

ISSUES/PROGRAMS LIST
KXLW-FM, Houston, AK
1st Quarter 2023

There follows a listing of some of the significant issues responded by KXLW-FM Houston, AK along with the most significant programming treatment of those issues for the period of January 1, 2023 to March 31, 2023. The listing is by no means exhaustive. The order in which the issues appear does not reflect any priority or significance.

Description of Issue	Program/Segment	Date	Time	Narration of Type of Description of Program/Segment
Government Regulation, Economy, Small Business, Politics, Consumer Protection	Viewpoints	1/1/2023	6:00 a.m.	<p>SEGMENT 1: THE FALLOUT FROM INDUSTRY MONOPOLIES</p> <p>Time: 1:47</p> <p>Duration: 10:27</p> <p>Synopsis: This past November, thousands of Taylor Swift fans were left frustrated and disappointed after Ticketmaster's platform failed to deliver on general sale tickets for her upcoming tour. We discuss how this recent failure has stirred a larger conversation about the consequences & long-term effects of monopolies.</p> <p>Host: Gary Price</p> <p>Guests: Diana Moss, president, American Antitrust Institute; Krista Brown, senior policy analyst, American Economic Liberty Project.</p>
Social Media, Psychology, Technology, Culture, Mental Health, Cultural Trends	Viewpoints	1/1/2023	6:00 a.m.	<p>SEGMENT 2: WHO IS GEN-Z?</p> <p>Time: 14:16</p> <p>Duration: 7:56</p> <p>Synopsis: There are more than 68 million young people in the U.S. who make up Generation Z – that is anyone born between 1997 and 2012. Research shows that this cohort is the most racially and ethnically diverse than any other previous generation and are progressive in their mindsets. On top of this, they're extremely tech-savvy and believe that mental health is equally as important as physical health. Culture expert John Schlimm helps us understand who Gen Z is and what impact they'll have on the future world.</p> <p>Host: Marty Peterson</p> <p>Guests: John Schlimm, researcher, professor, author, What Would Gen-Z Do? Everything You Don't Know About Gen-Z But Should.</p>
Health, Medicine, Disease, Biology, Science, Innovation, Space Travel, Technology	Viewpoints	1/8/2023	6:00 a.m.	<p>SEGMENT 1: FALLING ASLEEP IN SPACE</p> <p>Time: 1:47</p> <p>Duration: 8:47</p> <p>Synopsis: Do you have trouble falling or staying asleep? If so, you'll know that not getting good rest can take a big toll on how you feel both physically and mentally. This is amplified in space for astronauts who sleep in a zero-gravity environment that relies on an artificial day/night cycle. This week, we explore the fascinating science and study of how humans sleep in space and its effects on the body.</p> <p>Host: Gary Price</p> <p>Guests: Dr. Fred Turek, professor, biology, Northwestern University, director, Center for Sleep and Circadian Biology, Northwestern University; Dr. Emmanuel Urquieta, chief medical officer, Translational Research Institute for Space Health, assistant professor, Center for Space Medicine, Baylor College of Medicine.</p>
Law, Law Enforcement, Forensic Science, Criminal Justice	Viewpoints	1/8/2023	6:00 a.m.	<p>SEGMENT 2: A PATHWAY TO EXONERATION</p> <p>Time: 12:36</p> <p>Duration: 8:37</p> <p>Synopsis: Experts estimate that between 4-6 percent of prisoners behind bars are innocent. We explore what factors feed into these wrongful convictions and how advocates in the arena are fighting for justice.</p> <p>Host: Marty Peterson</p> <p>Guests: Isaac Wright Jr., practicing attorney, author, Marked for Life: One Man's Fight for Justice From the Inside; Samuel Gross, Thomas and Mabel Long Professor Emeritus of Law at the University of Michigan – Ann Arbor, founder, senior editor, The National Registry of Exonerations.</p>
Lifestyle, Stress Management, Literature, Psychology, Mental Health, Health	Viewpoints	1/15/2023	6:00 a.m.	<p>SEGMENT 1: HOW TO BETTER DEAL WITH STRESS THIS YEAR</p> <p>Time: 1:47</p> <p>Duration: 8:47</p> <p>Synopsis: We speak with University of California – San Francisco professor and health psychologist Dr. Elissa Epel about how listeners can better manage their stress this year by employing certain lifestyle habits.</p> <p>Host: Gary Price</p> <p>Guests: Dr. Elissa Epel, health psychologist, professor, vice chair, Department of Psychiatry and Behavioral Sciences, University of California – San Francisco, author, The Stress Prescription: Seven Days to More Joy and Ease.</p>

