

**ISSUES/PROGRAMS LIST**  
**KXLW-FM, Houston, AK**  
**4th Quarter 2023**

There follows a listing of some of the significant issues responded by KXLW-FM Houston, AK along with the most significant programming treatment of those issues for the period of October 1, 2023 to December 31, 2023. The listing is by no means exhaustive. The order in which the issues appear does not reflect any priority or significance.

Description of Issue	Program/Segment	Date	Time	Narration of Type of Description of Program/Segment
Business, Environment, Food Inequity, Food Production, Food Scarcity, Food Waste, Technology	Viewpoints	10/1/2023	6:00 a.m.	<p>SEGMENT 1: '35 PERCENT OF ALL FOOD ENDS UP IN THE TRASH': WHY IS FOOD WASTE STILL SO HIGH?</p> <p>Time: 1:47 Duration: 6:14</p> <p>Synopsis: Each year, we throw away the equivalent of 130 billion meals. This wasted food could feed hundreds of millions of people and negatively impacts the environment both from its production and then the methane it releases once in a landfill. We cover the ongoing food waste crisis in America and hear from one tech platform that's helping to connect hungry people to food that would otherwise be tossed into a trash bin.</p> <p>Host: Gary Price Producer: Amirah Zaveri Guests: Sarah Soteroff, North American spokesperson, Too Good To Go</p>
Child Development, Education, Education Policy, Literacy, Parenting, Reading Comprehension.	Viewpoints	10/1/2023	6:00 a.m.	<p>SEGMENT 2: '2/3 OF STUDENTS ARE TESTING BELOW PROFICIENCY IN READING': WHY ARE LITERACY RATES SO LOW?</p> <p>Time: 10:03 Duration: 10:31</p> <p>Synopsis: Millions of kids are failing to meet reading comprehension standards. With so many young people falling through the cracks, we look at what's broken within the current curriculum and how new research on reading education can lead to some improvements. Education expert Natalie Wexler joins us to share important insights and what parents can also do at home to bolster these skills.</p> <p>Host: Marty Peterson Producer: Amirah Zaveri Guests: Natalie Wexler, education expert, author, The Knowledge Gap: The Hidden Cause of America's Broken Education System - And How to Fix It Compliancy issues: Child Development,</p>
Arts, Communication, Government, History, Mental Health, Mental Health Treatment, Mental Illness, Nonprofit Organizations, Psychology, Public Health, Rehabilitation	Viewpoints	10/8/2023	6:00 a.m.	<p>SEGMENT 1: A FAMILY FOREVER CHANGED: RACHEL'S STRUGGLE WITH SCHIZOPHRENIA</p> <p>Time: 1:47 Duration: 7:00</p> <p>Synopsis: Deborah Kasdan's sister, Rachel, had a bright future ahead of her. She was a natural creative, a talented student and loved to travel and meet new people. However, this future dimmed when Rachel was diagnosed with schizophrenia during her mid-twenties. The diagnosis forever impacted both Rachel and the family. She sadly passed away at age 59, but Deborah Kasdan joins us this week to share her sister's story and the wide-ranging toll of mental illness.</p> <p>Host: Gary Price Producer: Amirah Zaveri Guests: Deborah Kasdan, writer, author, Roll Back the World: A Sister's Memoir</p>
Government, Immigration, Law, Legal Issues, Voter Eligibility, Voting Rights	Viewpoints	10/8/2023	6:00 a.m.	<p>SEGMENT 2: 30 YEARS OF THE MOTOR VOTER LAW: WHY THIS ACT HAS TRAPPED COUNTLESS IMMIGRANTS</p> <p>Time: 10:49 Duration: 10:08</p> <p>Synopsis: In 2006, Filipino immigrant Elizabeth Keathley mistakenly registered to vote while at the Illinois Department of Motor Vehicles. Keathley and her former lawyer, Richard Hanus, join us this week to share the stressful, years-long legal battle that almost led to her being deported back to the Philippines.</p> <p>Host: Marty Peterson Producer: Amirah Zaveri Guests: Richard Hanus, immigration attorney, The Law Offices of Richard Hanus; Elizabeth Keathley, immigrant</p>

