WHDO-CD

Most Significant Issues Programs List

October, November, December 2023

During the fourth quarter of 2023, WHDO-CD broadcast the following Issue Responsive programming:

American Roundtable

Description: American Roundtable with host Al Spry, locally produced, features weekly, half hour, in-depth roundtable-style discussion of state, national, and international issues and events affecting the country. "Roundtable" features the sharpest minds in the political, historical and cultural spheres, as well as world-famous authors, political and business leaders from around the state. WHDO-CD Main, 2 & .4 Channels, Monday, Wednesday, Friday, 9:00am/30 minutes.

Daily Flash

Description: Daily Flash is locally produced in Orlando and offers a fresh look at today's news, entertainment and lifestyle trends, keeping viewers informed and entertained. Hosts DeAnn MacCloskey and Mitch English offer a daily look at what audiences need to know.

WHDO .2 & .4 Monday to Friday, 8:30am/30 minutes

Coffee With America

Description: Coffee with America is a weekly half-hour series that will bring you up to speed on "what's brewing" in news, social media and pop culture. WHDO .2 & .4, Monday, 7:00am/30 minutes.

Hiring America

Hiring America is a weekly 30 minute series that features U.S. companies offering real jobs to America's veterans. Career counselors and HR specialists share uniquely tailored insights on how to find suitable employment, as well as valuable PTSD information to help vets and their families ease their transition on to civilian life. WHDO.2 & .4, Monday, 9:30am/30 minutes

Community Calendar

One minute feature broadcast Monday to Friday 1x daily highlighting and publicizing events in the City of License, Orlando, as well as the surrounding areas.

WHDO .2 Monday to Friday, 6:25am - 9:28am, 1x/day 1minute each WHDO .4 Monday to Friday, 7:25am -7:55am, 1x/day 1 minute each

Public Service Announcements

Address problems, needs, and interests facing the community.

Complete program descriptions follow.

American Roundtable WHDO-CD Main, .2 & .4 Monday, Wednesday, Friday 9:00am 30 minutes

10/2/23

American Roundtable

Spry & Strickler: Robotaxis Allowed to Expand Services in San Francisco. San Francisco's Self-Driving Cars Are Causing Oodles of 911 Calls. Al-Powered Recipe Bot Offers Deadly Suggestions. – James Cameron on Al: 'I Warned You Guys in 1984'. Tech-Savvy Job

10/4/23

American Roundtable

Spry & Mergillano: JPMorgan Settles With Epstein Victims for \$290M. SCOTUS Just Made It Harder to Convict Someone of Making a Threat; – New Twitter CEO Starts Paying the Bills: Report. Don't Let TCM Turner Classic Movies Slip Away; Heavy Drinkers Have Gre

10/6/23

American Roundtable

Spry & Strickler: Supreme Court Freezes Deal That Protects Sackler Family. British Museum to Pull 'Sackler'. Family Wins \$11M in Suit Over Florida Kratom Death. US Army Sees Record Number of Fatal ODs From This Drug.Our Suicide Count Keeps Getting Worse.D

10-9-23

American Roundtable

Spry & Strickler: Anthem Beloved by Conservatives Makes Music History. Oliver Anthony on GOP Debate: 'I Wrote That Song About Those People' NYC Mayor Adams: Migrant Crush 'Will Destroy New York City'. McConnell: 'I'm Going to Finish My Term'.

10/11/23

American Roundtable

. Spry & Strickler: Biden: I'll Meet With DeSantis in Florida. DeSantis: Well... Did DeSantis Miscalculate Against Disney? Ex-Disney CEO: Working There Was '3 years of Hell'. NY AG: Judge Should Rule Trump Committed Fraud Now. Special Counsel Plans Indictmen

10/13/23

American Roundtable

Spry & Strickler: Biden: I'll Meet With DeSantis in Florida. DeSantis: Well... Did DeSantis Miscalculate Against Disney? Ex-Disney CEO: Working There Was '3 years of Hell'. NY AG: Judge Should Rule Trump Committed Fraud Now. Special Counsel Plans Indictmen

10/16/23

American Roundtable

Spry & Strickler: Robotaxis Allowed to Expand Services in San Francisco. San Francisco's Self-Driving Cars Are Causing Oodles of 911 Calls. Al-Powered Recipe Bot Offers Deadly Suggestions. – James Cameron on Al: 'I Warned You Guys in 1984'. Tech-Savvy Job

10/18/23

American Roundtable

Spry & Strickler: Supreme Court Freezes Deal That Protects Sackler Family. British Museum to Pull 'Sackler'. Family Wins \$11M in Suit Over Florida Kratom Death. US Army Sees Record Number of Fatal ODs From This Drug.Our Suicide Count Keeps Getting Worse.D

10/20/23

American Roundtable

Spry & Strickler: Biden: I'll Meet With DeSantis in Florida. DeSantis: Well... Did DeSantis Miscalculate Against Disney? Ex-Disney CEO: Working There Was '3 years of Hell'. NY AG: Judge Should Rule Trump Committed Fraud Now. Special Counsel Plans Indictment

10/23/23

American Roundtable

Spry & Strickler: Biden: I'll Meet With DeSantis in Florida. DeSantis: Well... Did DeSantis Miscalculate Against Disney? Ex-Disney CEO: Working There Was '3 years of Hell'. NY AG: Judge Should Rule Trump Committed Fraud Now. Special Counsel Plans Indictmen

10/27/23

American Roundtable

Spry & Strickler: Anthem Beloved by Conservatives Makes Music History. Oliver Anthony on GOP Debate: 'I Wrote That Song About Those People' NYC Mayor Adams: Migrant Crush 'Will Destroy New York City'. McConnell: 'I'm Going to Finish My Term'.

10/30/23

American Roundtable

Spry & Strickler: Hollywood Writers Can Go Back to Work at 12:01AM. Scorsese Saw Hollywood's Ills at Screening for Departed. Award for First Black Actor to Win Oscar Is Heading 'Home'. Kaepernick to Jets: I'm Your 'Risk-Free Contingency Plan'.

11/1/23

American Roundtable

Spry & Strickler: Federal Reserve Leaves Key Rate Unchanged. Another Massive Recall for Hyundai and Kia. With Dad as Caddy, Charlie Woods Scores Big Win. A Woman Makes College Football History. Space Force Is Considering Setting Up Base in 3rd Country.

11/3/23

American Roundtable

Spry & Strickler: Hollywood Writers Can Go Back to Work at 12:01AM. Scorsese Saw Hollywood's Ills at Screening for Departed. Award for First Black Actor to Win Oscar Is Heading 'Home'. Kaepernick to Jets: I'm Your 'Risk-Free Contingency Plan'.

11/6/23

American Roundtable

Spry & Strickler: UAW, Ford Have a 'Historic' Tentative Agreement. Man Gets Trapped Overnight in NYC Bank Vault. Chicago woman, 104, skydives from plane, aiming to break record for world's oldest skydiver. Dog Raises the Alarm After Teen Has Stroke.

11/8/23

American Roundtable

Spry & Strickler: Federal Reserve Leaves Key Rate Unchanged. Another Massive Recall for Hyundai and Kia. With Dad as Caddy, Charlie Woods Scores Big Win. A Woman Makes College Football History. Space Force Is Considering Setting Up Base in 3rd Country.

11/10/23

American Roundtable

Spry & Strickler: UAW, Ford Have a 'Historic' Tentative Agreement. Man Gets Trapped Overnight in NYC Bank Vault. Chicago woman, 104, skydives from plane, aiming to break record for world's oldest skydiver. Dog Raises the Alarm After Teen Has Stroke.

11/13/23

American Roundtable

Spry & Strickler: UAW, Ford Have a 'Historic' Tentative Agreement. Man Gets Trapped Overnight in NYC Bank Vault. Chicago woman, 104, skydives from plane, aiming to break record for world's oldest skydiver. Dog Raises the Alarm After Teen Has Stroke.

11/15/23

American Roundtable

Spry & Strickler: Meet the House's Most Powerful Republican, Mike Johnson. Large Study of 80,000 Migraine Sufferers Uncovers Commonalities That May Lead to Potential Treatment. Tai Chi Can Curb Parkinson's Disease Symptoms for Years and Lower Needed.

11/17/23

American Roundtable

Spry & Strickler: UAW, Ford Have a 'Historic' Tentative Agreement. Man Gets Trapped Overnight in NYC Bank Vault. Chicago woman, 104, skydives from plane, aiming to break record for world's oldest skydiver. Dog Raises the Alarm After Teen Has Stroke.

11/20/23

American Roundtable

Spry & Strickler: UAW, Ford Have a 'Historic' Tentative Agreement. Man Gets Trapped Overnight in NYC Bank Vault. Chicago woman, 104, skydives from plane, aiming to break record for world's oldest skydiver. Dog Raises the Alarm After Teen Has Stroke.

