



The following is a description of WMGQ's regularly scheduled Public Affairs programs:

RADIO HEALTH JOURNAL

A weekly 30-minute program focusing on current issues in health and medicine, with America's leading health experts and the latest news in medical research
Sunday 6:00 am – 6:30 am

VIEWPOINTS

A weekly 30-minute program focusing on business, economics, mental health, family issues, education, popular culture, media, current affairs, government, technology, agriculture, environment, public safety and consumerism.
Sunday 6:30 am – 7:00 am

LIFE ADVICE WITH JENNIFER LEWIS HALL

A weekly pre-recorded 30-minute program focusing on life's daily pressures; kids, your boss, family, finances, job search, etc. Hosted by popular author, TV and radio personality Jennifer Lewis Hall
Sunday 7:00 am – 7:30 am

AT CENTRAL JERSEY WITH MAGGIE GLYNN

A weekly pre-recorded 30 minute program focusing on local news, events and individuals in Central New Jersey. Hosted by award winning journalist and radio personality Maggie Glynn from Metuchen, NJ
Sunday: 7:30 to 8am

WMGQ, Magic 98.3 FM is Central Jersey's choice for music and information. WMGQ's mix of music and up-to-the-minute news, traffic and weather keeps Central Jersey informed. In addition to WMGQ's 4 weekly public affairs programs, the station also provides the following services:

- Newscasts two times an hour from 5:30am – 8:00am Monday through Friday
- Traffic updates three times an hour 5:45am – 9:00am and three times per hour 4:00pm – 7:00pm Monday through Friday
- Weather updates every hour 24 hours a day, 7 days a week

LEADING COMMUNITY ISSUES IN CENTRAL JERSEY

2nd Quarter – April, May, June 2016

1. Education
2. Employment, Business & Economy
3. Health & Public Safety
4. Mental Health and Personal Empowerment
5. Relationships
6. Government & Politics
7. Community & Society
8. Environment

EDUCATION

(Viewpoints): Pre-recorded interview, (4/10/16) (12:29 minutes)
Moderator: Gary Price
Guests: Ruta Sepetys, author of Salt to the Sea; Kristina McMorris, author of The Edge of Lost; Michelle Gable, author of I'll See You in Paris.
Subject: **Historical fiction** is very popular these days, but why? And how do authors weave a fictional story around actual people, places and events? We talk to three best-selling authors of the genre about how they write their books and why.

(Viewpoints): Pre-recorded interview, (4/10/16) (9:12 minutes)
Moderator: Marty Peterson
Guests: Dr. Gail Gross, psychologist specializing in child development and families, author of How to Build Your Baby's Brain and The Only Way Out is Through; Dan DiSorbo, co-author and illustrator of the book Recess: From dodgeball to double-dutch: classic games for players of today.
Subject: **Recess** helps kids unwind during the school day, but it's much more than just a time to exercise. We talk to two recess "specialists" about the mental as well as the physical benefits of recess, and learn about some recess activities that help a child be more creative, more social as well as more physically active

(@Central Jersey with Maggie Glynn): Pre-recorded interview, (4/17/16) (30 minutes)
Moderator: Maggie Glynn
Guests: Christopher Kenniff, the Director of the Mason Gross Extension Division, Barbara Bashaw the Director of the Rutgers Summer Dance Conservatories, Grace Jackson the Assistant Director of the Drawing and Painting, Graphic Design, and Media Art

Intensives, and Neal Bennett the Director of the Summer Digital Film-making Camp and the Rutgers Digital Film-making Academy

Subject: Maggie Glynn talks with Christopher Kenniff, the Director of the Mason Gross Extension Division, Barbara Bashaw the Director of the Rutgers Summer Dance Conservatories, Grace Jackson the Assistant Director of the Drawing and Painting, Graphic Design, and Media Art Intensives, and Neal Bennett the Director of the Summer Digital Film-making Camp and the Rutgers Digital Film-making Academy. They discuss how the Mason Gross Extension Division brings the arts year-round to kids, teens, and adults in Central Jersey and the outstanding summer camps that attract students from around the country. Music, acting, dance, visual arts, and digital filmmaking are some of the classes taught by renowned artists at the **Mason Gross Extension Division of Rutgers University**.

(Viewpoints): Pre-recorded interview, (5/8/16) (10:45 minutes)
Moderator: Marty Peterson
Guests: Bob Sun, inventor of The 24 Game and First in Math; Jason Wilkes, author of the book, Burn Math Class: And reinvent mathematics for yourself.

