

## **WHDO-CD**

### **Most Significant Issues Programs List**

**October, November, December 2018\***

\*(2019-1-10 Due to the Government Shutdown, the FCC Public File is not available, so this report may not be uploaded until the government re-opens. Accordingly, a copy of this report is available at the WHDO-CD offices for public inspection upon request until access to the FCC Public Files is restored )

During the fourth quarter of 2018, WHDO-CD broadcast the following Public Affairs series:

#### **American Roundtable**

American Roundtable , with host Al Spry, features weekly, half hour, in-depth roundtable-style discussion of state, national, and international issues and events affecting country. "Roundtable" features the sharpest minds in the political, historical and cultural spheres, as well as world-famous authors, political and business leaders from around the state. Monday, Wednesday, Saturday 6:00am/ 30 minutes

#### **Coffee With America**

Coffee With America is a weekly half-hour series that will bring you up to speed on "what's brewing" in news, social media and pop culture. Monday & Saturday 6:30am/30 minutes

#### **Hiring America**

Hiring America is a weekly 30 minute series that features several U.S. companies offering real jobs to America's veterans. Career counselors and HR specialists share uniquely tailored insights on how to find suitable employment, as well as valuable ptsd information to help vets and their families ease their transition on to civilian life. Saturday 3:30am; Sunday 11:30am; 8:00pm; 11:00pm; Monday 11:00pm; Thursday 8:00pm; 11:00pm/30 minutes

### **Talk! with Audrey**

Talk with Audrey is a weekly 30 minute series featuring interviews with guests from the cosmetic, health, financial, entertainment, and travel industries. Sunday 1:00pm; 7:30pm; Wednesday 3:30am; Thursday 8:30am; Friday 8:30pm; 11:30pm/30 min

### **Military Makeover**

Military Makeover is a weekly half-hour series dedicated to giving back to returning veterans. Wednesday 6:30am; Friday 11:00pm/30 minutes

### **American Roundtable Monday, Wednesday, Saturday 6:00am 30 minutes**

#### **ROUNDTABLE**

topic is travel. guest is Sharon Gilstrap.

Spry: Sharon Gilstrap also specializes in travel solutions. This is part 2 of a two-part interview.

5 minutes

w/Spry and Gilstrap – Sharon has been involved in the travel industry for years and loves to travel. She is currently marketing for Holiday Inn Club Vacations at Orange Lake.

10 minutes

w/Spry and Gilstrap– Time share offers clients the opportunity to travel annually and trade their destinations. Holiday Inn Club is the largest time share resort in the world.

10 minutes

w/Spry and Gilstrap – Sharon's favorite dream destinations include Puerto Rico, Germany, and Macau Piccu

#### **Airing Date\Time**

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Wed, 28 Nov 2018 6:00:00 AM

Mon, 03 Dec 2018 6:00:00 AM

Sat, 08 Dec 2018 6:00:00 AM

Sat, 22 Dec 2018 6:00:00 AM

#### **ROUNDTABLE**

Rich Massa

Spry and Gilstrap: Show guest is men's life coach Rich Massa.

5 minutes

w/Gilstrap – Rich is from Jersey City, NJ and he became a male dancer. Through life's trials he found he has a talent for life coaching. [therichmassa.com](http://therichmassa.com)

10 minutes

w/Gilstrap – It's tough for people nowadays and depression is on the rise. 3 things to focus on to improve your life: 1. Eat Better 2. Move more 3. Have a motivational morning routine.

10 minutes

w/Gilstrap – Avoid emotional vampires. He recommends reading "The Five Second Rule". Clear your mind and stay positive.

5 minutes

Airing Date\Time

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Mon, 10 Dec 2018 6:00:00 AM

Sat, 15 Dec 2018 6:00:00 AM

Mon, 24 Dec 2018 6:00:00 AM

## ROUNDTABLE

Spry and Gilstrap: A look at ten people who gave warnings but were ignored, and then proven to be correct.

5 minutes

w/Spry and Gilstrap – Some highlights include the scientists who first warned about lead contamination.

10 minutes

w/Spry and Gilstrap – Greg Lemond reporting that Lance Armstrong was a cheat.

10 minutes

w/Spry and Gilstrap – The accountant who first spotted and warned about the Madoff Ponzi scheme

Airing Date\Time

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Wed, 12 Dec 2018 6:00:00 AM

Mon, 17 Dec 2018 6:00:00 AM

## ROUNDTABLE

Spry and Strickler: Les Moonves scandal. He's the head of CBS and accused of sexual harassment.

5 minutes

w/Spry and Strickler – Accusation from an actress named Bobbie Phillips who accuses Les of forcing her to perform oral sex 20 years ago.

10 minutes

w/Spry and Strickler – Moonves is at risk of losing his position and "golden parachute". claims he is not being fully cooperative with the investigation.

10 minutes

w/Spry and Strickler – Alex Acosta, who may be up for Attorney General, was part of the wrist-slap for Jeffrey Epstein, convicted of child molestation. Very powerful friends

Airing Date\Time

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Wed, 26 Dec 2018 6:00:00 AM  
Mon, 31 Dec 2018 6:00:00 AM

### **ROUNDTABLE**

Spry and Strickler: Suicide is at a 50 year high in the US.  
Pushes down life expectancy for the first time in decades.

5 minutes

w/Spry and Strickler – Bernie Sanders is talking about a 2020  
presidential run. Hillary may also run again.

10 minutes

w/Spry and Strickler – Employer gives employees a wonderful  
holiday gift. Bayada Home Health Care of Moorestown, NJ  
owner distributes \$20M to employees.

10 minutes

w/Spry and Strickler – Giant steer named “knickers” avoids  
the slaughterhouse by virtue of his enormous size.

5 minutes

Airing Date\Time

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Sat, 29 Dec 2018 6:00:00 AM

### **ROUNDTABLE**

Two part series - Paul Meckes talks about the paranormal.

Spry and Meckes: Is there a heaven and hell? Paul believes  
there is. It's energy fields.

5 minutes

w/Spry and Meckes – More about how the metaphysical  
manifests itself to us.

10 minutes

w/Spry and Meckes – Howey-In-The-Hills mansion is haunted.

10 minutes

w/Spry and Meckes – Spirits protect people - Guardian Angels  
are real.

