

**2016 SECOND QUARTERLY REPORT  
KHTP, 103.7 FM  
KHTP-FM & KKWF HD CH-2**

**KHTP-FM QUARTERLY ISSUES/PROGRAMMING REPORT FOR THE  
SECOND QUARTER: APRIL 1 – JUNE 30, 2016**

The following is a list of issues that KHTP-FM radio has determined to be of significant importance to citizens of Seattle and the greater Puget Sound region, and how each was addressed through the station's issue-responsive public affairs programming, public service announcements and community activities during the reporting period.

**ASCERTAINED COMMUNITY ISSUES:**

**1. ECONOMY/BUSINESS/LABOR/TECHNOLOGY**

The economic condition of the Puget Sound Region, employment/unemployment, inflation, technology, job training, consumer issues, personal finance.

**2. EDUCATION/ARTS/COMMUNICATION/CULTURE**

Public education, higher education, school violence, school busing, the importance of creative endeavors including the arts, literature and music, censorship.

**3. ENVIRONMENT/SCIENCE/TECHNOLOGY**

Air and water pollution, solid waste disposal, recycling, alternative energy, endangered species, conservation, mass transit, forest issues, research and technology issues.

**4. HEALTH/HUMAN SERVICES/SOCIAL SERVICES**

Nutrition, physical fitness, mental health, alternative medicine, health care policies.

**5. COMMUNITY/FAMILY/YOUTH**

Neighborhoods, community organizing, parenting skills, child support, marriage, divorce, abuse, neglect.

**6. GOVERNMENT/POLITICS/TERRORISM**

Government spending, services and abuses, taxes, elections, campaign finance reform, terrorism threats, and political debate.

7. AGING/GENDER-SPECIFIC/MINORITIES/POVERTY

Discrimination specific to racial and ethnic minorities, as well as people with disabilities, gays, lesbians, religious groups, senior citizens and others, homelessness.

8. CRIME/DRUG ABUSE/TERRORISM/HUMAN RIGHTS

Terrorism, law enforcement, gun control, gang activity, the criminal justice system, the correctional system, rehabilitation, drunk driving, violence, police/community relations.

RELIGION/SPIRITUALITY

Spirituality, organized religion, world religions.

**KHTP-FM PUBLIC AFFAIRS PROGRAMMING IN ALPHABETICAL ORDER  
FOR APRIL 1 – JUNE 30, 2016:**

"CONVERSATIONS" is a 30 minute interview show airing on Sundays between 10:00 -11:00pm. It's hosted and produced by Entercom's Public Affairs hosts Deanna Cruz and Greg Shishman, which focuses on a wide variety of issues that affect people in the greater Puget Sound area. Their guests include individuals from business, medicine, government, environmental and education groups. Two 'Conversations' shows air back-to-back for a total of 60 minutes. Contact: Wingnut, 206-577-8654.

**KHTP-FM PSA'S AND COMMUNITY ACTIVITIES:**

Public Service Announcements (PSA's) are tied into specific charitable events, projects and community activities being supported by KHTP-FM. Causes supported by KHTP-FM are targeted to our audience, and include organizations dealing with education, violence, AIDS, hate crimes, the environment, and other community issues.

**KHTP-FM PUBLIC AFFAIRS PROGRAMMING, in alphabetical order**

**CONVERSATIONS**

Program: 'Conversations' Part: 1

Subject: Olympia Spring Art Walk

Guest: Stephanie Jones

Length: 12:30

Date Aired: 04/03/16

Time Aired: 10:00 – 10:15pm

Summary: Stephanie, looking for a way to give her young son a learning experience while broadening his artistic palette, started making monster magnets. The family heads to the

Olympia Spring Art Walk to show off their wares, and hope to sell a few of these awesome creatures and make money for contribution to Seattle Children's Hospital.  
Compliance issues covered: Community Activities/Families/Youth, Health

Program: 'Conversations' Part: 1

Subject: Pajama Bowl

Guest: G - Sharon Moores

Length: 12:30

Date Aired: 04/03/16

Time Aired: 10:15 – 10:30 p.m.

Summary: It's that time of year where some of the little critters spawned from the spring time are big enough to find homes while other older homeless pets are as desperate as ever to find a place to lay their little heads and paws. As someone with house full of pets, I can never stress enough the benefit I receive from being responsible for a little furry life. The Pawsitive Alliance understands this and wants to help. Hoping you can join them for the Bow Wow Meow Luau on 7/12!

Program: 'Conversations' Part: 2

Subject: Families/Aging/Spirituality

Guest: Ruth Fishel

Length: 12:30

Date Aired: 4-3-16

Time Aired: 10:30 – 10:45 p.m.

