

5AM SUNDAYS



Section I lists regularly scheduled and special programs that represent the station's issue-responsive programming providing the most significant treatment of the issues listed above for the calendar quarter.

| ISSUE | PROGRAM / TITLE | DESCRIPTION | GUEST | DATE/TIME | DURATION |
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Local mental health and substance abuse services

USDA Offers Tips to Avoid Poisoning on Independence Day

AARP Report: Emotional and Economic Impact of Latino Family Caregivers

DACA and Temporary working Visas

Florida Exclusivo

The self-isolation, social distancing, and economic hardships brought on by COVID-19 have many experts concerned about cases of alcohol and substance abuse and as well as depression and anxiety

Every year millions of Americans celebrate July 4th with hot dogs, hamburgers, and other grilled American classics. Incidents of foodborne illness increase during the summer because harmful bacteria multiply more quickly in hot, humid weather, and more people eat outside, away from the kitchen comforts that help them stay safe.

Some of the report's findings include: In recent years, Hispanics in the U.S. have become one of the fastest growing family caregiver groups (92% vs. 85% in 2015)

The Supreme a ruling that the administration could not block the Deferred Action for Childhood Arrivals program because it failed to provide an adequate justification, also President Trump suspended new work visas.

Silvia Quintana licensed mental health counselor and CEO Broward Behavioral Health Coalition

Maribel Alonso Spokesperson for USDA

Gabriela Prudencio Research Director, NAC (National Alliance for Caregiving)

Camila Pachon Immigration Attorney

7/4/2020

1hr.

Autism

Tips on getting a job

Army recruiting campaign

Face mask

Florida Exclusivo

The former beauty queen of Puerto Rico, María del Roció Arroyo, who recently launched her new book “Traveling on the Autism Train”. She herself tells the story of her son Danny, who was diagnosed with this condition and who sustained a strong regression which caused loss of speech and intestinal problems.

Goodwill offers life-changing vocational programs, job connection centers, skills training and more to help find jobs for thousands in Florida

U.S. Army aims to hire 10,000 new Soldiers. During Army National Hiring Days, the U.S. Army will seek full-time and part-time Soldiers in 150 different career fields, ranging from traditional combat roles to support positions in logistics, engineering and technology. The Army is offering special cash bonuses for those who enlist during this three-day event.

Information on the important of use of cloth face coverings to help slow the spread of COVID- 19

**María del Roció
Author**

**Damaris
Moraza
Spokesperson
for Goodwill**

**FSC Castillo US
Army**

**Dr. Omayra
Mansfield Chief
Of Medicine
Advent Health**

7/11/2020

1 hr.