5 minutes

Airing Date\Time

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Wed, 07 Nov 2018 6:00:00 AM

### **ROUNDTABLE**

Two part series - Paul Meckes talks about the paranormal.

Spry and Meckes: Paranormal researcher Paul Meckes joins the show for a two part series on the paranormal. We start with a chat about a local Spiritualist community, Cassadega.

5 minutes

w/Spry and Meckes – How does the metaphysical manifest for people on this planet? Paul talks about a visitation from “Porkpie Hat Man”.

10 minutes

w/Spry and Meckes – People lack understanding of their connection to “the other side”. Spiritual centers of energy include New Orleans, Savannah, Gettysburg.

10 minutes

w/Spry and Meckes – How can we attune better to spiritual realms?

5 minutes

Airing Date\Time

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Sat, 10 Nov 2018 6:00:00 AM

### **ROUNDTABLE**

Features AL and Bill talking about winning the lottery and the pitfalls of doing so, as well as Russian hackers and Space Force.

Spry and Strickler: Uber and Lyft threatens traditional cab industry; NFL kneeling update; Lottery; Space Force.

5 minutes

w/Spry and Strickler – Winning the lottery can have a downside. Some winners are murdered.

10 minutes

w/Spry and Strickler – Russian hackers are in Florida, says Bill Nelson. Setting up an excuse in case he loses to Scott?

10 minutes

w/Spry and Strickler – Vice President Pence announces proposal for Space Force, a new extraterrestrial military arm of the US.

5 minutes

Airing Date\Time

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Mon, 01 Oct 2018 6:00:00 AM

Wed, 31 Oct 2018 6:00:00 AM

Mon, 19 Nov 2018 6:00:00 AM

### **ROUNDTABLE**

J.Vladimir, a fashion photographer

Spry and Vladimir: J.Vladimir is a successful fashion photographer based in Orlando and New York.

5 minutes

w/Spry and Vladimir – J. talks about how he got into photography and what it takes to be successful.

10 minutes

w/Spry and Vladimir – What's new in the fashion scene.

10 minutes

w/Spry and Vladimir – Fashion week is coming up in New York and J. will be there.

Airing Date\Time

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Mon, 29 Oct 2018 6:00:00 AM

Sat, 17 Nov 2018 6:00:00 AM

#### ROUNDTABLE

Show 1: Featuring politician and attorney consultant Todd Long. looking over the big races in the primary.

Spry and Long: Author of "The Conservative Comeback" and former congressional candidate.

5 minutes

w/Spry and Long – Trump and his efforts on behalf of candidates.

10 minutes

w/Spry and Long – Democratic Primary: Andrew Gillum wins Gov. primary and will face Ron DeSantis in the fall.

10 minutes

w/Spry and Long – Are we living in dark times? That's the Democratic rhetoric and that of Bernie Sanders.

Airing Date\Time

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Wed, 03 Oct 2018 6:00:00 AM

Wed, 24 Oct 2018 6:00:00 AM

Mon, 12 Nov 2018 6:00:00 AM

#### ROUNDTABLE

Show 2: Featuring politician and attorney consultant Todd Long.  
Trump and Russia Democrats on the midterm elections impeachment?

Spry and Long: Jerry Demings wins Orlando Mayoral race.  
He's been police chief and sheriff and his wife is a congresswoman.

5 minutes

w/Spry and Long – Trump and Russia collusion. What's the real story?

10 minutes

w/Spry and Long – Democrats and Wall Street bailouts; what does the Democratic party stand for now? What does the GOP stand for?

10 minutes

w/Spry and Long – Whats the "Big Picture" in the USA?

Airing Date\Time

Sat, 27 Oct 2018 6:00:00 AM

Wed, 14 Nov 2018 6:00:00 AM

## **ROUNDTABLE**

Spry and Rappleyea: Mel Rappleyea is our guest and talks about being a celebrity bodyguard at events.

5 minutes

w/Spry and Rappleyea – Bodyguard for Kiss, Conor McGregor, Shinedown, Taylor Swift, Justin Bieber.

10 minutes

w/Spry and Rappleyea – Some performers are easier to work with then others. Bieber was difficult, Swift was easy to work with.

10 minutes

w/Spry and Rappleyea – Mel is also an HR pro and gives us pointers for a résumé.

Airing Date\Time

Sat, 06 Oct 2018 6:00:00 AM

Wed, 10 Oct 2018 6:00:00 AM

Mon, 15 Oct 2018 6:00:00 AM

Sat, 20 Oct 2018 6:00:00 AM

Sat, 03 Nov 2018 6:00:00 AM

Wed, 21 Nov 2018 6:00:00 AM

## **ROUNDTABLE**

Spry and Tammy Sheffield: Central Florida real estate update.  
5 minutes

w/Spry and Sheffield – Benefits of renting vs. owning. Tax and equity building benefits.

10 minutes

w/Spry and Sheffield – Tammy's background is in mortgages; 30 year career.

10 minutes

w/Spry and Sheffield – Steps on working with a Realtor.

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Airing Date\Time

Mon, 08 Oct 2018 6:00:00 AM

Sat, 13 Oct 2018 6:00:00 AM

Wed, 17 Oct 2018 6:00:00 AM

Mon, 22 Oct 2018 6:00:00 AM

Mon, 05 Nov 2018 6:00:00 AM

Sat, 24 Nov 2018 6:00:00 AM

**Coffee With America**  
**Monday & Saturday 6:30am**  
**30 minutes**

<b>Coffee With America</b>	<b>30:00</b>
<b>CAWP 10/04</b>	<b>222</b>

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Coffee With America  
Coming up this week on Coffee with America, Sasha Rionda has some must-do maintenance to get your car ready for fall. Plus, saving money on holiday travel. And, contractor Skip Bedell is back to get our home ready for cooler weather.

