



**QUARTERLY REPORT**  
**JANUARY-MARCH 2019**

**Program # 2019-1**

Airdate: 1/16/19

Time of Broadcast 7:00am

Producer: Sean Bratton

Host: Ric Bratton ([www.thisweekinamerica.us](http://www.thisweekinamerica.us))

<u>Time</u>	<u>Segment</u>	<u>Segment Length</u>
:00	Intro	:60
1:00	SPOT BREAK #1	2:00
3:00	Segment #1 – Military	16:00

Summary: Our guest discusses his military career and being a recipient of the Medal of Honor, the country's highest award for valor.

Guest: Clint Romesha is a retired Army veteran who served tours of duty in Iraq and Afghanistan. He was awarded the Medal of Honor for his role in the battle of Combat Outpost Keating. He is featured in the Netflix docuseries "Medal of Honor"

**Issues Covered: training, terrorism, veterans affairs**

19:00	SPOT BREAK #2	3:00
22:00	Segment #2- Youth Sports/ Injuries	7:00

Summary: Our guest discusses the long term risks of brain injury in sports and what parents should know. Part 3

Guest: Dr David Geier as an orthopedic surgeon, sports medicine specialist and author.  
[www.drdauidgeier.com](http://www.drdauidgeier.com)

**Issues Covered: female athletes, warning signs, prevention**

29:00	Conclusion of Program	:30
-------	-----------------------	-----

**Program # 2019-2**

Airdate: 1/13/19

Time of Broadcast 7:00am

Producer: Sean Bratton      Host: Ric Bratton ([www.thisweekinamerica.us](http://www.thisweekinamerica.us))

<u>Time</u>	<u>Segment</u>	<u>Segment Length</u>
:00	Intro	:60
1:00	SPOT BREAK #1	2:00
3:00	Segment #1 – Parenting	16:00

Summary: Our guest discusses managing anger and anxiety in children and teens.

Guest: Dr Laurie Hollman is a psychoanalyst. She is the author of the award winning book series "Busy Parent's Guides" including "The Busy Parent's Guide to Managing Anxiety".  
[www.lauriehollmanphd.com](http://www.lauriehollmanphd.com)

**Issues Covered: understanding, problem solve, causes**

19:00	SPOT BREAK #2	3:00
22:00	Segment #2- History/Media	7:00

Summary: Our guest discusses the history of food and the link between us and what's on our plate.

Guest: TV Chef Nathan Lyon discusses the television docuseries "History of Food" on [curiositystream.com](http://curiositystream.com)

**Issues Covered: agricultural revolution, industrialization, future**

29:00	Conclusion of Program	:30
-------	-----------------------	-----

### Program # 2019-3

Airdate: 1/20/19      Time of Broadcast 7:00am

Producer: Sean Bratton      Host: Ric Bratton ([www.thisweekinamerica.us](http://www.thisweekinamerica.us))

<u>Time</u>	<u>Segment</u>	<u>Segment Length</u>
:00	Intro	:60
1:00	SPOT BREAK #1	2:00
3:00	Segment #1 – Leadership	16:00

Summary: Our guest discusses the leadership lessons he learned from a six year old girl with special needs.

Guest: Rick Miller is an experienced business leader, speaker and best selling author. His latest book "Be Chief, It's a Choice, Not a Title".  
[www.beingchief.com](http://www.beingchief.com)

**Issues Covered: gratitude, generosity, acceptance**

19:00	SPOT BREAK #2	3:00
22:00	Segment #2- History/Media	7:00

Summary: Our guest discusses his television series that explores the international cultural aspects food.

Guest: Andrew Knowles is an award winning food writer and editor. He is host of "The Final Table" an international cooking competition series on Netflix.

**Issues Covered: native dishes, customs, society links**

29:00	Conclusion of Program	:30
-------	-----------------------	-----

**Program # 2019-4**

Airdate: 1/27/19 Time of Broadcast 7:00am

Producer: Sean Bratton Host: Ric Bratton ([www.thisweekinamerica.us](http://www.thisweekinamerica.us))

Time	Segment	Segment Length
:00	Intro	:60
1:00	SPOT BREAK #1	2:00
3:00	Segment #1 – End of Life	16:00

Summary: Our guest discusses her book about the importance of discussing and planning for grief, death and dying. Part 4

Guest: Yvonne Heath is a nurse with over 25 years of experience in health care. Her mission is to bring death out of the darkness. She is the author of "Love Your Life to Death".  
[www.loveyourlifetodeath.com](http://www.loveyourlifetodeath.com)

**Issues Covered: living wills, just show up, death phobia**

19:00	SPOT BREAK #2	3:00
22:00	Segment #2- Personal Data	7:00

Summary: Our guest discusses movement to empower people to own their personal data as property.

Guest: Richie Etwara is an author and entrepreneur. He is CEO of Hu-Manity.co a company involved in human rights.

