## WIHS-FM Middletown, Connecticut Quarterly Issues/Program List First Quarter, 2023 10 Minute Programs Airing at 3:15am, 12:13 & 5:50pm Monday through Friday 15 Minute Programs Airing at 3:15am, 12:15 & 5:10pm Saturday August 1-6, 2022

## **Public File**

**Monday & Tuesday:** The issue of this repeat broadcast from 2022 revolves around the relationship between the child and his teacher at school. Dr. Debra J. Miller is a former teacher and now consultant to educators on how to successfully teach children by developing a genuine interest in the student. The host was Paul Kretschmer.

**Wednesday:** The issue on this repeat broadcast from 2022 was how to take proper care of your pets in the outdoors during the winter months. The guest was Carol Osbourne, DVM who had practical tips on dog walking during the cold snowy months as well as diet during a cold time of the year. The host was Paul Kretschmer.

**Thursday & Friday:** The issue on this repeat broadcast from 2022 was how to develop self confidence when the listener might be introverted and how to become comfortable with being with other people with similar interests. The guest was Heather Dugan, who spends her time develop strategies for people who are lonely but would rather not be. The host was Paul Kretschmer.

**Saturday:** The issue of this repeat broadcast was the work that the Connecticut Department of Economic & Community Development is doing to grow communities in the state through state interest and guidance. Guest on the program was Commissioner David Lehman who spoke of how his forces are developing new ways for communities to see their future. The host was Paul Kretachmer.