WRUL Issues 3rd Quarter 2019 Ly CARMI, ILLINOIS

Quarterly Issues Report for the 3rd Quarter of 2019 Time Aire Duration Description of program/Subject of program Description Date A gambling critic said the state could lose a bet on how many jobs will be created by expanding Illinois' gambling industry. While state officials expect to see more gambling revenue, that revenue could come with additional problems. Along with the infrastructure bill that doubles the state's gas tax to 38 cents a gallon and Governor in increased vehicle registration and other driving Southern fees, Gov. J.B. Pritzker signed the gambling Illinois to expansion bill Friday. The measure adds six new discuss casinos around the state, increases the number gambling of video gambling machines allowed, increases expansion and how much video gambling players can bet and win and also increases taxes on video gambling infrastructure 2-Jul-19 2 minutes and adds a \$1 per pack cigarette tax. improvements 2-Jul-19 Congressman announces launch of State Representative Darren Bailey will be in Fairfield campaign for today to formally announce his intention to seek the senate 8-Jul-19 8-Jul-19 1 minute 55th State Senate District seat. New state program will provide up to \$10 million to help independent pharmacies that serve Medicaid customers in small communities. The Local Illinois Department of Healthcare and Family **Pharmacy** Services is launching Critical Access Care **Owner Weighs** Pharmacy Program. Locally, Andy Gee, owner In On New at Plum Street Pharmacy in Carmi says the State Program program is critical as reimbursement has

7/9/2019 4 minutes

pharmacy.

decreased to around cost or even below cost in many instances which is unsustainable for any

White County Board Meeting Goes to the Dogs	9-Jul-19	7/9/2019	6 minutes	Following the board's dismissal of White County Animal Control Officer Wayne Spicer, the public came out overwhelmingly in support of Spicer speaking out for nearly a half hour during visitor comments questioning and dismissing the board's decision as invalid and potentially illegal. Another issue born out of the meeting was the severe delay in property taxes going out with the County Treasurer blaming the delay on another office.
Local Car Dealers React to New Sales Tax Law	15-Jul-19	7/15/2019	3 minutes	Local Car Dealer owners are as concerned as citizens about a new law that will apply sales tax to traded in vehicles. Pete Sander, president of the Illinois Automobile Dealers Association says it could result in residents putting off purchasing new vehicles or not being able to purchase the same vehicle they would've otherwise. Local dealership owner Anthony Huffer says people seemed to be bogged down enough as it is. Well you're talking an extra \$2,000 - \$2,500 in taxes and that's gonna be \$40 more per month.
Group Looking to Secede from Chicago Holds Meeting	16-Jul-19	7/16/2019	3 minutes	A group interested in splitting the Land of Lincoln into two states held an informational meeting in Mt. Vernon, Illinois. Among the speakers for the event were State Representative Brad Halbrook of Shelbyvillehe's the sponsor of House Resolution 101 to split the state of Illinois, G.H. Merritt, co founder and chairman of New Illinois, Paul Preston, president of New California (via Skype) and Matt Sebastian of Southern Illinois Secession.

Hamilton County Board Meeting	17-Jul-19	17-lul-19	5 minutes	Issues discussed during the monthly gathering included details from the city/county agreement for central dispatching. This was the conclusion of a lengthy, months long negotiation between the two in coming to an agreed upon monthly rate that the city will pay the county for handling the effort. Also at the meeting, Fire Department spokesman talked about the need for a Pyrotechnic Use Act/Ordinance due to the limitations of allowed fireworks in the state of Illinois. Organizations wanting to put on fireworks displays would be able to via the special legislative ordinance. Also, county and school continue to negotiate over the usage/control over the school's Resource Officer.
Westing.	1, 34, 23			The Illinois Senate could take action on a measure to require Illinois residents to submit
Illinois senate Considering Measure that would Require Fingerprinting for FOID (Firearm Owner Identification) Cards	20-Jul-19	7/20/2019	5 minutes	fingerprints to get a Firearm Owners Identification card when lawmakers return this October. A Second Amendment advocate is urging police groups to oppose the bill. Senate Bill 1966 passed the House in May. It would increase fees FOID cards while decreasing how long the cards remain valid. It would also require applicants to submit fingerprints to get the card. The card is required to legally have a firearm or ammunition in the state. Gun rights advocate Dane Harrel, a retired Air Force lieutenant colonel from St. Claire County, said such measures don't stop criminals.
Grayville Council Meeting	23-Jul-19	23-Jul-19	8 minutes	Grayville Commissioners officiall opted in for the state's Recreational Cannabls retail option. Municipalities around the state have the decision whether they want to allow a dispensary within their city limits. Based off Amendment 64 in Colorado, illinois legislation allows a local option for retail prohibition within a city's limits.
City Worker Arrested for Theft of Government Property	2-Aug-19	2-Aug-19	5 minutes	Carmi Light Plant Foreman Keaton Bradshaw. The purchases were brought to the attention of City administrators by the city's auditing firm, Botsch & Associates. The public and backers of Bradshaw say he's been targeted and while what he did might not be right, it's a rampant issue with city workers and if you punish one, you have to punish all.

