

### 3rd Quarter 2022

WQRC (7 a.m.) / WOCN (8 a.m.) / WFCC (6 a.m.) / WKPE (5 a.m.)

Segment times 17:30 unless otherwise indicated.

July 3 - Sunday Journal Program

**Program Title:** Housing on Cape Cod

**Program description:** The new “Tools to House Residents in a Vulnerable Economy” program by Housing Assistance Corporation (HAC) and Cape and Islands United way will help provide housing and resources for essential workers on Cape Cod HAC CEO Alisa Magnotta said the program aims to help the Cape’s workforce afford housing in a region where costs can be beyond what is sustainable for their professions. It will also help fill the gap for those who can’t afford market rate housing but have trouble qualifying for other assistance programs. “We help pay their rent directly to the landlord and along with that is a coaching service with our housing counselors where individuals set their specific goals to reduce debt and increase their credit score,” said Magnotta. “Things that will change the course of their financial situation for economic mobility.” The program provides a fixed subsidy of \$450 per month to landlords for up to two years. Cape and Islands United Way CEO Mark Skala said more housing development options are on the way, but costs remain high across the market. “Those apartments, a two-bedroom, two-bath, starting at \$2,400 a month is not going to help our workforce housing situation and that’s where we need to put our energy.”

**Program Title:** Plastic Pollution in Cape Cod Waters

**Program Description:** An official with the World Wildlife Fund has reported that 71% of Americans want the country to reduce its reliance on plastic and also highlighted a new policy some states are introducing to address the issue. WWF Senior Program Officer of Plastic Policy Advocacy Anthony Tusino shared the statistic from a recent study the group conducted on plastic pollution on coastal states like Massachusetts. The group’s survey sampled roughly 1,000 American households. Fifty-three percent of those who responded thought companies producing plastic should help cover the costs of a recycling system. Tusino said that several states are starting to consider Extended Producer Responsibility (EPR) laws that will hold corporations accountable for their products. “Lots of states are beginning to consider Extended Producer Responsibility, that idea that producers of plastic and packaging pay for its collection and recycling and are held to target,” Tusino said. He said Colorado recently passed the county’s first full EPR legislation with businesses there having about four years to transition their systems.

Other states like Massachusetts, Maine, New York, and Oregon have also started to consider EPR policies.

**Program Title:** Oyster Shell Recycling

**Program Description:** A nonprofit's summer program to recycle oyster shells from restaurants on Cape Cod has launched for its second year and has expanded its operation. The Massachusetts Oyster Project started recycling on the Cape in 2021, when it partnered with Wellfleet to divert more than 25,000 pounds of oyster shell over the season. In addition to working with restaurants in Wellfleet, this year the program will also pick up shells from restaurants in Chatham, Eastham, and Orleans. "The reception last year was outstanding and this year we've expanded to have an even bigger impact and divert even more oyster shells from landfills into the water," President of the Massachusetts Oyster Project Theresa Beybutt said. Participating establishments will put oyster shells into special containers, which will then be picked up by Oyster Project staff. The shells will then be dumped in a collection site that will be overseen by Wellfleet's Shellfish Department and Transfer Station. Next year, the shells will be spread out around Wellfleet Harbor to help provide a habitat for young oysters. "This partnership allows us to capture some of the shell that is harvested here and get it back in the water to provide nursery services to keep our shellfishery growing sustainably into the future," Wellfleet's Shellfish Constable Nancy Civetta said.

July 10 - Sunday Journal Program

**Program Title:** Right Whales in Trouble

**Program Description:** Last of the Right Whales, a new documentary focusing on critically endangered North Atlantic right whales, will screen at the Waters Edge Cinema in Provincetown.

Along with footage of Cape Cod Bay, the film will feature commentary from Dr. Charles "Stormy" Mayo, Senior Scientist and Right Whale Program Director at the Center for Coastal Studies. With less than 350 total whales remaining, Mayo discussed the grim outlook for the survival of the species. "It's a bad situation for an animal which has for centuries been Cape Cod's whale, so it's very much a Cape Cod story where the whales still come in surprising numbers," he said. Mayo said that there are only 90 breeding female right whales left. Mayo added that the calving rate of those female whales has also slowed down, with many of them no longer having a calf every three years. With a high mortality rate and a low birth rate, Mayo said the whales will become extinct if the situation doesn't change. The whale expert also discussed the main threats to the animals; entanglements and vessel strikes.

