

## WERU Issues & Programs Q4 2019

### **Program Name: Healthy Options 10/2/19: The power of storytelling**

Broadcast Time: 10:00-11:00 A.M.

Host/Producer: Rhonda Feiman

Co-producer: Petra Hall

Engineer: Joel Mann

Program Topic: The power of storytelling, in personal and community-wide healing, and its importance for our social, emotional and physical well-being, especially in areas where communities have been torn apart by difference, or even, in the aftermath of war.

Key Discussion Points:

- a) Why is story work such a powerful means of helping to heal emotional pain?
- b) How can telling our own stories, and listening to other people's stories, help us heal ourselves and help restore health in communities in crisis, transition, or post-trauma?
- c) What is the effect of hearing and then telling others' stories, embodying another person's story as your own?
- d) How would finding common ground with people different from ourselves help us as a society and potentially, as a nation?
- e) What are some story workshops where the outcome was greater empathy and understanding among disparate factions?

Guest: Gerard Stropnick, theatre artist, writer, director, and co-founder of the Network of Ensemble Theaters, the Bloomsburg Theatre Ensemble, and CampEmerge, a camp for families touched by autism.

### **Common Ground Radio 10/4/19: Military Veteran Farmers in Maine**

Broadcast Time: 10:00-11:00 A.M.

Producer/Host: C.J. Walke

Engineer: Joel Mann

Key Discussion Points:

- a) Skills learned during service that transfer to farming
- b) Beginning farmer programs with veteran focus
- c) United Farmer Veterans of Maine (UFVM)

Guests:

Anne Devin, Maine AgrAbility, Chase Stream Farm, Monroe, Maine

Richard Brzozowski, Food System Program Administrator with University of Maine Cooperative Extension

Bob Sousa, Vice President of United Farmer Veterans of Maine (UFVM), Frankfort, Maine

Sheila Foley, Treasurer UFVM, Attwood Farm, Poland, Maine

### **All About Aging 10/16/19: Older Adults Dating & UMaine Center on Aging**

Broadcast Time: 10:00-11:00 A.M.

Producer/Host: Peg Cruikshank

Studio Engineer: Amy Browne

Key Discussion Points:

- a) Coping with the challenges of dating for older adults.
- b) Current programs of the UMaine Center on Aging

c) Grant funding opportunities

Guests:

Deb Burwell, Facilitator, talks about an upcoming event called “Singles Mingle” for people ages 55

Dr. Len Kaye, Director of the University of Maine Center on Aging

**WERU Special 10/17/19: “Universal Health Care: is it possible in Maine?”**

Broadcast Time: 10:00-11:00 A.M.

Producer/Host: Amy Browne

Audio recorded by: Matt Murphy

Topic:

A conversation about our health care system with Dr. Phil Caper of Maine AllCare, advocating for universal health care, and Matt Gagnon of The Maine Heritage Policy Center, promoting free market alternatives. The discussion, taped Monday, October 14 in Belfast, provides background for listeners who might have a heightened interest based on the upcoming 2020 political season.

**Democracy Forum 10/18/19: Hate and Fear in Politics: How Fear and Anger Endanger Democracy**

Broadcast Time: 10:00-11:00 A.M.

Host: Ann Luther, League of Women Voters of Maine

Engineer: Amy Browne

Program Topic: Hate and Fear in Politics: How fear and anger endanger democracy

Topic:

Conversation about hate and fear in politics and whether they undermine democracy.

Key Discussion Points:

a) How panic and fear make space for abandoning the rule of law and the regular order;

b) How demonizing the opposition makes room for extraordinary measures to stop them.

c) How is hatred engendered..

Guests:

Joanne Freeman, Professor of history and American studies at Yale University

Steve Wessler, Maine human rights educator, trainer, and advocate specializing in conflict resolution

**Power for the People 10/23/19: Energy regulations and incentives**

Broadcast Time: 10:00-11:00 A.M.

Producer/Host: Steve Kahl

Studio Engineer: Amy Browne

Topic: energy regulations and incentives for converting to renewable energy

a) Regional Greenhouse Gas Initiative

b) Solar PV net metering

c) Electric vehicle rebates

Guest: Dylan Voorhees, National Resources Council of Maine

**Healthy Options 11/6/19: Exploring Addiction as a Family, Community, and Societal Disorder**

Broadcast Time: 10:00-11:00 A.M.