Subject: It's no secret: American students are way down the international list when it comes to **math scores**. Why is this? What makes math so hard for U.S. kids to learn, and how can we help make math easier? Our two guests have answers to both of those questions along with some innovative ideas on how to help kids – and adults – become better at math.

(Viewpoints): Pre-recorded interview, (6/5/16) (10:52 minutes)
Moderator: Gary Price.
Guests: Andrew Solomon, journalist, author of Far & Away: Reporting from the brink of change – seven continents, twenty-five years.

Subject: When people head out on foreign vacations this summer, many of them take the tried and true path: visit the big monuments, tourist attractions and stay with their tour groups. Our guest has spent many years of his life traveling the world and he suggests that for a better and more memorable trip, you should rub shoulders with the locals in the country you're visiting. We'll hear his thoughts on why it's important to **learn about the culture of the country you're visiting**; how freedom is interpreted in other countries and how you can help the people you meet better understand America and you.

(Viewpoints): Pre-recorded interview, (6/19/16) (10:25minutes)

Moderator: Marty Peterson
Guests: Dr. Monique Morris, President and Co-founder of the National Black Women's Justice Institute and author of the book, Pushout: The criminalization of Black girls in schools; Meira Levinson, Professor of Education at the Harvard Graduate School of Education and Co-editor with Jacob Fay of the book, Dilemmas of Educational Ethics: Cases and commentaries.
Subject: Many school-aged children in the U.S. end up in juvenile detention or expelled from school for offenses ranging from arriving late to breaking the dress code to fighting in the hallway. Once "pushed out" from school, these children are often headed down the road to a life of poverty and more serious crimes. A good portion of these kids are African-American girls who, our guest says, are unfairly targeted for discipline because of a misunderstanding of their behavior. We discuss this phenomenon and also talk to a professor who has studied the effect that extremely **strict school rules** have on the students and the teachers who are made to enforce them.

EMPLOYMENT, BUSINESS AND ECONOMY

(Viewpoints): Pre-recorded interview, (4/24/16) (11:20 minutes)
Moderator: Gary Price
Guests: Steven J. Harper, retired partner, Kirkland & Ellis, adjunct prof. Northwestern University College of Arts & Sciences and School of Law, author of The Lawyer Bubble: A profession in crisis; Gregg Bertram, Pres. of Pacific ADR Consulting, a mediation and arbitration firm based in Seattle.
Subject: **Students graduating from law school are having an increasingly difficult time finding work** in their field these days. To make matters worse, many of them are burdened by six-figure student loan debt. For those who do find jobs at law firms, their rise to partner can be a very long and arduous one – if they get there at all. We talk to two legal specialists about what's causing these problems, and what law schools and law firms can do to help alleviate them.

(Radio Health Journal): Pre-recorded interview, (05/01/16) (11:54 minutes)
Moderator: Reed Pence
Guests: Rob Hosking, Executive Director, Office Team staffing service; Todd Whitthorne, President, ACAP Health; Michael Klachevsky, Practice Consultant for Absence Management, Standard Insurance Co.
Subject: **Presenteeism** is when people go to work at less than peak efficiency due to illness, injury or distraction. Experts discuss the huge cost to the economy, the chronic illnesses that exact the most cost, and the accommodations that could save businesses billions of dollars.

(Viewpoints): Pre-recorded interview, (5/1/16) (11:06 minutes)
Moderator: Gary Price
Guests: Chris Walsh, editorial director for the online news source Marijuana Business Daily.

Subject: Marijuana is being legalized for medical use – and in fewer cases recreational use – in states across the country. This is creating new business opportunities for growers, processors, sellers and other entrepreneurs who want to get in on the action. It’s become a multi-billion dollar business and now investors, corporations and Wall Street are looking at how they can gain from the new “**cannabusiness**” models on the horizon. We talk to a journalist who is researching and watching the economic, regulatory and legal aspects of legalized marijuana to find out just how extensive the industry is now, and how it could grow in the future.

(Viewpoints): Pre-recorded interview, (05/08/16) (10:53 minutes)
Moderator: Gary Price
Guests: Steve Case, co-founder of America Online, investor & entrepreneur, author of The Third Wave: An entrepreneur’s vision of the future.