**Program Title:** Blackbeard's Ride

**Program Description:** The 12th annual Blackbeard's Ride will kick off this Sunday to raise money for wounded veterans and their families. The 30-mile motorcycle ride beginning and ending at Sagamore Beach honors the memory of Staff Sergeant Matthew A. Pucino who was killed in Afghanistan in 2009. "It gets bigger every year, and every year it just never ceases to amaze us how many people show up for Matthew and for our family. And to honor everyone who has made the ultimate sacrifice. It's a very humbling and patriotic event," said Julie Rojee, the SSG Matthew A. Pucino Memorial Foundation Director of Special Events and Pucino's cousin. As well as about \$40,000 in funding, Rojee said the motorcycle ride also raises awareness for veterans who face many challenges after life in the military. "Whether you retire from the military or you get injured and come home, I don't think people realize that [veterans] still struggle with real life stuff. It's hard to adjust to normal life, but they need to get jobs and pay bills like everybody else," said Rojee. Registration starts at 8 am and is \$10 per person. The ride itself begins at 11 am at Ultimate Vehicle Storage on State Road.

**Program Title:** Osterville Village Library

**Program Description:** The Osterville Village Library will host its 2<sup>nd</sup> Human Library, providing the public a chance to have conversations with people that address current issues and provide learning experiences. Library Executive Director Cyndy Cotton said the Human Library is an event where people become books and the readers who attend have a chance to check the books out. "Readers can have conversations with people that they may not have a chance to meet in their normal course of life, or somebody they may have preconceived prejudices on and they can have a conversation to hopefully un-judge them," Cotton said. Some of the human books will be ready to discuss experiences including the loss of a child, raising a child with Down Syndrome, and raising an autistic child. Other human books include someone who has struggled with addiction and a Jewish person who will talk about rising anti-Semitism. Artist and activist Edith Vonnegut, a local of the Cape, will also be one of the featured books. Cotton said that each of the human books has to go through an application process and training before they can have talks with readers. She explained readers who attend the event will have a 20-minute conversation with a "book." A brief break period follows before people can move onto to talk with another book.

July 17 – Sunday Journal Program

**Program Title:** Cape Cod Community College “Hyflex” Classes

**Program Description:** Cape Cod Community College is expanding its hybrid-model class options with over 90 additions to the “HyFlex” course list. The figure amounts to one quarter of all class offerings by the college. The course style allows students to choose whether they attend class in-person or remote-in virtually; both options count for attendance, according to Communications Director Patrick Stone. “They want flexibility. They want to be able to say ‘I want to come to campus because face-to-face learning is for me. But I also need the flexibility if I can’t make it there to not miss the class and fall behind on my education’. It’s really a direct response to students’ needs and wants,” said Stone. “So that’s where we invest in the technology. If this is going to make our students’ lives easier and this is going to provide them an opportunity to stay on-track with their higher education, then that’s exactly what we have to do and what we’re going to do.” Stone said the initiative is powered by DTEN D7, a technology that allows faculty to stream their classes live while also video conferencing those attending remotely.

**Program Title:** Big Nick’s Ride

**Program Description:** Big Nick’s Ride for the Fallen returns this Sunday to honor the military community and those who have died in the line of duty. The motorcycle ride is named after Fifth Barnstable State Representative Steven Xiarhos’ son Nicholas, a U.S. Marine who died in the line of duty in Afghanistan in 2009. The event also honors the Cape Cod Fallen 16; service members with ties to the Cape who were killed in action. Xiarhos said that the \$20 registration fees will go to the Nicholas G. Xiarhos Memorial Fund, a non-profit organization that supports local military and their families in need. “Every penny goes to help a veteran or military family or young person trying to go to college. We give away every penny that we take in,” said Xiarhos. Registration begins at 7:30, with the 35-mile ride itself kicking off at 10 am at the Barnstable County Sheriff’s office and ending at the Sea Dog Restaurant. Wristbands can be purchased ahead of time at Cycle Services in Hyannis and Baskins Ace Hardware in South Dennis. Residents and visitors are also encouraged to safely gather along