Summary: Ruth Fishel is an acclaimed author of inspirational books that have sold nearly a million copies, including A Time for Me, Daily Practice for a Joyful, Peaceful, Purposeful Life. As the cofounder and former director of Serenity, Inc., she now teaches, writes and presents workshops and retreats throughout the country, helping people become whole and healthy using the tools of meditation, affirmations, and visualizations. Now that we are well into the new year Ruth talks to us about setting time aside for yourself and attaining those goals you've wanted to attain.

Compliance issues covered: Families/Aging/Spirituality

Program: 'Conversations' Part: 1

Subject: Education/Communication/Culture

Guest: Bernard Beitman

Length: 12:30

Date Aired: 4-3-16

Time Aired: 10:45 – 11:00 p.m.

Summary: Dr. Bernard Beitman is the first psychiatrist since Carl Jung to attempt to systematize the study of coincidences. He is a Visiting Professor at the University of Virginia and former Chair of the Department of Psychiatry at the University of Missouri-Columbia. In his recent book Beitman acknowledges that some coincidences will be best explained by randomness, personal responsibility, and Divine Mystery, but most times by a combination of all three.

Compliance issues covered: Community Activities/Families/Youth, Education/Culture

Program: 'Conversations' Part: 2

Subject: Christianity in America

Guest: D- Rex Miller

Length: 12:30

Date Aired: 04/10/2016

Time Aired: 10:00 – 10:15 p.m.

Summary: A Pew Research Center study released recently had sobering news for America's majority religion. The study said in the United States, Christians will decline from more than three-quarters of the population in 2010 to two-thirds in 2050, and Judaism will no longer be the largest non-Christian religion. Muslims will be more numerous in the U.S. than people who identify as Jewish. Peter and his wife, Linda, are hunting down how the approach to the Christian religion have changed in the last 2000 years and how it's changing within America.

Compliance issues covered: Culture/Spirituality

Program: 'Conversations' Part: 2

Subject: Business/Economy/Labor, Government, Education Guest: Jeannine Glista

Length: 12:30

Date Aired: 04/10/16

Time Aired: 10:15 – 10:30 p.m.

Summary: Matt Fontaine from Vashon Island joins Jeannine to help begin teaching the kids of not just the Pacific Northwest, but the entire world how to save their money and begin living without having the fuel the American credit system. We talk about the opportunities, regulations, and how to get kids asking the correct questions at an early age.

Compliance issues covered: Aging/Health/Wellness

Program: 'Conversations' Part: 1

Subject: Families/Youth, Education/Arts/Communication/Culture

Guest: Doug Vermeeren

Length: 12:30

Date Aired: 04/10/16

Time Aired: 10:30 – 10:45 p.m.

Summary: Seattle is such a beautiful city that photographs so well. Throughout the years, many television shows and films have been shot in our fair city or in the greater area as far north as Vancouver. Hollywood we are not, we are however a great spot for art creativity, and independent production. With productions like the yearly Seattle

International Film Festival just around the corner, what does it take as a community member to make the leap into art production like this?

Program: 'Conversations' Part: 1

Subject: Aging/Health/Wellness

Guest: Dr. Jonathan Donath

Length: 12:30

Date Aired: 4-10-16

Time Aired: 10:45 – 11:00 p.m.

Summary: There is an opioid epidemic taking place in our country and Dr. Jonathan Donath has the right idea to help end it: Fix the source of the neck and back pain instead of treating the symptoms with opioids and running the risk of addiction! Now it's finally possible with the technology explained in his new book, The Neck and Back Pain Solution. Dr. Donath explains how this non-surgical spinal decompression therapy has been helping many with chronic back and neck pain.

Compliance issues covered: Aging/Health/Wellness

Program: 'Conversations' Part: 2

Subject: End Summer Hunger

Guest: Jennifer Leavitt and Renee Zimmerman

Length: 12:30

Date Aired: 4-17-16

Time Aired: 10:00 – 10:15 p.m.

Summary: Jennifer Leavitt is the VP of Marketing at The Bellevue Collection. She spoke to me about the 2016 Standout Style Runway Show at The Bellevue Collection happening April 23rd. 100% of the ticket sales of the show will benefit local non-profit, Eastside Baby Corner and will be used to purchase basic and specialty care items for babies and children in need on the community. Renee Zimmerman is the Executive Director at Eastside Baby Corner and explains their role in the community.

