shaffroff, philanthropist, author of "Successful Philanthropy: How to Make a Life by What You Give"

As Americans experience historic levels of unemployment, Ms. Shaffroff said food pantries, charities, and nonprofits are seeing huge drops in donations amidst financial uncertainties, while demand for their services skyrocket. She stressed the urgent need for donations and volunteering from those who are able to do so.

**Issues covered:**

Poverty

Hunger

Volunteerism

Unemployment

Coronavirus

**Length: 4:58**

Show # 2020-17

Date aired: 4-26-20 Time Aired: 5:00 AM

Amy David, PhD, Clinical Assistant Professor of Supply Chain and Operations Management at Purdue University

As store shelves emptied and consumers became frustrated at being unable to get basic supplies during the coronavirus pandemic, many blamed hoarders. Dr. David explained the real reasons behind the shortages, and how the supply chain for food and most other products is much more complex and brittle than most people realize. She talked about ways to build flexibility and redundancies into a supply chain.

**Issues covered:**

Consumer Matters

Coronavirus

**Length: 10:03**

Brian Walsh, Certified Financial Planner at Sofi, a personal finance company

Mr. Walsh outlined prudent financial steps Americans should take to protect themselves during the COVID-19 economic tailspin. He discussed scenarios for those who are unemployed, those who are worried about their jobs and those who have received stimulus checks.

**Issues covered:**

Personal Finance

Government Stimulus

Consumer Matters

Coronavirus

**Length: 7:17**

Richard Winchester, JD, Visiting Professor at Seton Hall University School of Law, national authority on small business and federal employment tax policy

Many Americans have received their stimulus payments from the federal government, but millions of others are still waiting. Prof. Winchester offered advice and web site locations for people to check on the payments and to provide information to the government to expedite the process. He also outlined the numerous aspects of economic aid built into the stimulus bill passed by Congress.

**Length: 4:56**

**Issues covered:**  
Government Stimulus  
Consumer Matters  
Unemployment  
Coronavirus

Show # 2020-18

Date aired: 5-3-20 Time Aired: 5:00 AM

Rick Seane, CEO of FareCompare.com

A recent poll found that nearly half of all Americans are ready to travel the moment the pandemic fears are over. Mr. Seane discussed the current state of air travel. He said, although the current travel outlook is bleak with few flights in the air, there are numerous bargains for consumers who are willing to buy tickets for use later in the year.

**Length: 8:51**

**Issues covered:**  
Consumer Matters  
Transportation  
Coronavirus

Amanda Kubista-Owen, social worker with Mayo Clinic Health System

Among the unintended consequences of government-ordered lockdowns, Ms. Kubista-Owen said cases of domestic violence and child abuse are becoming more frequent, more severe and more dangerous. She offered advice to those dealing with abusive relationships and said that resources are still available to help victims, despite the pandemic.

**Length: 8:15**

**Issues covered:**  
Domestic Violence  
Child Abuse  
Coronavirus

Tim Lash, Chief Strategy Officer for West Health, a nonprofit organization dedicated to lowering the healthcare costs of senior citizens

Mr. Lash's organization commissioned a Gallup poll that found that about 1 in 7 Americans say they would avoid seeking medical care if they experienced key symptoms associated with COVID-19, out of fear of the potential cost. He talked about the possible reasons behind this finding. He also discussed the concerns surrounding the greater impact of coronavirus in minority communities.

**Length: 6:00**

**Issues covered:**  
Personal Health  
Health Insurance  
Minority Concerns  
Coronavirus

Show # 2020-19

Date aired: 5-10-20 Time Aired: 5:00 AM

**Benjamin Domb, MD**, orthopedic surgeon, Founder and Medical Director of the American Hip Institute & Orthopedic Specialists in suburban Chicago

Dr. Domb said a secondary health care crisis is now brewing. He believes it threatens to be much larger than the crisis caused by COVID-19 itself, after the complete stoppage of all non-urgent procedures such as most surgeries, annual mammograms, routine blood tests and cancer screenings.

