

FOCUS ON OKLAHOMA		PUBLIC AFFAIRS SHOW
3-Jul	Ken Ward - Educator Bridge Creek	The primary elections, and how education factors into the election.
30 MINUTES DURATION	Shelly Douglas - Community Health Charities Dave Morris with Leslie Spears of The Gardens	Corporate charity involvement and Employee giving Discussing events and activities available at The Gardens
7/10/2016	Myriad Gardens Amber Moulder-Warriors For Freedom	Summer events and fundraisers for Warriors For Freedom
30 MINUTES DURATION	Andrea Gorey-Community Health Adm at OK County Health Dept	Discussing "Wellness Now", and "My Heart" programs
7/17/2016	Amber Moulder-Warriors For Freedom	Summer events and fundraisers for WFF
30 MINUTES DURATION	Andrea Gorey-Community Health Adm at OK County Health Dept	Discussing "Wellness Now", and "My Heart" programs
7/24/2016	Major Carlisle Gargas - Salv Army	General services and activities of the Salvation Army
30 MINUTES DURATION	OKC Councilman David Slane	Social justice / injustice. Racial division
7/31/2016	Lori Monetti - Development Director Easter Seals Jane Sutter with The Boys & Girls Club of Oklahoma City, plus Anna Marie Lopez, 2016 "OK Youth of The Year"	General services and activities of the Easter Seals Org, plus new and innovative treatments for Alzheimers Discussing activities, services, and programs available to the community through the Boys & Girls Club of Oklahoma
30 MINUTES DURATION		

Aug-16

FOCUS ON OKLAHOMA		PUBLIC AFFAIRS SHOW
August 7th	Frank Grove-Oklahomans for Health	Discuss petition for medical marijuana on ballot
30 MINUTES DURATION		
August 14th	Jennifer McClintock-Civic Center	Talks about the preparedness festival for disasters
30 MINUTES DURATION	Mike Bateman-Jesus House	Discusses OKC Homeless population
August 21st	Tiffany Elmore-Okla County Health Dep	Talks about immunization of kids
30 MINUTES DURATION	Emily Virgin-State Senator	Conversation about death penalty & prison crowding
August 28th	Dallas Henderson Okla Cattleman's	Fundraising for Children's Hospital
30 MINUTES DURATION	Bobby Cleveland- State Rep	Discussion of OSSAA and High School Athletics

September 2016 PUBLIC FILE

FOCUS ON OKLAHOMA		PUBLIC AFFAIRS SHOW
4-Sep 30 MINUTES DURATION	Alex Wentz with "Yes on 792" ballot proposal State Representative Leslie Osbourne	Discussion state question 792, modernizing Beer & Wine laws Criminal justice reform in Oklahoma
9/11/2016 30 MINUTES DURATION	State Labor Commissioner, Melissa Houston Kevin Stewart - CEO Missing & Lost Inc Amy Harmon - Missing & Lost Inc	State Fair ride safety, Services available for finding missing and lost children
9/18/2016 30 MINUTES DURATION	David Todd, City of OKC Bud Scott, "Food Farms, and Family"	Maps 3 project update. (Transportation, Sidewalks, Parks Recreation, Convention Center, and Wellness Center) Discussion about state question 777
9/25/2016 30 MINUTES DURATION	Brian Jones - Director of Education with the Kirkpatrick Foundation Lori Monetti _ easter Seals of OK	Discussion about state question 777, and historical preservation Event: Inspire Awards. Oct 15th, honoring inspirational members of the community



2016-Q3 (July – September) Radio Health Journal Quarterly Logs
Compliance Issues Covered

- | | |
|-----------------------------------|---------------------------------|
| Aging | Interpersonal Communication |
| Air Pollution | Local Government and Regulation |
| Alcohol | Media and Society |
| American Society and Culture | Mental Illness |
| Children | Military |
| Consumerism | Municipal Government |
| Crime and Prison | National Security |
| Disabilities | Obesity |
| Disaster Recovery | Parenting Issues |
| Discrimination | Pollution |
| Drunk Driving | Public Safety |
| Economics | Research and Development |
| Education | Substance Abuse and Addiction |
| Environment | Taxes |
| Ethics | Technology |
| Federal Government and Regulation | Traffic Safety |
| Health Care | Vaccination |
| Homelessness | Water Safety |
| Infectious Disease | Women's Issues |
| Insurance | Youth at Risk |

See weekly logs below for segment dates, titles, topics, guests & duration

Program	16-27	Producers	Reed Pence, Michael Wu and Heather Muno
Air Week	07/03/16-07/09/16	Production Director	Sean Waldron

Time	Segment	Dur.
2:04	SEGMENT 1: THE OTHER SIDE OF MILITARY SCIENCE	12:16
	<p>Synopsis: Most people think of military science in terms of defeating the forces of the other side. But it also involves keeping our troops sheltered, clothed and fed, as well as protected from adversaries like exhaustion, infection, heat and noise. A noted investigative journalist explains the less well known side of military research.</p> <p>Host: Reed Pence. Guest: Mary Roach, author: <i>Grunt: The Curious Science of Humans at War</i></p> <p>Compliancy issues covered: military; federal government; national security; research and development</p> <p>Links for more information: http://maryroach.net</p>	
15:22	SEGMENT 2: UNCERTAINTY IN MEDICINE	7:43
	<p>Synopsis: Many patients want certainty in diagnoses, especially when they've had expensive diagnostic tests. However, those tests are often less certain in their results than people think, making patients sometimes doubt doctors' competence.</p> <p>Host: Nancy Benson. Guest: Dr. Steven Hatch, Asst. Prof. of Medicine, Univ. of Massachusetts Medical School and author, <i>Snowball In A Blizzard: A Physician's Notes on Uncertainty in Medicine</i></p> <p>Compliancy issues covered: consumerism; health care; technology</p> <p>Links for more information: https://www.bostonglobe.com/arts/books/2016/03/13/steven-hatch-investigates-spectrum-certainty-snowball-blizzard/iyoA9290cTaZGbABT3h8gP/story.html</p>	

Program	16-28	Producers	Reed Pence and Michael Wu
Air Week	07/10/16-07/16/16	Production Director	Sean Waldron

Time	Segment	Dur.
2:04	SEGMENT 1: LEWY BODY DEMENTIA	11:21
	<p>Synopsis: The second most common form of dementia is virtually unknown to most people. However, Lewy body dementia affects 1.4 million Americans, with symptoms commonly misdiagnosed as Alzheimer's disease. Additional symptoms such as hallucinations and uncontrollable shaking make diagnosis and caregiving more difficult, and treatments for Alzheimer's or psychosis can often be harmful. Experts discuss.</p> <p>Host: Reed Pence. Guests: Candy Schulman, daughter of woman who died with Lewy body dementia; Dr. James Leverenz, Director, Cleveland Clinic Lou Ruvo Center for Brain Health and Chair, Scientific Advisory Council, Lewy Body Dementia Association</p> <p>Compliancy issues covered: aging; disabilities; mental illness; health care; consumerism</p> <p>Links for more information: https://www.lbda.org</p>	
14:27	SEGMENT 2: OUR NEW GENETIC KNOWLEDGE	8:30
	Synopsis: Gene research has made incredible leaps in the last decade. A physician/Pulitzer-prize winning	

<p>author explains what our new knowledge means for our immediate medical future, given our struggles with genetic knowledge in the past.</p> <p>Host: Nancy Benson. Guest: Dr. Siddhartha Mukherjee, Asst. Prof. of Medicine, Columbia Univ. and author, <i>The Gene: An Intimate History</i>.</p> <p>Compliance issues covered: consumerism; health care; technology; ethics</p> <p>Links for more information: http://authors.simonandschuster.com/Siddhartha-Mukherjee/49784674</p>	
---	--

Program	16-29	Producers	Christine Herman, Reed Pence and Heather Muno
Air Week	07/17/16-07/23/16	Production Director	Sean Waldron

Time	Segment	Dur.
2:05	SEGMENT 1: BABY TALK	11:17
	<p>Synopsis: Scientists have discovered that the way parents talk to their infants has a huge effect on their intellectual development and later success. Experts discuss why and how parents should hold "conversations" with their babies.</p> <p>Host: Reed Pence. Guests: Dr. Anne Fernald, Assoc. Prof. of Psychology, Stanford Univ.; Dr. Kimberly Noble, Assoc. Prof. of Pediatrics, Columbia Univ.</p> <p>Compliance issues covered: youth at risk; education; parenting issues; economics</p> <p>Links for more information: https://web.stanford.edu/group/langlearninglab/cgi-bin/; http://www.columbia.edu/cu/needlab/</p>	
14:24	SEGMENT 2: NEAR DROWNING	8:31
	<p>Synopsis: Some 700 American children under age 14 die of drowning each year. But when a child is pulled out of the water and revived, they may face lifethreatening peril hours or days later as the body reacts. Experts discuss.</p> <p>Host: Nancy Benson. Guests: Dr. Christopher Michos, emergency physician, St. Vincent's Medical Center, Bridgeport, CT; Dr. Luis Torero, Division Chief, Pediatric Critical Care, Advocate Children's Hospital, Oak Lawn, IL</p> <p>Compliance issues covered: youth at risk; parenting issues; public safety; water safety</p> <p>Links for more information: http://www.advocatechildrenshospital.com/ach</p>	

Program	16-30	Producers	Polly Hanson, Heather Muno and Reed Pence
Air Week	07/24/16-07/30/16	Production Director	Sean Waldron

Time	Segment	Dur.
2:04	SEGMENT 1: FIGHTING YOUR INSURER	11:42
	<p>Synopsis: Patient advocates have long helped people navigate the healthcare system to get better treatment. Now a new field of advocates is helping people navigate the insurance system as well, assisting with denials and delays. Three experts in the field discuss how to fight your insurer and win.</p>	

	<p>Host: Reed Pence. Guests: Elisabeth Schuler Russell, founder and President, Patient Navigator LLC; Brendan Bietry, case manager, Patient Advocate Foundation; Laurie Todd, author, <i>Fight Your Insurance Company and Win</i></p> <p>Compliance issues covered: economics; health care; consumerism; insurance</p> <p>Links for more information: http://www.patientadvocate.org; http://theinsurancewarrior.com; http://nahac.memberlodge.com; http://advoconnection.com</p>	
14:48	SEGMENT 2: THE SALT BOMB	8:07
	<p>Synopsis: Most Americans consume far too much salt even if they add none to their foods. Experts discuss why salt is such a health problem and what the federal government is doing to push food processors toward reducing salt content in our diets.</p> <p>Host: Nancy Benson. Guests: Dr. Bill Farquhar, Prof. of Kinesiology and Applied Physiology, Univ. of Delaware; Dr. Karen Di Salvo, Acting Asst. Secretary for Health, US Dept. of Health and Human Services; Dr. Robert Califf, Commissioner, US Food and Drug Administration</p> <p>Compliance issues covered: consumerism; public health; federal government and regulation; local government and regulation</p> <p>Links for more information: http://sites.udel.edu/kaap/directory/william-b-farquhar/; http://www.fda.gov/NewsEvents/Newsroom/PressAnnouncements/ucm503874.htm</p>	

Program	16-31	Producers	Reed Pence and Heather Muno
Air Week	07/31/16-08/06/16	Production Director	Sean Waldron

Time	Segment	Dur.
2:01	SEGMENT 1: FUNGAL SINUSITIS	11:53
	<p>Synopsis: Many people who have chronic recurrent sinusitis may have an allergic reaction to fungi rather than a bacterial infection. Treatments for the two are completely different, and in some cases, fungal sinusitis can be life threatening. Two experts and a patient explain.</p> <p>Host: Reed Pence. Guests: Erin Porter, fungal sinusitis patient and founder, EatPrayGetWell.com; Dr. Donald Dennis, ear, nose & throat surgeon, Atlanta; Dr. Joseph Han, Prof. of Otolaryngology-Head & Neck Surgery, Eastern Virginia Medical School</p> <p>Compliance issues covered: consumerism; health care; air pollution and environment</p> <p>Links for more information: https://eatpraygetwell.com; http://www.sinusitiswellness.com/donald-p-dennis-m-d-f-a-c-s-bio/; http://www.evms.edu</p>	
14:56	SEGMENT 2: CHILD HEART ARRHYTHMIAS	8:07
	<p>Synopsis: Children and adolescents seldom have "heart attacks," but they sometimes have heart arrhythmias which can look like the same thing, and be just as deadly. Often they are treated with implantable devices, but need more support than they often get. An expert doctor and the father of a young patient discuss.</p> <p>Host: Nancy Benson. Guests: Colin Alesse, parent of heart arrhythmia attack and co-founder Chicagoland Cardiac Connections; Dr. Greg Webster, cardiologist and electrophysiologist, Lurie Children's Hospital, Chicago and co-founder, Chicagoland Cardiac Connections</p>	

Compliance issues covered: consumerism; public health; youth at risk; health care	
Links for more information: http://cccheart.org	

Program	16-32	Producers	Reed Pence and Heather Muno
Air Week	08/07/16-08/13/16	Production Director	Sean Waldron

Time	Segment	Dur.
2:01	SEGMENT 1: DRINKING WATER SAFETY	11:57
	<p>Synopsis: Most people assume their drinking water is safe. However, many chemicals, especially new ones, are unregulated by the EPA, and thousands of water systems serving millions of people have lead levels higher than standards allow. Experts explain the danger of lead, especially to children, and other chemicals that may be in drinking water.</p> <p>Host: Reed Pence. Guests: Dr. Jeffrey K. Griffiths, Prof. of Public Health, Tufts Univ. and former chair, Drinking Water Committee, US EPA; Dr. Kristi Pullen Fedinick, Staff Scientist, Health Program, Natural Resources Defense Council.</p> <p>Compliance issues covered: public health; consumerism; pollution and environment; drinking water safety; municipal government; taxes; federal government and regulation</p> <p>Links for more information: https://www.nrdc.org/media/2016/160628; http://medicine.tufts.edu/Education/Academic-Departments/Clinical-Departments/Public-Health-and-Community-Medicine/Faculty/Resident%20Faculty/Griffiths-Jeffrey</p>	
15:00	SEGMENT 2: VARICOSE VEINS	8:07
	<p>Synopsis: Millions of people have varicose veins, which have health consequences beyond their unsightliness. An expert physician explains what varicose veins are and new treatments that simplify getting rid of them.</p> <p>Host: Nancy Benson. Guest: Dr. Mark Rayman, Medical Director, Beach Cities Vein and Laser Center, CA</p> <p>Compliance issues covered: consumerism; health care</p> <p>Links for more information: http://medtronicendovenous.com/patients/7-2-venaseal-closure-procedure/?gclid=CJ-Ouue5mc4CFQyUaQodfmkNZw</p>	

