2022 THIRD QUARTERLY REPORT KHTP HD-2 KHTP HD CH-1 SEATTLE, WASHINGTON

QUARTERLY ISSUES/PROGRAMMING REPORT FOR THE THIRD QUARTER, JULY 1 – SEPTEMBER 30, 2022:

KHTP HD-2 PUBLIC AFFAIRS PROGRAMMING:

"CONVERSATIONS" is a 30 minute interview show airing on Sundays between 6:00 – 7:00am. It's hosted and produced by Entercom's Public Affairs hosts Emily Raines and Doug Duin, which focuses on a wide variety of issues that affect people in the greater Puget Sound area. Their guests include individuals from business, medicine, government, environmental and education groups. Two 'Conversations' shows air back-to-back for a total of 60 minutes. Contact: Danny Vigil, 206-577-8600.

KHTP 99.9 FM PUBLIC AFFAIRS PROGRAMMING SORTED BY DATE BY ISSUE AS DETERMINED THROUGH INTERVIEWS DONE WITH INDIVIDUALS AND LOCAL RESIDENTS ON A QUARTERLY BASIS. ASCERTAINED COMMUNITY ISSUES:

- 1. BUSINESS/ECONOMY/LABOR/TECHNOLOGY
- 2. COMMUNITY ACTIVITIES/FAMILIES/YOUTH
- 3. CRIME/DRUG ABUSE/VIOLENCE
- 4. EDUCATION/CULTURE/COMMUNICATION
- 5. ENVIRONMENT/TRANSPORTATION
- 6. GOVERNMENT/TERRORISM
- 7. HEALTH
- 8. AGING/GENDER-SPECIFIC/MINORITIES/POVERTY

DESCRIPTION OF ASCERTAINED ISSUES:

- 1. BUSINESS/ECONOMY/LABOR/TECHNOLOGY INCLUDING ISSUES AFFECTING THE ECONOMIC CONDITION OF THE PUGET SOUND REGION, THE OUTLOOK FOR EMPLOYMENT AND IT'S RAMIFICATIONS, INFLATION, JOB TRAINING, LABOR RELATIONS, FOREIGN TRADE, THE INTERNET AND INTERNET ISSUES, TECHNOLOGY, CONSUMER ISSUES AND ISSUES AFFECTING ENTREPRENEURS.
- 2. COMMUNITY ACTIVITIES/ FAMILIES/ YOUTH INCLUDING ISSUES REGARDING NEIGHBORHOODS, FAMILIES, YOUNG PEOPLE, COMMUNITY

