

WIOX Quarterly Program/Issues Report

3rd Quarter 2022

Submitted

10/1/2022

WIOX is an NCE first service broadcast licensee serving a rural, mountainous region of upstate New York. Regularly scheduled programming is live, locally produced, community oriented, and serves a wide variety of public interests. Local issues are determined by the local community stakeholders and addressed by them on the air.

Significant aspects of regular programming on WIOX include reports on the region's economic development, culture and cultural events, experiential learning and education; housing, insurance, food pantries; public health, healthcare and wellness; tourism and the environment; farming, forestry, agriculture, local news, and local emergency broadcasts.

In addition to the issues-related long-form programs found below, WIOX broadcasts include issues-oriented short-form programming such as local weather alerts, local writers and performance artists material, and other locally focused content that reflects and responds to local issues, needs, and interests, including Covid-19 news and information from local, state, and federal authorities. WIOX also serves the public interest by providing training and public access to the local airwaves.

Friday, 7/1/2022

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather and interviews. Guest Michael Walzer discusses the moral arguments of war.

Tip Off (9am – 10am): Coverage of local school sports; interviews with local athletes and coaches. Topics: Yankees team in baseball at present; Jackie Robinson's harrowing start; Becky, a 12-year-old transgender girl just wants to play.

Music Matters (10am – noon): Features music of the times with matters of the day using thematic tunes from different decades while discussing local, state, and national news. Topics: Firearms insurance; men's responsibility regarding pregnancy and abortion.

Catskills Commerce (1pm – 2pm): Regional focus on economic challenges and opportunities. Topic: local business news.

Saturday, 7/2/2022

Unidos por las Montañas (United for the Mountains) (8am – 10am): Raul Silva Rosas discusses relevant social issues featuring music and guests. In Española. Topic: *cuatro de Julio graduacion*.

Monday, 7/4/2022

Through The Looking Glass (9am – 10am): Local news and music magazine exploring current issues and past events. Guest: Bruce Gugnen, peace activist.

New York's Table (1pm – 2pm): Focuses on educating the community on local farm products, wine, beer, cider and spirits, and the people who make them. Topic: grilling.

The Farm Hour (6pm – 7pm): Perspectives on local agriculture, interviews with farm owners, local farming events. Guest: Jeff Potent. Topic: regenerative farming.

Mark Birman Sports (7pm – 8pm): Local, regional and national sports reports and commentary.

Graffiti Dog Super Art Now (10pm – 12am): Local graffiti artist teaches drawing and creative expression.

Tuesday, 7/5/2022

Planet Poet (1pm – 2pm): Writers and the written word with a local perspective. Guest: Robin Factor.

The Open Eye Theater Playtime (6pm – 7pm): Radio theater and stories performed by local creative artists, actors, playwrights, adults, and children addressing important cultural, interpersonal, and societal issues. Topic: local theater auditions.

Catskill Folk (7pm – 8pm): Folkways of diverse cultures of the Catskill Mountains region. Topic: genseng's harvest.

Graffiti Dog Super Art Now (10pm – 12am): Local graffiti artist teaches drawing and creative expression.

Wednesday, 7/6/2022

First Voices Radio (1pm – 2pm): exploration of global topics and issues of indigenous peoples. Guest: Jennifer Robin (Chocktow), aka Miss Jiff, educator, performer, artist, and activist.

HealthCetera in the Catskills (2pm – 3pm): Local health care and wellbeing. Topics: Ukraine update; SCOTUS overturning *Roe v. Wade*.

From The Forest (6pm – 7pm): Issues impacting local forests with Catskill Forest Association educators Ryan Trapani and John MacNaught. Topic: critters of interest.

Thursday, 7/7/2022

The Last Negroes at Harvard (9am – 10am): Discussion of civil rights, race relations, and historical reflections of the Harvard class of 1963, moderated by local reporter and author Kent Garrett. Guest: Gal Beckerman discusses *The Quiet Before the Storm: On the Unexpected Origins of Radical Ideas*.

Wingin' It (6:00 – 8:00): Listen for what's going on in the Catskills and where the happenings are to be found.

Friday, 7/8/2022

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather and interviews.

Tip Off (9am – 10am): Coverage of local school sports; interviews with local athletes and coaches. Topics: the art of vending at professional baseball games; Roger Owens, Dodger peanut tossing vender; national college baseball champions.

Music Matters (10am – noon): Features music of the times with matters of the day using thematic tunes from different decades while discussing local, state, and national news. Topics: restoring forgotten towns in the Catskills.

Vantage Point (1pm – 2pm): News and interviews with emphasis on local and regional politics and Central Catskills events. Guest Josh Riley discusses climate change, tax policy, health care and corporations and Wall Street. Guest Hannah Milnes, Chair of the Catskill Abortion and Reproductive organization, discusses Supreme Court decision to end *Roe v Wade* and its impact on women in the Catskills region. Musicologist Mitch Cohn discusses the music of Van Morrison.

Saturday, 7/9/2022

Unidos por las Montañas (United for the Mountains) (8am – 10am): Raul Silva Rosas discusses relevant social issues featuring music and guests. In Española.

Monday, 7/11/2022

Through The Looking Glass (9am – 10am): Local news and music magazine exploring current issues and past events. Guest: Lazane Campbell, pilot.