Program	16-33	Producers	Christine Herman, Reed Pence and Michael Wu
Air Week	08/14/16-08/20/16	Production Director	Sean Waldron

Time	Segment	Dur.
2:04	SEGMENT 1: RETHINKING PARENTING	11:57
	<p>Synopsis: Every generation thinks the one behind it is full of spoiled, entitled, lazy kids, prompting parenting advice that research shows is actually harmful to children. An expert discusses why conventional wisdom about raising kids is often all wrong.</p> <p>Host: Reed Pence. Guest: Alfie Kohn, author, <i>The Myth of the Spoiled Child: Challenging the Conventional Wisdom About Children and Parenting</i>.</p>	

	Compliancy issues covered: youth at risk; children; parenting issues; education Links for more information: http://www.alfiekohn.org	
14:32	SEGMENT 2: LITTLE PEOPLE, DISABILITY, AND THE PROSPECT OF CURE	8:21
	Synopsis: Many people with dwarfism also face skeletal abnormalities which can lead to disability. Experts, all little people themselves, discuss major causes of dwarfism, the hurdles they create, the struggle for respect, and the prospect of treatments that could one day make little people much more rare. Host: Nancy Benson. Guests: Dr. Jennifer Arnold, co-star, TLC's <i>The Little Couple</i> and co-author, <i>Think Big</i> ; Ericka Okenfuss, licensed genetic counselor, Kaiser Permanente, Sacramento, CA; Gary Arnold, President, Little People of America and Public Affairs Manager, Access Living, Chicago Compliancy issues covered: health care; disabilities; youth at risk; parenting issues; discrimination Links for more information: LPAonline.org ; http://jenniferarnoldmd.com	

Program	16-34	Producers	Reed Pence, Heather Muno and Michael Wu
Air Week	08/21/16-08/27/16	Production Director	Sean Waldron

Time	Segment	Dur.
2:04	SEGMENT 1: DOCTORS' OBESITY BIAS	13:06
	Synopsis: Studies show that medical professionals are as biased as the rest of us against people who are overweight, resulting in lectures, misdiagnoses, and patients who start avoiding the doctor. Experts explain the problem, results, and what might be done about it. Host: Reed Pence. Guests: Dr. Rebecca Puhl, Prof. of Human Development and Family Studies, Univ. of Connecticut and Deputy Director, Rudd Center for Food Policy and Obesity; Dr. David Katz, Director, Yale-Griffin Prevention Research Center, Yale Univ. and Founder, True Health Initiative; Kathy Kater, psychotherapist specializing in body image, eating and weight issues Compliancy issues covered: health care; public health; discrimination; obesity; education Links for more information: http://www.uconnruddcenter.org/faculty-and-staff-rebecca-puhl/ ; http://www.yalegriffinprc.org ; http://bodyimagehealth.org	
16:12	SEGMENT 2: MISCOMMUNICATION AND COLOR ENERGY	6:44
	Synopsis: People have different ways to interpret the world around them, and miscommunication is often a result when we assume we do so similarly. A noted author discusses an innovative way to classify communication styles to avoid clashes. Host: Nancy Benson. Guest: Scott Schwefel, author, <i>Discover Yourself</i> Compliancy issues covered: interpersonal communication; consumerism Links for more information: http://discoveryyourself.com/keynote/	

Program	16-35	Producers	Polly Hansen, Michael Wu & Reed Pence
Air Week	08/28/16-09/03/16	Production Director	Sean Waldron

Time	Segment	Dur.
1:54	SEGMENT 1: SCAD--A DIFFERENT KIND OF HEART ATTACK	12:00
	<p>Synopsis: A form of heart attack that strikes young, seemingly healthy people--most of them women, often near childbirth--is increasing. Experts discuss heart attacks caused by arteries that split open rather than blockages.</p> <p>Host: Reed Pence. Guests: Shelley Simonton, SCAD patient; Dr. Sharonne Hayes, Founder, Women's Heart Clinic, Mayo Clinic; Carol Vich, SCAD patient</p> <p>Compliance issues covered: health care; public health; women's issues</p> <p>Links for more information: http://www.mayoclinic.org/departments-centers/cardiovascular-diseases/overview/specialty-groups/womens-heart-clinic/overview</p>	
14:56	SEGMENT 2: THE HAITIAN CHOLERA COVERUP	7:51
	<p>Synopsis: Haiti was struck by a devastating cholera epidemic a few months after a disastrous earthquake hit. Eventually the UN and its peacekeeping groups were blamed for causing the outbreak, making a bad situation much worse. Experts discuss how it happened and lessons for future disaster recovery.</p> <p>Host: Nancy Benson. Guest: Dr. Ralph Frerichs, Prof. Emeritus of Epidemiology, UCLA and author, <i>Deadly River: Cholera and Cover-Up in Post-Earthquake Haiti</i></p> <p>Compliance issues covered: public health; disaster recovery; infectious disease and vaccination; federal government</p> <p>Links for more information: http://deadlyriver.com</p>	

Program	16-36	Producers	Reed Pence & Michael Wu
Air Week	09/04/16-09/10/16	Production Director	Sean Waldron

Time	Segment	Dur.
3:04	SEGMENT 1: FETAL ALCOHOL SPECTRUM DISORDER	10:40
	<p>Synopsis: Fetal alcohol spectrum disorder is the largest preventable cause of developmental disabilities in the US, and studies show it is far more common than previously suspected, especially in certain populations. Experts explain how better prevention efforts could greatly reduce a wide variety of social problems</p> <p>Host: Reed Pence. Guests: Dr. Phillip May, Research Prof. of Nutrition, Gillings School of Global Public Health, Univ. of North Carolina-Chapel Hill; Dr. Carl Bell, Prof. of Psychiatry Emeritus, Univ. of Illinois and staff psychiatrist, Jackson Park Hospital, Chicago; Dr. Ira Chasnoff, President, NTI Upstream and Clinical Prof. of Pediatrics, Univ. of Illinois</p> <p>Compliance issues covered: public health; youth at risk; alcohol, substance abuse and addiction; education; homelessness; crime and prison; women's issues</p> <p>Links for more information: http://www.uncnri.org/index.php/philip-may-ph-d/; http://www.ntiupstream.com; http://www.psych.uic.edu/grand-rounds/item/248-carl-c-bell-md</p>	
14:46	SEGMENT 2: LUCID DREAMS	8:11
	<p>Synopsis: The dreaming brain is nearly as active as it is when we are awake. Experts discuss ways to shape dreams to help solve problems.</p>	

	<p>Host: Nancy Benson. Guest: Dr. Deirdre Barrett, Asst. Prof. of Psychology, Harvard Medical School and author, <i>The Committee of Sleep: How Artists, Scientists, and Athletes Use Their Dreams for Creative Problem Solving—And How You Can Too</i></p> <p>Compliance issues covered: consumerism; education</p> <p>Links for more information: http://deadlyriver.com</p>	
--	---	--

Program	16-37	Producers	Michael Wu, Christine Herman & Reed Pence
Air Week	09/11/16-09/17/16	Production Director	Sean Waldron

Time	Segment	Dur.
3:00	SEGMENT 1: THE BRAIN SCIENCE OF DRUNK DRIVING	10:15
	<p>Synopsis: Scientists are learning that people who repeatedly drive drunk are not all the same in the personalities and brain chemistries that motivate their behavior. An expert discusses new research suggesting different ways to reduce recidivism in each of these personality types.</p> <p>Host: Reed Pence. Guest: Dr. Thomas Brown, Asst. Prof. of Psychiatry, McGill Univ. and researcher, Douglas Mental Health University Institute</p> <p>Compliance issues covered: public safety; drunk driving; alcohol and substance abuse; traffic safety</p> <p>Links for more information: http://www.douglas.qc.ca/researcher/thomas-brown?locale=en</p>	
14:17	SEGMENT 2: GOSSIP	7:23
	<p>Synopsis: Most people regard gossip with disdain. While backbiting, vicious slander is usually disruptive, researchers have found that informational gossip has benefits for society by keeping people in line with societal norms. Experts discuss.</p> <p>Host: Nancy Benson. Guest: Dr. Robb Willer, Prof. of Sociology, Stanford Univ; Dr. Matthew Feinberg, Asst. Prof. of Management, Univ. of Toronto</p> <p>Compliance issues covered: interpersonal relationships; media and society</p> <p>Links for more information: https://sociology.stanford.edu/people/robb-willer</p>	

Program	16-38	Producers	Reed Pence and Heather Muno
Air Week	09/18/16-09/24/16	Production Director	Sean Waldron

Time	Segment	Dur.
3:00	SEGMENT 1: EPI-PEN PRICE HIKES	11:38
	<p>Synopsis: The Epi-Pen brand has become synonymous with epinephrine injectors, which can save the life of a person suffering a severe allergic reaction. Recently there's been outcry over large price hikes for the devices, which have forced some people to seek other alternatives or go without. Experts discuss the economics involved and what patients can do to be protected without going broke.</p> <p>Host: Reed Pence. Guests: Dr. Aaron Carroll, Prof. of Pediatrics, Indiana Univ. School of Medicine; Dr. Thomas Casale, Prof. of Pediatrics and Medicine, Univ. of South Florida and Exec. Vice President, American</p>	

	<p>Academy of Allergy, Asthma and Immunology</p> <p>Compliancy issues covered: consumerism; youth at risk; health care; public health; government; economics</p> <p>Links for more information: http://theincidentaleconomist.com/wordpress/about/about-aaron/; http://health.usf.edu/medicine/internalmedicine/allergy/faculty/2852254/Casale; https://www.aaaai.org</p>	
15:40	SEGMENT 2: HOMESICKNESS	7:27
	<p>Synopsis: What we now call "homesickness" used to be a medical diagnosis called "nostalgia," and it was considered life-threatening. Today many people consider homesickness to be a childish emotion, but an expert says it's nothing to be ashamed of. We all suffer from it sometime and need to know how to cope.</p> <p>Host: Nancy Benson. Guest: Dr. Susan Matt, Prof. of History, Weber State Univ.; Dr. Chris Willard, Lecturer in Psychology, Harvard Medical School.</p> <p>Compliancy issues covered: mental health; American society and culture</p> <p>Links for more information: https://global.oup.com/academic/product/homesickness-9780195371857?cc=us&lang=en&; http://drchristopherwillard.com</p>	

Program	16-39	Producer	Reed Pence
Air Week	09/25/16-10/01/16	Production Director	Sean Waldron

Time	Segment	Dur.
3:03	SEGMENT 1: PANDAS: DANGEROUS AFTEREFFECTS OF A STREP THROAT	11:35
	<p>Synopsis: Strep infection may prompt a severe reaction in some children, causing their own immune system to attack cells in the brain. What appear to be extreme psychological symptoms result from what is really a physical disorder. The disorder, known as PANDAS, is often misdiagnosed. Experts discuss.</p> <p>Host: Reed Pence. Guests: J.C. Konecny, Executive Director, PANDAS Network and parent of PANDAS sufferer; Dr. Elizabeth Latimer, Clinical Asst. Prof. of Pediatrics and Neurology, Georgetown Univ.</p> <p>Compliancy issues covered: consumerism; youth at risk; health care; infectious disease</p> <p>Links for more information: http://www.pandasnetwork.org; https://www.pandasppn.org</p>	
15:40	SEGMENT 2: LOCKED-IN SYNDROME	7:14
	<p>Synopsis: Some people who have a stroke in the brain stem suffer from a condition where they are fully conscious and aware, yet appear to be in a coma because they cannot move a muscle, except for sometimes the eyes. They may remain in this "locked-in" state for years. A stroke expert and a woman who recovered from this condition discuss it.</p> <p>Host: Nancy Benson. Guests: Allison O'Reilly, Locked-In Syndrome survivor and author, <u>Out Of the Darkness</u>; Dr. Ralph Sacco, Chairman of Neurology, Univ. of Miami Miller School of Medicine and former President, American Heart Assn.</p> <p>Compliancy issues covered: health care; disabilities</p> <p>Links for more information: http://outofthedarknessbook.org; http://sylvester.org/doctors/profile/1672</p>	

KOMA 5M	FOCUS ON OKLAHOMA	PUBLIC AFFAIRS SHOW
3-Apr 30 MINUTES DURATION 5:00pm	J.D. McCarty Center Chief Brandon Clabes of Mid-West City and Commissioner Terri White	Camp Clappands is a summer camp geared especially for children with developmental disabilities. Discussing medicade expansion, medicade under the state's budget shortfall.
4/10/2016 30 MINUTES DURATION 5:00pm	Jessica Max with Alstate Insurance David David with Shrine Circus Marty Loberg - First Prespreterian	Speaking about wildfire safety as wildfires spread across Oklahoma and Kansas Raising money for Shriner's Hospitals Pain to Peace is a program offering resources in dealing with crisis from employment to drugs to divorce.
4/17/2016 30 MINUTES DURATION 5:00pm	Commissioner Terri White	Discussing menal health and substance abuse in Okliahoma which has become an epidemic and leads to over crouding prisons and little in the way of medical treatment.
4/24/2024 30 MINUTES DURATION 5:00pm	Jane Sutter with the Boys and Girls Club Richard Vreeland	Summer events and services offered to the community's youth throughout Oklahoma City. Oklahoma Law Day is a day celebrating America's legal heritage, offering free legal advice to all throughout the state, an bringing awareness to the public about law.