Coffee With America

Coffee With America

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Channel	Airing Date\Time
WHDO	Mon, 08 Oct 2018 6:30:00 AM



WHDO

Sat, 13 Oct  
2018 6:30:00  
AM

<b>Coffee With America</b>	<b>30:00</b>
<b>CAWP 10/11</b>	<b>223</b>

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Coffee With America  
Sasha Rionda hosts an all-new Coffee with America.  
This week, football season is in full swing  
and we've got tailgating party tips. Plus, there's  
never been a better time for a trip to Ireland.  
And, easy ways to make your home safer and more  
comfortable!  
Coffee With America  
  
Coffee With America

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Channel	Airing Date\Time
WHDO	Mon, 12 Nov 2018 6:30:00 AM

<b>Coffee With America</b>	<b>30:00</b>
<b>CAWP 10/18</b>	<b>224</b>

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Coffee With America  
This week on an all-new Coffee with America, host  
Sasha Rionda is joined by former NBA star  
Rick Fix who's taking us inside the world of e-sports.  
Plus, how to prepare for and recover from  
severe weather strikes. And, tips to refresh for fall.  
Coffee With America  
  
Coffee With America

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Channel	Airing Date\Time
WHDO	Mon, 22 Oct 2018 6:30:00 AM
WHDO	Sat, 27 Oct 2018 6:30:00 AM

<b>Coffee With America</b>	<b>30:00</b>
<b>CAWP 10/25</b>	<b>225</b>

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Coffee With America

New this week on Coffee with America, host Sasha Rionda wants to help you prepare for cold and flu season by making over your medicine cabinet and getting your flu shot. Plus, the beauty and wellness must-haves for fall.

Coffee With America

Coffee With America

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Channel	Airing Date\Time
WHDO	Mon, 29 Oct 2018 6:30:00 AM
WHDO	Sat, 03 Nov 2018 6:30:00 AM

<b>Coffee With America</b>	<b>30:00</b>
<b>CAWP 11/01</b>	<b>226</b>

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Coffee With America

Coming up this week on Coffee with America, Sasha Rionda is getting ready for the holidays! We'll take a look at some of the hottest gifts and gadgets as well as ways to get your home ready for all those holiday guests.

Coffee With America

Coffee With America

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Channel	Airing Date\Time
WHDO	Mon, 05 Nov 2018 6:30:00 AM
WHDO	Sat, 10 Nov 2018 6:30:00 AM

WHDO

Sat, 01 Dec  
2018 6:30:00  
AM

<b>Coffee With America</b>	<b>30:00</b>
<b>CAWP 11/08</b>	<b>227</b>

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Coffee With America  
Coming up this week on Coffee with America, Sasha Rionda has ways to keep your teen safe when they get behind the wheel. Plus, we're celebrating small businesses and the women that own them. And, an early look at the tech and toys everyone will want for the holidays.

Coffee With America

Coffee With America

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Channel	Airing Date\Time
WHDO	Sat, 17 Nov 2018 6:30:00 AM
WHDO	Mon, 03 Dec 2018 6:30:00 AM

<b>Coffee With America</b>	<b>30:00</b>
<b>CAWP 11/15</b>	<b>228</b>

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Coffee With America  
Sasha Rionda hosts an all-new Coffee with America. This week, we're getting you ready for Black Friday shopping. Plus, ways to make holiday entertaining a breeze. And, ways to stay healthy during this busy season.

Coffee With America

Coffee With America

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Channel	Airing Date\Time
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WHDO	Mon, 19 Nov 2018 6:30:00 AM
WHDO	Sat, 08 Dec 2018 6:30:00 AM

<b>Coffee With America</b>	<b>30:00</b>
<b>CAWP 11/22</b>	<b>229</b>

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Coffee With America  
 This week on an all-new Coffee with America, host Sasha Rionda is joined by guests who will guide you to the best holiday gifts. From Black Friday to Cyber Monday we've got you covered.  
 Coffee With America  
  
 Coffee With America

Channel	Airing Date\Time
WHDO	Sat, 24 Nov 2018 6:30:00 AM
WHDO	Mon, 10 Dec 2018 6:30:00 AM

<b>Coffee With America</b>	<b>30:00</b>
<b>CAWP 11/29</b>	<b>230</b>

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Coffee With America  
 New this week on Coffee with America, host Sasha Rionda wants to help you prepare for a month of gifts. We'll have all the cool gear that everyone wants plus gift card trends for that hard-to-buy for person in your life. And, getting your home ready for the holidays.  
 Coffee With America  
  
 Coffee With America

Channel	Airing Date\Time
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WHDO	Mon, 26 Nov 2018 6:30:00 AM
WHDO	Sat, 15 Dec 2018 6:30:00 AM

<b>Coffee With America</b>	<b>30:00</b>
<b>CAWP 12/13</b>	<b>232</b>

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Coffee With America  
 Sasha Rionda hosts an all-new Coffee with America.  
 This week, we've got the latest  
 styles so you can dazzle at your holiday party. Plus,  
 gift ideas for the techie in your life.  
 And, ways to shop for everyone from kids to  
 millennials.  
 Coffee With America  
  
 Coffee With America

Channel	Airing Date\Time
WHDO	Sat, 22 Dec 2018 6:30:00 AM
WHDO	Mon, 31 Dec 2018 6:30:00 AM

<b>Coffee With America</b>	<b>30:00</b>
<b>CAWP 12/20</b>	<b>233</b>

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Coffee With America  
 This week on an all-new Coffee with America, host  
 Sasha Rionda has last-minute gift  
 ideas if you still haven't finished your holiday  
 shopping. Plus, if you want to take a  
 vacation, we've got some holiday travel tips.  
 Coffee With America  
  
 Coffee With America

Channel	Airing Date\Time
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WHDO	Mon, 01 Oct 2018 6:30:00 AM
WHDO	Mon, 15 Oct 2018 6:30:00 AM
WHDO	Mon, 24 Dec 2018 6:30:00 AM

<b>Coffee With America</b>	<b>30:00</b>
<b>CAWP 12/27</b>	<b>234</b>

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Coffee With America  
 New this week on Coffee with America, host Sasha Rionda wants to help you take care of your car so it can take care of you all winter long. We'll get a preview of the Best New Product Award nominees for 2019. And, the latest in eyewear fashion so you can look your best in the New Year.  
 Coffee With America  
 Coffee With America

Channel	Airing Date\Time
WHDO	Sat, 06 Oct 2018 6:30:00 AM
WHDO	Sat, 20 Oct 2018 6:30:00 AM

<b>Coffee With America</b>	<b>30:00</b>
<b>CAWP 12/6</b>	<b>231</b>

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Coffee With America  
 Coming up this week on Coffee with America, Sasha Rionda is getting you ready for the holidays with great gift ideas. Plus, tips for changing up the look of your hair. And, a sneak peek inside the Los Angeles Auto Show.  
 Coffee With America  
 Coffee With America