**Program Title:** Barnstable County Fair

**Program Description -** The Barnstable County Fair kicks off Monday and will run through Sunday, July 24. The annual event features rides, a petting zoo, and live music at the Cape Cod Fairgrounds. It also gives back to the community, said General Manager Wendy Brown. “Our proudest moment of the fair is definitely Thursday night and that’s when we give out all of our scholarship awards. We award annually \$35,000 to local kids around the Cape. So it’s a nice

night. They get on the main stage. It's the most wonderful thing we do," said Brown. Despite missing a year due to COVID in 2020, Brown said they have seen record guest numbers since then. "2021 was the biggest fair we've had in probably 30 years. It was huge and the people were awesome, just awesome," said Brown. "And I really think this year is going to be a repeat." The gates are open from 4 pm to 10 pm, with the Midway open until 11. Mainstage acts include Folk Singer Allie Colleen, who will perform Monday night at 7:30.

July 24 – Sunday Journal Program

**Program Title:** Woods Hole Film Festival

**Program Description:** The Woods Hole Film Festival returns this weekend for its 31st edition. Founder and Executive Director Judith Laster said the yearly event celebrates both the local love of film as well as honors the film makers. She added that it also will be in a format more familiar to what attendees could expect before the coronavirus pandemic. "Filmmakers who have allowed us to have their work in the festival have worked years to make these films happen and, in some cases, really take on some personal challenges to make the films come to life," said Laster. Laster said the event enters its third decade with 45 feature length and 72 short films with a focus on science, music and social justice. "The thing that we love about the festival is the community that it creates and the community that we're in. Bringing people together to watch films, think about stories, meet each other, and meet the filmmakers from around the world," said Laster. Saturday's opening day films include the New England premiere of "The Big Bend", a narrative debut film by Brett Wagner about two families trying to survive in the remote Texas desert, as well as Sundance winner "Fire of Love", a documentary narrated by Miranda July about a French couple who died in a volcanic explosion. The festival will finish on August 6.

**Program Title:** Love, Live, Local Fest

**Program Description:** A nonprofit that supports shopping local is holding an event in Hyannis to celebrate small businesses on the Cape. Co-Founder & CEO of Love Live Local Amanda Converse said the Love Local Fest is in its 10<sup>th</sup> season this year, with upcoming events taking place the last Sundays of July and September. "Everybody who participates in the festival is based on Cape Cod. We don't have any off-Cape vendors. All of our musicians are local, food trucks are local, so it really is a celebration of everything that makes Cape Cod so unique," Converse said. She added the event started as a way to connect local makers, artists, and brands with the public and over time it became a way to highlight small businesses on the Cape. The festival includes aspects of commerce and community, with Converse noting how both help give the Cape its unique sense of place. "Our local businesses, our local musicians, all of those

people, they help create that very distinct sense of place and that's what we look to celebrate during the Love Local Fest," she said. Converse said virtual versions of the festival were held during the pandemic to continue to give businesses a chance to connect with the community. She added how important it is to be able to gather in-person for the event again.

**Program Title:** Shark Safety

**Program Description:**

An official with the Cape Cod National Seashore is advising people on the Cape to stay Shark Smart this summer and to know the risks when entering the water. "The sharks are here and how we recreate in the water, if we choose to do so, we want to do it to be as Shark Smart as possible," Superintendent for the Seashore Brian Carlstrom said. Shark Smart tips include being aware when in the water, staying close to the shore, not going in the water alone, and avoiding areas where seals are present. Other safety advice Carlstrom mentioned was to stay clear of murky areas of water where visibility is low and to follow all lifeguard instructions and safety signage. Carlstrom compared sharks to predators at other national parks like grizzly bears at Yellowstone, but he highlighted a reason why the Cape is different than other locations. "Recreation use patterns evolved in the absence of the sharks. The sharks are here because the gray seals have come back," he said. Carlstrom said research conducted by the Center for Coastal Studies that utilized sensor buoys indicated sharks in the area are spending about half of their time near seal haul outs in 15 feet of water or less.