May 2016 PUBLIC FILE

KSMO-TV	FOCUS ON OKLAHOMA	PUBLIC AFFAIRS SHOW
1-May	Amber Moulder with Warriors for Freedom	A non-profit local dedicated to veterans using recreational and social activities as a means of unconventional therapy
30 MINUTES DURATION 5:00 am	Lance McDaniel and Kristen Bromley Dead Center Film Festival	A celebration of film in Oklhoama who works with Allied Arts. In their 16th year, 100 films being brought to Oklahoma City
5/8/2016	Elizabeth Greg - Exec. Dir. Of the Civic Center Foundation	Working for the improvements of the Civic Center in Oklahoma City as well as the maintainance and maximization.
30 MINUTES DURATION 5:00 am	Laura Brennan and Alex Corbit	C.A.R.E. Coalition discussing perscription drug epidemic in the state.
5/15/2016	Scott Hall, Johnathan Shirly	Discussing YMCA's Camp Classen and the services and oppertunities offered to the community by the YMCA
30 MINUTES DURATION 5:00 am		
5/22/2016	Mark Bravo - Sundance Airport	US Fleet and Tracking bringing the Discovering Aviation and Airshow Spectacuair at the Sundance Airport.
30 MINUTES DURATION 5:00 am	Senator A.J. Griffin	An update on the activities within the House and Senate in Oklahoma, and the elements that have brought congress to dealing with the budget shortfall.
5/29/2016	Melissa Houston - Labor Commissione	Discussing Amusement ride safety. Oklahoma being one of 30 states who regulate amusement rides at fairs and parks.
30 MINUTES DURATION 5:00 am	State Supermtentant Joy Hoffmeister Brent Bushy - School Resource	Teacher pay raises, and school overcrowding, and work in the legislation during a budget shortfall.

June 2016 PUBLIC FILE

KOMA-FM	FOCUS ON OKLAHOMA	PUBLIC AFFAIRS SHOW
5-Jun	Gred Gaston and Jerry Puckett	The Norman conquest hosting the 21st Annual Bicycle Tour which benefits the McCarty Center
30 MINUTES DURATION 5:00 pm	Allison Drain	The Oklahoma City County Health Department - offering the Total Wellness which works with residents in preventing diseases in Oklahoma.
6/12/2016	Laura Brennan, Scott Shaffer	Discussing poison control, and education in regard to the prevention and understanding of drugs and poison.
30 MINUTES DURATION 5:00 pm	Oklahoma Center for Poison and Drug Information Phill Maytubby OKCCHD	Discussing Oklahoma mosquitos in which the Zika virus was discovered, general mosquito breeding prevention.
6/19/2016	Chris Steel - Former House Speaker	Discussing TEEM (The Education and Employment Industry) criminal justice reform and assisting those leaving prison.
30 MINUTES DURATION 5:00 pm	Carolyn Stager	Oklahoma Municipal League - Discussing the one cent tax increase proposed for a ballot measure, offering teacher raises and the impact on state taxes.
5/26/2016	Karen Carney	Spokesman with The Will Rogers World Airport - Discussing tips and what to expect for those travelling over the coming Holiday.
30 MINUTES DURATION 5:00 pm	Mark Freed	Alzheimer's Association - June is Alzheimer's Awareness Month. Bringing understanding and awareness of the disease.



2016-Q2 (April – June) Radio Health Journal Quarterly Logs
Compliance Issues Covered

agriculture	health care
amnesia	HIV and AIDS
animal welfare	homelessness
bullying	housing
business and industry	interpersonal relationships
consumer safety	media and society
consumer safety	men's issues
consumerism	mental health and suicide
disabilities	patient safety
economics	pop culture
economics of sports	poverty
education	psychology
employment	public health
environment and toxic chemicals	research & development
ethics	rules & regulation
family and parenting issues	sports and recreation
federal government regulation	substance abuse
food safety	technology
gifted youth	women's issues
health and nutrition	youth at risk

See weekly logs below for segment dates, titles, topics, guests & duration

Program 16-14 **Producers** Reed Pence & Polly Hansen
Air Week 04/03/16-04/09/16 **Production Director** Sean Waldron

Time Segment Dur.

2:02 SEGMENT 1: SHOULD WE SHORTEN MEDICAL TRAINING? 11:55

Synopsis: In an age of increasing medical complexity, some leading thinkers in medical education are proposing that the time spent on medical education be cut by nearly one third. The key, these advocates say, is ridding curricula of requirements that most doctors never use. Experts discuss both sides of the issue.

Host: Reed Pence. Guests: Dr. Ezekiel Emanuel, Vice Provost for Global Initiatives and Chair, Department of Biomedical Ethics and Health Policy, Univ. of Pennsylvania; Dr. Victor Fuchs, Henry J. Kaiser Prof. Emeritus of Economics and Health Policy, Stanford Univ. and Senior Fellow, Stanford Institute for Economic Policy Research; Dr. Gail Morrison, Senior Vice Dean for Education and Director of Academic Programs, Univ. of Pennsylvania Perleman School of Medicine.

Compliance issues covered: health care; public health; education; consumer safety

14:59 SEGMENT 2: CONTEXTUAL CARE 8:00

Synopsis: Studies have found that many doctors don't really listen to their patients, and so miss how illness is affected by the "other things" in life. Experts discuss how to help doctors consider the patient as a whole.

Host: Nancy Benson. Guests: Dr. Saul Jeremy Weiner, Prof. of Medicine, pediatrics & Medical Education, Univ. of Illinois and co-author, Listening For What Matters: Avoiding Contextual Errors in Health Care; Dr. Alan Schwartz, Michael Reese Endowed Prof. of Medical Education, Univ. of Illinois, Chicago, and co-author, Listening For What Matters: Avoiding Contextual Errors in Health Care.

Compliance issues covered: health care; education; consumerism; patient safety

Program 16-15 **Producer** Reed Pence
Air Week 04/10/16-04/16/16 **Production Director** Sean Waldron

Time Segment Dur.

2:02 SEGMENT 1: DRUG SHORTAGES 11:48

Synopsis: For more than 10 years, hospitals have been plagued by shortages of important drugs, sometimes forcing doctors to decide who will receive them, and who will die. Experts explain why these shortages occur, the unfortunate outcomes, and what they do to try to minimize the damage.

Host: Reed Pence. Guests: Dr. Yoram Unguru, pediatric hematologist-oncologist, Children's Hospital at Sini, Baltimore, and faculty member, Berman Institute of Bioethics, Johns Hopkins Univ.; Bona Benjamin, Director of Medication Use Quality Improvement, American Society of Health System Pharmacists; Dr. Brian Fitzsimmons, cardiac anesthesiologist, Cleveland Clinic Foundation

Compliance issues covered: health care; public health; consumerism and consumer safety; ethics; youth at risk; economics; federal government regulation

14:52 SEGMENT 2: MENIERE'S DISEASE 8:14

Synopsis: Experts discuss symptoms and treatments of Meniere's disease, an often misdiagnosed disorder producing loss of hearing and crippling vertigo.

Host: Nancy Benson. Guests: James Raath, business consultant and author, Love Mondays; Dr. David Friedland, Prof. and Vice Chair, Otolaryngology and Communication Sciences, Medical College of Wisconsin

Compliance issues covered: health care; disabilities

Program **16-16** **Producer** **Reed Pence & Christine Herman**
Air Week **04/17/16-04/23/16** **Production Director** **Sean Waldron**

Time Segment Dur.

2:02 SEGMENT 1: DIRECT TO CONSUMER DRUG ADVERTISING 11:35

Synopsis: Since FDA rules on prescription drug advertising were loosened in 1997, the amount of advertising has mushroomed. However, there is still controversy over whether that's good for patients, and now the American Medical Association has come out for an ad ban. Experts discuss the pro's and cons of direct to consumer advertising and its effect on patients and physicians.

Host: Reed Pence. Guests: John Kamp, Exec. Director, Coalition for Healthcare Communication; Dr. Sidney Wolfe, Founder, Public Citizen Health Research Group; Dr. Joel Lexchin, Prof. of Health Policy, York Univ. and emergency physician, University Health Network, Toronto; Dr. Brad Shapiro, Asst. Prof. of Marketing, Univ. of Chicago Booth School of Business.

Compliance issues covered: health care; public health; consumerism and consumer safety; economics; federal government regulation; media and society

14:39 SEGMENT 2: THE POWERFUL INFLUENCE OF FRIENDS 7:45

Synopsis: Research shows that friends are the most powerful people in our lives, influencing our behavior, attitudes and health even more than our parents or spouses. An expert discusses the many ways friends determine our destinies.

Host: Nancy Benson. Guest: Carlin Flora, author, Friendfluence: The Surprising Ways Friends Make Us Who We Are

Compliance issues covered: interpersonal relationships; family issues; technology

Program **16-17** **Producer** **Reed Pence**
Air Week **04/24/16-04/30/16** **Production Director** **Sean Waldron**

Time Segment Dur.

1:58 SEGMENT 1: USING ANIMALS TO SNIFF OUT DISEASE 12:34

Synopsis: Diseases apparently have distinctive odors that humans can't detect. Researchers are using dogs, mice, rats and other animals to literally sniff out cancer and other diseases in the laboratory. In the 3rd World, rats are used to diagnose TB. Experts discuss the use of animals to diagnose disease and their efforts to build machines that can do the same thing.

Host: Reed Pence. Guests: Dr. Cindy Otto, Exec. Director, Penn Vet Working Dog Center, Univ. of Pennsylvania; Dr. Gary Beauchamp, Emeritus Director and President, Monell Chemical Senses Center; Dr. Christian Mulder, Director, TB program, Apopo

Compliance issues covered: health care; public health; animal welfare; consumerism; economics; federal government regulation

15:34 SEGMENT 2: CURING SINUSITIS 7:12

Synopsis: Many people confuse allergies, colds, and sinus infections. A physician specializing in these maladies describes the differences, and the new ways sinusitis can be treated.

Host: Nancy Benson. Guest: Dr. Lisa Liberatore, otolaryngologist specializing in sinus and sleep issues, Totum Health, New York.

Compliance issues covered: health care; consumerism

Program	16-18	Producer	Reed Pence
Air Week	05/01/16-05/07/16	Production Director	Sean Waldron

Time	Segment	Dur.
------	---------	------

2:04	SEGMENT 1: PRESENTEEISM	11:54
------	-------------------------	-------

Synopsis: Presenteeism is when people go to work at less than peak efficiency due to illness, injury or distraction. Experts discuss the huge cost to the economy, the chronic illnesses that exact the most cost, and the accommodations that could save businesses billions of dollars.

Host: Reed Pence. Guests: Rob Hosking, Executive Director, Office Team staffing service; Todd Whitthorne, President, ACAP Health; Michael Klachevsky, Practice Consultant for Absence Management, Standard Insurance Co.

Compliance issues covered: economy; business and industry; workplace issues; public health; disabilities; employment

15:00 SEGMENT 2: DEALING WITH THE EMPTY NEST 7:54

Synopsis: Parents who have spent 18 years or more raising children often feel lost when the last child leaves home for college or their own place. A psychotherapist discusses common reactions and strategies for renewing purpose living in the empty nest.

Host: Nancy Benson. Guest: Wendy Aronssen, psychotherapist and author, Refeathering the Empty Nest: Life After the Children Leave

Compliance issues covered: interpersonal relationships; family and parenting issues; youth at risk

Program	16-19	Producers	Reed Pence & Polly Hansen
Air Week	05/08/16-05/14/16	Production Director	Sean Waldron

Time	Segment	Dur.
------	---------	------

2:03	SEGMENT 1: EGG FREEZING	12:10
------	-------------------------	-------

Synopsis: Freezing eggs in their 30's allows women to preserve fertility well into their 40's. The concept was originally meant for women whose fertility was threatened by disease or medical treatment, but today the majority of those having eggs frozen are doing so for social or career reasons. Now egg freezing is even offered as a corporate benefit in some places. Experts discuss the procedure and its uses.

Host: Reed Pence. Guests: Dr. Owen Davis, President, American Society for Reproductive Medicine and Prof. of Reproductive Medicine, Weill Medical College, Cornell Univ.; Rachel Lehmann-Haupt, author, In Her Own Sweet Time: Egg Freezing and the New Frontiers of Family; Dr. Marcy Darnovsky, Exec. Director, Center for Genetics and Society; Cali Williams-Yost, CEO & founder, Flex Strategy Group, Work-Life Fit Inc.

Compliance issues covered: economy; business and industry; workplace issues; women's issues; employment

15:15 SEGMENT 2: AUTISM AND PRODIGIES 7:37

Synopsis: Behavioral similarities between prodigies and some people with autism have long been noted. Now some researchers are beginning to find genetic links between the two phenomena. Experts discuss findings and their implications for autism treatment.

Host: Nancy Benson. Guests: Dr. Joanne Ruthsatz, Asst. Prof. of Psychology, The Ohio State Univ. and author, The Prodigy's Cousin: The Family Link Between Autism and Extraordinary Talent; Dr. Jennifer Gerds, Asst. Prof. of Psychiatry and Behavioral Sciences, Univ. of Washington and attending psychologist, Seattle Children's Autism Center

Compliance issues covered: youth at risk; gifted youth; health care

Program	16-20	Producer	Reed Pence
Air Week	05/15/16-05/21/16	Production Director	Sean Waldron

Time	Segment	Dur.
------	---------	------

2:03	SEGMENT 1: HOMELESS MEDICINE	12:11
------	------------------------------	-------

Synopsis: Homeless Americans have a life expectancy of only around 50, and often use the ER for primary care at a huge cost. The lack of follow-up care for their illnesses and the mental health or substance abuse disorders common in this population add up to an enormous health burden. Experts discuss how doctors on the street can improve health for the homeless and lower cost for society.

Host: Reed Pence. Guests: Dr. Jim Withers, Medical Director and Founder, Pittsburgh Mercy Health System Operation Safety Net and the Street Medicine Institute; Dr. Jim O'Connell, President, Boston Healthcare for the Homeless Program and author, Stories from the Shadows: Reflections of a Street Doctor

Compliance issues covered: homelessness; poverty; health care; public health; housing; substance abuse; economics

15:16 SEGMENT 2: BASEBALL PITCHERS: INJURIES WAITING TO HAPPEN 7:38

Synopsis: Major League Baseball teams spend \$1.7 billion annually on pitchers, yet it is an extremely risky investment. Teams haven't figured out how to prevent all-too-frequent arm injuries, which are now filtering down to children as well. A journalist who investigated the science of pitching injuries explains.

