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SECOND QUARTER – 2022 APRIL 1ST – JUNE 30TH 2022

**RADIO HEALTH JOURNAL AIRED SATURDAYS BETWEEN 6AM AND 6:30AM
APRIL 2, 2022 TO JUNE 25, 2022**

APRIL 2, 2022

RADIO HEALTH JOURNAL

PROGRAM 22-14
AIR WEEK: 4/3/22
EXECUTIVE PRODUCER: AMIRAH ZAVERI
PRODUCTION MANAGER: JASON DICKEY

SEGMENT 1: HAVE PRIVATE PRISONS BECOME THE SCAPEGOAT FOR A LARGER ISSUE?
TIME: 1:50
DURATION: 12:33

SYNOPSIS: PRIVATE PRISONS SEEMED TO BE THE ANSWER TO AMERICA'S OVERPOPULATED PRISONS IN THE 1980S. IT'S SINCE BECOME A CONTROVERSIAL TOPIC OF DEBATE. EXPERTS DISCUSS IF THE PROBLEM IS WITH PRIVATE PRISONS, OR WITH OUR COUNTRY'S INCARCERATION SYSTEM AS A WHOLE.

HOST: REED PENCE
PRODUCER: KRISTEN FARRAH
GUESTS: SHARON DOLOVICH, PROFESSOR OF LAW, UCLA, DIRECTOR OF THE PRISON LAW AND POLICY PROGRAM, UCLA, DIRECTOR OF COVID-19 BEHIND BARS PROJECT, UCLA; SEN. ROBERT PETERS, STATE SENATOR, 13TH DISTRICT IN ILLINOIS; ALEXANDRA WILKES, NATIONAL SPOKESWOMAN, DAY ONE ALLIANCE; REP. JACK MCFARLAND, STATE REPRESENTATIVE, 13TH DISTRICT IN LOUISIANA

COMPLIANCY ISSUES: STATE GOVERNMENT AND LEGISLATION, INMATE SAFETY, CRIMINAL JUSTICE SYSTEM, PRISON REFORM, PUBLIC SAFETY, MENTAL HEALTH, PRIVATE AND PUBLIC PRISONS, PRISON AND CRIMINAL JUSTICE, INCARCERATION, LEGISLATION AND POLICY, JAILS AND PRISONS, REHABILITATION, ETHICS

SEGMENT 2: A LOOK AT THE NEW, NON-INVASIVE TREATMENT FOR ESSENTIAL TREMOR
TIME: 15:25
DURATION: 7:42

SYNOPSIS: ESSENTIAL TREMOR HAS ALWAYS BEEN TREATED BY MEDICATION THAT'S NOT GUARANTEED TO WORK, OR BRAIN SURGERY. A DOCTOR EXPLAINS THE NEW, NON-INVASIVE TREATMENT THAT CAN HELP THOSE SUFFERING WITH ET.

HOST: NANCY BENSON
PRODUCER: KRISTEN FARRAH
GUESTS: DR. REES COSGROVE, DIRECTOR OF EPILEPSY AND FUNCTIONAL NEUROSURGERY,
BRIGHAM AND WOMEN'S HOSPITAL; JACK WEINGART, SUFFERS FROM ESSENTIAL TREMOR

COMPLIANCY ISSUES: PUBLIC HEALTH, MEDICAL TECHNOLOGY, BRAIN DISORDER, NON-
INVASIVE TREATMENT, CONSUMERISM

APRIL 9 2022

RADIO HEALTH JOURNAL

PROGRAM 22-15
AIR WEEK: 4/10/22
EXECUTIVE PRODUCER: AMIRAH ZAVERI
PRODUCTION MANAGER: JASON DICKEY

SEGMENT 1: ARE YOU ADDICTED TO LOVE?
TIME: 1:50
DURATION: 11:40

SYNOPSIS: RESEARCHERS HAVE DISCOVERED THAT LOVE IS A NATURAL ADDICTION. IT LIGHTS UP THE SAME PART OF OUR BRAIN THAT SUBSTANCE ADDICTION DOES. WE NEED TO EAT, WE NEED TO SLEEP, AND WE NEED TO LOVE. EXPERTS DISCUSS HOW LOVE AFFECTS OUR BRAIN AND WHY WE NEED IT FOR OUR SURVIVAL.

HOST: REED PENCE
PRODUCER: KRISTEN FARRAH
GUESTS: DR. HELEN FISHER, BIOLOGICAL ANTHROPOLOGIST, SENIOR RESEARCH FELLOW,
THE KINSEY INSTITUTE; DR. LUCY BROWN, CLINICAL PROFESSOR IN NEUROLOGY, ALBERT
EINSTEIN COLLEGE OF MEDICINE; DR. BIANCA ACEVEDO, RESEARCHER, UNIVERSITY OF
CALIFORNIA, SANTA BARBARA

COMPLIANCY ISSUES: BIOLOGY, NEUROLOGY, INTERPERSONAL RELATIONSHIPS, MENTAL
HEALTH, EVOLUTION, EDUCATION, ADDICTION AND SUBSTANCE ABUSE, NEUROSCIENCE,

SEGMENT 2: THE LASER TREATMENT THAT HARMS BREAST CANCER PATIENTS
TIME: 14:32
DURATION: 8:25

SYNOPSIS: JUST BECAUSE IT'S FDA-APPROVED, DOESN'T MEAN IT'S NECESSARILY SAFE. A
VAGINAL REJUVENATION LASER TREATMENT HAS BEEN ACCUSED OF TARGETING BREAST
CANCER PATIENTS AND NOT UPHOLDING ITS PROMISES. AN EXPERT REVEALS HOW THIS
TREATMENT CAN CAUSE WORSE HARM AND CHRONIC PAIN TO BREAST CANCER PATIENTS.