Infrastructure, Domestic Terrorism, Public Health, Private Security, Utilities, Power Generation, Electricity
Viewpoints 1/15/2023 6:00 a.m. SEGMENT 2: A KEY VULNERABILITY: U.S. POWER GRIDS
Time: 12:36
Duration: 8:37
Synopsis: In recent years, power attacks on electric power stations in the U.S. have become more common. We discuss what's driving this uptick, how power companies and government organizations are responding and what you should know as a consumer.
Host: Marty Peterson
Guests: Adrienne Lotto, senior vice president, Grid Security, Technical, and Operations at the American Public Power Association.

Health, Women's Issues, Sports Culture, Youth Development, Parenting, Mental Health
Viewpoints 1/22/2023 6:00 a.m. SEGMENT 1: THE DAMAGING WORLD OF WOMEN'S ELITE RUNNING
Time: 1:48
Duration: 8:37
Synopsis: Long-distance runner Lauren Fleshman won five NCAA championships and two U.S. national championships in women's track and field. Early on in her career, she was a prized hopeful for bringing home the Olympic gold, but this dream came crashing down after a series of injuries and setbacks. Fleshman joins us this week to talk about the toxic culture present in many elite running organizations and what needs to change to better support these young, vulnerable athletes.
Host: Gary Price
Guests: Lauren Fleshman, former elite long-distance runner, author, Good for a Girl: A Woman Running in a Man's World.

Innovation, Timekeeping, Culture, History, Engineering, Invention, Archaeology
Viewpoints 1/22/2023 6:00 a.m. SEGMENT 2: HOW DID PAST CIVILIZATIONS KEEP TIME?
Time: 12:27
Duration: 9:16
Synopsis: From sundials to mechanical clocks to atomic clocks, humans – throughout the centuries – have kept track of time using many different methods. Physics and astronomy professor Chad Orzel joins us this week to highlight just how much we rely on accurate clocks and how timekeeping technology has evolved across human history.
Host: Marty Peterson
Guests: Chad Orzel, associate professor, physics, astronomy, Union College.

History, Hobby, Language, Literature, Education
Viewpoints 1/29/2023 6:00 a.m. SEGMENT 1: FOR THE LOVE OF CROSSWORDS
Time: 1:47
Duration: 7:34
Synopsis: The first crossword was published in 1913 by journalist Arthur Wynne. Since then, the timeless puzzle has stayed in style and graces newspapers from the New York Times to USA Today. Self-acclaimed lovers of crosswords are known as 'cruciverbalists' and compete online as well as create these puzzles for publishing. We speak with crossword expert Adrienne Raphel to find out more about this beloved word game.
Host: Gary Price
Guests: Adrienne Raphel, author, Thinking Inside the Box.

Education, Free Expression, Public Policy, Literature, Government
Viewpoints 1/29/2023 6:00 a.m. SEGMENT 2: BANNED BOOKS: TWO SIDES TO THE STORY
Time: 11:23
Duration: 11:37
Synopsis: Books have been taken off shelves since the colonial period, but, in recent years, more books than ever have been deemed unsuitable for young readers. We discuss the controversy by highlighting two differing perspectives on the debate.
Host: Marty Peterson
Guests: Jonathon Friedman, director, free expression & education programs, Pen America; Tia Bess, volunteer, Moms for Liberty

Inflation, Personal Finance, Supply Chain Management, Global Train, U.S. Economy
Viewpoints 2/5/2023 6:00 a.m. SEGMENT 1: THE MANY CAUSES OF SUPPLY CHAIN & INFLATION WOES
Time: 1:50
Duration: 7:22
Synopsis: Economic uncertainty is on the minds of millions of Americans. Part of this uncertainty stems from continuing inflation and instability plaguing global markets. We speak with longtime economist and banker, James Rickards about the factors feeding into these rising costs and supply chain woes.
Host: Gary Price
Guests: James Rickards, economist, former Wall Street banker, author, Sold Out: How Broken Supply Chains, Surging Inflation, and Political Instability Will Sink the Global Economy

