

Day	Time	Program	Guest	Title of Guest	Topic of Guest
Monday	7:07	Deacon Dave O'Brien	Deacon Dave O'Brien	Director of Pastoral Care @ Mercy Medical Center	Sunday Gospel & Spiritual Chat
	7:15	Morning Show	Steve Ray	Steve Ray is a convert to the Catholic Church and bestselling author. He speaks at conferences around the world. He is a regular guest on The Journey Home and has appeared on many other radio and TV programs, including Fox News. He is writer, producer and host of the 10-part video/DVD series The Footprints of God: the Story of Salvation from Abraham to Augustine filmed entirely on location in the Holy Land and surrounding countries. Steve and his wife Janet and are certified guides to the Holy Land and lead pilgrimages throughout the Middle East and Rome.	The beginning of Catholicism in the USA in Saint Augustine Florida. We have a group going down there in November. (I forwarded you his talking points.)
	7:25	Morning Show	Megan Salois	Channel 13 Meteorologist	extended forecast
	7:37	Morning Show	Joe Stopulos	Cohost of Man up!	Preview
	7:45	Morning Show	Jonny Carlson	Male Ut Fidem Coordinator	Coming. . .
	9:00	Man Up!	Fr. Nicholas Akindele	Catholic Priest	The Day is Now Far Spent (2)
Tuesday	7:15	Morning Show	Deacon Randy Kiel	Randy Kiel, M.A, is the founder of Kardia Counseling. Randy is a licensed mental health counselor with a private practice of psychotherapy and counseling in central Iowa.	Title: you and your comfort zone. One. What makes a person's comfort zone? Two. When should we stretch beyond or stay within the comfort zone? Three. Are there psychological fall out from leaving or staying with in a comfort zone?
	7:25	Morning Show			
	7:40	Morning Show	Jeanne Wells	host of Straight Talk	preview 9am show
	7:45	Morning Show			
	9:00	Be Not Afraid	Fr. Fabian and Fr. PJ		Priesthood Gift and Mystery
	10:00	Straight Talk	David Pieper	President Elect, St. Serra Club of DSM, and VP membership	state of priestly vocations
Wednesday	7:15	Morning Show	Kelly Mantoan (Man-TONE)	Founder and editor of Accepting the Gift	Accepting the Gift: https://www.acceptingthegift.org/ How did God lead you to create this apostolate? How can Catholics help the special needs?
	7:25	Morning Show			
	7:45	Morning Show	Bo Bonner	Director of the Zita Institute for Foundations and Ethics in Leadership, Director of Mission and Ministry at MCHS	Take the Lead! Segment
	9:00	Thought of the Week	Msgr Bognanno		How do we Witness
	10:00	Uncommon Good	Edward Pentin	Rome Correspondent and Author	His new book, "The Next Pope"
	7:07	Morning Show			

Day	Time	Program	Guest	Title of Guest	Topic of Guest
Thursday	7:15	Morning Show	No guest		
	7:25	Morning Show		Cohost Catholic Women Now	Preview 9am Catholic Women Now
	7:37	Morning Show			
					<p>"The Harvest: A Guide to Vocation Ministry in Education": https://vocationministry.com/theharvestpresskit/ After your first book Hundredfold, created for parish use, when did you begin to see the need for a vocation ministry guidebook for classrooms?</p> <p>Is the book written for use at all educational levels?</p> <p>How do the workshops offered by Vocation Ministry for Catholic educators supplement the book?</p> <p>Have you seen an increase in vocations as a result of Vocation Ministry's books and workshops?</p> <p>Can you share some of the creative activities and ideas that you offer to Catholic school teachers?</p> <p>How can educators order the book and incorporate it into their curriculum for the upcoming school year?</p>
	7:45	Morning Show	Rhonda Gruenewald	Rhonda Gruenewald is a passionate convert to Catholicism (1999), a former high school English teacher, and the founder of Vocation Ministry. Vocation Ministry has worked with more than 6,000 vocation promoters and ministries nationwide, presenting informational workshops to deacons, priests, religious, and laity on how to establish or revive a vocation ministry. Following up on the success and demand of her first book Hundredfold: A Guide to Parish Vocation Ministry and with the heart of a teacher, Rhonda hopes her newest book The Harvest: A Guide to Vocation Ministry in Education will increase vocations for years to come.	
	9:00	Catholic Women Now	Margo Carson and Susie Flood	Mothers of recently ordained priests	Raising future priests... family spiritual life, supporting a son in the priestly vocation
	10:00	Faith on Trial	Bonnie Manchester	Former teacher fired for exposing trans grooming at school	Her story
	7:00	Morning Show	Fr. Andrew Windschitl	Iowa Catholic Radio Spiritual Advisor	Sunday Gospel & Spiritual Chat

