## **Issues Programs List**

## **Quarterly Issues Programs List**

## Station: WQUS, WCRZ, WWBN, WRCL, WFNT

## January 1, 2024, through March 31, 2024

## Section I – Issues

The stations have identified the following topics as significant issues facing our community in this quarter:

A. **MENTALLY ILL INMATES:** The Genesee County Jail puts a heavy focus on mental health and often hosts workshops for inmates and staff as Research shows incarceration and jail inequalities can cause long lasting damage.

B. **Giving Children/Students Mental Health Days Off:** In Michigan, death by suicide is tied with unintentional injury for the leading cause of death for 10–14-year-olds

C. **Cancer Drug Shortage:** Cancer is the second leading cause of death in Michigan. It's crucial that patients have access to the chemotherapy drugs that are needed.

D. **Ketamine Regulations:** Ketamine is a drug that's been making headlines this year in Michigan after a 110-pound bust at Detroit Metro Airport. Michiganders should be aware of what exactly it is.

E. **Service Dogs:** About 14% of Flint residents met criteria for both **PTSD** and depression after the Flint Water Crisis. It's importance of service dogs can be crucial for those with physical and mental challenges.

## Section II - Responsive Programs

Radio Health Journal covers a full range of community issues and airs every Sunday morning on all six stations at 6:30am. The program is 30 minutes in length. See attached program log.



# Quarterly Report of Compliancy Issues & Programs List 2024-Q1 (January - March) Radio Health Journal

Lying

Industry

Medicine

Military

Nails

Mental Health

Mental Illness

Mental Institutions

Military Families

Motor Movement

Native Animals

Neurosurgery

Nightmares

Nutrition

Obesity

Opioids

Pain

Offspring

**Opioid Crisis** 

Oral Health

Pancreatitis

Pandemic

Patriarchy

Politics

Pre-cancer

Pregnancy

Prevention

Productivity

Psychology

Psychosis PTSD

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Psychedelics

Prison

Organ Failure

Organ Transplant

Pain Management

Pathological Liars

Patient Safety

Pediatric Care

Pediatric Illness

Population Control

**Preventive Medicine** 

Neurology

Minority Populations

Manufacturing and

**Medical Applications** 

Medical Device

Medical Devices

Medical History

Medical Imaging

Medical Intervention

Medical Knowledge

Medical Technology

**Public Health** 

Public Health Organizations

**Public Policy** 

Public Safety

Rare Disease

**Raw Materials** 

Relationships

Science Policy

Self-esteem

Septic Shock

Service Dogs

Infections

Sick Days

Skin Condition

Social Anxiety

Social Media

Stethoscope

Student Safety

Supply Chain Issues

Testicular Cancer

Supplements

Siblings

Skull

Stigma

Stress

Surgery

Therapy

Trauma

Ultrasound

Vaccination

Veteran Issues

Visual Stimuli

Volunteering

Women's Health

Women's History

Women's Issues

Vulnerable Populations

Vaccine

Veterans

Virus

.

Twins

Technology

Telehealth

Service Animals

**Racial Disparities** 

Reproductive System

Scientific Terminology

Sexually Transmitted

- 3D Printing
- Addiction
- African American Issues
- Aging
- Agriculture
- Alzheimer's Disease
- Amputations
- Anatomy
- Anxiety
- Artificial Intelligence
- Bacteria
- Bacterial Infection
- Bedside Manner
- Black History Month
- Blood
- Brain Imaging
- Breast Cancer
- Burnout
- Cancer
- Cancer Prevention
- Cervical Cancer
- Chemotherapy
- Childhood Cancers
- Children At Risk
- Chronic Conditions
- Chronic Disease
- Colon Cancer
- Community Care
- Compulsions
- Confirmation Bias
- Consumerism
- Coping Strategies
- Covid-19
- Cranial Drill
- Criminals
- Cuticles
- Deception
- Dementia
- Depression
  Diabetes
- Diagnostic Tools
- Diagnos
   Diet
- Diet
- Discrimination
- Disease
- Disease Progression
   Drill
- Dii

1

- Drug Shortages
- Economics
- Ecosystems
- Education
- Elementary School
- Emergency Medicine
- Emotions

- Empathy
- Endometriosis
- Environment
- Equality
- Evolution
- Family Issues
- Family Medicine
- Farming
- FDA
- Federal Drug Regulations
- Female
- Entrepreneurship
- Female Issues
- Fiber
- Foot Health
- Gender Issues
- Generic Drugs
- Genetics
- Genius
- Geriatrics
- Gut Microbes
- Gut Microbiome
- Gynecology
- Habitats
- Habits
- Hallucinations
- Handwriting
- Health Care
- Health Policy
- Healthcare
- Healthy Lifestyle
- Heart Disease
- Hemorrhage
- Temornaye
- Hiking
- History
- HIV
- Hospitalization
- Housing
- Illness
- Immunity
- Incarceration
- Individuality
- Infection

