



The following is a description of WMGQ's regularly scheduled Public Affairs programs:

**RADIO HEALTH JOURNAL**

A weekly 30-minute program focusing on current issues in health and medicine, with America's leading health experts and the latest news in medical research  
Sunday 6:00 am – 6:30 am

**VIEWPOINTS**

A weekly 30-minute program focusing on business, economics, mental health, family issues, education, popular culture, media, current affairs, government, technology, agriculture, environment, public safety and consumerism.  
Sunday 6:30 am – 7:00 am

**LIFE ADVICE WITH JENNIFER LEWIS HALL**

A weekly pre-recorded 30-minute program focusing on life's daily pressures; kids, your boss, family, finances, job search, etc. Hosted by popular author, TV and radio personality Jennifer Lewis Hall  
Sunday 7:00 am – 8:00 am

WMGQ, Magic 98.3 FM is Central Jersey's choice for music and information. WMGQ's mix of music and up-to-the-minute news, traffic and weather keeps Central Jersey informed. In addition to WMGQ's 4 weekly public affairs programs, the station also provides the following services:

- Newscasts two times an hour from 5:30am – 8:00am Monday through Friday
- Traffic updates three times an hour 5:45am – 9:00am and three times per hour 4:00pm – 7:00pm Monday through Friday
- Weather updates every hour 24 hours a day, 7 days a week
- Public Service Announcements aired once per hour 7 days per week.

RADIO HEALTH JOURNAL – SHOW DETAILS 1<sup>ST</sup> QUARTER 2017

**Program** 17-02 **Producer** Reed Pence

**Air Week** 01/08/17-01/14/17 **Production Director** Sean Waldron

**EATING DISORDERS: NOT JUST FOR ADOLESCENTS**

Synopsis: Over the last decade, the number of women over age 30 seeking treatment for anorexia, bulimia and binge eating disorder has skyrocketed. Experts discuss the factors triggering eating disorders in midlife and the factors that bring women in for treatment for long standing disorders.

Host: Reed Pence. Guests: Denise Folcik, eating disorder survivor; Lori Ciotti, Site Director, Renfrew Center of Massachusetts; Dr. Margo Maine, psychologist, co-founder, National Eating Disorders Assn. and author, *The Body Myth: Women and the Pressure to be Perfect*; Dr. Cynthia Bulik, founding Director, Univ. of North Carolina Center of Excellence for Eating Disorders and author, *Midlife Eating Disorders: Your Journey to Recovery*

Compliance issues covered: women's issues; mental health; health care; consumerism; family issues

**27:58 TOTAL TIME**

**Program** 17-03 **Producer** Reed Pence

**Air Week** 01/15/17-01/21/17 **Production Director** Sean Waldron

**STONED DRIVING: HOW CAN POLICE TELL?**

Synopsis: With recreational marijuana use legal in eight states and 29 permitting medical pot use, there will be more drivers on the road who are potentially under the influence of marijuana. However, police have no way to determine who is dangerous and who is not, as blood levels of marijuana's active ingredient are often meaningless. Experts discuss the problem and new

scientific discoveries about marijuana impairment.

Host: Reed Pence. Guests: Dr. Marilyn Huestis, Prof. of Toxicology, Univ. of Maryland School of Medicine;

Dr. Tom Marcotte, Assoc. Prof. of Psychiatry and Co-Director, Center for Medicinal Cannabis, Univ. of California, San Diego.

Compliance issues covered: auto and road safety; drunk driving; impaired driving; drug and alcohol abuse; police; laws and criminal justice system

Links for more information: <https://irp.drugabuse.gov/Huestis.php>; <http://www.cmcr.ucsd.edu>

**27:59 TOTAL TIME**

**Program** 17-04

**Producers** Polly Hansen & Reed Pence

**Air Week** 01/22/17-01/28/17

**Production Director** Sean Waldron

**EXOSKELETONS: ENABLING PARAPLEGICS TO WALK AGAIN**

Synopsis: Motorized, computer-controlled braces and frames are making the concept of the bionic human into reality. Experts discuss how these exoskeletons work and how they may be used in the future.