HOST: NANCY BENSON
PRODUCER: KRISTEN FARRAH
GUESTS: DR. KRISTIN ROJAS, BOARD-CERTIFIED GYNECOLOGIST, BREAST CANCER
SURGEON, SYLVESTER COMPREHENSIVE CANCER CENTER AT THE UNIVERSITY OF MIAMI;
NANCY, BREAST CANCER SURVIVOR, VICTIM OF VAGINAL REJUVENATION TREATMENT

COMPLIANCY ISSUES: PUBLIC HEALTH, VULNERABLE POPULATIONS, WOMEN AT RISK, FDA

REGULATIONS, INVASIVE TREATMENT, BREAST CANCER, VAGINAL REJUVENATION,
CONSUMERISM, CHRONIC PAIN, PATIENT SAFETY

APRIL 16 2022

RADIO HEALTH JOURNAL

PROGRAM 22-16
AIR WEEK: 4/17/22
EXECUTIVE PRODUCER: AMIRAH ZAVERI
PRODUCTION MANAGER: JASON DICKEY

SEGMENT 1: HOW HARM REDUCTION SERVICES HELP REDUCE RATES OF DRUG OVERDOSE
TIME: 1:51
DURATION: 12:11

SYNOPSIS: THE CDC REPORTS MAY 2020 THROUGH APRIL 2021 SAW THE MOST DRUG OVERDOSE DEATHS EVER RECORDED IN A SINGLE YEAR. THESE DEATHS PUT INTO QUESTION HOW EFFECTIVE AMERICA'S EFFORTS TO REDUCE DRUG USE HAVE BEEN. EXPERTS DISCUSS THE USE OF HARM REDUCTION SERVICES AND WHY DRUG ADDICTION IS A MENTAL HEALTH ISSUE.

HOST: REED PENCE
PRODUCER: KRISTEN FARRAH
GUESTS: REGINA LABELLE, INITIATIVE DIRECTOR, THE ADDICTION AND PUBLIC POLICY INITIATIVE AT GEORGETOWN UNIVERSITY; DR. TRENT HALL, ASSISTANT PROFESSOR OF ADDICTION MEDICINE, THE OHIO STATE UNIVERSITY

COMPLIANCY ISSUES: MENTAL HEALTH, PUBLIC HEALTH, ADDICTION AND SUBSTANCE ABUSE, SUBSTANCE AND DRUG ABUSE, REHABILITATION, DRUG OVERDOSE, CHILDREN AND YOUTH AT RISK, INTERVENTION AND HARM REDUCTION, HEALTH CARE, VULNERABLE POPULATIONS

SEGMENT 2: HOW SYSTEMIC RACISM FEEDS INTO LOW QUALITY HEALTH CARE
TIME: 15:04
DURATION: 7:55

SYNOPSIS: AS A BLACK MOTHER, TAYLOR HARRIS WORRIES HER CHILD WILL BE TREATED DIFFERENTLY BY MEDICAL PROFESSIONALS. A RECENT STUDY REVEALS THAT SOME MEDICAL STUDENTS BELIEVE PAIN THRESHOLDS VARY BY RACE. DR. ANA PUJOLS MCKEE SPEAKS ON HOW PROPER EDUCATION CAN HELP FIX SYSTEMIC RACISM IN HEALTH CARE.

HOST: NANCY BENSON
PRODUCER: POLLY HANSEN
GUESTS: TAYLOR HARRIS, MOTHER AND AUTHOR; DR. ANA PUJOLS MCKEE, EXECUTIVE VICE PRESIDENT, THE JOINT COMMISSION, CHIEF MEDICAL OFFICER, THE JOINT COMMISSION; CHIEF DIVERSITY EQUITY AND INCLUSION OFFICER, THE JOINT COMMISSION

COMPLIANCY ISSUES: HEALTH CARE, SYSTEMIC RACISM, DISCRIMINATION, MINORITY ISSUES, PATIENT SAFETY, RACISM AND DISCRIMINATION

APRIL 23 2022

RADIO HEALTH JOURNAL

PROGRAM 22-17

AIR WEEK: 4/24/22

EXECUTIVE PRODUCER: AMIRAH ZAVERI

PRODUCTION MANAGER: JASON DICKEY

SEGMENT 1: HOW DID THE PANDEMIC AFFECT CHILD ABUSE?