Jail

Ketamine

Kidney

Learning

Infectious Disease

Intensive Care Unit

Invasive Species

**Kidney Stones** 



Program 24-01 Air Week: 1/7/2024 Executive Producer: Amirah Zaveri Production Manager: Jason Dickey

## SEGMENT 1: BEING A GOOD PATIENT TAKES WORK: HOW TO FEEL EMPOWERED AT THE

HOSPITAL Time: 1:50

Duration: 12:59

Duration: 12:59

**Synopsis:** We, as patients, are making more decisions about our health than ever before. From which brand of medicine we want to which supplements we take, a lot of the choices depend on being a smart consumer. Our expert reveals why this is a double-edged sword and how you can feel empowered walking into your next doctor's appointment.

Host: Elizabeth Westfield

Producer: Libby Foster

**Guests:** Dr. Talya Miron-Shatz, Visiting Researcher, University of Cambridge, Author, Your Life Depends On It

**Compliancy issues:** Health Care, Medicine, Patient Safety, Social Media, Vulnerable Populations, Confirmation Bias, Medical Knowledge, Scientific Terminology, Telehealth **Links for more info:** 

Talya Miron-Shatz

Talya Miron-Shatz, PhD. Medical decision making (@TalyaMironShatz) / X Talya Miron-Shatz, PhD - Visiting Researcher - University of Cambridge | LinkedIn

## SEGMENT 2: DOES A GOOD BEDSIDE MANNER SAVE LIVES?

Time: 15:50

Duration: 7:02

**Synopsis:** Dr. Wes Ely, an intensive care specialist, says the early days of his career were spent more worried about the beeps and buzzers rather than the patients that the machines were monitoring. He gives us a unique look into how physicians can humanize patients in the ICU and, in turn, save more lives.

Host: Greg Johnson

Producer: Polly Hansen

**Guests:** Dr. Wes Ely, Professor of Medicine, Associate Director of Aging Research, Vanderbilt University, Author, Every Deep-Drawn Breath

**Compliancy issues:** Burnout, Consumerism, Covid-19, Empathy, Health Care, Healthcare, Pandemic, Patient Safety, Public Health, Vaccination, Bedside Manner, Intensive Care Unit

#### Links for more info:

E. Wesley Ely, MD, MPH

X: @WesElyMD

E. Wesley Ely, MD, MPH | Vanderbilt Scholars in HIV and Heart, Lung, Blood and Sleep Research LinkedIn: Dr. Wes Ely



Program 24-02 Air Week: 1/14/2024 Executive Producer: Amirah Zaveri Production Manager: Jason Dickey

#### SEGMENT 1: 3D PRINTING ORGANS AND AI SURGERIES: THE FUTURE OF MEDICINE

Time: 1:48

Duration: 11:52

**Synopsis:** Dr. Thomas Kolon is using 3D-printed models to successfully operate on cases thought to be inoperable. Another physician brings AI into his surgeries to give patients the most accurate hip replacements possible. This is the future of medicine and our experts are here to explain it all. **Host:** Elizabeth Westfield

**Producer:** Kristen Farrah

**Guests:** Dr. George Haidukewych, Director of Orthopedic Trauma & Chief of Complex Joint Replacement, Orlando Health Jewett Orthopedic Institute; Dr. Thomas Kolon, Expert in Pediatric Disorders, Chief of Urology, Children's Hospital of Philadelphia

**Compliancy issues:** 3D Printing, Artificial Intelligence, Cancer, Children At Risk, Consumerism, Medical Technology, Vulnerable Populations, Cancer Prevention, Childhood Cancers, Kidney

Links for more info:

<u>George Haidukewych - Orlando Health - One of Central Florida's Most Comprehensive Healthcare</u> <u>Networks</u>

Thomas F. Kolon, MD | Children's Hospital of Philadelphia Thomas F. Kolon (@ThomasKolon) / X

LinkedIn: Dr. Thomas Kolon

## SEGMENT 2: NERVOUS NAIL-BITER? IT HARMS MORE THAN JUST AESTHETICS

Time: 14:42

Duration: 7:50

**Synopsis:** So many of us have experienced the compulsion to bite our nails. Even though it's a detriment to our wellbeing, we still do it – so why? Is it a product of our genetics or evolution? Our experts discuss where this impulse stems from and all the ways it harms our health.