11/22/23

American Roundtable

Spry & Strickler: Meet the House's Most Powerful Republican, Mike Johnson. Large Study of 80,000 Migraine Sufferers Uncovers Commonalities That May Lead to Potential Treatment. Tai Chi Can Curb Parkinson's Disease Symptoms for Years and Lower Needed.

11/24/23

American Roundtable

Spry & Strickler: UAW, Ford Have a 'Historic' Tentative Agreement. Man Gets Trapped Overnight in NYC Bank Vault. Chicago woman, 104, skydives from plane, aiming to break record for world's oldest skydiver. Dog Raises the Alarm After Teen Has Stroke.

11/27/23

American Roundtable

Spry & Strickler: Anthem Beloved by Conservatives Makes Music History. Oliver Anthony on GOP Debate: 'I Wrote That Song About Those People' NYC Mayor Adams: Migrant Crush 'Will Destroy New York City'. McConnell: 'I'm Going to Finish My Term'.

11/29/23

American Roundtable

Spry & Strickler: Biden: I'll Meet With DeSantis in Florida. DeSantis: Well... Did DeSantis Miscalculate Against Disney? Ex-Disney CEO: Working There Was '3 years of Hell'. NY AG: Judge Should Rule Trump Committed Fraud Now. Special Counsel Plans Indictmen

12/1/23

American Roundtable

Spry & Strickler: Hollywood Writers Can Go Back to Work at 12:01AM. Scorsese Saw Hollywood's Ills at Screening for Departed. Award for First Black Actor to Win Oscar Is Heading 'Home'. Kaepernick to Jets: I'm Your 'Risk-Free Contingency Plan'.

12/4/23

American Roundtable

Spry & Strickler: Hollywood Writers Can Go Back to Work at 12:01AM. Scorsese Saw Hollywood's Ills at Screening for Departed. Award for First Black Actor to Win Oscar Is Heading 'Home'. Kaepernick to Jets: I'm Your 'Risk-Free Contingency Plan'.

12/6/23

American Roundtable

Spry & Strickler: Federal Reserve Leaves Key Rate Unchanged. Another Massive Recall for Hyundai and Kia. With Dad as Caddy, Charlie Woods Scores Big Win. A Woman Makes College Football History. Space Force Is Considering Setting Up Base in 3rd Country.

12/8/23

American Roundtable

Spry & Strickler: UAW, Ford Have a 'Historic' Tentative Agreement. Man Gets Trapped Overnight in NYC Bank Vault. Chicago woman, 104, skydives from plane, aiming to break record for world's oldest skydiver. Dog Raises the Alarm After Teen Has Stroke.

12/11/23

American Roundtable

Spry & Strickler: Interview with Al Spry and his new book - Your Abundant Now: Embracing Gratitude, Alignment, and the Present Moment for a Life of Joyful Abundance. From Scarcity and Stress to Abundance and Joy. The Power of the Present Moment Chapter 2

12/13/23

American Roundtable

Spry & Strickler: Interview with Al Spry and his new book - Your Abundant Now: Embracing Gratitude, Alignment, and the Present Moment for a Life of Joyful Abundance. From Scarcity and Stress to Abundance and Joy. The Power of the Present Moment Chapter 2

12/15/23

American Roundtable

Spry & Strickler: Meet the House's Most Powerful Republican, Mike Johnson. Large Study of 80,000 Migraine Sufferers Uncovers Commonalities That May Lead to Potential Treatment. Tai Chi Can Curb Parkinson's Disease Symptoms for Years and Lower Needed.

12/18/23

American Roundtable

Spry & Strickler: Today at Starbucks, a 'Red Cup Rebellion'.'3 Miracles' Saved This Texas Hiker. Rescuers Spot 'Unusual' Rock: It Was Their Lost Hiker. Drinking Soda Changes How Kids' Brains Work. 'Wrong Number' Crew to Celebrate 8th Thanksgiving Together

12/20/23

American Roundtable

Spry & Strickler: Interview with Al Spry and his new book - Your Abundant Now: Embracing Gratitude, Alignment, and the Present Moment for a Life of Joyful Abundance. From Scarcity and Stress to Abundance and Joy. The Power of the Present Moment Chapter 2

12/22/23

American Roundtable

Spry & Strickler: Today at Starbucks, a 'Red Cup Rebellion'.'3 Miracles' Saved This Texas Hiker. Rescuers Spot 'Unusual' Rock: It Was Their Lost Hiker. Drinking Soda Changes How Kids' Brains Work. 'Wrong Number' Crew to Celebrate 8th Thanksgiving Together

12/25/23

American Roundtable

Spry & Strickler: Today at Starbucks, a 'Red Cup Rebellion'.'3 Miracles' Saved This Texas Hiker. Rescuers Spot 'Unusual' Rock: It Was Their Lost Hiker. Drinking Soda Changes How Kids' Brains Work. 'Wrong Number' Crew to Celebrate 8th Thanksgiving Together

12/27/23

American Roundtable

Spry & Strickler: Interview with Al Spry and his new book - Your Abundant Now: Embracing Gratitude, Alignment, and the Present Moment for a Life of Joyful Abundance. From Scarcity and Stress to Abundance and Joy. The Power of the Present Moment Chapter 2

12/29/23

American Roundtable

Spry & Strickler: Today at Starbucks, a 'Red Cup Rebellion'.'3 Miracles' Saved This Texas Hiker. Rescuers Spot 'Unusual' Rock: It Was Their Lost Hiker. Drinking Soda Changes How Kids' Brains Work. 'Wrong Number' Crew to Celebrate 8th Thanksgiving Together

Daily Flash WHDO .2 & .4 Monday to Friday, 8:30am 30 minutes

Daily Flash Show Synopsis - Week Of 10/2/23

Monday, 10/2

"Insider" Senior Reporter for VC and start up's Darius Rafieyan explains Googlw Barb and its effects, plus Mindy Machock from "Zen Dogs Therapy" explains the effects of therapy dogs, and accountant Shantal Williams walks us through holiday budgeting.

Tuesday, 10/3

Speech Pathologist Toni-Ann Antoniato shares the causes and effects of infants thumb-sucking, plus, author Florence Ann Romano talks people-pleasing.

Wednesday, 10/4

We're in the kitchen for some great pizza-dips, also some bacon wrapped pickles. Also, see why Reba McEntire is getting corny.

Thursday, 10/5

Country crooner Zach Bryan explains what lead to his arrest, plus the morbid pregnancy photoshoot.

Friday, 10/6

Barbra Striesand is back with big news! Also, It's the host picks on what to stream for the weekend.

Daily Flash Show Synopsis - Week Of 10.9.23

Monday, 10/9

CEO and Founder of Coral and Blue Paper Company, Ashley Cruz Campbell is changing the way kids say Thank You, one written note at a time, plus, Insider's real Estate guru James Rodriguez explains the latest Real Estate trends, and former marine Drina Black talks about jumping into the technology field.

Tuesday, 10/10

Senior Crime Writer at "The Messenger" Steve Helling talks about the Murdaugh Trial, also, book author Heather Dolland Taman shares tips on how to navigate through life's struggles, plus, a young boy defies his teachers and turns his doodles into a huge contract with a major worldwide company.

Wednesday, 10/11

Registered dietitian and author Rachel Beller shares healthy recipes for breast health, plus, a plus size influencer is on a mission for hotels to be inclusive.

Thursday, 10/12

See which celebrities are blowing out candles this week and it's the must-watch movie

Friday, 10/13

Meet the oldest skydiver, plus, it's a property for sale, but why some say it's haunted. Also, it's the host picks on what to stream for the weekend.

Daily Flash Show Synopsis - Week Of 10/16/23

Monday, 10/16

Insider Contributor Leah Borski talks about Being Banned From Facebook and what to do if you are, also, Founder and Host of the blog "Living By Disney" Serena Lyn talks everything Disney.

Tuesday, 10/17

Writers and Producers from the film "A Time For Every Purpose" talk about the film, plus, Dr. Frieda Birnbaum talks about mental health issues during these trying times.

Wednesday, 10/18

Parenting Expert Katherin Sellery talks about kids and pets, plus, it's Test Kitchen time as we try Carrot Bacon.

Thursday, 10/19

See which celebrities are blowing out candles this week and it's the must-watch movie

Friday, 10/20

Daily Flash Latino host Fabian Marcana holds the Relationship Refresh round table talk, plus, see which shows or movies the hosts suggest to stream for the weekend.

Daily Flash Show Synopsis - Week Of 10/23/23

Monday, 10/23

Author and Illustrator Marie Boyd talks about her new kids book "Just A Worm," plus she's this week's "Boss Lady," it's liene Lieber talking about starting her own PR company, and Insider's Senior Economy Policy Reporter Ayelet Sheffey talks student loan forgiveness.

Tuesday, 10/24

Veteran writer, producer and Hollywood director talks about shooting the best video, also, it's test kitchen with a goat cheese appetizer, plus, a man fights off a kangaroo to save his dog.

Wednesday, 10/25

Inspiration speaker and author TJ Woodward talks about the phenomenon of cancel culture, plus, it's test kitchen time with some deviled egg burgers, and a teen wins a car in the most unexpected way.