Spiritual Solutions (1pm – 2pm): Spiritual exploration of the various paths people find in our mountains to live a serene, happy, productive life. Guests: Alex and Betty Wilcox. Topic: fashion.

The Farm Hour (6pm – 7pm): Perspectives on local agriculture, interviews with farm owners, local farming events. Topics: forest history books; fungi.

Graffiti Dog Super Art Now (10pm – 12am): Local graffiti artist teaches drawing and creative expression.

Tuesday, 7/12/2022

Mark Birman Today (9am – 10am): Local discussion of politics, national issues, interviews and commentary.

Uncanny Valley (1pm – 2pm): Diverse range of content including interviews, commentary, music, and sonic artworks. Topic: theater in the Catskills.

Gender Blender (2pm – 4pm): Music created by the queer community. Local transgender musician hosts a journey into the overlooked, under-booked, and fabulous.

Talk Of the Town (6pm – 7pm): Interviews with local leaders and educators. Guest: Ellen Stewart. Topic: elephants.

Graffiti Dog Super Art Now (10pm – 12am): Local graffiti artist teaches drawing and creative expression.

Wednesday, 7/13/2022

Mark Birman Today (9am – 10am): Local discussion of politics, national issues, interviews and commentary.

First Voices Radio (1pm – 2pm): exploration of global topics and issues of indigenous peoples. Guest: Martin Prechtel, author, teacher, historian, specialist in grief and praise.

HealthCetera in the Catskills (2pm – 3pm): Local health care and wellbeing. Topics: nurses off duty; acupuncture; Riot Girl/feminist music

From The Forest (6pm – 7pm): Issues impacting local forests with Catskill Forest Association educators Ryan Trapani and John MacNaught. Topic: bots as biomonitors.

Thursday, 7/14/2022

The Last Negroes at Harvard (9am – 10am): Discussion of civil rights, race relations, and historical reflections of the Harvard class of 1963, moderated by local reporter and author Kent Garrett. Guest: Ryan Busse discusses *Gunfight: My Battle Against the Industry that Radicalized America*.

Catskill Mountain Dreamer (1pm – 2pm): Birth & rebirth doula Nell Tomassen Reboh explores reality through nuanced discussions and eclectic music. Guest: Alaina. Topic: social work.

Friday, 7/15/2022

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather and interviews. Guest: Robin Williams. Topic: local roller derby.

Tip Off (9am – 10am): Coverage of local school sports; interviews with local athletes and coaches. Topics: postseason play in the National Basketball Association; opening day for the New York Mets and the Binghamton Rumble Ponies, their farm team; women make their mark in Major League Baseball.

Music Matters (10am – noon): Features music of the times with matters of the day using thematic tunes from different decades while discussing local, state, and national news. Topic: stress management.

Vantage Point (1pm – 2pm): News and interviews with emphasis on local and regional politics and Central Catskills events. Guest Marcela Micucci, Executive Director of the Oneonta History Center, discusses renovations to the building, re-opening plans, mission, exhibits collections and youth programming. Guest Susan O'Hadley, Chair of the Delaware-Otsego Audubon Society, discusses the Society's history, youth summer camp, Franklin Mountain Hawkwatch, and the importance of protecting the natural environment. Guest Anna Rutenbeck, Coordinator of the Susquehanna Headwaters Environmental Collaborative, discusses the Eco-Fair and Eco-Feast. Guest Brian Benjamin, former Lt. Governor of NYS, discusses criminal justice reform. Musicologist Mitch Cohn talks about psychedelic rock.

Saturday, 7/16/2022

Unidos por las Montanas (United for the Mountains) (8am – 10am): Raul Silva Rosas discusses relevant social issues featuring music and guests. In Española.

Monday, 7/18/2022

Through The Looking Glass (9am – 10am): Local news and music magazine exploring current issues and past events. Topic: Dutch farmers.

New York's Table (1pm – 2pm): Focuses on educating the community on local farm products, wine, beer, cider and spirits, and the people who make them. Guest: Carla Crinn. Topic: gardens.

The Farm Hour (6pm – 7pm): Perspectives on local agriculture, interviews with farm owners, local farming events. Topic: New Beginning Flower Farm.

Mark Birman Sports (7pm – 8pm): Local, regional and national sports reports and commentary.

Graffiti Dog Super Art Now (10pm – 12am): Local graffiti artist teaches drawing and creative expression.

Tuesday, 7/19/2022

Planet Poet (1pm – 2pm): Writers and the written word with a local perspective. Guest: Stees Davis. Topic: poem talk.

Catskill Folk (6pm – 8pm): Folkways of diverse cultures of the Catskill Mountains region. Topic: square-dances.

Signal to Noise (8:00 – 9:00): Local and regional arts news and features, discussed by one who knows. Guest: Jamie Sanin, Art Society of Kingston.

Graffiti Dog Super Art Now (10pm – 12am): Local graffiti artist teaches drawing and creative expression.

Wednesday, 7/20/2022

Mark Birman Today (9am – 10am): Local discussion of politics, national issues, interviews and commentary.