**Issues Covered: selling data, privacy, who owns, income**

29:00	Conclusion of Program	:30
-------	-----------------------	-----

**Program # 2019-5**

Airdate: 2/3/19 Time of Broadcast 7:00am

Producer: Sean Bratton Host: Ric Bratton ([www.thisweekinamerica.us](http://www.thisweekinamerica.us))

<u>Time</u>	<u>Segment</u>	<u>Segment Length</u>
:00	Intro	:60
1:00	SPOT BREAK #1	2:00
3:00	Segment #1 – Wellness	16:00

Summary: Our guest discusses how to create a more fulfilling less stress filled life.

Guest: Dr Susan Smith Jones is a leader in the fields of holistic health, anti-aging, optimum nutrition and balanced living. She's the author of 30 wellness related books.

[www.SusanSmithJones.com](http://www.SusanSmithJones.com)

**Issues Covered: stress reduction, depression, illness**

19:00	SPOT BREAK #2	3:00
22:00	Segment #2- Same as Segment #1	7:00

Summary: Same as Segment #1

Guest: Same as Segment #1

**Issues Covered: diet, supplements, sleep, anxiety**

29:00	Conclusion of Program	:30
-------	-----------------------	-----

**Program # 2019-6**

Airdate: 2/10/19 Time of Broadcast 7:00am

Producer: Sean Bratton Host: Ric Bratton ([www.thisweekinamerica.us](http://www.thisweekinamerica.us))

<u>Time</u>	<u>Segment</u>	<u>Segment Length</u>
:00	Intro	:60
1:00	SPOT BREAK #1	2:00
3:00	Segment #1 – Personal Growth/Behavior	16:00

Summary: Our guest discusses the profound effects of seeing people as people.

Guest: Kimberly White is a freelance writer specializing in bringing

health care worker's stories to life. She's the author of "The Shift: How Seeing People as People Changes Everything".  
www.kimberlywhitebooks.com

**Issues Covered: empathy, outward mindset, unhappiness**

19:00 SPOT BREAK #2 3:00  
22:00 Segment #2- Continuation of Segment #1 7:00

Summary: Same as Segment #1

Guest: Same as Segment #1

**Issues Covered: paying attention, enrichment, see value**

29:00 Conclusion of Program :30

**Program # 2019-7**

Airdate: 2/17/19 Time of Broadcast 7:00am

Producer: Sean Bratton Host: Ric Bratton (www.thisweekinamerica.us)

<u>Time</u>	<u>Segment</u>	<u>Segment Length</u>
:00	Intro	:60
1:00	SPOT BREAK #1	2:00
3:00	Segment #1 – Life Planning	16:00

Summary: Our

guest discusses the importance of families sharing access and control over their financial information.

Guest: Nancy Juetten is co-founder of Life Goes on Roadmap. Also a successful businesswoman , speaker and author.  
www.lifegoesonroadmap.com

**Issues Covered: bank accounts, passwords, legal papers**

19:00 SPOT BREAK #2 3:00  
22:00 Segment #2- Continuation of Segment #1 7:00

Summary: Same as Segment #1

Guest: Same as Segment #1

**Issues Covered: identity theft, insurance, investments**

29:00 Conclusion of Program :30

**Program # 2019-8**

Airdate: 2/24/19 Time of Broadcast 7:00am

Producer: Sean Bratton Host: Ric Bratton (www.thisweekinamerica.us)

<u>Time</u>	<u>Segment</u>	<u>Segment Length</u>
:00	Intro	:60
1:00	SPOT BREAK #1	2:00
3:00	Segment #1 – Law Enforcement/Crime	16:00

Summary: Our guest discusses his investigation into the mysterious deaths of dozens of college-aged men and the possibility of a serial killer.

Guest: Kevin Gannon is retired 20 year veteran of the NYPD. His Investigative work is documented in the Oxygen Media tv series "Smiley Face Killers: The Hunt For Justice".

**Issues Covered: forensics, cults, drugs**

19:00	SPOT BREAK #2	3:00
22:00	Segment #2- Youth Sports/ Injuries	7:00

Summary: Our guest discusses the long term risks of brain injury in sports and what parents should know..

Guest: Dr David Geier as an orthopedic surgeon, sports medicine specialist and author.  
www.drdavidgeier.com

**Issues Covered: head injuries, signs, when to return, long term**

29:00	Conclusion of Program	:30
-------	-----------------------	-----

**Program # 2019-9**

Airdate: 3/3/19 Time of Broadcast 7:00am

Producer: Sean Bratton Host: Ric Bratton (www.thisweekinamerica.us)

<u>Time</u>	<u>Segment</u>	<u>Segment Length</u>
:00	Intro	:60
1:00	SPOT BREAK #1	2:00
3:00	Segment #1 – Personal Finance/Investiing	16:00

Summary: Our guest discusses the mental tools needed to build

wealth.

Guest: Mark Tobak is a psychiatrist in private practice and an attorney. He's the author of "Anyone Can Be Rich: A Psychiatrist Provides the Mental Tools to Build Your Wealth".  
[www.marktobakmd.org/anyonecanberich](http://www.marktobakmd.org/anyonecanberich)

**Issues Covered: fear of loss, emotions, anxiety, down market**

19:00	SPOT BREAK #2	3:00
22:00	Segment #2- Media	7:00

Summary: Our guests represent the world's #1 music entertainment brand for kids.