Thursday, 10/26

See which celebrities are blowing out candles this week and it's the must-watch movie

Friday, 10/27

Daily Flash Latino host Fabian Marcana holds the Relationship Refresh round table talk, plus, see which shows or movies the hosts suggest to stream for the weekend.

Daily Flash Show Synopsis - Week Of 10/30/23

Monday, 10/30

Senior Reporter for Autos at Insider.com Nora Naughton talks what missing car payments can mean, also, author Kristin Harmel talks about her latest book, and Daily Flash Latino's Jessica Reyes highlights the best Halloween cities, plus, it's the latest in celebrity real estate.

Tuesday, 10/31

CEO and FOunder of Sandra's Wine Life demonstrates the best wines to pair with Halloween candy, plus, it's the massive wine-n-dash that's causing controversy online, and, a new law is making South Koreans younger.

Wednesday, 11/1

A woman takes 10 years getting revenge on a man who insulated her friend, plus, it's left over Halloween candy ideas, and see how baking soda can determine the health of your gut.

Thursday, 11/2

See which celebrities are blowing out candles this week and it's the must-watch movie

Friday, 11/3

Daily Flash Latino host Fabian Marcana holds the Relationship Refresh round table talk, plus, see which shows or movies the hosts suggest to stream for the weekend.

Daily Flash Show Synopsis - Week Of 11/6/23

Monday, 11/6

"Insiders' Cork Gaines explains how baby boomers can keep the U.S. economy out of a recession, plus, see how entrepreneur Chauniqua Major took her love of business and popcorn to a new level.

Tuesday, 11/7

Real Estate guru Dean Rogers shares tips on getting your finances in order, plus, meet the 71-year-old DJ, and it's the recipe for beer-cheese dip in the Daily Flash Test Kitchen.

Wednesday, 11/8

Nutritionist Mona Dolgov talks the longevity diet for longer and healthier lives, plus, it's popsicles in the Daily Flash Test Kitchen.

Thursday, 11/9

See which celebrities are blowing out candles this week and it's the must-watch movie

Friday, 11/10

Daily Flash Latino host Fabian Marcano holds the Relationship Refresh round table talk, plus, see which shows or movies the hosts suggest to stream for the weekend.

Daily Flash Show Synopsis - Week Of 11/13/23

Monday, 11/13

Liz Puga of ESP Real Estate Services talks about what could ultimately happen the next time you want to buy or sell a house. Also, finance guru Dr. David Phelps talks about the alliance trying to take over the U.S. dollar.

Tuesday, 11/14

"Insiders' Cork Gaines explains how the new wave of weight loss drugs is poised to change the economy. Also, it's the crimefighting forklift which saves the day on a repeat offender, and Kylie Jenner banks huge within the first hour of releasing her new clothing line.

Wednesday, 11/15

Parenting Expert Katherin Sellery shares tips on cultivating cultural curiosity in kids, plus, Chiropractic Neurologist Dr. Spencer Zimmerman talks about ways to prevent Alzheimer's.

Thursday, 11/16

See which celebrities are blowing out candles this week and it's the must-watch movie

Friday, 11/17

Daily Flash Latino host Fabian Marcano holds the Relationship Refresh round table talk, plus, see which shows or movies the hosts suggest to stream for the weekend.

Daily Flash Show Synopsis - Week Of 11/20/23

Monday, 11/20

"Insiders" Senior Personal Finance Reporter Jennifer Streaks talks tips on protecting your money and identity, plus, fashion designer Tommy Hilfiger is prepared to take a loss as he slashes the price of his mansion, and N'SYNK's JOey Fatone opens up about his body enhancements.

Tuesday, 11/21

"Insiders" Katherine Tangalakis-Lippert dives into what Taylor Swift and Rick Ross have in common, plus, tips on what to know before gifting a pet for the holidays, and U.S. life expectancy drops, find out if men or women are dying younger.

Wednesday, 11/22

Marriage and Family therapist Aurisha Smolarski advices how to co-parent during the holidays, plus, Google is advising people to protect your email or else, and former Atlanta housewife Kim Zolciack re-adds her married name to social media.

Thursday, 11/23

See which celebrities are blowing out candles this week and it's the must-watch movie

Friday, 11/24

Daily Flash Latino host Fabian Marcano holds the Relationship Refresh round table talk, plus, see which shows or movies the hosts suggest to stream for the weekend.

Daily Flash Show Synopsis - Week Of 11/27/23

Monday, 11/27

"Insiders" Mortgage Reporter Molly Grace talks about the bright side of buying a home next year, also, Founder of Gravitas New York, Lisa Sun is this weeks Boss Lady who is currently inspiring other women to be their best, and, after a years long battle, Katy Perry finally purchases her dream home.

Tuesday, 11/28

It's the round-table topic on whether or not you should call your ex, also, a private school hires the first ever Al principal, and a man claims his boss keeps him hidden because of his tattoos.

Wednesday, 11/29

Dream Expert Dr. Michael Lennox explains how dreams can manifest your desires, also, Daily Flash Latino's Fabian Marcano gives an insight on the week in music, and it's the latest toilet paper trend which involves the refrigerator.

Thursday, 11/30

See which celebrities are blowing out candles this week and it's the must-watch movie

Friday, 12/1

Daily Flash Latino host Fabian Marcano holds the Relationship Refresh round table talk, plus, see which shows or movies the hosts suggest to stream for the weekend.

Daily Flash Show Synopsis - Week Of 12/4/23

Monday, 12/4

"Insiders" Tech and Trending Reporter Lakshmi Varanasi talks the latest longevity trend, plus, find out the correct way to eat Pringles, and it's another plane rude passenger as she pulls her pants down in front of all passengers.

Tuesday, 12/5

Find out how restaurants are "guilt tripping" customers who order water, also, a woman gets backlash for breastfeeding while on a ride at Disney, and a dad is all about gender free fashion and that's why he wears skirts and heels.

Wednesday, 12/6

Mental Health Therapist Dr. Toni Warner shares tips on how not to stress during the holidays, plus Daily Flash Latino's Fabian Marcano talks the latest in music trend for the week and he's the Jenga stacker who inspired a Hallmark movie.

Thursday, 12/7

It's this week's pick on the must-watch movie.

Friday, 12/8

the hosts suggest to stream for the weekend, and it's this week's relationship refresh advice. ##

Daily Flash Show Synopsis - Week Of 12/11/23

Monday, 12/11

COSTCO enthusiasts Joy & David Schwartz talk their cross-country book tour on "The Joy Of Costco Christmas," also, forget about speed cameras on the road ways, there's a new trend of noise cameras, and, see why Jennifer Lopez is embracing the aging process.

Tuesday, 12/12

Happiness Coach Brad Chandler talks on how your childhood habits can affect you adulthood spending habits, plus, a 70-year-old woman welcomes twins through IVF, and, a man's treehouse in bringing in the money as an AirBNB.

Wednesday, 12/13

Parenting Expert Katherine Sellery gives advice on how to navigate world conflicts with kids, plus, a bank mistakenly deposits millions of dollars into a customers account, and, former Salt Lke City housewife Jen Shah is getting her convict friends into shape.

Thursday, 12/14

It's this week's pick on the must-watch movie.

Friday, 12/15

The hosts suggest what to stream for the weekend, and it's this week's relationship refresh advice.

Daily Flash Show Synopsis - Week Of 12/18/23

Monday, 12/18

Lori Greymont from "Funding Faceoff" shares tips for homeowners facing foreclosure, also, the real reason many teachers are quitting their jobs and it has to do with student violence, plus, a teen passes the bar and gets worn in as the youngest attorney.

Tuesday, 12/19

A flight attendant gets backlash for feeding a child mid-flight, also, find out what happens when dad is in charge of elf-on-a-shelf, and disgraced congressman George Santos is banking with CAMEO appearances.

Wednesday, 12/20

A chihuahua leads motorists on a highway chase, plus, 23-and-me genetics company gets hacked exposing millions of DNA's, and, Progresso settles the argument on the correct way to eat soup.

Thursday, 12/21

It's this week's pick on the must-watch movie.

Friday, 12/22

The hosts suggest what to stream for the weekend, and it's this week's relationship refresh advice.

Daily Flash Show Synopsis - Week Of 12/25/23

Monday, 12/25

It's a Christmas Day celebration as we learn why neighbors in one neighborhood are bothered by Christmas light decor, plus, meet a man who says Christmas is a state of mind as he decorates his apartment with over ten Christmas trees, also, get ready to hot the kitchen for the typical holiday drink, Coquito.

Tuesday, 12/26

A 10-year-old boy wants to get rid of the nerd emoji on phones, also, with housing prices rising, many people are considering living on the water. See why houseboats are a hot commodity. And, it's the first Artificial Intelligence doctor's office, and it'll be with us sooner than you think!