Channel	Airing Date\Time
WHDO	Mon, 17 Dec 2018 6:30:00 AM
WHDO	Sat, 29 Dec 2018 6:30:00 AM

**Hiring America**  
**Monday 11:00pm**  
**30 minutes**

<b>Hiring America</b>	<b>30:00</b>
<b>HIWP 10/04</b>	<b>115</b>

Hiring America  
How Lenovo is helping Operation  
Coming Home turn new houses  
in to homes for combat veterans  
and  
their families.  
A married veteran couple finds  
success running a 7-11 franchise  
together.  
Why health care employers find  
so much value in veteran  
employees.  
Hiring America  
  
Hiring America

Channel	Airing Date\Time	
WHDO	Monday, November 5, 18	11PM
	Saturday, October 6, 18	3:30AM
		1130AM, 8PM,
	Sunday, October 7, 18	11PM
	Thursday, October 11, 18	8PM, 11PM
	Monday, October 8, 18	11PM
<b>Hiring America</b>	<b>30:00</b>	
<b>HIWP 10/11</b>	<b>116</b>	

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Hiring America  
Hiring America takes you behind  
the scenes of the Annual  
International Franchise  
Association  
Convention in Las Vegas, where  
leaders from multiple industries  
are actively encouraging veterans  
to  
start their own businesses.  
Hiring America

Hiring America

Channel	Airing Date\Time	
WHDO	Monday, November 12, 18	11PM
	Saturday, October 13, 18	3:30AM
		1130AM, 8PM,
	Sunday, October 14, 18	11PM
	Thursday, October 18, 18	8PM, 11PM
	Monday, October 15, 18	11PM
<b>Hiring America</b>	<b>30:00</b>	
<b>HIWP 10/25</b>	<b>121</b>	

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Hiring America  
How a Vietnam War orphan  
became the CEO of a treatment  
facility started by Vietnam  
veterans.  
How the Veteran's Village of San  
Diego is helping veterans get  
back on their feet and find jobs.  
We talk to a power resource  
company that's looking for  
veterans to hire.  
How horses are helping veterans  
suffering from PTSD in the Pacific  
Northwest.  
Hiring America

Hiring America

Channel	Airing Date\Time	
WHDO	Monday, November 19, 18	11PM
	Saturday, October 27, 18	3:30AM
	Sunday, October 28, 18	1130AM, 8PM,



Thursday, November 1, 18

11PM  
8PM, 11PM

<b>Hiring America</b>	<b>30:00</b>
<b>HIWP 11/01</b>	<b>122</b>

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#### Hiring America

A unique opportunity for people around the country to see the Vietnam War Memorial without having to travel to Washington DC.

Why retired veterans are finding successful careers at the world's largest home improvement retailer.

Hiring America

Hiring America

Channel	Airing Date\Time	
WHDO	Monday, November 26, 18	11PM
	Saturday, November 3, 18	3:30AM
		1130AM, 8PM,
	Sunday, November 4, 18	11PM
	Thursday, November 8, 18	8PM, 11PM

<b>Hiring America</b>	<b>30:00</b>
<b>HIWP 11/08</b>	<b>123</b>

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#### Hiring America

How the International Brotherhood of Teamsters helps Veterans transition into safe, well-paying civilian jobs.

Why assistance dogs can be beneficial to veterans, and the rigorous training the dogs go through to provide that help.

Hiring America

Hiring America

Channel	Airing Date\Time	
WHDO	Monday, December 10, 18	11PM

Saturday, November 10, 18	3:30AM 1130AM, 8PM,
Sunday, November 11, 18	11PM
Thursday, November 15, 18	8PM, 11PM

<b>Hiring America</b>	<b>30:00</b>
<b>HIWP 11/15</b>	<b>118</b>

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#### Hiring America

A career fair for military spouses in "Military City, USA" helps them overcome the unique challenges they face when looking for a job.

USAA offers a career tip for veterans and military spouses who are negotiating for a new salary in the civilian world.

Hiring America

Hiring America

Channel	Airing Date\Time	
WHDO	Monday, December 3, 18	11PM
	Saturday, November 17, 18	3:30AM 1130AM, 8PM,
	Sunday, November 18, 18	11PM
	Thursday, November 22, 18	8PM, 11PM
	Monday, October 29, 18	11PM

<b>Hiring America</b>	<b>30:00</b>
<b>HIWP 11/29</b>	<b>124</b>

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#### Hiring America

Why the National Guard and Reserves are such a vital part of America's fighting

force, and the unique challenges guardsmen and reservists face when looking for jobs in the civilian sector.

Meet the volunteers that make up a Department of Defense program dedicated to making sure service members are treated fairly in the workforce. And how an intensive in-patient program is helping veterans recover from PTSD and

other traumas.

Hiring America

Hiring America

Channel	Airing Date\Time	
WHDO	Monday, December 17, 18	11PM
	Saturday, December 1, 18	3:30AM
		1130AM, 8PM,
	Sunday, December 2, 18	11PM
	Thursday, December 6, 18	8PM, 11PM

<b>Hiring America</b>	<b>30:00</b>
<b>HIWP 12/20</b>	<b>126</b>

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Hiring America

An innovative state program  
that's helping veterans and  
National Guard & Reservists  
turn their military skills into  
profitable careers.

Why FedEx is a natural fit for  
veterans transitioning to a civilian  
career.

Thousands of people gather at  
Arlington National Cemetery on  
Wreaths Across

America Day to insure that no  
hero is ever forgotten.

Hiring America

Hiring America

Channel	Airing Date\Time	
WHDO	Monday, December 24, 18	11PM
WHDO	Monday, December 31, 18	11PM

WHDO	Saturday, December 22, 18	3:30AM 1130AM, 8PM,
	Sunday, December 23, 18	11PM
	Thursday, December 27, 18	8PM, 11PM

<b>Hiring America</b>	<b>30:00</b>
<b>HIWP 12/27</b>	<b>108</b>

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Hiring America  
 Veteran Cecilia Clark's inspiring  
 story about her mentor  
 Learning to code at Hack Reactor  
 A big thank you to our troops  
 from Operation Gratitude  
 Hiring America

Hiring America

Channel	Airing Date\Time	
WHDO	Saturday, December 29, 18	3:30AM 1130AM, 8PM,
	Sunday, December 30, 18	11PM
	Thursday, January 3, 19	8PM, 11PM

<b>Hiring America</b>	<b>30:00</b>
<b>HIWP 12/6</b>	<b>107</b>

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Hiring America  
 Meet the "GIs of Comedy" -  
 standup comedians, all veterans,  
 still  
 serving their country one joke at a  
 time.