Compliance issues covered: Community Activities/Families/Youth

Program: 'Conversations' Part: 2

Subject: Earth Day Goodwill

Guest: Katherine Boury

Length: 12:30

Date Aired: 4/17/16

Time Aired: 10:15 – 10:30 p.m.

Summary: Earth Day is Friday and in the next week we'll see a bunch of awesome messaging encouraging us to be aware of our waste, of our changing planet, and being

mindful of our environment. But it's not just planting trees and switching off the lights, there are so many opportunities including your local Goodwill office! Katherine tells us what Seattle Goodwill is up to this spring!

Program: 'Conversations' Part: 1

Subject: Suicide Prevention

Guest: Christine Wilson

Length: 12:29

Date Aired: 04/17/16

Time Aired: 10:30 – 10:45 p.m.

Summary: There's a wonderful community of citizens across Washington that help each other through times of terrible loss and the void that's left behind when we lose a loved one to suicide. Through events like the out of the darkness walk, local members of the American Foundation for Suicide Prevention have developed a support system for those left behind and importantly, those who need help in times of personal struggle with depression, anxiety, and overwhelming doubt about life. Christine tells us about the community and events happening in Washington!

Program: 'Conversations' Part: 1

Subject: Education/Spirituality

Guest: Dr. Bo Kirkwood

Length: 12:30

Date Aired: 4-17-16

Time Aired: 10:45 – 11:00 p.m.

Summary: Author, family practice doctor and Biblical scholar Dr. Bo Kirkwood provides believes with the scientific evidence to refute evolution, the most pervasive scientific dogma of our time. He hopes to debunk the nonsense of evolution and prove the molecules-to-man evolution theory is no more scientific than creationism and is more philosophic than scientific..

Compliancy issues covered: Education/Spirituality

Program: 'Conversations' Part: 2

Subject: Racism & Tolerance

Guest: Dr. Frieda Birnbaum

Length: 12:31

Date Aired: 04/24/16

Time Aired: 10:00 – 10:15 p.m.

Summary: Dr. Frieda discusses how as American's we can begin to see one another as human beings rather than black or white. She gives insight into the recent reactions to racial tension in the media.

Compliance issues covered: Community/Culture/Racism/Media

Program: 'Conversations' Part: 2

Subject: Health/Wellness, Government

Guest: Dr Cass Ingram

Length: 12:30

Date Aired: 04/24/16

Time Aired: 10:15 – 10:30 p.m.

Summary: For the last couple of years, WA state has been paving the way, relearning how to deal with marijuana in America, as one of two states to legalize it for recreational use. It's been a huge money maker but also put the other parts of the conversation in the back seat. Dr. Cass Ingram can help us sort out the language, the difference in ideas that all get lumped together, and share his view on your health can be affected by it.

Compliance issues covered: Health/Wellness, Government

Program: 'Conversations' Part: 1

Subject: Hunger

Guest: Wayne Pacelle

Length: 12:31

Date Aired: 04/24/16

Time Aired: 10:30 – 10:45 p.m.

Summary: As our hunger for everything in america has grown over the last century, humans haven't always taken time to understand where these endless seas of materials and wealth have come from - on whose backs are our fortunes built? Many times, the practices we participate in are at the expense of animals that make it possible. How is that

changing? CEO of the Humane Society, Wayne Pacelle is at the helm of a massive mission to drive animal welfare changes across different sectors of the economy – inside boardrooms, newsroom studios, courtrooms and the halls of Congress and state legislatures across the country.

Compliance issues covered: Business/Economy, Environment, Government

Program: 'Conversations' Part: 1

Subject: Crime/Drug/Abuse/Violence

Guest: Brian Chang

Length: 12:30

Date Aired: 4-24-16

Time Aired: 10:45 – 11:00 p.m.

Summary: Brian Chang is the Director of U-District Racial Equity Project, a division of U-District Freedom Project Seattle a non-profit organization that specializes in and teaches non-violent communication and mindfulness practices in Washington State Prisons Program

Program: 'Conversations' Part: 1

Subject: Health

Guest: Reid Wilson

Length: 12:31

Date Aired: 5-1-16

Time Aired: 10:00 – 10:15 p.m.

Summary: Reid Wilson, Ph. D., is an international expert in the treatment of anxiety disorders, with books published in nine languages. In his recent book, Stopping the Noise in Your Head: The New Way to Overcome Anxiety & Worry, Wilson address how worry can be an important asset when it forces our attention on problem-solving. But anxious worrying can cause us to unnecessarily focus on threat, to retreat and avoid, and to seek reassurance and safety-which is no way to foster a life of growth and excitement.

