



ISSUES/PROGRAMS LIST

Fourth Quarter: October - December 2022

TRENDS ON 3

30 Minute Local Public Affairs Show



| Issue | October 1, 2022 |
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| <p>Health/Heart Disease Duration: 10.7 min (35.7%)</p> <p>End of Life Care Duration: 10.0 min (33.3%)</p> <p>Health/Sleep Cycle Duration: 9.3 min (31.0%)</p> <p>Source: Local Broadcast Time: 5:30am</p> | <p><u>WORLD HEART DAY</u> Kim Lewis is a heart disease survivor who was diagnosed as a young mother with no family history! She talks about her lifestyle changes and offers advice for others. A local organization is helping those facing life threatening illnesses or death with support and dignity. And, we discuss how seasonal changes can impact your sleep pattern.</p> <p>Guests: Kim Lewis – Heart Disease Survivor Sherry Campbell – Welcome Home of Chattanooga Dr. Anuj Chandra – Advance Center for Sleep Disorders</p> |
| Issue | October 8, 2022 |
| <p>Business/Education/Community Duration: 9.4 min (31.3%)</p> <p>Community/Education Duration: 9.4 min (31.3%)</p> <p>Health/Education Duration: 9.4 min (31.3%)</p> <p>Source: Local Broadcast Time: 5:30am</p> | <p><u>TIPS AND ADVICE FOR FALL WEDDINGS AND EVENTS</u> Autumn is the perfect season to get married! Take your celebration to the next level with the tips and ideas from our guests today. We discuss how to set your budget, share your goals, choose a theme, venue, the gown and more. Dr. Chandra is back to talk about the impact seasonal changes can have on getting a good night's sleep.</p> <p>Guests: Jerry Coffman, Beverly Frost – Mountain Heights Venue Veatrice Conley – Unveiled Bridal Studio Dr. Anuj Chandra – Advanced Center for Sleep Disorders</p> |

| Issue | October 15, 2022 |
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| <p>City Government Services/Health Duration: 10.0 min (33.3%)</p> <p>Health/Education Duration: 10.0 min (33.3%)</p> <p>Crime/Human Trafficking Duration: 10.0 min (33.3%)</p> <p>Source: Local Broadcast Time: 5:30am</p> | <p><u>CHATTANOOGA OFFICE OF COMMUNITY HEALTH</u> Today's show is all about hope and help in the Tennessee Valley. The city of Chattanooga's Office of Community Health is opening clinics in community centers to reach more people in under-served communities. We hear from a local doctor about the signs and symptoms of Afib (Atrial Fibrillation), prevention and treatment. And, we learn more about a local organization that's helping human trafficking victims reclaim their lives.</p> <p>Guests: Dr. Mary Lambert – Chattanooga Office of Community Health Dr. Michael Allan – Parkridge Medical Center Mimi Nikkel – Love's Arm</p> |
| Issue | October 22, 2022 |
| <p>Social Issues/Women Duration: 10.0 min (33.3%)</p> <p>Business/Diversity Duration: 10.0 min (33.3%)</p> <p>Education/Young Women Duration: 10.0 min (33.3%)</p> <p>Source: Local Broadcast Time: 5:30am</p> | <p><u>RESTORE 6:34 CAKE AUCTION</u> A must-not miss show today!! Restore 6:34 is expanding services to help more formerly incarcerated women in North Georgia and Chattanooga gain life skills through spiritual support and treatment programs. Hinton & Company has a new tool available to help companies measure how well they are doing with inclusion and diversity and what they need to work on. And, recruitment is underway for the Distinguished Young Women Scholarship Program; providing high school girls with interactive experiences to build self confidence and self esteem.</p> <p>Guests: Donna Dean – Restore 6:34 Wade Hinton – Hinton and Company Donna Christian Lowe – Distinguished Young Women Scholarship Program</p> |
| Issue | October 29, 2022 |
| <p>Crime/Human Trafficking Duration: 10.0 min (33.3%)</p> <p>End of Life Care Duration: 10.0 min (33.3%)</p> <p>Minority Business Duration: 10.0 min (33.3%)</p> <p>Source: Local Broadcast Time: 5:30am</p> | <p><u>BBQ & JAZZ FUNDRAISER – LOVE'S ARM</u> Love's Arm is holding their annual jazz and barbecue fundraising dinner that supports victims of sex trafficking, prostitution and addiction. All are invited!! Welcome Home is expanding to make sure people without shelter or family can face death with dignity. And, Chattanooga Business Elite is hosting their 4th Annual BEC Awards, recognizing black businesses and professionals in our community.</p> <p>Guests: Inza Hagins-Dyer – Love's Arm Sherry Campbell – Welcome Home of Chattanooga Kevin Love – Chattanooga Business Elite</p> |