Subject: Technology has been moving at break-neck speed during the past 30 years, with the invention and adoption of the personal computer and the internet in the first wave, and more sophisticated hardware, software, cell phones and apps in the second wave. Our guest, an internet pioneer himself, discusses the **third wave of technology** that will take all of these innovations one step further – integrating them into our world in ways that will bring them more fully into our educational systems, healthcare, work and our everyday lives.

HEALTH AND PUBLIC SAFETY

(Jennifer Lewis Hall): Pre-recorded interview, (3/29/16) (30 minutes)
Moderator: Jennifer Lewis Hall
Guests: Janet A. Davis, CEO, Exec. Chef & On-Air Talent - JADE Jamaican Grill
Subject: On this edition of “Life Advice” get ready to spring into the season with **fresh fruits and vegetables**. It’s all about what’s in season, how you pick them and how you prepare them. Joining me, executive chef extraordinaire Janet Davis of JADE Jamaican Grill

(@Central Jersey with Maggie Glynn): Pre-recorded interview, (04/10/16) (minutes)
Moderator: Maggie Glynn
Guests: Joel Feldman, from the Casey Feldman Memorial Foundation
Subject: For many of us, our cars have become an extension of our homes and offices. We catch up with friends on the cell phone, tweet, and eat a meal, multi-task all while operating a vehicle weighing thousands of pounds. Maggie Glynn talks with Joel Feldman, from the Casey Feldman Memorial Foundation & EndDD.org (End **Distracted Driving**), about the importance of making driving the only task.

(Radio Health Journal): Pre-recorded interview, (04/10/16) (11:52 minutes)
Moderator: Reed Pence
Guests: Dr. Yoram Unguru, pediatric hematologist-oncologist, Children's Hospital at Sini, Baltimore, and faculty member, Berman Institute of Bioethics, Johns Hopkins Univ.; Bona Benjamin, Director of Medication Use Quality Improvement, American Society of Health System Pharmacists; Dr. Brian Fitzsimmons, cardiac anesthesiologist, Cleveland Clinic Foundation
Subject: For more than 10 years, hospitals have been plagued by **shortages of important drugs**, sometimes forcing doctors to decide who will receive them, and who will die. Experts explain why these shortages occur, the unfortunate outcomes, and what they do to try to minimize the damage.

(Radio Health Journal): Pre-recorded interview, (04/10/16) (8:14 minutes)
Moderator: Nancy Benson
Guests: James Raath, business consultant and author, Love Mondays; Dr. David Friedland, Prof. and Vice Chair, Otolaryngology and Communication Sciences, Medical College of Wisconsin
Subject: Experts discuss symptoms and treatments of **Meniere's disease**, an often misdiagnosed disorder producing loss of hearing and crippling vertigo.

(Radio Health Journal): Pre-recorded interview, (04/24/16) (12:38 minutes)
Moderator: Reed Pence
Guests: Guests: Dr. Cindy Otto, Exec. Director, Penn Vet Working Dog Center, Univ. of Pennsylvania; Dr. Gary Beauchamp, Emeritus Director and President, Monell Chemical Senses Center; Dr. Christiaan Mulder, Director, TB program, Apopo
Subject: Diseases apparently have distinctive odors that humans can't detect. Researchers are using dogs, mice, rats and other animals to literally sniff out cancer and other diseases in the laboratory. In the 3rd World, rats are used to diagnose TB. Experts discuss the **use of animals to diagnose disease** and their efforts to build machines that can do the same thing.

(Radio Health Journal): Pre-recorded interview, (01/03/16) (7:12 minutes)
Moderator: Nancy Benson
Guests: Dr. Lisa Liberatore, otolaryngologist specializing in sinus and sleep issues, Totum Health, New York.
Subject: Many people confuse allergies, colds, and sinus infections. A physician specializing in these maladies describes the differences, and the new ways **sinusitis** can be treated.

(Radio Health Journal): Pre-recorded interview, (05/08/16) (12:10 minutes)
Moderator: Reed Pence
Guests: Dr. Owen Davis, President, American Society for Reproductive Medicine and Prof. of Reproductive Medicine, Weill Medical College, Cornell Univ.; Rachel Lehmann-Haupt, author, In Her Own Sweet Time: Egg Freezing and the New Frontiers of Family; Dr. Marcy Darnovsky, Exec. Director, Center for Genetics and Society; Cali Williams-Yost, CEO & founder, Flex Strategy Group, Work-Life Fit Inc.
Subject: **Freezing eggs** in their 30's allows women to preserve fertility well into their 40's. The concept was originally meant for women whose fertility was threatened by disease or medical treatment, but today the majority of those having eggs frozen are doing so for social or career reasons. Now egg freezing is even offered as a corporate benefit in some places. Experts discuss the procedure and its uses.