- ORGANIZING, NEIGHBORHOOD ASSOCIATIONS, PARENTING SKILLS, CHILD SUPPORT, MARRIAGE, DIVORCE, ABUSE, NEGLECT, CHILD SUPPORT, AND OTHER ISSUES.
- 3. CRIME/DRUG ABUSE/VIOLENCE INCLUDING POLICE/COMMUNITY RELATIONS, GANG ACTIVITIES, GUN CONTROL, LAW ENFORCEMENT, THE CRIMINAL JUSTICE SYSTEM, THE CORRECTIONAL SYSTEM, REHABILITATION, DRUNK DRIVING, RECOVERY, ILLEGAL DRUGS, SUBSTANCE ABUSE REHABILITATION, FIRE FIGHTING, AND OTHER ISSUES INVOVLING VIOLENCE.
- 4. EDUCATION/ARTS/CULTURE—INCLUDING CHILDHOOD EDUCATION, PUBLIC EDUCATION, REFORM EFFORTS, SCHOOL BUSING, SCHOOL VIOLENCE, HIGHER EDUCATION, THE ADULT ROLE IN CHILDREN'S EDUCATION, ADULT EDUCATION, THE IMPORTANCE OF CREATIVE ENDEAVORS INCLUDING THE ARTS, LITERATURE, POETRY, AND COMPUTER, INTERNET, AND RELATED ISSUES SUCH AS ACCESS, LIABILITY AND CENSORSHIP ISSUES, AND CULTURAL ISSUES.
- 5. ENVIRONMENT/TRANSPORTATION INCLUDING AIR AND WATER POLLUTION, FOREST ISSUES, SOLID WASTE DISPOSAL, RECYCLING, ALTERNATIVE ENERGY, ENDANGERED AND THREATENED SPECIES, ANIMAL RIGHTS, CONSERVATION, SCIENCE AND SCIENCE ISSUES, TRANSPORTATION, FOOD SYSTEM SUSTAINABILITY ISSUES, WEATHER PHENOMENON AND NATURAL DISASTERS.
- 6. GOVERNMENT/TERRORISM INCLUDING GOVERNMENT SPENDING, GOVERNMENT SERVICES, GOVERNMENT ABUSES, TERRORISM AGAINST THE GOVERNMENT/OR COUNTRY, ANTI-TERRORISM MEASURES, PEOPLES' REACTIONS TO TERRORISM, TAXES, ELECTIONS, CAMPAIGN FINANCE REFORM AND OTHER REFORM EFFORTS, THIRD PARTY ACTIVITIES, AND GENERAL POLITICAL DEBATE.
- 7. HEALTH (WELLNESS) INCLUDING NUTRITION, PHYSICAL FITNESS, MENTAL HEALTH, PREVENTIVE HEALTH CARE, GOVERNMENT HEALTH CARE POLICY, NATIONAL AND LOCAL REFORM EFFORTS AND ALTERNATIVE MEDICAL PRACTICES, AND TOTAL WELLNESS AMONG OTHER ISSUES.
- 8. AGING/GENDER-SPECIFIC/MINORITIES/POVERTY ISSUES INCLUDING DISCRIMINATION AND OTHER PROBLEMS SPECIFIC TO RACIAL OR ETHNIC MINORITIES, IMMIGRATION ISSUES, PEOPLE WHO ARE DISABLED, WOMEN, MEN, SENIOR CITIZENS, GAYS AND LESBIANS, RELIGIOUS GROUPS, COVERAGE OF ISSUES REGARDING SPIRITUALITY, AND ISSUES AFFECTING PEOPLE WHO ARE HOMELESS, AND PEOPLE WHO GO WITHOUT REGULAR MEALS LOCALLY AND GLOBALLY.

KHTP HD-2 PUBLIC AFFAIRS PROGRAMMING FOR: JULY 1 – SEPTMEBER 30, 2022:

CONVERSATIONS:

2022-0703

Guest: Camille Reynaud Executive Director

Contact: Camille Reynaud

camille@teensinpublicservice.org

Link: teensinpublicservice.org

Airdate: 07/03/22

Category: YOUTH/GOVERNMENT/COMMUNITY

Description: Camille Talks about why it's important to involve youth in positions of leadership and public service. She talks about her own experience in the program and how it shaped her career path and passion for NPO's.

LENGTH: 13:18

Guest: Alex Lundy Director

Contact: Alex Lundy

ALundy@wonderlandkids.org

Link: wonderlandkids.org

Airdate: 07/03/22

Category: FAMILIES/YOUTH/HEALTH/WELLNESS

Description: Alex will talk about how children's development is dependent on many factors including parental substance abuse. She will talk about the problems children with addicted parents face and how to mitigate the risk factors.

LENGTH: 12:10

Guest: Peggy Sullivan

Contact: Heather DeSantis

1 828-332-5307

Link: https://www.amazon.com/Happiness-Your-Responsibility-Playbook-Motivational-

ebook/dp/B09L7LZ66J

Airdate: 7/3/22

Category: GENDER-SPECIFIC

Description:

Peggy is the CEO of a national women's nonprofit that empowers women to grow personally and professionally. With a strong and supportive community, SheCAN! provides continuous learning and support to help women step into their power and shine brighter than ever.

LENGTH: 12:02

Guest: Gregory Baruso - Deputy State Fire Marshal / PIO

Contact: Gregory Baruso

fpbpio@wsp.wa.gov

Link: wsp.wa.gov

Airdate: 7/3/22

Category: ENVIRONMENT, GOVERNMENT, COMMUNITY ACTIVITIES

Description:

Being 4th of July weekend, we brought in an expert to talk about firework safety.