Host: Reed Pence. Guests: Dr. Alberto Esquenazi, Chief Medical Officer, Moss Rehab; Dr. Peter Gorman, Chief, Div. of Rehabilitation Medicine, Univ. of Maryland Rehabilitation and Orthopedic Institute and attending physician, Baltimore VA Medical Center; Dr. Homayoon Kazerooni, Prof. of Mechanical Engineering, Univ. of California Berkeley, Director, Berkeley Robotics and Human Engineering Laboratory and founder and Chief Scientist, Berkeley Bionics.

Compliance issues covered: disabilities; health care; technology

Links for more information: <https://www.mossrehab.com/physicians/albertoesquenazimd>;  
<http://www.medschool.umaryland.edu/profiles/Gorman-Peter/>;  
<http://www.me.berkeley.edu/people/faculty/homayoon-kazerooni>

**27:58 TOTAL TIME**

**Program** 17-06 **Producer** Reed Pence

**Air Week** 02/05/17-02/11/17 **Production Director** Sean Waldron

**THE PSYCHOLOGY OF ONLINE DATING**

Synopsis: Today more than half of American adults are single. Many are still looking for love-- more than 40 million are members of online dating sites, which have their busiest time of the year between now and Valentine's Day. A noted psychologist explains research showing most users take the wrong approach when seeking a good match online, and discusses how they can better their odds of finding true love.

Host: Reed Pence. Guest Ken Page, psychotherapist in private practice, blogger on *Psychology Today* and author, *Deeper Dating: How to Drop the Games of Seduction and Discover the Power of Intimacy*:

Compliance issues covered: technology; pop culture; relationship issues; consumerism

Links for more information: : <http://www.kenpagelcsw.com>; DeeperDatingGifts.com

**28:00 TOTAL TIME**

**Program** 17-07 **Producers** Reed Pence & Polly Hansen

**Air Week** 02/12/17-02/18/17 **Production Director** Sean Waldron

**PEANUT ALLERGIES AND KIDS: CHANGING THE RULES**

Synopsis: Peanut allergies in children have skyrocketed to the point that many schools ban foods containing them. Now studies show previous advice is wrong. Rather than keeping kids away from peanuts to protect them, parents should give most infants peanuts from an early age. An allergy expert who is co-author of new guidelines explains.

Host: Reed Pence. Guest: Dr. Matthew Greenhawt, Asst. Prof. of Pediatrics, Allergy and

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Immunology Section, Children's Hospital, Colorado and Univ. of Colorado School of Medicine, and Chair, Food Allergy Committee, American College of Allergy, Asthma and Immunology

Compliancy issues covered: consumerism; youth at risk; education; parenting issues; public health

Links for more information: <http://acaai.org/news/acaai-says-children-asthma-do-not-need-be-routinely-tested-peanut-allergy>

**27:59 TOTAL TIME**

**Program** 17-08 **Producer** Reed Pence

**Air Week** 02/19/17-02/25/17 **Production Director** Sean Waldron

**ANTIBIOTICS AND FARM ANIMALS: NEW RULES**

Synopsis: Antibiotic resistance may mean some infections are untreatable in the future. To combat this bacterial evolution, new federal rules went into effect on January 1 that restricts use of antibiotics in food animals, where the majority of US antibiotics are consumed. Critics worry the rules don't go far enough. Experts on both sides of the issue discuss.

Host: Reed Pence. Guests: Dr. David Wallinga, Senior Health Officer, Natural Resources Defense Council; Dr. Ramanan Laxminarayan, Director, Center for Disease Dynamics, Economics and Policy and former member, White House antibiotics panel; Dr. Liz Wagstrom, Chief Veterinarian, National Pork Producers Assn; Katie Roth, dairy farmer, Platteville, WI

Compliancy issues covered: consumerism; public health; agriculture and farm issues; federal government and regulation; food safety

Links for more information: <https://www.nrdc.org/experts/david-wallinga-md>;  
[http://www.cddep.org/profile/ramanan\\_laxminarayan#sthash.ynWEiuYK.dpbs](http://www.cddep.org/profile/ramanan_laxminarayan#sthash.ynWEiuYK.dpbs);  
<http://www.swinecast.com/dr-liz-wagstrom-the-future-antibiotic-use-pork-production>