July 31 - Sunday Journal

**Program Title:** Martha's Vineyard Flooding

**Program Description:** A Center for Coastal Studies mapping project was recently completed and revealed low-lying roads throughout Martha's Vineyard that are vulnerable to flooding. Coastal geologist and director of the Center's seafloor mapping program Mark Borrelli recently completed work on the Storm Tide Pathways project. The coastal sea level rise study identified over 700 places on the Vineyard where water will cause flooding during a storm. Borrelli said the study discovered 47 Storm Tide Pathways that were a foot above the last storm of record, which was the hurricane of 1938. "That means there are 47 different places that have never been flooded before that will flood if the total water level is only a foot higher than it was during that last storm of record," Borrelli said. He said the metric of the storm of record plus 1 foot is used because it's a likely range given sea level rise and intensifying storms. Borrelli said the mapping data can be used for planning purposes. He noted that Provincetown has used the map to anticipate which areas need to be prioritized when severe weather hits and helps the town in

taking preventive measures. “They’re getting ready for it. So, if there’s the worst-case scenario, they won’t be surprised,” he said.

**Program Title:** Cape Cod Airport Expansion

**Program Description:** The Cape Cod Gateway Airport has received almost \$18 million in federal COVID relief, most of which will help fund facility expansions and redevelopments. The Mary Dunn Way Extension Project will utilize \$5,350,458 of the \$17,971,966 total, providing direct access to the East Ramp from Route 28. The project will also rehabilitate existing roadway, upgrade utilities, and add sidewalks and a bike lane. The second \$6,355,919 effort will see both the Airport Operations Office remodeled and the replacement of one of the airport’s T-Hangars. “[The Airport Operations Building] is the building that is the contact point for many of our corporate users for the facility and private aircraft users. It’s where they come and they see for the first time Cape Cod Gateway Airport, and that building has been in dire straits for quite some time,” said Airport Manager Katie Servis. The airport is also developing with sustainability in mind; the T-hangar project will include an option for future rooftop solar power. Servis also added that the projects will help make the airport and other local transit services like the ferries more accessible and noticeable for travelers.

**Program Title:** Breast Cancer Awareness

**Program Description:** The Massachusetts Breast Cancer Coalition has shared details for its yearly ‘Against the Tide’ fundraising events. One of the group’s two-in person events will happen in Brewster on August 13<sup>th</sup> at Nickerson State Park. The other event will take place at Hopkinton State Park on June 18. The events will feature recreational and competitive swimming races, 5K and 10K runs, and a 3-mile walk. The top finishers in swimming and running competitions will receive prizes and all entrants will receive a t-shirt. “We hope that providing multiple virtual and in-person event options will give even more people a chance to be a part of the Against the Tide events to swim, walk, and run in support of breast cancer prevention,” Coalition Executive Director Cheryl Osimo said. Virtual events run from June 11 – 18 as well as August 6 – August 13.

August 7 – Sunday Journal Program

**Program Title:** Pan-Mass Challenge

**Program Description:** The Pan-Mass Challenge (PMC) kicks off Saturday to raise money for cancer research and treatment at Dana-Farber Cancer Institute. Founder and Executive Director

Billy Starr said this year's goal is \$66 million dollars, a figure that reflects the huge turnout of the annual event. "This is the largest fundraising event in the world. It has been for a long time. And the money we raise annually is probably 60 percent of the Jimmy Fund's annual revenue," said Starr. "The PMC has demonstrated year-after-year that this isn't something you can do alone. Being in this community for 3 days is uplifting." The PMC offers 16 routes ranging from 25 to 211 miles, beginning in Sturbridge and ending in Provincetown.