LENGTH: 12:22

2022-0710

Guest: Cecily Crosky

Contact: Zach Sokolik

zachs@first5fundamentals.org

Link: first5fundamentals.org

Airdate: 07/10/22

Category: FAMILIES/YOUTH/HEALTH/WELLNESS

Description: Cecily talks about the importance of early childhood development as it pertains to all aspects of growth and development. She will explain the lack of attention certain groups receive in this regard and how to change that.

LENGTH: 13:27

Guest: Katie Carter

Contact: Katelen Kellogg

katelen@pridefoundation.org

Link: pridefoundation.org

Airdate: 07/10/22

Category: GENDER-SPECIFIC/MINORITIES

Description: Katie talks about the issues currently facing LBGTQ+ individuals including discriminatory legislation, the current vocal bias against transgender individuals, and what we can do to help support and fight for equality.

LENGTH: 13:12

Guest: Joe Thornton

Contact: Joe Thornton

Link: www.bigbrojoe.org

Airdate: 7/10/22

Category: COMMUNITY ACTIVITIES/FAMILIES/YOUTH

Description:

The Big Bro Joe Foundation is a 501(c)3 organization that seeks to offer young males positive role models that can assists with a helping hand, inspiration, guidance, motivation, while establishing healthy relationships with adult male mentors.

LENGTH: 13:00

Guest: Brenda Vanderloop

Contact: Brenda Vanderloop

206-498-9731

Link: https://21acres.org/

Airdate: 7/10/22

Category: COMMUNITY ACTIVITIES/FAMILIES/YOUTH

Description:

Founded in 2006, 21 Acres is a program of the HumanLinks Foundation. Their purpose is to promote the benefits of local food systems within the context of climate challenges. They explore the relationship between our natural and built environments, and the transition from an unsustainable, fossil fuel-based lifestyle to sustainable and regenerative ways of living.

LENGTH: 12:44

2022-0717

Guest: Tonya Guinn

Contact: Tonya Guinn

tonya@thetrailyouth.com

Link: thetrailyouth.org

Airdate: 07/10/22

Category: YOUTH/HEALTH/WELLNESS/COMMUNITY

Description: Tonya talks about creating a space for teens to come and learn valuable job skills as well as belong to a community. She will explain how trail youth helps reduce homelessness and drug and alcohol abuse.

LENGTH: 12:46

Guest: Sharon Soldenwagner

Contact: Sharon Soldenwagner

(425) 882-1554 x117

Link: www.littlebit.org

Airdate: 7/17/22

Category: HEALTH/WELLNESS, COMMUNITY ACTIVITIES/FAMILIES/YOUTH

Description:

Little Bit Therapeutic Riding Center is a community where horses transform the bodies, minds, and spirits of people with disabilities.

LENGTH: 12:59

Guest: Skylar Tre Robinson

Contact: Skylar Tre Robinson

(253)260-1543

Link: whttps://www.oursistershouse.com/

Airdate: 7/17/22

Category: AGING/GENDER-SPECIFIC/MINORITIES/SPIRITUALITY

Description:

Our Sisters' House provides services to aid survivors fleeing domestic violence with culturally specific services for the Black community.

LENGTH: 12:59

2022-0724

Guest: Dhaarmika Coelho

Contact: dhaarmika coelho

info@campkindnesscounts.org

Link: campkindnesscounts.org

Airdate: 07/24/22

Category: YOUTH/EDUCATION/CULTURE

Description: Dhaarmika talks about the inspiration to make kindness a centerpiece for a youth camp. How kindness can impact many other factors in development including the ability to become a strong leader

LENGTH: 13:24

Guest: Victor Tolbert

Contact: Victor Tolbert

victor40leon@gmail.com

Link: https://aawellness.org/

Airdate: 07/24/2022

Category: HEALTH/WELLNESS/GENDER-SPECIFIC/MINORITIES

Description: Vic talks about the challenges black men face in regards to health and self care. He talks about what the role of a man in a family should be and how through emotional, mental and physical fitness we can tackle some of these issues.