Animal Science, Disease, Education, Environment, History, Psychology, Science Viewpoints 10/15/2023 6:00 a.m. SEGMENT 1: BREAKING DOWN THE HIDDEN MISCONCEPTIONS OF TWO CLASSIC HALLOWEEN ICONS  
 Time: 1:47  
 Duration: 8:33  
 Synopsis: Spiders and bats are some of the most common symbols of Halloween spookiness. We speak with two experts to get the truth behind these traditionally scary creatures and hear why neither of them are nearly as scary as we think.  
 Host: Gary Price  
 Producer: Amirah Zaveri  
 Guests: Nancy Troyano, entomologist, director of technical education & training, Rentokil North America; Merlin Tuttle, ecologist, wildlife photographer, conservationist, author of the book, The Secret Lives of Bats: My Adventure with the World's Most Misunderstood Mammals

Finance, Free Speech, Freedom, Government, Higher Education, History, Nonprofit Organizations, Partisan Issues, Political Fundraising, Political Organizations, Politics, Presidential Election Viewpoints 10/15/2023 6:00 a.m. SEGMENT 2: THE STORY BEHIND THE FREE SPEECH ORGANIZATION ADVERTISING EVERYWHERE  
 Time: 12:22  
 Duration: 8:48  
 Synopsis: Have you seen an advertisement or commercial for the group, FIRE? The acronym stands for the Foundation for Individual Rights and Expression, but even after watching an ad, it can still be confusing to grasp what exactly this organization truly stands for. As the presidential cycle heats up, this kind of messaging is only going to grow more common over the next year, so we wanted to uncover what exactly FIRE stands for and why some people have mixed feelings on the nonpartisan nonprofit.  
 Host: Marty Peterson  
 Producer: Amirah Zaveri, Grace Galante  
 Guests: Nico Perrino, executive vice president, FIRE; Steve Macek, professor, communication & media studies, North Central College

Communication, Health, Local Government, Mental Health, Public Health, Senior Care, Technology, Volunteerism, Wellbeing Viewpoints 10/22/2023 6:00 a.m. SEGMENT 1: A MOUNTING LONELINESS EPIDEMIC: WHERE HAVE OUR COMMUNITIES GONE?  
 Time: 1:47  
 Duration: 9:12  
 Synopsis: Even before the pandemic hit, more than half of U.S. adults responded that they struggle with feelings of loneliness and isolation. Fast forward four years and this problem has only grown worse. Millions of children, teens and adults feel completely disconnected from their neighbors, towns, and local organizations. We talk about what's fueled this decline in recent decades and how listeners can take steps to start forming new connections where they live.  
 Host: Gary Price  
 Producer: Amirah Zaveri  
 Guests: Seth D. Kaplan, lecturer, Johns Hopkins University, senior advisor, Institute for Integrated Transitions, author, Fragile Neighborhoods: Repairing American Society, One Zip Code at a Time

Communication, Grief, Marriage, Mental Health, Psychology, Relationships, Society Viewpoints 10/22/2023 6:00 a.m. SEGMENT 2: HOW DO YOU DEAL WITH LOSS? SPEAKING WITH TWO PEOPLE WHO'VE LOST SPOUSES  
 Time: 13:01  
 Duration: 8:13  
 Synopsis: Is there a right or wrong way to grieve the loss of someone you love? We speak with two adults who've dealt with the loss of a spouse to get a better sense of the grieving process and what people do & don't need to hear during this difficult time.  
 Host: Marty Peterson  
 Producer: Amirah Zaveri, Grace Galante  
 Guests: Megan Devine, psychotherapist; Michael Korda, former editor-in-chief, Simon & Schuster, author, Passing: A Memoir of Love and Death

Child Development, Childcare, Government Assistance, Mental Health, Parenting, Personal Finance, Politics Viewpoints 10/29/2023 6:00 a.m. SEGMENT 1: \$13,000 PER TODDLER FOR ANNUAL CHILDCARE: WHY AMERICA IS FAILING ITS PARENTS  
 Time: 1:47  
 Duration: 9:24  
 Synopsis: Americans are struggling to bear the extremely large price tag of early childhood care. In some big cities, parents are paying upwards of \$30,000 per year, per child, for this service. We speak with mother, Christina Kuhn, who lives in Michigan about how high childcare costs are impacting her day-to-day and talk to childcare policy expert, Patricia Cole, about what needs to change to better support families and create an environment that encourages raising healthy children.  
 Host: Gary Price  
 Producer: Amirah Zaveri  
 Guests: Patricia Cole, Senior Director of Federal Policy, Zero to Three; Christina Kuhn, mother