**Program Title:** Andrew Gottlieb Resignation

**Program Description:** Executive Director of the Association to Preserve Cape Cod Andrew Gottlieb recently stepped down as Chair of the Mashpee select board, a decision he said he did not take lightly. Gottlieb said that while he is proud of his time with the board, he felt someone else could better represent the needs of residents. "Without a fresh perspective and a healthy energy associated with doing the work, I wasn't necessarily doing the best possible work I could do on behalf of the people that elected me," said Gottlieb in an interview with CapeCod.com. "Nor was I finding the work as enjoyable as I have in the past and concluded that it might be a good time to step away and gather my thoughts a little bit. Give somebody with a fresh perspective an opportunity to do what is very important and meaningful work on behalf of the people of Mashpee." He said he will continue to serve the community in other ways, including on the Nuclear Decommissioning Citizens Advisory Panel for the Pilgrim Nuclear Power Station decommissioning process, for which he was recently nominated by Speaker of the House Appointee and Vice Chair Pine duBois. "I'm eagerly looking forward to having the opportunity to get involved in a hands on-way, ensuring that plant decommissioning gets done in an environmentally and economically responsible fashion," said Gottlieb.

**Program Title:** Lt. Gov. candidate Kim Driscoll

**Program Description:** Candidate for Lieutenant Governor and Salem Mayor Kim Driscoll will be on Cape Cod Thursday to meet with local agencies and community leaders. "I'm excited to be in the region. I've been fortunate as Mayor in Salem for the last 16 years to get a firm understanding of some of the challenges at the local level, but in my estimation the best way to do it is to get on the ground and meet people directly," said Driscoll. The Lieutenant Governor hopeful will attend a roundtable discussion with Housing Assistance Corporation on affordable housing, an issue Barnstable County officials say is one of the biggest challenges facing the region. "For me it's a moral issue. I think everyone should have a right to a safe, affordable roof over their head. But in Massachusetts, beyond the moral implications, we're also talking about a competitive disadvantage for our state. Inability to hire the people that we need across all our communities," said Driscoll. Driscoll will also meet with OpenCape, a Barnstable based non-profit looking to expand Fiber-Optic Internet access across the region.

August 14 – Sunday Journal Program

**Program Title:** Heroes in Transition

**Program Description:** Heroes In Transition (HIT) is highlighting a program that allows the group to provide assistance to members of the military and their families. HIT’s Executive Director Nicole Spencer said that the group’s Community Partners program allows HIT to have consistent funding throughout the year so they can help those who have served. “We want to remind business leaders that they can provide year-round support for those who sacrifice so much for our country,” Spencer said. The HIT director said that Cape Cod 5 has supported the group’s efforts for several years and the bank became a Community Partner in 2021. “Through the programs HIT provides, they are bringing people together – service members, veterans, military spouses, and families – and providing a sense of familial support. I wish there were more organizations like Heroes In Transition,” said Cape Cod 5 CEO Matt Burke, an Army National Guard veteran who served in Iraq. The Lobster Trap has also become a Community Partner and the Bourne restaurant has hosted an annual Oyster Bash fundraiser for HIT.

**Program Title:** Cape Symphony at the National Seashore

**Program Description:**

The Cape Cod Symphony and the National Park Service are preparing to present the fifth “Symphony at the Seashore,” a free concert event on Friday, August 26, 2022 at 7:00 pm at the Salt Pond Visitor Center Amphitheater in Eastham. The free, family friendly event is sponsored by the Friends of the Cape Cod National Seashore and returns after a hiatus due to the COVID-19 pandemic. Joining the Symphony will be guest Dawn Derow, an Eastham native and award-winning cabaret singer, who will perform “Olde Cape Cod” by Patti Page, “Over the Rainbow,” and other classics. The program will also include a Disney Medley, a multimedia tribute to the National Parks and Cape Cod Seashore, and patriotic numbers, including a tribute to the armed forces.

**Program Title:** PFAS Water Study in Hyannis

**Program Description:** A study in Hyannis by the Silent Spring Institute is looking for volunteers who lived in the village between 2006 and 2016 to help determine some of the long-term health impacts of exposure to PFAS—a contaminant that does not break down easily in the environment. Though low now, PFAS levels in drinking water were high then, said study lead Dr. Laurel Schaidler. “The water is now being filtered but we are conducting a health study because it is a community where people may have had elevated exposures in the past and we can

learn from that to better understand how the chemicals can harm our health.” Schaidler added the data collected will help address elevated PFAS levels being seen across the region and beyond. “Ultimately, we hope that this information will inform future regulations for PFAS in drinking water and elsewhere in the environment.” Those who volunteer for the study, which includes a blood sample, will receive 50\$ in gift cards as well as the results of their lab tests, or \$75 for children volunteers.