Day	Time	Program	Guest	Title of Guest	Topic of Guest
Friday	7:15	Morning Show	Adam Bartlett	Adam Bartlett is a sought-after Catholic speaker, writer, and clinician on topics of liturgy, music, and the New Evangelization. With over a decade of experience as a parish and cathedral music director, seminary instructor, and teacher, Adam routinely brings his passion for sacred music and liturgical renewal to his work as CEO and founder of Source & Summit, a Catholic publisher and tech company that exists to help every Catholic parish elevate the liturgy. Adam additionally serves as an adjunct faculty member for the Augustine Institute and sacred music consultant for FOCUS. He resides in Michigan with his wife and three children.	Press Kit for Source and Summit (includes initial questions): https://www.sourceandsummit.com/press-kit . Other things he can talk about that Jon's audience might better relate to: Why use a missal at all? Why do we sing at Mass? What did Covid teach us when we didn't have a missal OR the ability to sing at Mass? Why does all of this matter? (Link to the digital missal: https://app.hubspot.com/documents/6160825/view/241467919?accessId=cabf71)
	7:45	Morning Show	Gary Zimak	Gary Zimak is the author of several books, including A Worrier's Guide To The Bible, From Fear To Faith, Stop Worrying and Start Living and Give Up Worry For Lent. He is a frequent speaker at parishes and conferences across the country and is recognized as the leading Catholic speaker on the topic of overcoming anxiety. In addition, Gary is the Director of Parish Services for Mary, Mother of the Redeemer Church in North Wales, Pennsylvania.	Let's go with "God Will Provide" as the topic and base it on this Bible verse... And he said to his disciples, "Therefore I tell you, do not be anxious about your life, what you shall eat, nor about your body, what you shall put on." (Luke 12:22) 1. Jesus opens with the word "Therefore". What is He referring to? 2. How can we be sure that God will provide for our needs? (There actually is a way!) 3. How do we distinguish "wants" from "needs"?
	9:00	Making it Personal with Bishop Joensen	Dr. Russell Hittinger	Expert in philosophy, theology and law and former chair of the Department of Philosophy and Religion at the University of Tulsa	Discussion on theology and morality
Monday	7:07	Morning Show	Deacon Dave O'Brien	Director of Pastoral Care @ Mercy Medical Center	Sunday Gospel & Spiritual Chat
	7:15	Morning Show	Katie Prejean McGrady	Katie Prejean McGrady is an international Catholic speaker, the author of Follow and Room 24, and the coauthor of Lent: One Day at a Time with Catholic Teens. She is the project manager for Ave Explores and the cohost of The Electric Waffle podcast. Prejean McGrady served as one of three delegates for the United States Conference of Catholic Bishops to the 2018 Pre-Synod Meeting on Young People, Faith, and Vocational Discernment in Rome. (Katie is a pretty well-known speaker and it's easy to find her bio if the publicist doesn't give it to you. You can always ask the publicist, too, but a quick google search pulled it up from Ave Maria Press's website: https://www.avemariapress.com/authors/katie-prejean-mcgrady . I just used a portion of it.)	A new season of Ave Explores that starts in September--Ave Explores: The Bible. (https://www.avemariapress.com/aveexplores-bible)
	7:25	Morning Show		Channel 13 Meteorologist	extended forecast