Host: Greg Johnson

Producer: Morgan Kelly

**Guests:** Dr. Dana Stern, Assistant Clinical Professor of Dermatology, Mount Sinai Medical Center; Dr. Fred Penzel, Psychologist & Executive Director of Western Suffolk Psychological Services **Compliancy issues:** Bacteria, Consumerism, Evolution, Genetics, Public Health, Trauma, Bacterial Infection, Compulsions, Cuticles, Ecosystems, Habits, Hemorrhage, Nails, Oral Health **Links for more info:** 

Dana K Stern - Dermatology | Mount Sinai - New York <u>Dr. Dana Stern</u> <u>Dr.Dana Stern (@hamptonderm) • Instagram photos and videos</u> <u>LinkedIn: Dr. Dana Stern</u> <u>Fred Penzel, Ph.D.</u> <u>Fred Penzel (@DrFredPenzel) / X</u>



Program 24-03 Air Week: 1/21/2024 Executive Producer: Amirah Zaveri Production Manager: Jason Dickey

## SEGMENT 1: MENTALLY ILL INMATES: SAFETY AND JUSTICE OR SUFFERING AND

VENGEANCE?

Time: 1:47

Duration: 12:28

**Synopsis:** American prisons are full of people with mental illness, but does the system actually fulfill its promise of reform for these inmates? Dr. Christine Montross, a psychiatrist, says many of them aren't getting the correct help that will make a difference in their lives – and make our society a safer place when they're released. She breaks down the prison system and offers alternative programs to solve this crisis.

Host: Elizabeth Westfield

Producer: Reed Pence

**Guests:** Christine Montross, Associate Professor of Psychiatry and Human Behavior, Brown University **Compliancy issues:** Consumerism, Health Care, Healthcare, Incarceration, Mental Illness, Public Health, Public Policy, Public Safety, Community Care, Criminals, Health Policy, Jail, Mental Institutions, Prison, Psychosis

#### Links for more info:

Montross, Christine | Brown University Waiting for an Echo by Christine Montross | PenguinRandomHouse.com: Books Christine Montross - Bio

#### SEGMENT 2: DO YOU SUPPORT GIVING CHILDREN MENTAL HEALTH DAYS OFF OF SCHOOL? Time: 15:17

Time: 15:17

Duration: 7:43

**Synopsis:** We're quick to pull our kids out of school when they're running a fever or throwing up, but what about when they've become burnt out or severely stressed? Just because we can't see the physical symptoms doesn't mean there isn't a problem. Dr. Andrea Bonior explains the benefits of giving your children mental health days and how to prepare them for future obstacles.

Host: Greg Johnson

Producer: Kristen Farrah

Guests: Dr. Andrea Bonior, Licensed Clinical Psychologist, Author

**Compliancy issues:** Anxiety, Children At Risk, Consumerism, Coping Strategies, Depression, Mental Health, Public Health, Vulnerable Populations, Emotions, Sick Days, Stress

Links for more info:

Dr. Andrea Bonior

Andrea Bonior, Ph.D. (@drandreabonior) • Instagram photos and videos Professional Speaker - Andrea Bonior, Ph.D. | LinkedIn Youth Risk Behavior Surveillance System (YRBSS) | CDC



Program 24-04 Air Week: 1/28/2024 Executive Producer: Amirah Zaveri Production Manager: Jason Dickey

## SEGMENT 1: EATING INVASIVE SPECIES: DOES YOUR DIET HELP THE ENVIRONMENT?

Time: 1:49

Duration: 10:53

**Synopsis:** Many people choose their diet based on what tastes good, but what if you could have great food while helping your local environment? Dr. Joe Roman, a conservation biologist, explains the dangers of invasive species and how we can do our part in saving the environment by strapping on an apron. **Host:** Elizabeth Westfield

Producer: Kristen Farrah

**Guests:** Dr. Joe Roman, Conservation Biologist, University of Vermont; Dr. Cindy Tam, Biological Threats and Invasive Species Research Program Coordinator, US Geological Survey **Compliancy issues:** Agriculture, Consumerism, Diet, Disease, Environment, Infrastructure, Invasive Species, Public Health, Public Safety, Virus, Farming, Habitats, Native Animals, Population Control **Links for more info:** 

<u>Joe Roman | Rubenstein School of Environment and Natural Resources | The University of Vermont</u> <u>Joe Roman</u> <u>Eat The Invaders</u> <u>US Geological Survey: Dr. Cindy Tam</u> LinkedIn: Dr. Cindy Tam

#### SEGMENT 2: MENTAL HEALTH IN THE MILITARY: STIGMAS, RESOURCES, AND ROADBLOCKS

Time: 13:44

Duration: 8:39

**Synopsis:** As a psychologist, Dr. Chuck Weber helped a lot of soldiers during his time in the military. However, limited resources held him back from being able to fully help the families of active-duty soldiers. He explains why this is such an important area of service and how he fought to prioritize mental health services.