August 21 – Sunday Journal Program

**Program Title:** Falmouth Road Race

**Program Description:** Despite a decreased cap on the numbers of runners this year, organizers are celebrating a strong turnout for the Asics Falmouth Road Race’s 50<sup>th</sup> running, which will be held on Sunday, August 21. Jennifer Edwards, the Executive Director of Falmouth Road Race Inc., highlighted a series of athletic and family-friendly events being held before Sunday’s event. As part of the Falmouth Track Festival, all three American women who have medaled in the Olympic Marathon event will be part of a Q & A. Olympians Joan Benoit Samuelson, Deena Kastor, and Molly Seidel will be at the event on Saturday, August 20 at 3:30 pm at Falmouth High School. Edwards also spoke about the Elite Mile, where professional mile-racers travel to Falmouth to compete in a mile-long race the night before Sunday’s seven-miler. “We’re so grateful to have such participation from the elite runners of the world. World class runners come to this town and they stay with our friends and neighbors,” Edwards said. For the 50<sup>th</sup> anniversary, the race will be bringing back its original winners from 1973. Both David Duba and Jennifer Tuthill will serve as official starters and run the race. Edwards said the race was started in 1973 by founder Tommy Leonard as a fundraiser for a girls track team in Falmouth.

**Program Title:** WHOI’s Historic Dive With Alvin

**Program Description:** The Woods Hole Oceanographic Institution submersible recently made a history-making dive with its new dive rating. Andy Bowen, Principal Engineer at Woods Hole Oceanographic Institution, said Alvin recently made its deepest dive ever when it reached four miles in the Puerto Rico Trench. Bowen said there is an intense amount of pressure involved in travelling to such deep dives. “The submersible and all of its associated systems have to be suitable from an engineering perspective to withstand the crushing pressures that exist at such depth,” Bowen said. Bowen said there is an intense amount of pressure involved in travelling to such deep dives. “The submersible and all of its associated systems have to be suitable from an engineering perspective to withstand the crushing pressures that exist at such depth,” Bowen said.

**Program Title:** Dennis Car Parade

**Program Description:** The Dennis Chamber of Commerce will close out the height of the summer season with a bang on September 4 with its annual fireworks show and beach party. The event had to be moved to its new date due to nesting piping plovers. The free event will feature marshmallow roasting, with shuttle bus transportation available from the Ezra Baker Elementary School beginning at 5:30. Also returning is the Antique Car Parade, the 64th edition of the event scheduled for Sunday, August 21. The parade will begin at West Dennis Beach at 11 am and finish at the Cape Playhouse on Route 6A. The fee to enter into the parade is \$10 per car, or \$20 the day of the event.

August 28 – Sunday Journal Program

**Program Title:** Cape Cod Women’s Music Festival

**Program Description:** The Cape Cod Women’s Music Festival is returning after a two-year pause due to the COVID-19 pandemic. All proceeds from the festival go to the Cape Wellness Collaborative to fund integrated therapies that the group provides to cancer patients on the Cape and Islands. Although organizers couldn’t hold the festival the last two years due to the pandemic, Cape Wellness Collaborative CEO Abigail Field said that tickets for this year’s event sold out quickly. “It’s really quality music by a variety of female musicians and bands. It’s a really fun time,” Field said. This year’s lineup includes performances by Tanya Donnelly & the Parkington Sisters, Marcia Belsky, and Naomi Westwater. The concert was started in 2012 by the Collaborative’s founder Sarah Swain after she lost her mother to ovarian cancer. “We connect people who are facing cancer on the Cape directly with local skilled practitioners who offer integrated therapies such as massage, acupuncture, and energy work,” Field said. The group also provides yoga classes and delivers frozen nutritional meals for free to its clients.