LENGTH: 13:28

Guest: Christine McDonald

Contact: Kirby Eule

703-595-8219

Link: https://www.orlandosentinel.com/opinion/guest-commentary/os-op-rapists-go-free-sex-trafficking-survivor-20220513-t5isiwrcu5e3bkoykc67ciflgi-story.html

Airdate: 7/24/22

Category: CRIME/DRUG ABUSE/VIOLENCE

Description:

Every 68 seconds, someone in America is sexually assaulted. But more than 97% of perpetrators get off scot-free, in part because police departments are mismanaging or losing evidence. Christine McDonald,talks on how 21st-century solutions can stop rapists from being let off the hook -- and empower victims to come forward.

LENGTH: 7/24/22

Guest: Matthew Fray

Contact: Terry Cater

917-723-7596

Link: https://matthewfray.com/

Airdate: 7/24/22

Category: FAMILIES

Description:

With the humorous, entertaining, and counterintuitive approach of "THE SUBTLE ART OF NOT GIVING A F," and the practical insights of "THE 5 LOVE LANGUAGES" - the new book: "THIS IS HOW YOUR MARRIAGE ENDS" helps readers identify relationship-killing behavior patterns in their own lives - and offers solutions to break free from the cycles of dysfunction and destruction.

LENGTH: 12:05

2022-0731

Guest: Jme Thomas

Contact: Jme Thomas

jme@motleyzoo.org

Link: https://www.motleyzoo.org/

Airdate: 07/31/22

Category: Health / Wellness

Description: Jme discusses the difference betweent an animal rescue and a shelter as well as the many differences in the adoption process. She also talks about how to get involved in fostering animals as well as volunteerism.

LENGTH: 13:34

Guest: Jilyne Jarvis

Contact: <u>Jilyne Jarvis</u>

jilyne@zgirls.org

Link: https://www.zgirls.org/

Airdate: 07/31/22

Category: COMMUNITY/YOUTH/WELLNESS/GENDER-SPECIFIC

Description: Jilyne talks about the mental development of young girls, including how courage is so important in healthy development. She talks about showing young girls what it takes to be a good leader, person and advocate for your community

LENGTH: 13:21

Guest: Step By Step pt 1

Contact: Krista Linden

253.896.0903

Link: https://www.stepbystepfamily.org/

Airdate: 7/31/22

Category: GENDER-SPECIFIC, HEALTH/WELLNESS, COMMUNITY ACTIVITIES/FAMILIES/YOUTH

Description:

Step By Step is trying to transform the lives of at-risk pregnant women, so they will deliver healthy babies, embrace positive parenting, and establish safe homes and secure futures.

LENGTH: 12:26

Guest: Jilyne Jarvis ZGiRLS Co-Founder & Executive Director

Contact: Jilyne Jarvis

206.819.3317

Link: ZGiRLS.ORG

Airdate: 7/31/22

Category: GENDER-SPECIFIC, COMMUNITY ACTIVITIES

Description:

Most girls struggle with self-doubt, insecurity, and constantly beat themselves up. They start to wonder if there's something wrong with them. But please hear us...there is nothing wrong with them! The problem is they don't know where to start when it comes to building confidence, which can be frustrating. ZGirls believes no girl should ever be held back by her own self-doubt. They understand how easy it is to mentally beat yourself up. That's why they make it easy and fun to learn confidence-building mental skills. Yes, kick self-doubt to the curb and start celebrating her success!

LENGTH: 13:00

2022-0807

Guest: Renee Linnel

Contact: <u>Javier Perez</u>

pgturnerpub@aol.com

Link: https://reneelinnell.com/

Airdate: 08/07/22

Category: SPIRITUALITY/WELLNESS/

Description: Renee talks about her journey into and subsequently out of an abusive cult and how she ended up succumbing to the messaging.

LENGTH: 13:26

Guest: Don Baunsgard

Contact: Don Baunsgard

don@treasuresthrift.org

Link: https://treasuresthrift.org/

Airdate: 08/07/22

Category: SPIRITUALITY/WELLNESS/COMMUNITY/FAMILIES

Description: Don Talks about his thrift shop, Treasures in Heaven, which sells donated clothes, collectibles and other items to raise money to support Snoqualmie valley nonprofits like foodbanks, homeless programs, and Trail Youth teen outreach coffee shop. They also use some of the funds to support Planet Changer, a non-profit organization that builds water wells in Uganda

LENGTH: 12:40

Guest: **Step By Step pt 2** Contact: Krista Linden

253.896.0903

Link: https://www.stepbystepfamily.org/

Airdate: 8/7/22

Category: GENDER-SPECIFIC, HEALTH/WELLNESS, COMMUNITY ACTIVITIES/FAMILIES/YOUTH

Description:

Step By Step is trying to transform the lives of at-risk pregnant women, so they will deliver healthy babies, embrace positive parenting, and establish safe homes and secure futures.