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	7:45	Morning Show	Jesse Weiler	Director of the Liturgical institute	Proscriptive and Prescriptive Instructions for the Mass. 1) what does it mean that the Mass instructions are prescriptive? 2) Aren't there a lot of things that we're told not to do in the Mass? 3) How does all of this help us look at the Mass more properly?
	9:00	Man Up!	Fr. Nicholas Akindele	Catholic Priest	The Day is Now Far Spent (3)
Tuesday	7:15	Morning Show	Sonja Corbitt	Sonja Corbitt is a Catholic author and speaker who has produced several multimedia Bible studies, including Unleashed, Fearless, and Exalted. Corbitt is the host of Evangelista Bible Study on CatholicTV and the Bible Study Evangelista Show on radio and podcast. biblestudyevangelista.com	Book: "Just Rest": https://www.avemariapress.com/products/just-rest . Why focus on the Exodus account? What do you hope readers will get out of this book/How does the Exodus account relate to Catholics today? What is the process by which God teaches us to rest in thought, emotion, body and soul?
	7:25	Morning Show			
	7:40	Morning Show	Jeanne Wells	host of Straight Talk	preview 9am show
	7:45	Morning Show	Kathryn Whitaker	Kathryn Whitaker is the author of Live Big, Love Bigger, an award-winning book about living an intentional life. She's a sixth-generation Texan who was raised as an evangelical Protestant and then converted to Catholicism on the eve of her wedding. On social media and her blog, Kathryn shares her honest take on family life and living the Gospel, all while drinking Dr Pepper and cheering on the Texas Aggies. She has appeared on radio and TV stations around the country and is a frequent guest/sometimes host on The Catholic Channel on SiriusXM. Kathryn and her husband, Scott, live with their six children in Austin, Texas.	She has a pilgrimage to France coming up, and wants to talk about "keeping your faith and finding Jesus when you travel, whether it's a pilgrimage or not." What are some practical ideas for people who are traveling on a budget, or can't go far from home? Where is the most spiritual place you've visited as a family? Why does bringing along Jesus on vacation matter?
	9:00	Be Not Afraid	Fr. PJ McManus	Dcn. Tony Valdez	St Laurence and the diaconate
	10:00	Straight Talk- pre-recorded	Barbara Decker	Exec Director, Catholic Charities	the mission of Catholic Charities/corpora
Wednesday	7:15	Morning Show	John Gaffney	Director of Evangelization and Catechesis	I printed out talking points for Matt
	7:25	Morning Show			
	7:45	Morning Show	Bo Bonner	Director of the Zita Institute for Foundations and Ethics in Leadership, Director of Mission and Ministry at MCHS	Take the Lead! Segment
	9:00	Thought of the Week	Msgr Bognanno		Pope Francis on Pandemic
	10:00	Uncommon Good	N/A	N/A	N/A

Day	Time	Program	Guest	Title of Guest	Topic of Guest
Thursday	7:15	Morning Show	Patty Origer	Coordinator of Persons with Disability Ministry	Patty is promoting a parent support group for children with special needs and has been working with Lisa Wagoner Carollo, from a Kansas City/St. Joseph Diocese with a Disability Ministry program.
	7:25	Morning Show		Cohost Catholic Women Now	Preview 9am Catholic Women Now
	7:37	Morning Show			
	7:45	Morning Show	Sr. Bernadette Mota	Salesian Sisters of St. John Bosco Director: Department of Mission Advancement	Fiat Project: https://salesiansisterswest.org/fiat-project . What is unique about the Fiat Project? Why is this ministry important today? How can one participate in Fiat Project or support the ministry?
	9:00	Catholic Women Now	Kim Marvin	Having survived an attempted abortion on her life	Sharing her journey of healing and forgiveness
	10:00	Faith on Trial	Tom Bradley	Chm. Diocese Deacon Council	Deacons at the Fair
Friday	7:00	Morning Show	Fr. Andrew Windschitl	Iowa Catholic Radio Spiritual Advisor	Sunday Gospel & Spiritual Chat
	7:15	Morning Show	Allan Webb	Webb, who has four daughters and converted to Catholicism in 2017, is currently the assistant cross country coach and track distance running coach University of Arkansas at Little Rock.	He recently spoke of his running career, the spiritual parallels of sports, and the upcoming Olympic Games in Tokyo. He just got accepted to FUS Masters program
	7:45	Morning Show	Amy Cattapan (CAT-uh-pan)	Amy J. Cattapan is a middle school English teacher, speaker, and author who has written or contributed to several books, including Chicken Soup for the Soul: From Lemons to Lemonade and the award-winning books Angelhood and Seven Riddles to Nowhere. She is a regular contributor to the Homeschooling Saints podcast and hosts Cath-Lit Live! for the Catholic Writers Guild.	Book: "Sweet Jesus, Is it June Yet?": https://www.avemariapress.com/products/sweet-jesus-is-it-june-yet . 1) Why is this book needed at this time? 2) What inspired you to write this book? 3) The book is a combination of Gospel reflections and teaching stories. Can you give a sample of how you tied a Gospel passage to teaching? 4) Is this book just for teachers, or would others possible get something out of it? (Note: I would appreciate not being asked anything specific about the current school where I teach. It's actually in our handbook that we cannot discuss our school on any form of media. All "media communication" (even tweets!) needs to be handled through the Communications Director. I'm happy, of course, to talk about previous schools or my teaching experience in general.)