**27:58 TOTAL TIME**

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**Program** 17-09 **Producers** Reed Pence and Polly Hansen

**Air Week** 02/26/17-03/04/17 **Production Director** Sean Waldron

**NATIONAL SAFETY COUNCIL SAFETY MINUTE: CHILD PASSENGER SAFETY**

Compliance issues covered: auto safety, youth at risk

**CAN PRIMARY CARE DOCTORS END THE OPIOID EPIDEMIC?**

Synopsis: Primary care doctors such as family physicians and internists can treat opioid addiction in their offices using drug substitution therapy. This could potentially erase the stigma of getting treatment. However, few doctors have been trained in this therapy. Experts discuss opioid addiction, & potential treatments.

Host: Reed Pence. Guests: Dr. John Tanner, Medical Director, Florida Intervention Project for Nurses; Dr. Alan Schwartzstein, family practitioner and Vice Speaker, American Academy of Family Physicians

Compliance issues covered: drug addiction, substance abuse and treatment; consumerism; education

Links for more information: Cited physician finder: <https://www.samhsa.gov>;  
<http://www.asam.org/about-us/leadership/board-of-directors/biography-john-c-tanner>;  
<http://www.aafp.org/about/governance/board-directors/alan-schwartzstein.html>

**27:59 TOTAL TIME**

**Program** 17-11 **Producer** Reed Pence

**Air Week** 03/12/17-03/18/17 **Production Director** Sean Waldron

**TONE DEAFNESS**

Synopsis: Many people sing badly and think they're tone deaf, but a surprisingly low proportion of them truly can't tell one note from another. They not only can't sing, they also can't enjoy music, may have trouble with certain forms of language, and may be unable to communicate

emotion in their speech. Experts discuss.

Host: Reed Pence. Guests: Dr. Psyche Loui, Asst. Prof. of Psychology and Neuroscience, Wesleyan Univ.; Dr. Dominique Vuvan, researcher, International Laboratory for Brain, Music and Sound Research

Compliance issues covered: culture; communication; education

Links for more information: <http://www.psycheloui.com>;  
<http://www.brams.org/en/membres/dominique-vuvan-phd/>

**27:57 TOTAL TIME**

**Program** 17-12

**Producers** Reed Pence and Polly Hansen

**Air Week** 03/19/17-03/25/17

**Production Director** Sean Waldron

**SEGMENT 1: SHORTENING THE COURSE OF ANTIBIOTICS**

Synopsis: Since the introduction of antibiotics in World War II, doctors have prescribed courses of treatment that typically ran longer than necessary. Bacterial resistance is forcing a reevaluation, shortening courses sometimes to just a few days and even prompting doctors to advise not using all pills if patients feel better.

Host: Reed Pence. Guests: Dr. Brad Spellberg, Chief Medical Officer, Los Angeles County-Univ. of Southern California Medical Center; Dr. William Schaffner, infectious disease specialist, Vanderbilt Univ. Medical Center; Dr. Louis Rice, Chairman, Dept. of Medicine, Warren Alpert Medical School, Brown Univ.

Compliance issues covered: health care; public health; technology

Links for more information: <http://keck.usc.edu/faculty/brad-spellberg/>;  
<https://news.brown.edu/articles/2010/06/rice>; <https://medschool.vanderbilt.edu/health-policy/person/william-schaffner-md>;

**27:57 TOTAL TIME**





*SEGMENT 2: Fighting Fair and Productively*

Synopsis: Of course, conflict is part of life, but it doesn't always have to turn into a big argument. We talk to two experts on conflict about how to make disagreements with anyone, from your work life to your home life, into a more peaceful, enlightening experience.

Host: Marty Peterson. Guests: Dana Caspersen, mediator, teacher and author of, "Changing the Conversation: The 17 principles of conflict resolution." Dr. Judith Wright, author, coach, corporate consultant and founder of the Wright Graduate University for the Realization of Human Potential, where she also teaches.