TIME: 1:51

DURATION: 11:16

SYNOPSIS: HISTORY HAS SHOWN THAT FINANCIAL STRESS INCREASES RATES OF CHILD ABUSE. AS MILLIONS LOST THEIR JOBS IN 2020, EXPERTS FEARED FOR THE WORST. THIS WEEK ON RHJ - TWO MEDICAL EXPERTS WHO SPECIALIZE IN STUDYING AND UNCOVERING CHILD ABUSE DISCUSS THE CONTRADICTING EVIDENCE OF HOW THE PANDEMIC AFFECTED RATES OF CHILD MALTREATMENT.

HOST: REED PENCE

PRODUCER: KRISTEN FARRAH

GUESTS: DR. ROBERT SEGE, DIRECTOR OF THE CENTER FOR COMMUNITY-ENGAGED MEDICINE, TUFTS MEDICAL CENTER, CHILD ABUSE PEDIATRICIAN, TUFTS MEDICAL CHILDREN'S HOSPITAL; ASHLEY RAPP, EPIDEMIOLOGIST, HENRY FORD HEALTH SYSTEM

COMPLIANCY ISSUES: MALTREATMENT, PUBLIC SAFETY, PARENTING ISSUES, ECONOMIC SECURITY, CHILDREN AND YOUTH AT RISK, PARENTING, VULNERABLE POPULATIONS, PUBLIC HEALTH, FAMILY AND PARENTING, FAMILY ISSUES, CHILD ABUSE

SEGMENT 2: REDUCING THE HARMFUL EFFECTS OF LITHIUM MINING

TIME: 14:09

DURATION: 8:23

SYNOPSIS: TRADITIONAL LITHIUM MINING CAN RUIN THE SURROUNDING ENVIRONMENT, POSING A RISK TO THE HEALTH OF LOCAL COMMUNITIES AND WILDLIFE. AS PRODUCTION FOR A NEW MINE IN NEVADA GEARS UP, THE COMPANY BEHIND THE PROJECT REVEALS HOW THEY'RE REDUCING THE PUBLIC HEALTH THREATS OF LITHIUM MINING. A MINING CRITIC TALKS ABOUT HOW THE NEW MINE WILL OPERATE AND WHY HE BELIEVES ITS CONSTRUCTION IS ESSENTIAL.

HOST: NANCY BENSON

PRODUCER: KRISTEN FARRAH

GUESTS: DR. GLENN MILLER, SEMI-RETIRED PROFESSOR AND CO-CHAIR OF THE DEPARTMENT OF NATURAL RESOURCES AND ENVIRONMENTAL SCIENCE, UNIVERSITY OF NEVADA-RENO; MARKO PAUNOVIĆ, FORMER SERBIAN CITIZEN

COMPLIANCY ISSUES: ETHICS, CONSUMERISM, ENVIRONMENT, NATURAL RESOURCES,
PUBLIC HEALTH, MINING

APRIL 30 2022

RADIO HEALTH JOURNAL

PROGRAM 22-18

AIR WEEK: 5/1/22

EXECUTIVE PRODUCER: AMIRAH ZAVERI

PRODUCTION MANAGER: JASON DICKEY

SEGMENT 1: WHEN DOES GRIEF BECOME A DISORDER?

TIME: 1:50

DURATION: 11:40

SYNOPSIS: EVERYONE GRIEVES DIFFERENTLY, BUT SOME CAN BECOME COMPLETELY DEBILITATED BY THEIR SORROW FOR YEARS. THE AMERICAN PSYCHIATRIC ASSOCIATION RECENTLY RECOGNIZED THIS TYPE OF GRIEF AS A DIAGNOSIS CALLED PROLONGED GRIEF DISORDER. ONE DOCTOR BEHIND THE DECISION TALKS ABOUT HOW THIS WILL HELP PEOPLE FIND A WAY OUT OF THAT CYCLE OF GRIEVING.

HOST: REED PENCE

PRODUCER: KRISTEN FARRAH

GUESTS: DR. PAUL APPELBAUM, PROFESSOR OF PSYCHIATRY, COLUMBIA UNIVERSITY, CHAIR OF THE STEERING COMMITTEE, DIAGNOSTIC AND STATISTICAL MANUAL OF MENTAL DISORDERS; DR. HOLLY PRIGERSON, PROFESSOR OF GERIATRICS, CORNELL UNIVERSITY; DR. JOANNE CACCIATORE, ASSOCIATE PROFESSOR IN THE SCHOOL OF SOCIAL WORK, ARIZONA STATE UNIVERSITY, TRAUMATIC LOSS EXPERT

COMPLIANCY ISSUES: DEATH AND GRIEF, MENTAL HEALTH DIAGNOSES, VULNERABLE POPULATIONS, PUBLIC HEALTH, MENTAL HEALTH, TRAUMATIC LOSS, PROLONGED GRIEF

SEGMENT 2: CTE: THE MYSTERIOUS BRAIN DISORDER THAT'S TAKEN OVER THE NFL

TIME: 14:32

DURATION: 8:27

SYNOPSIS: CHRONIC TRAUMATIC ENCEPHALOPATHY IS A PROGRESSIVE BRAIN DISORDER THAT CAN ONLY BE DIAGNOSED AFTER DEATH. THE CONDITION IS CAUSED BY REPEATED HEAD TRAUMA, BUT MUCH OF CTE IS STILL A MYSTERY. DR. MICHAEL ALOSCO DISCUSSES WHO HE THINKS IS MOST AT RISK AND THE VARIOUS OBSTACLES RESEARCHERS FACE WHILE STUDYING CTE.