First Voices Radio (1pm – 2pm): exploration of global topics and issues of indigenous peoples. Guests: Film Director Jesse Short Bull, discusses films by and about Oglala Lakota filmmakers and youth filmmaking workshops; Dr. Tink Tinker (Osage Nation), Clifford Baldrige Professor Emeritus of American Indian Cultures and Religious Tradition discusses the liberation of Indian peoples from historic religious oppression.

From The Forest (6pm – 7pm): Issues impacting local forests with Catskill Forest Association educators Ryan Trapani and John MacNaught. Guest: Gary Mead.

Thursday, 7/21/2022

The Last Negroes at Harvard (9am – 10am): Discussion of civil rights, race relations, and historical reflections of the Harvard class of 1963, moderated by local reporter and author Kent Garrett. Guest: Professor Tomiko Brown-Nagin discusses Harvard University and the legacy of slavery.

Wingin' It (6:00 – 8:00): Listen for what's going on in the Catskills and where the happenings are to be found.

Friday, 7/22/2022

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather and interviews.

Tip Off (9am – 10am): Coverage of local school sports; interviews with local athletes and coaches. Topics: man loses two sons to gun violence and establishes baseball foundation in their memory; wife encourages husband to take up golf.

Music Matters (10am – noon): Features music of the times with matters of the day using thematic tunes from different decades while discussing local, state, and national news. Topics: honoring the “Tall Trees” of our communities; elders who’ve helped us learn how to live “country”.

Catskills Commerce (1pm – 2pm): Regional focus on economic challenges and opportunities. Guest: Todd Pascarella.

Saturday, 7/23/2022

Unidos por las Montañas (United for the Mountains) (8am – 10am): Raul Silva Rosas discusses relevant social issues featuring music and guests. In Española.

Monday, 7/25/2022

Through The Looking Glass (9am – 10am): Local news and music magazine exploring current issues and past events. Guests: Michael Kene and Bobby Ann Cox.

Spiritual Solutions (1pm – 2pm): Spiritual exploration of the various paths people find in our mountains to live a serene, happy, productive life. Topics: pets and pet poetry.

The Farm Hour (6pm – 7pm): Perspectives on local agriculture, interviews with farm owners, local farming events. Guests: John Micholatti, Gabriela Delea. Topic: mycology.

Mark Birman Sports (7pm – 8pm): Local, regional and national sports reports and commentary.

Graffiti Dog Super Art Now (10pm – 12am): Local graffiti artist teaches drawing and creative expression.

Tuesday, 7/26/2022

Mark Birman Today (9am – 10am): Local discussion of politics, national issues, interviews and commentary.

Uncanny Valley (1pm – 2pm): Diverse range of content including interviews, commentary, music, and sonic artwork.

Talk Of the Town (6pm – 7pm): Interviews with local leaders and educators. Guests: Connie Martin, Tom Briggs Town of Franklin.

Graffiti Dog Super Art Now (10pm – 12am): Local graffiti artist teaches drawing and creative expression.

Wednesday, 7/27/2022

Mark Birman Today (9am – 10am): Local discussion of politics, national issues, interviews and commentary.

First Voices Radio (1pm – 2pm): exploration of global topics and issues of indigenous peoples. Guest: Will Falk, writer, lawyer and environmental activist, speaking about the ongoing destruction of the natural world.

From The Forest (6pm – 7pm): Issues impacting local forests with Catskill Forest Association educators Ryan Trapani and John MacNaught.

Thursday, 7/28/2022

The Last Negroes at Harvard (9am – 10am): Discussion of civil rights, race relations, and historical reflections of the Harvard class of 1963, moderated by local reporter and author Kent Garrett. Guest: Aaron Tang, University of California, discusses Maine’s current outmaneuvering of the Supreme Court.

Catskill Mountain Dreamer (1pm – 2pm): Birth & rebirth doula Nell Tomassen Reboh explores reality through nuanced discussions and eclectic music.

Friday, 7/29/2022

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather and interviews.

Tip Off (9am – 10am): Coverage of local school sports; interviews with local athletes and coaches. Topics: John Wright, Negro League Pitching Ace; Jackie Robinson Museum.

Music Matters (10am – noon): Features music of the times with matters of the day using thematic tunes from different decades while discussing local, state, and national news. Topics: climate change and the Catskills.

Saturday, 7/30/2022

Unidos por las Montañas (United for the Mountains) (8am – 10am): Raul Silva Rosas discusses relevant social issues featuring music and guests. In Española.

Monday, 8/1/2022

Through The Looking Glass (9am – 10am): Local news and music magazine exploring current issues and past events. Guest: Dr. Paul Murik.

Spiritual Solutions (1pm – 2pm): Spiritual exploration of the various paths people find in our mountains to live a serene, happy, productive life.

The Farm Hour (6pm – 7pm): Perspectives on local agriculture, interviews with farm owners, local farming events. Topics: comfrey, medicinal plants.

Mark Birman Sports (7pm – 8pm): Local, regional and national sports reports and commentary.

Tuesday, 8/2/2022

Mark Birman Today (9am – 10am): Local discussion of politics, national issues; interviews and commentary.

Catskill People (7:00 – 8:00): Talk show with diverse guests discuss Catskill life to create a new vibe for our mountains.

Wednesday, 8/3/2022

Mark Birman Today (9am – 10am): Local discussion of politics, national issues, interviews and commentary.