Links for more info: [www.danacaspersen.com](http://www.danacaspersen.com) [www.judithwright.com](http://www.judithwright.com) [www.wrightliving.com](http://www.wrightliving.com)

Compliance Issues Covered: Interpersonal Skills, Mental Health, Employment & Labor; Marriage & Family Issues

**27:59 TOTAL TIME**

**Program 17-03 Producers Reed Pence, Evan Rook, Pat Reuter**

**Air Week 1/15/2017 Production Director Sean Waldron**

*SEGMENT 1: The Precarious Position of African-American Republicans*

Synopsis: Later this week, President-elect Donald Trump will become President Donald Trump. With his inauguration looming, the Republican Party must feel pretty good about their position moving forward. But how are they doing with minority voters, specifically African Americans? We talk to expert and author Corey Fields about what motivates black Republicans, how they're treated both at home and within their party, and what the future may hold for the direction of minorities within the Republican voting block.

Host: Gary Price. Guests: Corey Fields, Assistant professor of sociology at Stanford University, affiliated member at the Center for the Comparative Studies of Race & Ethnicity, and author of the book Black Elephants in the Room: The Unexpected Politics of African American Republicans.

Links for more info: <https://sociology.stanford.edu/people/corey-d-fields>  
<http://www.ucpress.edu/book.php?isbn=9780520291904>

Compliance Issues Covered: Politics, History, Race, America

*SEGMENT 2: Digital Independence: How to sign off and like it*

Synopsis: With emails, spam, texts and instant messaging it's a wonder we ever have time anymore to just sit and relax with family and friends. At the office, we spend so much time online, how do we get anything done...or done well? That's what worried our guest who took

a 31-day vacation from the Internet to reconnect with her loved-ones and learn about how online life needs to be balanced with face-to-face communications and relaxation. Host: Marty Peterson. Guests: Christina Cook, communications professional and author of the book, *The Joy of Missing Out: Finding balance in a wired world*

Links for more info: <http://www.jomobook.com/>

Compliance Issues Covered: Interpersonal Skills, Mental Health, Communications; Technology; Social Media; Family Issues; Bullying

**28:00 TOTAL TIME**

**Program 17-04 Producers Reed Pence, Evan Rook, Pat Reuter**

**Air Week 1/22/2017 Production Director Sean Waldron**

*SEGMENT 1: The Art of Quitting*

Synopsis: Many people remain in bad situations because they are afraid to quit, but they shouldn't. Our guest says that if you take the time to carefully plan just how and when you'll walk out the door, it's easier to deal with the anxiety, fear and depression that can follow such a big decision. We'll hear about steps anyone can take – and those they shouldn't – when it's time to quit and move on. Host: Gary Price. Guests: Peg Streep writes non-fiction, is a blogger at Psychology Today.com and the author of the book, "Quitting: Why we fear it, and why we shouldn't, in life, love and work," now out in paperback.

Links for more info: <http://www.facebook.com/PegStreepauthor>

Compliance Issues Covered: Employment, Mental health, Psychology

*SEGMENT 2: Unleashing Your Creativity*

Synopsis: It's a common goal to get back to the creative passions of your youth and write that novel... but something always seems to be holding us back. We talk to two experts about the roadblocks on the way to finishing your masterpiece and how to overcome them. Host: Marty Peterson. Guests: Danielle Krysa, author of the book *Your Inner Critic Is a Big Jerk: And other truths about being creative*, David W. Berner, radio host, professor at Columbia College Chicago, author of *Night Radio*

Links for more info: <http://www.chroniclebooks.com/titles/your-inner-critic-is-a-big-jerk.html>,  
<http://www.thejealouscurator.com/blog/>, <http://www.davidwberner.com/>

Compliance Issues Covered: Art & Creativity, Literature, Personal Development, Self-help

**27:56 TOTAL TIME**

**Program 17-06 Producers Reed Pence, Evan Rook**

**Air Week 2/5/2017 Production Director Sean Waldron**

*SEGMENT 1: History, Not Precedent: America's Internment Camps*

Synopsis: Japanese internment camps are something we're aware of, but may not fully understand. Photo historian and author Richard Cahan talks about the history of the camps, what makes them so "un-American," and why he says we shouldn't look back at the camps as precedent or a blueprint, but as a black eye we should avoid repeating at all costs.