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| <p>How to improve your immune system with super foods</p> <p>-----</p> <p>Google provides tips and tools for small local business and people in search of jobs.</p> <p>-----</p> <p>As COVID-19 cases increase across the country and disproportionately impact Latinos, major health groups warn that smoking causes underlying health problems that increase risk</p> <p>-----</p> <p>The coronavirus will transform the tech landscape forever making it easier and faster for you to do a multitude of things. But are we ready?</p> | <p>Florida Exclusivo</p> | <p>See foods that may help build your immune system to help you stay healthy and fight illness. The nutritionist shows you nutrient and antioxidant-rich fruits, vegetables, and more to stay healthy and with energy.</p> <p>-----</p> <p>Google is providing digital tools to support job seekers and small businesses during this time, whether it helps them develop professional skills in a new area, or the transition of online dating and services.</p> <p>-----</p> <p>Health experts have warned that smoking and vaping may increase the risk of serious complications from COVID-19. Smoking increases the risk of respiratory infections, weakens the immune system, and is a major cause of underlying health conditions. There is also increasing evidence that vaping can harm lung health.</p> <p>-----</p> <p>In fact, technology has advanced so quickly that many companies have entirely done away with traditional offices and instead are running their businesses remotely. And there will be other changes on the way including more online shopping and robot deliveries as well as cashless and contactless payments, distance learning and Tele-health.</p> | <p>Ximena Jimenez Nutritionist</p> <p>-----</p> <p>Jesús García, Hispanic Google spokesperson</p> <p>-----</p> <p>Patricia Sosa, Director of the Campaign for Tobacco Free Children</p> <p>-----</p> <p>Duarte Pereira from <i>FITECHGELB</i></p> | <p>7/18/2020</p> | <p>1 hr.</p> |
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| <p>If you're affected by a disaster, here are some helpful tips</p> <p>-----</p> <p>LEE Member Elliot Haspel is advocating for reopening full-time childcare and schools as soon as possible because there are almost no recorded cases of child-to-adult transmission of COVID-19</p> <p>-----</p> <p>Will evaluate what can help unemployed and underemployed Americans right now</p> <p>-----</p> <p>Finding Help Paying Your FPL Electric Bill During COVID-19</p> <p>-----</p> <p>Census 2020</p> | <p>Florida Exclusivo</p> | <p>National and local authorities predict an active hurricane season: what to do if affected</p> <p>As we continue to deal with the impact of the COVID-19 crisis, it is still important to be prepared for other disasters that can occur throughout the year, often with little or no warning.</p> <p>-----</p> <p>Back to School season, this year presents an incredible opportunity to bring attention to equitable re-entry into schools and the kind of leadership that will be necessary for schools to open safely and ensure all kids get the education they deserve.</p> <p>-----</p> <p>There is help for people who navigate the job market, those who fear losing a job, and older workers who need to protect themselves from age discrimination in order to continue their careers.</p> <p>-----</p> <p>Thousands of Floridians are behind in paying their electric bills due to the impact of the global coronavirus pandemic (COVID-19).</p> <p>-----</p> <p>President Donald Trump wants to ban undocumented immigrants from being counted in the 2020 census</p> | <p>Eduardo Martínez, Vice President, Commercial Liaison Manager, Wells Fargo Home Lending</p> <p>-----</p> <p>Sebastian Iturriaga is an American History Teacher in Miami Dade Public Schools.</p> <p>-----</p> <p>Karina Hertz, AARP Director of Strategic Communications</p> <p>-----</p> <p>Florencia Olivera, Spokesperson FPL</p> <p>-----</p> <p>Wanda Hernandez Immigration Attorney</p> | <p>07/25/2020</p> | <p>1 hr.</p> |
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| <p>Lowest interest ever</p> <p>-----</p> <p>New ways of entertainment</p> <p>-----</p> <p>With the economic fallout of the pandemic lenders have been issuing fewer credit cards and those approved come with significantly lower credit limits</p> <p>-----</p> <p>Dreamers DACA</p> | <p>Florida Exclusivo</p> | <p>Since 1971, historical mortgage rates for 30-year fixed loans have hit historic lows due to various factors. Using data from Freddie Mac's Primary Mortgage Market Survey, we'll do a deep dive into what's driven historical mortgage rate movements over time, and how they affect buying or refinancing a home.</p> <p>-----</p> <p>Parks cancellations of events and new ways of entertainment through out the State.</p> <p>-----</p> <p>A survey from Comparecards.com shows Americans have a better chance of getting what is considered a starter credit card with limits of a few hundred dollars, rather than a high-end card typically aimed at consumers with an excellent credit.</p> <p>-----</p> <p>The White House announced Tuesday that it will take steps to wind down legal protections for hundreds of thousands of immigrants brought into the country as children, often called "Dreamers," while it conducts a legal review after the Supreme rejected President Donald Trump's plan to end the program known as DACA</p> | <p>Jorge Castorani Broker</p> <p>-----</p> <p>Migdalia Fernandez Spokesperson for Latin Family Now</p> <p>-----</p> <p>Evehlyn is the Bilingual Director of national credit repair and credit management firm 'Better Qualified</p> <p>-----</p> <p>Wanda Hernandez Immigration Attorney</p> | <p>08/01/2020</p> | <p>1 hr.</p> |
| <p>Heels vs. Ties: Living with your #1 threat</p> | <p>Florida Exclusivo</p> | <p>Coronary Artery Disease is the number one health threat among both American men and women. However, today's research focuses almost entirely on men. When it comes to women, heart disease is under-researched, under-treated and under-diagnosed.</p> | <p>Dr. Nitza I. Alvarez Cardiovascular</p> | <p>8/8/2020</p> | <p>1 hr.</p> |

