

KFRD - 88.9 FM – Butte, Montana
Issues/Program List
“COMMUNITY BRIDGE”
A 5-Minute Program Heard Saturdays
at 7:25 AM and 5:00 PM
January – March, 2020

DATE	ISSUE	GUEST AND DESCRIPTION
January 4, 11, 18, and 25, 2020	Symptoms and Care during Flu Season	<p><u>Host:</u> Virginia Beehn <u>Guest:</u> Karen Maloughney, Public Health Nurse, Public Health Dept. in Butte, MT. www.bsb.mt.gov <u>Description:</u> Colds and flu are different. Colds come on quickly with stuffiness and coughing. Flu is caused by a virus and produces body aches and fever. You can avoid the flu by getting a flu shot, available through the Health Dept. or your doctor and by washing your hands frequently. If you get the flu, stay home, sleep a lot, and drink plenty of liquids. Take pain medicine if needed to reduce the fever and aches and pains.</p>
February 1, 8, 15, 22, and 29, 2020	Meeting Real ID-Act Requirements in Butte, MT	<p><u>Host:</u> Jenny Burkhiser <u>Guest:</u> Lisa Farbstein, Transportation Security Administration Spokesperson, U.S. Department of Homeland Security, serving Butte, MT. dhs.gov/real-id and www.mtrealid.gov <u>Description:</u> The REAL ID Act establishes minimum security standards in the United States for license issuance/production and prohibits Federal agencies from accepting for certain purposes driver's licenses and identification (ID) cards from states not meeting the Act's minimum standards. Specifically, October 1, 2020 is the deadline for those boarding federally regulated commercial aircraft to have Real ID Act compliant driver's licenses or other forms of acceptable ID. While a U.S. passport is an acceptable alternative, a Real ID - often distinguished by a star on the card's face - may be obtained at your local Department of Motor Vehicles (DMV) location by providing proof of identity (social security card, birth certificate) and proof of residence documents.</p>
March 7, 14, 21, and 28, 2020	Help for Butte Women with Unplanned Pregnancy	<p><u>Host:</u> Virginia Beehn <u>Guest:</u> Julie Endy, Director, New Hope Center, Butte, MT. www.newhopemontana.org <u>Description:</u> When a woman comes to the Center, the first thing is to determine her needs. It could be a pregnancy test, ultrasound, counseling, diapers, maternity clothes, or a referral to a doctor. Donations support the work that is offered free to the woman. About 800-1,000 women are helped each year. The Center was first started by a coalition of churches, and today the group prays daily for the women and children they help.</p>

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January 4, 2020	Being aware of what your investments support and investing with biblical integrity. (25-minute program)	<u>Host:</u> Jenny Burkhiser <u>Guest:</u> Mark Minnella, President and Co-Founder, National Association of Christian Financial Consultants (Skippack, PA). www.nacfc.org <u>Description:</u> Mark Minnella discussed biblical stewardship and that everything we do is “an act of worship or an act of rebellion.” He shared how the opportunity to invest in a way that honors God is present when we invest our money, but cautioned listeners to be aware of what the investments support and the importance of investing with biblical integrity.
January 11, 2020	The importance of motherhood and understanding how much moms may influence a household. (25-minute program)	<u>Host:</u> Jenny Burkhiser <u>Guest:</u> Emily Jensen, Co-Founder and Co-Host for Podcasts, Risen Motherhood (Ames, IA). www.risenmotherhood.com <u>Description:</u> Risen Motherhood exists to encourage, equip, and challenge mothers to apply the Gospel to their everyday lives. She shared examples on how moms can be a powerful Christian influence on their children and in their home by instilling moral values, as well as their Biblical responsibility when raising a family – to carry on the message of God from one generation to the next.
January 18, 2020	Sanctity of Human Life – why it matters and how to talk to others about the importance of life. (25-minute program)	<u>Host:</u> Jenny Burkhiser <u>Guest:</u> Scott Klusendorf, Founder and President, Life Training Institute (Colorado Springs, CO). www.prolifetraining.com <u>Description:</u> The Life Training institute (LTI) exists for one purpose to empower others with the knowledge and conviction necessary to make a case for life that changes hearts and minds. Scott shared the importance of standing up for the unborn and explained how individuals can do so clearly and concisely. He talked about using the acronym, “SLED,” when talking with others about unborn children. He also talked about what a pro-life church looks like and how the church can respond to Sanctity of Life Sunday by preaching, teaching, and counseling others that abortion is a sin.