American Traditions, Viewpoints  
Annual Holidays,  
Consumerism,  
Culture,  
Entertainment,  
Psychology, Society

10/29/2023 6:00 a.m. SEGMENT 2: HALLOWEEN 2023: WHY DO WE LOVE TO BE SCARED?  
Time: 13:13  
Duration: 7:31  
Synopsis: It's the time of year when we transform into a different character through costume, setup scary decorations and maybe check out a haunted house or two. Even though these things can be scary, we enjoy the fun and festivities that Halloween brings us each year. We speak with two guests about why Halloween has become such a popular global event and why many of us get a kick out of feeling temporarily scared.  
Host: Marty Peterson  
Producer: Amirah Zaveri  
Guests: Ben Armstrong, co-owner, Netherworld Haunted House, president, America Haunts; Dr. Janina Scarlet, clinical psychologist

Health, Medicine, Viewpoints  
Mental Health,  
Physical Disorders,  
Psychology,  
Science, Scientific  
Research

11/5/2023 6:00 a.m. SEGMENT 1: TOSSING & TURNING EACH NIGHT? HOW YOU MAY BE SABOTAGING YOUR SLEEP  
Time: 1:47  
Duration: 7:16  
Synopsis: The Cleveland Clinic estimates that about 1 in 3 Americans struggle with sleep. The problems are wide-ranging, including trouble falling or staying asleep or just not feeling rested each morning. We speak with sleep expert, Dr. Aric Prather about what the latest research shows us is the best way to improve sleep. In many cases, these recommendations are focused on setting good habits, retraining the brain, and checking off some items that can help aid slumber in the bedroom.  
Host: Gary Price  
Producer: Amirah Zaveri  
Guests: Dr. Aric Prather, psychologist, director, Behavioral Sleep Medicine Research Program, University of California, San Francisco

Astronomy, Viewpoints  
Astrophysics,  
Communication,  
Conspiracy  
Theories,  
Government,  
Scientific Research,  
Solar System,  
Space

11/5/2023 6:00 a.m. SEGMENT 2: ARE WE ALONE IN THE UNIVERSE? U-F-O'S, U-A-P'S, AND ALIENS EXPLAINED  
Time: 11:06  
Duration: 10:30  
Synopsis: There seems to be a lot of narratives, conspiracy theories and research funneling into if aliens really do exist. We speak with two experts about how the scientific community approaches this field of study and some of the challenges that come with working within this space.  
Host: Marty Peterson  
Producer: Tabor Brewster  
Guests: Paula Bontempi, dean, Graduate School, Oceanography, University of Rhode Island; Nathalie Cabrol, chief scientist, Carl Sagan Center for Research at the SETI Institute

Auto Industry, Labor Viewpoints  
Issues, Labor  
Movement,  
Manufacturing,  
Technology, Wage  
Inequity

11/12/2023 6:00 a.m. SEGMENT 1: CEO PAY IN THE AUTO INDUSTRY ROSE 40% OVER THE LAST DECADE: HOW FED-UP AUTO WORKERS ARE FIGHTING BACK  
Time: 1:47  
Duration: 8:42  
Synopsis: Almost 50,000 American employees - a third of the total workforce between GM, Ford and Stellantis - walked off the job and went on strike for six weeks earlier this fall. This coordinated effort marks the first time that employees walked out on all three companies at once. We discuss why this massive strike was a long-time coming and how this recent walk-off is a sign of an ever-growing labor activism movement in the U.S.  
Host: Gary Price  
Producer: Grace Galante, Amirah Zaveri  
Guests: Lane Windham, labor historian, Georgetown University; Kate Bronfenbrenner, senior lecturer, director, Labor Education Research, Cornell University

Climate, Health, Viewpoints  
Lifestyle, Mental  
Health, Psychology,  
Sleep Disorders,  
Technology

11/12/2023 6:00 a.m. SEGMENT 2: DO YOU FEEL SAD? US TOO  
Time: 12:31  
Duration: 8:34  
Synopsis: Experts estimate that about 10 million Americans deal with seasonal affective disorder, or SAD, each year. Interestingly, women are four times more likely to be diagnosed than men. And this number is also thought to be higher than reported since many adults go undiagnosed. We cover just how much SAD (and lesser variations like the winter blues) can affect your life during the colder, gloomier winter months and how some easy lifestyle changes can help ease symptoms each year.  
Host: Marty Peterson  
Producer: Amirah Zaveri  
Guests: Carrie Ditzel, clinical psychologist, Baker Street Behavioral Health