First Voices Radio (1pm – 2pm): exploration of global topics and issues of indigenous peoples. Tiokasin talks with Kerri Kelli about “*American De-tox: The Myth of Wellness and How We Can Truly Heal.*”

HealthCetera in the Catskills (2pm – 3pm): Local health care and wellbeing. Topics: Narcan training, mental health.

The Stream (3pm – 4pm): Delhi natives Anna Janiszewski and Chelsea Frisbee explore topics such as mindfulness, mental health, self-care, and the ways we move through life.

From The Forest (6pm – 7pm): Issues impacting local forests with Catskill Forest Association educators Ryan Trapani and John MacNaught. Topic: Addressing issues between public and private stewardship.

Thursday, 8/4/2022

The Truth Is So Boring (9am – 10am): Topical deep-dives into political subjects which affect the local community.

Poetry, Religion & Basketball (1pm – 2pm): Local SUNY professor considers connections between diverse populations.

Wingin' It (6:00 – 8:00): Listen for what's going on in the Catskills and where the happenings are to be found.

Friday, 8/5/2022

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather and interviews.

Music Matters (10am – noon): Features music of the times with matters of the day using thematic tunes from different decades while discussing local, state, and national news. Topic: Standing on principles – going beyond “talk” and getting things done.

Vantage Point (1pm – 2pm): News and interviews with emphasis on local and regional politics and Central Catskills events. Guests: Jamie Chaney and Josh Riley, candidates for the Democratic nomination for New York's 19th Congressional District, discussed their background, inflation, health care, drug prices, gun regulations, taxes, federal government spending, constituent services and economic development. Teacher and musicologist Mitch Cohn on when rock'n'roll started being integrated into country music and what it meant for society.

Saturday, 8/6/2022

Unidos por las Montañas (United for the Mountains) (8am – 10am): Raul Silva Rosas discusses relevant social issues featuring music and guests. In Española.

Monday, 8/8/2022

Through The Looking Glass (9am – 10am): Local news and music magazine exploring current issues and past events. Guest: Jenin Younes, ACLA.

The Farm Hour (6pm – 7pm): Perspectives on local agriculture, interviews with farm owners, local farming events. Topic: Asian American farmers.

Mark Birman Sports (7pm – 8pm): Local, regional and national sports reports and commentary.

Wednesday, 8/10/2022

HealthCetera in the Catskills (2pm – 3pm): Local health care and wellbeing. Topics: polio, ethics consultations.

From The Forest (6pm – 7pm): Issues impacting local forests with Catskill Forest Association educators Ryan Trapani and John MacNaught. Topics: ginseng, fall and leave distress.

Thursday, 8/11/2022

The Last Negroes at Harvard (9am – 10am): Discussion of civil rights, race relations, and historical reflections of the Harvard class of 1963, moderated by local reporter and author Kent Garrett, who discusses with Professor Patricia Banks how support of Black culture pays for corporate America.

Friday, 8/12/2022

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather and interviews.

Tip Off (9am – 10am): Coverage of local school sports; interviews with local athletes and coaches. Topics: a memorable trip to Citifield and a story about a father who manages his grief of the loss of a son by playing catch every day.

Music Matters (10am – noon): Features music of the times with matters of the day using thematic tunes from different decades while discussing local, state, and national news. Topics: local politics and elections.

Catskills Commerce (1pm – 2pm): Regional focus on economic challenges and opportunities. Topic: agricultural overtime rules.

Saturday, 8/13/2022

Unidos por las Montañas (United for the Mountains) (8am – 10am): Raul Silva Rosas discusses relevant social issues featuring music and guests. In Española.

Monday, 8/15/2022

Through The Looking Glass (9am – 10am): Local news and music magazine exploring current issues and past events. Guest: Peter Tocalira.

The Farm Hour (6pm – 7pm): Perspectives on local agriculture, interviews with farm owners, local farming events. Topics: local festival, insects, inflation.

Mark Birman Sports (7pm – 8pm): Local, regional and national sports reports and commentary.

Tuesday, 8/16/2022

Mark Birman Today (9am – 10am): Local discussion of politics, national issues; interviews and commentary.

Planet Poet (1pm – 2pm): Writers and the written word with a local perspective. Guest: Lisa Richter, Canadian poet.

The Open Eye Theater Playtime (6pm – 7pm): Radio theater and stories performed by local creative artists, actors, playwrights, adults, and children addressing important cultural, interpersonal, and societal issues. Topic: Ten-minute plays.

Wednesday, 8/17/2022

Mark Birman Today (9am – 10am): Local discussion of politics, national issues; interviews and commentary.

Wellness Wednesday (2pm – 3pm): Health and Wellbeing. Topic: social media and health implications.

From The Forest (6pm – 7pm): Issues impacting local forests with Catskill Forest Association educators Ryan Trapani and John MacNaught. Guest: Gary Mead. Topic: ancient trees.

Catskills People (7pm – 8pm): Woodsman, chainsaw sculptor, and longtime Catskills resident Hoppy Quick visits with the people who populate the mountains, speaking about life in the Catskills, the journeys that brought them here, and all that we have in common. Guest: Michael Leonhard.

Thursday, 8/18/2022

The Last Negroes at Harvard (9am – 10am): Discussion of civil rights, race relations, and historical reflections of the Harvard class of 1963, moderated by local reporter and author Kent Garrett.