A big thank you to our troops  
 from Operation Gratitude  
 Hiring America

Hiring America

Channel	Airing Date\Time	
WHDO	Saturday, December 8, 18	3:30AM 1130AM, 8PM,
	Sunday, December 9, 18	11PM

Thursday, December 13, 18

8PM, 11PM

<b>Hiring America</b>	<b>30:00</b>
<b>HIWP111-12/13</b>	<b>125</b>

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Hiring America

A visit to Bunker Labs "Muster Across America" event where veterans turned entrepreneurs are working together to help all of their companies succeed.

And a school that can quickly turn a veteran's military skill set into a high paying manufacturing job.

Hiring America

Hiring America

Channel	Airing Date\Time	
WHDO	Saturday, December 15, 18	3:30AM
		1130AM, 8PM,
	Sunday, December 16, 18	11PM
	Thursday, December 20, 18	8PM, 11PM

<b>Hiring America</b>	<b>30:00</b>
<b>HIWP119-0830</b>	<b>119</b>

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Hiring America

Mary Kennedy Thompson, CEO of The Dwyer Group, explains why she left the Marines to start her own company.

A behind-the-scenes look at an exclusive Amplify event for Military Spouses reentering the job market.

USAA Career tips for military spouses and veterans who work remotely.

Hiring America

Hiring America

Channel	Airing Date\Time	
WHDO	Monday, October 1, 18	11PM

<b>Hiring America</b>	<b>30:00</b>
<b>HIWP 10/18</b>	<b>117</b>

#### Hiring America

Discover the value of living and working in Rural America, and the benefits Veterans can find living away from the cities.

A combat vet finds peace as an aquatic farmer in Washington State.

A retired Marine starts his own brewery that becomes a gathering spot in his small town.

Channel	Airing Date\Time	
	Saturday, October 20, 18	3:30AM
		1130AM, 8PM,
	Sunday, October 21, 18	11PM
	Thursday, October 25, 18	8PM, 11PM

<b>Hiring America</b>	<b>30:00</b>
<b>HIWP11/22</b>	<b>105</b>

U.S. companies offering real jobs to America's veterans. Career counselors and HR specialists share uniquely tailored insights on how to find suitable employment, as well as valuable tips and information to help vets and their families ease their transition to civilian life.

Hiring America

Hiring America

Channel	Airing Date\Time	
	Saturday, November 24, 18	3:30AM
	Sunday, November 25, 18	1130AM, 8PM,

Thursday, November 29, 18

11PM  
8PM, 11PM

<b>Hiring America</b>	<b>30:00</b>
<b>HIWP1/3</b>	<b>113</b>

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Hiring America, Synopsis,  
Episode 113 JetBlue invited a  
group of current and former  
members of the United States  
Armed Forces on their 4th annual  
“Vets in Blue” charter flight to the  
National Naval Aviation Museum  
in Pensacola, Florida.

Hiring America

Hiring America

Channel	Airing Date\Time	
	Saturday, January 5, 19	3:30AM 1130AM, 8PM,
	Sunday, January 6, 19	11PM
	Thursday, January 10, 19	8PM, 11PM
	Monday, October 22, 18	11PM

**Military Makeover**  
**Wednesday 6:30am & Friday 11:00pm**  
**30 minutes**

<b>Military Makeover</b>	<b>30:00</b>
<b>MLWP 12/20</b>	<b>149</b>

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Military Makeover

As we are about to embark on the latest edition of Military Makeover, there is one major detail we need to address before we can get into the Harrison home and really get down to the business renovating...And that's moving out their belongings to make way for the makeover.

Military Makeover

Military Makeover

Channel	Airing Date\Time
WHDO	Fri, 05 Oct 2018 11:00:00 PM

<b>Military Makeover MLWP 10/04</b>	<b>30:00 145</b>
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Military Makeover

As a veteran makes the transition from service to civilian life, it's crucial to find a company and career that understands their time served in the military.

Military Makeover

Military Makeover

Channel	Airing Date\Time
WHDO	Fri, 12 Oct 2018 11:00:00 PM
WHDO	Fri, 19 Oct 2018 11:00:00 PM

<b>Military Makeover MLWP 10/11</b>	<b>30:00 127</b>
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Military Makeover



The Crozier family home makeover in Overland Park, Kansas kicks off! Join our host R. Lee Ermey, AKA "The Gunny," as he takes the Crozier family through a life changing experience this season of Military Makeover.

Military Makeover

Military Makeover

Channel	Airing Date\Time
WHDO	Wed, 17 Oct 2018 6:30:00 AM
WHDO	Wed, 24 Oct 2018 6:30:00 AM

<b>Military Makeover</b>	<b>30:00</b>
<b>MLWP 10/18</b>	<b>128</b>

Military Makeover

The Crozier family home makeover in Overland Park, Kansas continues with Episode two! Fresh paint and updates throughout the home. A new water irrigation and smartly connected home security system installed; the family master bedroom is completely updated and along comes a surprise to be revealed on the next episode. You don't want to miss it! More advice from the experts at the United States Air Force Academy; Plus, tips from the National Bank of Kansas City, and insurance for in and out of service. Talk it up with new cellphones and energy home assessment to help the family save on energy cost.

Military Makeover

Military Makeover

Channel	Airing Date\Time
WHDO	Fri, 26 Oct 2018 11:00:00 PM

WHDO

Fri, 02 Nov  
2018 11:00:00  
PM

<b>Military Makeover</b> <b>MLWP 10/25</b>	<b>30:00</b> <b>129</b>
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**Military Makeover**

The final reveal of the Crozier's home makeover in Kansas City is finally here.

Join our veteran family as our host R. Lee Ermey, "The Gunny", brings them through their newly renovated home.