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Carmi C ity Council				Alderman Jim Totten brought up what he described as Church Street parking issues saying he's concerned someone will be injured due to the parking on both sides of Church Street namely near and around Nikki Ballard's salon on South Church Street. Discussion surrounded it being mainly a problem when folks that park throw their door open not leaving much room for oncoming traffic if vehicles are both travelling up and down the street at the same
Meeting	7-Aug-19	7-Aug-19	4 minutes	time. The issue reached an impasse and no action followed.
Local Vaping Store Owner Sets the				Health officials have recently have been attempting to link a couple dozen hospitalizations with breathing problems to vaping. Because the doctors said all the patients vaped, they immediately linked it to that. To gain some perspective, we spoke with Carmi vape store owner, Heather Hosick who says this could be a
Record Straight on Vaping Related Hospitalization	16-Aug-19	16-Aug-10	5 minutes	case of jumping to conclusions. She says in actuality some of those that are sick bought their stuff off the street, and when that's the case, you don't know what it's mixed with. There's a chance they're mixing the THC with vegetable oil which coats the lungs and can cause a lung disease.
	av nug 17	10 Mg-13	o initiates	Officials say a dog that belongs to 2 Carmi men showed no signs of trauma following official complaints of abuse. Animal Control Officer Linda Aud says 3 individuals signed formal complaints prompting her to visit State's Attorney Denton Aud and subsequent wellness check on the 72 pound lab/pit mix. Donna Harrelson,
Carmi Men Allowed to Keep Dog Following Allegations of				Paula Cox and one other individual said they witnessed one of the men kicking and hitting the dog. When the Murphy's home burned down earlier this year, a dog and 13 cats were in the home. All but two died with the official cause of
Abuse	28-Aug-19	28-Aug-19	5 minutes	death being smoke inhalation.

				Illinois has awarded its first licenses to businesses that will be allowed to sell recreational marijuana when it becomes legal in the state next year. Regulators have announced five medical marijuana dispensaries where residents will be able to buy small amounts of pot beginning January 1st. Three of those locations
Illinois Awards First Licenses to Sell Recrational Marijuana	30-Aug-19	30-Aug-19	2 minutes	are in Chicago suburbs. Only one in our regionThe Clinic Effingham on Ford Avenue.
				Mayor Pollard had a few messages for
Carmi City	4-Sep-19			constituents regarding their complaints over electric bills. "When you're talking about your electric bill, make sure you realize that the bill is a month behind. So when you're complaining about how high your bill is and you're photoshopping your pictures, putting them on there and going on about how it is, remember that's the hottest month. Your air conditioner has been running. Your ceiling fan's been going. Your floor fan's been going. It doesn't have anything to do with the city raising the rates or gouging or anything like that. If you want to control what's going on, you can probably turn a few things off."
Council Meeting		4-Sep-19	6 minutes	