Catskill Mountain Dreamer (1pm – 2pm): Birth & rebirth doula Nell Tomassen Reboh explores reality through nuanced discussions and eclectic music. Guest: Eric Plasker. Topic: The 100-year lifestyle.

Wingin' It: (6:00 – 8:00) Listen for what's going on in the Catskills and where the happenings are to be found.

Friday, 8/19/2022

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather and interviews.

Tip Off (9am – 10am): Coverage of local school sports; interviews with local athletes and coaches. Topics: Tribute to three sports legends that passed in August; the most traded player in MLB history; and Wendell Smith, great Black baseball journalist.

Catskills Commerce (1pm – 2pm): Regional focus on economic challenges and opportunities. Guest: Mike Martucci, Supervisor, Andes, NY.

Saturday, 8/20/2022

Unidos por las Montanas (United for the Mountains) (8am – 10am): Raul Silva Rosas discusses relevant social issues featuring music and guests. In Española.

Monday, 8/22/2022

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather and interviews. Topic: A Republican candidate for Congress in western New York said in a radio interview that U.S. Attorney General Merrick Garland “should be executed” for authorizing a search of former President Donald Trump’s home.

Through The Looking Glass (9am – 10am): Local news and music magazine exploring current issues and past events. Guest: Dr. Brett Weinstien.

Spiritual Solutions (1pm – 2pm): Spiritual exploration of the various paths people find in our mountains to live a serene, happy, productive life. Topic: Terria Eden Yoga.

The Farm Hour (6pm – 7pm): Perspectives on local agriculture, interviews with farm owners, local farming events. Topic: local bees, hive health, drought tolerance.

Mark Birman Sports (7pm – 8pm): Local, regional and national sports reports and commentary.

Tuesday, 8/23/2022

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather and interviews. Topics: The Mid-Hudson Valley's 10th week of declining gas prices; Walton man died Sunday while canoeing on the Susquehanna River in Otego; more than \$28 million dollars in federal dollars has been secured by U.S. Sen. Charles Schumer to overhaul the Rhinecliff train station.

Mark Birman Today (9am – 10am): Local discussion of politics, national issues; interviews and commentary. Guest: Ricardo Martinez-Paz.

Talk of the Town: (6pm – 7pm): Interviews with local leaders and educators. Guests: Peg Ellsworth and Jeff Potent. Topic: Kirkside Project, Roxbury, NY.

Wednesday, 8/24/2022

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather and interviews. Topics: Pat Ryan, a Democratic county executive, won a special election to fill a vacant U.S. House seat in New York's Hudson Valley; and Carl Paladino, the GOP candidate who recently called for Attorney General Merrick Garland to be executed, has lost his primary for Congress.

First Voices Radio (1pm – 2pm): exploration of global topics and issues of indigenous peoples. Topic: discussion about the late John Trudell (Dakota), who brought attention to dismissed treaty rights by the government.

HealthCetera Catskills (2pm – 3pm): Health and Well-being. Topics: housing, back to school tips.

From The Forest (6pm – 7pm): Issues impacting local forests with Catskill Forest Association educators Ryan Trapani and John MacNaught.

Catskills People (7pm – 8pm): Woodsman, chainsaw sculptor, and longtime Catskills resident Hoppy Quick visits with the people who populate the mountains, speaking about life in the Catskills, the journeys that brought them here, and all that we have in common. Guest: Michael Eseeg. Topic: sustainability solutions.

Thursday, 8/25/2022

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather and interviews. Topic: President Joe Biden said yesterday the U.S. government will forgive \$10,000 in student loans for millions of debt-saddled former college students in keeping with a pledge he made in the 2020 campaign for the White House.

Friday, 8/26/2022

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather and interviews. Topic: Bassett Medical Center has received an \$82 million grant from the Scriven Foundation to make "rapid improvements resulting in greater patient care."

Tip Off (9am – 10am): Coverage of local school sports; interviews with local athletes and coaches. Topics: historic little league game, all white vs. all black team in Deep South, and scaring yourself for personal improvement.

Saturday, 8/27/2022

Unidos por las Montanas (United for the Mountains) (8am – 10am): Raul Silva Rosas discusses relevant social issues featuring music and guests. In Española.

Monday, 8/29/2022

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather and interviews. Topics: Almost 300 guns, including 177 "ghost guns," were collected during a gun buyback event Saturday in the City of Utica; rapidly spreading spotted lanternfly has been found in Central New York.

The Farm Hour (6pm – 7pm): Perspectives on local agriculture, interviews with farm owners, local farming events. Topics: Heritage Radio Network, food trends podcast.

Mark Birman Sports (7pm – 8pm): Local, regional and national sports reports and commentary.

Graffiti Dog Super Art Now (10pm – 12am): Local graffiti artist teaches drawing and creative expression.

Tuesday, 8/30/2022

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather and interviews. Topics: One person is confirmed dead, and two others are listed in critical condition in the hospital after they were found Sunday in White Lake in the Catskills; Mid-Hudson Valley gasoline prices continue to decline.

Planet Poet (1pm – 2pm): Writers and the written word with a local perspective.