Military Makeover

Military Makeover

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Channel	Airing Date\Time
WHDO	Wed, 31 Oct 2018 6:30:00 AM
WHDO	Wed, 07 Nov 2018 6:30:00 AM

<b>Military Makeover</b> <b>MLWP 11/01</b>	<b>30:00</b> <b>133</b>
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**Military Makeover**

Military Makeover comes to South Florida to update the home of former Marine

Sergeant, DJ Schaeffer and his wife Annie. The Gunny, R. Lee Ermey, Award

winning Interior Designer Jennifer Bertrand and team execute a beautiful update of a deserving veteran's home. Part 1, meet DJ and Annie.

Military Makeover

Military Makeover

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Channel	Airing Date\Time
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WHDO	Fri, 09 Nov 2018 11:00:00 PM
WHDO	Fri, 16 Nov 2018 11:00:00 PM
WHDO	Wed, 12 Dec 2018 6:30:00 AM

<b>Military Makeover</b>	<b>30:00</b>
<b>MLWP 11/08</b>	<b>134</b>

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Military Makeover  
 Military Makeover, Operation: the Schaeffer Family continues. In this second episode, Demolition finishes and construction begins. The entire house is painted, new flooring goes in and we start to see the remarkable remodel take shape.  
 Military Makeover  
 Military Makeover

Channel	Airing Date\Time
WHDO	Wed, 14 Nov 2018 6:30:00 AM
WHDO	Fri, 23 Nov 2018 11:00:00 PM
WHDO	Fri, 14 Dec 2018 11:00:00 PM

<b>Military Makeover</b>	<b>30:00</b>
<b>MLWP 11/15</b>	<b>135</b>

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Military Makeover

Military Makeover, Operation: the Schaeffer Family, the Final episode, the "Big Reveal". The Gunny and Art Edmonds bring DJ and Annie back to their remodeled home for a day they will never forget. Featuring the work of Interior Designer, Jennifer Bertrand and builder extraordinaire, Ryan Stanley.  
Military Makeover

Military Makeover

Channel	Airing Date\Time
WHDO	Wed, 21 Nov 2018 6:30:00 AM
WHDO	Wed, 19 Dec 2018 6:30:00 AM
<b>Military Makeover MLWP 11/22</b>	<b>30:00 152</b>

Military Makeover  
Aetna, a leading American health insurance company, offers a slate of exclusive benefits through FEDVIP for active and retired military.  
Military Makeover

Military Makeover

Channel	Airing Date\Time
WHDO	Wed, 28 Nov 2018 6:30:00 AM
WHDO	Fri, 30 Nov 2018 11:00:00 PM
<b>Military Makeover MLWP 11/29</b>	<b>30:00 147</b>

Military Makeover

We're back in Kansas City, Missouri with the Harrison family.  
With the  
Military Makeover team working around the clock, the Harrison's  
home  
makeover is in full force! (part 2 of 4)  
Military Makeover

Military Makeover

Channel	Airing Date\Time
WHDO	Wed, 05 Dec 2018 6:30:00 AM
WHDO	Fri, 07 Dec 2018 11:00:00 PM
WHDO	Fri, 21 Dec 2018 11:00:00 PM
<b>Military Makeover MLWP 12/13</b>	<b>30:00 148</b>

Military Makeover  
One of the biggest complaints coming from the Harrison family –  
a family of five –  
is the fact that they are always running out of hot water. This is  
where Rinnai  
America steps up to the plate with their number-one-selling,  
tankless, hot water  
technology--Rinnai America can wipe away the cold shower  
tears in one.  
Military Makeover

Military Makeover

Channel	Airing Date\Time
WHDO	Fri, 28 Dec 2018 11:00:00 PM
<b>Military Makeover MLWP 12/27</b>	<b>30:00 150</b>

## Military Makeover

Veterans leave the military with an invaluable set of skills. Check out the companies making it possible for them to find fulfilling careers after their service.

## Military Makeover

## Military Makeover

Channel	Airing Date\Time
WHDO	Wed, 03 Oct 2018 6:30:00 AM
WHDO	Wed, 10 Oct 2018 6:30:00 AM

<b>Military Makeover MLWP 12/6</b>	<b>30:00 147</b>
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## Military Makeover

We're back in Kansas City, Missouri with the Harrison family. With the Military Makeover team working around the clock, the Harrison's home makeover is in full force! (part 2 of 4)

## Military Makeover

## Military Makeover

Channel	Airing Date\Time
WHDO	Wed, 26 Dec 2018 6:30:00 AM

## Talk! with Audrey

**Sunday 1:00pm; 7:30pm; Wednesday 3:30am; Thursday 8:30am; Friday 8:30pm; 11:30pm  
30 minutes**

## Talk! with Audrey

**Sunday, October 7, 2018**

**EPISODE DESCRIPTION:** This week on TALK! with AUDREY, cardiologist Dr. Daniel Bensimhon and his patient, Chris Rice, join me to talk about the symptoms of heart failure and treatment options and Chris shares his experience with his heart failure diagnosis. Dr. George Grunburger, the immediate past president of the American Association of Clinical endocrinologists, has information about the impact that Type 1 Diabetes has on patient's lives and recent advances to help them manage glucose levels. On a lighter note, a peek at Kia Motors America's largest and most refined SUV – the all-new 2020 Telluride and their collaboration with fashion designer Brandon Maxwell.

**Sunday, October 14, 2018**

**EPISODE DESCRIPTION:** This week on TALK! with AUDREY, design expert Martin Amado is going to help us get our home ready for Fall. Celebrity stylists Jamie Greenberg and Chris McMillan and they have some quick and easy ways that you can get red carpet glam looks at home. Then 2 health topics, Dr. Donnica Moore, women's health expert, has information about the current science behind the symptoms of IBS-D, possible causes, and why it's so important for people to talk to their healthcare provider about their symptoms. Every day more than 115 Americans die after overdosing on opioids, and one of the most powerful factors driving opioid dependence and addictive behaviors is opioid withdrawal, Dr. Danesh Alam has information about this growing health problem.

**Sunday, October 21, 2018**

**EPISODE DESCRIPTION:** Endocrinologist Dr. Maria Tulpan, and Cher Pastore, a certified diabetes educator, have information about how new wearable technology is transforming the way people with diabetes manage their condition. And then Adam Welch, on behalf of the American Pharmacists Association, and Gina Venditti, with the Physician Assistant Foundation, have information about the importance of flu shots for seniors. And if you're thinking about purchasing a new car, an executive analyst for Kelley Blue Book's [kbb.com](http://kbb.com), Rebecca Lindland joins me, to talk about the future of the automotive world, and how electrified vehicles could possibly be shaping the industry.