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	9:00	Making it Personal with Bishop Joensen	Father Jim Phalan	Father Jim Phalan, who serves as national director of Family Rosary, a ministry of Holy Cross Family Ministries.	His appearance on Netflix special, work managing the Our Lady of Lourdes Shrine in France and more
Monday	7:07	Morning Show	Deacon Dave O'Brien	Director of Pastoral Care @ Mercy Medical Center	Sunday Gospel & Spiritual Chat
	7:15	Morning Show	Msgr. Hilary C. Franco	a priest of the Archdiocese of New York. He served for five years as assistant to Archbishop Fulton J. Sheen and, for 24 years, was an official for the Vatican's Congregation for the Clergy, where he managed the Congregation's English desk.	<u>His new book is SIX POPES: A Son of the Church Remembers.</u>
	7:25	Morning Show	Megan Salois	Channel 13 Meteorologist	extended forecast
	7:45	Morning Show	John Huynh	Director of Faith Journey	
	9:00	Man Up!	Fr. John Riccardo	Catholic Priest	A day of prayer and fasting for our country
Tuesday	7:15	Morning Show	no guest		
	7:25	Morning Show			
	7:40	Morning Show	Jeanne Wells	host of Straight Talk	preview 9am show
					Topic: Changing Routines. How does changing the way we pray or even our surroundings open us up to experience God differently? What's the importance of developing faith based routines? Tell us a few suggestions to help people modify existing routines at Mass, daily prayers, or studying scripture.
	7:45	Morning Show	Greg Wasinski	Executive Director of Let Me Be ministries	
	9:00	Be Not Afraid	Fr. PJ McManus	Dcn. Tony Valdez and Jimmy Olsen	Catholics and Mysteries Fiction
	10:00	Straight Talk	Sonja Corbitt	Catholic speaker, author:	New book: Just Rest: Receiving God's R
Wednesday	7:15	Morning Show	Dr. Kathryn Romb	Founder, Presiden of Mighty is her Call.	New Book: Motherhood, an Extraordinary Vocation
	7:45	Morning Show	Bo Bonner	Director of the Zita Institute for Foundations and Ethics in Leadership, Director of Mission and Ministry at MCHS	Take the Lead! Segment
	9:00	Thought of the Week	Msgr Bognanno		Spiritual Growth Pt 1
	10:00	Uncommon Good	Rerun	Rerun	Rerun

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Thursday	7:15	Morning Show	John Edwards	Just a guy in the pew	My Just a Guy in the Pew Ministry and our resource for men called The Narrow Road
	7:25	Morning Show		Cohost Catholic Women Now	Preview 9am Catholic Women Now
	7:37	Morning Show			
	7:45	Morning Show			
	9:00	Catholic Women Now	Greg and Julie Alexander	Founders of Alexander House a ministry that supports marriage and realtionships	How to communicate through conflict in marriage, how to find your future spouse, God's plan for marriage
	10:00	Faith on Trial	Maggie DeWitte	Iowans for Life	Life issues
Friday	7:00	Morning Show	Fr. Andrew Windschitl	Iowa Catholic Radio Spiritual Advisor	Sunday Gospel & Spiritual Chat
	7:15	Morning Show	Meg Hunter-Kilmer	Saints Around the World, has become the best way to help kids discover that the saints are anything but boring. http://www.piercedhands.com/	Saints Around the World shares the lives of over 100 saints from more than 60 countries, including saints with different disabilities, strengths, and struggles. The beautiful illustrations and captivating storytelling will introduce children to new heavenly friends while also helping them fall more in love with Jesus!
	7:45	Morning Show	Allan Smith	Executive Director - Archbishop Fulton J. Sheen Mission Society of Canada - http://archbishopfultonjsheenmissionsocietyofcanada.org	Al's new book, "Archbishop Sheen's Book of Sacraments."
	9:00	Making it Personal with Bishop Joensen	Father Josh Johnson	Catholic priest, author and Vocations Director	
Monday	7:15	Morning Show			
	7:25	Morning Show	Megan Salois	Channel 13 Meteorologist	extended forecast
	7:40	Morning Show	Joe Stopulos		
	7:45	Morning Show	Patrick Novecosky	An award winning author, journalist and speaker with a passion for the New Evangelization and Pope St. John Paul II.	"I'd like to talk about John Paul I (the first John Paul). He was elected Aug. 26, 1978 and died 33 days later. His pontificate was significant despite its brevity. 1. John Paul One was elected this week back in 1978. He had a really short papacy. What was significant about it? 2. There were conspiracy theories that he was murdered. Any of that true? 3. How did he influence his successor, John Paul II?"
	9:00	Man Up!	Deacon Reed Flood	Deacon for the diocese of Des Moines	Discernment
	7:15	Morning Show			