The Open Eye Theater Playtime (6pm – 7pm): Radio theater and stories performed by local creative artists, actors, playwrights, adults, and children addressing important cultural, interpersonal, and societal issues. Topics: theater; local history.

Catskill Folk (7pm – 8pm): Folkways of diverse cultures of the Catskill Mountains region. Topics: Quilt Hall of Fame, exhibits of folk art in metal.

Wednesday, 8/31/2022

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather and interviews. Topics: Local organizations are working to prevent drug overdose deaths. SUNY Delhi welcomes more than 1,100 students, 900 of whom are residential and commuting students, while 215 will study online.

First Voices Radio (1pm – 2pm): exploration of global topics and issues of indigenous peoples. Guest: Candace Hopkins (Carcross/Tagish First Nation), discusses the Forge Project, a Native-led initiative centered on Indigenous art, decolonial education and supporting leaders in culture, food security and land justice.

HealthCetera Catskills (2pm – 3pm): Health and Wellbeing. Topics: Inflation Reduction Act, healthcare and people who are deaf.

The Stream (3pm – 4pm): Delhi natives Anna Janiszewski and Chelsea Frisbee explore topics such as mindfulness, mental health, self-care, and the ways we move through life. Topic: new motherhood.

From The Forest (6pm – 7pm): Issues impacting local forests with Catskill Forest Association educators Ryan Trapani and John MacNaught. Guest: Bob Williams. Topic: Loggings public relations battle.

Catskills People (7pm – 8pm): Woodsman, chainsaw sculptor, and longtime Catskills resident Hoppy Quick visits with the people who populate the mountains, speaking about life in the Catskills, the journeys that brought them here, and all that we have in common. Guests: Michael Leonord, Saul Storirs.

Thursday, 9/1/2022

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather and interviews. Topic: Yesterday, new gun laws were introduced.

The Last Negroes at Harvard (9am – 10am): Discussion of civil rights, race relations, and historical reflections of the Harvard class of 1963, moderated by local reporter and author Kent Garrett. Professor Michael Brenner discusses the decline in American dissent on Ukraine.

Catskill Mountain Dreamer (1pm – 2pm): Birth & rebirth doula Nell Tomassen Reboh explores reality through nuanced discussions and eclectic music. Guest: Prof. Johanna Sophia.

Wingin' It: (6:00 – 8:00) Listen for what's going on in the Catskills and where the happenings are to be found.

Friday, 9/2/2022

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather and interviews.

Tip Off (9am – 10am): Coverage of local school sports; interviews with local athletes and coaches. Topics: sports greatest duet and baseball's battery shifting paradigm is difficult to achieve in sports.

Saturday, 9/3/2022

Unidos por las Montañas (United for the Mountains) (8am – 10am): Raul Silva Rosas discusses relevant social issues featuring music and guests. In Española.

Monday, 9/5/2022

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather and interviews.

Through The Looking Glass (9am – 10am): Local news and music magazine exploring current issues and past events. Guest: Prof. Ralph Schoellhower.

Spiritual Solutions (1pm – 2pm): Spiritual exploration of the various paths people find in our mountains to live a serene, happy, productive life. Guest: Deb Flemming.

The Farm Hour (6pm – 7pm): Perspectives on local agriculture, interviews with farm owners, local farming events. Topic: Bovina Farm Day.

Mark Birman Sports (7pm – 8pm): Local, regional and national sports reports and commentary.

Graffiti Dog Super Art Now (10pm – 12am): Local graffiti artist teaches drawing and creative expression.

Tuesday, 9/6/2022

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather and interviews. Topic: SUNY Oneonta's Center for Racial Justice and Inclusive Excellence Advisory Committee is inviting members of the Oneonta community to participate in commemorating the 30th anniversary of "The Black List."

Talk of the Town: (6pm – 7pm): Interviews with local leaders and educators. Guests: Coleen McMurray and Sue Wilcox, Pine Hill Community Center.

Wednesday, 9/7/2022

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather and interviews. Topics: Incumbent Gov. Kathy Hochul is holding on to a slim lead against her Republican opponent in the upcoming statewide general election. Former Trump strategist Steve Bannon will be charged in New York state and intends to surrender tomorrow over his role in the right-wing We Build the Wall organization that allegedly defrauded donors.

First Voices Radio (1pm – 2pm): exploration of global topics and issues of indigenous peoples. Guest: Debra Utacia Krol, Indigenous affairs reporter at the Arizona Republic, Phoenix, AZ, discusses Indigenous peoples' water rights in Arizona.

HealthCetera Catskills (2pm – 3pm): Health and Wellbeing. Topics: primary care and COVID, food and older adults.

From The Forest (6pm – 7pm): Issues impacting local forests with Catskill Forest Association educators Ryan Trapani and John MacNaught. Topic: arboriculture.

Thursday, 9/8/2022

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather and interviews.

The Last Negroes at Harvard (9am – 10am): Discussion of civil rights, race relations, and historical reflections of the Harvard class of 1963, moderated by local reporter and author Kent Garrett, who discusses Eve Fairbanks' work on South Africa's racial reckoning.

Poetry, Religion & Basketball (1pm – 2pm): Local SUNY professor considers connections between diverse populations.

Friday, 9/9/2022

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather and interviews.