LENGTH: 12:44

Guest: Sammamish Valley Alliance

Contact: Tom Quigley

206.850.2643

Link: https://www.sammamishvalley.org/

Airdate: 8/7/22

Category: ENVIRONMENT

Description:

Sammamish Valley Alliance (SVA) is a nonprofit organization focusing on enriching the public's knowledge regarding local, sustainable, small farm agriculture in the Sammamish Valley.

LENGTH: 12:14

2022-0814

Guest: Ruchi Kapoor

Contact: Valerie Koch

Valerie.Koch@heart.org

Link: https://heart.org

Airdate: 08/14/22

Category: HEALTH/WELLNESS

Description: Dr. Kapoor talks about Life's Essential 8, a list of 8 important things a person should do, or know to look out for to maintain good cardiovascular health. She also talks about the risk of stroke and

ways to mitigate that risk

LENGTH: 13:41

Guest: Lauren Simonds

Contact: Lauren Simonds

LSimonds@namiwa.org

Link: namiwa.org

Airdate: 08/14/2022

Category: HEALTH/WELLNESS/COMMUNITY

Description: Lauren talks about mental health and how mental illness can affect someone and their community. She dives into how the pandemic has affected us as a society and how we look at getting

help

LENGTH: 13:53

Guest: Studio East (Artistic Director Lani Brockman and Managing Director Jennifer Tucker)

Contact: Ashley McCuen

425.820.1800 ext.117

Link: https://studio-east.org/studio-east-storybook-theater/

Airdate: 8/14/22

Category: COMMUNITY ACTIVITIES/FAMILIES/YOUTH

Description:

Studio East Training for the Performing Arts is proud to be a 501(c)3 nonprofit providing theater arts education and opportunities for children in Kirkland, WA and surrounding communities.

LENGTH: 12:34

Guest: Program for Early Parent Support (PEPS)

Contact: Dana Guy

206-547-8570 Ext. 204

Link: https://www.peps.org/

Airdate: 8/14/22

Category: EDUCATION/ARTS/COMMUNICATION/CULTURE

Description:

PEPS connects parents through peer-support groups. PEPS Groups continue to meet virtually, with selected groups meeting in person at community sites.

LENGTH: 13:00

2022-0821

Guest: Joe Sambatero

Contact: Heidi Taffera

htaffera@forterra.org

Link: https://forterra.org/

Airdate: 08/21/2022

Category: ENVIRONMENT

Description: Joe talks about how Forterra is involved in conservation efforts both in forest lands and within urban development. He explains what we need to do and how we can help out in an individual way.

LENGTH: 12:55

Guest: Bob Keefe

Contact: Javier Perez

pgturnerpub@aol.com

Link: e2.org

Airdate: 08/21/2022

Category: ENVIRONMENT/GOVERNMENT/HEALTH/ECONOMY/BUSINESS

Description: Bob talks about how climate policy has shifted into a business opportunity as the financial

benefits of sustainable energy options become clear.

LENGTH: 13:02

Guest: Michael R. Gieske, MD

Contact: Rob Dalton

214-893-9325

NLCRT.ORG

Airdate: 4/10/22

Category: HEALTH/WELLNESS

Description:

Lung cancer kills more people in the United States each year than breast, colorectal and prostate cancers combined. Dr. Grieske tell us what we need to do to lower our risk.

LENGTH: 12:26

Guest: David Richart

Contact: David Richart

david.richart@fulllifecare.org

Link: https://www.fulllifecare.org/

Airdate: 3/27/22

Category: HEALTH/WELLNESS

Description:

Full Life is dedicated to enhancing the quality of life for frail elders and people with chronic or terminal illnesses and disabilities. We respect the dignity of our participants and provide for them with care and compassion.