Host: Gary Price. Guests: Richard Cahan, photo historian, former Chicago Sun-Times editor, and author of *Un-American: The Incarceration of Japanese Americans During World War II*

Links for more info: <http://www.cityfilespress.com/books/un-american-incarceration-japanese-americans-world-war-ii/>

Compliance Issues Covered: History, Government, Civil Rights, Racism, Ethics

*SEGMENT 2: The Craft and Responsibility of Writing Books for Young People*

Synopsis: We encourage our children to read... but what are they reading? We talk to two authors, one for children and one for young adults, who discuss juggling their desire to entertain with the necessity of teaching young people about ethics, history, and tougher topics like drugs and addiction. Host: Marty Peterson. Guests: Linda Fairstein, author of *Into the Lion's Den: The Devlin Quick Mysteries*; Ellen Hopkins, author of *The You I've Never Known*

Links for more info: <http://www.lindafairstein.com/>  
<http://www.penguinrandomhouse.com/books/535800/into-the-lions-den-by-linda-fairstein/9780399186431/> <http://www.ellenhopkins.com/>  
<http://www.simonandschuster.com/books/The-You-Ive-Never-Known/ellen-hopkins/9781481442909>

Compliance Issues Covered: Literature, Arts, Education, Children, Family Issues

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**27:57 TOTAL TIME**

**Program 17-07 Producers Reed Pence, Evan Rook**

**Air Week 2/12/2017 Production Director Sean Waldron**

*SEGMENT 1: Lessons on the Pursuit of Happiness*

Synopsis: In a country that seems to be pulling away more and more every day, it can seem nearly impossible to find time for yourself to clear your mind and feel joy. We talk to Douglas Abrams about the week he spent learning from two of the world's spiritual leaders, His Holiness the 14th Dalai Lama and Archbishop Desmond Tutu. Abrams shares the joy practices and little things that the Dalai Lama and Archbishop Tutu do daily to experience joy regularly. Host: Evan Rook, Gary Price. Guests: Douglas Abrams, author of *The Book of Joy: Lasting Happiness in a Changing World* Links for more info: <http://www.bookofjoy.org/>, <https://www.harpercollins.com/cr-107780/douglas-abrams>

Compliance Issues Covered: Religion, World, Religion, Self-help, History

*SEGMENT 2: Empowering Your Community to Create Change*

Synopsis: The news typically shows us stories about the national government being stuck in a gridlock on most of the big, important issues. Sarah Van Gelder, co-founder of Yes! Magazine, went on a trip across America to see how change is being made at the local level and found inspirational stories and examples of community involvement solving big problems while paving the way for a better future. She shares these anecdotes and helpful hints for others out there hoping to make a difference in their area. Host: Marty Peterson. Guests: Sarah Van Gelder, co-founder of YES! Magazine, author of *The Revolution Where You Live: Stories from a 12,000-Mile Journey Through a New America*

Links for more info: <https://revolutionwhereyoulive.org/>, <http://www.yesmagazine.org/about/staff-board>

Compliance Issues Covered: Community Involvement, Politics, Government, Diversity, Environmental Issues, Race

**28:00 TOTAL TIME**

**Program 17-08 Producers Reed Pence, Evan Rook, Pat Reuter**

**Air Week 2/19/2017 Production Director Sean Waldron**

*SEGMENT 1: The Funny Side of Philosophy*

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Synopsis: Often, philosophy is so dense and hard to fully process that it feels impossible to understand and enjoy. Thomas Cathcart and Daniel Klein are trying to fix that problem. Their book, *Plato and a Platypus Walk Into a Bar* explains some of the deepest thinkers of all time, like Immanuel Kant or John Locke, with humor. Both authors join the show to tell stories, crack jokes, and clarify some of the big ideas of philosophy. Host: Gary Price. Guests: Thomas Cathcart and Daniel Klein, philosophers, humorists, and authors of *Plato and Platypus Walk Into a Bar... Understanding Philosophy Through Jokes*

Links for more info: <http://platoandaplatypus.com/>  
<http://www.penguinrandomhouse.com/books/302997/plato-and-a-platypus-walk-into-a-bar----by-thomas-cathcart/9780143113874/>

Compliance Issues Covered: Philosophy, History, Academia, Education

*SEGMENT 2: Civil Rights History: The March Against Fear*

Synopsis: In 1966, Civil Rights pioneer James Meredith set out on The March Against Fear, a walk to prove black citizens no longer needed to fear white people. Soon after beginning, he was ambushed and shot. The march was continued by Dr. Martin Luther King Jr., Stokely Carmichael, and countless others. Weeks later, Meredith had recovered and rejoined the walk, giving history an enduring image of persistence and determination. We talk to historian Ann Bausum about the history and impact of the march.