The bridge closed in 2012. has announced multiple ap including two locals to the Harmony Bridge Authority. Egbert, a long time member Bridge Commission has be	New White County Animal Control Office	i r	1	riəllivydl	The White County Animal Control Officer position has been in the news big time over the last 5 months. Not much seemed to be known about the new officer, Charlie Mick however. WROY/WRUL News set out to change that. We met with Mick while taking photos for our Pet of the Week effort and asked Mick about the week of the week effort and asked Mick about the week of the week effort and asked Mick about the week of the week effort and asked Mick about the week of the week effort and asked Mick about the week of the week effort and asked Mick about the week of the week effort and asked Mick about the week of the week effort and asked Mick about the week effort and asked Mick
The bridge closed in 2012. has announced multiple ap including two locals to the Harmony Bridge Authority. Egbert, a long time member		'			
has announced multiple ap including two locals to the Harmony Bridge Authority. Egbert, a long time member 11-Sep-19	Procedures	4	9-Sep-19	6 minutes	
group. Other appointees in Haskins and Sara Brown. came after Indiana folks m	Bridge Appointments				The bridge closed in 2012. Governor JB Pritzker has announced multiple appointments recently including two locals to the newly formed New Harmony Bridge Authority. Among them, Spud Egbert, a long time member of the White County Bridge Commission has been selected to serve. Egbert spent 23 years as Treasurer for that group. Other appointees include Ellen Schanzle-Haskins and Sara Brown. The appointments came after Indiana folks met 2 weeks ago and cleared the way for officials to get together again.

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Weekly Public Affairs Program

Call Letters: WRUL
CARMI, IL

QUARTERLY ISSUES REPORT, JULY-SEPTEMBER, 2019

Show # 2019-27

Date aired: 7-7-19 Time Aired: 5:00 Am

Martin Gibala, PhD, Professor and Chair of the Department of Kinesiology, McMaster University in Ontario

Dr. Gibala led a study that found that a single minute of very intense exercise produces health benefits similar to longer, traditional endurance training. He recommends the plan for occasionally busy days, not as a permanent substitute for longer and more moderate workouts. He said the findings put to rest the common excuse for not getting in shape: there is not enough time.

Issues covered: Personal Health Length: 8:52

Chris Melde, PhD, Associate Professor and Director of Graduate Studies, School of Criminal Justice at Michigan State University

Dr. Melde was the co-author of a study of street gang membership. He found that depression and suicidal thoughts or attempts are common among youth who join gangs. He outlined the reasons that many troubled teens join gangs and why gang life causes already significant problems in their lives to become even worse.

issues covered:

Youth at Risk Mental Health Crime Length: 8:24

Matthias Hollwich, internationally-recognized architect, author of "New Aging: Live Smarter New to Live Better Forever"

Mr. Hollwich discussed ways that homes and communities can be redesigned to make aging a graceful and fulfilling aspect of life. He discussed changes to specific rooms, to help seniors stay safely in their homes for as long as possible.

Issues covered:
Home Safety
Retirement Planning
Senior Citizens

Length: 4:55

Show # 2019-28

Date aired: 7-14-19 Time Aired: 5:00 AM

Claire Nee, PhD, Director of the International Centre for Research in Forensic Psychology, University of Portsmouth, UK

Prof. Nee led an international study of the behavior of burglars. She discussed the surprising degree of knowledge and skill of experienced thieves in choosing which home to target, how to navigate inside and what to take. She offered crime prevention suggestions to make a home less vulnerable to burglary.

Issues covered: Crime Prevention Length: 9:15

Raafl-Karim Alidina, expert in building equality, diversity and inclusive cultures in organizations, coauthor of "Building an Inclusive Organization: Leveraging the Power of a Diverse Workforce"

Mr. Aldina said in the world of business, diversity is often given lip service, if it receives any attention at all. He explained why diversity and inclusion is crucial to the survival of companies. He outlined steps that business leaders can take to make themselves and their companies more inclusive.

issues covered: Discrimination Workplace Matters

Length: 8:04

Chick Moorman, educator, co-author of "The 10 Commitments: Parenting with Purpose"

Mr. Moorman talked about the verbal skills that parents should have to raise responsible and confident children. He offered tips on how parents can discipline their children in positive ways to create a culture of accountability.