LENGTH: 12:25

2022-0828

Guest: Katie Gatto

Contact: Helen Banks Routon

helenr@babycorner.org

Link: babycorner.org

Airdate: 08/28/2022

Category: FAMILIES/YOUTH

Description: Katie talks about the challenges of growing up without means, as well as the difficulties that places on the parents. She talks about the current baby formula shortage and what we can do to help children in need

LENGTH: 13:13

Guest: Aubrey Zoli

Contact: Gretchen Groves

gretchen.groves@cancer.org

Link: cancer.org

Airdate: 08/28/2022

Category: HEALTH/GENDER-SPECIFIC

Description: Aubrey talks about breast cancer and the risks associated with it. She talks about factors that lead to diagnosis as well as preventative behaviors

LENGTH: 13:36

Guest: Brittan Stockert - Babies of Homelessness

Contact: Brittan Stockert

(425) 866-7358

www.babiesofhomelessness.org

Airdate: 5/8/22

Category: FAMILIES, GENDER-SPECIFIC

Description:

Babies of Homelessness is a 501(3)c nonprofit, cutting through accessibility barriers, and providing diapers and basics (wipes and formula), free of charge, to partner agencies and families facing homelessness in urban, rural and underserved communities.

LENGTH: 13:00

Guest: Dennis Maughan - MADD

Contact: Dennis Maughan

469.420.4544

https://www.madd.org/

Airdate: 5/8/22

Category: FAMILIES,

Description:

The mission of Mothers Against Drunk Driving is to end drunk driving, help fight drugged driving, support the victims of these violent crimes and prevent underage drinking.

LENGTH: 12:21

2022-0904

Guest: Alicia Crank

Contact: Alicia Crank

AliciaC@atworkwa.org

Link: atworkwa.org

Airdate: 09/04/2022

Category: HEALTH/WELLNESS/COMMUNITY

Description: Alicia talks about programs to help disabled individuals find independence, self worth and sense of community through employment opportunities

LENGTH: 13:15

Guest: Jme Thomas

Contact: Jme Thomas

jme@motleyzoo.org

Link: https://www.motleyzoo.org/

Airdate: 09/04/22

Category: Health / Wellness

Description: Jme discusses the difference between an animal rescue and a shelter as well as the many differences in the adoption process. She also talks about how to get involved in fostering animals as well as volunteerism.

LENGTH: 13:34

Guest: Andrea Axel Contact: Daniel Poppe

(206) 267-2216

Link: https://sparknorthwest.org/

Airdate: 1/23/22

Category: ENVIRONMENT

Description:

Spark Northwest accelerates the shift to clean energy one community at a time. Since 2001, our on-the-ground projects and progressive advocacy have led the charge toward a renewable energy future.

LENGTH: 12:01

Guest: Dr. Tiffanie Moore

Contact: Haley Winters

281.333.3507

Link: https://m.facebook.com/DrTiffanieTateMoore/.

Airdate: 1/30/22

Category: BUSINESS/ECONOMY/LABOR/TECHNOLOGY

Description:

2019, she had to medically retire from her beloved job as a physician and faced an existential crisis. She wondered, Who am I without my profession? Many in our audience have likely faced health setbacks and employment uncertainty in the past couple of years. Dr. Moore's powerful message of perseverance is one that is well worth sharing.

LENGTH: 12:42

2022-0911

Guest: Masao Yamada, Adult advisor for Youth Activists for Systemic Change

Contact: Masao Yamada

253.224.6965

Link: https://www.yascyouthactivistsforsystemicchange.com/

Airdate: 09/11/22

Category: COMMUNITY ACTIVITIES/FAMILY/YOUTH

Description: He will talk about how the youth organized against systemic racism and violence following the deaths of Breonna Taylor and George Floyd and how they channeled that pain and anger into an advocacy for policy change and public awareness.

LENGTH: 13:00

Guest: Joseph Gisler

Contact: Joseph Gisler

josephg@dor.wa.gov

Link: dor.wa.gov

Airdate: 09/11/22

Category: GOVERNMENT

Description: Joseph talks about how to claim your cash at claimyourcash.org. He talks about how the system works as well as how much money is available.