Host: Greg Johnson

Producer: Kristen Farrah

**Guests:** Dr. Chuck Weber, Psychologist, Chief Medical Officer and Founder, Family Care Center **Compliancy issues:** Health Care, Healthcare, Mental Health, Military, PTSD, Psychology, Public Health, Public Safety, Veterans, Vulnerable Populations, Family Medicine, Military Families

Links for more info:

Charles Weber | LinkedIn Family Care Center



Program 24-05 Air Week: 2/4/2024 Executive Producer: Amirah Zaveri Production Manager: Jason Dickey

## SEGMENT 1: WHAT IS A WOMAN WORTH? NEEDLESS DEATHS FROM A PREVENTABLE

CANCER

Time: 1:48 Duration: 12:10

**Synopsis:** Cervical cancer is almost completely preventable, so why does it continue to kill thousands of women each year? Dr. Linda Eckert, an expert in cervical cancer prevention, believes the answer involves gender inequalities and sexual stigmas. She discusses these issues and offers life-saving prevention methods for women.

Host: Elizabeth Westfield

Producer: Kristen Farrah

**Guests:** Dr. Linda Eckert, Professor of Obstetrics and Gynecology, University of Washington Department of Obstetrics and Gynecology and Global Health, Author, Enough

**Compliancy issues:** Cancer, Consumerism, Gender Issues, Prevention, Vaccination, Vulnerable Populations, Cervical Cancer, Pre-cancer, Sexually Transmitted Infections, Women's Issues **Links for more info:** 

Linda Eckert | University of Washington - Department of Global Health

Dr. Linda Eckert

Linda Eckert MD (@drlindaeckert) • Instagram photos and videos Linda Eckert, MD (@drlindaeckert) / X

#### SEGMENT 2: BLACK ANGELS: THE BLACK NURSES INVOLVED IN THE FIGHT AGAINST TUBERCULOSIS

Time: 15:00

Duration: 7:59

**Synopsis:** Dr. Herbert Fox helped discover a cure for tuberculosis, but his work wouldn't have been possible without the help of the black nurses who monitored and cared for each patient. When all of the white nurses refused to work, these women stepped up. Our expert details their bravery that's gone largely unrecognized in society.

Host: Greg Johnson

Producer: Polly Hansen

Guests: Maria Smilios, Author, The Black Angels

**Compliancy issues:** African American Issues, Consumerism, Health Care, Healthcare, Infectious Disease, Medical History, Mental Health, Patient Safety, Public Health, Black History Month, Vaccine **Links for more info:** 

<u>Maria Smilios</u> <u>Maria Smilios (@mariamsmilios) • Instagram photos and videos</u> <u>X: @MariaSmilios</u>



Program 24-06 Air Week: 2/11/2024 Executive Producer: Amirah Zaveri Production Manager: Jason Dickey

#### SEGMENT 1: BIG LIARS: IS HONESTY ALWAYS THE BEST POLICY?

**Time:** 1:48

Duration: 10:38

**Synopsis:** Are you good at sniffing out lies? Many people aren't. The typical 'tells,' like eye movement, won't expose a true deception artist. Luckily, Our experts explain the psychology behind why people lie and how you can avoid being duped.

Host: Elizabeth Westfield

Producer: Polly Hansen

**Guests:** Dr. Christian Hart, Professor of Psychology, Texas Woman's University, Director, Human Deception Laboratory, Co-Author, Big Liars; Dr. Drew Curtis, Associate Professor of Psychology, Angelo State University, Director, the Curtis Deception Lab, Co-Author, Big Liars

**Compliancy issues:** Children At Risk, Psychology, Public Health, Public Safety, Vulnerable Populations, Deception, Lying, Pathological Liars

Links for more info:

Christian L. Hart, Ph.D. Big Liars Chris Hart (@chrishartpsych) / X Drew A. Curtis, Ph.D. Dr.Curtis (@Dr\_CurtisPhD) / X Curtis Deception Lab

## SEGMENT 2: NOT SO RARE: WHAT'S CAUSING THE RISE IN PEDIATRIC KIDNEY STONES?

Time: 13:28

Duration: 9:34

**Synopsis:** While kidney stones have historically affected middle-aged men, an unusual population has been seeing a rise in cases – young girls. Dr. Greg Tasian, a pediatric urologist, has been researching the reason behind this rise. He explains what causes kidney stones and how to reduce your child's risk. **Host:** Greg Johnson