Issues covered:
Parenting Issues
Education
Family

<u>Length:</u> 4:49

Show # 2019-29

Date aired: 7-21-19 Time Aired: 5:00 400

Bart de Langhe, PhD, Assistant Professor of Marketing, Leeds School of Business at the University of Colorado, Boulder

Many consumers pour through online product reviews before making a purchase. But Dr. de Langhe led a study that found that there is little correlation between better online user ratings and the quality of a product. He explained why consumer opinions often fail to agree with objective product research by consumer organizations.

<u>Issues covered:</u> Consumer Matters

Length: 8:06

W. David Brown, PhD, DABSM, CBSM, Sleep Psychologist at Children's Medical Center, Dallas, coauthor of "Sleeping Your Way to the Top: How to Get the Sleep You Need to Succeed"

Many Americans believe that less sleep equals more productivity. But Dr. Brown said that sufficient sleep and success go hand in hand. He discussed the latest clinically proven techniques for getting quality rest, achieving maximum productivity, and overcoming common sleep impediments to enhance workplace performance.

Issues covered: Personal Health

Length: 9:01

Career

Judith Prochaska, PhD, MPH, Associate Professor of Medicine, Stanford University School of

Dr. Prochaska was the lead author of a study comparing employment in smokers and nonsmokers. She found that after 12 months, smokers were less likely to have found a job than nonsmokers, and those who did earned less than nonsmokers. She explained the reasons that employers may be wary of hiring smokers and how they sometimes screen them out in the hiring process.

Issues covered: Unemployment Personal Health

Length: 5:03

Show # 2019-30

Date aired: 1-28-19 Time Aired: 5:00 Am

Tyler J. VanderWeele, PhD, Professor of Epidemiology, T.H. Chan School of Public Health, Harvard University

Those who attend church services on a regular basic may receive more than just spiritual benefitsthey may live longer. Dr. VanderWeele led a study that found that women who went to church more than once a week had a 33% lower risk of dying, compared to those who never went. He talked about the potential reasons behind the finding. He said it is conceivable in the future that doctors routinely ask about church attendance during medical checkups.

issues covered: Personal Health Religion

Length: 8:48

Kostadin Kushlev, PhD, psychology research scientist, University of Virginia

Smartphones have become part of everyday life. Dr. Kushlev led a study that found that the increasingly pervasive use of digital technology may be causing ADHD-like symptoms even among the general population. He explained why being separated from a smartphone may cause people to experience distraction, difficulty focusing and getting bored easily when trying to focus.

issues covered: Mental Health **Consumer Matters**

Length: 8:27

Carl Cotman, PhD, Professor of Neurology and Neurobiology, Director of the Institute for Brain Aging and Dementia, University of California, Irvine

Dr. Cotman explained the results of new research into brain health for seniors. The study found that eating almonds, engaging in exercise and participating in brain-stimulating activities can keep aging brain cells in shape. This may delay or prevent Alzheimer's Disease.

Issues covered:
Alzheimer's' Disease
Health Issues
Senior Issues

Length: 4:56

Show # 2019-31

Date aired: 8-4-19 Time Aired: 5:00 Am

Alisa Divine, domestic abuse survivor, author of "#She Wins: Harrowing Stories from Women Who Survived Domestic Abuse"

Ms. Divine said that domestic and sexual abuse is a huge problem but often the victims get little help. She explained why it is so important to shed light on the issue and educate the public about the warning signs. She also explained why leaving an abusive situation is the most dangerous time for the victim, and how victims can find help.

<u>Issues covered:</u> Domestic Abuse Women's Issues

Lenath: 9:05

Matt Fellowes, founder and CEO of United Income, a retirement-focused online investment management and financial planning company based in Washington, D.C.

Mr. Fellowes co-authored a report that found that only 4% of retirees sign up for Social Security at the most profitable time. He said this single mistake costs the typical American household an average of \$111,000 in lost retirement income. He said that most people should claim Social Security later than they typically do, but he recommends seeking professional advice.

Issues covered: Retirement Planning Personal Finance Government Programs Lenath: 8:12

Jason Forman, PhD, Principal Scientist at the Center for Applied Biomechanics at the University of Virginia

Dr. Forman led a study that concluded that women are 73 percent more likely to be injured in a car accident than men. Older people were also at greater risk of injury. He talked about the likely reasons behind this trend. He also said that all car occupants are now more than half as likely to sustain serious injuries in cars less than ten years old than in older cars.