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January 25, 2020	Mental health, disorders, and suicide prevention are critical. (25-minute program)	<u>Host:</u> Jenny Burkhiser <u>Guest:</u> Dr. Joseph Guthrie, Psychiatrist and Member of the Christian Medical & Dental Association (Abingdon, VA). www.guthriepsychiatry.com <u>Description:</u> Dr. Joseph Guthrie clarified what the difference is between mental disorders and mental health, shared statistics and what the leading cause is for the illness and discussed what health risks and other conditions can be linked to mental illness. He shared that hopelessness is at the root of all disorders, but that Christian believers can come alongside in mutual care to help those in need.
February 1, 2020	How to navigate through all the digital noise in the world and where to find biblical answers. (25-minute program)	<u>Host:</u> Jenny Burkhiser <u>Guests:</u> Brett McCracken, Senior Editor, The Gospel Coalition (Deerfield, IL). www.thegospelcoalition.org <u>Description:</u> Brett McCracken shared examples of what the digital noises are in today's culture and how these noises can be a distraction from our walk with the Lord. He explained that <i>The Gospel Coalition</i> was formed as a tool to help people sort through the digital noise and gave practical ways listeners can protect themselves and family members from digital noise and break free from the noise that is attached to our devices and the world around us.
February 8, 2020	Raising a strong daughter in a toxic culture. (25-minute program)	<u>Host:</u> Jenny Burkhiser <u>Guest:</u> Dr. Meg Meeker, Pediatrician and Author (Traverse City, MI). <u>Description:</u> Dr. Meg Meeker explained some of the cultural changes that have taken place during the last several years. She talked about how these changes are having detrimental effects on girls, some specific challenges young girls are facing today, and how these changes impact a young woman's well-being. She shared what essential roles fathers and mothers play, how they are different, how social media and peer pressure affect young girls, and practical ways parents can help their daughter root her faith in God.

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February 15, 2020	How the culture of the family can be inspired by biblical songs, movies, and entertainment. (25-minute program)	<u>Host:</u> Jenny Burkhiser <u>Guest:</u> Bob Starnes, General Manager/Partner, Brentwood Studios, (Franklin, TN). www.brentwoodstudios.net <u>Description:</u> Entertainment in today's society can contain violence, subliminal messages, graphic language, or other unbiblical content. Bob Starnes informed listeners that about 800 movies hit the theaters every year. In 2019, less than 10% were rated "G" and "PG." He shared there is nothing more important than to take the time for the next generation and pour into them Biblical truths and values that either come through music, reading or general conversation so they can absorb it and when young minds don't have a lot of clutter.
February 22, 2020	Concerns on novel Coronavirus are looming. (25-minute program)	<u>Host:</u> Jenny Burkhiser <u>Guest:</u> Dr. David Stevens, M.D., Chief Executive Officer Emeritus, Christian Medical & Dental Association (Bristol, TN). www.cmda.org <u>Description:</u> Dr. David Stevens explained what the new respiratory illness caused by a novel Coronavirus is and what transpired to necessitate the World Health Organization to declare the outbreak a "public health emergency of international concern." He informed listeners about the cause of the virus, gave an update on its current status in the United States, any relationship between it and MERS or SARS from previous years, how it spread, the risk of contracting the virus, and preventive steps a person can take to reduce the risk of contracting it. Dr. Stevens shared personal experiences when he was a missionary doctor and leading an emergency medical team treating thousands of individuals to stop the spread of epidemic.

