

WFRJ – 88.9 FM – Johnstown, Pennsylvania

Issues/Program List

“COMMUNITY BRIDGE”

A 15-Minute Program Heard Designated Saturdays

at 1:15 AM, 7:15 AM, 1:15 PM, and 5:15 PM

January – March, 2019

DATE	ISSUE	GUEST AND DESCRIPTION
January 5 & 19, 2019	Providing affordable housing to low income households in the local community	<u>Host:</u> Charrie Slater <u>Guest:</u> Fred Thomas, President, Helping Hands located in Johnstown, PA. www.facebook.com/helpinghandsofcambridgecounty <u>Description:</u> Fred talked about the affordable housing and repairs Helping Hands has available for low income households in Johnstown. He also spoke about the educational programs and services they offer and shared a success story.
February 2 & 16, 2019	Providing a safe haven for ill/injured children and their families in Johnstown	<u>Host:</u> Charrie Slater <u>Guest:</u> Matt Fox, Board Member, Ronald McDonald House Charities Mid-Penn Region, serving Johnstown, PA (Hollidaysburg, PA). www.rmhcmidpenn.org <u>Description:</u> Matt spoke about the amenities and programs they offer, programs, some upcoming activities, and a success story, along with the volunteer and donation opportunities available at the Ronald McDonald House.
March 2 & 16, 2019	Meeting the needs of local cancer patients	<u>Host:</u> Suong Tran <u>Guest:</u> Tina Honkus, Founder and Director, Wings of Hope, in Johnstown, PA. www.wingsofhopejohnstown.com <u>Description:</u> Wings of Hope raises money to help individuals who are fighting cancer pay bills and expenses. Funds are raised through local run/walk events.

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Jan. 5, 2019	<p>Offering support to individuals and families affected by cystic fibrosis.</p> <p>(15-minute program)</p>	<p><u>Host:</u> Jenny Burkhiser <u>Guest:</u> Melissa Yeager, Co-Founder and Executive Director, Claire’s Place Foundation (Redondo Beach, CA). www.claireplacefoundation.org <u>Description:</u> Claire’s Place Foundation, Inc. provides support to children and families affected by cystic fibrosis (CF). The organization was named in honor of Claire Wineland, who lived with CF her entire life. CF is a genetic disease that affects the lungs, sinuses, digestive system, and sometimes the whole body, depending on the mutation. The life expectancy of someone with CF is mid-30/40 years old range. Typically, a lung transplant at some point is needed for young adults with the disease. Medical improvements have resulted in individuals being able to enjoy wonderful, productive lives. Some of the daily challenges faced are salty skin, reoccurring sinus infections, and a constant chronic cough. Treatments such as chest or breathing therapy or use of digestive enzymes taken daily may be needed because the digestive system is clogged with mucus. Claire’s Foundation is fulfilling Claire’s vision today by offering grants to families who have a loved one with CF and are experiencing a hospital stay greater than 14 days. Grants are up to \$8,000. They also raise awareness of the disease to others. Claire’s favorite saying was, “Live a life you are proud of and make a difference in the world.”</p>
Jan. 12, 2019	<p>Caring for orphans and foster children in the U.S.</p> <p>(30-minute program)</p>	<p><u>Host:</u> Jenny Burkhiser <u>Guest:</u> Jedd Medefind, President of the Christian Alliance for Orphans (CAFO) (Mclean, VA). https://cafo.org <u>Description:</u> CAFO’s vision is to help God’s people be His answer for kids in foster care in the United States - and to orphans throughout the world - by inspiring and equipping Christians to live out the Bible’s call to care for orphans and vulnerable children. Since 2004, they have united over 190 respected organizations and hundreds of church members. Currently, there are approximately 450,000 children in the United States’ foster care system, meaning these children have been removed from their families because of unsafe conditions (such as abuse, serious forms of neglect, etc.) due to no fault of their own. While the government is not able to love and nurture the child, the church can step in and care for the child. If every church were to welcome one child from foster care through adoption, fostering or supporting biological parents, there would be more than enough loving</p>