Host/Producer: Rhonda Feiman

Co-Producer: Petra Hall

Studio Engineer: Amy Browne

Program Topic: Exploring addiction as a family, community, and societal disorder

Key Discussion Points:

a) What does it mean to have an addiction?

b) How can we understand addiction as an illness?

c) What makes it so difficult for society to really understand that addiction is an illness and not a moral failing?

d) How can we learn to address addiction as a family, community, and societal disorder, instead of putting it all just on the individual?

e) What is codependency? How does codependency factor in when dealing with addiction?

f) What are boundaries? Why are boundaries so important when dealing with the issues of addiction?

Guest:

Cheryl Jaques, a nontraditional addiction counselor based in Minnesota

### **Maine Currents 11/7/19: Vijay Gupta Keynote at Belfast Arts in Action**

Broadcast Time: 10:00-11:00 A.M.

Producer/Host: Amy Browne

Audio recorded by: Matt Murphy

Topic: Belfast Creative Coalition and Restorative Art Works held the First --of what they hope will become an Annual --Arts in Action Conference at the UMaine Hutchinson center.

The focus was "summoning the power of the arts to address our opioid epidemic".

Today on Maine Currents, we have the keynote presentation by Vijay Gupta, founder of Street Symphony, a Los Angeles based non profit organization serving prisoners and people on skid row. Gupta answers the question: "What's art got to do with it?"

==

### **Talk of the Towns 11/8/19: Art Amazes, Craft Satisfies: Early History of Haystack Mountain School of Crafts**

Broadcast Time: 10- 11 AM

Host: Ron Beard

Topic: Haystack Mountain School of Crafts

Key Discussion Points:

a) What were some of the larger conversations in the world of art and craft that gave rise to Haystack?

b) Art vs. Craft, Cranbrook, the Bauhaus, Black Mountain, other antecedents?

c) What was the enduring philosophy that undergirds Haystack from creation to present?

d) Who were the principle "forces" of what became Haystack (Francis and Priscilla Merritt,

e) What led to the original location of Haystack in Liberty Maine?

Guest: Alana VanderWerker, Waldoboro, ME artist, author *Haystack at Liberty, 2019*

### **Democracy Forum 11/15/19 "Is government doing good: policy feedback effects and the civic divide?"**

Broadcast Time: 10:00-11:00 A.M.

Host: Ann Luther, League of Women Voters of Maine

Engineer: Amy Browne

Topic: government policy and the civic divide

Key Discussion Points:

- a) New political science research into policy feedback effects
- b) How public policy design affects people's sense of themselves as citizens and their propensity to participate.
- e) What this means for legislators and advocates

Guests:

Amy Fried, Professor and Chair of the Department of Political Science at the University of Maine.

Don Moynihan, McCourt Chair at the McCourt School of Public Policy at Georgetown University.

### **All About Aging 11/20/19: Literary Images of Aging**

Broadcast Time: 10:00-11:00 A.M.

Producer/Host: Peg Cruikshank

Studio Engineer: Amy Browne

Topic: Literary Images of Aging

Key Discussion Points:

- a) Literary images shed light on aging
- b) Images positive but realistic
- c) More and varied literary images of aging needed

Guest: Faith Lane, Librarian, Dorcas Library, Prospect Harbor, Maine

### **Coastal Conversations 11/22/19: Advancing Maine's Marine Economy**

Producer/Host: Ron Beard, substitute for Natalie Springuel

Studio Engineer: Amy Browne

Key Discussion Points:

- a) What is University of Maine Sea Grant, and its role with Alliance for Maine's Marine Economy?
- b) What is the purpose of the Alliance, how is it funded and how does it make strategic investments
- c) What is the current status of the marine economy and challenges— how the Alliance is helping the industry address those challenges, with examples of investments by the Alliance with Mook Sea Farms, Springtide Seaweed, Downeast Institute for Applied marine Research and Education, and Ready Seafood
- d) What some of the remaining challenges for the marine economy in Maine?
- e) What are hopes for the marine economy in Maine?

Guests:

Keri Kazor, Coordinator, Alliance for Maine's Marine Economy, UM Sea Grant

Sarah Redmond, founder, Springtide Seaweed, Gouldsboro; organizer, Maine Seaweed Fair

Bill Mook, founder, Mook Sea Farms, Walpole (Damariscotta River)

Diane Tilton, Executive Director, Downeast Institute for Applied Marine Research and

Education, Beals  
Curt Brown, Marine Biologist, Ready Seafood, Portland.

**Maine Arts Alive 11/26/19: Update on the Maine Arts Commission and the State of the Arts in Maine**

Broadcast Time: 10:00-11:00 A.M.