Wednesday, 12/27

Energetics and Transformational coach Kelli Rivers shares tips on how to keep your New Year's resolutions, plus, a husband reacts to his wife's newly transformed lips, and, the heir to fashion house Hermes is. leaving a huge fortune to his gardener.

Thursday, 12/28

Health Industry Expert Annarose Mongiello share tips on how to control your kids sugar intake, plus, a man jumps into the pool site at the 911 Memorial site in NYC, and, Talor Swift breaks touring records, see how much money she brings to the economy.

Friday, 12/29

Actor Kevon Dorbo talks about his latest movie "Miracle In Texas," also, bridesmaids walk down the aisle passing out fireball shots to wedding guests, and find out what a mom named her baby as it's dubbed the worst baby name ever!

Coffee With America WHDO .2 & .4 Mondays 7:00am 30 minutes

10-2-23

Coffee With America

This week on an all-new Coffee with America, join Sasha Rionda as she gets ready for our

favorite day of the year – National Coffee Day. Plus, planning the ultimate tailgate

10-9-23

Coffee With America

New this week on Coffee with America, Sasha Rionda is sharing beauty and fashion trends for

fall. Plus, a look inside the Purina Dog Show

10-16-23

Coffee With America

This week on an all-new Coffee with America, it's all about Fall! Whether it's upgrading home

décor, checking out new beauty and fashion trends, or planning a getaway, we've got you

covered

10-23-23

Coffee With America

New this week on Coffee with America, Sasha Rionda is getting tips to take care of sensitive skin

as part of Eczema Awareness Month. Plus, genetic testing for breast cancer risk and job market

trends for workers and employers.

10-30-23

Coffee With America

Coming up this week on Coffee with America, host Sasha is getting you ready for Halloween

with some tricks and treats for the big day.

11-6-23

Coffee With America

This week on an all-new Coffee with America, join Sasha Rionda for fall and winter wellness advice. Plus, financial planning help and a busy moms fall checklist

11-13-23

Coffee With America

This week on an all-new Coffee with America, host Sasha Rionda is getting critical information about being prepared for natural disasters with the right insurance. Plus, scholarship help for high school and college students, and tips for staying hydra

11-20-23

Coffee With America

New this week on Coffee with America, Sasha Rionda is getting a jump start on Thanksgiving

with shopping and saving tips. Plus, making sure the places we visit are clean and celebrating

the 10th anniversary of Disney's "Frozen."

11-27-23

Coffee With America

Coming up this week on Coffee with America, the countdown to Thanksgiving is on so host

Sasha Rionda is getting holiday hacks and hosting tips.

12-4-23

Coffee With America

This week on an all-new Coffee with America, join Sasha Rionda as she gets you ready for the holiday shopping rush. From tech to toys, learn what's new and hot this season

12-11-23

Coffee With America

This week on an all-new Coffee with America, host Sasha Rionda has the best gifts to give the beauty lover on your list. Plus, healthy holiday snacking, games for the entire family, and car sickness tips to help queasy kids on family road trips.

12-18-23

Coffee With America

New this week on Coffee with America, Sasha Rionda is sharing gift ideas for our favorite furry

friends. Plus, those gotta-have-it gifts to Tech the Halls. And, creating tasty holiday recipes with

everyone's favorite ingredient – cheese!

12-25-23

Coffee With America

Coming up this week on Coffee with America, the countdown to Christmas is on so host Sasha Rionda is sharing gift guides for a happy ho-ho-holiday.

Hiring America WHDO .2 & .4 Monday 9:30am 30 minutes

10-2-23

Hiring America

This week's Hiring America focuses on DAV, an organization that protects and provides for veterans, and why it's crucial for the next generation of vets to get involved. Plus, college tips for veterans and more.

10-9-23

Hiring America

This week, Hiring America focuses on how DAV provides crucial services to military spouses. Plus, more helpful tips for military spouses including scholarship information.

10-16-23

Hiring America

This week, Hiring America spotlights a free mentorship program where experienced professionals help veterans and military spouses. Plus, how one veteran's military travels led to a game that's fun for the whole family.

10-23-23

Hiring America

This week, Hiring America announcer Mark Thompson sits down with Navy veteran, comedian and longtime weatherman Fritz Coleman. Plus, how Hilton Hotels & Resorts value veterans.

10-30-23

Hiring America

This week on Hiring America, Army Veteran and Duke Coach Mike Krzyzewski talks about one of his proudest moments, and it may surprise you to learn it's not about winning national or world championships. but when one of his players made Army Ranger

11-6-23

Hiring America

This week, Hiring America spotlights a free program helping veterans and military spouses prepare for civilian work. Plus, an interview with celebrity chef Robert Irvine.

11-13-23

Hiring America

This week, Hiring America turns the spotlight on the Gl's of Comedy, a group of former service members turned Comics who perform at clubs and military bases around the world. Their Motto: Still serving their country, one joke at a time.

11-20-23

Hiring America

This week on Hiring America, how one veteran US Army medic continues to makes a difference. Plus, a financial checklist for military spouses and veterans

11-27-23

Hiring America

This week on Hiring America, a cutting-edge program provides military spouses with networking, training, and hands-on experience in the civilian workforce. Plus, how a golf game inspired a US Marine to start a successful business.

12-4-23

Hiring America

This week on Hiring America, a cutting-edge program provides military spouses with networking, training and hands-on experience in the civilian workforce. Plus, how a golf game inspired a US Marine to start a successful business.

12-11-23

Hiring America

This week Hiring America highlights DAV and how they connect disabled veterans with employers. Plus, an interview with American hero and Paralympic medalist Melissa Stockwell

12-18-23

Hiring America

This week on Hiring America: VetsLeaD, a training and mentorship program, helps transitioning veterans enter the corporate workforce. Plus, Purple Heart recipient and Paralympic champion Brad Snyder shares his story.

12-25-23

Hiring America

This week on Hiring America, cybersecurity is a rising concern. One university's cybersecurity program can pave the way to a successful career. Plus, a veteranturned-entrepreneur unveils his "battle tested" BBQ sauce.

Orlando, FL Community Calendar WHDO .2 & .4

October

DISTRICT 2 NATIONAL NIGHT OUT ROCK THE HOUSE PARTY

Tuesday, October 3rd, 2023

National Night Out event happening on October 3, 2023. There will be free food, drinks, activities, giveaways and entertainment.

READ TO THE DOGS

Tuesday, October 03, 2023, 4:00pm-5:00pm Minneola Library, 100 S. Main Ave, Minneola, FL

All ages are invited to join the PAWS Therapy Dogs every first Tuesday of the month from 4-5pm. Drop in anytime during that hour, our next date is Tuesday, December 6. PAWS Therapy Dogs provide compassionate canine community service work by visiting libraries, schools, senior centers and nursing homes. Children, teens and adults can hang out, pet and read a book with these trained therapy pups. If your child in not reading yet, no worries, they can still have fun.

FREE DOWNTOWN ORLANDO HISTORIC DISTRICT ARCHITECTURAL WALKING TOUR

Downtown Orlando

201 South Orange Avenue, Suite 102, Orlando, FL 32802

Dates: 10/6/2023, 11/3/2023, 12/1/2023

Time: 9:15 - 11:00 a.m.

On the first Friday of the month from October-May, we offer a free guided tour of the Downtown Historic District. Tours feature architectural and historic information about some of downtown Orlando's oldest and most historic buildings and start at 9:30 a.m. at Discover Downtown - the Downtown Orlando Info Center (201 S. Orange Avenue). Tours last approximately 1.5 hours.

WINTER PARK AUTUMN ART FESTIVAL

150 W Morse Boulevard Winter Park, FL 32789

Dates: October 7, 2023 - October 8, 2023

Recurrence: Recurring daily

Time: 9 a.m. - 5 p.m

The Winter Park Autumn Art Festival is the only juried fine art festival exclusively featuring Florida artists.

The Winter Park Chamber of Commerce is proud to host the festival on the second weekend in October each year. The community-oriented sidewalk show presents quality visual art and live entertainment the whole family can enjoy. The festival is held in beautiful Central Park located along historic Park Avenue in downtown Winter Park.

The festival is open from 9:00 a.m. - 5:00 p.m. both days.

Admission is free!

2023 STEP UP FOR DOWN SYNDROME BUDDY WALK 512 E Washington St. Orlando, FL 32801

Dates: October 14, 2023

Price: Free

Time: 8:30 a.m. - 12:30 p.m.

Welcome to the biggest celebration of love, support, and joy for people with Down Syndrome and their families in all of Florida! Every year, thousands of families, friends, and community partners come together to Step Up for Down Syndrome - raising awareness for the more than 50 programs the Down Syndrome Association of Central Florida provides to families all year round.

OFD STATION 9 OPEN HOUSE

Saturday, October 14, 2023 | 09:00 AM to 12:00 PM

Northwest Neighborhood Center, 3955 W D Judge Drive, Orlando, FL 32808

Join the Orlando Fire Department for an Open House.

This free event will include Hands-Only CPR Training, blood pressure and glucose checks, station tours, fire safety information, food and more.