Host: Nancy Benson. Guest: Jeff Passan, baseball columnist, Yahoo Sports and author, *The Arm: Inside the Billion Dollar Mystery of the Most Valuable Commodity in Sports*

Compliance issues covered: sports and recreation; youth at risk; economics of sports

Program **16-21** **Producers** **Polly Hansen & Reed Pence**
Air Week **05/22/16-05/28/16** **Production Director** **Sean Waldron**

Time Segment Dur.

2:03 SEGMENT 1: BLEEDING DISORDERS 11:34

Synopsis: Bleeding disorders such as hemophilia and von Willebrand's disease can be extremely serious, but today are very treatable. However, many people who've had these disorders for some time fight the legacy of more primitive treatment, such as HIV and hepatitis C. Experts including a hemophilia patient explain.

Host: Reed Pence. Guests: Val Bias, CEO, National Hemophilia Foundation; Dr. Sanjay Ahuja, Assoc. Prof. of Pediatrics, Case Western Reserve Univ. School of Medicine and Director, Hemostasis and Thrombosis Center, Rainbow Babies and Children's Hospital.

Compliance issues covered: health care; HIV and AIDS; technology; men's issues

14:39 SEGMENT 2: BLADDER CANCER 7:38

Synopsis: Bladder cancer is the fourth most frequent cancer in men. However, research into the disease has been slow. The newly appointed director of the world's only research center devoted exclusively to bladder cancer discusses risks and treatments.

Host: Nancy Benson. Guest: Dr. David McConkey, Director, Urological Research, M.D. Anderson Cancer Center and new Director, Johns Hopkins Greenberg Bladder Cancer Institute

Compliance issues covered: health care; men's issues; environment and toxic chemicals

Program **16-22** **Producers** **Polly Hansen & Reed Pence**
Air Week **05/29/16-06/04/16** **Production Director** **Sean Waldron**

Time Segment Dur.

2:01 SEGMENT 1: BULLYING KIDS WITH DISABILITIES 12:14

Synopsis: Many children are bullied especially in the middle school years, but kids with disabilities are about twice as likely to be victims. Experts discuss the problem and how parents and schools can work together to prevent bullying of these children.

Host: Reed Pence. Guests: Barb Ziemke, Senior Advocate and Parent Trainer, Pacer Center and National No Bullying Prevention Center, Minneapolis; Jan Urbanski, Director, Safe and Humane Schools, Clemson Univ. Institute on Family and Neighborhood Life and Olweus Bullying Prevention Program

Compliance issues covered: disabilities; youth at risk; education; bullying; parenting issues; law

15:17 SEGMENT 2: HARDWIRING HAPPINESS 7:48

Synopsis: As a survival mechanism, the human brain is wired to remember negative events more strongly than positive ones. An expert neurologist discusses changes in thinking that can create more positive physical brain pathways, making us happier.

Host: Nancy Benson. **Guest:** Dr. Rick Hanson, author, *Hardwiring Happiness: The New Brain Science of Contentment, Calm and Confidence*

Compliance issues covered: technology, psychology

Program **16-23** **Producers** **Evan Rook & Reed Pence**
Air Week **06/05/16-06/11/16** **Production Director** **Sean Waldron**

Time **Segment** **Dur.**
2:04 SEGMENT 1: BIG DATA IN MEDICINE 11:47

Synopsis: When doctors can take advantage of massive amounts of data on patient outcomes, lives will be saved. We look at one of the first efforts, an attempt to associate dangerous drug interactions, and the difficulty in convincing other doctors that "crunching numbers" can provide adequate proof. A researcher and reporter involved in the case explain.

Host: Reed Pence. **Guests:** Dr. Nicholas Tatonetti, Asst. Prof. of Biomedical Informatics, Columbia Univ.; Sam Roe, reporter, Chicago Tribune

Compliance issues covered: research & development; technology; health care; public health

14:53 SEGMENT 2: KIDNEY TRANSPLANT SENSITIVITY 7:47

Synopsis: Some people who need a kidney transplant have immune systems so sensitive they will reject almost any organ. Experts explain a new desensitization technique that may help them and kidney exchanges that make more patients eligible for transplants.

Host: Nancy Benson. **Guests:** Dr. Jeffrey Berns, Prof. of Medicine and Pediatrics, Univ. of Pennsylvania Perelman School of Medicine; Dr. Roy Bloom, Prof. of Medicine and Director, Kidney Transplant Program, Univ. of Pennsylvania

Compliance issues covered: health care; public health; rules and regulation

Program **16-24** **Producer** **Reed Pence**
Air Week **06/12/16-06/18/16** **Production Director** **Sean Waldron**

Time **Segment** **Dur.**
2:05 SEGMENT 1: DOCTOR SUICIDE 12:04

Synopsis: Doctors are attempting suicide in high numbers, and are much more likely than the general population to complete it. Experts discuss the coverup of doctor suicides, the reasons behind depression in doctors, and why doctors who are depressed are less likely than normal to get help.

Host: Reed Pence. **Guests:** Dr. Pamela Wible, founder, Ideal Medical Care movement and author, *Physician Suicide Letters, Answered*; Dr. Louise Andrew, founder, MD Mentor

Compliance issues covered: health care; public health; mental health and suicide; education; government regulation

15:11 SEGMENT 2: ENHANCING FOOD SAFETY 7:49

Synopsis: Increasing recalls for food contamination have scared many Americans. A noted expert discusses why contamination scares are becoming more common, what government and producers are doing to protect us, and what we can do in our own kitchens to make foods safer.

Host: Nancy Benson. Guest: Dr. Mark Tamplin, former food safety adviser, World Health Organization and US Centers for Disease Control and Prevention and author, Phage.

Compliance issues covered: food safety; consumer safety; health care; public health; government regulation; agriculture; business and industry

Program 16-25 **Producers** Reed Pence and Heather Muno
Air Week 06/19/16-06/25/16 **Production Director** Sean Waldron

Time Segment Dur.
2:05 SEGMENT 1: AMNESIA 12:38

Synopsis: It's a rare thing for people to lose their memory of past events. An expert discusses why doctors believe it may occur, and a woman to whom it happened recounts her experience.

Host: Reed Pence. Guests: Naomi Jacobs, amnesia victim and author, Forgotten Girl; Dr. Jason Brandt, Prof. of Psychiatry and Neurology, Johns Hopkins Univ. School of Medicine.

Compliance issues covered: health care; family issues; pop culture

15:45 SEGMENT 2: LIVING THROUGH PAIN 6:55

Synopsis: Pain is an often misunderstood reality for millions of people. A noted university professor who became a quadriplegic in a bicycle accident discusses her constant pain and the way it changes life.

Host: Nancy Benson. Guest: Dr. Christina Crosby, Prof. of English and Feminist, Gender and Sexuality Studies, Wesleyan Univ. and author, A Body, Undone: Living On After Great Pain

Compliance issues covered: consumerism; health care

Program 16-26 **Producers** Polly Hansen, Michael Wu and Reed Pence
Air Week 06/26/16-07/02/16 **Production Director** Sean Waldron

Time Segment Dur.
2:04 SEGMENT 1: KIDS' KIDNEY STONES 12:23

Synopsis: Kidney stones in children and adolescents used to be unusual. Over the last 30 years, they've become much more common. Experts discuss why this may be occurring, why doctors still sometimes miss the diagnosis, and how kidney stones are treated in children.

Host: Reed Pence. Guests: Dr. Gregory Tasian, Pediatric Urologist and Clinical Epidemiologist, The Children's Hospital of Philadelphia and Asst. Prof. of Urology and Epidemiology, Univ. of Pennsylvania; Dr. David Goldfarb,

Prof. of Medicine and Physiology, New York Univ. Medical School and Clinical Chief of Nephrology, New York Langone Medical Center.

Compliancy issues covered: health care; youth at risk; consumerism

15:29 SEGMENT 2: THE PRO'S AND CON'S OF GLUTEN-FREE 7:26

Synopsis: Gluten free diets have taken the world by storm and some experts say for people who do not have celiac disease, the diets can do much more harm than good. One such expert explains which kinds of people would find the diet appropriate and the pitfalls to avoid.

Host: Nancy Benson. Guest: Dr. Peter Green, Prof. of Medicine and Director, Celiac Disease Center, Columbia Univ., and author, *Gluten Exposed: The Science Behind the Hype and How to Navigate to a Healthy, Symptom-Free Life*

Compliancy issues covered: consumerism; health and nutrition; pop culture

JANUARY 2016 PUBLIC FILE

10:00 AM	FOCUS ON OKLAHOMA	PUBLIC AFFAIRS SHOW
3-Jan 5:00 AM 30 MINUTES DURATION	David Slain - Mitchell in the Morning Chas Alexander with Senator Kyle Loveless	Reviewing the more talked about topics of 2015. University of Oklahoma race chant, Equality in the workplace, general race relations. Discussing the state's civil asset forfeiture laws and the negative effects up taking the public's money and assets.
1/10/2016 5:00 AM 30 MINUTES DURATION	Rae Ann Saunders Oklahoma City Home and Garden Show Greg Gaston - J.D. Mccarty Center	Garden, landscaping, home repairs coming to Oklahoma City Celebrity guests, out door kitchen giveaways. Camp Clapands allows children with special needs children with the full experience of a summer camp who may not have the opportunity elsewhere.
1/17/2016 5:00 AM 30 MINUTES DURATION	Chuck Ford with Infinite Possibilities Alex Corbit, Laura Brannen Coalition Against Prescription Drug Epidemic	Martin Luther King Jr. Day Celebrations including the MILK Marketplace. Vendors memorabilia, health screenings in OKC With Oklahoma's prescription drug problems, CARXE bringing awareness to substance abuse and prescription drug abuse Moving from a legal issue to a mental health issue.
1/24/2016 5:00 AM 30 MINUTES DURATION	Kathryn Hayse with the State Theater CEO of Durt Poor Productions Chad Alexander and Senator A.J. Griffin	The Historical State Theater in Harrah being restored, and re-opened, featuring talent from theater groups, and schools Discussing Oklahoma's deficit for the fiscal year of 2016 and the plans in the Legislature to deal with the issue
1/31/2016 5:00 AM 30 MINUTES DURATION	Denise Howard - Oklahoma City County Health Department Scott Mitchell - Brent Bushy	Children First is a parent support program involving nurses and professionals who guide expecting mothers through their first year. Executive Director for the Oklahoma Public School resource center and the state of education in the state

FEBRUARY 2016 PUBLIC FILE

8:00 A.M.	FOCUS ON OKLAHOMA	PUBLIC AFFAIRS SHOW
7-Feb 5:00 AM 30 MINUTES DURATION	Andrea Goree - Oklahoma City County Health Department Holly Harris - Executive Director of US Justice Action Network	American Heart Month and the My Heart Program Offering classes and physicians to combat heart disease in the state. A coalition who work to reform the justice system in Oklahoma and across the nation, prison population, over criminalization
2/14/2016 5:00 AM 30 MINUTES DURATION	Bill Young - President of Freedom Oklahoma Chapter Scott Mitchell - Brent Bushy	Promotes and Educate Oklahomans bringing awareness to the First Amendment- Public Information, etc. Executive Director for the Oklahoma Public School - Discussing funding in education amid a massive statewide budget shortfall
2/21/2016 8:00 AM 30 MINUTES DURATION	Secretary of Transportation Gary Riddly William Taberne and Reverend Justin Linstrom	Public meeting of plans about connecting the Turner Turnpike and I-40, and the controversy with landowners. A discussion about the death penalty amid two botched executions in the state - and the need for Oklahoma to abolish it.
2/28/2016 5:00 AM 30 MINUTES DURATION	Amber Moulder - Warriors for Freedom Jeremy Timms Fellowship of Christian Athletes	Discussing Veteran's Day at the Capitol - The Remember the 22 campaign, and local fundraisers supporting unconventional therapy for veterans. Oklahoma rooted organization that elevates athletes to set an greater example for betterment in the community

MARCH 2016 PUBLIC FILE

ROW# PM	FOCUS ON OKLAHOMA	PUBLIC AFFAIRS SHOW
6-Mar 5:00 AM 30 MINUTES DURATION	Adam Gelb - Pew Research Foundation Randall Lee - Dir. Of Advocacy and strategic relations at the Alshaimers Association	Overcrowding prisons in Oklahoma as a symptom of a need for criminal justice system reform. The Association is a major funder of research and brings awareness to the public on Alshaimers disease. Oklahoma City Home and Outdoor Living Show
3/13/2016 5:00 AM 30 MINUTES DURATION	Oklahoma Corporation Commission Sherry Soliz - Operation Lifesaver	Discussing the reduction of wastewater injection and the connection with earthquakes. Discussion on train safety. Hazards, railyards, trespassing right-of-ways.
3/20/2016 5:00 AM 30 MINUTES DURATION	Robin Rosenblatt - Israel Longhorn Project Chad Alexander Representative Mike Christian	The Project looks to bring Texas Longhorns to Israel State as they are best suited for the desert environment. In order to address the state's prison problems, Sen Mike Christian made his announcement to run for Oklahoma County Sheriff
3/27/2016 5:00 AM 30 MINUTES DURATION	Laurie Essry - Manager of Operations at the Oklahoma City County Health department Liz McNeal - Rep. Earl Sears	Discussing the new facility not only housing the health Department staff, but the YWCA, clintians, all about integrated care. Revenue failures in the state and how the state Appropriation Committee develops solutions.