Compliance issues covered: Health/Wellness



Program: 'Conversations' Part: 2

Subject: Alcoholism

Guest: Sharon Wegscheider-Cruse

Length: 12:30

Date Aired: 5-1-16

Time Aired: 10:15 – 10:30 p.m.

Summary: Sharon Wegscheider-Cruse is the founding Chairperson of the National Association Of Children of Alcoholics, and founder of Onsite Workshops. She has brought hope and healing to millions as an author, counselor, trainer, consultant, and lecturer. Confined into a two part book, Wegscheider-Cruse generously offers lessons she has learned from her personal experiences from the early years to the golden years and ends with a finishing touch on the essentials of being a sage. This book encourages people to reflect their own experiences, write them down and rather than ignoring them, share them over and over again.

Compliance issues covered: Aging/Wellness/Health

Program: 'Conversations' Part: 2

Subject: kingdom-hope.org

Guest: Steve Zakuani

Length: 12:31

Date Aired: 5/01/16

Time Aired: 10:30 – 10:45 p.m.

Summary: Steve Zakuani, former Seattle Sounders FC star, now spends his time broadcasting with the team that bonded him to the soccer enthusiasts of western Washington. Steve hosts a yearly charity soccer match to raise money for Kingdom Hope. He'll tell us how Kingdom Hope benefits from the funds raised and the major names taking to the pitch to play alongside him at Starfire Stadium.

Compliance issues covered: Economics/Government/Community

Program: 'Conversations' Part: 1

Subject: Give Big Day

Guest: Virginia Piper, Scott Fraser

Length: 12:30

Date Aired: 5/01/16

Time Aired: 10:45 – 11:00 p.m.

Summary: Once a year, the Seattle Foundation makes a push for local charities to all fund raise on the same day. Called Give Big Day, many smaller agencies make a significant amount of their fundraising goals in just one day. Today we talk to two different organizations of vary sizes: the Seattle Foundation and Seattle Humane - both who are trying to excite you about giving big!

Compliance issues covered: Community Activities, Business, Culture

Program: 'Conversations' Part: 1

Subject: [www.pactforanimals.org](http://www.pactforanimals.org)

Guest: John Scargall

Length: 12:31

Date Aired: 5-8-16

Time Aired: 10:15 – 10:30 p.m.

Summary: John Scargall is the spokesperson for PACT for Animals. PACT for Animals is the only organization that provides free foster homes for the pets of members of our nation's military on deployment. Without PACT, many of our nation's finest would be left with no choice but to surrender their beloved pets to a shelter. (Watch this dog's reaction when he sees his soldier at home again: [https://youtu.be/Jt\\_-JrmAmWI?t=47s](https://youtu.be/Jt_-JrmAmWI?t=47s))

Compliance issues covered: Military/Animals/Community

Program: 'Conversations' Part: 2

Subject: Crime, Drug Abuse, Sleep

Guest: Dr Cass Ingram

Length: 12:30

Date Aired: 05/08/16

Time Aired: 10:00 – 10:15 p.m.

Summary: Sleep is as essential for your well-being as are food and water. Unfortunately, according to the CDC, 50 to 70 million Americans are unable to regularly get enough sound, restful sleep at night. To help the sleep deprived among us, Dr. Cass Ingram, author of more than two dozen books on health and wellness, reviews a number of natural, highly-effective herbal remedies for sleeplessness which are discussed in his newest book, "The Cannabis Cure."

Compliance issues covered: Crime/Drug Abuse, Health/Wellness, Government

Program: 'Conversations' Part: 1

Subject: Are Our Jobs Safe?

Guest: Dr Ravi Batra

Length: 12:30

Date Aired: 05/08/16

Time Aired: 10:30 – 10:45 p.m.

Summary: It's been almost a decade since the collapse of our economy and heartbreak that it caused. Even thriving real estate markets like Seattle couldn't escape the tough times. Since 2008-9 the factors have increased and our confidence should be restored, but are we stable again? Our are jobs safe? Certainly, judging by the housing market in Seattle alone, things are trending up. Dr Batra, an economics professor at Southern Methodist University understands the types of jobs that have filled the void and brought our unemployment numbers down and how we could sure things up and drop the unemployment completely. Together, we find out how.

Compliance issues covered: Business/Economy/Labor, Government

Program: 'Conversations' Part: 2

Subject: Feminism and Equal Rights

Guest: Robert Beuttner

Length: 12:31

Date Aired: 05/08/16

Time Aired: 10:45 – 11:00 p.m.

Summary: Robert Beuttner is an author who believes the media is finally starting to have positive role models for women, but they can do better. We discuss how the movie industry is starting to show women in powerful roles and as action heroes, and how this trend positively impact young women in America.