(Radio Health Journal): Pre-recorded interview, (05/08/16) (7:37 minutes)
Moderator: Nancy Benson
Guests: Dr. Joanne Ruthsatz, Asst. Prof. of Psychology, The Ohio State Univ. and author, The Prodigy's Cousin: The Family Link Between Autism and Extraordinary Talent; Dr. Jennifer Gerdts, Asst. Prof. of Psychiatry and Behavioral Sciences, Univ. of Washington and attending psychologist, Seattle Children's Autism Center
Subject: Behavioral similarities between prodigies and some people with **autism** have long been noted. Now some researchers are beginning to find genetic links between the two phenomena. Experts discuss findings and their implications for autism treatment.

(Radio Health Journal): Pre-recorded interview, (05/15/16) (7:37 minutes)
Moderator: Reed Pence.
Guests: Dr. Jim Withers, Medical Director and Founder, Pittsburgh Mercy Health System Operation Safety Net and the Street Medicine Institute; Dr. Jim O'Connell, President, Boston Healthcare for the

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Homeless Program and author, Stories from the Shadows:
Reflections of a Street Doctor

Subject: Homeless Americans have a life expectancy of only around 50, and often use the ER for primary care at a huge cost. The lack of follow-up care for their illnesses and the mental health or substance abuse disorders common in this population add up to an enormous health burden. Experts discuss how **doctors on the street** can improve health for the homeless and lower cost for society.

(Radio Health Journal): Pre-recorded interview, (04/10/16) (8:14 minutes)
Moderator: Nancy Benson
Guests: Dr. Jeffrey Berns, Prof. of Medicine and Pediatrics, Univ. of Pennsylvania Perlmutter School of Medicine; Dr. Roy Bloom, Prof. of Medicine and Director, Kidney Transplant Program, Univ. of Pennsylvania
Subject: Some people who need a **kidney transplant** have immune systems so sensitive they will reject almost any organ. Experts explain a new desensitization technique that may help them and kidney exchanges that make more patients eligible for transplants.

(Radio Health Journal): Pre-recorded interview, (05/15/16) (7:37 minutes)
Moderator: Reed Pence.
Guests: Nancy Benson. Guest: Jeff Passan, baseball columnist, Yahoo Sports and author, The Arm: Inside the Billion Dollar Mystery of the Most Valuable Commodity in Sports
Subject: Major League Baseball teams spend \$1.7 billion annually on pitchers, yet it is an extremely risky investment. Teams haven't figured out how to prevent all-too-frequent arm injuries, which are now filtering down to children as well. A journalist who investigated the science of **pitching injuries** explains.

(Radio Health Journal): Pre-recorded interview, (5/15/16) (11:20 minutes)
Moderator: Marty Peterson
Guests: Dr. Michael Roizen, Chief Wellness Officer, The Cleveland Clinic; Nancy Rothner, clinical hypnotherapist, creator of "Pinch Me Therapy Dough," and the book, Stress Relief in a Pinch.
Subject: We all suffer from **stress** now and then but sometimes it becomes overwhelming and there doesn't seem to be any way around it. We talk to a doctor about what stress is, why we get it and how we can relieve it through exercise and other means. We also discuss how a new product that uses touch and aroma has

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helped one therapist's clients through some very stressful situations.

(Viewpoints):

Moderator:

Guests:

Subject:

Pre-recorded interview, (5/29/16) (7:41 minutes)

Marty Peterson

Cat Warren, cadaver dog owner and trainer, author of the book, What the Dog Knows: Scent, science and the amazing ways dogs perceive the world.

Search dogs will follow a scent for miles and even put their lives in danger looking for survivors of mudslides and building collapses. How do they do it, and why? We talk to a search dog owner and trainer about these amazing animals, the physiology that helps them hone in on a single scent, and why they will work for hours in horrid conditions for their handlers.