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| <p>SBA Loans PPP ----- Puerto Rico halts primary voting in centers lacking ballots ----- New 30-city study: More than six in ten public schools have tobacco vendors within 1,000 feet</p> | <p>Florida Exclusivo</p> | <p>The PPP offers billions of dollars in potentially forgivable loans to keep workers on the payroll, guaranteed by the Small Business Administration, also feds begin prosecuting coronavirus PPP loan fraud. ----- Puerto Rico's primaries were marred Sunday by a lack of ballots in most centers across the U.S. territory, forcing frustrated voters who braved a spike in COVID-19 cases to turn around and go home. ----- Tobacco use is the leading cause of preventable death in the United States, resulting in more than 480,000 deaths and \$ 170 billion in health care costs each year. While the United States has made great strides in reducing cigarette use, youth use of e-cigarettes has exploded in recent years, driven by the popularity of flavored products.</p> | <p>Emilio Perez Business Advisor ----- Jimmy Torres President of Boricua Vota and Emilio Perez Former President of the Florida Puerto Rican Chamber of Commerce ----- Patricia Sosa, Director of the Campaign for Tobacco-Free Children</p> | <p>8/15/2020</p> | <p>1hr.</p> |
| <p>Advocate for overturning Florida's felony voting ban.</p> | <p>Florida Exclusivo</p> | <p>Angel Sanchez, a convicted felon and second-year law student, is advocating for passage of Amendment 4, which would restore voting rights to most felons.</p> | <p>Angel Sanchez leader for the grassroots campaign spearheaded by the Florida Restoration Rights Coalition</p> | <p>8/22/2020</p> | <p>1hr.</p> |

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| <p>Food Safety for Back to School: What Parents Should Look Out For This Fall</p> <p>-----</p> <p>Explain what should and should not be done with the use of masks</p> <p>-----</p> <p>Breakfast Is Still the Most Important Meal of The Day For Kids</p> | <p>Florida Exclusivo</p> | <p>The Centers for Disease Control and Prevention estimates that millions of Americans become ill each year from foodborne illness, resulting in 128,000 hospitalizations and 3,000 deaths. Because children are among the most vulnerable to illness, parents should take extra precautions when handling and preparing food.</p> <p>-----</p> <p>The Association of American Medical Colleges published a roadmap to assist the national response to the pandemic based on their understanding and experience as physicians, scientists, and medical educators. Given the troubling and continuing rise in COVID-19 cases, hospitalizations, and deaths in the United States, the AAMC, its members, and the nation's leading academic medical centers have compiled the latest scientific information on mask use.</p> <p>-----</p> <p>In these times of uncertainty about how our children are going to start their school year - face-to-face or online - parents are focused on their children's academic goals. One way to help them is by making sure they eat a healthy breakfast every day.</p> | <p>Maribel Alonso Spokesperson USDA</p> <p>-----</p> <p>Laura Castillo-Page and Norma Poll, AAMC Representatives</p> <p>-----</p> <p>Ximena Jimenez Nutritionist Spokesperson for Florida Dairy Farmers</p> <p>-----</p> | <p>8/29/2020</p> | <p>1 hr.</p> |
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| <p>Stay Safe While Enjoying Water Activities in Labor Day weekend</p> <p>-----</p> <p>September National Natural Disaster Preparedness Month - New Campaign: Disasters Don't Wait. Make Your Plan Today</p> <p>-----</p> <p>As a result of the COVID-19 pandemic, people are spending more hours at home and spending more on electricity.</p> <p>-----</p> <p>Suicide has become the most frequent cause among the military than war among.</p> | <p>Florida Exclusivo</p> | <p>The Florida Department of Health would like to remind families to take precautions while participating in recreational water related activities this summer. Everyone plays a role in preventing illnesses and injuries related to the water we swim, play, relax in, and share - this summer and year-round.</p> <p>-----</p> <p>#BeReady. It encourages people in all communities to prepare both physically and financially as soon as possible for a potentially complex incident involving a major natural disaster amid the coronavirus pandemic.</p> <p>-----</p> <p>The COVID-19 pandemic means that we are spending more hours at home each day. We work at home, cook at home, and play at home. Your air conditioner may be working twice as hard to keep you cool, and the television or video game system may be your favorite evening pastime. But that doesn't mean you can't save energy.</p> <p>-----</p> <p>Signs of suicide, how to help. We also provide an opportunity to increase our knowledge and understanding of risk factors associated with suicidal behavior and how to help someone in need.</p> | <p>Mirna Chamorro Public Information Officer Florida Department of Health</p> <p>-----</p> <p>Daniel Llarguez national Spokesperson for FEMA</p> <p>-----</p> <p>Florencia Olivera Florida Power & Light Company spokesperson</p> <p>-----</p> <p>Edwin Rafael Marrero retired army colonel</p> | <p>9/5/2020</p> | <p>1 hr.</p> |
| <p>President to force Immigrants to submit to eye scans and other tests.</p> <p>-----</p> <p>How to tell the difference between covid 19, allergies and influenza?</p> | <p>Florida Exclusivo</p> | <p>The Trump administration has drafted a proposal that would dramatically expand the number of people required to provide biometrics for their immigration applications including eye scans, voice prints, DNA, and photographs for facial recognition.</p> <p>-----</p> <p>The pandemic coincides with a time of year when many suffer from seasonal allergies, Flu, and there may be a serious confusion of risk. We also identify how to make the contact trace</p> | <p>Steve Maggi Immigration attorney</p> <p>-----</p> <p>Dr. Luz Eneida Nieves Epidemiologist</p> | <p>9/12/2020</p> | <p>1hr.</p> |