Producer: Kristen Farrah

**Guests:** Dr. Greg Tasian, Attending Pediatric Urologist, Children's Hospital of Philadelphia **Compliancy issues:** Chronic Disease, Infection, Patient Safety, Public Health, Surgery, Vulnerable Populations, Disease Progression, Gut Microbes, Kidney Stones, Organ Transplant, Pediatric Care **Links for more info:** 

<u>Gregory E. Tasian, MD, MSc, MSCE | Children's Hospital of Philadelphia</u> <u>Gregory Tasian, MD, MSc, MSCE (@GregoryTasian) / X</u> <u>ClinicalTrials.gov: Pediatric KIDney Stone (PKIDS) Care Improvement Network (PKIDS)</u>



Program 24-07 Air Week: 2/18/2024 Executive Producer: Amirah Zaveri Production Manager: Jason Dickey

#### **SEGMENT 1: "EAT TO SURVIVE": WHY AMERICANS LACK PROPER EDUCATION ABOUT**

NUTRITION **Time:** 1:48 Duration: 10:35

Synopsis: Many children in America are taught about nutrition through the USDA's balanced food plate known as MyPlate. Unfortunately, these graphics don't accurately portray a proper (and realistic) diet, which leaves many people feeling confused and frustrated. Loni Love, a comedian, explains the obstacles she's faced during her journey towards a healthier lifestyle.

Host: Elizabeth Westfield

Producer: Kristen Farrah

Guests: Loni Love, Comedian, Television Host, Spokesperson, Metamucil: Dr. Christopher Gardner, Rehnborg Farguhar Professor of Medicine, Stanford University

Compliancy issues: Cancer, Chronic Disease, Diabetes, Diet, Gut Microbiome, Immunity, Nutrition, Obesity, Public Health, Supplements, Fiber, Healthy Lifestyle, Heart Disease, Illness Links for more info:

Loni Love (@comiclonilove) • Instagram photos and videos Loni Love (@LoniLove) / X Loni Love - Facebook Christopher Gardner | Stanford Medicine Christopher Gardner (@GardnerPhD) / X

## SEGMENT 2: SERVICE DOGS ARE IN HIGH DEMAND - HERE'S HOW YOU CAN HELP

Time: 13:25

Duration: 9:30

Synopsis: Service dogs have been used throughout history but were legally recognized by the US government in 1990. These animals can help people with physical challenges, like grocery shopping, and mental health struggles such as PTSD and anxiety. Our experts discuss the importance of service dogs and how you can get involved.

Host: Greg Johnson

Producer: Kristen Farrah

Guests: James Schenck, CEO, PenFed Foundation; Kirsten Holley, US Army Veteran Compliancy issues: Anxiety, Depression, Family Issues, Mental Health, Neurology, PTSD, Therapy, Veterans, Nightmares, Service Animals, Service Dogs, Social Anxiety, Veteran Issues, Volunteering Links for more info:

James Schenck - PenFed Foundation

James Schenck - Pentagon Federal Credit Union | LinkedIn

**Canine Companions** 



Program 24-08 Air Week: 2/25/2024 Executive Producer: Amirah Zaveri Production Manager: Jason Dickey

## SEGMENT 1: THERAPY FOR TWINS: THE MYTH OF THE 'PERFECT' TWIN CONNECTION

Time: 1:48

Duration: 11:28

**Synopsis:** Twins are thought to have a special bond – a built-in friend. But this idea can lead to resentment and harmful codependence if the two siblings never experience individuality. Dr. Joan A. Friedman, a twin expert, explains how parents can help foster a healthy relationship and treat their twins as separate children.

Host: Elizabeth Westfield

Producer: Kristen Farrah

Guests: Dr. Joan A. Friedman, Psychotherapist & Twin Expert

**Compliancy issues:** Education, Family Issues, Housing, Pregnancy, Psychology, Public Health, Public Safety, Relationships, Therapy, Individuality, Offspring, Self-esteem, Siblings, Twins **Links for more info:** 

Joan A. Friedman Joan A. Friedman (@Joanafriedman) / X Dr. Joan Friedman (@dr.joanfriedmantwinexpert) • Instagram photos and videos

## SEGMENT 2: WHY SCIENCE SAYS KIDS SHOULD STILL LEARN TO WRITE IN CURSIVE

Time: 14:18

Duration: 7:59

**Synopsis:** In the age of cell phones and laptops, is handwriting obsolete? Our experts say that there's still a great benefit for students to write their notes down with pen and paper. Even cursive has its benefits. They discuss the research that shows why elementary students should still know how to use pens and pencils.