Issues covered: Traffic Safety Women's Issues Senior Citizens

Lenath: 5:03

Show # 2019-32

Date aired: <u>\$-11-19</u> Time Aired: <u>5:00 Am</u>

Charee Thompson, PhD, Assistant Professor of Communication Studies at Ohio University

Dr. Thompson was the co-author of a study of college students, drinking and social media. She discovered that having an "alcohol identity" puts college students at greater risk of having drinking problems. Her study also found that posting about alcohol use on social media sites is actually a stronger predictor of alcohol problems than having a drink. She discussed possible strategies to reduce alcohol abuse on college campuses.

Issues covered: Substance Abuse Education Social Media Length: 6:52

Irls Bohnet, PhD, Professor of Public Policy, Behavioral Economist at Harvard University, Director of the Women and Public Policy Program, Co-Chair of the Behavioral Insights Group at the Kennedy School of Government, author of "What Works: Gender Equality by Design"

Dr. Bohnet discussed gender equality in the workplace and why it's good business. She explained why diversity training programs have had limited success. She outlined the latest research into quick and often inexpensive ways that companies can address gender bias and improve performance.

Issues covered:
Gender Equality
Women's Issues
Workplace Matters

Length: 10:17

Matthew J. Quade, PhD, Assistant Professor in the Department of Management at the Hankamer School of Business, Baylor University

Unethical behaviors by employees can tarnish an organization's reputation, lead to considerable monetary losses, and even result in legal prosecutions. Dr. Quade led a study that found that, in many cases, employees will tolerate misdeeds from a coworker who has the reputation of being a high performer. He believes companies need to examine how they prioritize performance over ethics.

<u>issues covered:</u> Ethics Workplace Matters

Length: 4:56

Show #2019-33

Date aired: 8-18-19

Time Aired: 5:00 AM

Susan Frankel, Executive Director at National Runaway Safeline

Ms. Frankei discussed the increasing problem of runaway and homeless teenagers. She said 1 out of 30 youth ages 13-17 experience homelessness at some point each year, 4.2 million in all. She explained the reasons that young people leave and how they survive on the streets. She outlined the services that her organization offers to help.

Issues covered: Youth at Risk Homelessness Parenting

Length: 9:40

William Chopik, PhD, Associate Professor of Psychology at Michigan State University

Prof. Chopik led a study that examined biases toward people with disabilities. He said bias toward people with disabilities is quite common, but few will acknowledge it. He talked about the demographic groups who are most likely to be prejudiced towards the disabled, and how the problem can be addressed.

issues covered:

Length: 7:37

Disabilities Discrimination

Julius McGee, PhD, Assistant Professor of Sociology in the College of Liberal Arts and Sciences at Portland State University

Efforts to replace fossil fuels with renewable energy sources can help lower carbon emissions. However, Prof. McGee led a recent study that found that renewable energy increases "energy inequality" for lower-income Americans because it costs more than energy produced by oil, coal and natural gas.

issues covered: Renewable Energy Length: 4:53

Poverty Government Policies

Show # 2019-34

Date aired: 8-25-19 Time Aired: 5:00 Am

Will McCallum, Head of Oceans at Greenpeace UK, author of "How to Give Up Plastic: A Guide to Changing the World, One Plastic Bottle at a Time"

Humans produce over 300 million tons of plastic each year, with 12.7 million tons ending up in our oceans. Mr. McCallum discussed the major impact that plastic and microplastic waste has on marine life and the environment. He said it is not possible to recycle all of the plastics used in our everyday lives. He outlined small changes that anyone can make to reduce the amount of plastic waste in their home or community.

issues covered:

Length: 9:40

Pollution Recycling **Consumer Matters**

Joanne Lara, M.A., autism expert, former special education teacher. Executive Director of the organization "Autism Works Now"