American History, Nutrition, Poverty, Food History, Culture, American Diet, Economy	Viewpoints	2/5/2023	6:00 a.m.	<p>SEGMENT 2: A CHANGING PALATE ACROSS PERIODS OF ECONOMIC UNCERTAINTY Time: 11:14 Duration: 10:37 Synopsis: Higher prices at the grocery store – from eggs to meat to specialty items – dictate what many Americans buy and cook throughout the week. While it can be difficult to pull back on the items we like, this shift in diet is nothing new. Across history – war, famine, and economic instability has affected what Americans choose to spend their money on. Even today, the current economic uncertainty has shifted recipes and food trends. This week, we rewind back to the Great Depression, which forced millions of Americans to find new recipes and get creative with the limited number of ingredients they could afford. Host: Marty Peterson Guests: Jane Ziegelman, food historian, author, A Square Meal: A Culinary History of the Great Depression</p>
Society, Women's Rights, American Expansion, Politics, Gendered Norms, Culture, Gender Equality, History, Sexism	Viewpoints	2/12/2023	6:00 a.m.	<p>SEGMENT 1: FORGING OPPORTUNITY: THE EARLY WOMEN OF THE WEST Time: 1:47 Duration: 9:07 Synopsis: The Wild, Wild West: cowboys, shootouts, open prairies & gold mines galore. While this is a common stereotype surrounding the colonial West, there's much more about this region and period than meets the eye. For thousands of women, living out West meant greater independence, and an opportunity to start anew. Historian and author Winifred Gallagher joins us to share how the women of the Old West paved the way for women across the U.S. Host: Gary Price Guests: Winifred Gallagher, historian, author, New Women in the Old West.</p>
Software Engineering, Industry Regulation, Consumer Protection, Information Technology, Travel, Government	Viewpoints	2/12/2023	6:00 a.m.	<p>SEGMENT 2: A DISTENGRATING FRAMEWORK Time: 12:57 Duration: 9:11 Synopsis: Last month, the Federal Aviation Administration grounded all departing flights across the U.S., leading to thousands of delayed flights and major headaches for travelers. In short, this outage was caused by a widespread system failure of the air traffic control system. Without it, pilots are essentially flying dark with no news of ground conditions, weather updates, etc. In the days and weeks following, this incident has raised many questions about the aging software and systems that we heavily rely upon. We speak with two aviation experts about this recent fiasco and what it means for all technology-reliant industries. Host: Marty Peterson Guests: Laurie Garrow, professor, co-director of the Center for Urban and Regional Air Mobility at the Georgia Institute of Technology; Michael McCormick, assistant professor, air traffic management, Embry-Riddle Aeronautical University.</p>
Science, Creativity, Psychology, Mental Health, Emotional Well-being	Viewpoints	2/19/2023	6:00 a.m.	<p>SEGMENT 1: IN AWE: A RENEWED LENS ON LIFE Time: 1:47 Duration: 9:24 Synopsis: It can be hard to explain what it's like to feel in awe. For me, I can remember feeling this way after reaching the top of a mountain after an hours-long climb and looking onto the vast horizon, or after watching the film Inception in theaters for the first time and being blown away by the soundtrack. We speak with renowned social psychologist Dacher Keltner about awe and what experiences elicit this emotion. Host: Gary Price Guests: Dacher Keltner, professor, psychology, University of California-Berkeley, author, Awe: The New Science of Everyday Wonder and How It Can Transform Your Life.</p>
Public Resources, Homelessness, Wage Inequity, Child Development, Poverty, Public Housing	Viewpoints	2/19/2023	6:00 a.m.	<p>SEGMENT 2: THE UNSEEN FACES OF HOMELESSNESS Time: 13:13 Duration: 9:05 Synopsis: At the beginning of 2020, there were about 580,000 Americans homeless on a given night, according to the National Alliance to End Homelessness. Fast forward almost three years and this number has stayed about the same. With basic living prices and rent still high, we share the many faces of homelessness and one inspiring story about resilience in the face of several challenges. Host: Marty Peterson Guests: Nikita Stewart, reporter, The New York Times, author, Troop 6000: The Girl Scout Troop That Began in a Shelter and Inspired the World.</p>
Personal Finance, Poverty, Personal Wealth, Personal Development, Parenthood	Viewpoints	2/26/2023	6:00 a.m.	<p>SEGMENT 1: LOOKING UP: THE PATH TO FINANCIAL WEALTH Time: 1:47 Duration: 8:12 Synopsis: For Scarlett Cochran, money management wasn't a topic of conversation growing up. Her parents never went to college and money was always a touchy subject for her family. It wasn't until she was in her early twenties and struggling with money that she realized the importance of budgeting and accruing savings. We sit down and speak with Cochran to learn about her inspiring journey and path to financial wealth. Host: Gary Price Guests: Scarlett Cochran, attorney, financial expert, author, It's Not About the Money: A Proven Path to Building Wealth and Living the Rich Life You Deserve.</p>