| Issue | November 5, 2022 |
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| <p>City Government Services/ Health/Minority Duration: 10.0 min (33.3%)</p> <p>Business/Diversity Duration: 10.0 min (33.3%)</p> <p>Suicide Prevention Duration: 10.0 min (33.3%)</p> <p>Source: Local Broadcast Time: 5:30am</p> | <p><u>CHATTANOOGA OFFICE OF COMMUNITY HEALTH</u> The city of Chattanooga is providing outreach health services to those in under-served communities. We learn more about their efforts to tackle these health disparities. Hinton & Company has a new tool available to help companies and organizations measure how well they are doing with inclusion and diversity. We talk to someone on the front line at a call center in Chattanooga for the 9-8-8 suicide prevention crisis lifeline.</p> <p>Guests: Dr. Mary Lambert – Director of Chattanooga Office of Community Health Wade Hinton – Community Culture Inex Angie Duncan – Volunteer Behavioral Health Care System</p> |
| Issue | November 12, 2022 |
| <p>Crime/Human Trafficking Duration: 10.0 min (33.3%)</p> <p>End of Life Care Duration: 10.0 min (33.3%)</p> <p>Minority Business Duration: 10.0 min (33.3%)</p> <p>Source: Local Broadcast Time: 5:30am</p> | <p><u>BBQ & JAZZ FUNDRAISER – LOVE’S ARM</u> Love’s Arm is holding their annual jazz and barbecue fundraising dinner that supports victims of sex trafficking, prostitution and addiction. All are invited!! Welcome Home is expanding to make sure people without shelter or family can face death with dignity. And, Chattanooga Business Elite is hosting their 4th Annual BEC Awards, recognizing black businesses and professionals in our community.</p> <p>Guests: Inza Hagins-Dyer – Love’s Arm Sherry Campbell – Welcome Home of Chattanooga Kevin Love – Chattanooga Business Elite</p> |
| Issue | November 19, 2022 |
| <p>Health/Community Duration: 7.9 min (26.2%)</p> <p>Arts/Community Duration: 7.1 min (23.8%)</p> <p>Caregiver Help/Community Duration: 7.1 min (23.8%)</p> <p>Homeless Shelter/ Community Duration: 7.9 min (26.2%)</p> <p>Source: Local Broadcast Time: 5:30am</p> | <p><u>SISTER STRUT</u> The “Perfectly Portioned Sister Strut” is happening today!! Monica Mastin tells us about this fundraiser that benefits the AHA after several members of her family was diagnosed with heart disease. SoLit is working to inspire a love of reading and writing in children and adults through their programs. There’s an event coming up to help caregivers. And, we hear what’s new at this year’s Grateful Gobbler Thanksgiving 5K.</p> <p>Guests: Monica Walker Mastin – Sister Strut Lynda LeVan – Southern Lit Alliance April Taylor – Sound Living Counseling Jay Dale – First Horizon Betsy McWright – Grateful Gobbler</p> |