Guests: Julianna and Jacob are members of Kidz Bop Kids who perform kid-friendly versions of pop music songs.  
[www.kidzbop.com](http://www.kidzbop.com)

**Issues Covered: kid-friendly concerts, education, travel**

29:00	Conclusion of Program	:30
-------	-----------------------	-----

**Program # 2019-10**

Airdate: 3/10/19 Time of Broadcast 7:00am

Producer: Sean Bratton Host: Ric Bratton ([www.thisweekinamerica.us](http://www.thisweekinamerica.us))

Time	Segment	Segment Length
:00	Intro	:60
1:00	SPOT BREAK #1	2:00
3:00	Segment #1 – Grief/Psychology	16:00

Summary: Our guest discusses healing from devastating loss and grief.

Guest: Dr Sherry Cormier is a psychologist, consultant and public speaker. She is the author of "Sweet Sorrow: Finding Enduring Wholeness After Loss and Grief."

**Issues Covered: blessings, inspiration, balance, transformation**

19:00	SPOT BREAK #2	3:00
22:00	Segment #2– Health	7:00

Summary: Our guest discusses his passion for preventing heart disease and creating the South Beach Diet.

Guest: Dr. Arthur Agatson is a renowned and revered cardiologist and creator of the revolutionary South Beach Diet. His book on the diet has sold over 23 million copies.  
www.southbeachdiet.com

**Issues Covered: processed sugar, Keto-friendly , good carbs**

29:00 Conclusion of Program :30

**Program # 2019-11**

Airdate: 3/17/19 Time of Broadcast 7:00 am

Producer: Sean Bratton Host: Ric Bratton (www.thisweekinamerica.us)

<u>Time</u>	<u>Segment</u>	<u>Segment Length</u>
:00	Intro	:60
1:00	SPOT BREAK #1	2:00
3:00	Segment #1 – Leadership/Business	16:00

Summary: Our guest discusses the need to quickly learn, adapt and keep up in decision making in today's world.

Guest: Ed Muzio is a CEO, leader in management practice and author. His recent book is "Iterate: Run a Fast, Flexible, Focused Management Team".  
www.iteratenow.com

**Issues Covered: flexibility, decision-making, targets**

19:00	SPOT BREAK #2	3:00
22:00	Segment #2– Prisons/Law Enforcement	7:00

Summary: Our guests discuss their television series that goes undercover to examine the inner workings of a county jail.

Guests: Sheriff Mark Lamb of Pinal County, Arizona and Abner, an ex-convict and gang member, now a minister.

**Issues Covered: contraband, gangs, incarceration**

29:00 Conclusion of Program :30

**Program # 2019-12**

Airdate: 3/24/19 Time of Broadcast 7:00 am

Producer: Sean Bratton Host: Ric Bratton (www.thisweekinamerica.us)

<u>Time</u>	<u>Segment</u>	<u>Segment Length</u>
-------------	----------------	-----------------------

:00	Intro	:60
1:00	SPOT BREAK #1	2:00
3:00	Segment #1 – Entrepreneurship/Business	16:00

Summary: Our guest discusses what it takes to succeed as an entrepreneur today.

Guest: Brad Taylor has over 40 years experience in the business World and owns successful print and digital media companies. He's the author of "Intentional Success: The Power of Entrepreneurship". [www.thebradtaylor.com](http://www.thebradtaylor.com)

**Issues Covered: persistence, work ethic, attitude**

19:00	SPOT BREAK #2	3:00
22:00	Segment #2- Media	7:00

Summary: Our guests discuss the transition from adolescence to adulthood.

Guests: Juliette and Chloe stars of the MTV docu-series "Siesta Key" that follows 7 young adults as they confront the issues of coming of age. [www.mtv.com](http://www.mtv.com)

**Issues Covered: education, careers, friendships**

29:00	Conclusion of Program	:30
-------	-----------------------	-----

**Program # 2019-13**

Airdate: 3/31/19 Time of Broadcast 7:00am

Producer: Sean Bratton Host: Ric Bratton ([www.thisweekinamerica.us](http://www.thisweekinamerica.us))

Time	Segment	Segment Length
:00	Intro	:60
1:00	SPOT BREAK #1	2:00
3:00	Segment #1 – Internet Safety & Privacy	16:00

Summary: Our guest discusses how to navigate the cyber world more easily and safely.

Guest: Mark Risher is Director of Account Security at Google and an Internet Safety Expert. [www.google.com](http://www.google.com)

**Issues Covered: phishing, identity theft, security updates**

19:00 SPOT BREAK #2 3:00

22:00 Segment #2- Media/Families 7:00

Summary: Our guests discuss their television series that focuses on family and faith.

Guests: Jinger Duggar and her husband Jeremy Vuolo are stars of the popular TLC series "Counting On". Diana Vuolo is Executive Director of SWAN an organization that works with children of Incarcerated parents.

**Issues Covered: parenting, challenges, power of music**

\_29:00 Conclusion of Program :30