**Sunday, October 28, 2018**

**EPISODE DESCRIPTION:** This week on TALK with AUDREY - It's all about health issues and concerns! There's a new report that reveals that Opioids continue to be overprescribed after Surgery, and that one particular group is at risk for over exposure, surgeon Dr. Paul Sethi, and Dr. Fred Muench, PhD, President and CEO of the Partnership for Drug-Free Kids join me with information about Choices Matter, an initiative designed to inform patients and caregivers about their options to manage pain after surgery. Are you tired of being tired? Dr. Richard Bogan, a sleep expert from the University of South Carolina School of Medicine, has information about a new educational campaign, that is shedding light on medical condition called Excessive Daytime Sleepiness. And, Dr. Robert Chen, associate professor at City of Hope's Department of Hematology and his patient, Jeremy Hernandez, share's what it's like to live with advanced-stage Hodgkin Lymphoma, and what you need to know if you're a young adult facing a rare cancer diagnosis.

**Sunday, November 4, 2018**

**EPISODE DESCRIPTION:** From you to your pets, travel plans and even learning a new language, I've got experts with tips and resources to help you manage it all! Celebrity vet, Dr. Jeff Werber, has the latest health and safety tips about how to care for your pet as the temperatures begin to dip, dietitian and personal trainer, Sylvia Klinger has information to help you get a fresh start to help you embrace healthy habits. And if you're planning a long break or a quick weekend getaway, nationally recognized travel expert Stephanie Oswald the inside scoop on travel planning.

**Saturday, November 11, 2018**

**EPISODE DESCRIPTION:** This week on Talk with Audrey, genealogist, Ruth Hunt was inspired by Alex Haley and went in search of her family history. She now inspires and helps others to start the process of searching their own lineage. And today, she'll be sharing her journey and has some tips to help you get started.

**Sunday, November 18, 2018**

**EPISODE DESCRIPTION:** This week on TALK! with AUDREY, Former Olympic runner, personal trainer, and senior director of Worldwide Fitness and Education at Herbalife Nutrition, Samantha Clayton has her secrets to help you achieve long-term fitness and nutrition success! Lifestyle Expert Terra Craft, has some tips and trends if you're looking at purchasing the perfect luxury gift. Dominique Ciccarelli education expert for Kumon North America has information about what parents can do to make sure their child is ready for kindergarten. And FOOD NETWORK STAR chef Jeff Mauro, has tips to make cooking fun for kids while expanding their flavor palates in the process. And on the radio, Kari Stoltz, Triangle Market President, Bank of America . . . joins me with their Better Money Habits® Millennial Report.

**Sunday, November 25, 2018**

**EPISODE DESCRIPTION:** This week on Talk with Audrey, Deborah Hersman, the President and CEO of the National Safety Council, recently released their report, The Road to Zero a Vision for Achieving Zero Roadway Deaths by 2050. It's a guide to give the United States a comprehensive blueprint for eliminating preventable crash deaths. the Cooking Cardiologist, Dr. Richard Collins has tips to help us change up our tried and true recipes to make them healthier for us without forfeiting flavor and reduce your risk of heart disease . . . For many of us, winter can be a time in which eating habits are put on the back burner. With warmer temperatures right around the corner, there's no better time that now to make some changes and spring into a healthier lifestyle. Lifestyle expert Brooke Parkhurst has Tips & Tools to help us embrace Healthy Habits at Home & On the Go

**Sunday, December 2, 2018**

**EPISODE DESCRIPTION:** This week on TALK with AUDREY - It's all about health issues and concerns! There's a new report that reveals that Opioids continue to be overprescribed after Surgery, and that one particular group is at risk for over exposure,



surgeon Dr. Paul Sethi, and Dr. Fred Muench, PhD, President and CEO of the Partnership for Drug-Free Kids join me with information about Choices Matter, an initiative designed to inform patients and caregivers about their options to manage pain after surgery. Are you tired of being tired? Dr. Richard Bogan, a sleep expert from the University of South Carolina School of Medicine, has information about a new educational campaign, that is shedding light on medical condition called Excessive Daytime Sleepiness. And, Dr. Robert Chen, associate professor at City of Hope's Department of Hematology and his patient, Jeremy Hernandez, share's what it's like to live with advanced-stage Hodgkin Lymphoma, and what you need to know if you're a young adult facing a rare cancer diagnosis.

### **Sunday, December 9, 2018**

**EPISODE DESCRIPTION:** This week on TALK! with AUDREY, the Executive Director of the American Immigration Lawyers Association, Ben Johnson joins me to talk about the midterm election results impact on immigration issues and more. Remi Partain, and diabetes educator, Amy Folker, talk about the benefits of the recent advancements in diabetes management. Self-defense expert David Wright has tips on essential elements of self-defense, and how you might be able to strike and subdue an attacker before it's too late and entertaining expert, Chef James Briscione has tips to help you have a stress-free holiday season.

### **Sunday, December 16, 2018**

**EPISODE DESCRIPTION:** This week on Talk with Audrey, it's the holiday season! TV Host and Consumer Trends Expert, Andrew Krasny, has some gift ideas to help stretch your holiday dollar. Lifestyle expert Kika Rocha joins me with tips to help you select a fragrant, sentimental gift for someone you love! Travel pro, Julie Loffredi, has information to help you manage the stress and keep the holiday cheer alive! Dr. Julie Philley, The University of Texas Health, and Philip Leitman, President, NTM Info and Research, Inc. talk about NTM, a disease often mistaken for the common cold or the flu.

### **Sunday, December 23, 2018**

**EPISODE DESCRIPTION:** Coming up this week on Talk! with Audrey, we're in the midst of a holiday season, and my guests today are experts, and we're gonna talk about gift ideas and traveling hacks and more. To help us out, I have entertainment and lifestyle expert, Brooke Parkhurst. She's going to share her tips with us to make sure that our holiday season goes smoothly. Fashion expert Emily Loftiss has her gift suggestions for every woman on your list, and of course, how to make a look sparkle at any holiday party. Then lifestyle expert, Colleen Burns has her eleventh hour holiday hacks and of course, it wouldn't be Talk! with Audrey without a health segment. I speak with relationship therapist, Dr. Chris Donaghue about why American men should speak up about their emotional health.