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February 29, 2020	Biblical secrets to life, love and contentment are important to marriage relationships. (25-minute program)	<u>Host:</u> Jenny Burkhiser <u>Guest:</u> Shaunti Feldhahn, Social Researcher, Author, and Speaker (Norcross, GA). www.shaunti.com <u>Description:</u> Shaunti Feldhahn shared surprising results from years of research on marriage relationships. Her research found the divorce rate is not even close to 50% of couples – it was much less--and 71% of couples are still married to their first spouse. She explained most marriage problems are not related to the “big ticket” or more severe issues, but occur because the husband and wife are trying hard in the wrong area – from not understanding what is most important to the other – and that they really do care about each other.
March 7, 2020	How to successfully navigate through the 2020 Tax Season. (25-minute program)	<u>Host:</u> Jenny Burkhiser <u>Guest:</u> Patricia Wagner, CPA, Founder, Owner and General Partner, Wagner & Associates (Rising Sun, MD). www.wagner-spa.com <u>Description:</u> Patricia Wagner explained terminology typically used when completing tax returns, what the purpose is for filing taxes, who is required to file a tax return, and when the deadline is this year to have them completed and submitted/mailed. Patricia shared how filing taxes has changed since the current administration’s Tax Reform, what happens when a person receives social security, and how giving to a charitable Christian organization can impact your taxes.
March 14, 2020	Dental hygiene impacts the health of youth. (25-minute program)	<u>Host:</u> Jenny Burkhiser <u>Guest:</u> Dr. William Griffin, Vice President for Dental Ministries, Christian Medical and Dental Association (Bristol, TN). www.cmda.org <u>Description:</u> The Centers of Disease Control (CDC) claims about 1 out of 5 (20%) children aged 5 to 11 years have at least one untreated decayed tooth and 1 of 7 (14%) of adolescents aged 12 to 19 years have at least one untreated decayed tooth. Dr. Griffin shared with listeners why good dental hygiene is important and its connection to overall health. He also gave practical steps on ways we can protect ourselves and our children from poor dental hygiene and advice for those who may have a loved one who needs to seek dental care.

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March 21, 2020	Coronavirus (Covid-19) Update: how should Christians respond? (25-minute program)	<p><u>Host:</u> Jenny Burkhiser <u>Guest:</u> Dr. David Stevens, M.D., Chief Executive Officer Emeritus, Christian Medical & Dental Association (Bristol, TN). www.cmda.org <u>Description:</u> Dr. David Stevens updated listeners on the Coronavirus pandemic situation as it stands here in the United States, along with the importance of lowering the curve before it multiplies. He also encouraged listeners to embrace the time of social distancing to draw closer to God and reach out in a safe way to others. He talked about exercising our faith muscles; it is contagious to other people because they may be looking for hope and peace and looking to get out of their fear – and it's a great way to show the love of God.</p>
March 28, 2020	Applying the personality model to your relationships will glorify God. (25-minute program)	<p><u>Host:</u> Jenny Burkhiser <u>Guest:</u> Dr. John Trent, Author and President of The Center for Strong Families (Scottsdale, AZ). www.strongfamilies.com <u>Description:</u> Keeping good relationships with others is difficult. Whether the relationship is with your spouse, your children, parents, or those in the work environment, it can be hard to keep the peace and maintain healthy relationships that honor God. Dr. Trent shared information about a personality model. In the model, there is a Lion, Otter, Beaver and a Golden Retriever: all very different species with unique traits. He expounded on each category and gave examples to begin developing strong relationships and value the traits of another.</p>