Program	16-01	Producer	Reed Pence
Air Week	01/03/16-01/09/16	Production Director	Sean Waldron

Time	2:03	Segment	SEGMENT 1: HOW WEATHER CAUSES PAIN
	11:52	Dur.	11:52
			Synopsis: Millions of Americans suffer pain as a result of weather changes and possible remedies to some of these maladies.
			Host: Reed Pence, Guests: Deni Cantrell, retired teacher and arthritis sufferer; Dr. Robert Jamison, Prof. of Anesthesia and Psychiatry, Brigham and Women's Hospital and Harvard Medical School; Bob Smirbeck, Expert Senior Meteorologist, AccuWeather.com; Dr. David Borenstein, Clinical Prof. of Medicine, George Washington Univ. School of Medicine and Health Sciences; Dr. Vincent Martin, Prof. of Medicine and Director, Headache and Facial Pain Program, Univ. of Cincinnati.
			Compliance issues covered: health care; public health; consumerism; environment and weather; prevention
			Links for more information: http://www.healthsciences.org/robert-jamison ; http://www.accuweather.com ;
			http://www.arapc.com/our-physicians/david-g-borenstein-md-macp-facr ;
			http://ntmed.uc.edu/contact/directory/profile.aspx?personID=martinvt
14:57	7:54		SEGMENT 2: TOXIC CHEMICALS IN PRODUCTS
			Synopsis: The average American is exposed to more than 100 potentially toxic synthetic chemicals every day, and there is little oversight of their safety. A noted expert discusses the vast amount that we don't know about these chemicals, how the US might regulate them better, and how tougher regulation in other countries could help keep Americans safer.
			Host: Nancy Benson, Guest: Ken Geiser, Emeritus Prof. of Work Environment, Univ. of Massachusetts, Lowell, and author, <i>Chemicals Without Harm: Policies for a Sustainable World</i> .
			Compliance issues covered: environment and pollution; consumerism; consumer safety
			Links for more information: https://mitpress.mit.edu/authors/ken-geiser

Program	16-02	Producers	Reed Pence & Polly Hansen
Air Week	01/10/16-01/16/16	Production Director	Sean Waldron

Time	2:03	Segment	SEGMENT 1: VIOLENCE AGAINST HEALTHCARE WORKERS
	12:23	Dur.	12:23
			Synopsis: Healthcare workers are about four times more likely than workers in any other field to be attacked on the job, usually by patients or family members, and most often in the emergency department. Experts discuss how and why attacks occur and how hospitals and health care workers can do a better job preventing them.
			Host: Reed Pence, Guests: Lisa Wolf, Director, Institute for Emergency Nursing Research, Emergency Nurses Assn.; Dr. Christopher Michos, Connecticut emergency medicine physician; Dr. Ronald Wyatt, Medical Director, Division of Healthcare Improvement, The Joint Commission
			Compliance issues covered: health care; workplace violence; employment and workplace safety; prevention; education
			Links for more information: https://www.ena.org/practice-research/research/Pages/Default.aspx ;
			http://www.jointcommission.org
15:28	7:54		SEGMENT 2: ANKLE REPLACEMENT
			Synopsis: Hip and knee replacements are common, and doctors now say ankle replacements have become technically good enough to make fusion obsolete for arthritis patients in pain. A doctor & patient discuss.
			Host: Nancy Benson, Guests: Dr. Simon Lee, foot & ankle surgery specialists, Rush Univ. Medical Center &

Program	16-04	Producer	Reed Pence
Air Week	01/24/16-01/30/16	Production Director	Sean Waldron
Time	2:03	Segment	SEGMENT 1: ICU PTSD
Dur.	12:47	<p>Host: Reed Pence, Guests: Dr. Joe Bliven, Assoc. Prof. of Psychiatry, Johns Hopkins Univ.; Dr. James Jackson, Asst. Prof. of Medicine, Vanderbilt Univ.</p> <p>Synopsis: A surprisingly high percentage of people who've been treated in intensive care units later suffer from post-traumatic stress disorder, often including hallucinations recalling horrible ICU incidents. This has led to coining a new syndrome—PTCS, or post-intensive care syndrome. Experts discuss why the syndrome appears to occur and what's being done to treat and prevent it.</p>	

Program	16-03	Producers	Polly Hansen & Reed Pence
Air Week	01/17/16-01/23/16	Production Director	Sean Waldron
Time	2:03	Segment	SEGMENT 1: GENE EDITING
Dur.	12:30	<p>Host: Reed Pence, Guests: Dr. Debra Mathews, Asst. Director for Science Programs, Johns Hopkins Berman Institute of Bioethics and Assoc. Prof. of Pediatrics, Johns Hopkins School of Medicine; Alta Charro, Warren P. Knowles Prof. of Law and Bioethics, Law and Medical Schools, Univ. of Wisconsin-Madison</p> <p>Synopsis: Scientists have developed the technology to edit single genes, which could eventually eliminate some inherited diseases. If the technology is used on embryos or egg and sperm cells, it could eliminate errors in execution of it would affect other genes for generations to come, calling the practice into question.</p>	
Time	14:33	Segment	SPOTBREAK 2: Lumber Liquidators "January Flooring Sale"
Dur.	:30	<p>OUTCUE: ...by Vanda Pharmaceuticals</p>	
Time	15:33	Segment	02 PAUSE FOR LOCAL AVAIL
Dur.	:02		
Time	15:35	Segment	SEGMENT 2: "LACTIVISM"
Dur.	7:54	<p>Host: Nancy Benson, Guest: Dr. Courtney Jung, Prof. of Political Science, Univ. of Toronto and author, <i>Lactivism: How Feminists and Fundamentalists, Hipsters and Yuppies, and Physicians and Politicians Made Breastfeeding Big Business and Bad Policy</i></p> <p>Synopsis: Many women who can't or don't want to breastfeed their newborns are pressured into trying anyway. An expert and author discusses the political forces creating unusual unanimity behind the issue, and the truth of health claims on breastfeeding's benefits.</p> <p>Compliance issues covered: women's issues; youth at risk; family issues; health care; politics; consumerism</p> <p>Links for more information: http://www.nytimes.com/2015/12/20/books/review/lactivism-by-courtney-jung.html?_r=0</p>	

Program	16-03	Producers	Polly Hansen & Reed Pence
Air Week	01/17/16-01/23/16	Production Director	Sean Waldron
Time	2:03	Segment	SEGMENT 1: GENE EDITING
Dur.	12:30	<p>Host: Reed Pence, Guests: Dr. Debra Mathews, Asst. Director for Science Programs, Johns Hopkins Berman Institute of Bioethics and Assoc. Prof. of Pediatrics, Johns Hopkins School of Medicine; Alta Charro, Warren P. Knowles Prof. of Law and Bioethics, Law and Medical Schools, Univ. of Wisconsin-Madison</p> <p>Synopsis: Scientists have developed the technology to edit single genes, which could eventually eliminate some inherited diseases. If the technology is used on embryos or egg and sperm cells, it could eliminate errors in execution of it would affect other genes for generations to come, calling the practice into question.</p>	
Time	14:33	Segment	SPOTBREAK 2: Lumber Liquidators "January Flooring Sale"
Dur.	:30	<p>OUTCUE: ...by Vanda Pharmaceuticals</p>	
Time	15:33	Segment	02 PAUSE FOR LOCAL AVAIL
Dur.	:02		
Time	15:35	Segment	SEGMENT 2: "LACTIVISM"
Dur.	7:54	<p>Host: Nancy Benson, Guest: Dr. Courtney Jung, Prof. of Political Science, Univ. of Toronto and author, <i>Lactivism: How Feminists and Fundamentalists, Hipsters and Yuppies, and Physicians and Politicians Made Breastfeeding Big Business and Bad Policy</i></p> <p>Synopsis: Many women who can't or don't want to breastfeed their newborns are pressured into trying anyway. An expert and author discusses the political forces creating unusual unanimity behind the issue, and the truth of health claims on breastfeeding's benefits.</p> <p>Compliance issues covered: women's issues; youth at risk; family issues; health care; politics; consumerism</p> <p>Links for more information: http://www.nytimes.com/2015/12/20/books/review/lactivism-by-courtney-jung.html?_r=0</p>	

Program	16-03	Producers	Polly Hansen & Reed Pence
Air Week	01/17/16-01/23/16	Production Director	Sean Waldron
Time	2:03	Segment	SEGMENT 1: GENE EDITING
Dur.	12:30	<p>Host: Reed Pence, Guests: Dr. Debra Mathews, Asst. Director for Science Programs, Johns Hopkins Berman Institute of Bioethics and Assoc. Prof. of Pediatrics, Johns Hopkins School of Medicine; Alta Charro, Warren P. Knowles Prof. of Law and Bioethics, Law and Medical Schools, Univ. of Wisconsin-Madison</p> <p>Synopsis: Scientists have developed the technology to edit single genes, which could eventually eliminate some inherited diseases. If the technology is used on embryos or egg and sperm cells, it could eliminate errors in execution of it would affect other genes for generations to come, calling the practice into question.</p>	
Time	14:33	Segment	SPOTBREAK 2: Lumber Liquidators "January Flooring Sale"
Dur.	:30	<p>OUTCUE: ...by Vanda Pharmaceuticals</p>	
Time	15:33	Segment	02 PAUSE FOR LOCAL AVAIL
Dur.	:02		
Time	15:35	Segment	SEGMENT 2: "LACTIVISM"
Dur.	7:54	<p>Host: Nancy Benson, Guest: Dr. Courtney Jung, Prof. of Political Science, Univ. of Toronto and author, <i>Lactivism: How Feminists and Fundamentalists, Hipsters and Yuppies, and Physicians and Politicians Made Breastfeeding Big Business and Bad Policy</i></p> <p>Synopsis: Many women who can't or don't want to breastfeed their newborns are pressured into trying anyway. An expert and author discusses the political forces creating unusual unanimity behind the issue, and the truth of health claims on breastfeeding's benefits.</p> <p>Compliance issues covered: women's issues; youth at risk; family issues; health care; politics; consumerism</p> <p>Links for more information: http://www.nytimes.com/2015/12/20/books/review/lactivism-by-courtney-jung.html?_r=0</p>	

	<p>Links for more information: http://www.dr.melina.com; http://cnpru.bsd.uchicago.edu/coccaro.html</p> <p>Compliance issues covered: health care; public safety; prevention</p> <p>Host: Nancy Benson. Guests: Dr. Melina Jampolis, nutrition specialist physician and author, <i>The Calendar Diet</i>; Dr. Emil Coccaro, Prof. and Chairman of Psychiatry and Behavioral Neuroscience, Univ. of Chicago.</p> <p>Synopsis: Low-level systemic inflammation is being tied to many disorders including heart disease, and now research has even tied inflammation to intermittent explosive disorder, a syndrome of repeated rage. Experts discuss these findings and how inflammation can be combated through diet and supplementation.</p>	15:43
7:12	<p>SEGMENT 2: HARMFUL INFLAMMATION</p> <p>Links for more information: https://www.cardiosmart.org; http://books.simonandschuster.com/The-Pitkin-Edge/Robert-A-Vogel/9781416580911</p> <p>Compliance issues covered: health care; consumerism; public health</p> <p>Host: Reed Pence. Guests: Dr. Martha Gulati, cardiologist, Univ. of Arizona and Editor-in-Chief, American College of Cardiology patient education initiative, Cardiosmart. org; Dr. Robert Vogel, Prof. of Medicine and Cardiology, Univ. of Colorado and co-author, <i>The Pitkin Edge</i>.</p> <p>Synopsis: Heart attacks that produce few if any symptoms may be mistaken for indigestion or simple malaise, but they can be more serious than heart attacks that bring crushing pain because they often don't bring a victim to the hospital for lifesaving help. Experts discuss.</p>	12:38
Dur.	Segment	2:03

Reed Pence	Producer	16-05
Sean Waldron	Production Director	01/31/16-02/06/16
Air Week	Program	16-05

7:12	<p>Links for more information: http://www.voiceinstituteofnewyork.com</p> <p>Compliance issues covered: health care; consumerism; federal government and food regulation</p> <p>Host: Nancy Benson. Guest: Dr. Jamie Koufman, Director, Voice Institute of New York, Prof. of Clinical Otolaryngology, New York Medical College and author, <i>The Chronic Cough Enigma</i>.</p> <p>Synopsis: Millions of people who think they have allergies, asthma, and sinus problems may actually have "silent reflux" which can travel up the esophagus all the way to the throat and head. An expert discusses talltale symptoms and the dietary triggers that can cause the disorder.</p>	15:52
	<p>Links for more information: http://icudelirium.org</p> <p>Compliance issues covered: health care; consumerism; mental illness</p>	

Time	Segment	Dur.
2:00	SEGMENT 1: INDUSTRY FUNDING OF CLINICAL TRIALS	13:30
16:32	SEGMENT 2: FIXING THE HEALTHCARE COST SPIRAL	7:32

Program	Air Week	Producer	Production Director
16-07	02/14/16-02/20/16	Reed Pence	Sean Waldron

Time	Segment	Dur.
2:00	SEGMENT 1: NEW FINDINGS ON STUTTERING	11:39
14:41	SEGMENT 2: DOUBLE DIPPING & THE FIVE-SECOND RULE	8:17

Program	Air Week	Producer	Production Director
16-06	02/07/16-02/13/16	Reed Pence	Sean Waldron

SEGMENT 1: INDUSTRY FUNDING OF CLINICAL TRIALS

Synopsis: Clinical trials are much of the basis for the practice of medicine. Funding of trials has dramatically shifted so that today, trials paid for by pharmaceutical and device makers outnumber publicly funded trials 6-to-1. Some studies indicate this makes bias in trials more likely, jeopardizing public health. Experts discuss.

Host: Reed Pence. Guests: Jocelyn Ullrich, Asst. Vice President of Science and Regulatory Advocacy, Pharmaceutical Research and Manufacturers of America (PhRMA); Dr. John Abramson, Lecturer in Healthcare Policy, Harvard Medical School; Dr. Joel Lexchin, emergency medicine physician and Prof. of Health Policy, York Univ.

Compliance issues covered: public health; consumerism and consumer safety; federal government; government regulation and oversight; economics; ethics

Links for more information: <http://health.info.yorku.ca/health-profiles/index.php?mid=9198>;
<http://www.overdosedamerica.com>; <http://www.phrma.org>

SEGMENT 2: FIXING THE HEALTHCARE COST SPIRAL

Synopsis: American healthcare is the most expensive in the world. An expert author details some of the causes and possible solutions now being established.

Host: Nancy Benson. Guest: Dr. John Patrick, author, *Health Attitude: Unraveling and Solving the*

SEGMENT 1: NEW FINDINGS ON STUTTERING

Synopsis: Stuttering has been blamed even fairly recently on parenting, but new research has several new findings: a structural deficiency in the brain's wiring in stutters; an inability to perceive rhythms; and a much more successful way to treat stuttering. Experts discuss the new advances.

Host: Reed Pence. Guests: Dr. Roger Ingham, Prof. of Speech and Hearing Sciences, Univ. of California, Santa Barbara; Dr. Scott Gratton, Prof. of Psychological and Brain Sciences, Univ. of California, Santa Barbara; Dr. Devin McAuley, Prof. of Psychology and Neuroscience, Michigan State Univ.