Tip Off (9am – 10am): Coverage of local school sports; interviews with local athletes and coaches. Topic: stories of two Black baseball trail blazers, Al Smith and Ernie Banks.

Music Matters (10am – noon): Features music of the times with matters of the day using thematic tunes from different decades while discussing local, state, and national news. Topic: Covid and mental health of teens.

Saturday, 9/10/2022

Unidos por las Montañas (United for the Mountains) (8am – 10am): Raul Silva Rosas discusses relevant social issues featuring music and guests. In Española.

Monday, 9/12/2022

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather and interviews.

Through The Looking Glass (9am – 10am): Local news and music magazine exploring current issues and past events. Guest: Cynthia McKinney.

New York's Table (1pm – 2pm): Focuses on educating the community on local farm products, wine, beer, cider and spirits, and the people who make them. Guest: Brian Mulder, Union Grove Distillery.

The Farm Hour (6pm – 7pm): Perspectives on local agriculture, interviews with farm owners, local farming events. Topic: peach news, network farm collective. Topic: Carlos Valary, Ovinoco Farm.

Mark Birman Sports (7pm – 8pm): Local, regional and national sports reports and commentary.

Graffiti Dog Super Art Now (10pm – 12am): Local graffiti artist teaches drawing and creative expression.

Tuesday, 9/13/2022

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather and interviews. Topics: The Mid-Hudson Valley continued to see drops in average gasoline prices last week; on Aug. 28 in the Sullivan County town of Bethel, two men drowned in White Lake.

Planet Poet (1pm – 2pm): Writers and the written word with a local perspective. Guest: Cammy Thomas.

The Open Eye Theater Playtime (6pm – 7pm): Radio theater and stories performed by local creative artists, actors, playwrights, adults, and children addressing important cultural, interpersonal, and societal issues. Topics: Director and cast of “Sylvia”, from the Open Eye Theater.

Wednesday, 9/14/2022

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather and interviews. Topic: Former Gov. Andrew M. Cuomo filed a state ethics complaint against Letitia James, the New York State attorney general, accusing her of deliberately mishandling the investigation that found he sexually harassed multiple former and current government employees.

From The Forest (6pm – 7pm): Issues impacting local forests with Catskill Forest Association educators Ryan Trapani and John MacNaught. Guest: Mike Kudish.

Catskills People (7pm – 8pm): Woodsman, chainsaw sculptor, and longtime Catskills resident Hoppy Quick visits with the people who populate the mountains, speaking about life in the Catskills, the journeys that brought them here, and all that we have in common. Guest: Raccine Suarter.

Thursday, 9/15/2022

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather and interviews. Topics: In office for less than 24 hours, U.S. Rep. Pat Ryan is already gearing up to provide services to the residents of the 19th Congressional district. Charlotte Bennett, who served as an executive assistant to former New York Gov. Andrew Cuomo, has sued him for sexual harassment, gender discrimination and retaliation.

The Last Negroes at Harvard (9am – 10am): Discussion of civil rights, race relations, and historical reflections of the Harvard class of 1963, moderated by local reporter and author Kent Garrett. Professor Samuel Moyn discusses *Humane: How the United States Abandoned Peace and Reinvented War*.

Wingin' It (6:00 – 8:00): Listen for what's going on in the Catskills and where the happenings are to be found.

Friday, 9/16/2022

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather and interviews. Topic: Covid.

Tip Off (9am – 10am): Coverage of local school sports; interviews with local athletes and coaches. Topics: “Just Plain Men – Donald Trump and Leo Durocher”; Jared Bernhardt, college and lacrosse player of the year makes NFL Falcons.

Music Matters (10am – noon): Features music of the times with matters of the day using thematic tunes from different decades while discussing local, state, and national news. Topics: Immigration and the Catskills.

Catskills Commerce (1pm – 2pm): Regional focus on economic challenges and opportunities. Topic: local business news.

Saturday, 9/17/2022

Unidos por las Montanas (United for the Mountains) (8am – 10am): Raul Silva Rosas discusses relevant social issues featuring music and guests. In Española. Topic: *Indepatencia de Mexico*.

Monday, 9/19/2022

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather and interviews. Topics: Democratic leaders in New York, Illinois and Texas accused Republican governors of carrying out "inhumane" political stunts by busing and flying migrants from Texas to Democrat-led cities under false pretenses and without warning to local officials.

Through The Looking Glass (9am – 10am): Local news and music magazine exploring current issues and past events. Guest: Dr. Andrew Wakefield.

Spiritual Solutions (1pm – 2pm): Spiritual exploration of the various paths people find in our mountains to live a serene, happy, productive life. Guest: Chris Durham. Topic: Animal rehabilitation.

The Farm Hour (6pm – 7pm): Perspectives on local agriculture, interviews with farm owners, local farming events. Topics: farmers markets; nut trees.

Mark Birman Sports (7pm – 8pm): Local, regional and national sports reports and commentary.

Graffiti Dog Super Art Now (10pm – 12am): Local graffiti artist teaches drawing and creative expression.

Tuesday, 9/20/2022

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather and interviews. Topics: The average price of a gallon of gas in Ulster County was \$3.64, down 12 cents from a week ago; Gov. Kathy Hochul maintains that when her administration paid a vendor \$637 million last winter for COVID-19 tests, she was unaware the recipient was a campaign donor.