(@Central Jersey with Maggie Glynn):

Moderator:

Guests:

Subject:

Pre-recorded interview, (06/05/16) (30 minutes)

Maggie Glynn

Deepak Matadha, Middlesex County Mosquito Extermination Commission Superintendent

Mosquito season is beginning and this is a rebroadcast of Maggie Glynn's interview with Middlesex County Mosquito Extermination Commission Superintendent Deepak Matadha, about West Nile, their work toward eradicating mosquitoes and what you can do in your own backyard to keep the mosquito population under control. This past week a baby was born in New Jersey with birth defects as a result of the Zika virus. NJ State Epidemiologist Dr. Tina Tan provides an update of what we should be aware of concerning the Zika virus now that summer and mosquito season has begun. And Maggie talks with Cyndi Steiner, the Executive Director of the New Jersey Bike & Walk Coalition, about how you can get involved in making our roads safer for walking and biking.

(Radio Health Journal):

Moderator:

Guests:

Subject:

Pre-recorded interview, (06/05/16) (11:47 minutes)

Reed Pence

Dr. Nicholas Tatonetti, Asst. Prof. of Biomedical Informatics, Columbia Univ.; Sam Roe, reporter, Chicago Tribune

When doctors can take advantage of massive amounts of data on **patient outcomes**, lives will be saved. We look at one of the first efforts, an attempt to associate dangerous drug interactions, and the difficulty in convincing other doctors that "crunching numbers" can provide adequate proof. A researcher and reporter involved in the case explain.

(Radio Health Journal):

Pre-recorded interview, (06/19/16-06/25/16) (6:55 minutes)

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Moderator: Nancy Benson
Guests: Dr. Christina Crosby, Prof. of English and Feminist, Gender and Sexuality Studies, Wesleyan Univ. and author, *A Body, Undone: Living On After Great Pain*
Subject: **Pain** is an often misunderstood reality for millions of people. A noted university professor who became a quadriplegic in a bicycle accident discusses her constant pain and the way it changes life.

(Radio Health Journal): Pre-recorded interview, (06/26/16) (12:23 minutes)
Moderator: Reed Pence
Guests: Dr. Gregory Tasian, pediatric urologist and clinical epidemiologist, The Children's Hospital of Philadelphia and Asst. Prof. of Urology and Epidemiology, Univ. of Pennsylvania: Dr. David Goldfarb, Prof. of Medicine and Physiology, New York Univ. Medical School and Clinical Chief of Nephrology, New York Langone Medical Center.
Subject: **Kidney stones in children** and adolescents used to be unusual. Over the last 30 years, they've become much more common. Experts discuss why this may be occurring, why doctors still sometimes miss the diagnosis, and how kidney stones are treated in children.

(Radio Health Journal): Pre-recorded interview, (06/26/16) (6:55 minutes)
Moderator: Nancy Benson
Guests: Dr. Peter Green, Prof. of Medicine and Director, Celiac Disease Center, Columbia Univ., and author, *Gluten Exposed: The Science Behind the Hype and How to Navigate to a Healthy, Symptom-Free Life*
Subject: **Gluten free diets** have taken the world by storm and some experts say for people who do not have celiac disease, the diets can do much more harm than good. One such expert explains which kinds of people would find the diet appropriate and the pitfalls to avoid.

MENTAL HEALTH AND PERSONAL EMPOWERMENT

(@Central Jersey with Maggie Glynn): Pre-recorded interview, (4/ 3/16) (30 minutes)
Moderator: Maggie Glynn
Guests: Faith Rice the Executive Director of the NJ Center for Tourette Syndrome
Subject: **Tourette Syndrome** is a neurobiological disorder that affects approximately 1 in 100 children and adults. Maggie Glynn talks with Faith Rice the Executive Director of the NJ Center for Tourette Syndrome about TS, the Center's advocacy and outreach and the ongoing research into TS. Maggie also speaks with three

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Bridgewater teens Cami Jimenez, Iina Joshi, and Jaclyn Lenox about their Girl Scout Silver Award project to make the public more aware of Tourette Syndrome.

(Jennifer Lewis Hall):

Moderator:

Guests:

Subject:

Pre-recorded interview, (4/23/2016) (28:00 minutes)

Jennifer Lewis-Hall

Janet Richmond

On this edition of Life Advice with Jennifer Lewis-Hall, dealing with difficult situations in your life and how to turn them around to see the positives. Jennifer's guest is author and speaker Janet Richmond joins us to talk about her books and **how to "neutralize" those negatives.**
Part 1

(Jennifer Lewis Hall):

Moderator:

Guests:

Subject:

Pre-recorded interview, (4/30/2016) (24:30 minutes)

Jennifer Lewis-Hall

Janet Richmond

On this edition of Life Advice with Jennifer Lewis-Hall, we're focusing on getting "unstuck." Author and speaker Janet Richmond joins us to talk about her books and how to you can **move beyond barriers** that are causing you to feel boxed in or stuck in your life. Part 2