**Program Title:** Cape Cod Canal Day

**Program Description:** Cape Cod Canal Day will take place in Buzzards Bay next month and the community event will feature food trucks, live music, and activities for kids. Marie Oliva, President and CEO of the Cape Cod Canal Region Chamber of Commerce said between 5,000 and 6,000 people usually attend. Oliva said over 45 businesses have sponsored the event. She also noted local officials like fire, police, and DPW have all helped out with Canal Day. “It makes a big difference to have everybody have a stake in the community event,” she said. Oliva said this year’s Canal Day will feature a cornhole tournament and a 5K road race. Advance registration is required for both. There will also be arts and craft vendors present as well as

activities for kids. The COVID-19 pandemic put a pause on the event in 2020 however it did return last summer. Chef Stephen Coe, owner of Lobsta' Love and Culinary S.W.A.T. Food Trucks, is one of the vendors at this year's Canal Day. Coe said his food truck business was able to adapt through the pandemic.

September 4 – Sunday Journal Program

**Program Title:** Seaside Le Mans

**Program Description:** Formula 1 style karts will race around Mashpee Commons in September to raise funds for local nonprofits as part of this year's Seaside Le Mans charity race.

Race Director Kelsey Ellis said this year's event will support five organizations on Cape Cod. "The race lasts upwards of four hours. It's loud, it's fun, there's a lot of energy. Unless you've seen it in person, it's hard to describe it as a go-kart race. It's definitely a little more," she said. This year the Atlantic White Shark Conservancy, Calmer Choice, the Cape Cod Children's Museum, Cape Cod Healthcare and the Cape & Islands Veterans Outreach Center will receive aid from the race. Ellis said the selected groups are required to match the funds from the event with new sources of revenue. She said the race is hoping to pass \$500,000 in fundraising again this year. The race has generated over \$8 million for the nonprofit community in the 21 years since it began. The event's sponsors, who compete in the race, are all from the local business community. "We've got bankers, we've got restauranteurs, we've got builders, it really just spans the gamut of the industries on Cape Cod," Ellis said. The race director said the European-style karts accelerate up to 50mph and are three inches off the ground.

**Program Title:** Community Safety Day

**Program Description:** The Town of Barnstable, Barnstable Police, and the five Fire Districts would like to invite YOU to participate in our first ever "55+ COMMUNITY SAFETY DAY on September 22nd from 11 am 2 pm

**What is 55+ Community Safety Day?**

This event will bring fun, educational, and safety resources to our Communities 'older adults at the Barnstable Adult Community Center on September 22 nd at 11 2pm. Public safety and community partners will provide older residents the real world tools and information to keep them safe in their home, online and in their neighborhood.

Practice and understand fire safety in the home

Free wellness checks

Outdoor protection advice

September 11 – Sunday Journal Program

**Program Title:** Ride for Homes

**Program Description:** As Cape Cod’s housing crisis continues, Habitat for Humanity of Cape Cod is holding a fundraising ride to cover costs for building affordable homes in the region. Habitat Cape Cod’s Ride for Homes event will take place in September and will offer three different routes of varying lengths for riders who participate. The family-friendly event raises money to build Habitat houses that help families stay on the Cape. The group’s CFO Peter Brooks said families who live in Habitat homes typically work in local businesses and have children that go to school in the area. Brooks said last year’s ride raised roughly \$100,000 and the group is hoping to raise \$125,000 through this year’s event. Volunteer Ron Winner said that the money from the ride goes toward purchasing necessary construction materials for Habitat homes. “The cost of the products has gone up and some of them are hard to get, but \$100,000 still goes a long, long way in purchasing building materials,” Winner said. Registration for the ride costs \$25 and the fundraising minimum is \$300. The 5<sup>th</sup> annual Ride for Homes is taking place Sunday, September 11. All routes will start at the Aptuxet Trading Post in Bourne located along the Cape Cod Canal.