ORLANDO INTERNATIONAL DRAGON BOAT FESTIVAL AND ASIAN CULTURAL EXPO

3401 S. Hiawassee Rd. Orlando, FL 32835

Dates: October 14, 2023

Price: Free

Time: 10 a.m. - 3 p.m.

This event brings together culture, sport and international flavors that blend a 2,500-year-old tradition with the fun and excitement of an outdoor festival.

Twenty paddlers move in unison, combining strength and teamwork in a boat whose elaborate design originates from ancient China. Social groups and businesses alike embrace the sport because it builds camaraderie, forms connections and promotes healthy lifestyles. Admission to this family-friendly event is free; races will begin at 9:00am and will continue throughout the day. Festival grounds will offer a variety of activities for all participants and spectators. Experience the Asian Cultural Expo, wander through the Health & Wellness Village featuring exciting products and services to assist in leading a healthy lifestyle. Grab a bite from one of the Food Trucks, enjoy watching the races in the Beer Garden or shop in the Marketplace. Families can bring their children to enjoy games and activities in the interactive

Kids Zone.

TOWN HARVEST

Presented By: Lake Nona

6900 Tavistock Lakes Blvd Orlando, FL 32827

Dates: October 14, 2023

Price: Free Time: 5 - 10 p.m

Lake Nona's Town Harvest kicks off the autumn season with a pumpkin patch and decorating station, live country music, and a tractor photo-op. Not to mention, come grab some fall themed treats and enjoy one of our specialty drinks! Stay tuned for additional details as they are announced.

LITTLE CREATIVES AND ME

Art & History Museums - Maitland

210 W. Packwood Ave. Maitland, FL 32752 **Dates:** 10/18/2023, 11/15/2023, 12/20/2023

Free with Pre-Registration

Time: 10 a.m.

Songs, stories and art time, especially for babies and toddlers and their very special person. Join us in the main garden on the historic grounds of the Art & History Museums. We'll have a themed circle and story time plus an art activity especially for littles! A snack will be provided too. Recommend age: under 3, and their very special person (parent, grandparent, caregiver). Older siblings are always welcome!

Space is limited and registration will close 2 days before the program date.

Please arrive about 5 minutes early to give yourself time to park and walk over to the main garden. We will begin promptly at 10 am. If you'd like, please bring a picnic blanket for your family.

This program is brought to you free of charge by the Art & History Museums of Maitland.

LEGO DAY AT THE MUSEUM

Central Florida Railroad Museum 101 South Boyd Street, Winter Garden, FL 34787

Dates: October 21, 2023

Price: Free

Time: 9 a.m. - 4 p.m.

Join us as we host the Greater Florida Lego User Group and their wonderful Lego model railroad layout. We'll also have a kid's coloring table, a pop-up gift shop with Thomas the Tank Engine merchandise, books and collectibles. Free admission to the museum.

4ROOTS SPROUT SPRINT + HARVEST FESTIVAL 2002 Packing District Way, Orlando, FL 32804

Dates: October 28, 2023

Price: Festival & Kids Run: Free; Adult Sprint Participation: \$20 - \$35

Time: 9:30 a.m. - 2 p.m

Join us and celebrate the beauty of the season. This family-friendly day includes a **Sprout Sprint Fun Run**, **Lil' Sprout Kids Run**, and **4Roots Harvest Festival**. Start the day with a 2.49-mile fun run/walk along scenic trails through the Packing District and 4Roots Farm Campus. Starting and ending at The Grove Park in the Packing District.

After, participants, spectators and the community can attend the **4Roots Harvest Festival** for live music, food vendors, Packing District Farmers Market with local artisans, a pumpkin patch hosted by Fresh by 4Roots, and more. For kids, we will have a costume contest, a **Lil' Sprout Kids Run**, and lots of fun activities and games. Help bring the community together to build solutions for a better food future and encourage each other to improve our physical health through exercise and our well-being by doing something outside.

AVALON PARK SPOOKTACULAR

3651 Avalon Park West Blvd, Orlando, FL 32828

For Halloween, we pull out all the stops and throw a family-friendly Spooktacular trick or treat in the heart of our hometown!

Dates: October 28, 2023

Price: Free **Time:** 5 - 9 p.m.

TRUNK OR TREAT CAR SHOW
Promenade at Sunset Walk
3251 Margaritaville Boulevard Kissimmee, FL 34747
Presented By: Promenade at Sunset Walk

Dates: October 28, 2023

Time: 4 - 8 p.m.

4th annual Promenade at Sunset Walk Halloween Kids' Trick-or-Treating and Car & Truck Show, presented by the all new Embassy Suites by Hilton Orlando ™Sunset Walk and Margaritaville Resort Orlando.

Featuring over 2 dozen candy locations, plus:

- Live music by The Layla Brisbois Band and DJ K1X
- Street Performers
- Over 30 unique restaurants, shops, and experiences

More than 100 show cars and trucks will also be distributing treats and competing in the top 3 Merchant's Choice trophies for **Best Halloween Themed Rides**!

FREE admission and parking. Outdoor event. All ages, pet friendly.

November 2023

Kids Spanish Club

Altamonte Springs Library
281 Maitland Avenue, Altamonte Springs, FL 32701
Altamonte Springs, FL
Wednesday, November 01, 2023, 3:00pm-4:00pm
Hola! Join us at the Altamonte Springs City Library for weekly Spanish classes for kids ages 6 to 10.

Beer Bingo!

Ellipsis Brewing 7500 TPC Blvd, Suite 8 Orlando, FL Wednesday, November 01, 2023, 6:00pm-9:00pm Join us at Ellipsis Brewing every Wednesday for Beer Bingo! Winners will receive 5% off their tab for each win up to 30%!

Fruitland Park First Friday Market

Fruitland Park City Hall 506 W Berckman Street

Fruitland Park, FL

Friday, November 03, 2023, 10:00am-2:00pm

The City of Fruitland Park and Orange Blossom Market Co. are delighted to announce First Fridays!

The First Friday of the month from 10:00am-2:00pm, we encourage you to come visit local businesses for food, unique vendors, and live music.

GREEK FEST 2023

Holy Trinity Greek Orthodox Church 1217 Trinity Woods Ln Maitland, FL Friday, November 03, 2023, 4:00pm-11:00pm

Price Free

Greek Fest is back! Join us the weekend of November 3rd - 5th for authentic fresh-cooked Greek food, live musical and dance performances, marketplace shopping, and fun activities for all ages - all for a good cause! Please note that this year is FREE ADMISSION and CASHLESS.

HARVEST HOLLER CORN MAZE

Harvest Holler Corn Maze 950 Tavares Road Polk City, FL Friday, November 03, 2023, 4:00pm-8:00pm **Price** \$12-\$15, 1 and younger free.

A corn maze and pumpkin patch with an adventure hayride, cow train, hay stack climbing and a slide.

PUMPKIN PATCH PAINTING IN OIL CLASS 8X10

Artisans of Mount Dora 139 E. 4th Ave Mount Dora, FL Saturday, November 04, 2023, 10:00am-1:00pm Learn to Paint Pumpkin Patch in oil

FIT 4 MOM STROLLER STRIDES

Promenade at Sunset Walk 3251 Margaritaville Blvd Kissimmee, FL Sunday, November 05, 2023, 10:30am-11:30am **Price** FREE Fit 4 Mom Stroller Strides is a 60-minute, total-body workout that incorporates cardio, strength, and core training, all while engaging and entertaining the little ones in their strollers. However, moms and dads can choose to join solo, as there are no kids required to participate in this FREE class! Registration begins at 10 AM Lizzie's Memphis Style BBQ. Your free, 60-minute class begins at 10:30 AM in the Margaritaville Blvd. North Roundabout. After your workout, join us at Lizzie's Memphis Style BBQ for terrific Fit 4 Mom lunch specials!

CASH PRIZE BINGO AT CLERMONT BREWING COMPANY

Clermont Brewing Company 750 West Desoto Street, Clermont, FL 34711 Clermont, FL

Sunday, November 05, 2023, 6:00pm-8:00pm

Every Sunday is Cash Prize BINGO at Clermont Brewing Company! Yes, we said cash prize!

FUN RUN, MUSIC BINGO & CRAVE HOT DOGS AND BBQ

Swan Brewing 115 W Pine St

Lakeland, FL

Tuesday, November 14, 2023, 5:30pm-8:30pm

Earn your beer with Fleet Feet and their weekly fun run at 5:30pm. Stay and play some music bingo with the talented SG Wood at 6:30pm. Crave Hot Dog & BBQ is in the house all afternoon.

GIVE THANKS 2023 OUTREACH

3241 Old Winter Garden Road STE 22, Orlando, FL 32805

Orlando, FL

Saturday, November 18, 2023, 9:00am-12:00pm

Come Join New Day Christian Center In our annual Give Thanks Outreach!