Compliance issues covered: youth at risk; developmental disorders; education

Links for more information: <http://www.speech.ucsb.edu/clinic/>;
<https://www.nri.ucsb.edu/people/researchers/gratton>; <http://taplab.psy.msu.edu>

SEGMENT 2: DOUBLE DIPPING & THE FIVE-SECOND RULE

Synopsis: Super Bowl party snacks are prime territory for contamination via cross contamination and being dropped on the floor. A scientist who has studied both phenomena discusses the truth (or lack of truth) in two old myths.

Host: Nancy Benson. Guest: Dr. Paul Dawson, Prof. of Food, Nutrition and Packaging Science, Clemson Univ.

Compliance issues covered: food safety; consumer safety; sports and recreation

Links for more information: <http://www.clemson.edu/academics/programs/creative-inquiry/projects/spotlight/food-myth.html>

	<p>Complexities of Healthcare</p> <p>Compliance issues covered: consumerism; economics; insurance; technology</p> <p>Links for more information: http://www.attitudelic.org</p>	
--	--	--

	<p>Producers Reed Pence & Polly Hansen</p> <p>Production Director Sean Waldron</p>	<p>Program 16-08</p> <p>Air Week 02/21/16-02/27/16</p>
--	--	--

<p>Time 2:00</p> <p>Segment</p> <p>Dur. 13:17</p>	<p>SEGMENT 1: ZIKA VIRUS</p> <p>Synopsis: Mosquito-transmitted Zika virus has arrived in Central and South America, and while most people are not affected by it, the virus has been linked to microcephaly, a severe birth defect. Experts discuss the virus, how it's transmitted, its spread to the US, and how to protect yourself from it.</p> <p>Host: Reed Pence, Guests: Dr. Uriel Kitron, Prof. and Chair of Environmental Sciences, Emory Univ.; Dr. William Schaffner, Prof. of Preventive Medicine and Infectious Diseases, Vanderbilt Univ. Medical Center; Dr. Anna Durbin, Assoc. Prof. of International Health, Johns Hopkins Bloomberg School of Public Health</p> <p>Compliance issues covered: public health; public safety; infectious disease; youth at risk; women's issues; abortion; travel and tourism; mosquito abatement</p> <p>Links for more information: http://hub.jhu.edu/2016/01/29/zika-virus-public-health-expert; http://www.livescience.com/53566-how-zika-spreads-chain-of-events.html; http://www.dailymail.co.uk/health/article-3428938/Game-changing-Zika-virus-scary-gets-warns-expert.html</p>	<p>16:19</p>
--	---	--------------

<p>6:15</p>	<p>SEGMENT 2: THYROID DISEASE</p> <p>Synopsis: Thyroid disease affects millions of Americans, many of whom have not been diagnosed. Experts discuss symptoms, causes, and treatments.</p> <p>Host: Nancy Benson, Guests: Dr. Jordan Geller, endocrinologist, Beverly Hills, CA; Shannon Rosen, thyroid disorder patient, Cincinnati, OH; Dr. Jeffrey Garber, Chief of Endocrinology, Harvard Vanguard Medical Assoc., Associate Prof. of Medicine, Harvard Medical School and lead author, <i>Clinical Practice Guidelines for Hypothyroidism in Adults</i>.</p> <p>Compliance issues covered: healthcare; food additives</p> <p>Links for more information: http://www.jordangeller.com/index.html; http://www.amazon.com/Harvard-Medical-Overcoming-Thyroid-Problems/dp/0071444718</p>	
-------------	--	--

	<p>Producer Reed Pence</p> <p>Production Director Sean Waldron</p>	<p>Program 16-09</p> <p>Air Week 02/28/16-03/05/16</p>
--	--	--

<p>Time 2:00</p> <p>Segment</p> <p>Dur. 11:55</p>	<p>SEGMENT 1: THE BYSTANDER EFFECT</p> <p>Synopsis: It's a psychological paradox that the greater the number of people present when a person needs help, the less likely help will be rendered. Experts discuss reasons why this effect occurs, how it can be broken by technology, and the background of intense research into the effect sparked by the first internationally famous "bystander effect" crime.</p> <p>Host: Reed Pence, Guests: Kevin Cook, author, <i>Kitty Genovese: the Murder, the Bystanders, the Crime That Changed America</i>; Dr. Jan-Williem van Prooijen, Assoc. Prof. of Social and Organizational Psychology, V-U Univ., Amsterdam, Netherlands and Senior Researcher, Netherlands Institute for Criminology; Dr. James Strickland, psychologist in private practice, Comack, NY.</p> <p>Compliance issues covered: psychology; crime; volunteerism; technology and society; public safety</p> <p>Links for more information: http://books.wwnorton.com/books/Kitty-Genovese/</p>	
--	---	--

14:52	<p>SEGMENT 2: KEEPING SECRETS FROM YOUR DOCTOR</p> <p>Links for more information: http://udayanimd.com; http://glenvillemedicalconclergercare.com</p> <p>Compliance issues covered: health care; emergency response; public safety</p> <p>Host: Reed Pence. Guests: Kevin Hazzard, author, <i>A Thousand Naked Strangers: A Paramedic's Wild Ride to the Edge and Back</i></p> <p>Synopsis: Paramedics and EMTs are the first responders of the health system and often find violent, confusing situations on their arrival. A former paramedic describes the "inside story" of the job, its dangers and rewards.</p>	7:32
2:04	<p>SEGMENT 1: ADVENTURES OF A PARAMEDIC</p>	11:46
Time	Segment	Dur.

Program	16-11	Producers	Pat Reuter, Tori Bokios, Reed Pence
Air Week	03/13/16-03/19/16	Production Director	Sean Waldron

15:23	<p>SEGMENT 2: RESTLESS LEGS SYNDROME</p> <p>Links for more information: http://www.rls.org</p> <p>Compliance issues covered: healthcare; family issues; technology</p> <p>Host: Lynn Holley. Guests: Karla Dzienkowski, Executive Director, Restless Legs Syndrome Foundation and parent of daughter with restless legs syndrome; Dr. William Ondo, Prof. of Neurology, Univ. of Texas Health Science Center, Houston and advisory board member, Restless Legs Syndrome Foundation</p> <p>Synopsis: Restless legs syndrome, a neurological condition, strikes people at night, creating some of the worst sleep conditions known by any patients. Experts discuss identifying and treating the syndrome.</p>	8:08
2:01	<p>SEGMENT 1: CONCIERGE MEDICINE IN PRIMARY CARE</p> <p>Links for more information: http://udayanimd.com; http://glenvillemedicalconclergercare.com</p> <p>Compliance issues covered: health care; economics</p> <p>Host: Reed Pence. Guests: Dr. Uday Jani, internist, Lewis, DE; Dr. Jeffrey Puglisi, Glenville Medical Conclerge Care, Greenwich, CT; "Suzy," concierge patient</p> <p>Synopsis: Many primary care doctors are unhappy with the "factory medicine" they have to practice. Some are creating "concierge medicine" practices in response, cutting patient roles and asking for retainer fees from those that remain. Patients receive much longer appointments, greater access, and more personal care for these higher fees. Two concierge doctors and a patient discuss.</p>	12:20
Time	Segment	Dur.

Program	16-10	Producer	Reed Pence
Air Week	03/06/16-03/12/16	Production Director	Sean Waldron

14:57	<p>SEGMENT 2: THE PSYCHOLOGY OF EGG DONATION</p> <p>Links for more information: http://www.twoeggstwokids.com</p> <p>Compliance issues covered: healthcare; family issues; technology</p> <p>Host: Lynn Holley. Guest: Alicia Young, author, <i>Two Eggs, Two Kids: An Egg Donor's Account of Friendship, Infertility and Secrets</i></p> <p>Synopsis: Egg donation can solve infertility, but it can be a minefield of emotional risks, especially if the donor and recipient are family or friends. An author/journalist who has donated twice with vastly different results discusses the technology and what to look out for when approaching egg donation.</p>	8:08
Time	Segment	Dur.

<p>Synopsis: Patients often keep lifestyle secrets from their physicians even though it may be harmful to their health. Experts discuss the most common reasons for secret-keeping and the consequences that may result.</p> <p>Host: Nancy Benson. Guests: Dr. Daphne Miller, family physician, San Francisco; Karen Giblin, President, Red Hot Mamas menopause management program</p> <p>Compliance issues covered: health care; public health; consumerism; youth at risk</p> <p>Links for more information: http://drdaphne.com; http://redhotmamas.org</p>	
--	--

<p>Program</p> <p>16-12</p> <p>Reed Pence</p>	<p>Producer</p> <p>Reed Pence</p>	<p>Air Week</p> <p>03/20/16-03/26/16</p>	<p>Production Director</p> <p>Sean Waldron</p>
---	-----------------------------------	--	--

<p>Time</p> <p>2:00</p>	<p>Segment</p> <p>SEGMENT 1: INCIDENTAL GENETIC FINDINGS</p>
-------------------------	--

<p>11:24</p> <p>Dur.</p>	<p>Synopsis: Genetic testing has become a widespread reality in the past five years, but doctors are struggling with what many genetic findings really mean. Should patients be told about the presence of genes that might be either dangerous... or perfectly harmless? Experts discuss.</p> <p>Host: Reed Pence. Guests: Dr. Dan Roden, Prof. of Medicine, Pharmacology and Biomedical Informatics and Asst. Vice Chancellor, Personalized Medicine, Vanderbilt Univ. Medical Center; Dr. Gerald Feldman, Prof. of Molecular Genetics in Medicine, Pediatrics and Pathology, Wayne State Univ. and President, American College of Medical Genetics and Genomics; Dr. Ellen Wright Clayton, member, Center for Biomedical Ethics and Society and Prof. of Pediatrics and Law, Vanderbilt Univ.</p> <p>Compliance issues covered: health care; ethics; technology and society; public health; economics</p> <p>Links for more information: http://oates.mc.vanderbilt.edu/rodenlab/; https://www.acmg.net; http://law.vanderbilt.edu/bio/ellen-clayton</p>
--------------------------	---

<p>14:26</p>	<p>SEGMENT 2: THE HIGH HEALTH COST OF SUGAR</p>
--------------	---

<p>7:24</p>	<p>Synopsis: Many experts disagree over the roots of the obesity crisis some 40 years ago. One well-known expert describes why he believes sugar is to blame, and the changes in the market and government advisories that made sugar a much heavier part of our diets.</p> <p>Host: Nancy Benson. Guest: Dr. Robert Lustig, pediatric endocrinologist, Univ. of California, San Francisco, President, Institute for Responsible Nutrition and author, <i>Fat Chance: Beating the Odds Against Sugar, Processed Food, Obesity and Disease</i></p> <p>Compliance issues covered: health care; public health; consumerism; economics; federal government</p> <p>Links for more information: http://www.responsiblefoods.org</p>
-------------	---

<p>Program</p> <p>16-13</p> <p>Reed Pence and Polly Hansen</p>	<p>Producers</p> <p>Reed Pence and Polly Hansen</p>	<p>Air Week</p> <p>03/27/16-04/02/16</p>	<p>Production Director</p> <p>Sean Waldron</p>
--	---	--	--

<p>Time</p> <p>2:00</p>	<p>Segment</p> <p>SEGMENT 1: BIOFILM</p>
-------------------------	--

<p>11:51</p> <p>Dur.</p>	<p>Synopsis: Doctors often deal with bacterial infections, but they are less familiar with infections involving several different kinds of bacteria in a matrix. This form, known as biofilm, is surprisingly common, resistant to many antibiotics, and gaining new attention as a source of hard to eradicate infections. Experts discuss.</p> <p>Host: Reed Pence. Guests: Dr. Phil Stewart, Prof. of Chemical and Biological Engineering, Montana State Univ.; Dr. Randall Wolcott, Medical Director, Southwest Regional Wound Care Center, Lubbock, TX; Bill Soukup, President, Scientific Biofilm Solutions and Healthy Household Cleaners</p> <p>Compliance issues covered: health care; public health; consumerism</p>
--------------------------	--

14:53	SEGMENT 2: OTC DRUGS AND 'TWEENS	7:24
14:57	02 PAUSE FOR LOCAL AVAIL	8:00
14:59	SEGMENT 2: CONTEXTUAL CARE	8:00
13:57	SPOTBREAK 2: Nasacort "Allergy Days" Geigo "Engaged" OUTCUE:on car insurance	3:30
2:02	SEGMENT 1: SHOULD WE SHORTEN MEDICAL TRAINING?	11:55
Time	Segment	Dur.

Program	16-14	Producers	Reed Pence and Polly Hansen
Air Week	04/03/16-04/09/16	Production Director	Sean Waldron

14:53	SEGMENT 2: OTC DRUGS AND 'TWEENS	7:24
14:57	02 PAUSE FOR LOCAL AVAIL	8:00
14:59	SEGMENT 2: CONTEXTUAL CARE	8:00
13:57	SPOTBREAK 2: Nasacort "Allergy Days" Geigo "Engaged" OUTCUE:on car insurance	3:30
2:02	SEGMENT 1: SHOULD WE SHORTEN MEDICAL TRAINING?	11:55
Time	Segment	Dur.