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Tuesday	7:25	Morning Show			
	7:40	Morning Show	Jeanne Wells	host of Straight Talk	preview 9am show
					discovering Mary in the Old Testament (Ark of the New Covenant, Burning Bush, Second Eve, Daughter of Jerusalem, etc.)
	7:45	Morning Show	Steve Ray	author of Crossing the Tiber and Footprints of God documentary series.	
	9:00	Be Not Afraid	Fab and PJ		St Louis St Monica St Augustine
	10:00	Straight Talk	Deacon David Lamar	deacon at St Malachy in Boone Co and a public school teacher	challenges facing students as they return
Wednesday	7:15	Morning Show			
	7:25	Morning Show			
	7:45	Morning Show	Dale Ahlquest	President of the Society of GK Chesterton	Chesterton Academies
	9:00	Thought of the Week	Msgr Bognanno		Spiritual Growth Pt 2
	10:00	Uncommon Good	Dr. Michael Bonner	Political Advisor, Historian, Author of the book "The Last Empire of Iran"	The Last Empire of Iran and Its Impact on Christian History
Thursday	7:07	Morning Show	Dcn. Randy Kiel	Dcn. @ Holy Trinity and owner of Kardia Counseling	1st and/or 2nd Sunday Reading
					Cross Catholic Outreach's relief efforts in Haiti. David explains needs and how to help. https://crosscatholic.org/earthquake-relief
	7:15	Morning Show	David Adams	Vice president for missions for Cross Catholic Outreach	
	7:37	Morning Show		Cohost Catholic Women Now	Preview 9am Catholic Women Now
	7:45	Morning Show	Robert W. Artigo	Robert W. Artigo is an American investigative journalist and author. His work has appeared in broadcasts by CBS, ABC and other major news providers.	New book Neither Crystal Nor Gold.
	9:00	Catholic Women Now	Dr. Gregory Mary Thompson	Marian helper with the MIC, evangelist	Sharing his dramatic faith conversion
	10:00	Faith on Trial	Roger Severino	Senior fellow at the Ethics and Public Policy Center	Forcing medical persons to assist with abortions
	7:07	Morning Show	Fr. Andrew Windschitl	Iowa Catholic Radio Spiritual Advisor	Sunday Gospel & Spiritual Chat
	7:15	Morning Show	Fr. Dwight Longenecker	Brought up as an Evangelical in the USA, Fr. Dwight Longenecker earned a degree in Speech and English before studying theology at Oxford University. He served as a minister in the Church of England, and in 1995 was received into the Catholic Church with his wife and family.	New book, "Beheading Hydra" Link for Purchase: https://www.sophia institute.com/products/item/beheading-hydra

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Friday	7:45	Morning Show	Tom Chapman	Executive Director at Iowa Catholic Conference	Right now the U.S. bishops are asking us to get the word out about keeping the Hyde Amendment, which stops federal funding of abortion, and immigration issues. If the Iowa bishops come to a common position about religious exemptions and vaccines
	9:00	Making it Personal with Bishop Joensen	Donna Bishop and Mary Jo Kever	Diocesan Superintendent of Schools and principal at St. Pius X Parish in Des Moines	Return to school in the fall amid COVID-19
Monday	7:07	Deacon Dave O'Brien	Deacon Dave O'Brien	Director of Pastoral Care @ Mercy Medical Center	Sunday Gospel & Spiritual Chat
	7:15	Morning Show			TBD
	7:25	Morning Show	Megan Salois	Channel 13 Meteorologist	extended forecast
	7:37	Morning Show	Joe Stopulos	Cohost of Man up!	Preview
	7:45	Morning Show	Gretchen Crowe		
	9:00	Man Up!	Deacon Max Carson	Deacon for the diocese of Des Moines	Discernment
Tuesday	7:15	Morning Show	Patrick Novecosky	An award winning author, journalist and speaker with a passion for the New Evangelization and Pope St. John Paul II.	Possible beatification of JP-I in 2022
	7:25	Morning Show			
	7:40	Morning Show	Jeanne Wells	host of Straight Talk	preview 9am show
	7:45	Morning Show	Kelyn Anker	Refugee Service Program Manager, Catholic Charities	
	9:00	Be Not Afraid	Fr. PJ McManus	Dcn. Tony Valdez and Jimmy Olsen	Catholics and Mysteries Fiction
	10:00		Randy McDonough	Co-owner of Towncrest and Towncrest Compounding Pharmacies in Iowa City and Solon Towncrest Pharmacy in Solon, IA.	Vaccine updates/boosters/Delta variant
	7:07		Deacon Dave O'Brien	Director of Pastoral Care @ Mercy Medical Center	Sunday Gospel & Spiritual Chat