Mark Birman Today (9am – 10am): Local discussion of politics, national issues; interviews and commentary.

Wednesday, 9/21/2022

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather and interviews.

Mark Birman Today (9am – 10am): Politics, national issues, interviews and commentary. Guest: Jeremy Freidman.

HealthCetera in the Catskills (2pm – 3pm): Local health care and wellbeing. Topics: *Dobbs* ruling and IVF, plastics, and Alzheimers Walk.

From The Forest (6pm – 7pm): Issues impacting local forests with Catskill Forest Association educators Ryan Trapani and John MacNaught. Guest: Gary Mead. Topic: Drought.

Catskills People (7pm – 8pm): Woodsman, chainsaw sculptor, and longtime Catskills resident Hoppy Quick visits with the people who populate the mountains, speaking about life in the Catskills, the journeys that brought them here, and all that we have in common.

Thursday, 9/22/2022

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather and interviews. Topics: New York Attorney General Letitia James is suing Trump and his company for manipulating property and other asset valuations to deceive lenders, insurance brokers and tax authorities to get better rates and lower tax liability; the Delaware County American Rescue Plan Act Committee voted fund Cornell Cooperative Extension of Delaware County to help county farmers; and, local Revolutionary War battle re-enactors are canceling events over fears of being prosecuted under new state gun laws but state officials say the new regulations do NOT ban the living history events.

The Last Negroes at Harvard (9am – 10am): Discussion of civil rights, race relations, and historical reflections of the Harvard class of 1963, moderated by local reporter and author Kent Garrett, who discusses racism and anti-Obama lore with Patricia A. Turner, Professor of Arts and African American Studies at UCLA.

Poetry, Religion & Basketball (1pm – 2pm): Local SUNY professor considers connections between diverse populations. Guest: Sandra Lim, poet.

Friday, 9/23/2022

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather and interviews. Topic: Conditional retail licenses to sell cannabis are expected to be given before the end of the year.

Tip Off (9am – 10am): Coverage of local school sports; interviews with local athletes and coaches. Topics: the immigrant story of Franco Tiefoe, US Tennis Star; Joe Burrows, NFL quarterback, speaks on social issues.

Music Matters (10am – noon): Features music of the times with matters of the day using thematic tunes from different decades while discussing local, state, and national news. Topics: Climate change and local impact.

Catskills Commerce (1pm – 2pm): Regional focus on economic challenges and opportunities. Topic: local business news. Topic: adult use of cannabis cultivation.

Saturday, 9/24/2022

Unidos por las Montañas (United for the Mountains) (8am – 10am): Raul Silva Rosas discusses relevant social issues featuring music and guests. In Española.

Monday, 9/26/2022

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather and interviews.

New York's Table (1pm – 2pm): Focuses on educating the community on local farm products, wine, beer, cider and spirits, and the people who make them. Topic: Do Good Spirits.

The Farm Hour (6pm – 7pm): Perspectives on local agriculture, interviews with farm owners, local farming events. Topic: hunger relief mushrooms.

Mark Birman Sports (7pm – 8pm): Local, regional and national sports reports and commentary.

Graffiti Dog Super Art Now (10pm – 12am): Local graffiti artist teaches drawing and creative expression.

Tuesday, 9/27/2022

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather and interviews.

Mark Birman Today (9am – 10am): Local discussion of politics, national issues, interviews and commentary. Guest: Josh Riley.

Wednesday, 9/28/2022

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather and interviews. Topic: Tornado hits Walton, NY.

Mark Birman Today (9am – 10am): Local discussion of politics, national issues, interviews and commentary.

First Voices Radio (1pm – 2pm): Exploration of global topics and issues of indigenous peoples. Guest: Anne Keala Kelly, a Kanaka Maoli filmmaker, journalist and activist in Hawai'i Island, who discusses critical links between cultural, environmental and spiritual survival in the movement of Hawaiian self-determination, and indigenous peoples' struggles for territorial and political autonomy.

Wellness Wednesday (2pm – 3pm): Health and Wellbeing.

The Stream (3pm – 4pm): Delhi natives Anna Janiszewski and Chelsea Frisbee explore topics such as mindfulness, mental health, self-care, and the ways we move through life.

From The Forest (6pm – 7pm): Issues impacting local forests with Catskill Forest Association educators Ryan Trapani and John MacNaught.

Thursday, 9/29/2022

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather and interviews.

The Last Negroes at Harvard (9am – 10am): Discussion of civil rights, race relations, and historical reflections of the Harvard class of 1963, moderated by local reporter and author Kent Garrett. Guest: Ted Rall. Topic: politics and cartoons.

Friday, 9/30/2022

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather and interviews.

Tip Off (9am – 10am): Coverage of local school sports; interviews with local athletes and coaches. Topics: Traeye Thompson's long road to the major league, banned books assault at libraries, and the left-handed catcher – lost to baseball.

Music Matters (10am – noon): Features music of the times with matters of the day using thematic tunes from different decades while discussing local, state, and national news. Topics: tornadoes increasing in the Catskills and New York State as a result of Climate Change.

Catskills Commerce (1pm – 2pm): Regional focus on economic challenges and opportunities. Topic: local business news. Topics: Legalizing cannabis; and understanding suicide.