Environment, Climate Change, Health, Culture, End-of-life Planning, Death	Viewpoints	2/26/2023	6:00 a.m.	<p>SEGMENT 2: GREEN BURIALS</p> <p>Time: 12:01 Duration: 9:10</p> <p>Synopsis: Have you thought about end-of-life planning? Would you like to be buried or cremated – or possibly have a green burial? While death may be a topic that's shied away from, it's something that each one of us eventually confronts head on. This week – We talk about the importance of being involved in the death process of loved ones and learning about what burial options are available when that time comes.</p> <p>Host: Marty Peterson</p> <p>Guests: Hayley Campbell, journalist, author, All the Living and the Dead; Cassie Barrett, Director, Cemetery Operations, Carolina Memorial Sanctuary.</p>
Entrepreneurship, Business, Cooking Science, Career, Creative Arts, Personal Development, Relationships	Viewpoints	3/5/2023	6:00 a.m.	<p>SEGMENT 1: A NEW VIEWPOINT: SPEAKING WITH ACCLAIMED PASTRY CHEF JOANNE CHANG</p> <p>Time: 1:47</p> <p>Duration: 8:32</p> <p>Synopsis: A young Joanne Chang envisioned a prominent career in business. She graduated from Harvard University with a degree in applied mathematics and economics and went into consulting in her twenties. Despite career success, she decided to switch gears and become a chef. We sit down with Chang to hear about her culinary career journey and the advice she has for others who may be in a similar boat.</p> <p>Host: Gary Price</p> <p>Guests: Joanne Chang, pastry chef, owner, Flour Bakery, Myers + Chang.</p>
Public Health, Youth Development, Social Media, Psychology, Entertainment	Viewpoints	3/5/2023	6:00 a.m.	<p>SEGMENT 2: ONLINE SPORTS BETTING: A LUCRATIVE NEW INDUSTRY OR A GATEWAY TO GAMBLING ADDICTION?</p> <p>Time: 12:19 Duration: 9:11</p> <p>Synopsis: Online sports betting is a multi-billion-dollar industry and is only increasing in size year over year. We cover this burgeoning sector, the lack of overhead regulation in the U.S. and the risks this pervasive form of gambling has on a younger population.</p> <p>Host: Marty Peterson</p> <p>Guests: Dr. Lia Nower, professor, School of Social Work, Rutgers University, director, Center for Gambling Studies, Rutgers University; Dr. Timothy Fong, clinical professor, psychiatry, University of California-Los Angeles, co-director, UCLA Gambling Studies Program.</p>
Psychology, Communication, Mental Health, Self-care, Emotional Development, Relationships	Viewpoints	3/12/2023	6:00 a.m.	<p>SEGMENT 1: REAL SELF-CARE IS SETTING BOUNDARIES</p> <p>Time: 1:47</p> <p>Duration: 7:37</p> <p>Synopsis: Acclaimed therapist and social worker Nedra Glover Tawaab joins us this week to talk about boundaries. We often don't think about our own boundaries and the boundaries we need in our relationships – whether it be with friends, colleagues, family, or romantic relationships. Tawaab breaks down how to set these boundaries and approach difficult conversations.</p> <p>Host: Gary Price</p> <p>Guests: Nedra Glover Tawaab, licensed therapist, social worker, relationship expert, author, Drama Free: A Guide to Managing Unhealthy Family Relationships.</p>
Pet Ownership, Pet Adoption, Animal Welfare, Conscious Gifting, Veterinary Care, Companionship	Viewpoints	3/12/2023	6:00 a.m.	<p>SEGMENT 2: ANIMAL CONTROL AND RESCUE</p> <p>Time: 11:26 Duration: 9:31</p> <p>Synopsis: More than six million companion animals enter U.S. shelters each year, and a little over four million are adopted. Sadly, shelters still rely on euthanizing when facilities are overcrowded, and an animal has been there for a while. Author Laurie Zaleski has made it her life's work to rescue hundreds of these unwanted pets and care for them on her farm. We speak with Zaleski as well Dr. Joshua Fisher, an animal expert, about the importance of caring for these animals and heading to shelters to adopt instead of a pet store or breeder.</p> <p>Host: Marty Peterson</p> <p>Guests: Laurie Zaleski, author, Funny Farm: My Unexpected Life with 600 Rescue Animals; Dr. Joshua Fisher, Director of Animal Services, Charlotte, Mecklenburg County, North Carolina.</p>
Diet, Education, Culture, Food Policy, Mental Health, Food Systems, Health, Nutrition	Viewpoints	3/19/2023	6:00 a.m.	<p>SEGMENT 1: FOOD'S CONNECTION TO OUR MENTAL HEALTH</p> <p>Time: 1:47 Duration: 10:47</p> <p>Synopsis: You're probably familiar with the saying: 'You are what you eat.' It's no secret that the foods we consume directly correlate to how we feel, look and more. But there's more to food than just providing us with energy and nourishment. A lack of certain nutrients can exacerbate depression, anxiety, and other mental health disorders. We speak with food expert and author, Mary Beth Albright about food's intimate connection to how we feel.</p> <p>Host: Gary Price</p> <p>Guests: Mary Beth Albright, food systems & policy expert, food correspondent, The Washington Post, author, Eat & Flourish: How Food Supports Emotional Well-Being.</p>