LENGTH: 11:08

Guest: Paula J. Del Giudice

Contact: Paula J. Del Giudice

425-882-1554 ext. 103

Link: www.littlebit.org

Airdate: 3/13/22

Category: HEALTH/WELLNESS

Description:

Little Bit Therapeutic Riding Center is a community where horses transform the bodies, minds, and spirits of people with disabilities.

LENGTH: 12:32

Guest: Dr Nadine Garcia

Contact: Whitney Bright

202.216.8889

Link: https://www.tfah.org/

Airdate: 3/13/22

Category: ENVIRONMENT, GOVERNMENT

Description:

Trust for America's Health (TFAH) is a non-profit, non-partisan health policy advocacy organization. We focus on addressing the social determinants of health and correcting health inequities.

LENGTH: 12:24

2022-0918

Guest: Denise Burnside

Contact: Denise Burnside

denise@smashseattle.org

Link: www.smashseattle.org

Airdate: 09/18/2022

Category: ARTS/HEALTH/WELLNESS

Description: Denise talks about the seattle music scene and how musicians face barriers to access health care. She talks about how SMASH works to eliminate those barriers and help find and fund the health needs of our local musicians.

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LENGTH: 13:37

Guest: Delilah

Contact: DeAnna Luke

deanna@delilah.com

Link: delilah.com

Airdate: 09/18/2022

Category: COMMUNITY/YOUTH

Description: Delilah talks about Point Hope and the work being done to fix the foster system. She also talks about providing food and water autonomy to villages in Ghana. .

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LENGTH: 14:00

Guest: Scott Slater

Contact: Scott Slater

206-467-4804

Link: https://www.biawa.org/

Airdate: 3/20/22

Category: HEALTH/WELLNESS

Description:

The Brain Injury Alliance of Washington (BIAWA) is a nonprofit organization dedicated to increasing public awareness, support, and providing hope for those affected by brain injury.

LENGTH: 12:13

Guest: Stacy Dym

Contact: Stacy Dym

206-235-0297

Link: https://www.arcwa.org/

Airdate: 3/20/22

Category: HEALTH/WELLNESS

Description:

Since 1936, The Arc of Washington State has been a leader in the development of services and programs for people with intellectual and developmental disabilities of all ages and providing support to their families.

LENGTH: 13:00

2022-0925

Guest: Delilah

Contact: DeAnna Luke

deanna@delilah.com

Link: delilah.com

Airdate: 09/25/2022

Category: COMMUNITY/YOUTH

Description: Delilah talks about Point Hope and the work being done to fix the foster system. She also talks about providing food and water autonomy to villages in Ghana. .

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LENGTH: 13:51

Guest: Jeanette Tarcha

Contact: Jeanette Tarcha

jtarcha@akwa.wish.org

Link: wish.com

Airdate: 09/25/2022

Category: COMMUNITY/YOUTH/HEALTHCARE

Description: Jeanette talks about the wish process, who qualifies, and the healing power of a wish.

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LENGTH: 13:40

Guest: David Richart

Contact: David Richart

david.richart@fulllifecare.org

Link: https://www.fulllifecare.org/

Airdate: 3/27/22

Category: HEALTH/WELLNESS

Description:

Full Life is dedicated to enhancing the quality of life for frail elders and people with chronic or terminal illnesses and disabilities. We respect the dignity of our participants and provide for them with care and compassion.

LENGTH: 12:25

Guest: Harmony Hill Executive Director, Cheryl Sesnon

Contact: Tracy Stirrett

360.898.2363 ext.11

Link: harmonyhill.org

Airdate: 3/27/22

Category: HEALTH/WELLNESS

Description:

Harmony Hill began with Gretchen Schodde's dream to create a retreat center where people could experience renewal and deep well-being. In 1986, Harmony Hill opened its doors as a nonprofit retreat facility focusing on wellness. In 1994, we added our Cancer Program, the heart of our mission, to support those affected by cancer, including caregivers and health professionals. In 2004, we began offering our cancer-related programs at no charge. In 2020 Harmony Hill decided to make a fundamental shift to increase our commitment to inspire healthy living for all, recognizing that many of the programs and resources developed over the decades to support those on a cancer journey could equally benefit those who had other health and well-being concerns.

LENGTH: 12:57