Host: Marty Peterson. Guests: Ann Bausum, historian and author of the book, *The March Against Fear: The Last Great Walk of the Civil Rights Movement and the Emergence of Black Power*

Links for more info: <http://www.annbausum.com/>,

Compliance Issues Covered: Civil Rights, Race Relations, African-American Issues, Social Issues, History

**27:57 TOTAL TIME**

**Program 17-09 Producers Reed Pence, Evan Rook, Polly Hansen**

**Air Week 2/26/2017 Production Director Sean Waldron**

*SEGMENT 1: Post-Election Protests: Can They Make Real Change?*

Synopsis: Since the election, protests for issues on both sides of the political spectrum have grabbed headlines. A women's march, a march for life, a march for science, the list goes on. But can these protests make a difference, and if so, where? We talk to political science experts about movements that have succeeded in the past and how change may come about, specifically when it comes to the electoral college system that some feel over-values certain states over others. Host: Gary

Price. Guests: David Cannon, Professor and Chair of Political Science at the University of Wisconsin-Madison; Jasmine Farrier, Professor of Political Science at the University of Louisville

Links for more info: <https://polisci.wisc.edu/people/faculty/david-canon>,  
<https://louisville.edu/politicalscience/political-science-faculty/jasmine-farrier>

Compliance Issues Covered: Politics, Government, Protests, Voters Rights, Women's Rights

*SEGMENT 2: Sweatshops and Unfair Labor Practices*

Synopsis: Corban Addison is a law-trained author who uses his books to shine a light on human rights violations. He joins the show to talk about researching his latest novel, A Harvest of Thorns, about sweatshops and unfair labor. Addison talks about the violations he found around the world including here in America and the brands he recommends for shoppers trying to make a positive impact with where they spend their dollars. Host: Marty Peterson. Guests: Corban Addison, attorney, activist, and author of A Harvest of Thorns

Links for more info: <http://corbanaddison.com/>

Compliance Issues Covered: Human Rights, Law, Sweatshops, Labor Issues, Consumer Issues

**27:58 TOTAL TIME**

**Program 17-11 Producers Reed Pence, Evan Rook, Polly Hansen, Pat Reuter**

**Air Week 3/12/2017 Production Director Sean Waldron**

*SEGMENT 1: What Goes Into a Spy Thriller Series*

Synopsis: Mark Greaney is a New York Times bestselling author perhaps best known for collaborating with Tom Clancy on three books, but Greaney's own spy series has been ongoing since 2009. He joins the show to talk about his Gray Man series, where he gets his inspiration, and to separate the true elements he learned from real US operatives from the fiction he imagines when writing. Host: Gary Price. Guests: Mark Greaney, author, Gunmetal Gray

Links for more info: <http://markgreaneybooks.com/>

Compliance Issues Covered: Arts, Creativity, Literature, Government, Law enforcement

*SEGMENT 2: A Fresh Look at the Bill of Rights*

Synopsis: The Bill of Rights may seem like they were simply added on to the end of the Constitution. Civil liberty lawyer Burt Neuborne offers a different outlook on the document. Neuborne dives into the structure of the Bill of Rights and explains how James Madison used organization skills to

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ensure the first ten amendments to the United States Constitution build on each other and establish a logical system of government. Host: Marty Peterson. Guests: Burt Neuborne, Norman Dorsen Professor of Civil Liberties, Bennan Center for Justice at New York University and former national legal director of the American Civil Liberties Union

Links for more info:

<https://its.law.nyu.edu/facultyprofiles/index.cfm?fuseaction=profile.overview&personid=20165>,  
<http://www.billofrightsinstitute.org/founding-documents/bill-of-rights/>