| Issue | November 26, 2022 |
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| <p>City Government Services/Health Duration: 10.0 min (33.3%)</p> <p>Health/Education Duration: 10.0 min (33.3%)</p> <p>Crime/Human Trafficking Duration: 10.0 min (33.3%)</p> <p>Source: Local Broadcast Time: 5:30am</p> | <p><u>CHATTANOOGA OFFICE OF COMMUNITY HEALTH</u> Today's show is all about hope and help in the Tennessee Valley. The city of Chattanooga's Office of Community Health is opening clinics in community centers to reach more people in under-served communities. We hear from a local doctor about the signs and symptoms of Afib (Atrial Fibrillation), prevention and treatment. And, we learn more about a local organization that's helping human trafficking victims reclaim their lives.</p> <p>Guests: Dr. Mary Lambert – Chattanooga Office of Community Health Dr. Michael Allan – Parkridge Medical Center Mimi Nikkel – Love's Arm</p> |
| Issue | December 3, 2022 |
| <p>Community/Health/Arts Duration: 10.7 min (35.7%)</p> <p>Mental Health Duration: 10.0 min (33.3%)</p> <p>Family/Youth Duration: 9.3 min (31.0%)</p> <p>Source: Local Broadcast Time: 5:30am</p> | <p><u>COUNTRY MUSIC SINGER JAY ALLEN'S ALZHEIMER PARTNERSHIP</u> The Alzheimer Association's annual fundraiser comes up in a few days! Country music singer, Jay Allen, is partnering with the local chapter this year to raise awareness and funds. This artist is turning his pain into a purpose! We learn about local counselors on the front lines for the Suicide Prevention Hotline. And, an upcoming holiday gala is a party with a purpose – an evening of elegance and fun to benefit young people and families in our community.</p> <p>Guests: Jay Allen – Country Music Artist Angie Duncan – Volunteer Behavioral Health System Jackie Brown, Mary Cameron – Ivy Rose Foundation</p> |
| Issue | December 10, 2022 |
| <p>Mental Health Duration: 10.0 min (33.3%)</p> <p>Health/Education Duration: 10.0 min (33.3%)</p> <p>Homeless/Community Duration: 10.0 min (33.3%)</p> <p>Source: Local Broadcast Time: 5:30am</p> | <p><u>HOLIDAY AND SEASONAL MENTAL HEALTH</u> A crisis counselor discusses suicide prevention and a look at how this time of year can be more stressful for those with depression. Two local twin doctors have gone viral as they turn to social media to reach more people when it comes to healthcare. The Union Gospel Mission wants to make sure that the unhoused are not forgotten during the Christmas holiday. They are holding a special Christmas meal and event for them.</p> <p>Guests: Angie Duncan – Volunteer Behavioral Health System Dr. Jeremy Hogstrom – CHI Memorial Dr. Jermaine Hogstrom – CHI Memorial Kimberly George Race – Union Gospel Mission</p> |