HOST: NANCY BENSON

PRODUCER: KRISTEN FARRAH

GUESTS: DR. MICHAEL ALOSCO, ASSOCIATE PROFESSOR OF NEUROLOGY AT BOSTON UNIVERSITY SCHOOL OF MEDICINE, LEAD INVESTIGATOR AT BOSTON UNIVERSITY'S CTE CENTER

COMPLIANCY ISSUES: SAFETY IN SPORTS, FOOTBALL, NEUROSCIENCE, HEAD TRAUMA, VULNERABLE POPULATIONS, BRAIN DISORDER, PUBLIC HEALTH, MENTAL HEALTH

MAY 7 2022

RADIO HEALTH JOURNAL

PROGRAM 22-19
AIR WEEK: 5/8/22
EXECUTIVE PRODUCER: AMIRAH ZAVERI
PRODUCTION MANAGER: JASON DICKEY

SEGMENT 1: TETRALOGY OF FALLOT AND THE INCREDIBLE STORY OF A LIFE-SAVING SURGERY
TIME: 1:50
DURATION: 11:27

SYNOPSIS: TETRALOGY OF FALLOT IS A RARE HEART CONDITION THAT USUALLY REQUIRES AT LEAST ONE OPEN-HEART SURGERY. HOWEVER, TWO NEW SELF-EXPANDING VALVES GIVE UP TO 80 PERCENT OF PATIENTS THE OPTION OF A CATHETERIZATION PROCEDURE INSTEAD OF SURGERY. DR. JEFF ZAMPI EXPLAINS HOW IMPORTANT THIS ADVANCEMENT IS FOR PATIENTS WITH TOF.

HOST: REED PENCE
PRODUCER: KRISTEN FARRAH
GUESTS: DR. JEFF ZAMPI, ASSOCIATE PROFESSOR OF PEDIATRIC CARDIOLOGY, UNIVERSITY OF MICHIGAN, DIRECTOR OF INTERVENTIONAL PEDIATRIC CARDIOLOGY, C.S. MOTT CHILDREN'S HOSPITAL; DR. DANIELLE GOTTLIEB SEN, PEDIATRIC CARDIAC SURGEON AND ASSISTANT PROFESSOR OF SURGERY, JOHNS HOPKINS UNIVERSITY; LATISHA WILBORNE, MOTHER OF TOF PATIENT

COMPLIANCY ISSUES: MEDICAL INNOVATION, RARE CONDITIONS, CHILDREN AND YOUTH AT RISK, HEART DEFECTS, CARDIOLOGY

SEGMENT 2: CAN YOU TRUST YOUR ONLINE PHARMACY?
TIME: 14:19
DURATION: 8:42

SYNOPSIS: EXPERTS ESTIMATE THAT ONLY FOUR PERCENT OF ONLINE PHARMACIES ARE LEGITIMATE. THE REST ARE COUNTERFEIT OPERATIONS THAT PREY ON CUSTOMERS BY SELLING FALSIFIED MEDICATIONS. A SCIENTIST REVEALS A NEW TECHNOLOGY THAT PUTS THE POWER BACK INTO CONSUMERS' HANDS.

HOST: NANCY BENSON
PRODUCER: KRISTEN FARRAH
GUESTS: DAN BURKE, CHIEF OF CYBER OPERATIONS IN THE OFFICE OF CRIMINAL INVESTIGATIONS, FDA; DR. YOUNG KIM, ASSOCIATE PROFESSOR OF BIOMEDICAL ENGINEERING, PURDUE UNIVERSITY

COMPLIANCY ISSUES: CRIMINAL JUSTICE SYSTEM, PUBLIC HEALTH, COUNTERFEIT MEDICATION, CONSUMERISM, BIOMEDICAL TECHNOLOGY, FEDERAL DRUG REGULATIONS, ILLEGAL PHARMACIES, PUBLIC SAFETY

MAY 14 2022

RADIO HEALTH JOURNAL

PROGRAM 22-20
AIR WEEK: 5/15/22
EXECUTIVE PRODUCER: AMIRAH ZAVERI
PRODUCTION MANAGER: JASON DICKEY

SEGMENT 1: SHOULD YOU ALWAYS TRUST YOUR MENTAL HEALTH DIAGNOSIS?
TIME: 1:50
DURATION: 13:22

SYNOPSIS: SARAH FAY WAS MISDIAGNOSED SIX TIMES THROUGHOUT HER LIFE. STARTING AT AGE 12, FAY HAS BATTLED WITH INACCURATE AND INADEQUATE DIAGNOSES THAT UNFORTUNATELY SHAPED HOW SHE VIEWED HERSELF. FAY DETAILS HER JOURNEY AND EXTENSIVE RESEARCH INTO MENTAL HEALTH DIAGNOSES IN HER NEW BOOK PATHOLOGICAL.