**Issues covered:**

Public Health  
Government  
Coronavirus

**Length: 8:48**

**Eric Groves**, Co-Founder and CEO of Alignable, a social network for local businesses

Mr. Groves shared the results of his organization's recent polling, which found that 34% of small businesses nationwide won't be able to pay their May rent in full, as a result of the government-mandated lockdowns. He said retailers, travel, restaurants and personal services businesses are suffering the most, as more than 44% of all small businesses have been shuttered. He also discussed government aid that is available to help small businesses.

**Issues covered:**

Small Business/Economy  
Government  
Unemployment  
Coronavirus

**Length: 8:25**

**Gregory A. Poland, MD**, Mary Lowell Leary Professor of Medicine at the Mayo Clinic in Rochester, MN, Director of the Mayo Clinic's Vaccine Research Group, Editor-in-Chief of the medical journal Vaccine

Dr. Poland explained the pluses and minuses of herd immunity, what the similarities and differences are between COVID-19 and the flu, and how he thinks workplaces and schools may change in the future as a result of the pandemic, with less business travel and more e-learning. He said he hopes that we become much more of a mask-wearing society.

**Issues covered:**

Coronavirus  
Personal Health

**Length: 5:13**

Show # 2020-20

Date aired: 5-17-20 Time Aired: 5:00 AM

**Lisa M. Brousseau, PhD**, expert on respiratory protection and infectious diseases, Certified Industrial Hygienist, former Director of the Illinois Education and Research Center and the Director of the Center for Healthy Work, both at the University of Illinois Chicago School of Public Health

Prof. Brousseau spent decades studying the efficacy and fit of surgical masks and respirators, and the airborne transmission of infectious disease. She said there is no scientific basis for the general public to use cloth masks to prevent COVID-19. She explained why there is a great difference between the use of masks in medical settings vs going to the grocery store. She is concerned that authorities who are ordering the use of bandanas and the like are not taking the issue seriously, and that masks may cause the public to disregard physical distancing.

**Issues covered:**  
Public Health  
Government  
Coronavirus

**Length:** 11:53

**Prathit A. Kulkarni, MD, Infectious Diseases Section, Department of Medicine, Baylor College of Medicine**

Dr. Kulkarni explained the basics of contact tracing and why experts believe it will be an effective weapon in the fight against COVID-19. He said the exact number of contact tracers hired by the government will depend on the population and severity of the outbreak in each geographic area.

**Issues covered:**  
Public Health  
Government  
Coronavirus

**Length:** 5:57

**Donald D. Hensrud, MD, MS, Associate Professor of Nutrition and Preventive Medicine at Mayo Clinic and Director of the Mayo Clinic Healthy Living Program**

It's being called the "Quarantine 15"-- gaining weight while staying at home during the COVID-19 pandemic. Dr. Hensrud talked about the common causes of weight gain during the coronavirus lockdowns and what people can do to avoid it and to get some exercise.

**Issues covered:**  
Weight Gain  
Personal Fitness  
Coronavirus

**Length:** 5:06

Show # 2020-21

**Date aired:** 5-27-20 **Time Aired:** 5:00 AM

**James J. Duane, Professor at Regent Law School in Virginia Beach, VA, author of "You Have the Right to Remain Innocent"**

Prof. Duane explained the importance of the Fifth Amendment. He believes it is a constitutional right not clearly or widely understood by the average American. He explained why he advises everyone to never answer questions from law enforcement officers without legal representation. He believes when someone is wrongfully convicted of a crime they didn't commit, often it is because of information they voluntarily gave to investigators.

**Issues covered:**  
Constitutional Rights  
Legal Matters  
Crime

**Length:** 9:03

Frank Lalli, investigative journalist, author of "Your Best Health Care Now: Get Doctor Discounts, Save With Better Health Insurance, Find Affordable Prescriptions"

Mr. Lalli shared his personal story: after he was diagnosed with multiple myeloma, a treatable form of blood cancer, he put his reporter's instincts to work and got the wonder drug he needed at an affordable price—thousands of dollars less than he was told he would have to spend. He explained how to negotiate doctors' fees and how to search for assistance in paying for medications.

**Issues covered:**  
**Personal Health**

**Consumer Matters**

**Length: 8:11**

Alan Cook, Licensed Contractor, author of "A Trip to the Number Yard"

America's math proficiency is rated 24<sup>th</sup> out of 29 math-tested countries. Mr. Cook talked about the problem of mathematical illiteracy for both do-it-yourselfers and trade professionals, and the mishaps that sometimes occur as a result. He explained which math skills are crucial to these blue-collar endeavors. He believes the main problem is that our nation's schools have failed to teach math in an engaging manner.