Community, Entertainment, Exercise, Health, Mental Health, Public Safety, Recreation, Relationships Links for more	Viewpoints	11/19/2023 6:00 a.m.	<p>SEGMENT 1: STRUGGLING TO GET INTO RUNNING? WHY THIS CHANGE COULD MAKE ALL THE DIFFERENCE</p> <p>Time: 1:46 Duration: 8:26</p> <p>Synopsis: Running clubs have exploded in recent years thanks to the pandemic. And there's a different running club for everyone. You don't have to be fast or extremely athletic to take part these days. We speak with two members of different running clubs about the benefits of being in this kind of group and how listeners can easily get involved.</p> <p>Host: Gary Price Producer: Polly Hansen Guests: Beth McHugh, runner, member, 261 New England Run Club; Billy Heatherly, runner, member, Fleet Feet Club, Asheville, North Carolina</p>
Ancient Civilizations, Archaeology, Communication, Culture, History, Language, Religion	Viewpoints	11/19/2023 6:00 a.m.	<p>SEGMENT 2: THE ROSETTA STONE: WHY WE CARE SO MUCH ABOUT A 2,000-YEAR-OLD SLAB OF ROCK</p> <p>Time: 12:15 Duration: 8:55</p> <p>Synopsis: It's an intriguing slab of rock, but why was finding and decoding the Rosetta Stone so important to scholars? In short, it's the key to unlocking the unique Egyptian language of illustrated text referred to as hieroglyphs. We speak with Edward Dolnick, author of The Writing of the Gods: The Race to Decode the Rosetta Stone, about the monumental impact of this discovery.</p> <p>Host: Marty Peterson Producer: Polly Hansen Guests: Edward Dolnick, writer, author, The Writing of the Gods: The Race to Decode the Rosetta Stone</p>
Communication, Parenting, Pet Care, Pet Health, Relationships, Veterinary Health	Viewpoints	11/26/2023 6:00 a.m.	<p>SEGMENT 1: IS YOUR PET THE HEALTHIEST THEY CAN BE?</p> <p>Time: 1:47 Duration: 7:31</p> <p>Synopsis: As pet owners, many of us are guilty of sometimes treating our furry friends with too many treats - especially during the holidays. We speak with Dr. Carol Osborne, an integrative veterinarian, to get some insightful tips on what foods owners should avoid feeding their pets this holiday season and how you can maintain and best care for the health of your pet.</p> <p>Host: Gary Price Producer: Amirah Zaveri Guests: Dr. Carol Osborne, integrative veterinarian, owner, Chagrin Falls Veterinary Center &amp; Pet Clinic</p>
Agriculture, American History, Diet, Farming, Food Culture, Food History, Food Production, History	Viewpoints	11/26/2023 6:00 a.m.	<p>SEGMENT 2: REVISITING LOST FLAVORS: A RETURN TO THE ROOTS OF AMERICAN CUISINE</p> <p>Time: 11:20 Duration: 9:25</p> <p>Synopsis: Go back several decades and the items we eat today tasted a lot different. Viewpoints speaks with two food experts about the evolution of ingredients and how listeners cooking for the holidays can incorporate some of these older, more traditional recipes onto their tables.</p> <p>Host: Marty Peterson Producer: Tabor Brewster Guests: David Shields, food historian, professor, English Language and Literature, University of South Carolina; Adrian Miller, food writer, "Soul Food Scholar"</p>
Career, Creative Arts, Diversity, Literature, Publishing, Reading, Technology, Writing	Viewpoints	12/3/2023 6:00 a.m.	<p>SEGMENT 1: LOVE BOOKS? WE DO TOO: WHY THE PUBLISHING INDUSTRY IS AT A CROSSROADS</p> <p>Time: 1:47 Duration: 7:41</p> <p>Synopsis: Last year, revenue in publishing exceeded 28 billion dollars. But - the reality is that just a handful of giant publishers hold much of the power in this sector. We cover how publishing has changed over the last 50 years and how this affects what books you see and read.</p> <p>Host: Gary Price Producer: Amirah Zaveri Guests: Dan Sinykin, assistant professor, English, Emory University, author, Big Fiction: How Conglomeration Changed the Publishing Industry and American Literature</p>