Up to 85 percent of autistic adults are either unemployed or underemployed. Ms. Lara's organization teaches pre-employment and workplace readiness skills to young adults with autism. She outlined the challenges faced by autistic students, and she explained the role that parents, schools and employers play in helping them to secure meaningful employment.

issues covered:

Length: 7:37

Autism **Employment** Discrimination

Joseph Palamar, PhD, Associate Professor in the Department of Population Health at the NYU

Prof. Palamar led a study that found that teenagers are more likely to experiment with recreational drugs such as LSD, marijuana, cocaine or ecstasy for the first time during the summer months. He said that the amount of free time on their hands once the school year ends and activities like music festivals are major factors in this risky behavior. He said parents should educate and warn their kids about using recreational drugs, their risks and side effects

Issues covered: **Drug Abuse** Youth at Risk

Length: 4:53

Show # 2019-35

9-1-19 Time Aired: 5:00 Am Date aired:

> Leslie Stahl, longtime reporter for 60 Minutes, author of "Becoming Grandma: The Joys and Science of the New Grandparenting"

Ms. Stahl discussed the profound changes and emotions experienced when someone becomes a grandparent. She talked about the physiological changes that occur in women when they have grandchildren, and the therapeutic effects of grandchildren on both grandmothers and grandfathers. She also explained how heartbreakingly common it is for grandparents to be denied access to their grandchildren.

<u>|ssues covered:</u> Family Matters **Senior Citizens**

Length: 9:15

Kevin Kelly, co-founder and former executive editor of Wired magazine, author of "The Inevitable: Understanding the 12 Technological Forces That Will Shape Our Future*

Mr. Kelly discussed twelve technological imperatives that he believes will shape the next thirty years and transform our lives. He is optimistic about innovations, from virtual reality in the home to an ondemand economy to artificial intelligence embedded in everything we manufacture. He offered advice to young people who are plotting educational and career paths in a rapidly-changing tech environment.

Issues covered: Technology Education Privacy Career

Length: 7:55

Edward G. Brown, author of "The Time Bandit Solution: Recovering Stolen Time You Never Knew

According to Mr. Brown, 40 to 60% of time at work is squandered by time bandits—co-workers who demand precious time without thinking. He offered suggestions on how to negotiate with time bandits to prevent unwanted, unnecessary and unproductive interruptions.

issues covered: Workplace Matters Productivity

Length: 5:04

Show # 2019-36 9 - 8 - 19 Time Aired: 5:00 Am

Emily Oster, PhD, Professor of Economics at Brown University, author of "Cribsheet: A Data-Driven Guide to Better, More Relaxed Parenting, from Birth to Preschool

An abundance of often-conflicting advice is usually hurled at new parents from doctors, family, friends, and strangers on the internet. Dr. Oster examined some of this standard advice, compared it to scientific research and found that the conventional wisdom is often wrong. She offered advice to help new moms and dads to be better and more relaxed parents.

issues covered:

Length: 7:31

Parenting

Roy Ramthun, M.A., Founder and President of HSA Consulting Services and the web site

Mr. Ramthun discussed the merits of Health Savings Accounts and how they compare to traditional insurance. He said more Americans should be willing to ask what a medical procedure or medication costs, then shop around to be sure they are not overpaying. He explained how to search for an HSA insurance policy and its companion savings account.

issues covered:

Length: 9:46

Healthcare

Consumer Matters

Joel E. Segel, PhD, Assistant Professor of Health Policy and Administration at Penn State University

The devastating consequences of the opioid crisis are far-reaching in the United States. Prof. Segel was a co-author of a study that examined the costs to society in general and to state and local budgets in particular. He said the most significant impact to taxpayers was treatment costs borne by the Medicare programs run by states, and lost tax revenue from people who exited the workforce because of addictions.