**Issues covered:**  
**Education**

**Workplace Matters**

**Length: 4:41**

Show # 2020-22  
Date aired: 5-31-20 Time Aired: 5:00 AM

Paul A. Offit, MD, Director of the Vaccine Education Center and Professor of Pediatrics in the Division of Infectious Diseases at Children's Hospital of Philadelphia, co-inventor of the rotavirus vaccine  
Dr. Offit discussed the race for a COVID-19 vaccine. He talked about the various strategies that vaccine researchers are pursuing and what the biggest challenges are. He said the typical vaccine takes 20 years to develop. He believes the chances are low that a vaccine will be available by the end of 2020, even with unprecedented resources poured into the research. He expects that there will eventually be multiple vaccines using different approaches because of the great number of companies and government agencies engaged in research.

**Issues covered:**  
**Vaccines**

**Government**  
**Coronavirus**

**Length: 9:15**

Bob Bixby, Executive Director of the Concord Coalition, a nationwide, non-partisan, grassroots organization advocating generationally responsible fiscal policy

Mr. Bixby discussed the rapidly expanding national debt. He said although he is a deficit hawk, he believes that the US government has little choice than to pour trillions of dollars into the economy in response to the current economic tailspin. He believes the increased spending should be temporary and carefully targeted, and that taxes will almost certainly have to rise in future years. He talked about the path to recovery, once the COVID-19 crisis has passed.

**Issues covered:**

**Economy**  
**Government**  
**Coronavirus**

**Length: 8:03**

**Bobbi S. Pritt, MD**, Director of the Clinical Parasitology Laboratory in the Department of Laboratory Medicine and Pathology at Mayo Clinic

Dr. Pritt explained the differences between two primary tests related to COVID-19. She explained who should get either of the tests, how long it takes to receive the results, and what happens next if someone receives a positive test.

Issues covered:  
**Public Health**  
**Coronavirus**

Length: 5:09

Show # 2020-23  
Date aired: 6-7-20

Time Aired: 5:00 AM

**Colleen Tressler**, Senior Project Manager, Division of Consumer and Business Education, Federal Trade Commission

Health experts say that contact tracing helps to stop the spread of COVID-19. However, Ms. Tressler noted that scammers, pretending to be government contact tracers, are sending text messages that contain links to malware, to hijack an unsuspecting consumer's computer or phone. She explained how to recognize a scam and how to report one to the FTC.

Issues covered:  
**Consumer Matters**  
**Crime**  
**Coronavirus**

Length: 8:42

**George Zaidan**, science communicator, television and web host, author "Ingredients: The Strange Chemistry of What We Put in Us and on Us"

Mr. Zaidan discussed the often-unsettled science surrounding food and health, and why the health aspects of processed food are so controversial. He explained how consumers can try to judge the credibility of media reports about nutrition and food. He also discussed the safety of chemicals that we use on our bodies, such as sunscreen.

Issues covered:  
**Nutrition**  
**Media**  
**Consumer Matters**

Length: 8:16

**Adrienne Lawrence**, former ESPN anchor and legal analyst, author of "Staying in the Game: The Playbook for Beating Workplace Sexual Harassment"

Ms. Lawrence explained how most companies mishandle sexual harassment cases and why. She also discussed the mental health consequences faced by those who report sexual harassment and how to deal with it. She talked about the impact of the MeToo# movement and what she sees as the future of dealing with sexual harassment as a society.

Issues covered:  
**Sexual Harassment**  
**Women's Concerns**  
**Workplace Matters**

Length: 5:03

Show # 2020-24

Date aired: 10-14-20 Time Aired: 5:00 AM

Mark Votruba, PhD, Associate Professor of Economics in the Weatherhead School of Management at Case Western Reserve University

Prof. Votruba was the co-author of a study that examined how layoffs and unemployment may affect crime rates. He found that workers who were let go through no fault of their own experienced a 60% jump in property crimes charges and an overall 20% increase in criminal-charge rates in the year after losing their job. He talked about the possible reasons behind this finding, and how it can be remedied.