<p>Inflation, Higher Education, Labor Rights, Inequality, Workers' Rights, Poverty, Living Costs</p>	<p>Viewpoints</p>	<p>3/19/2023 6:00 a.m.</p>	<p>SEGMENT 2: WHAT LED TO THE LARGEST HIGHER EDUCATION STRIKE IN U.S. HISTORY? Time: 14:37 Duration: 7:21 Synopsis: Late last year, more than 48,000 graduate students, researchers and teaching assistants unionized and went on strike against the University of California system, encompassing nine college campuses. Across the state, schools like Berkeley, UCLA and University of California-San Diego to name a few came to a standstill as thousands demanded higher pay, better healthcare and other improved benefits. We speak with master's student, Kelsey Wardlaw (who went on strike) about her experience and why unionizing felt like the right path forward. Host: Marty Peterson Guests: Kelsey Wardlaw, masters candidate, Latin American Studies, University of California-San Diego.</p>
<p>Women's History, Entrepreneurship, Women's Rights, American History, Politics</p>	<p>Viewpoints</p>	<p>3/26/2023 6:00 a.m.</p>	<p>SEGMENT 1: THE UNTOLD STORY OF EDITH WILSON Time: 1:47 Duration: 10:18 Synopsis: Women's History Month is a time to look back and honor the women of the past who've made a difference. One of these stories is that of Edith Wilson. On paper, she's known as Woodrow Wilson's second wife and first lady, but her story is much more fascinating than what meets the eye. Author Rebecca Roberts joins us to share the story of this fierce and independent woman. Host: Gary Price Guests: Rebecca Roberts, author, Untold Power: The Fascinating Rise and Complex Legacy of First Lady Edith Wilson</p>
<p>Democracy, Artificial Intelligence, Government, National Security, Technology</p>	<p>Viewpoints</p>	<p>3/26/2023 6:00 a.m.</p>	<p>SEGMENT 2: A WITHHOLDING OF PUBLIC INFORMATION Time: 14:07 Duration: 7:02 Synopsis: Did you know that our federal government classifies more than 50 million pieces of documents each year? Why are so many documents marked as classified? And why is there such a long lag time for them to be unsealed? We uncover this outdated process and focus on one new method that's aiming to make this process more efficient and speedier. Host: Marty Peterson Guests: Matthew Connelly, professor, International and Global History, Columbia University, principal investigator, History Lab, author, The Declassification Engine: What History Reveals About America's Top Secrets</p>



FILED: 4/4/2023