Program	16-14	Producers	Reed Pence and Polly Hansen
Air Week	04/03/16-04/09/16	Production Director	Sean Waldron

Program	16-14	Producers	Pat Reuter
Air Week	4/3/16	Production Directors	Sean Waldron, Reed Pence

Time	Segment	Dur.
1:47	SEGMENT 1: Astronomical Wonders: What's coming up this year?	10:50
14:36	<p>Synopsis: There's a lot going on in the sky for the remainder of this year and our guests discuss the upcoming astronomical events and how you can watch them with the naked eye or with inexpensive binoculars and telescopes. We also discuss the importance and the fun of stargazing, where the best places are to watch the skies and how urban areas can change their lighting to make more heavenly bodies visible to their residents.</p> <p>Host: Gary Price. Guests: Mario De Leo-Winkler, post-doctoral researcher for NASA-JPL and the University of California-Riverside; Alan MacRobert, Senior Editor, <i>Sky & Telescope</i> magazine.</p> <p>Links for more info: www.nasa.gov www.physics.ucr.edu www.skyandtelescope.com</p> <p>Compliance Issues Covered: science & technology, recreation, education, urban infrastructure</p>	10:49
14:36	SEGMENT 2: The Whole Truth: How do you know if someone is lying?	10:49
	<p>Synopsis: How do professionals question people to get the information they want? We talk to a specialist on interrogation and lying about this topic, and how law enforcement and job interviewers use the same tactics to get to the truth and find out if someone might be lying to them.</p> <p>Host: Marty Peterson. Guests: Maryann Karinch, a human behavior expert and author of the book, <i>Nothing But the Truth: Secrets from top intelligence experts to control the conversation and get the information you need.</i></p> <p>Links for more info: http://karinch.com</p> <p>Compliance Issues Covered: employment, crime, psychology & mental health</p>	

OCTOBER 2015 PUBLIC FILE

KOMA-FM	FOCUS ON OKLAHOMA	PUBLIC AFFAIRS SHOW
10/04-10/10 5:00 A.M. 30 MINUTES DURATION	BOBBY NEWMAN JOHNATHAN BUCKSON	SENIOR DIRECTOR OF NARCANON DISCUSSING ADDICTION ISSUES IN THE STATE VP OKLAHOMA CHAMBER OF COMERCE DISCUSSING NEW WORKMANS COMPENSATION LAW
10/11 - 10/17 5:00 A.M. 30 MINUTES DURATION	DR. MARY ANN BOWMAN EMMA KRATCHWILL	DISCUSSING THE INEGRIS WOMEN'S HEALTH FORUM IN OKLAGHOMA CITY DIRECTOR OF OPEN STREETS OKC - AN EVENT PROMOTING COMMUNITY AWARENESS AND PHYSICAL FITNESS
10/18-10/24 5:00 A.M. 30 MINUTES DURATION	BRETT DICK	PRESIDENT OF OPERATIONS AND CO-FOUNDER OF WARRIORS FOR FREEDOM. DISCUSSING THE REMEMBERING THE 22 CAMPAIGN AND RETURNING VETERANS AND THE ISSUES THEY HAVE COMING HOME TO CIVILIAN LIFE
10/25-10/31 5:00 A.M. 30 MINUTES DURATION	JANE SUTTER JOY HOFFMEISTER	BOYS AND GIRLS CLUB OF OKLAHOMA CITY - EVENTS AND SERVICES OFFERED TO CHILDREN IN THE COMMUNITY STATE SUPERINTENDANT DISCUSSING EDUCATION THE STATE BUDGET FOR EDUCATION
10/18-10/19 5:00 A.M. 30 MINUTES DURATION	DR. JOHN COX - SUPERINTENDANT EDUCATOR, VICE CHAIR OKLAHOMA SCHOOLS ASSURANCE GROUP	WITH EDUCATION BECOMING MORE OF A PUBLIC INTEREST THAN IN YEARS AND WITH BUDGET CUTS FOR EDUCATION IN OKLAHOMA, WHAT IS NEEDED TO BRING OKLAHOMA STUDENTS THE BEST PUBLIC EDUCATION

NOVEMBER 2015 PUBLIC FILE

KOMA-FM	FOCUS ON OKLAHOMA	PUBLIC AFFAIRS SHOW
11/01-11/07 5:00 A.M. 30 MINUTES DURATION	LIZ BARFIELD DAVID SLAIN/ SCOTT MITCHELL	MARKETING SPECIALIST AND COMMUNITY LEAZON FOR CLEVELAND COUNTY HABITAT FOR HUMANIT DISCUSSING CASES VIEWED IN THE PUBIC AND THE LAW REGARDING PUBLIC CASES
11/08-11/14 5:00 A.M. 30 MINUTES DURATION	RASHAR TORTORELLO AND GALE WILCOX GREG GASTON AND ANDY WILLIAMS	PUBLIC RELATIONS AND EXECUTIVE DIRECTOR OF ENVISION SUCCESS - FOCUSING ON VETERANS AND EMPLOYMENT HELP J.D. MCCARTY CENTER AND SIDS - SPECIAL NEEDS CHILDREN AND THE EFFORTS TO HELP THEM OUT
11/15-11/22 5:00 A.M. 30 MINUTES DURATION	LATOYA JOHNSON	MOTIVATIONAL SPEAKER - INVOLVED INVOLVED IN HELPING ADOPTED AND ORPHANED CHILDREN WHO HAVE BEEN ABUSED AND NEGLECTED,
11/22-11/28 5:00 A.M. 30 MINUTES DURATION	MATT BROSH TERRY WHITE	OKLAHOMA CITY COUNTY HEALTH DEPARTMENT KITCHEN INSPECTOR DISCUSSING PROPPER FOOD SAFETY COUNTY COMMISSIONER DISCUSSING THE IMPAC OF DRUG ADDICTION IN OKLAHOMA
11/29-12/05 5:00 A.M. 30 MINUTES DURATION	BRENDA BENNET AND ALEXIS LUX CHAD ALEXANDER	V.P. OF COMMUNICATION AND V.P. OF FINANCIAL DEVELOPMENT OF THE YMCA OF GREATER OKC YOUTH OVERDOSE EPIDEMIC IN THE STATE AND THE POOR HEALTH OF PEOPLE IN THE STATE. IDENTIFYING AND TREATING THESE PROBLEMS

DECEMBER 2015 PUBLIC FILE

KOMA-FM	FOCUS ON OKLAHOMA	PUBLIC AFFAIRS SHOW
12/06-12/12 5:00 A.M. 30 MINUTES DURATION	MEGAN DUNN SCOTT INMAN AMBER MOULDER DAVID SLAIN	MARKETING MANAGER FOR SALVATION ARMY - THE ANGEL TREE CAMPAIGN TO HELP FAMILIES IN NEED MINORITY LEADER DISCUSSING THE PENNY SALES TAX TO PAY FOR EDUCATION IN OKLAHOMA WARRIORS FOR FREEDOM - THE REMEMBER THE 22 FUNDRAISING, SPECIAL EVENTS FOR VETERANS HEALTH DISCUSSING THE TRIAL AND VERDICT AGAINST FORMER OKC POLICEMAN DANIEL HOLTZCLAW AND THE DISCONNECTION OF POLICE AND MINORITY GROUPS
12/20-12/26 5:00 A.M. 30 MINUTES DURATION	ALISON DRAIN REP. MARKWAYNE MULLIN	REGISTERED DIETITIAN WITH THE OKLAHOMA CITY COUNTY HEALTH DEPARTMENT DISCUSSING THE TOTAL WELLNESS PROGRAM CONGRESSMAN DISCUSSING ABOUT THE STATE BUDGE AND THE ISSUES FACING A BUDGET SHORTFALL
12/27-01/02 5:00 A.M. 30 MINUTES DURATION	DAVID SLAIN AND JASON DOYLE ARNELLA CARCASS BOBBY STEM	ENERGY INDUSTRY TROUBLES WITH INJECTION WELLS, LAWSUITS AGAINST ENERGY COMPANIES REGARDING EARTHQUAKES ASSOCIATION OF GENERAL CONTRACTORS - A LOOK AT THE STATE'S INFRASTRUCTURE

Radio Health Journal®

**Quarterly Issues Report – Q4 2015 through
Radio Health Journal Programs 15-40 through 15-52**

During the first quarter of 2015 the following compliance issues were covered:

Accident and Injury
Alcohol and Substance Abuse
Auto and Traffic Safety
Business and Industry
Charity and Philanthropy
Consumerism
Courts and Criminal Justice System
Crime and Justice System
Disabilities
Drug Safety
Drunk Driving
Economics
Education
Elderly and Senior Citizens
Ethics
Family and Parenting Issues
Federal Government and Regulation
Food Pantries
Gender Issues
Health & Medicine
Health Care
Health System
Hunger
Immigration
Labor and Employment Issues
Law
Legal Marijuana
Mental Illness
Military
Parenting
Patient Safety
Police and Enforcement
Pop Culture
Poverty
Public Health
Public Policy
Public Safety

Science & Technology
Senior Citizen and Aging Issues
Sports and Recreation
Substance Abuse and Treatment
Technology
Welfare and Food Stamps
Women's Issues
Youth At Risk

Description of Issue	Program/Segment	Date	Duration	Description of Segment
youth at risk; disabilities; education; pop culture	Program # 15-40 Segment 1	10/4/15	12:40	<p>MISUNDERSTANDING AUTISM</p> <p>Synopsis: Autism has been misunderstood ever since its first description in the 1940's. Experts describe how this misunderstanding has drastically affected treatment of people with autism, and how schools and other institutions might change their approach and understanding to improve treatment.</p> <p>Host: Reed Pence. Guests: Steve Silberman, author, <i>Neurotribes: The Legacy of Autism and the Future of Neurodiversity</i>; Dr. Barry Prizant, Prof., Artists & Scientists As Partners group, Brown Univ. and author, <i>Uniquely Human: A Different Way of Seeing Autism</i></p>
youth at risk; health care	Program # 15-40 Segment 2	10/4/15	7:19	<p>CYCLIC VOMITING SYNDROME</p> <p>Synopsis: Children suffering from a rare disorder called cyclic vomiting may vomit for days on end once or twice a month. Experts describe how the disorder is often misdiagnosed and remains difficult to treat. However, children often eventually outgrow the disorder as it transitions into migraine headaches.</p> <p>Host: Nancy Benson. Guests: Kathleen Adams, mother of cyclic vomiting sufferer and founder, President and Research Liason, Cyclic Vomiting Syndrome Association; Dr. B Li, Prof. of Pediatrics and Director, Cyclic Vomiting Program, Medical College of Wisconsin; Dr. Katja Kovacic, pediatric gastroenterologist, Children's Hospital of Wisconsin.</p>

Description of Issue	Program/Segment	Date	Duration	Description of Segment
health & medicine; women's issues; gender issues; federal govt; economics;	Program 15-41 Segment 1	10/11/15	11:59	<p>GENDER DIVERSITY IN BASIC RESEARCH</p> <p>Synopsis: Only about a third of research subjects in clinical studies are women. In basic research on animals and cells, female models are even more poorly represented. This results in poor understanding of how new drugs work on women and occasional drug recalls when major side effects are discovered after the fact. Experts discuss why such an imbalance occurs, its results, and how the problem is being addressed.</p> <p>Host: Reed Pence. Guests: Dr. Teresa Woodruff, Director, Women's Health Research Institute, Northwestern Univ.; Dr. Melina Kibbe, Prof. of Surgery, Northwestern Univ.; Dr. Kathryn Sandberg, Director, Center for the Study of Sex Differences in Health, Aging & Disease, Georgetown Univ.</p>
youth at risk; health care	Program #15-41 Segment 2	10/11/15	8:06	<p>WHAT YOUR THERAPIST IS THINKING</p> <p>Synopsis: Many people have no idea how or why psychotherapy works. A well-known psychotherapist describes what therapists are thinking while the patient is talking and how these thoughts guide treatment.</p> <p>Host: Nancy Benson. Guest: Dr. Drew Parnut, Clinical Professor of Psychology, George Washington Univ. and author, <i>Inside Your Therapist's Mind: How a Psychotherapist Thinks and Why It Works</i></p>

Description of Issue	Program/Segment	Date	Duration	Description of Segment
<p>health & medicine; elderly and senior citizens; disabilities</p>	<p>Program 15-42 Segment 1</p>	<p>10/18/15</p>	<p>11:46</p>	<p>NORMAL PRESSURE HYDROCEPHALUS</p> <p>Synopsis: As many as five percent of people diagnosed with Parkinson's or Alzheimer's diseases may in reality have a treatable disorder caused by "water on the brain." An expert and patient discuss.</p> <p>Host: Reed Pence. Guests: J.D. and Donna Cain, normal pressure hydrocephalus patient and his wife/caregiver; Dr. Marvin Bergsneider, Prof. of Neurosurgery and chief, Adult Hydrocephalus and ICP Disorders Program, UCLA</p>
<p>youth at risk; health and medicine</p>	<p>Program 15-42 Segment 2</p>	<p>10/18/15</p>	<p>8:06</p>	<p>LATER EFFECTS OF CHILDHOOD EMOTIONAL TRAUMA</p> <p>Synopsis: Scientists have learned that emotional trauma suffered as a child or adolescent has profound effects on a person's physical health years later. Children who suffer multiple traumas such as loss of a parent and physical abuse are much more likely to experience cancer, heart disease and autoimmune diseases as adults. A noted science writer explains.</p> <p>Host: Nancy Benson. Guest: Donna Jackson Nakazawa, author, <i>Childhood Disrupted: How Your Biography Becomes Your Biology, and How You Can Heal</i></p>

Description of Issue	Program/Segment	Date	Duration	Description of Segment
<p>auto and traffic safety; police and enforcement; drunk driving; alcohol and substance abuse; federal government and regulation; business and industry</p>	<p>Program #15-43 Segment 1</p>	<p>10-25/15</p>	<p>11:49</p>	<p>ANTI-DRUNK DRIVING TECHNOLOGY</p> <p>Synopsis: Government researchers and auto companies are developing a device called DADSS (Driver Alcohol Detection System for Safety) that can unobtrusively test whether a person is drunk as he attempts to start his car. If so, DADSS makes the car inoperable. Experts explain how it will work and debate some of the issues surrounding its possible rollout.</p> <p>Host: Reed Pence. Guests: J. T. Griffin, Chief Government Affairs Officer, Mothers Against Drunk Driving; Sarah Longwell, Managing Director, American Beverage Institute; Dr. Bud Zaouk, Program and Technical Manager, DADSS development program</p>
<p>health and medicine; consumerism</p>	<p>Program #15-43 Segment 2</p>	<p>10-25/15</p>	<p>7:25</p>	<p>CONTACT LENSES: THEY'RE DIFFERENT TODAY</p> <p>Synopsis: Thirty million Americans wear contact lenses, but today's high tech lenses are vastly superior to those of a few decades ago. Even so, most contact wearers don't maintain their lenses correctly. An expert explains.</p> <p>Host: Nancy Benson. Guest: Dr. April Jasper, Optometrist, West Palm Beach, FL</p>