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January 3, 2020	New Sight for the Visually Impaired	<u>Host:</u> Jason Frentsos <u>Description:</u> After seeing the world change before his eyes through a pair of colorblind glasses, a seventh grader “Jonathan” was helping others experience the beauty of creation as it was meant to be seen. The glasses allow the colorblind to see the bright hues they've been missing. Hoping to help others, the Jonathan’s family set up a GoFundMe with a goal of \$350. They’ve received over \$32,000 in donations, nearly 100 times more than what was asked.
January 6, 2020	Homelessness	<u>Host:</u> Jason Frentsos <u>Description:</u> One California teenager is transforming homeless children’s lives, bringing joy to them in ways that otherwise would never have been possible. Seventeen-year-old “Tanvi” started the nonprofit, <i>No Birthday Left Behind</i> , as a way to give decorations, food, games, presents, and more to children in need. With nearly 700 volunteers at her side, Tanvi has helped celebrate 50 parties across 4 states.
January 7, 2020	Improving Quality of Life for the Disabled Community	<u>Host:</u> Jason Frentsos <u>Description:</u> An 11-year boy in Tennessee born without hands entered the New Year with a new grip on life. He received the gift of custom-made 3D printed hands that he can use to grip and hold things for the first time! “Gavin” is now able to raise a glass using his new prosthetic... and it’s all thanks to the loving support of his mother who asked for help on Facebook. Not long after, a team of 3D engineers took up the challenge and designed the hands for Gavin within a year!
January 8, 2020	Childhood Literacy	<u>Host:</u> Jason Frentsos <u>Description:</u> A Massachusetts high school junior recently completed a project building "kindness libraries" at local elementary schools in memory of an 8-year-old boy who died in the 2013 Boston Marathon bombing. The books in the kindness libraries will reflect the values of “Richard,” who became known for appearing in a photo holding a sign that read <i>"No more hurting people. Peace."</i> The libraries will be stocked with children's books, which can be borrowed for free.

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January 10, 2020	Empathy for the Homeless	<u>Host:</u> Jason Frentsos <u>Description:</u> “Chase” was 4 years old when he first noticed a homeless person while with his dad at an outdoor shopping mall. Asking his dad if they could get to know them better, the two decided to begin take some out to lunch a few times a week for a burger and fries or tacos. More than 150 lunches later, John Hanson and his son now run a self-funded charity called Project Empathy, hoping to inspire others to create friendships with homeless people in their own neighborhoods.
January 13, 2020	Wildfire Relief	<u>Host:</u> Jason Frentsos <u>Description:</u> As wildfires rage across Australia, sewing machines are whirring around the globe to aid Australian baby kangaroos who’ve lost their mothers in the fires. The sewing crafters are making protective cloth pouches for the young marsupials to help them recover. When Kim Santry, a Northern California resident who suffered through the Camp Fire, heard about the animals need, she sprang into action, finding patterns to sew together for joey sacks. But with over 1 billion animals affected by the fires, Kim says that organizations like Wildcare Australia are still in desperate need for more crafted items and other donations.
January 14, 2020	Animal & Wildlife Preservation	<u>Host:</u> Jason Frentsos <u>Description:</u> Carrots have been falling from the sky in parts of Australia as authorities in rescue helicopters are helping to feed hungry wallabies in the wake of devastating wildfires. The National Parks and Wildlife Service dropped thousands of pounds of vegetables to assist the animal population... it’s the most widespread food drop ever done... The World Wildlife Fund in Australia estimates that as many as 1 and a quarter billion animals may have been killed.
January 16, 2020	Recycling	<u>Host:</u> Jason Frentsos <u>Description:</u> A Canadian company is at the forefront of a recycling revolution, by turning plastic waste into lumber. Roughly 80% of the plastic recyclables collected throughout Halifax, Nova Scotia, are now being processed and literally turned into building blocks. The plastic lumber can be drilled, nailed, glued, and handled the same way as wooden lumber—but without any of the same deterioration. So far, the lumber has been used to make everything from picnic tables and park benches to fence posts and guardrails.

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January 20, 2020	Child Literacy	<p><u>Host:</u> Jason Frentsos</p> <p><u>Description:</u> With children’s reading proficiency plummeting across America, one Virginia grade schoolteacher is rekindling a passion for reading! In her classroom, Corinna Reamer has furnished a library with nearly 1,000 books, all paid for through online fundraisers and grants. In the last 4 years, her students, all immigrant or international students with limited English, have achieved two years’ worth of reading progress each year. She says that about $\frac{3}{4}$ of her students now read on their own for 15 minutes a day in their free time.</p>
January 23, 2020	Community Strength	<p><u>Host:</u> Jason Frentsos</p> <p><u>Description:</u> What would you do if you found thousands of dollars lying outside in a box on the ground? Well, this was the situation facing a Michigan resident, George Condash. George put the box in his car and drove off. Minutes later he was inside the Westland Federal Credit Union and placed the cash on the counter... he said the box belonged to them. A tag on the metal box had the name of the bank along with the amount inside -- \$40,000. Apparently, the bank owners were dumbfounded by George’s honesty and rewarded him with an undisclosed amount of money to show their appreciation.</p>
January 27, 2020	Assisting Military Families	<p><u>Host:</u> Jason Frentsos</p> <p><u>Description:</u> Three military families in Stockton, California, are exchanging Christmas gifts a bit later than usual, but they wouldn’t have any gifts if not for the kindness of two selfless police officers. When Jones and James Smith heard that the families moving trucks full of their possessions had been stolen on Christmas Day, they were compelled to act. The officers delivered toys and gifts in Washington state, which was a 1,500-mile drive, to all the families that were victimized Christmas Day.</p>