(Jennifer Lewis Hall):

Moderator:

Guests:

Subject:

Pre-recorded interview, (5/29/2016) (30 minutes)

Jennifer Lewis Hall

Jennifer Lewis Hall

On this edition of Life Advice with Jennifer Lewis-Hall, I share my own professional coaching techniques by providing tips for moving into the summer season including aspects of **de-stressing, healthy eating tips and organizing.**

(Radio Health Journal):

Moderator:

Guests:

Subject:

Pre-recorded interview, (05/29/16) (9:04 minutes)

Nancy Benson

Dr. Rick Hanson, author, *Hardwiring Happiness: The New Brain Science of Contentment, Calm and Confidence*

As a survival mechanism, the human brain is wired to remember negative events more strongly than positive ones. An expert neurologist discusses changes in thinking that can create more **positive physical brain pathways**, making us happier.

(Viewpoints):

Moderator:

Pre-recorded interview, (06/19/16) (12:38 minutes)

Reed Pence

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Guests: Naomi Jacobs, amnesia victim and author, Forgotten Girl; Dr. Jason Brandt, Prof. of Psychiatry and Neurology, Johns Hopkins Univ. School of Medicine.

Subject: It's a rare thing for people to **lose their memory** of past events. An expert discusses why doctors believe it may occur, and a woman to whom it happened recounts her experience.

(Jennifer Lewis Hall): Pre-recorded interview, (06/19/16) (12:38 minutes)
Moderator: Jennifer Lewis Hall
Guests: Family therapist Jaynay C. Johnson

Subject: On this edition of Life Advice with Jennifer Lewis-Hall, the very important topic of **mental health awareness**. We're joined by marriage and family therapist Jaynay C. Johnson for a series on Mental Health Awareness or as she likes to say Mental Wellness. Johnson is also the author of the book, "dear teen self: Tips To Help A Teenage Girl NAVIGATE THROUGH Adolescence." In this edition of Life Advice we focus on symptoms and warning signs. (Part One)

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RELATIONSHIPS

(Radio Health Journal): Pre-recorded interview, (05/01/16) (7:54 minutes)
Moderator: Nancy Benson
Guests: Wendy Aronssen, psychotherapist and author, Refeathering the Empty Nest: Life After the Children Leave
Subject: Parents who have spent 18 years or more raising children often feel lost when the last child leaves home for college or their own place. A psychotherapist discusses common reactions and strategies for renewing purpose living in the **empty nest**.

(Radio Health Journal): Pre-recorded interview, (05/01/16) (7:54 minutes)
Moderator: Marty Peterson
Guests: Lori Sackler, Sr. Vice President at Morgan Stanley Wealth Management, author of the books The M Word: The money talk every family needs to have about wealth and their financial future, and, The M Word Journal: How to have the money talk.
Subject: Family members are notorious for getting into each other's business – marriages, jobs, child rearing, romantic relationships – it seems like nothing is off the table! That's not entirely true, according to our guest. She says that families are very reluctant to discuss money matters with aging parents, spouses or children. She tells us why it's so important to have the "money talk" with your significant others and even your boss in order to make sure that there are no conflicts during a marriage, in employment and unemployment, in eldercare situations and before a parent or loved-one dies.

GOVERNMENT AND POLITICS

(Viewpoints): Pre-recorded interview, (4/24/16) (10:16 minutes)
Moderator: Marty Peterson
Guests: Erin Aubry Kaplan, journalist and author
Subject: President Obama's term in office is almost over, and everyone has an opinion on how he's done as our Commander in Chief. African Americans have their own opinions and they're not always as glowing as you might think. We talk to an African American journalist and author about what Black Americans think about the president as a leader, a symbol, and as a man as he finishes his tenure as our **first African American president**.

(Viewpoints): Pre-recorded interview, (6/19/16) (11:05 minutes)
Moderator: Gary Price
Guests: Peter K. Enns, Associate Professor, Dept. of Government at Cornell University, Executive Director of the Roper Center for Public Opinion Research, and author of the book, Incarceration Nation: How the United States became the most punitive democracy in the world; Jean Trounstein, Professor at Middlesex

Community College in Lowell, Massachusetts, and author of the book, *Boy With a Knife: A story of murder, remorse and a prisoner's fight for justice.*

Subject:

There are millions of people incarcerated in **American prisons** – many of them juveniles sentenced to long terms alongside adults. Should children be tried as adults and sent to adult prisons? Are they mature enough to understand the consequences of their actions? Or should they be treated differently than adults who commit serious offenses? Our guests discuss why we have so many people incarcerated and how juveniles – even those who commit murder – should be given another chance.