**Program Title:** Sea Turtle Strandings

**Program Description:** It was another busy turtle rescue season on Cape Cod. Sea Turtle Hospital Director Adam Kennedy said this season saw 505 live intakes, the 3<sup>rd</sup> largest season for the Quincy-based facility. “Every single one of these turtles that come in we want back out in the wild. That’s our main goal, to get these turtles back out there and help increase the population,” Kennedy said. The turtles arrive to the rehab center from the Wellfleet Bay Wildlife Sanctuary. Team members and volunteers with Mass Audubon locate the cold-stunned turtles who sometimes can no longer eat or swim. Kennedy noted that most of the turtles brought in this year were Kemp’s ridley sea turtles, which are critically endangered. He said it’s estimated that roughly 8,000 nesting females remain. Although social distancing requirements due to the COVID-19 pandemic have limited the number of volunteers in the facility, Kennedy said the team has streamlined their process to ensure the turtles still receive quality care. “Last year from the turtles that came into our facility that were alive, 85% of those animals survived to either head off to longer-term rehab or have been released locally by us this summer,” Kennedy said. When the creatures arrive at the aquarium’s hospital, Kennedy said the team monitors heartrate, respiration rate, and activity level. The crew stabilizes the creatures and releases the ones that are strong enough to survive. The aquarium works with a group called Turtles Fly Too to transport some of the animals to be released at locations with warmer water temperatures.

September 18 – Sunday Journal Program

**Program Title:** Cape League Recap

**Program Description:** Cape Cod Baseball League officials reported a strong return to form this year as teams took to the fields for a mostly traditional season following two years of COVID mandates and restrictions. CCBL Broadcasting Director John Garner said that last season saw a careful return, with this year marking the complete reinstating of traditional league rules, mandates, and roster and attendance sizes. “Two things stand out: a return to almost full volume for all the teams and fans,” said Garner. “We had that somewhat last year, but this year we ended up breaking all the attendance records and getting over 330,000 fans at our ten ballparks. Each team plays 44 games, so you’ve got a lot of games put in a short period of time—an eight or nine week schedule.” Garner added that even the summer weather cooperated, with no point at which all five playing teams on a given day were rained out. The League’s MVP this year is Matt Shaw, who led the league with a .360 batting average. Colby Halter led the league in homeruns with 7 total. Joe Vetrano led in RBIs with 30 runs batted in. On the pitching side, Cam Schuelke had five wins during the year, Ben Hampton led in strikeouts, and Joe Savino won the Earned Run Average crown with 1.59. “Those are some of the top players that look forward to outstanding professional careers as we move forward,” said Garner.

**Program Title:** Boy’s and Girl’s Club

**Program Description:** Before and after school programs are experiencing a strong recovery from the COVID pandemic as the fall semester gets underway, according to local service operators. Executive Director of the Boys and Girls Club of Cape Cod Ruth Provost said the importance of face-to-face programs like theirs was highlighted during the pandemic, and many families were eager to utilize it this summer and fall. Before and after school programs began this week at the Boys and Girls Club with a mostly pre-pandemic experience, though with staff being mindful of children who exhibit symptoms of COVID and contacting family or guardians accordingly. Provost added that teens were especially affected by the pandemic as school functions and activities were canceled, and they are also the most excited to be back in-person, according to the club’s surveys. “Particularly for the teens, having them in a situation where they’re going home to empty homes and there is no adult supervision could be particularly harmful.” Provost said that their programs focus on providing teens with choices over what activities and events they perform, providing a sense of agency and encouraging responsibility.

September 25 – Sunday Journal Program

**Program Title:** Provincetown Emergency Battery

**Program Description:** An official with Eversource provided insight on the company's new battery that will provide backup power to residents on the Outer Cape during power outages. Eversource spokesperson Chris McKinnon said that the Provincetown is at the end of a 13-mile distribution line that's exposed to potential storms and car accidents. McKinnon elaborated on how the new battery system will improve reliability for customers in Provincetown during those events. "So if there's a fault along that 13-mile long distribution line, we're able to start picking up the load to customers in Provincetown and able to start restoring them within about a minute," he said. McKinnon said that a second component is still under construction and is anticipated to be finished by the end of the year. "That's going to allow us to carry a total of 10,200 customers on that circuit. That will include the entire towns of Provincetown, Truro, and Wellfleet," he said. "Looking at peak demand in the summer, we expect the battery to provide backup power for anywhere from 1 to 3 hours, then in the offseason upwards of 10 hours," McKinnon said. This time will allow for repair crews to work on the issues to the system while customers are able to maintain service. The battery was developed as an alternative to building another distribution line which would have required construction through the Cape Cod National Seashore.