Compliance Issues Covered: Government, US History, Constitutional Law

**27:59 TOTAL TIME**

**Program**        **17-12**    **Producers**        **Reed Pence, Evan Rook**  
**Air Week**        **3/19/2017**    **Production Director**    **Sean Waldron**

*SEGMENT 1: Raising a Transgender Child*

Synopsis: What should you do if your child tells you they feel they were born as the wrong gender? Do you force them to conform to their born gender or do you support their feeling of being born into the wrong body? We talk to the parent and the doctor of a transgender child to sort through the confusion and discover what science says about gender transitions and how one family navigated the issues associated with having a child you suddenly don't fully understand. Host: Gary Price. Guests: Dr. Michele Angello, a therapist and gender specialist; Alisa Bowman, journalist, author, and mother of a transgender child

Links for more info: <http://micheleangelo.com/>, <http://www.barnesandnoble.com/w/raising-the-transgender-child-michele-angelo/1123537769?ean=9781580056359>

Compliance Issues Covered: Parenting, Sexuality, Family Issues, Health and wellness

*SEGMENT 2: Education in Somaliland*

Synopsis: Somaliland, a breakaway region of Somalia, is an impoverished region that isn't officially recognized as a distinct country. Children born there are given very little opportunity, but Jonathan Starr is trying to change that. Starr, a former hedge fund manager, talks about his journey from Wall Street money manager to Somaliland school runner and how he and his school and changing lives where it matters most. Host: Marty Peterson. Guests: Jonathan Starr, author and former hedge fund manager who opened the Abaarso School in Somaliland Links for more info:

<http://www.barnesandnoble.com/w/it-takes-a-school-jonathan-starr/1124070849?ean=9781250113450>

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Compliance Issues Covered: Education, Global Politics, Poverty

**28:00 TOTAL TIME**

**Program 17-13 Producers Reed Pence, Evan Rook, Pat Reuter**

**Air Week 3/26/2017 Production Director Sean Waldron**

*SEGMENT 1: Charlton Heston's Politics: MLK Marches and NRA Speeches*

Synopsis: You may know Charlton Heston from Ben Hur, The Planet of the Apes, or The Ten Commandments. But biographer Marc Eliot tells us about Heston's other side. He was a soldier, a liberal, and a conservative in his 84 years. He walked with Dr. King and became president of the NRA. Eliot discusses how his politics impacted his career... and his legacy. Host: Gary Price. Guests: Marc Eliot, biographer and author of "Charlton Heston: Hollywood's Last Icon"

Links for more info: <http://www.marceliot.net/> <http://www.barnesandnoble.com/w/charlton-heston-marc-eliot/1123951205?ean=9780062420435>

Compliance Issues Covered: Politics, History, Culture, Celebrity, Fame, Activism, Film

*SEGMENT 2: Bob Marley's Legendary Life*

Synopsis: It has been decades since Bob Marley's death, but his music is still played and his face still shows up on tee shirts. From "One Love" and "Jamming" to "Buffalo Soldier" and "Three Little Birds," you've heard his iconic music, but what about his life and career made such an impact? We talk to two Marley experts, James Henke and Vivien Goldman to uncover what made Marley tick and how his message became so prominent. Host: Marty Peterson. Guests: James Henke, rock journalist and author of "Marley Legend;" Vivien Goldman, adjunct professor at Rutgers University and author of "Exodus: The Making & Meaning of Bob Marley's Album of the Century"

Links for more info: <http://www.chroniclebooks.com/titles/marley-legend.html>  
<http://www.penguinrandomhouse.com/books/68925/the-book-of-exodus-by-vivien-goldman/9781400052868/>

Compliance Issues Covered: Music, Culture, Religion, History, Race

**27:57 TOTAL TIME**

LIFE ADVICE WITH JENNIFER LEWIS HALL – SHOW DETAILS 1ST QUARTER 2017

**LA Sunday #445 - Air Date - 1/15/2017**

**Topic:** On this edition of Life Advice with Jennifer Lewis-Hall, Jennifer talks with author and success

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coach Kate Butler. Butler who specializes in helping people become successful in various aspects of their lives – asks us a very important question – “what’s your money mindset?” Butler shares tips and information to help us have a better relationship with money and explains why it’s so important as you seek to save the future.