Chronic Disease, Contraception, Family Planning, Health, Medicine, Research, Science Viewpoints 12/3/2023 6:00 a.m. SEGMENT 2: COULD IUD'S & OTHER CONTRACEPTIVES INCREASE YOUR RISK OF DEVELOPING AN AUTOIMMUNE DISEASE?  
 Time: 11:29  
 Duration: 10:00  
 Synopsis: Of the 24 million Americans with autoimmune diseases, about 80 percent are women. A 2020 paper in the American Journal of Nursing estimates that nearly 90 percent of women ages use contraception – which may worsen a preexisting disease. Our experts breakdown this research and why more research is needed in this case.  
 Host: Marty Peterson  
 Producer: Amirah Zaveri  
 Guests: Dr. Lisa Sammaritano, Professor of Clinical Medicine, Weill Cornell Medical College; Dr. Kristen Demoruelle, Rheumatologist, Associate Professor of Medicine, University of Colorado School of Medicine; Kristy Griffin, patient

African American History, American History, Aviation, Career, Innovation, Racial Discrimination Viewpoints 12/10/2023 6:00 a.m. SEGMENT 1: FORGET AMELIA EARHART: THE STORY OF THE FIRST AFRICAN AMERICAN FEMALE PILOT WHO SUCCEEDED AGAINST ALL ODDS  
 Time: 1:45  
 Duration: 8:22  
 Synopsis: Most Americans are well acquainted with the story of Amelia Earhart, but few have heard the story of Bessie Coleman - a courageous African American female pilot - who received her pilot's license two years before Earhart took to the skies. This week - we cover the story of Coleman and the many barriers she faced as an African American woman in the early 1900's determined to make a name for herself as a pioneer in performance stunt flying.  
 Host: Gary Price  
 Producer: Amirah Zaveri  
 Guests: Tanya Hart, Flying Free Films, host & producer, Hollywood Live with Tanya Hart

Communication, Mental Health, Psychology, Relationships, Self-Development, Self-Fulfillment Viewpoints 12/10/2023 6:00 a.m. SEGMENT 2: WHY WE FAIL AGAIN AND AGAIN AT NEW YEAR'S RESOLUTIONS  
 Time: 12:09  
 Duration: 8:55  
 Synopsis: People will soon be celebrating the start of 2024, and many will be resolving to change something in their lives – the ubiquitous "New Year's Resolution." Maybe you've set a resolution to think more positively next year or gain a greater balance between work and life. We talk to a behavior specialist and coach about how bad habits are created and why. She also gives us some ways to help give those resolutions some staying power for the year ahead.  
 Host: Marty Peterson  
 Producer: Pat Reuter  
 Guests: M.J. Ryan, expert, change & human fulfillment, author, Habit Changers: 81 Game Changing Mantras to Mindfully Realize Your Goals

Aging, Cancer, Career, Disease, Mental Health, Professional Athlete, Public Health, Research, Science Viewpoints 12/17/2023 6:00 a.m. SEGMENT 1: ~40 PERCENT OF PEOPLE WILL GET CANCER IN THEIR LIFETIME: A FORMER OLYMPIAN'S STORY  
 Time: 1:45  
 Duration: 7:51  
 Synopsis: Shannon Miller holds many titles. Former Olympic gymnast. Seven-time Olympic medalist. Mother. Wife. But she also has another, unexpected title: ovarian cancer survivor. Miller joins Viewpoints this week to share her experience and perspective after she was diagnosed with cancer at just 33 years old. She hopes her story - and the challenges she went through - will help raise awareness around the importance of keeping up to date on medical checkups and screenings as you age.  
 Host: Gary Price  
 Producer: Amirah Zaveri  
 Guests: Shannon Miller, former American gymnast, seven-time Olympic medalist, cancer advocate & ovarian cancer survivor