MT DORA ART & WELLNESS SHOW

Elizabeth Evans Park 100 N Donnelly St

Mount Dora, FL

Saturday, November 18, 2023, 10:00am-4:00pm

We are excited to announce our First annual Art & Wellness event promoting overall wellness thru mind body & soul. Join us Sat Nov 18th

FALL HARVEST FESTIVAL

707 E Washington St

Orlando, FL

Sunday, November 19, 2023, 12:00pm-5:00pm

Visit The Veranda at Thornton Park for their Fall Harvest Festival, featuring 20+ vendors, raffles, food trucks, live music, and a kids zone!

THANKSGIVING ADVENTURE DAY

Bonnet Springs Park 400 Bonnet Springs Blvd Lakeland 33815 Lakeland, FL Monday, November 20, 2023, 10:00am-2:00pm

Price Free

The Macy's Balloons Over Broadway is an annual event in New York City where giant helium-filled balloons are paraded through the streets, usually held on Thanksgiving Day. Join us on November 20 at the GiveWell Community Foundation Nature Center Classroom from 10AM-12PM to create your own balloon float before participating in the first BSP Thanksgiving Balloon Parade at 12PM from the GiveWell Community Foundation Nature Center to the Outdoor Classroom! Once the parade reaches the Outdoor Classroom we will celebrate with fun music, free face painting, and balloon art until 2PM!

CAN'T WAIT FOR CHRISTMAS CAR SHOW

Orlando Elk Lodge 1079

12 N. Primrose Drive

Orlando, FL Saturday, November 25, 2023, 10:00am-2:00pm

FREE for Spectators - \$20 to Register your car for the show

Food - DJ Music - Kids Activities — Prizes

Mr. & Mrs. Claus + elks elves and stuff the truck with toys

Write a letter to santa - we have a special mailbox!

LOCAL LIVE MUSIC AT SOLITA

Solita Tacos & Margaritas 222 S Orange Ave Orlando, FL

Saturday, November 25, 2023, 6:00pm-9:00pm Local Live Music every Friday and Saturday 6-9pm

Baja, closer than you think. Festive Mexican specialist serving tacos, wood-fired dishes & a host of craft cocktails. featuring live entertainment weekly.

OPEN PLAY AT KEHLOR REC CENTER CLERMONT

Wednesday, November 29, 2023, 9:00am-11:00am Open Play - geared toward toddler to age 12. No registration needed.

CHRISTMAS IN THE PARK

Central Park

W Morse Avenue and Park Avenue

Winter Park, FL

Thursday, November 30, 2023, 6:15pm-8:30pm

Each year, the Morse Museum helps launch the holiday season in Winter Park when it lights up Tiffany windows in Central Park and presents the Bach Festival Choir and Brass Ensemble in concert. This November is the 45th annual celebration of Christmas in the Park. Christmas in the Park was started by Hugh and Jeannette McKean, the Morse Museum's benefactors, in

1979 as a way to share a part of their rare Tiffany collection with the public in an informal setting. Today, the Morse and the City of Winter Park co-sponsor the event.

December 2023

ASK THE MASTER GARDENER PLANT CLINIC, OPEN TO THE PUBLIC

The Villages - Sumter County Service Center 7375 Powell Rd Wildwood, FL

Friday, December 01, 2023, 9:00am-3:00pm

Ask The Master Gardener Plant Clinic is available each Friday from 9:00 am to 3:00 pm. with the exception of Government Holiday's. Please feel free to bring samples and/or pictures with your horticulture questions or for general information about events.

FRUITLAND PARK FIRST FRIDAY MARKET

Fruitland Park City Hall 506 W Berckman Street Fruitland Park, FL Friday, December 01, 2023, 10:00am-2:00pm

Price Free

The City of Fruitland Park and Orange Blossom Market Co. are delighted to announce First Fridays!

The First Friday of the month from 10:00am-2:00pm, we encourage you to come visit local businesses for food, unique vendors, and live music.

Be sure to follow Orange Blossom Market Co. for vendor specials and entertainment!

YOGA IN THE GARDENS

Bok Tower Gardens 1151 Tower Blvd Lake Wales, FL Saturday, December 02, 2023, 9:00am-10:00am **Price** \$12.00 to \$17.00

Join us for a morning of bending, breathing, and relaxing in the great outdoors. This inclusive class includes gentle yoga movements that move our spine in all directions, breathing techniques, and extended relaxation infused with a sprinkling of yoga philosophy. All levels are welcome. Beginners are encouraged to attend. Registration required. Please bring your own yoga mat.

ORLANDO POTTERY FESTIVAL & HOLIDAY ARTS MARKET

Florida Army National Guard Armory 2809 South Ferncreek Avenue Orlando, FL Saturday, December 02, 2023, 9:00am-5:00pm

Price Free

The Orlando Pottery Festival & Holiday Arts Market is Central Florida's largest winter celebration and market of ceramic art—featuring 50+ talented local artists. The Orlando Pottery Festival & Holiday Arts Market is a family-friendly event for all ages; free admission, free parking. For more information about the Orlando Pottery Festival, please visit www.orlandopotteryfestival.org.

SILVER SPRINGS PADDLE TOUR

Saturday, December 02, 2023, 10:00am-1:00pm Leesburg, FL

FLORIDA WET PLATE DAY 2023

Wekiwa Springs State Park 1800 Wekiwa Circle, Apopka, FL 32712 Apopka, FL

Saturday, December 02, 2023, 10:00am-4:00pm

A get-together for Florida wet plate photographers and anyone interested in the process. Let's make some plates together!

CHRISTMAS ON THE FLORIDA FRONTIER

Dade Battlefield Historic State Park 7200 County Road 603 Bushnell, FL Saturday, December 02, 2023, 1:00pm-6:00pm

Celebrate a pioneer Christmas at Dade with old timey music, wreath making, punch tin crafting, caroling, rag, corn husk and clothes pin doll making, soap carving, period demonstrators, homemade wassail, popcorn over a fire, candle-making, old time general store, frontier foods

DINOS IN LIGHTS HOLIDAY SHOW - PLAYING THROUGH JANUARY 9

Orlando Science Center 777 E Princeton St Orlando, FL

and more.

Sunday, December 03, 2023, 11:00am-3:30pm

Add some sparkle to the holiday season and see some of your favorite creatures from the Cretaceous in a whole new light with Dinos In Lights at Orlando Science Center! Join Stan the T. rex and his fossil friends in DinoDigs as they show off their twinkling talent in a festive display of music and light.

Each family-friendly show will begin every half hour and runs for four minutes, concluding with a wintry surprise. Be sure to see it multiple times on your visit as the experience is different from every angle. Please arrive several minutes before your preferred showtime as the doors will be closed during the performance.

DINOSAURS OF ANTARCTICA

Orlando Science Center

777 E Princeton St

Orlando, FL

Sunday, December 03, 2023, 1:30pm-2:20pm

Journey to the south polar landscapes of Antarctica hundreds of millions of years ago. Join Antarctic scientists on a quest to understand the ice continent's profound transformation, and predict the future as humans drive dramatic change.

NEW TO YOGA

Satya Life Yoga 4684 Cleveland Heights

Lakeland, FL

Monday, December 04, 2023, 4:00pm-5:00pm

Price \$14.00 to \$88.00—Single class \$14, 4 classes \$49, 8 classes \$88

Have you been looking for something outside of the gym to strengthen and build stability? Then "New to yoga" is for you! This class is for those brand new or who have very little yoga experience. This class teaches the foundations of breath and asana (postures). New to yoga will help you begin a lifelong journey through asanas leading to strength, stability, and balance The instructor, Mary RYT 500, is certified and highly trained to help you reach your Yoga goals. She will help each person in her class attain the poses by assisting you from the yoga level you bring to the class. This class meets every Monday at 4pm. We hope to see you soon in class!

LUNCH & LEARN: GOING NATIVE WITH FLORIDA PLANTS

Haines City Public Library

111 N 6th St

Haines City, FL

Tuesday, December 05, 2023, 12:00pm-1:00pm

Join UF/IFAS Extension Polk County and Haines City Water Utilities for a class on native, non-native, and invasive plant species. Discover the meaning of these terms along with their impact on our environment as part of a Florida-Friendly Landscape.

POLK WALK TO END ALZHEIMER'S - FREE EVENT

Joker Marchant Stadium

2125 N Lake Ave

Lakeland, FL

Saturday, December 09, 2023, 8:00am-12:30pm

Price Free

The Alzheimer's Association Walk to End Alzheimer's® is the world's largest event to raise awareness and funds for Alzheimer's care, support and research. This inspiring event calls on participants of

OVIEDO CARS & COFFEE (FL)

Oviedo Rock & Brews 7131 Red Bug Lake Rd Oviedo, FL

Saturday, December 09, 2023, 9:00am-12:00pm

Every month on the second Saturday. Open to all years, makes, and models. Come hang out with other car enthusiasts at the Oviedo Rock & Brews huge parking lot. Grab a free cup of coffee and donut. Opening early for brunch and pet-friendly outdoor seating. Please, no alcohol in the parking lot and no reckless driving.