Compliance issues covered: Gender Issues/Community/Culture

Program: 'Conversations' Part: 2

Subject: Aging/Spirituality

Guest: Jay Strongman

Length: 12:30

Date Aired: 5-15-16

Time Aired: 10:00 – 10:15 p.m.

Summary: Jay Strongman is a renowned international DJ and a respected commentator on popular and underground culture. Like many of his generation, Jay was heavily influenced by American TV shows, movies and music permeating British culture in the 1960s and 70s. That love of mid-20th century Americana led him to starting London's first neo-rockabilly clothing store, "Rock-A-Cha," in 1979 and fronting a rockabilly band called the El-Trains the same year. A few years later his pioneering mix of music led to him becoming one of the first DJs-as-popstars, gigging across the globe from Tokyo to Toronto, New York to Sweden, Los Angeles to Rio de Janeiro and all over Europe.

Compliance issues covered: Aging/Spirituality

Program: 'Conversations' Part: 2

Subject: Energy In Wa. State

Guest: Greg Kozera

Length: 12:30

Date Aired: 05/15/16

Time Aired: 10:30 – 10:45 p.m.

Summary: It's always a hot button issue - the cost of energy, specifically the cost of gasoline as we head into summer. Why is gasoline more expensive during the highest travel season outside of the holidays? Let's talk to an expert about what to expect this summer and long term. How will Washington's wind energy potentially compete with fracking technology in the USA's future.

Compliance issues covered: Environment, Government, Business/Labor/Technology, Health/Wellness

Program: 'Conversations' Part: 1

Subject: The Crohn's and Colitis Foundation

Guest: Chris Adams

Length: 12:30

Date Aired: 05/15/16

Time Aired: 10:45 – 11:00 p.m.

Summary: The Crohn's and Colitis Foundation of America feature have a chapter in the Pacific Northwest. Their goal, To cure Crohn's disease and ulcerative colitis, and to improve the quality of life of children and adults affected by these diseases. Every summer, the CCFA sends area kids to Camp Oasis, a chance for kids with crohn's or colitis to bond together, have an awesome camp experience, and learn from one another! Chris Adams, who does some incredible work throughout the year to raise money for the CCFA, joins us today to talk a musical opportunity for you to help out the cause!

Compliance issues covered: Health/Wellness, Community Activities/Families/Youth

Program: 'Conversations' Part: 1

Subject: Transgender Issues

Guest: Eric David Benari

Length: 12:30

Date Aired: 5-15-16

Time Aired: 10:15 – 10:30 p.m.

Summary: David Benari, PMP, is the Founder & President of Techie Youth. Techie Youth provides free IT education to youth of employable age in the system, providing the tools to help them get a better start in life - instead of becoming a homeless statistic. Benari is an IT business expert and master-technologist who has founded and/or built the infrastructure for a large portfolio of ventures, spanning sectors of social networks, e-commerce, B2B, open-source, online advertising (while in a senior-role at Yahoo!) and others. Benari has been invited to speak at numerous conferences and universities,

including NYU and MIT, and is a published writer for Forbes and MIT CIO Corner, to name a few. Benari is also the Chairman/Coordinator/Organizer of the world's largest community of database-technology professionals..

Compliance issues covered: Technology/Youth

Program: 'Conversations' Part: 1

Subject: Arts/Culture

Guest: Jennifer Leavitt

Length: 12:30

Date Aired: 5-22-16

Time Aired: 10:15 – 10:30 p.m.

Summary: The Fashion Week at The Bellevue Collection is back donating to a local charity and excited to host their 5th annual Independent Designer Runway Show. The show is set for Sept. 21 – 25, 2016. Selected from one of the largest pools of applicants, the nine designers demonstrated outstanding fashion sense and dynamic collections, innovative fabrics, and fresh silhouettes. Each designer will showcase their collection in one segment of the show, set for Sept. 21, 2016 at the Hyatt Regency Bellevue and compete for the grand prize of \$5,000. Profits from ticket sales from several of their other shows throughout the week will be donated to a local charity.

Program: 'Conversations' Part: 1

Subject: Education/Arts/Communication/Culture

Guest: - Richard Saunders

Length: 12:30

Date Aired: 05/22/16

Time Aired: 10:00 – 10:15 p.m.

Summary: Mr Saunders is willing to push his roles that he writes about to further the connection to his work. A master "method author" he has gone far to learn a role for a piece of art or writing including impersonating an attorney before the Federal Court. While that sounds certainly too far (and possibly illegal), Mr Saunders has tips on how to better excel at the creative process.