HOST: REED PENCE
PRODUCER: KRISTEN FARRAH
GUESTS: SARAH FAY, AUTHOR OF PATHOLOGICAL: THE TRUE STORY OF SIX MISDIAGNOSES AND MENTAL HEALTH ADVOCATE, PATHOLOGICAL: THE MOVEMENT

COMPLIANCY ISSUES: MENTAL ILLNESS, PHARMACEUTICAL COMPANIES, PUBLIC HEALTH, DIAGNOSES, CONSUMERISM, PSYCHOLOGY, MENTAL HEALTH

SEGMENT 2: WHAT CAN WE ACTUALLY LEARN FROM ANIMAL STUDIES?
TIME: 16:14
DURATION: 6:53

SYNOPSIS: IN RESEARCH, SCIENTISTS AIM TO CREATE AN ENVIRONMENT THAT REFLECTS HUMANS AS CLOSELY AS POSSIBLE. MANY TIMES, THESE MODELS ARE FOUND IN MICE. BUT HOW ACCURATE ARE MICE AT SHOWING WHAT WILL HAPPEN IN HUMANS? DR. DONNA ARNETT DISCUSSES WHAT WE SHOULD KEEP IN MIND WHEN READING ABOUT MICE STUDIES.

HOST: NANCY BENSON
PRODUCER: KRISTEN FARRAH
GUESTS: DR. DONNA ARNETT, DEAN OF THE COLLEGE OF PUBLIC HEALTH, UNIVERSITY OF KENTUCKY; DR. LOREN WOLD, PROFESSOR OF NURSING AND MEDICINE, THE OHIO STATE UNIVERSITY, ASSOCIATE DEAN FOR RESEARCH OPERATIONS AND COMPLIANCE, THE OHIO STATE UNIVERSITY; DR. NEAL BENOWITZ, PROFESSOR OF MEDICINE EMERITUS, UNIVERSITY OF CALIFORNIA, SAN FRANCISCO

COMPLIANCY ISSUES: NICOTINE USE, CHILDREN AND YOUTH AT RISK, VULNERABLE POPULATIONS, ANIMAL TESTING, VAPING, RESEARCH METHODS, RESEARCH, MOUSE STUDIES, RESEARCH MODELS

MAY 21 2022

RADIO HEALTH JOURNAL

PROGRAM 22-21

AIR WEEK: 5/22/22

EXECUTIVE PRODUCER: AMIRAH ZAVERI

PRODUCTION MANAGER: JASON DICKEY

SEGMENT 1: DOMESTIC VIOLENCE: THE TRAGIC SIDE-EFFECT OF STAY-AT-HOME ORDERS

TIME: 1:50

DURATION: 12:22

SYNOPSIS: WHILE STAY-AT-HOME ORDERS WERE GREAT FOR SLOWING THE SPREAD OF COVID, THEY ESSENTIALLY TRAPPED VICTIMS WITH THEIR ABUSERS. AS NUMBERS OF DOMESTIC VIOLENCE REPORTS ROSE, WOMEN'S SHELTERS WERE OVERWHELMED WITH PEOPLE IN NEED OF SAFE HOUSING. ONE SHELTER EMPLOYEE DISCUSSES THE CHALLENGES IN HELPING THE GROWING NUMBER OF VICTIMS.

HOST: REED PENCE

PRODUCER: KRISTEN FARRAH

GUESTS: DR. ALEX HENKE, ASSISTANT PROFESSOR OF ECONOMICS, HOWARD UNIVERSITY;

MELANIE ASHER, CHILDREN'S PROGRAM COORDINATOR, SAINT MARTHA'S HALL

COMPLIANCY ISSUES: VULNERABLE POPULATIONS, STATE AND FEDERAL REGULATIONS, WOMEN AT RISK, CHILDREN AND YOUTH AT RISK, COVID-19 PANDEMIC, DOMESTIC VIOLENCE, PUBLIC SAFETY, ABUSE

SEGMENT 2: NO SURPRISES ACT: NEW LAW PROTECTS PATIENTS FROM SURPRISE MEDICAL BILLS

TIME: 15:14

DURATION: 7:26

SYNOPSIS: SURPRISE MEDICAL BILLS ARE PAYMENTS YOU BELIEVE ARE COVERED BY INSURANCE, BUT ULTIMATELY LAND BACK ON YOU. THE NO SURPRISES ACT PROTECTS PATIENTS FROM HAVING TO PAY FOR EMERGENCY SERVICES AT OUT-OF-NETWORK FACILITIES AND OTHER SIMILAR SITUATIONS. KATIE KEITH DESCRIBES WHY THIS LAW IS NECESSARY TO PROTECT PATIENTS.