Producer/Host: Guest host Matt Murphy

Studio Engineer: John Greenman

Host: Michael Donahue

Key Discussion Points:

- a) MAC grants
- b) MAC professional development for artists and arts organizations
- c) MAC survey of arts education in schools

Guest: Julie Richard, Executive Director of the Maine Arts Commission

**Power for the People 11/27/19: Efficiency Maine Rebates**

Broadcast Time: 10:00-11:00 A.M.

Producer/Host: Steve Kahl

Studio Engineer: Amy Browne

Key Discussion Points

- a) electric vehicles
- b) heat pumps
- c) Maine energy mix

Guest: Michael Stoddard, ED of Efficiency Maine

**WERU Special 11/29/19: Word Literary Festival Special, Blue Hill, Maine**

Broadcast Time: 10:00-11:00 A.M.

Producer/Host: Phelan Gallagher

Performance: Poetry, Piano and Vocal Performance, recorded at the Word, the Blue Hill Literary Arts Festival, October 2019, Blue Hill, Maine. Features Poet Richard Blanco, Pianist and Composer Paul Sullivan, and Vocalist Rose Upton

Synopsis from the Word Festival website "This festival highlight performance is the premiere of an original, collaborative work created just for the Word festival. This performance piece will explore its creators' immigrant roots—Paul Sullivan's Irish heritage and Blanco's from Cuba. Vocalist Rose Upton, originally from Orland, will sing as well."

**WERU Special: Giving Tuesday 12/03/19**

Broadcast Time: 10:00-11:00 A.M.

Producer/Host: Amy Browne

Studio Engineer: John Greenman

Topic: Giving Tuesday is an international day focused on charitable giving during the holiday season. This was WERU's 3rd year celebrating Giving Tuesday with a call in show dedicated to area nonprofits. Representatives from area nonprofits called in to talk about the work they are doing in the community, and how the community can help them continue.

**Healthy Options 12/4/19: Resiliency training in the schools: Changing the landscape of addiction**

Broadcast Time: 10:00-11:00 A.M.

Host/Producer: Rhonda Feiman

Co-Producer: Petra Hall

Studio Engineer: Amy Browne

Key Discussion Points:

- a) What do we mean when we speak of resilience?
- b) What are some simple techniques that we all can practice to become more resilient?
- c) How do kids respond to these techniques?
- d) How does resiliency training help reduce substance use, misuse, & addiction?
- e) How does resiliency training help reduce incidents of bullying?

Guest: Tara Young, the Drug Free Communities Program Coordinator for Healthy Acadia, in Hancock and Washington Counties.

**Maine Currents 12/5/19: Terry Tempest Williams Speaking in Blue Hill**

Broadcast Time: 10:00-11:00 A.M.

Producer/Host: Amy Browne

Audio recorded by Phelan Gallagher

Presentation: Award-winning author Terry Tempest Williams, speaking about, and reading from, her new collection, called *"Erosion: Essays of Undoing"*, on November 16th, 2019 at an event sponsored by Blue Hill Books, the Bay School, and WERU-FM.

**Book Worm 12/12/19: Children's books written by Maine authors**

Broadcast Time: 10:00-11:00 A.M.

Producer/Host: Brook Minner

Studio Engineer: John Greenman

Key Discussion Topics:

- a) Writing for children
- b) Publishing children's books
- e) Children's literature

Guests:

Gail Page, Author

Gail Donovan, Author

Rachel Walls, Author

Charlotte Crowder, Author

**Talk of the Towns 12/13/19: Peninsula Free Health Clinic**

Broadcast Time: 10:00-11:00 A.M.

Producer/Host: Ron Beard

Studio Engineer: Amy Browne

Key Discussion Points:

- a) What motivated folks to create Peninsula Free Health Clinic in 2013?
- b) What services do you provide and who provides them? Where are you located?
- c) Describe array of patients (geography, socio-economic background, health status)
- e) What might a typical day at the clinic look like?

Guests:

Jan Snow / Peninsula Free Health Clinic Board President /

Lucy Rowe / clinic volunteer non-medical /

Marti Brill / clinic patient /

Joe Perkins / board member

Dr. Michelle Perkins

State Rep Representative Sarah Pebworth, District 133

**All About Aging 12/18/19: Maine Coalition on Aging, Hospice Volunteers & Evensong**

Broadcast Time: 10:00-11:00 A.M.

Producer/Host: Peg Cruikshank

Studio Engineer: Amy Browne

Key Discussion Points:

a) MCOA deals with 95 programs and agencies

b) Evensong sings in hospitals as well as homes

c) Music is a great comfort to the dying and their families

Guests:

Jess Mauer Executive director MCOA

Sue Davis, retired hospice nurse and long-time hospice volunteer

Cookie Horner, coordinator of Evensong