COMMUNITY AND SOCIETY

(@Central Jersey with Maggie Glynn):

Moderator:

Guests:

Subject:

Pre-recorded interview, (4/24/16) (30 minutes)

Maggie Glynn

George Kasimos from Stop FEMA Now

A group of **Sandy victims** are heading to Washington, D.C. this Thursday to look for answers and accountability from FEMA. Maggie Glynn talks with George Kasimos from Stop FEMA Now about the bus trip to Capitol Hill, what they hope to accomplish and what's occurred since the re-opening of the FEMA claims. And lawyer Matthew Krauss from Weisbrod Matteis & Copley, of Washington, D.C. outlines some of the ongoing insurance issues facing Sandy victims.

(Radio Health Journal):

Moderator:

Guests:

Subject:

Pre-recorded interview, (05/01/16) (11:54 minutes)

Reed Pence

Barb Ziemke, Senior Advocate and Parent Trainer, Pacer Center and National No Bullying Prevention Center, Minneapolis; Jan Urbanski, Director, Safe and Humane Schools, Clemson Univ. Institute on Family and Neighborhood Life and Olweus Bullying Prevention Program

Many children are bullied especially in the middle school years, but kids with disabilities are about twice as likely to be victims. Experts discuss the problem and how parents and schools can work together to **prevent bullying** of these children.

(Viewpoints):

Moderator:

Guests:

Pre-recorded interview, (05/01/16) (11:54 minutes)

Gary Price

Clint Bruce & Stephen Holley, U.S. Naval Academy graduates, former Navy Seals, co-founders of "Carry the Load."

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Subject: Everyone loves Memorial Day – it's time off of work, a day for picnics, barbecues and relaxation. Often, though, the fun and celebration of the first holiday of summer obscures the real meaning of the day – to remember the brave military men and women who gave their lives for their country. We talk to two former Navy Seals about how they created a march that helps them, the families of fallen soldiers and others to honor those who served and raise money for **non-profits that help vets**, their families and first responders around the country.

(@Central Jersey with Maggie Glynn):

Moderator:

Guests:

Subject:

Pre-recorded interview, (5/21/16) (30 minutes)

Maggie Glynn

Venus Majeski, the Director of Development & Community Relations for the New Jersey Institute for Disabilities

The **Lakeview 5K & Fun Walk** Saturday, June 4th, is a fundraiser for the New Jersey Institute for Disabilities. Elite runners, walkers, families are all welcome. All ages and all abilities are encouraged to take part. Maggie Glynn talks with Venus Majeski, the Director of Development & Community Relations for the Institute about the 5K and Fun Walk and the work of the Institute. And summer is fast approaching. Maggie discusses summer safety tips for your home and in your community with Maryanne McGerty-Sieber of the Consumer Product Safety Commission.

(Viewpoints):

Moderator:

Guests:

Subject:

Pre-recorded interview, (5/29/16) (13:55 minutes)

Gary Price

Sophie Egan, Dir. Of Programs and Culinary Nutrition for the Strategic Initiatives Group at the Culinary Institute of America, author of Devoured: From chicken wings to kale smoothies - how what we eat defines who we are; Marta Zaraska, author of Meathooked: The history and science of our 2.5 million year obsession with meat; Robb Walsh, journalist, restaurateur, author of Legends of Texas Barbecue Cookbook: Recipes and recollections from the pitmasters, revised edition.

In America, we have the most **varied cuisine** in the world with thousands of foods available in grocery stores and menus in restaurants from every corner of the globe. Why do we need all of this variety? And why are meat and barbecue so high up on our list of favorite foods? Our guests offer some answers to these questions.

(@Central Jersey with Maggie Glynn):

Moderator:

Guests:

Subject:

Pre-recorded interview, (5/29/16) (30 minutes)

Maggie Glynn

Ron Czajkowski

The 73-year old **Tour of Somerville** which began in 1940 has taken place every Memorial Day since World War II and the

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men's competition, the Kugler-Anderson Memorial, remembers the first winners who lost their lives during the war. Thousands of people turn out to cheer on the more than 200 top cyclists in the nation and beyond. It's a day filled with cycling, festivities, music, and camaraderie. Maggie Glynn talks with Ron Czajkowski who's been involved with the Tour of Somerville for over 40-years about the day's events, the community effort, the history, and the dedication and drive of the founder Fred "Pop" Kugler.