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February 3, 2020	Animal Rescue	<u>Host:</u> Jason Frentsos <u>Description:</u> Firefighters in Coachella, California, performed an amazing rescue of puppy that had its head caught in a SPARE TIRE! When the curious little pup couldn't get its head out of the tire, animal services and the fire department were called in to help get the tire safely off the 3-month-old Australian cattle dog. The team had to use an electric saw to cut off parts of the tire to give her head space to slip out...and thankfully it worked! The puppy was able to return home safe and sound!
February 4, 2020	School Lunch Debt	<u>Host:</u> Jason Frentsos <u>Description:</u> For the past several months, 8-year-old “Keoni” has been working hard at selling custom designed key chains that he made with his mom. This past Friday, Keoni raised enough money to pay off every school lunch debt at his Elementary School in Washington state. Keoni said he was inspired after seeing San Francisco 49er's player Richard Sherman recently pay off a lunch debt at a school. He said he's just glad to do something that will make his classmates smile.
February 5, 2020	Childhood Cancer	<u>Host:</u> Jason Frentsos <u>Description:</u> Nine-year-old “Mackenzie” is in the fight of her life battling against terminal brain cancer, but her community is fighting right alongside her. A Wisconsin fire department showed up at her door with a fleet of firetrucks, making her an honorary firefighter. On top of that, the town mayor proclaimed January 17 “Mackenzie” Day, honoring her for her strength and her work in raising awareness for childhood cancer.
February 7, 2020	Father-Daughter Relationships	<u>Host:</u> Jason Frentsos <u>Description:</u> Looking for better ways to bond with your daughter or granddaughter? Well, Jack Woodhams, a loving father to his seven-year-old daughter “Poppy,” runs monthly workshops to teach himself and other dads how to style their daughters' hair into impressive braids. The sessions - known as Yorkey Dads Hair School - began in 2018 to provide fathers with much-needed quality time with their daughters. One of the plating experts on site said that while she loves the sessions, it's the interaction between dads and their daughters is what make it's all worthwhile.

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February 12, 2020	Childhood Cancer	<u>Host:</u> Jason Frentsos <u>Description:</u> An inspirational 6-year-old girl is doing her part to help other girls her age fight cancer... and it's as simple as getting a haircut. When “Caleigh” of New Mexico turned 4 years old, she wondered why some children on TV didn't have hair... after her mother explained that they had cancer, she decided she wanted to cut her long hair and donate it to <i>Wigs for Kids</i> . But first she would let it grow for 2 years and then cut it in February. Caleigh's mom says she always had a big heart: <i>Wigs for Kids</i> makes hair replacements for children at no cost.
February 14, 2020	Financial Scams	<u>Host:</u> Jason Frentsos <u>Description:</u> Today may be all about love and romance, but there's nothing romantic about Valentines' scams. According to security firm checkpoint research, cyber criminals like to play Cupid this time of year and you don't want to be the object of their affections. Last year, use of the word "Valentine" on malicious websites jumped more than 200% from previous months, the largest increase throughout the year... they also love to use the word chocolate in scams. So do your research before jumping on offers too good to be true!
February 20, 2020	Supporting First Responders	<u>Host:</u> Jason Frentsos <u>Description:</u> After months of devastation, all the fires burning in the Australian state of New South Wales were declared contained for the first-time last week. As a way of saying thank you to the thousands of firefighters, the New South Wales fire service took out a 70-foot billboard in New York's Times Square to thank all the men and women who helped battle the blazes. In January, three American firefighters were killed when their water tanker plane crashed while fighting a bushfire from the air.
February 21, 2020	Bake Sale for Family Support	<u>Host:</u> Jason Frentsos <u>Description:</u> When Tina Hernandez was injured in a horrific car accident and required several surgeries, she needed to learn how to walk all over again. Unable to provide for her family, her 14-year-old son “Elijah” knew he had to help. So, waking up at 5 a.m. on weekdays, Elijah bakes a batch of cupcakes and brownies to bring with him to school to earn some extra money at his bake sale. He's been helping his mother with bills and now has dreams of attending culinary school when he gets older.