**Questions: What’s Your Money Mindset?**

1. What is a “money mindset?”
2. How do we avoid the temptation to spend, buy items often times that we don’t need?
3. What about getting ready of things to make space for new ones before we buy?
4. Your concept that if you buy a gift or item, you have to put a certain amount of money away.

**What about After The Holidays?**

1. Have Pre-Planned Experiences For After The Holiday
2. Be Aware Of Your Spending
3. If You Respect Money – It Will Respect You. (Better define your “relationship” – with Money Dictates Our Financial Future)
4. Need vs. Want Mentality

**Celebrating Without Buying!** (Memory jars, Experience jars, take time together to have special moments, have the family participate)

**26:00 TOTAL TIME**

**LA Sunday #413 - Air Date - 2/21/16**

Topic: On this edition of Life Advice with Jennifer Lewis-Hall it’s all about strategies for job hunting. Millions of people are looking to enhance and change careers but don’t always find it easy to make it to that next step or find that perfect job. Joining us with tips is LuRae Lumpkin, CEO and founder of MindfulBusiness.guru.

**Questions:**

- Seven Mistakes to Avoid When Job Hunting
- The 6 most sabotaging mistakes
- tell me about the overall job market (the climate and environment)?

- what about the pros and cons of the job search?
- what are people that have been successful at the search doing?
- What are the biggest mistakes and how to avoid them?

**LA Sunday #414 - Air Date 2/28/16**

Topic: On this edition of Life Advice with Jennifer Lewis-Hall are you hoping to get a raise but are fearful of broaching the subject and wouldn't dare think of approaching your boss? Well, fear no more because today's show is about the key strategies you need to know to lockdown a raise as well as ways to shine in the workplace – whether you're seeking a promotion or looking for a new job opportunity. Joining us with tips is LuRae Lumpkin, CEO and founder of MindfulBusiness.guru.

**Questions:**

- 5 Strategies for Getting a Raise
- Ways to Shine - when asked "Tell Me About Yourself"
- 5 Do's and Don'ts on a Job Interview
- Managing Millennials

**Overall Topics LuRae covers:**

- The 6 Most Sabotaging Interview Mistakes
- How to Unlock Your Career
- Millennial Myths: Lazy, entitled, self-seeking – What companies can do to redefine these perceptions
- Seven Mistakes to Avoid When Job Hunting
- Managing Millennials - 6 tips for CEO's
- The Future of Work – Take a peek into the future of how the workplace is evolving, from open work schedules to open-ended vacation policies; meditation rooms to nap rooms – Huffington Post to Google, the workplace is evolving
- 5 Strategies for Getting a Raise
- Ways to Shine - when asked "Tell Me About Yourself"
- 5 Do's and Don'ts on a Job Interview
- Understanding the Millennial Mindset and Millennial Values

- Technology Across Generations: Explore how technology use and perceptions vary across generations – from ‘Photo albums’ to ‘Cloud Albums’, party lines to multiple cell phones per person
- Navigating the Multi-Generational Workforce
- How Companies Need to Shift to Survive the Millennial Economy: 76M employees with vastly different values from earlier generations, are joining the workforce and will make up 75% of all employees in 10 years – what companies need to know and do now

**23:42 TOTAL TIME**

**LA Sunday #415 – Air Date 3/12/2016**

Topic: On this edition of Life Advice with Jennifer Lewis-Hall, Natasha Rodgers, community advocate and founder of the The Simuel Whitfield Simmons Organization joins us to talk about her organization and its reach. And, she shares how she’s encouraging others to get involved in helping to improve resources for families and youth living in New Jersey.

**Questions:**

- You’ve been involved in the community for many years. What would you say are some of the greatest needs that still exist for residents?
- Your 10th anniversary is coming up, what goals do you have now and looking back what have you been able to achieve?
- What organizations have you partnered with?
- How are you encouraging others to get involved?
- What is your connection to SWS and why did you decided to start the non-profit.
- Tell us the history and backstory of the organization.
- What you all doing in the community now?
- How has the organization expanded?
- Tease, next we’ll talk about what you feel are the needs of the community and how others can get involved.

**27:30 TOTAL TIME**