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		homes for every U.S. child in foster care to experience needed love and care. CAFO's annual gathering brings people together to learn from each other and obtain information from different resources. Listeners can support the organization by joining the Alliance or doing tangible acts of love for local families.
Jan. 19, 2019	Utilizing sports as a platform when witnessing to others (15-minute program)	<u>Host:</u> Jennifer Burkhiser <u>Guest:</u> Terry Bortz, Director of Projects for Athletes in Action (Xenia, OH). https://athletesinaction.org and www.goaia.org <u>Description:</u> Athletes in Action (AIA) is an organization focused on equipping sports-minded individuals to grow in their relationships with Jesus and to embody this throughout their everyday lives. They help college and professional athletes, teaching them to play for a party of one, with AIA working closely with the National Football League (NFL). They teach students how to grow in their faith and train them to disciple others. If a student starts in the program as a freshman college student, by the time at the junior level he or she may be helping to lead a small group. At the time of graduation, the student knows how to share his or her faith, disciple others and lead small group Bible studies. Listeners learned there is a surprising number of Christian athletes on every NFL team and that, after every single game since 1990, Christian players from both teams meet on the 50-yard line to kneel, hold hands, and pray in the circle with other Christian brothers to give glory to God. The organization also addresses social issues and give athletes awards for outstanding character, integrity, leadership, and community service - not for performance on the field alone. Anyone can participate in their 20-Day Challenge, which involves free daily reminders, Bible reading, and resources, etc.
Jan. 26, 2019	Equipping Christians with free Biblical and pastoral studies (30-minute program)	<u>Host:</u> Jenny Burkhiser <u>Guest:</u> Henry Reyenga, Pastor and President, Christian Leaders Institute (CLI) (Spring Lake, MI). www.christianleadersinstitute.org <u>Description:</u> CLI is a ministry of the Christian Leaders Alliance that raises up leaders of the Bible through offering of an excellent biblical education, often at no cost. CLI trains thousands of Christian leaders throughout the world, with graduates in over 160 countries. They have over 40 professors who all come from accredited programs of various institutes, such as Calvin Theological Seminary and Moody Bible College. Lectures, biblical materials, studies, and ministry training

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		<p>classes - all the way up to divinity level classes are offered free of charge. Individuals can get up to 180 hours of biblical ministry training through CLI, as the Christian Leaders Alliance guides the ordination process through local church leaders to connect the individual with a ministry ordination. They also offer an enterprise side for people who want to make ministry their vocation or those in developing countries who have never learned how engage in enterprise. Ministry chaplains, fire and police department members, women’s ministry workers, small group leaders, church planters, bloggers, and those with disabilities, etc. have utilized CLI training materials.</p>
Feb. 2, 2019	<p>Hypothermia risk, especially for those who are homeless</p> <p>(15-minute program)</p>	<p><u>Host:</u> Jennifer Burkhiser <u>Guests:</u> Abby Dunner, Singles Programs Manager for the Fairfax County Office to Prevent and End Homelessness (Fairfax, VA) and Rita Scott, Nurse Practitioner, Fairfax County Health Department Homeless Healthcare Program (Fairfax, VA). www.fairfaxcounty.gov/homeless <u>Description:</u> Hypothermia can result from a person being outside in the bitter cold and can take place anytime the body temperature falls below 95 degrees. Symptoms can include slurred speech, blurred vision, shivering, sleepiness, confusion, the skin beginning to turn blue due to the lack of circulation, and a “pins and needles” sensation. Blistering can also occur. Frostnip presents by skin that is pale, feels cold, and when slight numbness occurs, but the underlying tissue remains warm and flexible. Although a milder effect that hypothermia has on the body, it can lead to frostbite if not taken care of promptly and properly. The individual should be brought in from the cold and any wet clothing removed. Avoid rubbing the skin vigorously as to prevent further injury to the skin. Any constricting clothing and jewelry should be removed. Gradually rewarm the body parts by submerging the body in warm, not hot, water. Seek emergency care, if necessary. The Hypothermia Prevention Program at Fairfax County Health Department is an example of a non-profit program offering services such as health care, mental health care, detox services, employment, case management, and housing. The program exists to help ensure no one must sleep outside during the winter months of December – March and provides local individuals experiencing homelessness with a warm, safe place to sleep and a healthy meal during the same cold months.</p>