Host: Greg Johnson

Producer: Libby Foster

**Guests:** Dr. Danny Oppenheimer, Professor of Decision Sciences, Carnegie Mellon University; Dr. Virginia Wise Berninger, Professor Emerita, University of Washington

**Compliancy issues:** Education, Learning, Psychology, Public Health, Student Safety, Brain Imaging, Elementary School, Handwriting, Motor Movement, Productivity, Visual Stimuli

Links for more info:

<u>Virginia Wise Berninger, PhD., - Handwriting Collaborative Conference</u> <u>Carnegie Mellon University: Dr. Danny Oppenheimer</u> Psychology: The Comic Book Introduction



Program 24-09 Air Week: 3/3/2024 Executive Producer: Amirah Zaveri Production Manager: Jason Dickey

#### **SEGMENT 1: HOW TO COMBAT MEDICAL IGNORANCE OF RARE DISEASES**

Time: 1:48

#### Duration: 11:12

**Synopsis:** Having a rare disease means that not all doctors will know how to treat you. For Christyn Taylor's daughter, who was diagnosed with pediatric pancreatitis at age 7, this meant countless physicians who either didn't believe she had the condition or knew nothing about it – factors that continually worsened her illness. To help other families in similar situations, Taylor created a document that gives patients with rare diseases a credible back-up of medical history and current treatment plans when dealing with stubborn physicians.

Host: Elizabeth Westfield

Producer: Kristen Farrah

Guests: Christyn Taylor, CEO, Rebecca's Wish; Lisa Morgan, Parent of Patient

**Compliancy issues:** Chronic Conditions, Education, Healthcare, Patient Safety, Surgery, Vulnerable Populations, Hospitalization, Pain, Pancreatitis, Pediatric Illness, Rare Disease

Links for more info:

Pediatric Pancreatitis Patient Passport Rebecca's Wish

Rebecca's Wish - Facebook

Rebecca's Wish (@rebeccaswishus) • Instagram photos and videos

#### SEGMENT 2: THE FEMALE GENIUSES THROUGHOUT HISTORY YOU NEED TO KNOW ABOUT Time: 14:02

## **Duration:** 9:04

**Synopsis:** If you're asked to name a genius, who do you think of? Albert Einstein or Galileo may come to mind, but there's a good chance you're forgetting the brilliant women who deserve a spot at this table. In honor of Women's History Month this March, our expert tells the stories of a few female geniuses whose accomplishments deserve greater recognition.

Host: Greg Johnson

Producer: Polly Hansen

**Guests:** Janice Kaplan, Author, The Genius of Women; Catherine Whitlock, Author, Ten Women Who Changed Science and the World

**Compliancy issues:** Consumerism, Education, Gender Issues, History, Medical History, Politics, Public Health, Vulnerable Populations, Equality, Genius, Patriarchy, Women's History

#### Links for more info:

Janice Kaplan Janice Kaplan (@janice.kaplan) • Instagram photos and videos Janice Kaplan (@JaniceKaplan2) / X Catherine Whitlock



Program 24-10 Air Week: 3/10/2024 Executive Producer: Amirah Zaveri Production Manager: Jason Dickey

#### SEGMENT 1: CULTURAL COMPETENCE: ADDRESSING RACIAL DISPARITIES IN HEALTHCARE Time: 1:48

**Duration:** 13:01

**Synopsis:** Racial disparities have existed in medicine throughout history. Research is finally starting to not only recognize these inequalities but create actionable plans to close the gaps. Our guests discuss sectors of healthcare and disease where racial disparities continue to block minority populations from quality care.

Host: Elizabeth Westfield

Producer: Kristen Farrah

**Guests:** Dr. Ladson Hinton, Professor and Director of Geriatric Psychiatry, University of California Davis School of Medicine; Dr. Toyin Nwafor, Infectious Disease Physician, Senior Medical Director for HIV Prevention, VIIV Healthcare

**Compliancy issues:** Alzheimer's Disease, Discrimination, HIV, Infectious Disease, Patient Safety, Psychology, Public Health, Dementia, Minority Populations, Racial Disparities, Stigma **Links for more info:** 

Ladson Hinton, M.D. for UC Davis Health

LinkedIn: Dr. Ladson Hinton

Toyin Falusi Nwafor (she/her) (@TfalNwaforMD) / X

Mapping racial and ethnic healthcare disparities for persons living with dementia: A scoping review Toyin Falusi Nwafor, MD - ViiV Healthcare | LinkedIn

Medical Experts - ViiV Healthcare

#### SEGMENT 2: GOT FOOT PROBLEMS? IT MAY BE A RARE BLOOD CANCER

**Time:** 15:51

Duration: 7:04

**Synopsis:** Gary Lenahan was diagnosed with polycythemia vera after nearly a decade of symptoms. It's a rare blood cancer that can sneak up on anyone – especially as we age. Dr. Brandi Reeves, a hematologist, explains the subtle warning signs and reveals treatment options that can help slow the disease progression.