SANTA AT THE YARD STOP MOUNT DORA

4200 N Highway 19A Mount Dora, FL Saturday, December 09, 2023, 9:00am-12:00pm

SANFORD AREA - POP UP PICNIC PARK DATE FOR COUPLES! (SELF-GUIDED)

Sylvan Lake Park- Recommended Park Venue or another park choice 845 Lake Markham Road Sanford, FL

Saturday, December 09, 2023, 10:00am-5:00pm

Park Picnic date For Couples (Self-Guided) Enjoy fun digital activities in your digital date night box!

FREE FAMILY FUNDAY

Mennello Museum 900 East Princeton Street Orlando, FL

Sunday, December 10, 2023, 12:00pm-2:30pm

Description EVENT DETAILS Every second Sunday of the month is Free Family Funday! Join us at the museum for free admission, a free miniature fine art project and free docent touring. Each Free Family Funday has a different theme based on the current exhibition in the museum. Miniature fine art project and docent touring: 12-2:30 p.m. The museum galleries stay open until 4:30 p.m. for all guests. More information: mennellomuseum.org/freefamilyfunday

DOWNTOWN FOR THE HOLIDIAYS

Lake Eola Park 195 North Rosalind Ave Orlando, FL Sunday, December 10, 2023, 5:30pm-9:30pm

Experience the sights and sounds of the season when visiting Downtown for the Holidays. Throughout the entire month of December, downtown Orlando is offering free holiday events for all to enjoy!

FREE WEEKLY GOLF CLINICS AT PXG ORLANDO

PXG Orlando 6811 Visitors Circle Orlando, FL Thursday, December 14, 2023, 5:00pm-6:00pm

Price Free

Orlando golf enthusiasts of all skill levels can gain valuable tips from PGA-qualified teaching professionals at free weekly clinics held throughout November and December at PXG Orlando. These Swing Clinics provide golfers with an opportunity to improve their games and experience PXG equipment in action. November clinics focus on irons while December clinics will focus on the short game.

MAITLAND MOVIES IN THE PARK

Independence Square 1776 Independence Lane Maitland, FL Saturday, December 16, 2023, 6:00pm-9:00pm

Price Free

Maitland's Movies in the Park will present the holiday classic "The Nightmare Before Christmas" at 6 p.m. Saturday, Dec. 16, at Independence Square next to City Hall, 1776 Independence Lane. Admission and popcorn are free. Bring chairs and blankets to enjoy this outdoor flick under the stars.

WINTER SOLSTICE FOREST BATHING

Center Street 400 Center Street, Altamonte Springs, FL 32701 Altamonte Springs, FL Sunday, December 17, 2023, 2:00pm-5:00pm

Price USD

You are invited to experience the deep nature connection of Shinrin-Yoku, Japanese forest therapy (also called Forest Bathing).

DOWNTOWN FOR THE HOLIDIAYS

Lake Eola Park

195 North Rosalind Ave

Orlando, FL Sunday, December 17, 2023, 5:30pm-9:30pm

Experience the sights and sounds of the season when visiting Downtown for the Holidays. Throughout the entire month of December, downtown Orlando is offering free holiday events for all to enjoy!

THE DELAND CHRISTMAS LIGHT SHOW

Stetson Baptist Church

1025 W. Minnesota Ave

DeLand, FL Sunday, December 24, 2023, 5:30pm-8:30pm

Price Free

With almost 10,000 LED lights and over 2,100 individual lighting channels, The DeLand Christmas Light Show is an event you won't want to miss!

Watch from your car and listen over the radio on the station (TBA). You can bring a blanket, chairs, and a picnic dinner and enjoy the show in a dedicated area up close.

LITTLE SPROUTS STORY TIME

Public Library 325 Avenue A NW Winter Haven, FL

Tuesday, December 26, 2023, 10:30am-11:30am

Price Free

Children enjoy stories, songs, finger plays and puppet shows that develop early literacy skills and promote interaction between parents and children. Ages 5 and under. Registration opens every Thursday for the upcoming week.

PRESCHOOL STORY TIME/STAY & PLAY

W.T. Bland Public Library 1995 N. Donnelly St.

Mount Dora, FL

Thursday, December 28, 2023, 10:30am-11:30am

Grow your early readers at the Library! Preschoolers and their younger siblings are welcome to gather and enjoy music, stories & puppets. Hang out with us after story time to Stay & Play with educational toys and activities.

Please like us on Facebook! https://ci.mount-dora.fl.us/calendar.aspx?EID=14099

SANTA'S DESERT BAR

The Mount Dora Bistro 142 W 4th Ave Mount Dora, FL

Friday, December 29, 2023, 12:00pm-8:00pm

Description The Mount Dora Bistro Presents Santa's Dessert Bar Every Friday, Saturday, Sunday in December From Noon Til 8PM Enjoy Holiday Desserts, Warm Beverages & Holiday Cocktails Santa Will Be There Every Saturday From 5 to 7PM! Pics with Santa are \$20 and include Framed Family Souvenir.

HAPPY NOON YEAR

Saturday, December 30, 2023, 11:00am-12:15am

Price Free

Make some noise and ring in the noon year with your little ones! Join us for fun and games with an exciting countdown at noon. Ages 3-5

SUNDAY FUNDAY NEW YEARS EVE

Southern Nights Orlando 375 South Bumby Avenue Orlando, FL Sunday, December 31, 2023, 4:00pm-9:00pm

Price Free

New Years Eve Sunday Funday

Join us EVERY Sunday for REVIVAL SUNDAYS Day/Night Sunday Funday Patio Doors Open at 4pm 21yr+ Only FREE COVER FREE AVAILABLE PARKING FREE BBQ FOOD FREE SPACE TO HAVE A CONVERSATION No Shows \$12 Alll You Can Drink Mimosas \$4 Wells \$5 Milagro Tequila, Fireball, Three olives Vodka Frozen Spiked Lemonades Adult Capri Suns \$15 Domestic Buckets 4 Different Spaces with 4 Different Vibes 4pm-9pm Adult Sunday Funday with Gay House Anthem, 80s, 90s and Throwbacks

FREE COVER until 9pm 4pm-9pm Dj Flawless Sponsored by Pineapple Healthcare

WHDO-CD.2
Daily, Monday to Friday, 6:25am – 9:28am,1x/day, 1 minute each

| Log Date | Log Time |
|------------|----------|
| 2023-10-02 | 09:11:40 |
| 2023-10-03 | 06:55:00 |
| 2023-10-04 | 09:11:27 |
| 2023-10-05 | 06:55:00 |
| 2023-10-06 | 06:55:00 |
| 2023-10-09 | 07:25:00 |
| 2023-10-10 | 06:25:00 |
| 2023-10-11 | 06:55:00 |
| 2023-10-12 | 06:55:00 |
| 2023-10-13 | 09:04:14 |
| 2023-10-16 | 09:11:40 |
| 2023-10-17 | 06:55:00 |
| 2023-10-18 | 09:17:29 |
| 2023-10-19 | 06:25:00 |
| 2023-10-20 | 09:10:23 |
| 2023-10-23 | 06:55:00 |
| 2023-10-24 | 06:25:00 |
| 2023-10-25 | 06:25:00 |
| 2023-10-26 | 06:25:00 |
| 2023-10-27 | 06:25:00 |
| 2023-10-30 | 09:10:22 |
| 2023-10-31 | 06:55:00 |
| 2023-11-01 | 06:55:00 |
| 2023-11-02 | 06:55:00 |
| 2023-11-03 | 09:17:28 |
| | |

| 2023-11-06 | 09:17:35 |
|------------|----------|
| 2023-11-07 | 06:55:00 |
| 2023-11-08 | 09:28:10 |
| 2023-11-09 | 06:55:00 |
| 2023-11-10 | 09:17:35 |
| 2023-11-13 | 09:17:35 |
| 2023-11-14 | 06:55:00 |
| 2023-11-15 | 09:17:31 |
| 2023-11-16 | 06:55:00 |
| 2023-11-17 | 06:55:00 |
| 2023-11-20 | 07:25:00 |
| 2023-11-21 | 06:25:00 |
| 2023-11-22 | 09:10:25 |
| 2023-11-23 | 06:25:00 |
| 2023-11-24 | 06:55:00 |
| 2023-11-27 | 09:10:23 |
| 2023-11-28 | 06:25:00 |
| 2023-11-29 | 09:28:00 |
| 2023-11-30 | 06:25:00 |
| 2023-12-01 | 09:28:10 |
| 2023-12-04 | 09:17:28 |
| 2023-12-05 | 06:25:00 |
| 2023-12-06 | 06:55:00 |
| 2023-12-07 | 06:55:00 |
| 2023-12-08 | 09:17:35 |
| 2023-12-11 | 09:10:22 |
| 2023-12-12 | 06:55:00 |
| 2023-12-13 | 09:17:40 |
| 2023-12-14 | 06:55:00 |
| 2023-12-15 | 06:55:00 |
| 2023-12-18 | 09:04:13 |
| 2023-12-19 | 06:55:00 |
| 2023-12-20 | 06:25:00 |
| 2023-12-21 | 06:55:00 |
| 2023-12-22 | 09:17:34 |
| 2023-12-25 | 07:25:00 |
| 2023-12-26 | 06:55:00 |
| 2023-12-27 | 09:17:40 |
| 2023-12-28 | 06:25:00 |
| 2023-12-29 | 09:17:34 |
| | |