Aging, Democracy, Elections, Government, Government Policy, Health, International Relations, Politics Viewpoints 12/17/2023 6:00 a.m. SEGMENT 2: SHOULD CONGRESS ENACT TERM LIMITS?  
 Time: 11:38  
 Duration: 9:58  
 Synopsis: With the 2024 presidential election right around the corner, it's a good time to discuss a growing and debated trend in America: increasingly older politicians. Two former opponents - President Joe Biden, age 81, and Former President Trump, age 77 - are again throwing their hat into the 2024 race, but many Americans have concerns about the competency of these older candidates and other members of the Senate and Congress. We speak with two experts about both sides of the argument and how the political landscape would change if stricter term limits were put in place.  
 Host: Marty Peterson  
 Producer: Grace Galante  
 Guests: Nick Tomboulides, executive director, nonprofit, U.S. Term Limits; Casey Burgat, Legislative Affairs Program Director, George Washington University

Addiction, Career, Drug Abuse, Health, Mental Health, Psychology, Relationships, Substance Abuse	Viewpoints	12/24/2023 6:00 a.m.	<p>SEGMENT 1: FED UP WITH THE CYCLE OF DRINKING? HOW TO BUILD HEALTHIER HABITS</p> <p>Time: 1:48</p> <p>Duration: 9:33</p> <p>Synopsis: More than 28 million people, ages 18 and older, reported an alcohol use disorder in 2022, according to the National Survey on Drug Use and Health – a large-scale report overseen by the National Institutes of Health. This equates to about 11 percent of the overall American population who have an impaired ability to stop or control their drinking despite its negative effects. Alcohol use disorder can range from a mild dependence to a severe addiction. For author Annie Grace, it took decades to find a way forward without drinking daily. This week - She opens about her past alcoholism and what finally helped her break the cycle.</p> <p>Host: Gary Price</p> <p>Producer: Amirah Zaveri</p> <p>Guests: Annie Grace, author, This Naked Mind: Control Alcohol, Find Freedom, Discover Happiness, and Change Your Life</p>
American History, Government, History, Law Enforcement, PTSD, Politics, Trauma	Viewpoints	12/24/2023 6:00 a.m.	<p>SEGMENT 2: THE CAPITOL POLICE OFFICERS WHO HELD THE LINE, NO MATTER THE COST</p> <p>Time: 13:21</p> <p>Duration: 8:04</p> <p>Synopsis: It's been nearly three years since the attack on the U.S. Capitol. The January 6 insurrection marks the biggest assault on American democracy and the peaceful transfer of power since the Civil War. We speak with former Capitol Hill police sergeant Aquillino Gonell about the violence he witnessed that day and how this traumatic experience has shaped his life and perspective.</p> <p>Host: Marty Peterson</p> <p>Producer: Polly Hansen</p> <p>Guests: Aquillino Gonell, former police sergeant, Capitol Hill Police, former U.S. Army sergeant, author, American Shield: The Immigrant Sergeant Who Defended Democracy</p>
Climate Change, History, Paleontology, Research, Science, Animal Sciences, Mass Extinction	Viewpoints	12/31/2023 6:00 a.m.	<p>SEGMENT 1: AN END TO THE 165 MILLION YEAR REIGN OF DINOSAURS</p> <p>Time: 1:47</p> <p>Duration: 8:15</p> <p>Synopsis: There's something special about dinosaurs. These majestic creatures walked the Earth for more than 165 million years. Compare this to the span of humans who've only been around for five to seven million years so far. There's no doubt that dinosaurs left their mark. Some scientists even wonder – would they still be around today if the asteroid never collided with Earth? We answer this question and more this week on Viewpoints.</p> <p>Host: Gary Price</p> <p>Producer: Amirah Zaveri</p> <p>Guests: Michael Benton, professor, vertebrate paleontology, University of Bristol – England</p>
Child Development, Grief, Literature, Loss, Mental Health, Parenting, Psychology, Relationships	Viewpoints	12/31/2023 6:00 a.m.	<p>SEGMENT 2: IS THERE A RIGHT WAY TO GRIEVE? PARENTING &amp; PICKING UP THE PIECES AFTER LOSS</p> <p>Time: 12:04</p> <p>Duration: 9:04</p> <p>Synopsis: One in twelve children will lose a parent or sibling by the time they reach age 18. Experiencing grief of this kind is unbearable at any age, but in children it can present differently and may require more of a tailored approach. We speak with child therapist Natasha Daniels to get a better understanding of this emotion and how there can be different variations of grief depending on the severity of the life event.</p> <p>Host: Marty Peterson</p> <p>Producer: Amirah Zaveri</p> <p>Guests: Natasha Daniels, child therapist, author, The Grief Rock: A Book to Understand Grief and Love</p>

FILED: 01/09/2024