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Feb. 9, 2019	<p>The importance of fathers in our lives and how individuals can help fatherless boys</p> <p>(30-minute program)</p>	<p><u>Host:</u> Jenny Burkhiser <u>Guest:</u> John Smithbaker, Founder of Fathers in the Field (Loveland, CO). www.fathersinthefield.com <u>Description:</u> Faith. Fathers. Forgiveness. These are the pillars in the lives of the fatherless and are also the three focuses of the Fathers in the Field organization. Fatherless children are typically abandoned seven more times through others coming into their lives, such as step-fathers, further divorces, etc. Fundamentally, fatherless children – mostly boys – handle or cope with the situation in various ways; 85% will flee from the situation in anger and rage and cause much destruction on society because they are acting out, while the other 15% try to earn their fathers’ affection in return by trying to be the perfect child, attempting to accomplish everything right and excel in many ways. As the child grows, the fantasy begins to fade, and the individual starts to put all his time and efforts into a career in order to seek fame and fortune. Often, that only leads to abandoning his family when the family may break-up down the road. Fathers in the Field helps Godly men and the Church to find ways to minister to the fatherless through loving the child through action, taking them alongside to mentor fatherless boys, etc. They work with boys ages 7-to-17 yrs. They provide training, resources and the framework to help prevent the wound from getting deeper.</p>
Feb. 16, 2019	<p>Collecting warm coats for those in need</p> <p>(15-minute program)</p>	<p><u>Host:</u> Jenny Burkhiser <u>Guest:</u> Beth Dewalt, President and CEO, One Warm Coat (San Francisco, CA). www.onewarmcoat.org <u>Description:</u> One Warm Coat is a national non-profit organization specializing in providing a warm coat free to any person in need. For the nearly 50 million Americans living in poverty, a warm coat is often something too expensive to purchase. About 15% of senior adults in our country are living in poverty. One in 5 children in American lives in poverty and children who are not warm enough (and do not have a warm coat) experience difficulties in school and this affects their mental abilities. The One Warm Coat organization provides tools and resources for individuals who want to hold successful coat drives. Since 1992, about 5.6 million coats have been given to people in need and 31,000 coat drives held throughout the United States and in various countries because of One Warm Coat. Last year alone, they distributed more than 700,000 warm coats throughout these areas.</p>

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Feb. 23, 2019	<p>Helping to build a bridge to the Christian medical and dental community</p> <p>(30-minute program)</p>	<p><u>Host:</u> Jenny Burkhiser <u>Guest:</u> Dr. Mike Chupp, Board Certified Surgeon and Executive Director of the Christian Medical and Dental Association (CMDA) (Bristol, TN). https://cmda.org <u>Description:</u> After Dr. Chupp observed missionary medical staff for 6-weeks in West Africa, he saw what a huge difference made and incredible passion they had for others. This was very attractive work to him and so he would later return to Kenya as a surgical resident. CMDA motivates, educates, and equips Christian health care professionals to glorify God by serving with professional excellence. As witnesses of Christ’s love and compassion to all people, they advance the biblical principles of healthcare within the Church and to our culture. They help individuals behave and imitate Christ in the way they care for patients. Supporting doctors through their works is at the heart of CMDA. Medical professionals have a high degree of stress that comes through their work. The suicide rate among those in the profession is twice as high as other professions. Approximately 300-400 physicians commit suicide every year, which is higher in the United States due to the high expectations, associated documentation, communication requirements, and the level of near perfection in performance. A Center for Well-Being was launched by the CMDA to help Christian combat these stresses. The Center is a coaching ministry for physicians and dentists to help them find a life coach and to learn organization techniques; managing stresses, fatigue and burn-out. Listeners can support Christian doctors by offering words of affirmation, prayer and encouragement, thanking them for having Christian literature in the waiting room, writing a personal note of gratitude, referring family and friends to them, and even asking for their prayer requests.</p>
March 2, 2019	<p>Providing temporary and emergency housing to people in need</p> <p>(15-minute program)</p>	<p><u>Host:</u> Jenny Burkhiser <u>Guest:</u> James “Woody” Faircloth, Founder, RV4CampFireFamily, (Denver, CO). www.rv4campfirefamily.org <u>Description:</u> The 2018 wildfire in the Campfire, CA, area was one of the worst fires in California history. Devasting on so many levels in terms of wildfires, over 14,000 structures were burned to the ground and approximately 50,000 individuals were left homeless. Feeling compelled to help others with temporary housing, Woody purchased an RV, started a RV4Campfire GoFundMe Campaign, and headed to</p>

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		<p>California with his daughter with the intention of donating the RV to a family in need. As word about his mission began to spread, people reached out, eager to help. One individual assisted with tax deduction paperwork, another created a database, while others offered items to donate. The efforts resulted in the organization being able to deliver 55 RV's, the sheltering of 197 people (consisting of children, single parents, first responders, veterans, and some with medical cases). RV's and donations are greatly appreciated. All donations go towards providing temporary and emergency housing for Campfire victims.</p>
<p>March 9, 2019</p>	<p>Helping young girls learn more about character and becoming more Godly (30-minute program)</p>	<p><u>Host:</u> Jenny Burkhiser <u>Guest:</u> Patti Garibay, Founder and Executive Director, American Heritage Girls (AHG) (Cincinnati, OH). www.americanheritagegirls.org <u>Description:</u> AHG started in 1995 as a local scouting club, with Patti motivated to provide scouting with a Christian perspective for her daughter. Since then, thousands of girls have joined the organization, which has benefitted families and volunteers and equipped the obedient. They now have over 1,200 troops and 50,000 members in every state of the U.S. (AHG is even in several other countries.) In addition to using scouting methods, AHG is also Christ-centered and shows girls how faith is something “lived and breathed” every day. They learn life and leadership skills and how to serve others, along with character development based on a Christ-centered curriculum that compliments a Christian family’s values. Girls ages 5-18 yrs. are welcome and encouraged to join at any time. Those who ‘age-out’ often come back as leaders in the organization. Patti then shared stories of how young girls are serving others and making a positive influence in their communities through AHG. She also talked about the unique way teach biblical lessons, such as when they use pizza to help girls learn about the concept of the Holy Trinity. An organization inspired out of anger - not understanding why God allows some things to happen - now helps others “light a candle instead of cursing the darkness.”</p>
<p>March 16, 2019</p>	<p>Giving the gift of life through blood donation</p>	<p><u>Host:</u> Jenny Burkhiser <u>Guest:</u> Dr. Joyce Knestrick, PhD and President of the American Association of Nurse Practitioners (AANP) (Arlington, VA). www.aanp.org</p>