Compliance issues covered: Education/Arts/Communication/Culture

Program: 'Conversations' Part: 2

Subject: Gender Issues In Seattle

Guest: Scott Trettenero

Length: 12:30

Date Aired: 5/22/16

Time Aired: 10:45 – 11:00 p.m.

Summary: Gender in Seattle and across the country generates many discussions of a wide array of topics - some traditional American sitcom style thinking, other times spurring discussions of bathroom rules and appropriateness. We live in a time where huge power sources like the Catholic Church still hold roles they deem only appropriate for men. The conversations stretches back for a hundreds of generations, and Trettenero boils them down - possibly controversially - when discussing his book Master the Mystery of Human Nature.

Compliance issues covered: Gender/Culture

Program: 'Conversations' Part: 2

Subject: Business/Technology

Guest: Scott Schober

Length: 12:30

Date Aired: 5-22-16

Time Aired: 10:30 – 10:45 p.m.

Summary: Cyber warfare has become a very real part of our business, our government, our technology and our culture. Real cyber attacks have increased exponentially in the past 12 months and the growing fear of them has gone off the charts. Still, many of us do not incorporate simple, best practices when it comes to things like creating passwords or engaging with social media. When it comes to help with cyber hacking, Scott Schober, CEO of Berkeley Varitronics Systems, is the go-to man for advice.

Compliance issues covered: Business/Technology

Program: 'Conversations' Part: 2

Subject: Veterans PTSD

Guest: Gary W. Moore

Length: 12:30

Date Aired: 5-29-16

Time Aired: 10:00 – 10:15 p.m.

Summary: "The Final Service" is a book about family relationships and how God can use all circumstances for His good purposes. Author Gary W. Moore gives us details on how a daughter's love for her veteran father deteriorated into anger and bitterness as she grew older and he became less attentive, drank too much, and failed in several ventures. When she later discovers revealing things her father left behind she learns that his behavior was the result of post-traumatic stress disorder (PTSD). PTSD is a whole issue amongst veterans and Moore hopes this book will help in the understanding of it.

Program: 'Conversations' Part: 1

Subject: Court Systems

Guest: Chris Leibig

Length: 12:30

Date Aired: 05/29/16

Time Aired: 10:30 – 10:45 p.m.

Summary: Being involved in litigation presents tremendous stress, loads of paperwork, and an exhaustive amount of time preparing. Chris Leibig, fond of questioning assumptions revolving around science and religion, digs through history to find cases dealing with odd forensics of our past. Could your legal counsel stand to look outside the bounds when defending you? Perhaps Chris will persuade you.

Compliance issues covered: Crime, Government, Culture

Program: 'Conversations' Part: 2

Subject: Health And Wellness

Guest: Faye Hueston

Length: 12:30

Date Aired: 05/29/2016

Time Aired: 10:45 – 11:00 p.m.

Summary: Summary: As modern medicine continues to grow and change, it's easy to go down a path well funded by research from publicity campaigns, private donors, and anecdotal stories of those who have survived and those who have lost. But not everyone simply ditches the search for knowledge in acceptance of the accepted norm.

In her thought-provoking book, Invisible Enemy, author Faye Hueston writes about her mysterious and debilitating illness which, after years of being dismissed as psychosomatic or "all in her mind," was finally diagnosed by a clinical ecology doctor as a collapsed immune system due to pesticide poisoning." it took leaving the US to find treatment that could turn her life around.

Compliance issues covered: Education/Economics

Program: 'Conversations' Part: 1

Subject: Affordable Care Act

Guest: Leonard Zwelling

Length: 12:30

Date Aired: 5-29-16

Time Aired: 10:15 – 10:30 p.m.

Summary: For better or worse, the Affordable Care Act will be an important piece of Barack Obama's legacy. Leonard Zwelling, MD, sheds light on little-known details of perhaps one of the most controversial legislative efforts during Obama's term in office in Red Kool Aid Blue Kool Aid: How Partisan Politics and Greed Undermined Obama Care.

Red Kool Aid Blue Kool Aid is the dizzying memoir of Dr. Zwelling's experience on Capitol Hill as a Robert Wood Johnson Foundation health policy fellow, struggling to bring some medicine and science to a highly politicized environment of big money and bigger politics. In the process, the details of the city of Washington, DC and its Byzantine operation are revealed. The forces influencing legislation are never discussed on the TV news shows and rarely in the press at all, he points out but is revealed somewhat in his book

Compliance issues covered: Health/Wellness

Program: 'Conversations' Part: 1

Subject: Culture/Change/Enriching Life

Guest: Tom Nix

Length: 12:30

Date Aired: 06/05/16

Time Aired: 10:00 – 10:15 p.m.