| Issue | December 17, 2022 |
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| <p>Community/Humanitarian/Minority Duration: 10.0 min (33.3%)</p> <p>Health/Education Duration: 10.0 min (33.3%)</p> <p>Family/Youth Duration: 10.0 min (33.3%)</p> <p>Source: Local Broadcast Time: 5:30am</p> | <p><u>HUMANITARIAN GALA</u> The Alton Park Development Corporation is recognizing local citizens for their humanitarian efforts in the community and raising awareness for the work they are doing to bring services to those in the Alton Park community. With increased survival rates, there is an increased need for a new form of treatment. We hear from a local cardio oncology specialist. It is a party with a purpose. The Ivy Rose Foundation is hosting their gala to continue their work for nearly a century in the community of providing services and scholarships to girls and families in need.</p> <p>Guests: Dr. Elenora Woods – Alton Park Development Corporation Dr. Henry Cheng – Chattanooga Heart Institute Jacqueline Brown, Mary Cameron – Ivy Rose Foundation</p> |
| Issue | December 24, 2022 |
| <p>City Government Services/Health/Minority Duration: 10.0 min (33.3%)</p> <p>Business/Diversity Duration: 10.0 min (33.3%)</p> <p>Suicide Prevention Duration: 10.0 min (33.3%)</p> <p>Source: Local Broadcast Time: 5:30am</p> | <p><u>CHATTANOOGA OFFICE OF COMMUNITY HEALTH</u> The city of Chattanooga is providing outreach health services to those in under-served communities. We learn more about their efforts to tackle these health disparities. Hinton & Company has a new tool available to help companies and organizations measure how well they are doing with inclusion and diversity. We talk to someone on the front line at a call center in Chattanooga for the 9-8-8 suicide prevention crisis lifeline.</p> <p>Guests: Dr. Mary Lambert – Director of Chattanooga Office of Community Health Wade Hinton – Community Culture Inex Angie Duncan – Volunteer Behavioral Health Care System</p> |
| Issue | December 31, 2022 |
| <p>City Government Services/Health/Minority Duration: 10.0 min (33.3%)</p> <p>Business/Diversity Duration: 10.0 min (33.3%)</p> <p>Suicide Prevention Duration: 10.0 min (33.3%)</p> <p>Source: Local Broadcast Time: 5:30am</p> | <p><u>CHATTANOOGA OFFICE OF COMMUNITY HEALTH</u> The city of Chattanooga is providing outreach health services to those in under-served communities. We learn more about their efforts to tackle these health disparities. Hinton & Company has a new tool available to help companies and organizations measure how well they are doing with inclusion and diversity. We talk to someone on the front line at a call center in Chattanooga for the 9-8-8 suicide prevention crisis lifeline.</p> <p>Guests: Dr. Mary Lambert – Director of Chattanooga Office of Community Health Wade Hinton – Community Culture Inex Angie Duncan – Volunteer Behavioral Health Care System</p> |

OTHER

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| Anchor | 3 Plus You |
| Julie Edwards | A daily program featuring local information and entertainment. Hosts Julie Edwards spotlights local people and events taking place in the Chattanooga viewing area. A wide variety of topics are explored. Airs Monday through Friday 11am to Noon. |
| Anchor | Crimestoppers |
| Greg Glover | A locally-produced weekly segment in which Greg Glover focuses on an unsolved crime and solicits the public for information to the closure of the case. Rewards are offered. |
| Anchor | Meet The Press (NBC) |
| Chuck Todd | Chuck Todd interviews news makers each week on topical subjects of national and international importance and conducts a round table discussion among news reporters and political leaders. The show airs Sunday 9-10am with repeats overnight Sunday at 3am. |
| Anchor | Nightly News (NBC) |
| Lester Holt | NBC Nightly News, the most watched newscast in all of television, covers national and world news daily, Monday through Sunday, 6:30pm-7:00pm. |
| Anchor | Today Show (NBC) |
| Savannah Guffrey Hoda Kotb Al Roker Craig Melvin Tom Llamas Carson Daly | Launched in January 1952, the live broadcast provides the latest in domestic and international news, weather reports, interviews with news makers from the world of politics, business, media, entertainment and sports. Airs Monday - Friday 7am-9am. |

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| Anchor | Today Third Hour (NBC) |
| Al Roker Sheinelle Jones Craig Melvin Dylan Dreyer | Launched in September of 2017, Today Third Hour brings more to your mornings with insightful stories, exclusive interviews and inspirational news. Airs Monday - Friday 9am-10am. |
| Anchor | Today with Hoda and Jenna (NBC) |
| Hoda Kotb Jenna Bush | Launched in September 2007, the fourth hour of TODAY brings viewers a fresh, lively show featuring headlines and hot stories of the day, celebrity guests, musical acts, as well as today's authors, designers and chefs. Airs Monday - Friday 10am-11am |
| Anchor | Weekend Today (NBC) |
| Kristen Welker Peter Alexander Somara Theodore | The Saturday edition of NBC News TODAY covers national and world news, weather, entertainment and human interest stories. Airs Saturday 7am-9am. |
| Anchor | Sunday Today with Willie Geist (NBC) |
| Willie Geist | The Sunday edition of NBC News TODAY covers national and world news, weather, entertainment and human interest stories. Airs Sunday 8am-9am. |