Accel Research Sites Moderna COVID-19 vaccine trial-minority participants needed

Statewide voter education campaign "Pa luego es tarde"

Amendment 2

September is National Suicide Awareness Month

Florida Exclusivo

Accel Research Sites in DeLand has already started testing on the Moderna COVID-19 vaccine and things are off to a great start. Some participants are even on their second dosage of the trial vaccine moving into stage III. On background, the vaccine is showing to be extremely safe. There is a need for minority participants in this trial to create a diverse population to help results.

The 2020 General Election marks the first time that Latinos will be the largest racial or ethnic minority group among those eligible to vote, representing more than 13 percent of those nationwide and nearly 20 percent in Florida.

On the ballot, this November will be Amendment 2, a \$15 minimum wage initiative. This Amendment has been identified as having real potential for getting the disenfranchised, low propensity, young, and communities of color to the polls this November.

To help prevent suicide is to increase access to treatment for depression. However, identifying depression can be difficult. Not all people who suffer from depression show signs.

Dr. Leo Fernandez Research Moderna Inc

Ricardo Negrón-Almodóvar from LatinoJustice

Adriana Rivera Director of Communications for The Coalition of Immigrants of Florida

Dr. Cristina Colon Del Toro

9/19/2020

1hr.

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| <p>Stress or Heart Attack? How to Recognize Stress or the Signs of Something More Serious</p> <p>-----</p> <p>The impact of covid 19 on lung cancer</p> <p>-----</p> <p>How to vote safely from home or in person in Florida</p> <p>-----</p> <p>Frozen Food Safety New Study</p> | <p>Florida Exclusivo</p> | <p>The health and financial impact of COVID-19 has particularly affected Hispanic Americans, with essential workers being the most affected by the pandemic.</p> <p>-----</p> <p>As the world pandemic has interrupted the attention to Cancer and delayed its diagnosis. Also, more information about why Florida is one of the most affected states in the nation.</p> <p>-----</p> <p>The population over 50 say they are the most important to them in this electoral cycle, including: Protection from Social Security and Medicare, lowering the price of prescription drugs, the safety of residents and staff in long-term care facilities, helping Florida residents to recover from the economic impact of the pandemic</p> <p>-----</p> <p>A new study to be published from the USDA shows that many Americans don't really know the difference between frozen ready-to-eat and frozen non-ready-to-eat foods, putting themselves and their loved ones at risk for disease foodborne.</p> | <p>Dr. Monik Jiménez, ScD, SM, FAHA, American Heart Association volunteer medical expert and Claudia Mercado, Go Red for Women volunteer</p> <p>-----</p> <p>Dr. Luis Raez Medical Scientific Director for Memorial Cancer Institute</p> <p>-----</p> <p>Ivonne Fernandez AARP Florida Associate State Director</p> <p>-----</p> <p>Maribel Alonso Spokesperson USDA</p> | <p>9/26/2020</p> | <p>1 hr.</p> |
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