**Sunday, December 30, 2018**

**EPISODE DESCRIPTION:** This week on TALK! with AUDREY, Former Olympic runner, personal trainer, and senior director of Worldwide Fitness and Education at Herbalife Nutrition, Samantha Clayton has her secrets to help you achieve long-term fitness and nutrition success! Lifestyle Expert Terra Craft, has some tips and trends if you're looking at purchasing the perfect luxury gift. Dominique Ciccarelli education expert for Kumon North America has information about what parents can do to make sure their child is ready for kindergarten. And FOOD NETWORK STAR chef Jeff Mauro, has tips to make cooking fun for kids while expanding their flavor palates in the process. And on the radio, Kari Stoltz, Triangle Market President, Bank of America . . . joins me with their Better Money Habits® Millennial Report.

### **PUBLIC SERVICE ANNOUNCEMENTS**

	<b>ISSUE</b>	<b>DATES</b>	<b>RUNS</b>
	Adoption from Foster Care	11-6-18 to 11-24-18	3
	Alliance For Aging	10-2-18 to 12-31-18	53
	ALS Association	10-3-18 to 12-31-18	53
	Army National Guard Recruiting-STEM Careers	10-2-18 to 12-31-18	42
	Best Friends Animal Society	10-1-18 to 12-31-18	183
	Breast Cancer	10-3-18 to 12-24-18	48
	Buzzed Driving Prevention	11-13-18 to 12-31-18	9
	Cancer Prevention	10-18-18 to 12-28-18	6
	Canine Companions for Independence	10-8-18 to 12-29-18	11

	Center for Biological Diversity-Energy, Food Waste, Population Growth	10-1-18 to 11-27-18	61
	Centers for Medicare & Medicaid Services	10-9-18 to 12-25-18	6
	Check Your Meds Day	10-3-18 to 12-25-18	16
	Child Passenger Safety	10-23-18 to 12-25-18	18
	Clean Water	10-1-18 to 11-18-18	64
	Community Gardens-Health	10-1-18 to 12-31-18	97
	Consumer Product Safety Commission	10-6-18 to 12-28-18	29
	DAV	10-15-18 to 12-25-18	12
	Disabilities & Technology	10-8-18 to 12-27-18	6
	Discovering Nature	10-1-18 to 12-28-18	147
	Diversity & Inclusion	10-1-18 to 12-31-18	69
	Emergency/Hurricane Preparedness	10-8-18 to 12-26-18	22
	Empowering Girls in STEM	11-15-18 to 12-25-18	13
	Ending Hunger	10-3-18 to 12-26-18	86
	Eye Sight	10-30-18 to 12-25-18	9
	Fair Housing Alliance-Rights	10-4-18 to 12-29-18	22
	Federal Motor Carrier Safety Admin	10-1-18 to 12-21-18	17
	4 H	11-12-18 to 12-31-18	20
	Generic Drugs	10-1-18 to 12-29-18	6

	Girl Scouts	10-5-18 to 12-31-18	93
	Gun Safety	10-30-18 to 12-31-18	54
	Health & Human Services	10-1-18 to 12-29-18	8
	Healthy Babies & Kids	10-2-18 to 12-28-18	10
	Heart Valves	10-1-18 to 12-19-18	53
	Helping Kids Succeed	10-1-18 to 10-26-18	9
	High School Equivalency	11-12-18 to 11-15-18	10
	Homes for Our Troops	10-3-18 to 12-26-18	14
	Human Trafficking	11-4-18 to 11-17-18	5
	Hurricane Relief	10-11-18 to 12-27-18	59
	Infosys Foundation	10-30-18 to 12-27-18	16
	Jeffery Modell Foundation PI	10-2-18 to 12-29-18	83
	Job Training & Employment	10-1-18 to 12-10-18	29
	LGBT Acceptance	10-2-18 to 12-27-18	24
	Leukemia & Lymphoma Society	10-1-18 to 11-15-18	47
	Meals on Wheels	11-21-18 to 12-29-18	91
	Mercy Ships	10-1-18 to 12-30-18	33
	MS	10-13-18 to 12-31-18	61
	National Association of Insurance Commissioners	12-8-18 to 12-28-18	3

	National Limousine Association-Ride Sharing	10-1-18 to 12-28-18	20
	Operation Smile	12-8-18 to 12-28-18	3
	Pathways to Employment	10-31-18 to 11-17-18	6
	Parkinson Disease Association	11-6-18 to 12-24-18	6
	Pet Prep for Natural Disasters	10-2-18 to 11-17-28	8
	Recycling	10-1-18 to 12-26-18	18
	Red Cross	10-2-18 to 12-24-18	26
	Rise Up- Women's Empowerment	10-31-18 to 12-31-18	52
	Safe Clean Homes-Test	10-27-18 to 12-26-18	14
	Save the Children	10-4-18 to 12-31-18	74
	Saving for Retirement	10-4-18 to 12-26-18	19
	Seat Belt Safety	11-13-18 to 11-24-18	3
	Sexual Harassment in the Workplace	10-3-18 to 12-25-18	16
	Shelter Pets-Help	10-2-18 to 12-24-18	16
	St Jude's Children's Research Hospital	10-1-18 to 12-31-18	173
	Southeastern Guide Dogs	10-18-18 to 12-29-18	9
	Stand Up 2 Cancer	10-2-18 to 12-30-18	63
	Substance Abuse & Mental Health Services	10-10-18 to 12-31-18	128
	Suicide Prevention	10-31-18 to 12-31-18	57

	Support for Veterans	11-2-18 to 12-28-18	11
	Texting & Driving Prevention	10-1-18 to 12-31-18	79
	Travis Manion Foundation for Fallen Heroes	11-12-18 to 12-29-18	9
	UNICEF	10-21-18 to 12-29-18	11
	USA Swimming	10-2-18 to 12-26-18	20
	US Air Force Recruiting	10-2-18 to 12-31-18	44
	United Way	10-18-18 to 12-21-18	4
	USO-CTA	11-1-18 to 12-15-18	14
	Veterans Suicides	10-2-18 to 12-27-18	18
	VOA	10-2-18 to 12-26-18	15
	World Wildlife Fund	11-1-18 to 12-28-18	21
	Wounded Warrior Project	10-26-18 to 12-31-18	61