KNLF Weekday Programming – Monday –Friday

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12:00 Midnight – 2:00am –Point of View – Kirby Anderson
 2:00am – 2:30am – Revive Our Hearts – Nancy DeMoss Wolgemuth
 2:30am – 3:00am – Haven Today – Charles Morris
 3:00am – 3:30am – Focus on the Family – Jim Daily
 3:30am – 4:00am – Turning Point – David Jeremiah
 4:00am - 7:30am - JJ Jasper & John
 7:30am – 8:00am – Dr. James Dobson Family Minute
 8:00am – 8:05am – Local Weather with Bob Ayotte
 8:05am - 8:12am - Local CHP Report
 8:12am – 8:15am – Local Birthday & Anniversary Greetings
 8:15am – 8:18am – Pet Minute Show with Steve Dale
 8:20am – 8:23am – Things Green Garden Minute with Nick Federoff
 8:23am – 8:26am – On the House tip of the Day – Carey Brothers
 8:26am – 8:29am – Rodeo Sports Update – Butch Thurman
 8:29am – 8:32am – Movie Review – Ted Baer
 8:32am – 8:33am – Starting Over Financially – Marian Neff
 8:35am – 8:40am – Local Ski Report
 8:40am - 9:00am - Local News
 9:00am - 10:00am - That's What You Think - Local Call in Talk Show
10:00am - 11:00am - Janet Mefferd Live
11:00am – 11:28am – Grace to You – John McArthur
11:28am – 11:30am – Answers in Genesis – Ken Ham
11:30am – 11:32am – Holy Land Moments – Rabi Yechiel Eckstein
11:34am – 11:36am - Family Matters Minute – Ken Kimmel
11:36am – 11:39am – Making My Life Count – Steve Douglass
11:39am – 11:42am – Integrity Moments – Rick Boxx
11:42am – 11:44am – Legal Edge – Pacific Justice Institute
11:44am – 14:46am – Slice of the Good Life – Danny Yamashura
11:46am – 11:48am – Home Improvement Show
11:48am – 11:50am – Washington Watch
11:50am – 12:00pm – Stacy on the Right
12:00pm – 12:02pm – Local Weather with Bob Ayotte
12:03pm – 12:05pm – Local Stock Market Report – Steven King from Edward Jones
12:05pm – 12:08pm – Lighten Up – Ken Davis
12:08pm – 12:10pm – Classical Conversations on Home Schooling – Lea Borton
12:10pm – 12:13pm – Lamplighter Moments – Mark Hamby
12:13pm – 12:18pm – Israel In The News
12:18pm – 12:20pm - New Beginnings – Miriam Neff
12:20pm - 1:00pm - Focal Point - Brian Fisher
 1:00pm - 2:00pm - Stacy on the Right
 2:00pm - 3:00pm - Let's Play Doctor - Dr. Joe Wallach
 3:00pm - 4:00pm - The Hamilton Corner - Abraham Hamilton III
 4:00pm - 4:30pm - From His Heart – Pastor Jeff Schreve
 4:30pm – 5:00pm – The Worthy Walk – Tim Armstrong
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5:00pm – 5:10pm – Local Weather with Bob Ayotte
 5:10pm - 5:30pm - Local News
 5:30pm – 5:45pm - National and World News
 5:45pm – 5:48pm – Phyllis Schlafly Report
 5:48pm – 5:50pm – The Legal Edge – Pacific Justice Institute
 5:50pm – 5:52pm – Creation Moments
 5:52pm – 5:54pm – On The House Tip of the Day – Carey Brothers
 5:54pm – 5:56pm – Joni & Friends – Joni Erickson Tada
 5:56pm – 6:00pm – Movie Review – Ted Baer
 6:00pm – 6:35pm – Leading the Way – Michael Youssef
 6:35pm – 7:00pm – Breakpoint – John Stonestreet & Eric Metaxas
 7:00pm – 7:30pm – Revive our Hearts – Nancy DeMoss Wolgemuth
 7:30pm – 8:00pm – Dr. James Dobson Family Talk
 8:00pm – 9:00pm – Secure Freedom Radio – Frank Gaffney
10:00pm – 10:30pm – Pastor Rick's Daily Hope – Rick Warren
10:30pm - 11:00pm - The Alternative - Tony Evans
11:00pm - 12:00pm - Stacy on the Right
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We also broadcast local high school football, basketball baseball, Little League All Star baseball and Feather River College Golden Eagles Baseball games.