WHDO-CD.4
Daily, Monday to Friday, 7:25am – 7:55am,1x/day, 1 minute each

| Log Date | Log Time |
|------------|----------|
| 2023-10-02 | 07:55:00 |
| 2023-10-03 | 07:25:00 |
| 2023-10-04 | 07:25:00 |
| 2023-10-05 | 07:55:00 |
| 2023-10-06 | 07:25:00 |
| 2023-10-09 | 07:55:00 |
| 2023-10-10 | 07:25:00 |
| 2023-10-11 | 07:55:00 |
| 2023-10-12 | 07:25:00 |
| 2023-10-13 | 07:30:00 |
| 2023-10-16 | 07:55:00 |
| 2023-10-17 | 07:55:00 |
| 2023-10-18 | 07:55:00 |
| 2023-10-19 | 07:55:00 |
| 2023-10-20 | 07:55:00 |
| 2023-10-23 | 07:25:00 |
| 2023-10-24 | 07:25:00 |
| 2023-10-25 | 07:25:00 |
| 2023-10-26 | 07:25:00 |
| 2023-10-27 | 07:55:00 |
| 2023-10-30 | 07:25:00 |
| 2023-10-31 | 07:25:00 |
| 2023-11-01 | 07:25:00 |
| 2023-11-02 | 07:25:00 |
| 2023-11-03 | 07:55:00 |
| 2023-11-06 | 07:25:00 |
| 2023-11-07 | 07:55:00 |
| 2023-11-08 | 07:25:00 |
| 2023-11-09 | 07:25:00 |
| 2023-11-10 | 07:55:00 |
| 2023-11-13 | 07:55:00 |
| 2023-11-14 | 07:25:00 |
| 2023-11-15 | 07:55:00 |
| 2023-11-16 | 07:25:00 |
| 2023-11-17 | 07:25:00 |
| 2023-11-20 | 07:25:00 |
| 2023-11-21 | 07:55:00 |
| 2023-11-22 | 07:55:00 |
| 2023-11-23 | 07:25:00 |

| 2023-11-24 | 07:25:00 |
|------------|----------|
| 2023-11-27 | 07:55:00 |
| 2023-11-28 | 07:25:00 |
| 2023-11-29 | 07:55:00 |
| 2023-11-30 | 07:55:00 |
| 2023-12-01 | 07:55:00 |
| 2023-12-04 | 07:25:00 |
| 2023-12-05 | 07:55:00 |
| 2023-12-06 | 07:25:00 |
| 2023-12-07 | 07:25:00 |
| 2023-12-08 | 07:25:00 |
| 2023-12-11 | 07:55:00 |
| 2023-12-12 | 07:55:00 |
| 2023-12-13 | 07:25:00 |
| 2023-12-14 | 07:55:00 |
| 2023-12-15 | 07:55:00 |
| 2023-12-18 | 07:25:00 |
| 2023-12-19 | 07:55:00 |
| 2023-12-20 | 07:25:00 |
| 2023-12-21 | 07:25:00 |
| 2023-12-22 | 07:25:00 |
| 2023-12-25 | 07:25:00 |
| 2023-12-26 | 07:25:00 |
| 2023-12-27 | 07:55:00 |
| 2023-12-28 | 07:55:00 |
| 2023-12-29 | 07:25:00 |

Public Service Announcements WHDO-CD .2

| ISSUE | DATES | RUNS |
|--|----------------------|------|
| AARP | 10-4-23 to 12-4-23 | 10 |
| Alzheimer's Awareness | 10-2-23 to 12-29-23 | 49 |
| American Foundation for Suicide Prevention | 10-25-23 to 12-25-23 | 12 |
| American Red Cross | 10-30-23 to 12-25-23 | 23 |
| Autism Speaks | 10-4-23 to 12-25-23 | 20 |
| Be the Match | 10-9-23 to 12-1-23 | 33 |
| Best Friends Animal Society | 10-2-23 to 10-23-23 | 9 |
| Boys & Girls Clubs | 10-30-23 to 12-25-23 | 23 |
| Buzzed Driving Prevention | 10-2-23 to 12-29-23 | 69 |
| Children's Cancer Research Fund | 10-9-23 to 12-25-23 | 17 |
| Convoy of Hope | 10-2-23 to 12-25-23 | 32 |
| Discover Boating | 10-2-23 to 12-23-23 | 4 |
| Donors Choice | 12-4-23 to 12-29-23 | 18 |
| Drug-Impaired Driving Prevention | 10-2-23 to 12-29-23 | 15 |
| Emergency Preparedness | 10-2-23 to 12-29-23 | 31 |
| Fatherhood Involvement | 10-2-23 | 1 |
| Feeding America | 7-10-23 | 1 |
| Girl Scouts | 11-27-23 to 12-29-23 | 19 |
| Global Lyme Alliance | 11-3-23 to 12-15-23 | 21 |
| Gun Safety | 10-2-23 to 12-9-23 | 7 |
| High School Equivalency | 10-2-23 to 12-29-23 | 28 |
| March of Dimes | 10-3-23 to 12-25-23 | 32 |
| National Crime Prevention Council | 10-2-23 to 12-18-23 | 15 |
| National Foundation for Infectious Disease | 10-2-23 to 10-23-23 | 4 |
| National Pest Management Association | 10-2-23 to 10-23-23 | 4 |
| Parkinson's Foundation | 10-9-23 to 12-25-23 | 21 |
| Peace Corps | 10-2-23 to 10-9-23 | 2 |
| PGA Tour First Tee Foundation | 10-30-23 to 12-9-23 | 39 |
| San Diego Zoo | 10-30-23 to 12-25-23 | 16 |
| Save the Children | 10-2-23 to 12-20-23 | 7 |
| Special Olympics | 10-2-23 to 10-28-23 | 3 |

| Stand Up 2 Cancer | 10-30-23 to 12-29-23 | 40 |
|--------------------------------------|----------------------|----|
| Starlight Children's Foundation | 10-4-23 to 12-27-23 | 21 |
| The Non- Profit Alliance | 12-4-23 to 12-29-23 | 14 |
| The V Foundation for Cancer Research | 10-2-23 | 1 |
| Travis Manion Foundation | 10-30-23 to 12-25-23 | 26 |
| TV Access | 10-2-23 to 12-25-23 | 25 |
| Type 2 Diabetes Prevention | 11-22-23 to 12-29-23 | 22 |
| Upside of ADHD | 10-5-23 to 11-7-23 | 26 |
| US Aging Vaccination Collaboration | 10-30-23 to 12-25-23 | 18 |
| U.S. Air Force | 10-4-23 to 10-30-23 | 13 |
| US Department of Veterans Affairs | 10-2-23 to 10-30-23 | 16 |
| Vote Early Day | 10-24-23 to 11-7-23 | 11 |

Public Service Announcements WHDO-CD .4

| ISSUE | DATES | RUNS |
|------------------------------|-----------------------------|------|
| Alzheimer's Awareness | s 10-2-23 to 12-29-23 | 28 |
| Boys & Girls Clubs | 11-8-23 to 11-20-23 | 4 |
| Buzzed Driving Prevention | on 10-3-23 to 12-29-23 | 73 |
| Donors Choice | 12-4-23 to 12-25-23 | 16 |
| Drug-Impaired Driving Preven | ention 10-19-23 to 12-29-23 | 11 |
| Emergency Preparednes | ss 10-3-23 to 12-29-23 | 23 |
| Girl Scouts | 11-27-23 to 12-25-23 | 18 |
| High School Equivalence | cy 12-28-23 to 12-29-23 | 2 |
| National Crime Prevention C | Council 10-2-23 | 1 |
| National Pest Management Ass | sociation 10-2-23 | 1 |
| PGA Tour First Tee Found | ation 10-30-23 to 12-28-23 | 32 |
| Stand Up 2 Cancer | 10-30-23 to 12-8-23 | 29 |
| Starlight Children's Founda | ation 12-26-23 to 12-29-23 | 4 |
| The Non- Profit Alliance | e 12-11-23 to 12-29-23 | 13 |
| Travis Manion Foundation | on 10-30-23 to 12-1-23 | 19 |
| TV Access | 10-2-23 to 12-28-23 | 29 |
| Type 2 Diabetes Prevent | ion 11-27-23 to 12-25-23 | 8 |
| U.S. Air Force | 10-3-23 to 10-27-23 | 21 |
| US Department of Veterans | Affairs 10-2-23 to 10-23-23 | 5 |
| Vote Early Day | 10-24-23 to 11-7-23 | 11 |