Summary: At one point or another, the conditions of our lives stack up, seemingly insurmountable and we find ourselves feeling overwhelmed and unable to do anything about it. Sure there's a feeling sorry for oneself period, but that can be hugely demoralizing. Change to make yourself great again starts from within and Tom knows how to get it done.

Compliance issues covered: Business, Community Activities

Program: 'Conversations' Part: 2

Subject: Seattle Art

Guest: Doug Vermeeren

Length: 12:30

Date Aired: 06/05/16

Time Aired: 10:15 – 10:30 p.m.

Summary: Seattle is such a beautiful city that photographs so well. Throughout the years, many television shows and films have been shot in our fair city or in the greater area as far north as Vancouver. Hollywood we are not, we are however a great spot for art creativity, and independent production. With productions like the yearly Seattle



International Film Festival, what does it take as a community member to make the leap into art production like this?

Compliance issues covered: EDUCATION/ARTS/COMMUNICATION/CULTURE, COMMUNITY ACTIVITIES/FAMILIES/YOUTH

Program: 'Conversations' Part: 2

Subject: Economic Mistrust

Guest: Rich Ghazarian

Length: 12:30

Date Aired: 06/05/16

Time Aired: 10:45 – 11:00 p.m.

Summary: Rich believes there is going to be another economic collapse similar to that of 2009, and share the reasons for it.

Compliance issues covered: Economics/Government

Program: 'Conversations' Part: 1

Subject: Health/Economy

Guest: Ellie Wilson

Length: 12:30

Date Aired: 6/5/16

Time Aired: 10:30 – 10:45 p.m.

Summary: In her thought-provoking book, *Invisible Enemy*, author Ellie writes about her mysterious and debilitating illness which, after years of being dismissed as psychosomatic or "all in her mind," was finally diagnosed by a clinical ecology doctor as a collapsed immune system due to pesticide poisoning." It took leaving the US to find treatment that could turn her life around.

Compliance issues covered: Community/Spirituality

Program: 'Conversations' Part: 2

Subject: Aging/Culture

Guest: Chris Orestis

Length: 12:30

Date Aired: 06/12/16

Time Aired: 10:00 – 10:15 p.m.

Summary: More than a year ago, Ezekiel J. Emanuel – a nationally recognized doctor penned a peculiar article titled "Why I Hope To Die At 75." In it, Emanuel acknowledged that death deprives us of our most precious resource: time – including time spent with loved ones and engaged in other worthwhile experiences. But he added that living too long may also be a loss, especially under rapidly declining or severely disabling conditions. In the face of uncertainty and death, how can one know if it's too long to be alive. What are the drawbacks to living so long?

Compliance issues covered: Aging, Health/Wellness, Families, Economy

Program: 'Conversations' Part: 1  
Subject: Overcoming Codependency  
Guest: Kathy Finau  
Length: 12:30  
Date Aired: 06/12/16  
Time Aired: 10:15 – 10:30 p.m.  
Summary: Kathy talks about how to take control of their life through setting goals and overcoming codependency.  
Compliance issues covered: Education/Spirituality

Program: 'Conversations' Part: 2  
Subject: Childhood cancer  
Guest: Jenna Rossi  
Length: 12:30  
Date Aired: 6/12/16  
Time Aired: 10:30 – 10:45 p.m.  
Summary: Rossi lost a child to cancer and share with the audience why there is a great need to fund research, and she also lets listeners and medical professionals know how they can better care for the parents who lose a child to cancer.  
Compliance issues covered: Youth/Health/Wellness

Program: 'Conversations' Part: 1  
Subject: Seattle Nutrition For Families  
Guest: Natasha Trenev  
Length: 12:30  
Date Aired: 06/12/16  
Time Aired: 10:45 – 11:00 p.m.  
Summary: Seattle is a city regularly pushing humans toward progress. We lead the pack with technology, place strong emphasis on understanding our impact on the world, and we offer such a rich culture of dietary options - from eating tasty sodo barbeque to vegan living in madison valley. There's so much we don't understand about our own biology in part thanks to the trillions of bacteria living inside of us! Those bacteria outnumber us.

Program: 'Conversations' Part: 1

Subject: Spirituality

Guest: Diane M Hoffman

Length: 12:30

Date Aired: 6/19/16

Time Aired: 10:15 – 10:30 p.m.