HOST: NANCY BENSON

PRODUCER: KRISTEN FARRAH

GUESTS: KATIE KEITH, ASSOCIATE RESEARCH PROFESSOR, CENTER ON HEALTH INSURANCE

REFORMS AT GEORGETOWN UNIVERSITY

COMPLIANCY ISSUES: PUBLIC HEALTH, VULNERABLE POPULATIONS, HEALTH CARE, INSURANCE, EMERGENCY SERVICES, PATIENT SAFETY, MEDICAL DEBT

MAY 28 2022

RADIO HEALTH JOURNAL

PROGRAM 22-22

AIR WEEK: 5/29/22

EXECUTIVE PRODUCER: AMIRAH ZAVERI

PRODUCTION MANAGER: JASON DICKEY

SEGMENT 1: EMPTY NOSE SYNDROME: WHEN A ROUTINE NOSE SURGERY GOES WRONG

TIME: 1:50

DURATION: 12:43

SYNOPSIS: EMPTY NOSE SYNDROME IS A RARE CONDITION THAT CAN DEVELOP AFTER SOME OF THE MOST COMMON NOSE PROCEDURES. THOSE AFFECTED ARE LEFT IN A CONSTANT FEELING OF SUFFOCATION – AND THERE'S NO CURE. AN ENS SUFFERER DESCRIBES HIS EXPERIENCE LIVING WITH THE CONDITION.

HOST: REED PENCE

PRODUCER: KRISTEN FARRAH

GUESTS: DR. BRENT SENIOR, CHIEF OF RHINOLOGY, ALLERGY, AND ENDOSCOPIC SKULL BASE SURGERY, UNIVERSITY OF NORTH CAROLINA – CHAPEL HILL; JAMES R. SKINNER, ENS PATIENT

COMPLIANCY ISSUES: CONSUMERISM, RARE CONDITIONS, MENTAL HEALTH, MEDICAL MYSTERIES, PREVENTION, PATIENT SAFETY, DISABILITIES, VULNERABLE POPULATIONS, PUBLIC HEALTH

SEGMENT 2: WHY DO ELDERLY MEN HAVE THE HIGHEST RATE OF SUICIDE?

TIME: 15:35

DURATION: 6:57

SYNOPSIS: IT'S LONG BEEN THE CASE THAT MEN OVER 70 HAVE THE HIGHEST RATE OF SUICIDE. THIS DEMOGRAPHIC IS MORE LIKELY TO COMPLETE THEIR FIRST ATTEMPT THAN ANY OTHER AGE GROUP. DR. CARRIE DITZEL DISCUSSES SOME POSSIBLE REASONS AS TO WHAT'S DRIVING ELDERLY MEN TO TAKE THEIR OWN LIVES.

HOST: NANCY BENSON

PRODUCER: KRISTEN FARRAH

GUESTS: DR. CARRIE DITZEL, CLINICAL PSYCHOLOGIST, BAKER STREET BEHAVIORAL HEALTH

COMPLIANCY ISSUES: GENDER ISSUES, SUICIDE, AGING AND SENIOR CITIZENS, MENTAL HEALTH, DEPRESSION, PREVENTION, PUBLIC SAFETY, VULNERABLE POPULATIONS, PUBLIC HEALTH

JUNE 4, 2022

RADIO HALTH JOURNAL

PROGRAM 22-23

AIR WEEK: 6/5/22

EXECUTIVE PRODUCER: AMIRAH ZAVERI

PRODUCTION MANAGER: JASON DICKEY

SEGMENT 1: HOW TO PROVIDE SUPPORT IN THE WAKE OF A TRAUMATIC LOSS

TIME: 1:50

DURATION: 12:54

SYNOPSIS: IT CAN BE DIFFICULT TO FIGURE OUT HOW TO COMFORT SOMEONE DEALING WITH A TRAUMATIC LOSS. OFTEN, THERE'S A FEAR OF NOT KNOWING WHAT TO SAY, WHICH CAN LEAVE THE GRIEVING PERSON FEELING MORE ALONE. TWO BEREAVED MOTHERS RECOUNT THEIR EXPERIENCES OF LOSING THEIR CHILDREN, AND DETAIL WHAT GOOD SUPPORT LOOKS LIKE.

HOST: REED PENCE

PRODUCER: KRISTEN FARRAH

GUESTS: DR. JOANNE CACCIATORE, TRAUMATIC LOSS EXPERT, THE MISS FOUNDATION; LIZ CASTLEMAN, BEREAVED MOTHER; JESSE ZILBERSTEIN, BEREAVED MOTHER

COMPLIANCY ISSUES: BEREAVEMENT, GRIEF COUNSELING, DEATH AND GRIEF, TRAUMATIC LOSS, DEATH OF A CHILD, COMMUNITY SUPPORT

SEGMENT 2: NOT JUST FOR WRINKLES: HOW BOTOX CAN TREAT YOUR OVERACTIVE BLADDER

TIME: 15:46

DURATION: 6:40

SYNOPSIS: THOUGH NOW KNOWN FOR ITS ANTI-AGING EFFECTS, BOTOX WAS FIRST USED TO MANAGE MEDICAL CONDITIONS LIKE HYPERHIDROSIS AND MIGRAINES. TODAY, DOCTORS ARE ALSO USING BOTOX TO TREAT OVERACTIVE BLADDER SYMPTOMS, A CONDITION THAT PLAGUES OVER 30 MILLION AMERICANS ACCORDING TO THE NATIONAL ASSOCIATION FOR CONTINENCE. A SPECIALIST DISCUSSES THE BENEFITS OF THE PROCEDURE.