Issues covered: **Government Spending Drug Abuse** Medicare

Length: 5:02

Show # 2019-37

Date aired: 9-15-19 Time Aired: 5:00 Am

Frank Abagnale, former professional imposter, fraud prevention expert, consultant and lecturer for the FBI academy and field offices, author of "Scam Me If You Can: Simple Strategies to Outsmart Today's Rip-off Artists"

Mr. Abagnale discussed the most common scams targeting American consumers. He said scams themselves have changed very little through the years, but the technology used to target victims has improved dramatically. He said millennials are scammed more often than seniors, but seniors typically lose more money. He offered advice for consumers to protect themselves from scammers

Issues covered:

Length: 9:07

Identity Theft Consumer Matters

Amy Serin, PhD, neuropsychologist, author of "The Stress Switch: The Truth About Stress and How to Short-Circuit It"

Dr. Serin discussed the increasing levels of stress in today's everyday life, and the most common causes of it. She said excessive use of social media can trigger insecurities and depression. She said most of the time, people aren't even aware that they are stressed. She outlined steps to take for stress relief.

issues covered: Mental Health Length: 8:04

Hank Green, YouTube star and STEM education proponent

Jobs related to STEM – science, technology, engineering and mathematics – are expected to continue growing, but the United States doesn't have enough workers with the skills to fill those roles. Mr. Green explained why STEM skills are so important for the future workforce, and how parents can encourage their youngsters to pursue STEM careers.

Issues covered: Education Employment Parenting Length: 5:02

Show # 2019-38

Date aired: 9-22-19 Time Aired: 5:00 AM

Maria Russo, Children's Books Editor of the New York Times Book Review, co-author of "How to Raise A Reader"

Ms. Russo explained the importance of child literacy, and the steps parents can take to raise a reader in an age when screens are competing for a child's attention. She said any form of book is fine, including audio books, graphic novels and comic books. She explained why it is important to begin reading to children at the youngest age possible, and offered ideas on how to engage a reluctant reader.

issues covered:

Length: 9:22

Literacy Parenting Education

Barbara Hemphill, founder of The Productive Environment Institute, former President of the National Association of Productivity & Organizing Professionals, author of the "Taming the Paper Tiger" book series by Kiplinger's, and the more recent book is "Less Clutter, More Life."

A recent study found that business owners, executives and entrepreneurs waste 21.8 hours a week on everything from internet surfing to useless meetings. Ms. Hemphill said the biggest productivity black hole for anyone is e-mail. She outlined the reasons that people lose focus at work and steps they can take to be less distracted.

<u>Issues covered:</u> Workplace Matters Productivity <u>Length:</u> 8:01

Rebecca Bigler, PhD, Professor Emeritx at the University of Texas at Austin

Prof. Bigler was part of a team of researchers that sought to learn more about the political development of the nation's children. The study found that children demonstrated a surprisingly high level of interest in and knowledge about the most recent presidential election and candidates, but many had gaps in their knowledge. She offered advice for parents to help their children learn more about civics and the election process, particularly heading into the next presidential election.

Issues covered:
Civics and Citizenship
Parenting

Lenath: 5:11

Show # 2019-39
Date aired: 9-29-19 Time Aired: 5:00 AM

Caitlin M. Zaloom, PhD, Associate Professor of Social and Cultural Analysis at New York University

The average annual price tag for attending a private, four-year American college is now nearly \$50,000. Prof. Zalcom led a study that found that paying for college is taking a toll on middle-class families in ways that are more profound and less appreciated than even the financial cost conveys. She said that shouldering the weight of paying for college is often seen by parents as a moral obligation to their children.

Issues covered: Education Personal Finance Parenting Length: 9:34

Bridget Freisthler, PhD, Professor of Social Work at Ohio State University

54 percent of adults who use marijuana in the United States are parents. Prof. Freisthler ied a study that found that parents who use marijuana utilize more discipline techniques on their children on average than non-users, ranging from timeouts to, in some cases, physical abuse. She found that the same was true of alcohol users. She said that with the growing acceptance of marijuana in American society, users need to be aware that the drug affects numerous forms of behavior, including parenting.

Issues covered: Substance Abuse Child Abuse Parenting Length: 7:30

Tracy McCubbin, author of "Making Space, Clutter Free: The Last Book on Decluttering You'll Ever Need"

Ms. McCubbin talked about the value of teaching organization skills to children during back to school time. She offered numerous tips for parents to clear the clutter as kids start the new school year, including how to decide what to donate or discard, and the importance of an organized desk.

Issues covered:
Parenting
Education

Length: 5:07