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	(15-minute program)	<p><u>Description:</u> Blood donations are typically low in the fall and winter due to the holidays and weather conditions, which make it difficult for individuals to get out and donate blood. Individuals are encouraged to give blood whenever possible due to the steady demand. Depending on how the blood is used, up to three people can benefit from one pint of blood. Individuals can start donating blood at the age of 17 yrs. and can donate every 56 days until the age of 79 yrs. There are around 9.5 million donors in the United States and approximately 4.5 million people who will need a blood transfusion. In addition to meeting a certain age, the donors must be healthy (no colds, void of certain medications, etc.). Check the American Red Cross website for a list of eligibility requirements. The process for giving blood takes about an hour and consists of completing a questionnaire, blood pressure and iron checks, and allowing time to take in fluids and food to ensure you are well enough to leave. Typical donations are a pint and stay in the donor's local area. Donations are used for children who are being treated for cancer, premature children, cancer patients, transplant and trauma patients, and potentially anyone who is undergoing a type of surgery. Blood is screened for disease and other items prior to being given to a recipient. The shelf life for blood is about 2 months.</p>
March 23, 2019	<p>Using canines to reach out to share the Gospel with others</p> <p>(30-minute program)</p>	<p><u>Host:</u> Jenny Burkhiser <u>Guest:</u> Chaplain Ron Leonard, Vice President of Operations, Canines 4 Christ (Nashville, TN). www.k9forchrist.org <u>Description:</u> Canines 4 Christ is a ministry of presence as dogs are allowed to minister to people. The unconditional love of a canine shared with the individual allows the owner to show the unconditional love God showed us love through Jesus Christ when He shed His blood on the cross and rose again from the dead. The organization has over 900 volunteers in 29 states and 4 foreign countries and 1,000+ canines that are sharing the love of Jesus. They go to a lot of different locations: nursing homes, assisted living centers, cancer units, mission churches, veterans' homes, and any place where people are hurting. The group has now started working with the law enforcement and emergency personnel. Canines 4 Christ's mission is to glorify the Lord and to clearly share the gospel of Jesus Christ with others. Canines 4 Christ encourages obedience training for young dogs prior to participating in the program. Dogs should be good with people, good</p>

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		with children, and of gentle temperament. Individuals considering being a part of the organization must complete an application to make sure his or her dog is suitable for the program. The owners then receive a volunteer manual. Labradors, golden retrievers, and German shepherds are typically good breeds, but all types can be used. They also have Canines 4 Christ Chaplain Teams that work with other organizations in crisis situations.
March 30, 2019	<p>Receiving financial support and encouragement for healthcare costs</p> <p>(30-minute program)</p>	<p><u>Host:</u> Jenny Burkhiser <u>Guest:</u> Anthony Hopp, Vice President for External Relations, Samaritan Ministries (Peoria, IL). www.samaritanministries.org <u>Description:</u> Samaritan Ministries is a health-care sharing ministry that is a biblical, non-insurance way for Christians to deal with healthcare. Members share one another's medical expenses directly, person-to-person, household-to-household, without using any insurance. The sharing is not just financial or transactional, it is the direct connection members have with one another and allows for the sharing of emotional and spiritual needs with each other (so they do not have to do health care alone). Health care ministries, like Samaritan Ministries, are not licensed or registered by any insurance board because they are not practicing the business of insurance. Throughout the process of enrolling in Samaritan Ministries, members are in total control. There are no networks or requirements; you make those determinations yourself for your family. Members receive a card, expenses are submitted to Samaritan Ministries, and the organization will direct payments to the individual. Samaritan Ministries works with healthcare providers to offer administrative support and help secure a lower healthcare cost. Chiropractic care and dental expenses are typically not shared unless part of the treatment for an injury. The organization utilizes a pro-rating system whenever there is a situation where large medical expenses are more than the shares available.</p>