(Viewpoints):

Moderator:

Guests:

Subject:

Pre-recorded interview, (6/5/16) (14:46 minutes)

Marty Peterson.

Daryl Weber, brand consultant, author of Brand Seduction: How neuroscience can help marketers build memorable brands.

What is it that makes you buy one brand of vodka or soup or ketchup over another? Do you like the way it tastes? Is it a brand that you remember your favorite movie star using? Or is it something else? We talk to a brand expert who has researched the **psychology of why we buy what we buy** and find out that it's not always a conscious decision, but one that is influenced by our brains, memories, and how we perceive ourselves using a product or service.

(@Central Jersey with Maggie Glynn):

Moderator:

Guests:

Subject:

Pre-recorded interview, (6/12/16) (30 minutes)

Maggie Glynn

Mary Chayko, professor at the Rutgers School of Communication & Information

What's Your **Digital Footprint**? Maggie Glynn interviews Mary Chayko, professor at the Rutgers School of Communication & Information, about the positives and pitfalls of the internet. Dr. Chayko's research is part of her new book SUPERCONNECTED The Internet, Digital Media, & Techno-Social Life.

(Viewpoints):

Moderator:

Guests:

Subject:

Pre-recorded interview, (6/26/16) (11:37 minutes)

Gary Price

Angela Duckworth, Professor of Psychology at the University of Pennsylvania, Scientific Director of the Character Lab, author of the book, Grit: The power of passion and perseverance.

Why is it that some people succeed and others don't? There are many reasons why we follow through on the tasks we begin, but our guest thinks that those who do succeed in the big things in life have something called "**grit.**" We discuss how passion, hope and perseverance all play into the ability for some individuals to keep on course --even when they face hurdles in their lives and their work -- and accomplish great things.

(Viewpoints):

Moderator:

Pre-recorded interview, (6/26/16) (9:55 minutes)

Marty Peterson.

Guests: Elizabeth Marshall Thomas, author of the book, Dreaming of Lions: My life in the wild places.

Subject: Learning to survive in uncertain times and learning how to treat everyone in our community with respect and equality are lessons we can all benefit from. However, we don't usually think that primitive peoples are the best teachers of these lessons. Our guest would take exception to that. As a young woman, she lived with the old **Bushmen of southwestern Africa** and discusses how she learned a lot about how to raise children, find food and water, and about how community cooperation and equality of the sexes enabled these people to survive and thrive in a formidable environment.

ENVIRONMENT

(@Central Jersey with Maggie Glynn):

Moderator:

Guests:

Subject:

Pre-recorded interview, (5/8/16) (30 minutes)

Maggie Glynn

Peter James a Research Associate at the Harvard T.H. Chan School of Health

Maggie Glynn talks with Peter James a Research Associate at the Harvard T.H. Chan School of Health and author of a newly released study documenting how **being around green**, nature, in any environment urban, suburban, or rural helps women live longer. To help women and the folks who love them, get out into nature, Maggie talks with Alan Hershey from the NJ Trails Association about some of the great places to walk and hike in Central Jersey.

(@Central Jersey with Maggie Glynn):

Moderator:

Guests:

Subject:

Pre-recorded interview, (5/8/16) (30 minutes)

Maggie Glynn

Pete Dunne

The **World Series of Birding** in the Garden State is a fun, fundraising adventure for the New Jersey Audubon Society. It caters to experienced birders and beginners wanting to learn more about this New Jersey event celebrating nature. Maggie Glynn talks with founder and foremost birding expert Pete Dunne about the 33-year history of this event and the great habitat that is the Garden State. The NJ Audubon Society work, events, sites, and volunteer opportunities are discussed in the second part of the show with NJ Audubon President & CEO Eric Stiles.

(@Central Jersey with Maggie Glynn):

Moderator:

Guests:

Subject:

Pre-recorded interview, (5/16/16) (30 minutes)

Maggie Glynn

Edith Wallace

Maggie Glynn talks with Edith Wallace about the **Garden State Gardens Consortium**, the many beautiful gardens to visit and the

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events year round for visitors of any age. And what should we be aware of concerning the Zika virus as summer and mosquito season approaches? NJ State Epidemiologist Dr. Tina Tan provides an update.