Summary: Pew Research indicates that about 2 of every 5 Americans attends church - or at least claims to attend. The church used to be THE guide through life for most of our culture, but as times change and evolve, what struggles will the church face to update its own dogma and ideology to grow with change? Diane M Hoffman isn't just involved in Ministry, she's spent a large portion of her life being educated in Theology and degrees along the way. She's written a new book 24 Hot Potatoes In The Church Today.

Compliance issues covered: Gender-Specific, Spirituality, Communication

Program: 'Conversations' Part: 2

Subject: Con-artist Avoidance

Guest: Bruce Carlson

Length: 12:30

Date Aired: 6/19/16

Time Aired: 10:00 – 10:15 p.m.

Summary: Bruce Carlson is the media director for AARP and talks about how senior citizens are the target of con-artist and teaches the listener what to look for and how to avoid being conned.

Compliance issues covered: Crime/Elder Issues

Program: 'Conversations' Part: 1

Subject: The Rise of Sci-Fi

Guest: David Weber

Length: 12:29

Date Aired: 6/19/16

Time Aired: 10:45 – 11:00 p.m.

Summary: In Seattle we live amongst wonderful squishy nerd brains both looking to consume excellent entertainment, and create the things we consume. In the area, many awesome gaming companies provide the world with fun. It's a wonderful place to be, but why are we currently churning out and enjoying more sci-fi, fantasy, and fiction than ever before? David Weber is an author that's been at it for the best part of 25 years of writing including 50 novels, miniseries adult and young adult works. If anyone has had a chance to witness the rise of fantasy and science fiction culture, it's Mr. Weber.

Compliance issues covered: Technology/Families/Youth/Arts/Communication/Culture

Program: 'Conversations' Part: 2

Subject: Technology/Wellness

Guest: Sifu Slim

Length: 12:30

Date Aired: 6/19/16

Time Aired: 10:30 – 10:45 p.m.

Summary: The world would be super dull if it weren't for changes that define eras and generations, but that doesn't necessarily mean that we've changed for the better. Thanks to technology, getting lost is a thing of a past with GPS, smartphones, 4g and more, but it's also reverting our communication from words spoken to one another or written and read upon a page to emojis with smiling faces or glyphs of delicious foods.

Compliance issues covered: Health/Wellness, Education/Community/Culture

Program: 'Conversations' Part: 2

Subject: Plant-based diet

Guest: Jane Mitchell

Length: 12:31

Date Aired: 6/19/16

Time Aired: 10:45 – 11:00 p.m.

Summary: Jane teaches the listeners about the plant based diet and gives her opinion on why we should all be vegans or at the least reduce our consumption of meat.

Compliance issues covered: Animal Rights/Health/Wellness/Nutrition

Program: 'Conversations' Part: 1

Subject: Veterans Affairs

Guest: Daniel Hatcher

Length: 12:30

Date Aired: 6/26/16

Time Aired: 10:00 – 10:15 p.m.

Summary: Josh gives the listeners information about how to obtain many veterans benefits but more specifically...we focused on local access to loans and support for opening a business. Josh also lets veterans know where to go to discuss their benefits in Olympia and Spokane.

Compliance issues covered: Military/Veterans/Economy

Program: 'Conversations' Part: 2

Subject: Wellness/Education

Guest: Sifu Slim Pt 2

Length: 12:30

Date Aired: : 6/26/16

Time Aired: 10:15 – 10:30 p.m.

Summary: The world would be super dull if it weren't for changes that define eras and generations, but that doesn't necessarily mean that we've changed for the better. Thanks to technology, getting lost is a thing of a past with GPS, smartphones, 4g and more, but it's also reverting our communication from words spoken to one another or written and read upon a page to emojis with smiling faces or glyphs of delicious foods. Part two takes us into talk of former athletes and specifically military personnel and how they cope with changing activity and diet after service

Compliance issues covered: Culture/Spirituality/Government

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Compliance issues covered: Military/Veterans/Economy

Program: 'Conversations' Part: 1

Subject: Gay Marriage

Guest: Hillel Presser

Length: 12:30

Date Aired: 6/26/16

Time Aired: 10:45 – 11:00 p.m.

Summary: It's the end of wedding season in Washington - imagine the beautiful photos with the changing leaves. When legally joining, it's more than just love, it's ultimately combining the financial lives of two people - perhaps that just ran up a big wedding bill. Yikes. What are the practices we should know about leading into a marriage, and how can we prepare ourselves for the potential worst outcome: divorce? Hillel L Presser is an attorney that specializes in these tricky matters - imagine if you knew what could potentially be a nightmare in the future before it was too late - sure you may not be able to predict the outcome of a marriage, sadly, but knowing some steps about how to handle things before might be nice.

Compliance issues covered: Families/Business/Economy