HOST: NANCY BENSON

PRODUCER: KRISTEN FARRAH

GUESTS: DR. KARYN EILBER, PROFESSOR OF UROLOGY, ASSOCIATE PROFESSOR OF OBSTETRICS AND GYNECOLOGY, CEDARS-SINAI MEDICAL CENTER

COMPLIANCY ISSUES: CONSUMERISM, BOTOX, PATIENT SAFETY, PUBLIC HEALTH, OVERACTIVE BLADDER

JUNE 11, 2022

RADIO HEALTH JOURNAL

PROGRAM 22-24

AIR WEEK: 6/12/22

EXECUTIVE PRODUCER: AMIRAH ZAVERI

PRODUCTION MANAGER: JASON DICKEY

SEGMENT 1: WOMBS FOR RENT: THE LEGALIZATION OF COMMERCIAL SURROGACY

TIME: 1:50

DURATION: 12:36

SYNOPSIS: COMMERCIAL GESTATIONAL SURROGACY ALLOWS PARENTS TO HAVE A BIOLOGICAL CHILD THAT'S CARRIED AND BIRTHED BY ANOTHER WOMAN WHO RECEIVES A SALARY. THOUGH MANY COUNTRIES HAVE OUTLAWED COMMERCIAL SURROGACY, STATES IN AMERICA ARE BEGINNING TO LEGALIZE IT. EXPERTS WEIGH IN ON THE ETHICAL IMPLICATIONS OF COMMERCIALIZED SURROGACY.

HOST: REED PENCE

PRODUCER: KRISTEN FARRAH

GUESTS: TAINA BIEN-AIMÉ, EXECUTIVE DIRECTOR, COALITION AGAINST TRAFFICKING IN WOMEN; DR. LINDA KAHN, ASSISTANT PROFESSOR, NYU GROSSMAN SCHOOL OF MEDICINE; ASHLEY MAREKO, SURROGATE PROGRAM DIRECTOR, SURROGATE FIRST, SURROGATE MOTHER

COMPLIANCY ISSUES: EXPLOITATION, PREGNANCY AND EXPECTING MOTHERS, PUBLIC HEALTH, PREGNANCY COMPLICATIONS, CHILD TRAFFICKING, PUBLIC SAFETY, COMMERCIAL GESTATIONAL SURROGACY, CHILDREN AND YOUTH AT RISK, SURROGACY, FAMILY ISSUES, WOMEN AT RISK

SEGMENT 2: BREASTFEEDING MAY BE NATURAL, BUT THAT DOESN'T MEAN IT'S EASY

TIME: 15:28

DURATION: 7:00

SYNOPSIS: MOTHERS ACROSS THE NATION PANICKED WHEN A MAJOR RECALL AND SUPPLY CHAIN ISSUES CAUSED A BABY FORMULA SHORTAGE. ONE RESPONSE TO THE SHORTAGE TOLD WOMEN TO 'JUST START BREASTFEEDING AGAIN,' BUT DR. KAREN FEDERICI EXPLAINS WHY THAT'S NOT AS SIMPLE AS IT SOUNDS.

HOST: NANCY BENSON

PRODUCER: KRISTEN FARRAH

GUESTS: DR. KAREN FEDERICI, BREASTFEEDING MEDICINE SPECIALIST, NORTHWESTERN MEDICINE KISHWAUKEE HOSPITAL; DR. SUSAN LANDERS, RETIRED NEONATOLOGIST; LESLEY MONDEAUX, EXECUTIVE DIRECTOR, NORTHWEST MOTHERS MILK BANK

COMPLIANCY ISSUES: BREASTFEEDING, PUBLIC HEALTH, BREAST SURGERY, VULNERABLE POPULATIONS, FORMULA SHORTAGE, MOTHER SAFETY, CHILDREN AND YOUTH AT RISK

JUNE 18, 2022

RADIO HEALTH JOURNAL

PROGRAM 22-25

AIR WEEK: 6/19/22

EXECUTIVE PRODUCER: AMIRAH ZAVERI

PRODUCTION MANAGER: JASON DICKEY

SEGMENT 1: WHAT HAPPENS WHEN MEDICINE MEETS THE METAVERSE?

TIME: 1:50

DURATION: 11:10

SYNOPSIS: DOCTORS CAN NOW TREAT CHRONIC PAIN WITH THE TECHNOLOGY OF VIRTUAL REALITY. PATIENT TOM NORRIS JOINS US TO SHARE HIS EXPERIENCE USING A VR HEADSET IN PLACE OF SEDATIVES WHEN DOCTORS REMOVED THREE TUMORS FROM HIS BLADDER. DR. BRENNAN SPIEGEL AT CEDARS-SINAI MEDICAL CENTER REVEALS HOW VR TREATMENT WORKS AND HOW VIRTUAL THERAPEUTICS WILL REVOLUTIONIZE MEDICINE.