Description of Issue	Program/Segment	Date	Duration	Description of Segment
health care; health system; consumerism; patient safety	Program #15-44 Segment 1	11/1/15	11:59	<p>Synopsis: Studies estimate that about five percent of diagnoses are wrong, leading treatment down the wrong road. Experts discuss why misdiagnoses occur, and a new Institute of Medicine report on how they might be prevented.</p> <p>Host: Reed Pence. Guests: Dr. Mark L. Gaber, President, Society to Improve Diagnosis in Medicine and Senior Fellow, RTI International; Dr. Lewis Levy, Senior Vice President of Medical Affairs and Chief Quality Officer, Best Doctors; Helen Haskell, President, Mothers Against Medical Error</p>
family and parenting issues; substance abuse and treatment; mental illness; public health; legal marijuana	Program #15-44 Segment 2	11/1/15	8:11	<p>ALMOST ADDICTED: THE ROLE OF THE FAMILY</p> <p>Synopsis: People who use drugs, even those who are not addicted, are often destructively enabled by families. An expert explains why this occurs and what families have to do to break through their own denial as well as that of the user.</p> <p>Host: Nancy Benson. Guest: Dr. Wesley Boyd, Asst. Clinical Prof. of Psychiatry, Harvard Medical School, and author, <i>Almost Addicted</i>.</p>

Description of Issue	Description of Segment	Duration	Date	Program/Segment	Description of Issue
<p>health care; science & technology; public health</p>	<p>THERMOGENESIS & WEIGHT LOSS</p> <p>Synopsis: The body uses extra calories to stay warm in cold conditions, creating health through thermogenesis. However, it's only recently that scientists have discovered one of the mechanisms the body uses for this--brown fat. Now they're learning how to harness brown fat for weight loss. Experts discuss.</p> <p>Host: Reed Pence. Guests: Dr. Aaron Cypess, Acting Chief, Translational Physiology Section, National Institute of Diabetes and Digestive and Kidney Diseases; Dr. Francesco Celli, Prof. of Medicine and Chair, Endocrinology and Metabolism, Virginia Commonwealth Univ.; Dr. Wayne Hayes, Assoc. Prof. of Computer Science, Univ. of California, Irvine, visiting scientist, NASA Jet Propulsion Laboratory, and CEO, The Cold Shoulder; Adam Paulin, founder & Managing Director, Thin Ice.</p>	12:38	11/8/15	Program #15-45 Segment 1	<p>health care; public health; consumerism; family issues; elderly and senior citizens; disabilities</p>
<p>health care; public health; consumerism; family issues; elderly and senior citizens; disabilities</p>	<p>ONE MORE YEAR INSIDE ALZHEIMER'S</p> <p>Synopsis: One year ago, we visited Greg O'Brien, a journalist attempting to document his own decline into early onset Alzheimer's disease. Now he discusses the past year and the difficulties he's meeting as his disease progresses.</p> <p>Host: Lynn Holley. Guest: Greg O'Brien, author, <i>On Pluto: Inside the Mind of Alzheimer's</i></p>	7:09	11/8/15	Program #15-45 Segment 2	

Description of Issue	Program/Segment	Date	Duration	Description of Segment
crime; police; courts and criminal justice system; public policy; law	Program #15-46 Segment 1	11/15/15	12:19	<p>INTERROGATION TACTICS & FALSE CONFESSIONS</p> <p>Synopsis: Confessing to a crime that a person did not commit is a major reason for wrongful convictions. Scientists have found that the psychology of innocent people is a major reason for false confessions. Experts discuss the chain of events and psychology that allow them to occur, and public policy changes that could make them much more rare.</p> <p>Host: Reed Pence. Guests: Dr. Max Guyll, Asst. Prof. of Psychology, Iowa State Univ.; Rob Warden, Executive Director, Center on Wrongful Convictions, Northwestern Univ. School of Law</p>
youth at risk; drug safety	Program #15-46 Segment 2	11/15/15	7:49	<p>YOUR MEDICINE CABINET: A USER'S GUIDE</p> <p>Synopsis: Most people's medicine cabinet is a disorganized mess with problems that could prevent healing and even threaten health. A pharmacist advised what should be in your medicine cabinet and how to keep those medicines safe and effective.</p> <p>Host: Lynn Holley. Guest: Sherry Torkos, pharmacist and author, <i>The Canadian Encyclopedia of Natural Medicine and Saving Women's Hearts</i></p>

Description of Issue	Program/Segment	Date	Duration	Description of Segment
<p>poverty; hunger; youth at risk; federal government; welfare and food stamps; food pantries; charity and philanthropy</p>	<p>Program #15-47 Segment 1</p>	<p>11/22/15</p>	<p>12:01</p>	<p>FOOD INSECURITY</p> <p>Synopsis: Forty-nine million people in the US are food insecure -- often unsure they'll have three decent meals per day. The poor are also often forced to purchase foods that are poor in nutrition, which leads to high rates of obesity. Experts discuss reasons for food insecurity, outcomes, and a variety of inventive solutions.</p> <p>Host: Reed Pence. Guests: Ross Fraser, Director of Media Relations, Feeding America; Leanne Brown, author, <i>Good and Cheap: How to Eat Well on \$4 a Day</i>; Susan Topping, Senior Director of Partners and Programs, Capital Area Food Bank, Washington, DC</p>
<p>consumerism; public safety; health care</p>	<p>Program #15-47 Segment 2</p>	<p>11/22/15</p>	<p>7:47</p>	<p>DOCTORS' CLOTHES: REASON TO CHANGE?</p> <p>Synopsis: Controversy has broken out over the doctor's traditional white lab coat and necktie. Some doctors say physicians should wear short sleeves instead because coats carry germs. Others maintain the white coat isn't a germ colony, but rather is a source of comfort for patients. Experts discuss.</p> <p>Host: Nancy Benson. Guest: Dr. Gonzalo Bearman, Prof. of Medicine and hospital epidemiologist, Virginia Commonwealth Univ. Health System; Dr. Christopher Petrilli, Chief Medical Resident, Univ. of Michigan Health System; Peter Seelf, Team Leader, Member Experience, Boy Scouts of America</p>

Description of Issue	Program/Segment	Date	Duration	Description of Segment
<p>health care; technology; ethics; federal government and regulation</p>	<p>Program 15-48 Segment 1</p>	<p>11/29/15</p>	<p>12:19</p>	<p>RECHARGING OLD EGGS</p> <p>Synopsis: Infertility is often due to poor egg quality, or chromosomal damage. Some of this damage may occur in the egg's mitochondria, the cell's powerhouse. A new procedure seeks to replace mitochondria in old eggs with fresher mitochondria to improve egg quality. However, some doctors say there haven't been enough studies to know if the procedure is either safe or effective. Experts discuss.</p> <p>Host: Reed Pence. Guests: Dr. Owen Davis, Prof. of Reproductive Medicine, Weill Cornell Medical College and President, American Society for Reproductive Medicine; Dr. Michelle Dipp, CEO and co-founder, Ovascience; Dr. Neal Mahutte, Medical Director, Montreal Fertility Center and President, Canadian Fertility and andrology Society</p>
<p>consumerism; health care; economics</p>	<p>Program 15-48 Segment 2</p>	<p>11/29/15</p>	<p>7:34</p>	<p>CANCER REHABILITATION</p> <p>Rehabilitation has been a staple of recovery for many illnesses, but often not after cancer treatment. Similarly, sometimes people about to undergo orthopedic surgery may be given exercises, or prehabilitation, to prepare them. A nationally known rehab specialist discusses using prehabilitation techniques for newly diagnosed cancer patients.</p> <p>Host: Nancy Benson. Guest: Dr. Julie Silver, Assoc. Prof. of Physical Medicine and Rehabilitation, Harvard Medical School</p>

Description of Issue	Description of Program/Segment	Date	Duration	Description of Segment
<p>health care; youth at risk; mental illness; education; consumerism</p>	<p>Program 15-49 Segment 1</p> <p>Synopsis: A recent study finds that about 35 percent of children receiving treatment for mental health issues are being treated only by a primary care physician. This is due in part to a shortage in pediatric mental health care providers as well as a stigma in consulting them. Experts discuss readiness of pediatricians to treat mental illness in children and adolescents and efforts to be sure they're prepared.</p> <p>Host: Reed Pence. Guests: Dr. Jeanne Van Cleve, Asst. Prof. of Pediatrics, Harvard Medical School and Mass. General Hospital for Children; Dr. Douglas Tynan, clinical psychologist, American Psychological Assn.; Dr. Scott Benson, child & adolescent psychiatrist, Pensacola, FL</p>	12/06/15	12:45	<p>CHILDREN'S MENTAL HEALTH TREATMENT</p>
<p>Compliance issues covered: consumerism; health care; mental illness</p>	<p>Program 15-49 Segment 2</p> <p>Synopsis: Some people, especially those in northern latitudes, may get the blues or worse as fall sets in and days get shorter. They suffer from seasonal affective disorder, a chemical change in the brain caused by decreased exposure to sunlight. Experts discuss causes and remedies.</p> <p>Host: Nancy Benson. Guests: Dr. Nicholas Forand, clinical psychologist, The Ohio State Univ. Wexner Medical Center; Jim LaValle, clinical pharmacist and nutritionist and author, <i>Your Blood Never Lies</i> and <i>Cracking the Metabolic Code</i></p>	12/06/15	7:25	<p>SEASONAL AFFECTIVE DISORDER & THE HOLIDAYS</p>

Description of Issue	Program/Segment	Date	Duration	Description of Segment
youth at risk; labor and employment issues; police, crime and justice system; immigration; economics	Program 15-50 Segment 1	12/13/15	12:11	<p>HUMAN TRAFFICKING: MODERN DAY SLAVERY</p> <p>Synopsis: Slavery was officially outlawed 150 years ago in the US, but millions of vulnerable low-wage workers are still exploited and trapped in the US and around the world. Experts discuss why foreigners are especially at risk of being intimidated into forced labor in the US and how they might be rescued.</p> <p>Host: Reed Pence. Guests: Melysa Sperber, Director, Alliance to End Slavery and Trafficking; Catherine Longkumner, Project Manager, Human Trafficking Initiative, Legal Aid Society of Metropolitan Family Services of Chicago.</p>
consumerism; family issues; mental illness	Program 15-50 Segment 2	12/13/15	7:32	<p>MAKING JOY IN A COMPLICATED WORLD</p> <p>Synopsis: Surveys show that most Americans are less than happy, and seldom experience joy. Two experts discuss how even naturally glum people can manufacture joy.</p> <p>Host: Nancy Benson. Guests: Dr. Sonja Lyubomirsky, Prof. of Psychology, Univ. of California Riverside and author, <i>The How of Happiness and Myths of Happiness: What Shouldn't Make You Happy But Doesn't, What Shouldn't Make You Happy, But Does</i>; Dr. Alex Korb, postdoctoral researcher, UCLA and author, <i>The Upward Spiral: Using Neuroscience to Reverse the Course of Depression One Small Change at a Time</i></p>

Description of Issue	Program/Segment	Date	Duration	Description of Segment
<p>health care: consumerism; accident and injury; sports and recreation</p>	<p>Program 15-51 Segment 1</p>	<p>12/20/15</p>	<p>12:17</p>	<p>IT'S NO HOLIDAY IN THE EMERGENCY ROOM</p> <p>Synopsis: The holidays are like no other time in your local hospital's emergency department. Having family in from out of town results in pickup football injuries, carving knife gashes, and maladies that should have been addressed long ago. Heart attacks additionally create a spike in dead-on-arrival cases greater than any other days of the year. Experts discuss why these occur and how to prevent them.</p> <p>Host: Reed Pence. Guests: Dr. Christopher Michos, Connecticut ER physician; Dr. Robert Kloner, Director of Research, Heart Institute, Good Samaritan Hospital, Los Angeles and Prof. of Medicine, Keck School of Medicine, Univ. of Southern California; Dr. David Phillips, Prof. of Sociology, Univ. of California at San Diego.</p>
<p>health care: consumerism; accident and injury; sports and recreation</p>	<p>Program 15-51 Segment 2</p>	<p>12/20/15</p>	<p>7:29</p>	<p>THE TRAUMATIZED BRAIN</p> <p>Synopsis: Traumatic brain injuries, even mild ones, may produce cognitive and personality changes months later, when that "bump on the head" has been forgotten. An expert explains these injuries and how to prevent some of the consequences.</p> <p>Host: Nancy Benson. Guest: Dr. Sandeep Valsnavi, neuroscientist, Duke Univ. Medical Center, Director, Neuropsychiatric Clinic, Carolina Partners and co-author, <i>The Traumatized Brain: A Family Guide to Understanding Mood, Memory, and Behavior After Brain Injury</i></p>

Description of Issue	Program/Segment	Date	Duration	Description of Segment
health care; public health; consumerism; economics; technology; senior citizen and aging issues; disabilities; military	Program 15-52 Segment 1	12/27/15	12:42	<p>HURDLES TO HEARING AIDS</p> <p>Synopsis: Only about a fifth of people who could use hearing aids have them. Reasons include stigma, high cost, and poor training of people who actually get hearing aids. An audiologist, hearing aid manufacturer, and hearing aid user discuss solving these issues.</p> <p>Host: Reed Pence. Guests: Dr. Mark Hammel, psychologist and hearing aid user; Dr. Cynthia Compton-Conley, Director, Consumer Technology Initiatives, Hearing Loss Assn. of America; Shawn Stahmer, Vice President of Business Development, Sound World Solutions</p>
youth at risk; parenting; family issues	Program 15-52 Segment 2	12/27/15	7:16	<p>SERIOUSLY ILL ADOLESCENTS: STILL TEENS FIRST</p> <p>Synopsis: Seriously ill teenagers still act like teens in the hospital, sometimes aided and abetted by staff. A novelist discusses her observations from years on the hospital floor with her sick child as the basis for her book.</p> <p>Host: Nancy Benson. Guest: Hollis Seamon, Prof. of English, College of St. Rose, faculty, MFA in Creative Writing program, Fairfield Univ. and author, <i>Somebody Up There Hates You</i>.</p>

Contents copyright 2015 by
MediaTracks, Incorporated
2250 East Devon Avenue, Suite 150
Des Plaines, Illinois 60018

847-299-9500 Fax: 847-299-9501 www.mediatracks.com

Affiliate downloads are available at <http://mediatracksdownloads.com>
Questions? Email info@mediatracks.com or efleming@mediatracks.com
Guest information, segment podcasts and the latest health news are available at www.radiohealthjournal.net
Radio Health Journal is a registered trademark of MediaTracks, Inc.