Host: Greg Johnson

Producer: Kristen Farrah

**Guests:** Dr. Brandi Reeves, Hematologist, Assistant Professor of Medicine, University of North Carolina, Chapel Hill; Gary Lenahan, Patient

**Compliancy issues:** Aging, Cancer, Chemotherapy, Consumerism, Geriatrics, Patient Safety, Public Health, Blood, Foot Health, Hiking, Medical Intervention, Skin Condition

Links for more info:

Brandi Reeves, MD - Division of Hematology Brandi Reeves (@BrandiReeves1) / X Polycythemia vera - Symptoms & causes - Mayo Clinic



Program 24-11 Air Week: 3/17/2024 Executive Producer: Amirah Zaveri Production Manager: Jason Dickey

## SEGMENT 1: "THIS IS MEDIEVAL" - THE 24-YEAR-OLD WHO'S REINVENTING MEDICAL DEVICES

#### Time: 1:48

#### Duration: 11:12

**Synopsis:** During emergency bedside situations in the ICU, neurosurgeons often use manual cranial drills to break through a patient's skull. It's been the standard for years – but it's not the best option. Casey Qadir, CEO of Hubly Surgical, has created a safer, more efficient drill for these operations. She explains the advantages of this new device and her experience as a female entrepreneur in a male-dominated space.

Host: Elizabeth Westfield

Producer: Kristen Farrah

**Guests:** Dr. Matthew Potts, Neurosurgeon & Associate Professor of Neurological Surgery, Northwestern Feinberg School of Medicine; Casey Qadir, Co-Founder & CEO, Hubly Surgical

**Compliancy issues:** Consumerism, Emergency Medicine, Medical Technology, Neurology, Patient Safety, Surgery, Anatomy, Cranial Drill, Drill, Female Entrepreneurship, Medical Device, Neurosurgery, Skull

#### Links for more info:

Matthew B Potts: Faculty Profiles Matthew Potts (@matthewpottsmd) • Instagram photos and videos Matthew Potts - Program Director - Neurological Surgery Residency Matthew Potts (@MatthewPottsMD) / X Hubly Surgical Hubly Surgical (@hublysurgical) • Instagram photos and videos Casey Qadir 😳 🕅 (@BrainDrillGirl) / X LinkedIn: Casey Qadir

#### SEGMENT 2: KNOCKING ON DEATH'S DOOR: THE AT-HOME MEDICAL DEVICE THAT COULD SAVE LIVES

Time: 14:02

Duration: 8:23

**Synopsis:** Mark Opauszky knows exactly how important access to medical devices can be - even something as simple as a thermometer. After a near-death experience, Opauszky entered the medical technology industry to help give the public access to helpful tools at home. He discusses how his new phone application, Stethophone, can help patients be an active part of their own care team and stay on top of their health.

Host: Greg Johnson

Producer: Kristen Farrah

Guests: Mark Opauszky, CEO, Sparrow BioAcoustics

**Compliancy issues:** Amputations, Infection, Medical Technology, Patient Safety, Preventive Medicine, Public Health, Technology, Trauma, Medical Applications, Medical Devices, Organ Failure, Septic Shock, Stethoscope

#### Links for more info:

Mark Attila Opauszky | LinkedIn Sparrow BioAcoustics OBSTACLESon startups, struggles and stoicism X: @Opauszky



Program 24-12 Air Week: 3/24/2024 Executive Producer: Amirah Zaveri Production Manager: Jason Dickey

## SEGMENT 1: PAIN IS NOT WOMANHOOD: EARLIER DIAGNOSING FOR ENDOMETRIOSIS

Time: 1:49

Duration: 11:37

**Synopsis:** Many women with endometriosis unknowingly deal with the symptoms for years before receiving a diagnosis. Dr. Jodie Avery, an epidemiologist, is hoping to close this gap through new technology that utilizes AI. She explains why America's current process isn't aiding women with this disorder.