HOST: REED PENCE

PRODUCER: KRISTEN FARRAH

GUESTS: DR. BRENNAN SPIEGEL, DIRECTOR OF HEALTH SERVICES RESEARCH, CEDARS-SINAI MEDICAL CENTER, AUTHOR; TOM NORRIS, VR THERAPY PATIENT

COMPLIANCY ISSUES: VIRTUAL THERAPEUTICS, MENTAL HEALTH, PSYCHOLOGY, VIRTUAL REALITY, HEALTH CARE, MEDICAL TECHNOLOGY, PAIN MANAGEMENT, TECHNOLOGY, CHRONIC PAIN, CONSUMERISM, PUBLIC HEALTH

SEGMENT 2: WHY DOCTORS SAY A "HEALTHY TAN" DOESN'T EXIST

TIME: 14:02

DURATION: 8:38

SYNOPSIS: SUMMER'S FINALLY HERE, WHICH MEANS ENJOYING POPSICLES AND POOL DAYS. BUT IF YOU'VE BEEN WAITING ALL YEAR FOR A SUMMER TAN, YOU MAY WANT TO RETHINK THAT PLAN. EVEN A 'HEALTHY GLOW' MEANS OUR CELLS HAVE ALREADY BEEN DAMAGED, AND THE SUN ISN'T THE ONLY PROBLEM. DR. SHADI KOUROSH DISCUSSES HOW FACTORS LIKE AIR POLLUTION AND DIGITAL SCREENS CAN ALSO HARM OUR SKIN.

HOST: NANCY BENSON

PRODUCER: KRISTEN FARRAH

GUESTS: DR. SHADI KOUROSH, DIRECTOR OF COMMUNITY HEALTH FOR DERMATOLOGY, MASS GENERAL BRIGHAM

COMPLIANCY ISSUES: PUBLIC HEALTH, PATIENT SAFETY, SKIN SAFETY, POLLUTION, SUN EXPOSURE, SKIN DAMAGE, TECHNOLOGY, SKIN CANCER

JUNE 25, 2022

RADIO HEALTH JOURNAL

PROGRAM 22-26

AIR WEEK: 6/26/22

EXECUTIVE PRODUCER: AMIRAH ZAVERI

PRODUCERS: KRISTEN FARRAH, GRACE GALANTE

PRODUCTION MANAGER: JASON DICKEY

SEGMENT 1: VENOM: A LETHAL WEAPON OR MEDICAL MIRACLE?

TIME: 1:50

DURATION: 12:37

SYNOPSIS: RESEARCHERS HAVE DISCOVERED HOW TO USE EVOLUTION'S DEADLIEST AND OLDEST WEAPON FOR GOOD. BUT HOW CAN SCIENTISTS CREATE MEDICINE FROM LETHAL VENOM? DR. LESLIE BOYER REVEALS THE ENTIRE PROCESS AND EXPLAINS WHY HORSES ARE SO VALUABLE TO THE RESEARCH.

HOST: REED PENCE

PRODUCER: KRISTEN FARRAH

GUESTS: DR. LESLIE BOYER, PROFESSOR EMERITA OF PATHOLOGY, UNIVERSITY OF ARIZONA

COMPLIANCY ISSUES: BIOCHEMISTRY, PHARMACEUTICAL RESEARCH, PUBLIC SAFETY, VENOMICS, PUBLIC HEALTH, VENOMOUS ANIMALS, VENOM, IMMUNIZATION, RESEARCH METHODS, ANIMAL SAFETY

SEGMENT 2: CAN WELLNESS APPS ACTUALLY IMPROVE YOUR HEALTH?

TIME: 15:29

DURATION: 7:26

SYNOPSIS: THE WORLD HEALTH ORGANIZATION REPORTS A 25% GLOBAL INCREASE IN ANXIETY AND DEPRESSION THROUGHOUT THE PANDEMIC. DURING THE SAME TIME, THE MENTAL HEALTH APP INDUSTRY SKYROCKETED. BUT HOW HELPFUL ARE THESE PROGRAMS? DR. STEPHANIE COLLIER DISCUSSES THE DANGERS OF USING THESE APPS, MANY OF WHICH HAVE NO SCIENTIFIC EVIDENCE OF SUCCESSFULLY TREATING MENTAL HEALTH.

HOST: NANCY BENSON

PRODUCER: KRISTEN FARRAH

GUESTS: DR. STEPHANIE COLLIER, DIRECTOR OF EDUCATION IN THE DIVISION OF GERIATRIC PSYCHIATRY, MCLEAN HOSPITAL

COMPLIANCY ISSUES: DIGITAL PROGRAMS, PUBLIC SAFETY, THERAPY, PUBLIC HEALTH, MENTAL WELLNESS APPLICATIONS, MENTAL HEALTH, HEALTH CARE, PERSONAL INFORMATION, PSYCHOLOGY