**Issues covered:**

Unemployment

Crime

**Length: 8:42**

Allan J. Hamilton, MD, Harvard-trained brain surgeon, Regents' Professor of Neurosurgery at the University of Arizona Health Sciences Center, author of "Younger Next Year"; and "Younger Next Year for Women"

Dr. Hamilton discussed a wave of encouraging new research suggesting ways to prevent Alzheimer's disease and cognitive decline. He discussed the importance of exercise in generating the growth of new brain cells, and said that it can even result in significant increases in IQ. He explained how women's brains age differently than men, and why preventative steps are even more important for women.

**Issues covered:**

Alzheimer's disease

Physical Fitness

Aging

**Length: 8:16**

Shannon M. Robson, PhD, MPH, RD, Assistant Professor in the Department of Behavioral Health and Nutrition, Principal Investigator of the Energy Balance and Nutrition Laboratory at the University of Delaware

89% of Americans believe it's important for families to have as many family meals as possible each week. Dr. Robson led a study that showed that more frequent family meals were associated with better dietary outcomes and improved family relationships. She offered suggestions for families to overcome obstacles to gathering for dinner.

**Issues covered:**

Nutrition

Parenting

**Length: 5:03**

Show # 2020-25

Date aired: 10-21-20 Time Aired: 5:00 AM

Philip Moeller, author of "Get What's Yours for Medicare: Maximize Your Coverage, Minimize Your Costs"

Health costs are the biggest unpredictable expense for older Americans, who are turning 65 at the rate of 10,000 a day. While Medicare guarantees them affordable health insurance, few Americans know what Medicare covers and what it doesn't, what it costs, and when to sign up. Mr. Moeller explained why Medicare has become so confusing, and how people approaching retirement can understand these complex and important choices.



**Issues covered:**  
Medicare  
Senior Citizens  
Healthcare

**Length:** 9:13

Carlin Shetterly, author of "Modified: GMOs and the Threat to Our Food, Our Land, Our Future"

GMO products are among the most consumed and the least understood substances in the United States today. Ms. Shetterly shared her personal story of how GMOs affect her family's health. She explained why consumers should learn more about GMOs and why organic foods can be a sensible choice.

**Issues covered:**  
Food Safety  
Personal Health  
Consumer Matters

**Length:** 8:01

Costantino Iadecola, M.D., Anne Parrish Titzell Professor of Neurology and Director of the Brain and Mind Research Institute at Weill Cornell Medical College in New York

Dr. Iadecola authored a report for the American Heart Association which found that high blood pressure, especially in middle age, is associated with an increased risk of cognitive impairment later in life. He outlined steps to deal with high blood pressure.

**Issues covered:**  
Alzheimer's Disease  
Personal Health

**Length:** 4:58

Show # 2020-26  
Date aired: 6-28-20  
Time Aired: 5:00 AM

Suze Orman, personal finance expert, author of "The Ultimate Retirement Guide for 50+: Winning Strategies to Make Your Money Last a Lifetime," host of the "Women & Money" podcast

Ms. Orman discussed strategies to save for retirement, especially in the aftermath of the economic upheavals caused by the coronavirus lockdowns. She explained why she believes that Americans should plan to work until age 70. She also explained why those saving for retirement should be using Roth IRAs and 401ks to save for retirement, rather than traditional IRAs.

**Issues covered:**  
Retirement Planning  
Personal Finance  
Consumer Matters

**Length:** 10:30

David Geary, PhD, Curators Distinguished Professor of Psychological Sciences in the College of Arts and Science at The University Of Missouri

Significantly fewer men than women are attending college or pursuing other forms of post-high school education. Prof. Geary led a study that found the primary cause is boys' poor reading skills in adolescence. He said the reading gap between boys and girls is detectable from the very beginning of schooling, even in preschool.

**Issues covered:**  
**Education**  
**Literacy**

**Length: 6:37**

John R. Dean, PhD, Professor of Analytical and Environmental Sciences at Northumbria University in the United Kingdom

Prof. Dean led a recent study that found that thousands of tons of microfibers are being released into marine environments every year. He explained why this is a serious concern. He found that the problem could be reduced by as much as 30% if consumers made small changes to their laundry habits.

**Issues covered:**  
**Environment**  
**Consumer Matters**

**Length: 5:01**