Host: Elizabeth Westfield

Producer: Kristen Farrah Guests: Dr. Jodie Avery, Epidemiologist, Senior Research Fellow, University of Adelaide Medical School; Asha Dickens, patient Compliancy issues: Consumerism, Patient Safety, Public Health, Surgery, Diagnostic Tools, Endometriosis, Female Issues, Gynecology, Medical Imaging, Reproductive System, Ultrasound, Women's Health Links for more info: Uterine Health Guide LinkedIn: Asha Dickens Endo Black Dr Jodie Avery | Researcher Profiles Noninvasive diagnostic imaging for endometriosis part 1 - Fertility and Sterility LinkedIn: Dr. Jodie Avery Dr Jodie Avery (@Jodie\_Avery)/X

# SEGMENT 2: PUBLIC HEALTH AND POLITICS: A LOOK AT THE MISTAKES MADE DURING THE PANDEMIC

Time: 14:28

Duration: 8:31

**Synopsis:** Science has long been an influence of public policy, but some argue that public health organizations became too visible during the pandemic. Dr. Sandro Galea, author of Within Reason, dissects the role that public health has played in recent years and asks the question: what are we willing to give up for the sake of our health?

Host: Greg Johnson

Producer: Kristen Farrah

**Guests:** Dr. Sandro Galea, Dean & Robert A. Knox Professor, Boston University School of Public Health, Author, Within Reason

**Compliancy issues:** Covid-19, Medicine, Pandemic, Patient Safety, Politics, Public Health, Public Safety, Social Media, Virus, Vulnerable Populations, Public Health Organizations, Science Policy **Links for more info:** 

Sandro Galea | SPH

<u>Sandro Galea</u> <u>Within Reason: A Liberal Public Health for an Illiberal Time, Galea</u> <u>Sandro Galea - Dean - Boston University School of Public Health | LinkedIn</u> <u>Sandro Galea (@sandrogalea) / X</u> <u>Sandro Galea (@sandro\_galea) • Instagram photos and videos</u>



Program 24-13 Air Week: 3/31/2024 Executive Producer: Amirah Zaveri Production Manager: Jason Dickey

## SEGMENT 1: CANCER DRUG SHORTAGE: DECIDING WHO LIVES AND WHO DIES

Time: 1:49

#### Duration: 11:08

**Synopsis:** When a manufacturing plant in India halted production in 2022, cancer patients in America were told their chemotherapy drugs were experiencing a shortage and doctors had to decide who would get the remaining supply. Our experts explain the effects of this ongoing shortage and how we can make sure it doesn't happen again.

Host: Elizabeth Westfield

Producer: Kristen Farrah

**Guests:** Barbara Barnett, Cancer Patient; Dr. Julie Gralow, Chief Medical Officer & Executive Vice President, American Society of Clinical Oncology; Mark Fleury, Policy Principal, American Cancer Society Cancer Action Network

**Compliancy issues:** Cancer, Manufacturing and Industry, Generic Drugs, FDA, Chemotherapy, Drug Shortages, Economics, Consumerism, Raw Materials, Breast Cancer, Supply Chain Issues, Testicular Cancer, Colon Cancer, Patient Safety

#### Links for more info:

Julie R. Gralow, MD, FACP, FASCO | ASCO

Julie Gralow - Chief Medical Officer - American Society of Clinical Oncology (ASCO) | LinkedIn Mark Fleury - Principal, Policy Development, Emerging Science - American Cancer Society Cancer Action Network (ACS CAN) | LinkedIn Mark Fleury (@ME\_Fleury) / X Julie Gralow (@jrgralow) / X ASCO (@ascocancer) • Instagram photos and videos The American Cancer Society (@americancancersociety) • Instagram photos and videos

#### SEGMENT 2: KETAMINE REGULATIONS -- "WE DON'T WANT TO REPRODUCE THIS OPIOID PROBLEM"

Time: 13:59

Duration: 8:32

**Synopsis:** Ketamine is FDA-approved as an anesthetic, but it's now being used as a therapy to treat pain, depression, and addiction. However, many worry the rise of psychedelics will bring about a second iteration of the opioid crisis. Our expert shares the history of ketamine and how he believes it should be regulated to lessen the risk of addiction.

Host: Greg Johnson

Producer: Kristen Farrah

**Guests:** Dr. Howard Kornfeld, Pain Management & Addiction Specialist, Founder & Medical Director, Recovery Without Walls

**Compliancy issues:** Ketamine, Opioids, Addiction, Patient Safety, Public Safety, Pain Management, Opioid Crisis, Psychedelics, Therapy, Hallucinations, Consumerism, Federal Drug Regulations **Links for more info:** 

Dr. Howard Kornfeld | Pain Management & Addiction Specialist

LinkedIn: Dr. Howard Kornfeld

Recovery Without Walls (@recoverywowalls) • Instagram photos and videos