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February 28, 2020	9/11 Cancer Deaths	<p><u>Host:</u> Jason Frentsos</p> <p><u>Description:</u> In the aftermath of the 9/11 attacks, NYC Firefighter Dan Foley carried the body of his firefighter brother, Tom, from the rubble of ground zero. Yesterday, Dan was mourned as another 9/11 casualty, a victim of ground zero’s toxic air; pancreatic cancer took his life last week. The two brothers were buried next to each other in a NY cemetery. The FDNY Commissioner Daniel Nigro, speaking to the Journal News, said that Danny is part of a growing list of those who died from the toxins. Over 55 firefighters braved the cold yesterday to pay their respects to the humble hero.</p>
March 2, 2020	Child Literacy	<p><u>Host:</u> Jason Frentsos</p> <p><u>Description:</u> It’s a good day to throw a book party with your kids! Communities nationwide will recognize Read Across America Day today, tied to the birthday of Theodor Geisel, otherwise known as Dr. Seuss! The day traditionally focuses on Dr. Seuss books, but parents and teachers are encouraged to motivate children to read and write with a diverse choice of books!</p>
March 5, 2020	Awareness for Rare Health Disorders	<p><u>Host:</u> Jason Frentsos</p> <p><u>Description:</u> If you wanted to raise funds and awareness for a health condition with which one of your children was suffering, how would you tell the world about it? Well, 46-year-old mother Alison Reynolds from Washington DC decided to ski 125 miles across Norway to help her 17-year-old daughter fight a rare genetic disorder. She trained for more than a year in the hopes of raising \$500,000... she reached more than twice her goal, and when she returned home this week, dozens of letters and cards were waiting for her. Alison chose Norway to pay tribute to the Norwegian biochemist who discovered the disorder.</p>
March 19, 2020	Coronavirus - Community Hope	<p><u>Host:</u> Jason Frentsos</p> <p><u>Description:</u> If your children are looking for something to keep them busy while school is closed, have them write letters or color pictures and send them to nursing home residents. The France family, with children aged 4-10, have been busy drawing pictures and writing well wishes to people in nursing homes who aren’t allowed to have visitors. Mother Vanessa France says her kids have mailed letters to dozens of homes locally and that as long as they have more paper, they'll keep doing them!</p>

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March 20, 2020	Coronavirus - Free Food Delivery	<u>Host:</u> Jason Frentsos <u>Description:</u> Instead of spending her spring break on the beach this week, 20-year-old college student Jade Powell is spearheading a free grocery delivery program for the elderly. Jade and her medical fraternity friends are calling the group <i>Shopping Angels</i> ... so far, thousands of young adult volunteers have responded from around the country. It's a community effort that Jade hopes will soon be in every state.
March 30, 2020	Volunteers to Assist Shut-Ins	<u>Host:</u> Jason Frentsos <u>Description:</u> As our nation faces unprecedented unemployment and a rising death toll, tens of thousands of Americans feel more compelled than ever to help serve their community. At Salvation Army food banks in Vale, Colorado, anonymous donors are delivering boxes of food daily, high-risk volunteers in their 50 and 60s are carrying large boxes themselves. A 73-year-old volunteer, Dan Smith, said he knows he's taking a risk but that if he gets sick, he knows he's made a difference.